Review Article
Hepatitis B Virus Infection and the Kidney:
Renal Abnormalities in HBV Patients, Antiviral Drugs Handling, and Specific Follow-Up

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Chronic hepatitis B virus (CHB) infection is one of the most common causes of chronic liver disease, cirrhosis, and hepatocellular carcinoma (HCC) worldwide [1, 2]. As the population with CHB ages, many patients will present with comorbidities and varying degrees of functional renal impairment [3–8], and approximately 2 to 15% of patients on hemodialysis have CHB [9]. Five nucleos(t)ide analogs (NUCs) are currently being used for the treatment of hepatitis B. NUC therapy had been shown to reverse fibrosis and cirrhosis and to reduce the risk of hepatic decompensation and hepatocellular carcinoma. Since NUCs do not eradicate the virus, most patients require long-term treatment. NUCs are generally safe and well tolerated, but side effects have been reported including lactic acidosis, myopathy, nephrotoxicity, neuropathy, and decrease in bone mineral density. Nephrotoxicity with adefovir or tenofovir has been the most commonly reported side effect. Nephrotoxicity manifesting as decrease in glomerular filtration rate (GFR) is more common in patients who are >50 years old, have baseline renal insufficiency, hypertension, and/or diabetes mellitus. Proximal renal tubular injury—resembling Fanconi’s syndrome with hypophosphatemia, hypouricemia, aminoaciduria, and glycosuria—had also been reported. Consequently, the Guidelines of the European Association for the Study of the Liver (EASL) state that it seems appropriate for now to monitor for adverse renal effects with

1. Introduction

Chronic hepatitis B virus (CHB) infection is one of the most common causes of chronic liver disease, cirrhosis, and hepatocellular carcinoma (HCC) worldwide [1, 2]. As the population with CHB ages, many patients will present with comorbidities and varying degrees of functional renal impairment [3–8], and approximately 2 to 15% of patients on hemodialysis have CHB [9]. Five nucleos(t)ide analogs (NUCs) are currently being used for the treatment of hepatitis B. NUC therapy had been shown to reverse fibrosis and cirrhosis and to reduce the risk of hepatic decompensation and hepatocellular carcinoma. Since NUCs do not eradicate the virus, most patients require long-term treatment. NUCs are generally safe and well tolerated, but side effects have been reported including lactic acidosis, myopathy, nephrotoxicity, neuropathy, and decrease in bone mineral density. Nephrotoxicity with adefovir or tenofovir has been the most commonly reported side effect. Nephrotoxicity manifesting as decrease in glomerular filtration rate (GFR) is more common in patients who are >50 years old, have baseline renal insufficiency, hypertension, and/or diabetes mellitus. Proximal renal tubular injury—resembling Fanconi’s syndrome with hypophosphatemia, hypouricemia, aminoaciduria, and glycosuria—had also been reported. Consequently, the Guidelines of the European Association for the Study of the Liver (EASL) state that it seems appropriate for now to monitor for adverse renal effects with
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serum creatinine (estimated creatinine clearance) and serum phosphate levels during adefovir or tenofovir therapy in all CHB patients and with serum creatinine levels (estimated creatinine clearance) during nucleoside analogue therapy in CHB patients at high renal risk.

2. Renal Abnormalities in HBV-Infected Patients

2.1. Etiologies. CHB has been linked to renal disease for decades. Renal abnormalities (RA) associated with hepatitis B virus (HBV) may be of multiple origins. Glomerulonephritis (GN) is a well-described complication of chronic hepatitis B. HBV-associated glomerulonephritis has been frequently reported in the literature and the association of HBV and glomerulopathy is striking, especially in children with reported incidences of nephrotic syndrome, nephritic syndrome, and both of them in 64%, 57%, and 35%, respectively [10]. Epidemiological studies have shown that chronic carriage of HBV in adult individuals may lead to the development of nephrotic syndrome, the commonest histological type being membranous nephropathy [11,12]. In total, the different morphological forms of HBV-associated renal injuries may include membranous nephropathy, membranoproliferative glomerulonephritis, mesangial proliferative glomerulonephritis, immunoglobulin A (IgA) nephropathy, focal segmental glomerulosclerosis, and polyarteritis nodosa [13].

Renal injury caused by HBV may be related to immune reactions, with glomerular deposition of immune complexes or virus-induced specific immunological effector mechanisms (specific T lymphocyte or antibody). Such reactions may damage the kidney or have indirect effects from virus-induced cytokines/mediators on renal tissue. HBV antigens (hepatitis B surface antigen (HBsAg) and hepatitis B core antigen (HBeAg) and HBeAg) are also expressed in renal tubular epithelial cells. They can upregulate complement factors, nonsteroidal anti-inflammatory drugs, and valproic acid), and patient age may impact renal function as well. Some nonantiviral drugs that are commonly used (aminoglycosides, nonsteroidal anti-inflammatory drugs, and valproic acid), and patient age may impact renal function as well. Despite these multiple potential causes of renal alterations in chronic HBV patients, data on the prevalence of early diagnostic markers of kidney damage, proteinuria, and hematuria remain scanty.

