

Research Article

Relation between Bull Sperm Respiratory Burst Activity and the In Vitro Fertilization Rate: A New Approach to Evaluate Bull's Fertility

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Sperm of 8 different bulls (3 ejaculates per bull) was used in the present study to evaluate the oxidative burst activity of each individual sperm cell by flow cytometry, correlating this data with the results of in vitro fertilization as well as the further embryo development to the stage of blastocyst. After thawing, the straw content was split in two identical parts. One was employed for the in vitro fertilization, while the other was used for flow cytometry to evaluate sperm oxidative burst activity by an assay using 2', 7'-dichlorofluorescein diacetate, which based on the oxidation of nonfluorescent DCFH-DA to highly fluorescent 2', 7'-dichlorofluorescein (DCF) intracellularly during the respiratory burst. As far as embryo production and the sperm metabolism oxidative burst activity is concerned, it was observed that bulls, in which the burst activity was higher, resulted in better results of in vitro fertilization and on the further embryo production. The correlation between burst activity and fertilization rate and further embryo development to blastocysts was, respectively, 95.6% and 87.8% ($P \leq .01$). This study allows concluding that there is a positive correlation between bull sperm H_2O_2 production and their ability to fertilize bovine oocytes as well as their development to the blastocyst stage: sperm with high H_2O_2 production have high metabolic activities and consequently higher fertilizing capacities.

1. Introduction

Several techniques have been employed to determine the semen ability to fertilize oocytes, as it is generally accepted that there is a connection between the fertility of semen and its measurable properties. Motility and gross morphology, estimated by light microscopy, are by now the most used parameters for semen quality assessment, especially in artificial insemination laboratories. Due to the simplicity of the evaluation technique, motility is probably the most often used as criterion for routine semen evaluation. Motility may be divided in quantitative motility (percentage of sperm cells with a progressive motility) and qualitative motility. The latter involves several different parameters, some of which are the speed of the sperm moving, altitude of head displacement and movement pattern (circular versus linear movement, total distance versus progression, etc.). The accuracy in

terms of repeatability of this test is, however, low, and dependent on the ability of the operator [1]. Probably for this reason, reports on the relationship between subjectively assessed sperm motility and fertility is inconsistent [2, 3]. In fact, very few single sperm viability parameters show a significant relation with the fertility of the assayed frozen-thawed semen sample, especially if it lies within accepted ranges of normality [4]. Therefore, there are no relation between in vitro tests as sperm capacitation, binding to the zona pellucida (ZP), acrosome reaction, oocyte fertilization (IVF), and in vitro embryo culture and the pregnancy rates after artificial insemination [5].

Computer assisted semen analysis (CASA) is an objective method that gives extensive information about the kinetic property of the ejaculate based on measurements of the individual sperm cells. Using CASA, motility, and movement characteristics of spermatozoa have been correlated to in

vivo fertility [6–8]. Nevertheless, the major problem with this methodology is represented by the very high cost of the instruments that suggests its use only in laboratories performing high number of tests.

Concerning sperm metabolism, abundant literature has been published on the metabolic behaviour of spermatozoa of several species. In previous studies, Chaveiro et al. [9] described a flow cytometric method to evaluate apoptosis of frozen/thawed bovine sperm, which is directly related to the embryos development after in vitro fertilization [10]. Although hydrogen peroxide (H_2O_2) is the major reactive oxygen species (ROS) produced by sperm [11], no study has been published relating the burst activity of sperm and their ability to fertilize. Spermatozoa, like all cells living under aerobic conditions, constantly face the oxygen paradox: oxygen is required for life, but the oxidative metabolism of biological molecules can be toxic due to the formation of highly reactive oxygen species that can modify cell functions and their viability. Particularly in sperm, high concentration of H_2O_2 is known to induce nuclear DNA fragmentation and lipid peroxidation resulting in cell death [12].

