Turbulent Forced Convection and Heat Transfer Characteristic in a Circular Tube with Modified-Twisted Tapes

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Heat transfer, pressure loss, and thermal performance assessment in a circular tube heat exchanger with modified-twisted tapes are reported. The rectangular holes are punched out from the general twisted tape to reduce the pressure loss. The influences of the hole sizes \((l/D, LR = 0.30, 0.44, 0.78, \text{ and } 0.88)\) and twisted ratios \((y/D, TR = 1, 1.5, 2, \text{ and } 4)\) for the single and double twisted tapes are investigated with a numerical method at turbulent regime, \(Re = 3000–10,000\). The finite volume method and the SIMPLE algorithm are used to investigate for the current research. The numerical results are reported in terms of flow structure and heat transfer behavior and compared with the smooth tube and the regular twisted tape. It is found that the modified-twisted tape provides higher heat transfer rate than the smooth tube due to the longitudinal vortex flows, created by the twisted tape. The longitudinal vortex flows help to increase fluid mixing. The rectangular punched holes of the twisted tape can reduce the pressure loss of the heating system. In addition, the maximum thermal enhancement factor is around 1.39 and 1.31 for the double twisted tape and single twisted tape, respectively, at \(Re = 3000, LR = 0.78, \text{ and } TR = 1\).

1. Introduction

Twisted tape is a type of vortex generators, inserted in heat exchangers to improve heat transfer rate and thermal efficiency. The twisted tape can generate swirling flows or longitudinal vortex flows through the tube heat exchanger. Moreover, the strong swirling flow may impinge on the tube surface that helps to reduce the thickness of the thermal boundary layer. Due to easy forming and installing of the twisted tape in the tube heat exchanger, the twisted tape has been used in many engineering works: chemical process, condenser, shell-and-tube heat exchanger, heat recovery, solar air heater, and so forth. The twisted tape not only increases the heat transfer rate but also increases in the pressure loss. Many parameters of the twisted tape, twisted ratio, twisted length, twisted width, and configuration, are important factors that should be investigated. The experimental and numerical investigations on the thermal characteristic in the heat exchanger with the twisted tape have been widely reported.