2.2. Outcomes. Renal parameters are of utmost importance in CHB patients since renal dysfunction impacts clinical outcomes. In a prospective study including patients with HBV infection, the authors showed that an elevated serum creatinine at baseline was significantly associated with mortality rates at 6 months in multivariate analysis, with a hazard ratio (HR) for death of 5.23, almost as high as that of detectable HBV DNA (6.13) [25]. HBV infection increases the risk of occurrence of kidney disease in Chinese diabetic patients. Finally, in such patients with both kidney disease and HBV infection, besides the impact of kidney disease by itself on their prognosis, the therapeutic management of HBV infection is essential, while antiviral drugs dosages must be adjusted to renal function and potential renal toxicity of antivirals may further damage the kidneys and lead to clinical complications.

2.3. Prevalence of Renal Abnormalities. In a previous work, the efficacy, safety, and tolerability of two dosing regimens of adefovir have been investigated in two double-blind, placebo-controlled studies in patients with CHB and compensated liver disease who were not undergoing current treatment and who had evidence of HBV replication. The prevalence of proteinuria, hematuria, glycosuria, and hypophosphatemia was secondarily measured in the placebo group of 170 patients and was 17%, 30%, 8%, and 10%, respectively, evidencing that renal abnormalities occur even in the absence of antiretroviral treatment [26]. A cross-sectional study conducted in an HBV/HCV endemic area of southern Taiwan, however, reported no significant association between proteinuria and HBV infection, but the prevalence of proteinuria among HBs antigen-positive (HBsAg+) subjects was 6.4% [27]. In another study, the prevalence of an abnormal GFR at baseline was determined in two cohorts of 145 CHB patients planned to receive adefovir or placebo. In this study, the prevalence of a “mildly impaired” GFR, 50 to 80 mL/min, did not differ between the two groups: 39.6 versus 34.8 mL/min, respectively [28]. This result emphasizes that impaired renal function is highly prevalent in CHB patients, independently of any treatment with a potential nephrotoxicity.
Patients with chronic kidney disease (CKD) may have dysfunctions of their immune system, which makes them at a higher risk of infections. These dysfunctions result from phagocyte derived oxidative stress and sustained monocyte activation, mainly linked to accumulation of uremic toxins [29]. The haemodialysis procedure may further increase the oxidative stress [30, 31]. There are additional immunosuppressive factors in CKD patients, such as depressed peripheral lymphocyte count, impaired granulocyte phagocytic activity, anaemia, and malnutrition [32]. As a result, acute HBV infection is often mild or asymptomatic in CKD patients. Furthermore, these patients often become chronic carriers due to impaired viral clearance [33]. In some rare cases, the infection can progress to fibrosing cholestatic hepatitis, a fatal condition including cytopathic hepatic damage, in CKD patients [34].

For years, HBV infection has been a major concern in patients with end-stage renal disease (GFR is lower than 15 mL/min/1.73 m²), stage 5 of the international definition and stratification of CKD from the KDOQI-KDIGO (Kidney Disease Outcomes Quality Initiative-Kidney Disease Improving Global Outcomes) (Table 1) [35, 36]. However, the authors did not observe any significant difference in the occurrence of serum creatinine increase (greater than 0.5 mg/dL) in patients with diabetes as compared to nondiabetics. The incidence of a serum creatinine increase was 5 times greater in hypertensive patients as compared to patients with normal blood pressure at baseline (1.6% versus 0.3%, resp.) [41]. In a retrospective cohort study of 80 United States community based CHB patients, before treatment initiation, 28% reported hypertension, 20% diabetes, 19% portal hypertension, 16% history of liver or kidney transplant, and 14% preexisting renal insufficiency [42]. In these patients the mean eGFR at baseline ranged from 84.41 to 87.72 mL/min/1.73 m² (MDRD). In a prospective multicenter study in France, the Hepatitis B and Renal Parameters Evaluation (HARPE) study, among 268 patients without antiviral therapy at least 6 months prior to inclusion, 40.7% reported eGFR < 90 mL/min/1.73 m², 37.4% proteinuria, and 20% hematuria. According to CKD stages, 55.8% of patients presented renal abnormality and 27.3% had CKD stages 1 to 3 [43]. In that population, 38.8% presented dyslipidemia, 9.2% hypertension, and 4.6% diabetes mellitus as comorbidities.