The most widely adapted dye to measure hydrogen peroxide is 2',7'-dichlorofluorescein diacetate (DCFH-DA). As a stable nonfluorescent compound, it diffuses into the cell by passive membrane diffusion. Once inside the cell, the dye is deacetylated by nonspecific esterases becoming a polar trapped polar 2',7'-dichlorofluorescein (DCFH). Intracellular oxidation of DCFH during the metabolic burst, results in the formation of high green fluorescent 2',7'-dichlorofluorescein which can further be measured by flow cytometry. The amount of formed DCF is proportional to the cellular oxidant production.

Therefore, the aim of the present study is to establish the relationship between the burst activity of bovine frozen/thawed sperm cells and its ability to fertilize in vitro.

2. Materials and Methods

Unless stated otherwise, all chemicals and media were purchased Sigma Chemical Company (St. Louis, USA) except FSH-LH that was obtained from Stimufol (Belgium).

2.1. Oocyte collection and In Vitro Maturation. Bovine ovaries were collected from a local slaughterhouse and transported to the laboratory in phosphate buffered saline (PBS) at 30–37°C within 2 hours. Cumulus-oocyte complexes (COCs) were aspirated from 2 to 6-mm follicles with an 18 G needle. The follicular fluid was deposited in a collecting tube filled with M199 buffered with 25 mM Hepes supplemented with 10% oestrus cow serum, 5 µg/mL of gentamycin, 50 µg/mL of streptomycin, and 20 µg/mL of nystatin. After aspiration, only oocytes presenting a morphological appearance with multiple layers of unexpanded cumulus cells and evenly granulated and homogenous ooplasm, were recovered and selected for in vitro maturation (IVM). Selected COCs were first washed and then matured in M199 medium supplemented with 15% oestrus cow serum, 10 mg/mL of FSH-LH and 1 mg/mL of oestradiol-17β. The maturation

droplets (50 COC's in 500 µL) were incubated under mineral oil in an atmosphere of 5% CO_2 air at 39°C for 24 hours.

2.2. Semen Preparation and In Vitro Fertilization. Three straws (0.25 mL French straws) per bull of different ejaculates of a total of 8 bulls were thawed for 30 seconds in a water bath (37°C). Afterwards, thawed straw content was split in two identical parts. One was used for in vitro fertilization, while the other one was used for flow cytometry to evaluate sperm viability and the sperm oxidative burst activity. Viable and mobile spermatozoa were separated by swim-up procedure as described by [9] remaining on the surface of the aliquot. Around 220 µL of semen was kept under 1 mL of sperm-TALP medium in a sterile cryotube. This modified lactate-tyrode solution (TALP) contained 6 mg/mL of Bovine Albumin Serum (BSA) and 1.0 mM of Na-pyruvate (pH = 7.2) was equilibrated in an atmosphere of 5% CO_2 air at 39°C for up to 45 minutes. While waiting this time to pass, the COC's were washed three times in fertilization medium before being transferred to the 4-well plate. Each fertilization drop contained a TALP modified solution (pH = 7.6) with 6 mg/mL of BAS-FAF (BAS-Fatty Acid Free) and 0.2 mM of Na-pyruvate supplemented with 10 µg/mL of heparin, 20 µM of D-penicillamine, 10 µM of Hipotaurine, and 1 µM of epinephrine. Ten µL of semen was taken before the swim-up procedure for evaluation of viability using DAPI (3 µg/mL) as a fluorescent dye (excitation 370, emission 470 nm) for 5 minutes in the dark under a fluorescence microscope. After swim-up, the supernatant was centrifuged for 10 minutes (200 xg) and the final pellet was homogenized to estimate the spermatozoa concentration on a hemocytometer. The insemination was performed by adding a final concentration of 1×10^6 spz/mL into fertilization drop included 25 to 30 oocytes/500 µl per drop. The incubation conditions were 5% CO_2 at 38.5° C in humidified air in a period of 18 hours of coincubation of spermatozoa and oocytes.

2.3. In Vitro Culture. After IVE, surrounding cumulus cells, spermatozoa, and cellular debris of presumptive zygotes were denuded by vortexing in fertilization medium for 2 minutes and subsequently washed before being transferred to the in vitro culture (IVC) drops (20–30 embryos/50 µl per drop). Embryos were allocated and cocultured with granulosa cells monolayer in B2 upgraded INRA medium (CCD Laboratory, Paris, France), supplemented with 10% oestrus cow serum under mineral oil at 39° C in 5% CO_2 . Cleavage and development of embryos to the blastocyst stage were assessed at 48 and 216 hours postinsemination (Day 0 defined as the day of fertilization), respectively.