For example, Piriyarungrod et al. \([1]\) investigated heat transfer augmentation in a tube heat exchanger with tapered twisted tapes at \(Re = 6000–20,000\). The influences of the twisted ratios, \(y/W = 3.5, 4.0, \text{ and } 4.5\), and the taper angles, \(0°, 0.3°, 0.6°, \text{ and } 0.9°\), were reported. They found that the heat transfer rate tends to increase with decrease in taper angle and twisted ratio. They also concluded that the maximum thermal enhancement factor is around 1.05 at \(Re = 6000\) and \(y/W = 3.5\). Promvonge \([2]\) experimental studied heat transfer, pressure loss, and thermal performance in a square channel with combined 30° V-fins and quadruple counter-twisted tapes (called “V-finned counter-twisted tape”) at turbulent regime, \(Re = 4000–30,000\). Promvonge \([2]\) reported that the V-finned counter-twisted tape gives a higher thermal performance than the quadruple twisted tape only. Promvonge \([2]\) also claimed that the maximum thermal enhancement factor is
around 1.75 at Re = 4000. Hindasageri et al. [3] studied the heat transfer distributions of swirling flame jet impinging on a flat plate with using twisted tape for Re = 500–2500. They presented that the enhancement of heat flux is around 40–140% at low Reynolds number. Eiamsa-ard et al. [4] investigated the heat transfer improvement of TiO$_2$/water in a tube heat exchanger with overlapped dual twisted tapes by a numerical method. They summarized that the use of the overlapped dual twisted tapes in the tube heat exchanger gives higher heat transfer rate around 28.1% when compared with general twisted tape. Rios-Iribe et al. [5] illustrated the heat transfer analysis of a non-Newtonian fluid in a circular tube with twisted tapes for laminar regime, Re = 0.2–600. They found that the twisted tapes produce the swirling flows through the test section, which help to improve the heat transfer rate. Chokphoemphun et al. [6] experimentally investigated heat transfer, pressure loss, and efficiency in a tube heat exchanger with multiple twisted tapes at Re = 5300–24,000. They stated that the heat transfer and friction loss in the tube heat exchanger inserted with the multiple twisted tapes are around 1.15–2.12 times and 1.9–4.1 times over the smooth tube, respectively. They also said that the quadruple counter-twisted tape has the highest thermal performance. Khoshvaght-Alibadi and Eskandari [7] studied the heat transfer, friction loss, and thermal performance of Cu-water nanofluid in a tube heat exchanger with twisted tapes by an experimental method at Re = 7500–15,000 (turbulent regime). They presented that the nonuniform twisted length provides higher heat transfer rate and pressure loss than the twisted tape with uniform twisted length. They also reported that the 0.3 wt% concentration of nanofluid for the twisted tape with low to high twisted length performs the overall enhancement ratio around 87%. Salman et al. [8] numerically investigated heat transfer and friction loss in a circular tube heat exchanger with quadrant-cut twisted tape (QCT) using a numerical method. The effects of twisted ratios and cut depths for the QCT were presented. They indicated that the QCT with the twisted ratio of 2.93 and the cut depth of 0.5 cm performs the highest heat transfer rate and friction loss. Maddah et al. [9] experimentally studied heat transfer and pressure loss in a horizontal double pipe with modified-twisted tape by using Al$_2$O$_3$/water as working fluid. They concluded that the heat transfer and friction loss tend to increase around 12–52% and 5–28%, respectively. Salman et al. [10] presented heat transfer augmentation in a circular tube with elliptic-cut twisted tape (ECT) for laminar flow, Re = 200–2100. They claimed that the ECT in the tube heat exchanger provides higher heat transfer rate and thermal performance than the general twisted tape. Kanizawa et al. [11] analyzed experimentally the heat transfer and pressure loss of R134a in a tube heat exchanger with twisted tape. The twisted tape with twisted ratios of 3, 4, 9, and 14 was investigated. They found that the reduction of the twisted tape leads to higher thermal enhancement factor. Pal and Saha [12] presented the use of centre-cleared twisted tape to enhance heat transfer rate in a corrugated tube heat exchanger at laminar flow. They found that the centre-cleared twisted tape can enhance both the heat transfer and thermal performance in the corrugated tube heat exchanger when comparing with the base case. Naik et al. [13] compared between twisted tape and wire coil on thermal performance in a tube heat exchanger at turbulent regime, Re = 4000–20,000. They reported that the augmentation on the heat transfer rate is around 17.62%, 31.88%, and 44.45% for plain tube, inserted with twisted tape and inserted with wire coil, respectively, of 0.3% concentration nanofluid at Re = 20,000 compared to water. They also presented that the friction loss is around 1.149, 1.179, and 1.198 times above the base case for plain tube, inserted with twisted tape and inserted with wire coil, respectively. The thermal enhancement factor is around 1.24 and 1.36 for the twisted tape and wire coil, respectively, which is concluded by Naik et al. [13]. Eiamsa-ard et al. [14] studied heat transfer augmentation in a tube heat exchanger with regular-spaced twisted tape by both numerical and experimental methods. The influences of twisted ratios, 6 and 8, and spaced ratios, 1, 2, and 3, were reported. They found that the heat transfer rate increases with decreasing twisted ratio and spaced ratios. They also concluded that the regular-spaced twisted tape can reduce the pressure when compared with the general twisted tape with no spaced ratio. Azmi et al. [15] reported heat transfer rate and pressure loss of TiO$_2$ nanofluid in a tube with twisted tape at Re = 8000–30,000. They