3. Anti-HBV Drugs and Renal Dysfunction

3.1. Nucleotide Analogues. Nucleotide analogues have been associated with putative renal toxicity which is related to an accumulation of the nucleotides metabolites in renal tubular cells. This toxicity is more frequent with cidofovir than with adefovir and with adefovir more than with tenofovir.

3.1.1. Adefovir. Two double-blind, placebo-controlled studies, GS-98–437 and GS-98–438, have been performed in patients with CHB and compensated liver disease, who were not undergoing current treatment and who had evidence of HBV replication. The efficacy, the renal safety, and the tolerability of two dosing regimens of adefovir (ADV), 10 mg daily or 30 mg daily, were evaluated [26]. The authors reported that ADV 10 mg was nonnephrotoxic, with an incidence of renal events similar to that observed in the placebo group: 10% and 12%, respectively. ADV 30 mg was shown to be nephrotoxic, with an incidence of 35% for renal events. Of

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
<th>GFR (mL/min/1.73 m²)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients at increased risk</td>
<td>Risk factors for kidney disease (e.g., diabetes, high blood pressure, family history, older age, etc.)</td>
<td>More than 90</td>
</tr>
<tr>
<td>1</td>
<td>Kidney damage and normal GFR</td>
<td>More than 90</td>
</tr>
<tr>
<td>2</td>
<td>Kidney damage and mild decrease in GFR</td>
<td>60 to 89</td>
</tr>
<tr>
<td>3</td>
<td>Moderate decrease in GFR</td>
<td>30 to 59</td>
</tr>
<tr>
<td>4</td>
<td>Severe decrease in GFR</td>
<td>15 to 29</td>
</tr>
<tr>
<td>5</td>
<td>Kidney failure (dialysis or kidney transplant needed)</td>
<td>Less than 15</td>
</tr>
</tbody>
</table>

GFR: glomerular filtration rate; CrCl: creatinine clearance; signs of kidney damage may include proteinuria and hematuria.
interest, renal abnormalities were frequently observed in patients from the placebo control groups, either were they HBeAg-positive or HBeAg-negative. Proteinuria, hematuria, and glycosuria (ranging from grades 1 to 4) were thus reported in 28%, 49%, and 13%, respectively, of the placebo-treated patients. Two additional studies [44, 45] reported a complete analysis on the safety and efficacy of 48 weeks of ADV in patients with HBeAg-positive and HBeAg-negative CHB. ADV 10 mg daily was well tolerated and significantly improved histologic findings in the liver, reduced serum HBV DNA levels, normalized ALT levels, and induced HBeAg loss and seroconversion in a diverse multicentre population. In these two double-blind randomized, placebo-controlled studies, ADV did not induce renal abnormalities at the dose of 10 mg compared with placebo. However, the European VIRGIL cohort reported different findings. In this cohort study, normal kidney function (GFR > 80 mL/min) was found in 81% of CHB patients before the start of any antiviral therapy. 15% and 4% showed mild (GFR 50–80 mL/min) or moderate renal impairment (GFR < 50 mL/min). During therapy, ADV 10 mg-exposed patients showed an increase of mean serum creatinine levels of 34% as compared to baseline values while mean creatinine levels did not change by more than 10% in patients treated with lamivudine, entecavir, and tenofovir. There was no significant difference concerning early tubular changes between treated and untreated patients [46].

In another recent retrospective study, the incidence and factors associated with renal dysfunction and hypophosphatemia in patients with CHB on long-term treatment with ADV and lamivudine (LAM) were investigated. 292 patients, treated with ADV 10 mg/day and LAM 100 mg/day for at least 6 months, were included. During a median treatment duration of 64 months, 9.6% of the patients developed renal impairment (defined as eGFR < 50 mL/min/1.73 m²) and 73 (27.1%) developed hypophosphatemia, which was persistent in 1 of 5 patients. The cumulative incidences of renal impairment at 1, 3, and 5 years were 1.4%, 7.5%, and 10.5%, respectively. Those of hypophosphatemia were 6.8%, 20.6%, and 26.7%, respectively. Multivariate analysis identified old age, liver cirrhosis, and hypertension as determinants of the ADV/LAM renal toxicity and male sex, hepatocellular carcinoma, and low baseline serum phosphate as determinants of ADV/LAM-induced hypophosphatemia. Three of the 14 patients with persistent hypophosphatemia developed Fanconi's syndrome [47].