2.4. Measurement of Sperm Respiratory Burst Activity. Per bull each ejaculated, the measurement was divided in six propylene flasks containing 500 µl PBS (37°C) to a final concentration of 1×10^6 spz/mL, in duplicate. To observe the production of H_2O_2 in sperm cells, a method was used based on the combination of 2',7'-dichlorofluorescein diacetate (DCFH-DA) and phorbol myristate acetate (PMA),

as previously described by Moreira da Silva et al. [13]. Briefly, the samples were incubated with DCFH-DA prepared in dimethyl sulfoxide (DMSO) to yield a final concentration of $5\ \mu\text{M}$, for 15 minutes at 37°C , in a horizontal shaking water bath in the dark. Then, $0.5\ \mu\text{M}$ of phorbol myristate acetate (PMA) was added to activate the cellular metabolism of spermatozoa, and then incubated for other 15 minutes. The relative concentrations of H_2O_2 produced by the sperm cells were measured by a FACS Calibur flow cytometer (Becton Dickinson, San Jose, Calif, USA) after excitation at 469 nm and emission of green fluorescence at 541 nm through a 15 mW argon ion laser and data analyzed by the Cellquest software (Becton Dickinson, San Jose, Calif, USA). The mean fluorescence intensity of the analyzed sperm cells ($n = 15\ 000$) was determined after gating the cell population by forward and side light scatter signals (FSC and SSC).

2.5. Statistical Analysis. Data obtained from oxidative product formation assays were analyzed by using analysis of variance (ANOVA) and the student's *t*-test was performed for all analyzes considering a *P* value of $\leq .05$ for statistical significance.

3. Results

In this study, the relation between sperm H_2O_2 production and its ability to produce bovine embryos has been evaluated. Concerning sperm evaluation, the thawed sperm motility was on average 73% and no statistical difference was found among different bulls, as evaluated by the phase contrast microscopy. As expected, high correlation was obtained between sperm viability assessed by flow cytometry and microscopy ($r = 0.95$; $P \leq .01$).

There were no significant differences among bulls for viability and motility. Significant differences were found for the ability to produce IVF embryos as well for the cellular metabolism evaluated by the oxidative burst activity. Concerning the sperm oxidative burst activity, statistical differences were observed among bulls ($P \leq .001$).

Our results showed some sperm bulls represented very low fluorescence intensity (25.7) while the others had very high burst activity (90.1) (Figure 1).

The maximum and the minimum cleavage rates were 86.0% and 49.5%, while the maximum and minimum of blastocyst rates were 33.3% and 10.2%. No statistical correlation was observed between the fertilization rate and the capacity of these zygotes to develop to blastocysts. Nevertheless, a high correlation was obtained between sperm H_2O_2 production and cleavage rate ($r = 0.92$, $P < .01$) as well as the blastocysts rate ($r = 0.80$, $P \leq .05$).

Two bulls had two sperm populations. Some sperm cells, after activation, represented high oxidative capacity of the DCFH, producing high fluorescence intensity of DCF, while the other sperm produced much low amount of DCF (Figure 2).

4. Discussion

Cells in general have mechanisms to produce reactive oxygen species (ROS) for physiological purposes, which can be produced by intracellular oxidases and peroxidases (e.g., xanthine oxidase), by leakage of electrons from the electron transport chain, regarded as toxic by products of other metabolic processes [14, 15]. Another potential source of ROS production is reduction of oxygen by plasma membrane redox systems designed to transport reducing power across the cell plasma membrane [16]. In sperm, the mechanism of ROS is still unclear. It is known that freeze/thawing procedures of sperm provoke the ROS generation [17] by two different ways: (1) as a result of the NADPH-oxidase system at the level of the sperm plasma membrane, and (2) as a result of the NADPH-dependent oxidoreductase (diphorase) at the level of mitochondria [18, 19].