claimed that the heat transfer rate and friction loss are around 81.1% and 1.5 times above the base case (water is used as working fluid), respectively, at Re = 23, 558 with 1% concentration of nanofluid. Salman et al. [16] selected parabolic-cut twisted tape (PCT) was inserted in a circular tube heat exchanger to enhance the heat transfer rate and thermal efficiency of nanofluid flow. They pointed out that the PCT with the twisted ratio of 2.93 and cut depth of 0.5 cm gives the higher Nusselt number around 10% when compared with the classical twisted tape. Salman et al. [17] reported that heat transfer in a tube heat exchanger with V-cut twisted tape is increased around 107%. Ghadirifarbeigloo et al. [18] numerically studied flow and heat transfer characteristic in a receiver tube of solar parabolic trough concentrator with louvered twisted tape at turbulent regime. The effects of twisted ratios, 2.67, 4, and 5.33, were depicted. They presented that the heat transfer coefficient and friction loss tend to increase significantly when compared with typical plain twisted tape in the tube and smooth tube with no twisted tape. Azmi et al. [19] selected twisted tape to enhance the heat transfer rate and performance in a tube heat exchanger by using SiO$_2$/water and TiO$_2$/water as working fluids. The affectations of twisted ratios, 5–93, for the Reynolds numbers of 5000–25,000 were investigated experimentally. They summarized that the heat transfer enhancement is around 27.9% and 11.4% for SiO$_2$ and TiO$_2$, respectively, at 0.3% concentration and the twisted ratio of 5. Waghole et al. [20] experimentally investigated heat transfer and thermal efficiency in absorber/receiver of parabolic trough collector with twisted tape. The silver nanofluid was selected as working fluid in the parabolic trough collectors. The effects of twisted ratios, 0.577–1.732, were studied on the heat transfer rate and pressure loss for the Reynolds numbers, Re = 500–6000. They found that the Nusselt number and friction factor are around 1.25–2.10 times and 1.0–1.75 times over the base case (plain absorber/receiver of parabolic trough collector), respectively, while the thermal...
performance is around 1.35–2.05. Durga Prasad et al. [21] presented the experimental results of heat transfer and friction loss in a U-tube heat exchanger inserted with helical tape. The Al₂O₃ nanofluid was used as tested fluid in the tube heat exchanger. The helical pitch ratios, 5, 10, 15, and 20, were studied for the Reynolds number, Re = 3000–30,000, with the nanofluid concentrations of 0.01% and 0.03%. They stated that the helical pitch ratio of 5 and 0.03% concentration gives the heat transfer rate around 32.91% as compared to water. Maddah et al. [22] studied effects of twisted tape and nanofluid in a double pipe heat exchanger on heat transfer and pressure loss. They found that the twisted tape and nanofluid perform higher heat transfer rate around 10–25% with a moderate pressure loss penalty. Bhuinya et al. [23] illustrated the experimental results on the thermal characteristics in a tube heat exchanger with perforated twisted tapes. The influences of porosities, 1.6, 4.5, 8.9, and 14.7%, were studied for the Reynolds number, Re = 7200–49,800. They indicated that the Nusselt number, friction loss, and thermal efficient when using the perforated twisted tape in the tube heat exchanger are higher that the smooth tube around 110–340%, 110–360%, and 28–59%, respectively. Nanan et al. [24] selected the helically twisted tapes to induce co- and counter-swirling flows in a tube heat exchanger. The effects of pitch ratios, 1 and 2, for width ratio and twisted ratio of 0.2 and 0.3 were studied at turbulent regime, Re = 6000–20,000. They reported that the cohelical twisted tape performs lower heat transfer rate and pressure loss but gives a higher thermal performance than the counter helical twisted tape. Eiamsaard and Wongcharee [25] investigated heat transfer characteristic in a microfin tube with double twisted tapes at Re = 5650–17,000. They pointed out that the double twisted tapes, which produce the counter swirling flows, give the best thermal performance due to stronger vortex flows. Eiamsaard et al. [26] presented the use of combined turbulators, circular ring and twisted tape, in a tube heat exchanger with the main aim of augmenting thermal performance. The pitch ratios, 1, 1.5, and 2, of the circular ring and the twisted ratios, 3, 4, and 5, of the twisted tape were investigated for the Reynolds number, Re = 6000–20,000. They reported that the Nusselt number, friction factor, and thermal performance when using the combined turbulators in the tube heat exchanger are around 25.8%, 82.8%, and 6.3%, respectively, higher than the circular ring alone. They also said that the best thermal performance is around 1.42 at pitch ratio and twisted ratio of 1 and 3, respectively. Salam et al. [27] investigated the augmentations on both heat transfer rate and thermal efficiency in a tube heat exchanger with rectangular cut twisted tapes by an experimental method. They concluded that the Nusselt number and friction loss tend to increase around 2.3–2.9 times and 1.4–1.8 times, respectively, over the smooth tube when using the rectangular cut twisted tapes in the tube heat exchanger. They also indicated that the thermal performance in the test tube is around 1.9–2.3. Naik et al. [28] experimentally studied heat transfer and pressure loss for water-propylene glycol (70 : 30% by volume) based CuO nanofluid in a tube with twisted tapes. The effects of nanofluid concentrations, 0.025%, 0.1%, and 0.5%, and twisted ratios, 5–15, were investigated for the Reynolds number, 1000 < Re < 10,000. They found the enhancements of heat transfer rate are around 27.95% for the 0.5% CuO in the smooth tube and around 76.06% over the base fluid at the twisted ratio of 5.