3.1.2. Tenofovir. Tenofovir (TDF), which shares several chemical and mechanistic features with ADV, has early been reported as being potentially toxic to the kidneys. However, a recent meta-analysis included 8 studies and 7496 patients with HIV infection. It showed that the risk for ARF was 0.7% higher (95% confidence interval (95% CI) 0.2–1.2] in TDF-treated patients than in patients receiving a combined antiretroviral treatment (cART) without TDF [48]. Nevertheless, this meta-analysis also included 11 studies to estimate TDF chronic nephrotoxicity. It included 5767 patients, treated for a mean of 48 weeks (24 to 144 weeks). TDF-treated patients experienced a decrease in estimated creatinine clearance (eCrCl, Cockcroft and Gault formula) of 3.92 mL/min/1.73 m² (95% CI [2.13–5.70]) compared to non-TDF-treated patients. Although judged as “moderate” by the author, such a decline in renal function over the relatively short period of treatment of the studies that were included (less than a year on average) should on the contrary be considered as quite significant. In fact, patients can now be prescribed TDF for several decades in HIV, and also for a longer period of time in CHB, and a loss of kidney function of about 4 mL/min/1.73 m² in a year is clinically significant.

A retrospective cohort compared more than 6500 TDF-treated patients with 4000 nonexposed patients between 1997 and 2007 (38,132 person-year of follow-up, median follow-up > 3.9 years) [49]. The hazard ratios (HR) for proteinuria (two consecutive dipsticks showing proteinuria > 30 mg/dL), rapid kidney function decline (eGFR decline > 3 mL/min/year using MDRD equation), or CKD (eGFR < 60 mL/min) were 1.30, 1.17, and 1.44 per year of TDF exposure, respectively (95% CI: [1.22–1.37], [1.11–1.24], and [1.30–1.60], resp.). The risk of CKD was doubled in patients ever exposed to TDF (eGFR < 60 mL/min; 95% CI [1.76–2.54]).

In another study, the risk of progression from CKD stages 0-1 to stage 2 or 3 was higher in naïve patients exposed to TDF than in TDF-free patients (48.8% versus 23.7%; P < 0.001 for CKD stage 2 and 5.8% versus 0.0%; P = 0.028 for CKD stage 3) [50]. TDF treatment was the only independent factor associated with progression to CKD stage 2 (HR 2.12; 95% CI [1.41–3.18]) and to CKD stage 3 (HR 4.91; 95% CI [1.02–23.7]).

In CHB patients, TDF has shown similar safety profile as in HIV-positive patients. Although the clinical experience in HIV with this drug is greater, there is no expected difference in terms of safety in CHB patients [51–53].

Several cohort studies, but not all, have suggested that renal impairment was more frequently reported in CHB-treated patients when ADV- (or TDF-) including regimens were used. In one monocentric cohort study including more than 300 CHB-treated patients, renal deterioration under treatment was rare during therapy (around 5% of patients had an increase of at least 5% of the creatinine level), but such a deterioration was attributable to 75% of nucleotide-including regimen as compared to 25% of nucleoside-including regimen and results were similar when comparing TDF to entecavir [54]. It thus appears that TDF and ADV share a similar renal toxicity profile, including two recently reported cases of Fanconi’s disease in monoinfected HBV patients [55, 56].

3.2. Nucleoside Analogues

3.2.1. Lamivudine. In HIV patients, only rare cases of lamivudine-induced tubular dysfunction have been reported [57]. In CHB patients, the renal tolerance of LAM has not been extensively studied until recently, in particular in the GLOBE trial of telbivudine, which will be detailed further in the telbivudine section below.
3.2.2. Entecavir. Entecavir is also considered to be non-nephrotoxic. Rare cases of lactic acidosis have been reported in one series of CHB patients with severely impaired liver function (Model for End-Stage Liver Disease (MELD) score of at least 20) [58].

3.2.3. Telbivudine. Telbivudine (LDT) is a nucleoside analogue used in the treatment of CHB. In a recently published retrospective study from China, the renal safety of LDT was compared to that of ADV, in both cases used as monotherapy for one year, in CHB patients [59]. This retrospective analysis involved 101 patients with CHB and liver cirrhosis. The mean changes in serum creatinine at week 52 from baseline were +0.05 mg/dL in the ADV group and −0.12 mg/dL in the LDT group, the difference between the two groups being highly statistically significant (P = 0.000). The median change in eGFR at week 52 from baseline also differed significantly between the ADV and LDT groups (−4.09 versus +18.32 mL/min/1.73 m², P = 0.000). Interestingly, the decline in eGFR observed with ADV was of a similar magnitude as that previously reported with TDF that is around 4 mL/min/1.73 m²/year. In addition, a potential renoprotective effect of LDT was observed with 92% of the patients with a baseline eGFR < 90 mL/min/1.73 m² shifting to eGFR ≥ 90 mL/min/1.73 m² after 52 weeks of LDT treatment, as compared to 38% in the ADV group. The proportion of patients with eGFR ≥ 90 mL/min/1.73 m² in the LDT group increased from 76.4% at baseline to 94.6% at week 52, while that in the ADV group decreased from 82.6% at baseline to 78.3% at week 52.