The first report that ROS could have harmful effects on sperm was published over 60 years ago [20]. A similar study performed by Aitken and Clarkson [21] in human sperm, but using the chemiluminescent probe, luminol, showed what it is now generally accepted: ROS production in sperm suspensions, lipid peroxidation and DNA oxidation were associated with poor sperm cells function and sub- or infertility. However, it is commonly accepted that cellular damage or death may only occur, if spermatozoa are in extreme oxidative conditions, or the antioxidant protective mechanisms of sperm cells are compromised. Oxidative stress (it is an imbalance between antioxidants and superoxide anions and hydrogen peroxide) is the result of an uncontrolled and excessive production of ROS, when it overwhelms the limited antioxidant defenses in semen. The excessive generation of ROS by the spermatozoa may result in peroxidation of polyunsaturated fatty acids (PUFs) of the plasma membrane [22]. As a result, the fluidity of the sperm membrane assured by the complex network of PUFs is compromised by the ROS and inhibits proper membrane fusion with the oocytes [21]. Hydrogen peroxide, in contrast to O_2^- , is more stable and readily crosses the plasma membrane [14]. Several authors established that ROS can function as signaling molecules and evidence is emerging that sperm may generate low and controlled concentrations of ROS, specifically hydrogen peroxide (H_2O_2), which is produced by spontaneous or enzymatic dismutation of O_2^- . The hydrogen peroxide act to mediate the processes of capacitation (human: [23]; hamster: [24]), hyperactivation, and acrosome reaction (bovine: [25]; human: [26]) crucial to the acquisition of fertilizing ability [27].

In the present study, it was used the "swim-up" procedure, but as it has been reported, this method is associated with repeatedly centrifugation which increases ROS production [28, 29]. Besides it may lead to cellular damage, by the fact that, when the sperm cells and seminal plasma are washed, much of the varieties of antioxidant protections are lost [30]. The oxidative metabolic burst activity of cells can be measured by assays which measure oxygen consumption, hexose monophosphate shunt activity, chemiluminescence, or generation of reactive oxygen derivatives [31]. One accepted