These retrospective observations, showing a better renal safety of LDT, were confirmed in the prospective Phase III GLOBE trial, over 2 and 4 years of treatment [60, 61]. After 2 years of treatment, LDT showed a better efficacy as compared to LAM. At year 2, the eGFR in the LDT-treated patients had increased from 94.9 mL/min/1.73 m² at baseline, to 112.3 mL/min/1.73 m² at week 104 (P < 0.0001), which results in an increase of 17.4 mL/min/1.73 m². At week 208, the eGFR remained stable as compared to week 104, at 109.9 mL/min/1.73 m², which results in mean absolute and relative increases of 14.9 mL/min/1.73 m² and 16.6%, respectively, as compared to baseline. Furthermore, in the subpopulation of LDT-treated patients with mildly reduced baseline eGFR of 60–90 mL/min/1.73 m², 74% of them shifted to eGFR > 90 mL/min/1.73 m² after 4 years of treatment.

Patients treated with LAM during the first 2 years of the GLOBE study also showed an increase in their eGFR, from 93.95 mL/min/1.73 m² at baseline to 99.5 mL/min/1.73 m² at 2 years (difference 5.55 mL/min/1.73 m²); however this was thrice lower as compared to the increase observed in the LDT group: 5.55 versus 17.4 mL/min/1.73 m². Amongst patients treated with LAM for 2 years, those who switched to LDT for an additional 2-year treatment showed an additional increase in their eGFR of 11.93 mL/min/1.73 m² (+9.6% at 4 weeks, 208 as compared to time of switch).

The mechanism underlying the effect of LDT on renal function is not known; however, based on clinical and experimental observations, one could hypothesize about the cell biological context within which LDT might exert its effect. At any given time, renal function is determined by the number of functioning nephrons. During development of CKD, the number of functioning nephrons progressively decreases. The loss of nephrons generally is quite considerable before renal function is affected and early damage to the kidney can easily be missed. This is due to the fact that the remaining nephrons functionally compensate for the lost ones. However, the compensatory capacity of individual nephrons eventually has its limits and a decreased renal function only becomes apparent once their number is too low (at least 50 to 75% of nephrons lost). In chronic renal injury, nephron loss is slow and it may take several years (even decades) before being clinically noticeable.

Both the clinical and experimental observations of LDT on renal function comply with the characteristics expected for a compound involved in stimulating renal repair. First, LDT’s beneficial effect on renal function in CKD patients on average is not noticed until 9 months of treatment. This delay is consistent with the fact that one would expect if injured nephrons are stimulated towards repair because cellular repair in a CKD condition might be slow due to the uremic environment and, in addition, it might take time for a sufficient number of nephrons to be repaired such that there is a measurable effect on renal function. The second element suggesting that LDT might aid or drive injured nephrons in their repair is provided by the fact that the maximal increase in renal function seemingly depends on the eGFR at the start of LDT treatment. In fact, patients with eGFR above 80 mL/min/1.73 m² show a maximum benefit of approximately 5% of baseline eGFR whereas subjects with eGFR between 60 and 80 mL/min/1.73 m² have a benefit of around 18% (Figure 1) [62]. Indeed in some diseased conditions the population of nephrons susceptible to stimulated repair by telbivudine might be higher; hence their repair has a greater impact on measurable renal function. A third argument
corroborating the above reasoning is the fact that telbivudine does not improve renal function in patients with normal renal function and has neither morphological nor functional effect in normal rats, indicating that healthy nephrons are not susceptible to LDT and that the actions of LDT might be particularly expressed by its effect on injured nephrons. This hypothesis even holds if one considers that patients with normal eGFR already might present a relevant population of injured nephrons in their kidneys due to the delay by which progressive nephron loss is noted on renal function. Repair of this population would not be noticed on eGFR, as renal function would already be in its maximum due to compensation, which is consistent with the clinical data. Furthermore, the beneficial effect of LDT on renal function reaches a plateau and improvements in renal function are stable for up to 6 years of continuous LDT treatment. These observations are consistent with the view that once maximum nephron repair is achieved, the kidney is left with only normal nephrons which are not susceptible to telbivudine. This is consistent with the hypothesis that LDT is able to facilitate renal repair of injured nephrons.

Overall, it is clear that there is evidence supporting that LDT (1) is able to induce structural and beneficial changes in the kidney, besides and independently from its antiviral activity, and (2) might exert its renal effects by stimulating repair of injured nephrons. A direct effect is, however, unlikely, since LDT is an antireverse transcriptase drug and inhibition of reverse transcriptase activity particularly has detrimental effects. Hence, an indirect mechanism seems more likely. Such indirect mechanisms could involve LDT interfering with telomerase activity (i.e., human reverse transcriptase) specifically in cells that can drive fibrosis. For instance, fibroblasts tend to have an increased telomerase activity during fibrosis. Their suppression might alleviate injurious pressure on injured cells, allowing natural repair. Interfering with mitochondrial activity could also be hypothesized, specifically in cells that can drive fibrosis, for example, activated fibroblasts, which need more energy. Interference of LDT with mitochondrial function might also suppress progression of fibrosis and nephron loss, thus allowing natural repair. Inflammation being a critical process in the development and progression of CKD, a potential effect of LDT on inflammation could also be one mechanism by which LDT could stimulate the repair of injured cells.

4. Renal Follow-Up of CHB Patients

4.1. Complete Baseline Renal Evaluation. A regular follow-up of the renal function of CHB patients is important to ensure appropriate global care, namely, dosage adjustment and potential switch or addition in case of safety or resistance issue. Interpretation of follow-up tests results requires a baseline thorough renal evaluation to serve as a reference, especially before any antiviral treatment is initiated. As a result, at time of diagnosis, the renal evaluation should comprise a calculation of the eGFR together with a urinary dipstick to search for potential markers of organic kidney damage, such as proteinuria or hematuria. eGFR calculation should be performed with the MDRD formula, which is the recommended formula for both kidney disease diagnosis and drug dosage adjustment purposes in adults [63] (Table 1). In addition to CKD screening at baseline, the evaluation of the eGFR before initiating the treatment will allow starting antiviral therapy at appropriate doses, reduced when necessary, in patients with an eGFR below 60 mL/min/1.73 m².

Specific attention should be given to the tubular function in CHB patients. Since both the HBV infection and its treatments may induce tubular dysfunction, and in some cases complete Fanconi’s syndrome, a baseline evaluation of the tubular function is also required. This latter should include the following tests in blood and urine: serum potassium, uric acid, phosphorus, bicarbonates, glucose, and calcium; urinary sediment, glycosuria, and proteinuria, at baseline, as part of the global baseline renal evaluation in CHB patients.

4.2. Follow-Up Renal Evaluation. The follow-up of the renal function of treated CHB patients will allow early detection of renal changes, as compared to baseline data. In all patients with normal baseline renal evaluation and with antiviral therapy with no renal impact, we recommend renal work-up to be performed once a year. In patients for whom the antiviral treatment comprises an antiviral drug known to be potentially nephrotoxic (essentially ADV and TDF), the Summary of Product Characteristics (SmPC) recommends a monthly evaluation of serum creatinine, glomerular filtration rate (GFR), and phosphorus for the first year and then an evaluation every 3 months. Since such recommendation is difficult to implement in real clinical practice, the European Association for the Study of the Liver (EASL) recommends renal follow-up every 1–3 months during the first year and every 3–6 months thereafter [64] (Figure 2).

For any persistent sign of renal damage at 2 consecutive evaluations, the patient should be referred to a nephrologist for further renal explorations. Specific attention should be given to high-risk patients such as those with decompensated cirrhosis, baseline eGFR < 60 mL/min/1.73 m², high blood pressure, proteinuria, diabetes mellitus, glomerulonephritis, organ transplant, and/or receiving concomitant nephrotoxic drugs.

4.3. Antiviral Drugs Management in Case of CKD. In patients with CKD, the pharmacokinetics of drugs may be significantly modified due to the reduced elimination of active species (unchanged drug or metabolites) by both reduced renal excretion and altered metabolism. In case renal impairment is not diagnosed and/or drugs dosages not appropriately adjusted to the level of renal function, the administration of inappropriately large doses may lead to acute or cumulative toxicity. Conversely, a larger-than-recommended reduction in drugs dosage may in turn lead to subtherapeutic dosing, treatment failure, and prolonged illness [65, 66]. In case of CHB patients, this question is key for a successful treatment, both in terms of efficacy and tolerance, since all antivirals require dosage modifications in CKD patients, according to the eGFR at time of administration (Tables 2–6) [67].
HBV infection diagnosis

Complete baseline renal evaluation

Normal

Nonnephrotoxic antiviral therapy

Yearly renal evaluation

Renal evaluation:
every 1–3 months (1st year)
every 3–6 months (thereafter)

Abnormal

Nephrotoxic antiviral therapy

Multidisciplinary care with a nephrologist

eGFR estimation
• MDRD equation
• Blood:
  • Potassium
  • Uric acid
  • Phosphorus
  • Bicarbonates
  • Glucose
  • Calcium
• Urine:
  • Proteinuria
  • Hematuria
  • Sediment
  • Glycosuria

In case of abnormality

Table 2: Drug dosing recommendations for adefovir in CHB patients with CKD.