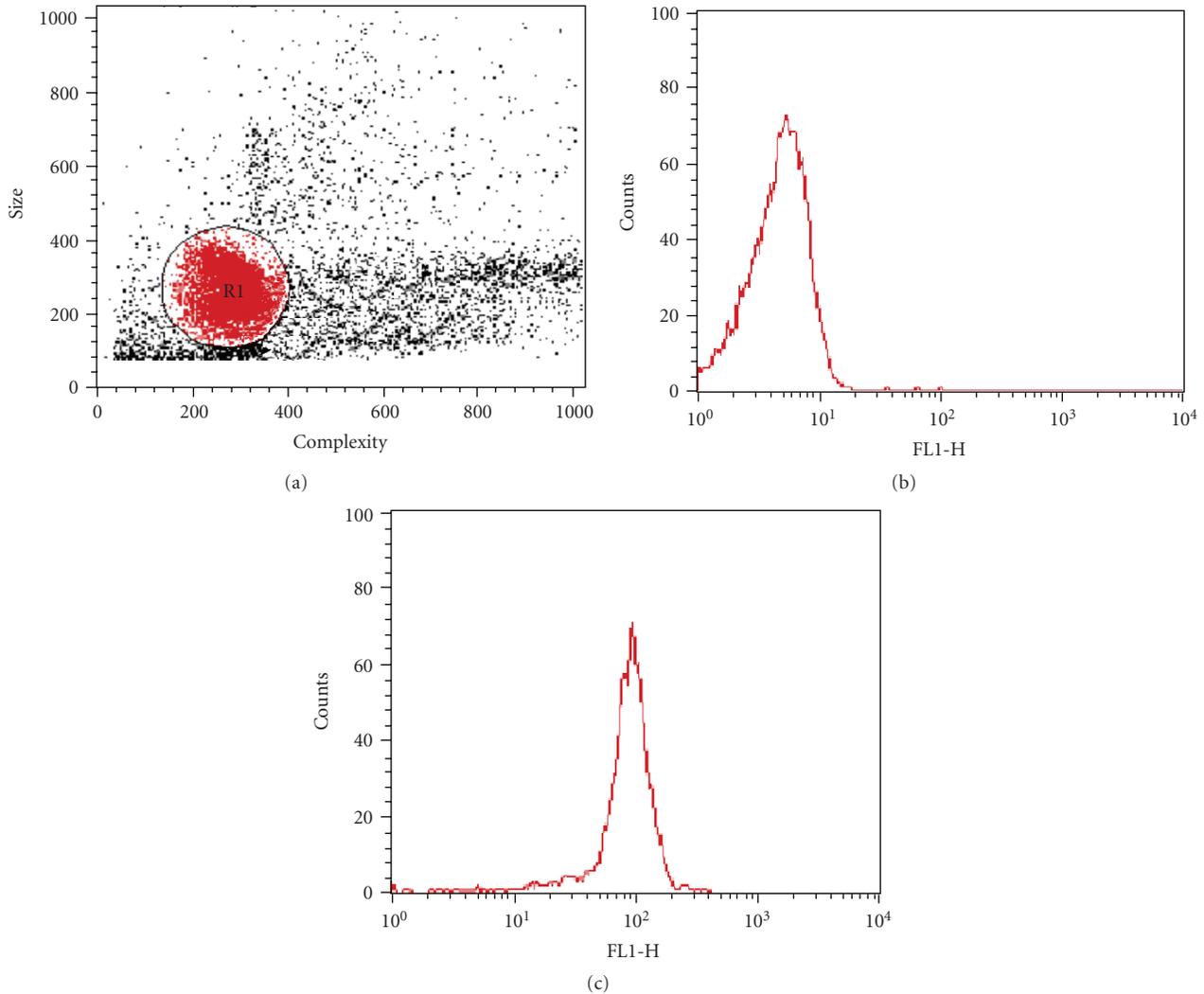


FIGURE 1: Typical results generated by flow cytometry evaluating the sperm burst activity, indirectly by the fluorescence of DCF. In (a) each dot represents a single cell; its position indicates its forward scatter (FSC) intensity value (cell size), and its side scatter (SSC) intensity value (cell granularity). The region indicated as R1 represents the population of the analyzed sperm cells. Both histograms indicate the number of sperm cells (counts) representing green fluorescence (FL1-H): (b) represents the bull with lowest sperm burst activity while (c) represents the bull with highest sperm burst activity.

technique for measuring oxidative metabolites is the quantification of hydrogen peroxide [32] by flow cytometry. In fact, the use of flow cytometry for sperm analysis is an attempt to address the long-standing problem of the subjective nature of the manual methods commonly used for semen analysis. This technique is more accurate, particularly more discriminative, allows for automatic, therefore rapid analysis of high number of cells in few seconds, and provides less subjective and statistically more reliable results than microscopic examination. In flow cytometry, the forward and sideways light scattering properties are considered to reflect cell size and the internal structure of cells, allowing separating the population we want to work on.

In this study, it was investigated the relation between the burst activity of bovine frozen/thawed sperm cells and their ability to fertilize *in vitro* bovine oocytes. To observe

the production of H_2O_2 in sperm cells, a method was used based on the combination of 2',7'-dichlorofluorescein diacetate (DCFH-DA) and phorbol myristate acetate (PMA). It has been established that H_2O_2 is the main reactive oxygen species responsible for oxidative damage to the spermatozoon [22]. It is believed that either abnormal sperm, characterized by retention of excess residual cytoplasm as a result of defective spermatogenesis, or contaminating leukocytes in unpurified sperm suspensions are also sources for production of ROS [33]. Nevertheless, as afore described the use of flow cytometry allows to separate leukocytes or other debris from the sperm cells. DCFH-DA probe is not only oxidized by hydrogen peroxide but also its done by derived oxidants, other peroxides and indirectly by the superoxide anion when hydrogen peroxide is generated, thus providing a useful test to evaluate ROS production [34]. DCFH oxidation