<table>
<thead>
<tr>
<th>eGFR (mL/Min)</th>
<th>Dosage recommended</th>
</tr>
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<tbody>
<tr>
<td>≥90</td>
<td>10 mg/day</td>
</tr>
<tr>
<td>&lt;90–50</td>
<td>10 mg/day</td>
</tr>
<tr>
<td>&lt;50–20</td>
<td>10 mg every 48 hours</td>
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<tr>
<td>&lt;20–10</td>
<td>10 mg every 72 hours</td>
</tr>
<tr>
<td>&lt;10</td>
<td>10 mg once a week</td>
</tr>
<tr>
<td>HD*</td>
<td>10 mg once a week</td>
</tr>
<tr>
<td>CAPD</td>
<td>ND</td>
</tr>
</tbody>
</table>

* In hemodialysis patients, adefovir should be administered on a hemodialysis day, after the session.
eGFR: estimated glomerular filtration rate; ND: no data.

Table 3: Drug dosing recommendations for tenofovir in CHB patients with CKD.

<table>
<thead>
<tr>
<th>eGFR (mL/Min)</th>
<th>Dosage recommended</th>
</tr>
</thead>
<tbody>
<tr>
<td>≥90</td>
<td>300 mg/day</td>
</tr>
<tr>
<td>&lt;90–50</td>
<td>300 mg/day</td>
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<tr>
<td>&lt;50–30</td>
<td>300 mg every 48 hours</td>
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<tr>
<td>&lt;30–15</td>
<td>300 mg every 72 to 96 hours or 300 mg twice a week</td>
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<tr>
<td>&lt;15</td>
<td>300 mg once a week</td>
</tr>
<tr>
<td>HD*</td>
<td>300 mg once a week</td>
</tr>
<tr>
<td>CAPD</td>
<td>ND</td>
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</tbody>
</table>

* In hemodialysis patients, tenofovir should be administered on a hemodialysis day, after the session.
eGFR: estimated glomerular filtration rate; ND: no data.

In patients with CKD, drugs with the lowest potential for renal toxicity should be preferred and known nephrotoxic drugs withheld.

5. Conclusion

The prevalence of CKD in CHB patients is high, both in patients treated with antiviral drugs and in nontreated patients. NUCs are very potent agents, with a fair resistance profile, at least for the second generation drugs. While nucleosides analogues (LAM, entecavir) have no renal impact, nucleotides analogues (ADV and TDF) may have renal tolerance issues which necessitate a specific follow-up even if tubular dysfunction is rare and may be probably treated more by dose adjustment according to trough serum levels rather than by switching to another drug.

LDT, the most recent antiviral drug, having shown interesting efficacy results, also demonstrated a favourable renal safety profile. Not only is LDT nonnephrotoxic, but it may also exhibit renoprotective effects in patients showing decreased renal function before treatment is initiated. This renoprotective effect has been demonstrated in patients
Table 4: Drug dosing recommendations for lamivudine in CHB patients with CKD.

<table>
<thead>
<tr>
<th>eGFR (mL/Min)</th>
<th>Dosage recommended</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>≥90</td>
<td>First dose</td>
<td>Maintenance</td>
</tr>
<tr>
<td>&lt;90–60</td>
<td>100 mg</td>
<td>100 mg/day</td>
</tr>
<tr>
<td>&lt;60–30</td>
<td>100 mg</td>
<td>50 mg/day</td>
</tr>
<tr>
<td>&lt;30–15</td>
<td>100 mg</td>
<td>25 mg/day</td>
</tr>
<tr>
<td>&lt;15</td>
<td>35 mg</td>
<td>10–15 mg/day</td>
</tr>
<tr>
<td>HD*</td>
<td>35 mg</td>
<td>10–15 mg/day</td>
</tr>
<tr>
<td>CAPD</td>
<td>35 mg</td>
<td>10 mg/day</td>
</tr>
</tbody>
</table>

*On hemodialysis days, lamivudine should be administered after the session.

eGFR: estimated glomerular filtration rate.


Table 5: Drug dosing recommendations for entecavir in CHB patients with CKD.

<table>
<thead>
<tr>
<th>eGFR (mL/Min)</th>
<th>Usual dose</th>
<th>Lamivudine-resistant patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>≥90</td>
<td>0.5 mg/day</td>
<td>1 mg/day</td>
</tr>
<tr>
<td>&lt;90–50</td>
<td>0.5 mg/day</td>
<td>1 mg/day</td>
</tr>
<tr>
<td>&lt;50–30</td>
<td>0.5 mg every 48 hours</td>
<td>0.5 mg/day</td>
</tr>
<tr>
<td>&lt;30–10</td>
<td>0.5 mg every 72 hours</td>
<td>0.5 mg every 48 hours</td>
</tr>
<tr>
<td>&lt;10</td>
<td>0.5 mg once a week</td>
<td>0.5 mg every 72 hours</td>
</tr>
<tr>
<td>HD*</td>
<td>0.5 mg once a week</td>
<td>0.5 mg every 72 hours</td>
</tr>
<tr>
<td>CAPD</td>
<td>0.5 mg once a week</td>
<td>0.5 mg every 72 hours</td>
</tr>
</tbody>
</table>

*In hemodialysis patients, entecavir should be administered on a hemodialysis day, after the session.

eGFR: estimated glomerular filtration rate.


Table 6: Drug dosing recommendations for telbivudine in CHB patients with CKD.

<table>
<thead>
<tr>
<th>eGFR (mL/Min)</th>
<th>Oral solution</th>
<th>Tablets</th>
</tr>
</thead>
<tbody>
<tr>
<td>≥90</td>
<td>600 mg/day</td>
<td>600 mg/day</td>
</tr>
<tr>
<td>&lt;90–60</td>
<td>600 mg/day</td>
<td>600 mg/day</td>
</tr>
<tr>
<td>&lt;60–30</td>
<td>400 mg/day</td>
<td>600 mg every 48 hours</td>
</tr>
<tr>
<td>&lt;30–15</td>
<td>200 mg/day</td>
<td>600 mg every 72 hours</td>
</tr>
<tr>
<td>&lt;15</td>
<td>120 mg/day</td>
<td>600 mg every 96 hours</td>
</tr>
<tr>
<td>HD*</td>
<td>120 mg/day</td>
<td>600 mg every 96 hours</td>
</tr>
<tr>
<td>CAPD</td>
<td>ND</td>
<td>ND</td>
</tr>
</tbody>
</table>

*On hemodialysis days, telbivudine should be administered after the session.

eGFR: estimated glomerular filtration rate; ND: no data.


With renal safety having been the main treatment-related concern during the past years in CHB patients, LDT offers very interesting efficacy and safety properties, which may make it the drug of choice in the near future for high-risk patients such as those with decompensated cirrhosis, baseline eGFR < 60 mL/Min/1.73 m², high blood pressure, proteinuria, diabetes mellitus, glomerulonephritis, organ transplant, and/or receiving concomitant nephrotoxic drugs.

Abbreviations

CHB: Chronic hepatitis B
NUCs: Nucleos(t)ide analogs
RA: Renal abnormalities
HBV: Hepatitis B virus
GN: Glomerulonephritis
HBsAg: Hepatitis B surface antigen
HBCAg: Hepatitis B core antigen
HBeAg: Hepatitis B core antigen
MGN: Membranous glomerulonephritis
MPGN: Membranoproliferative glomerulonephritis
IgG: Immunoglobulin G
IgA: Immunoglobulin A
ALT: Alanine aminotransferase
GFR: Glomerular filtration rate
eGFR: Estimated glomerular filtration rate
CKD: Chronic kidney disease
KDOQI-KDIGO: Kidney Disease Outcomes Quality Initiative-Kidney Disease Improving Global Outcomes
RRT: Renal replacement therapy
ADV: Adefovir
LAM: Lamivudine
TDF: Tenofovir/tenofovir disoproxil fumarate
cART: Combined antiretroviral treatment
eCrCl: Estimated creatinine clearance
LDT: Telbivudine
SmPC: Summary of Product Characteristics
EASL: European Association for the Study of the Liver.

Conflict of Interests

Gilbert Deray is Speaker at Novartis and Gilead. Ji-Dong Jia is Advisory Board Member for Bristol Myers Squibb, Novartis, Roche, and MSD. Teerha Piratsirisuth received Research Grant from Roche, Bristol Myers Squibb, MSD, and Novartis and Advisory Board Member for Roche, MSD, Novartis, and Gilead. Henry Lik Yuen Chan is Advisor for Bristol Myers Squibb, Gilead, Novartis, Roche, and MSD and received honorarium for lecture from Abbott, Bristol Myers Squibb, Echosens, Gilead, Glaxo-SmithKline, Novartis, Roche, and MSD and unrestricted grant from Roche for HBV research. Stanislas Pol is Speaker at Glaxo-SmithKline, Bristol Myers Squibb, Boehringer Ingelheim, Janssen Gilead, Roche, MSD, Sanofi, Novartis, Vertex, and Abbvie, received grants from Bristol Myers Squibb, Gilead, Roche, and MSD, and is Board Member for Glaxo-SmithKline, Bristol Myers Squibb.
References