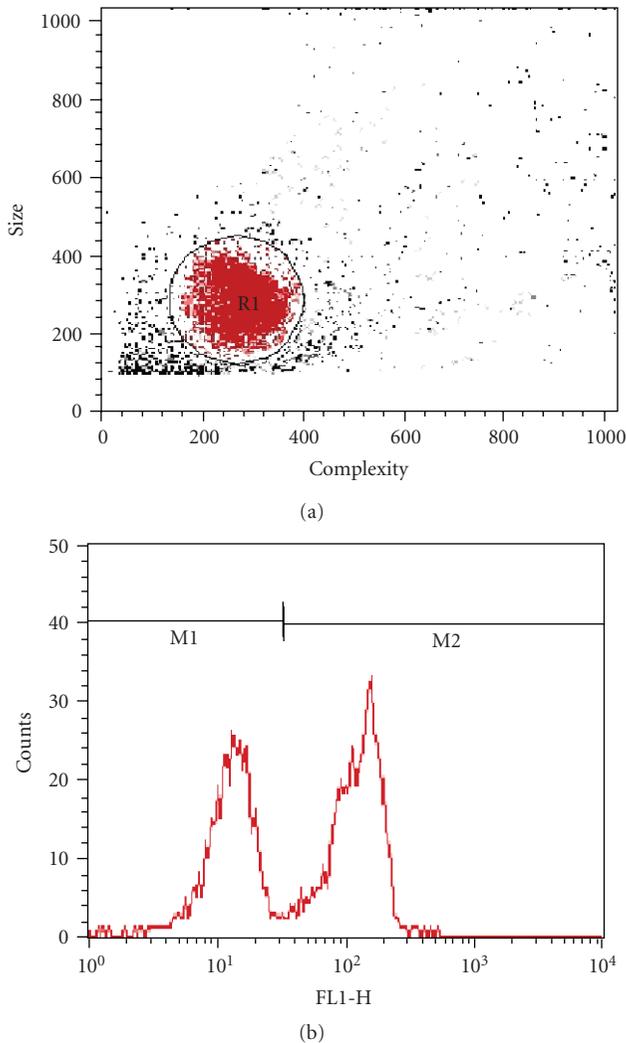


FIGURE 2: Typical results of sperm's oxidative burst with two distinct populations in the same straw. Besides as evaluated by means of FSC and SS the sperm population seem to be homogeneous (a), two distinct populations of burst activity are identified (b). One with low (M1) and the other with high fluorescence intensity (M2).

increases in a graduated fashion as a function of stimulus concentration. When the stable nonfluorescent compound (DCFH-DA) diffuses into the cell by passive membrane diffusion, it becomes a polar trapped DCFH compound cleaved by nonspecific intracellular esterase. The DCFH is nonfluorescent, but is rapidly oxidized to a highly green fluorescent dichlorofluorescein (DCF) by hydrogen peroxide. DCF formation reflects the oxidative burst of sperm cells, but its production depends on two enzyme systems, the esterase activity (during loading) and the hydrogen peroxide activity (i.e., upon stimulation). However minor burst stimulation generates only barely measurable DCF signals.

In previous flow cytometric studies, neutrophils or heterophils from mammalian species have produced a graded response in oxidative product formation relative to increasing concentrations of phorbol myristate acetate (PMA)

[13, 35]. This was also exhibited by bovine spermatozoa, where the mean oxidative product formation increased after stimulation with PMA.

5. Conclusion

This study deals with the relations between bovine sperm H₂O₂ production and embryo production (cleavage rates and blastocyst formation). Our results showed a positive correlation between sperm H₂O₂ production and cleavage rate ($r = 0.92$) and between sperm H₂O₂ production and blastocysts formation ($r = 0.8$). Generation of H₂O₂ is not merely a means of discarding toxic waste products, but instead of that it plays a significant role in sperm metabolism. If sperm cells generate low amounts of ROS, it can be the result of a low metabolic activity, with low ability to fertilize. One can suggest that measurement of intracellular H₂O₂ concentration can thus be a valuable tool to predict the sperm fertilization capacity: sperm cells with high H₂O₂ concentration have high metabolic activities and consequently higher fertilizing capacities.

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