As the above literature reviews, the heat exchanger inserted with the twisted tape can improve the heat transfer rate and thermal efficiency due to the generation of the swirling flow through the tube. The proposed twisted tapes can be readily manufactured by forming process and conveniently installed in the actual heat exchanger system. However, the twisted tape not only increases in heat transfer rate but also gives a large pressure loss, especially at low twisted ratio. In the current work, the perforation method is selected to reduce the pressure loss in the heating system. The twisted tapes are punched with rectangular holes at various sizes and inserted in a circular tube heat exchanger. The numerical investigation is selected in the present work to describe flow structure and heat transfer characteristic when inserting the twisted tap in the tube. The understanding of the flow and heat transfer mechanisms may help to improve the new design of heat exchanger and also save costs of the energy.

2. Circular Tube Geometry and Computational Domain

The twisted tape with width ratio, W/D = 0.98, is inserted in a circular tube heat exchanger as depicted in Figure 1. The diameter of the test tube is equal to 0.05 m for all cases. The influences of twisted ratios (y/W or TR = 1, 1.5, 2, and 4) and length ratios (l/W or LR = 0.3, 0.44, 0.78, and 0.88) of the single modified-twisted tape are investigated for the Reynolds number, Re = 3000–10,000. The rectangular holes are set with constant gap ratio (g/W) and hole length ratio (ε/W) of 0.03 and 0.07, respectively. The double twisted tapes in the tube heat exchanger, shown in Figure 2, are studied for LR = 0.78 and 0.88 at TR = 1.

3. Mathematical Method, Boundary Condition, and Assumption

The incompressible turbulent flow with steady operation in three dimensions and heat transfer characteristic in the tube are governed by the continuity equation, the Navier-Stokes equation, and the energy equation. These equations with ignoring natural convection, viscous dissipation, body forces, and radiation heat transfer can be written in the Cartesian tensor system as follows.

Continuity equation is as follows:

$$\frac{\partial}{\partial x_i}(\rho u_i) = 0.$$  \hspace{2cm} (1)

Momentum equation is as follows:

$$\frac{\partial}{\partial x_i}(\rho u_iu_j) = -\frac{\partial P}{\partial x_i} + \frac{\partial}{\partial x_j}\left[\mu \left(\frac{\partial u_i}{\partial x_j} - \rho u_i u_j^\prime\right)\right].$$  \hspace{2cm} (2)
where

\[-\rho \overline{u_i' u_j'} = \mu_i \left( \frac{\partial \overline{u_i}}{\partial x_j} + \frac{\partial \overline{u_j}}{\partial x_i} \right) - \frac{2}{3} \left( \rho \kappa + \mu_i \frac{\partial \overline{u_i}}{\partial x_i} \right) \delta_{ij}, \tag{3}\]

\[\frac{\partial}{\partial x_i} (\rho \overline{u_i T}) = \frac{\partial}{\partial x_j} \left( (\Gamma + \Gamma_t) \frac{\partial T}{\partial x_j} \right), \tag{4}\]

where \(\rho, P, \mu\) are the density, pressure, and dynamic viscosity of fluid, respectively, and \(u_i', u_i\) are a fluctuating component of velocity and a mean component of velocity in the direction \(x_i\), respectively. For the turbulent flow in three-dimensional problems, the turbulent kinetic energy, \(k\), can be written as

\[k = \frac{1}{2} \rho \kappa \overline{u_i' u_i'} \text{ and } \delta_{ij} \text{ is a Kronecker delta.} \]

An advantage of the Boussinesq approach with the computation of the relatively low computational cost associated with the computation of the turbulent viscosity, \(\mu_t\), given is \(\mu_t = \rho c_p k^2 / \epsilon\).

Energy equation is as follows:

\[\frac{\partial}{\partial x_i} (\rho \overline{u_i T}) = \frac{\partial}{\partial x_j} \left( (\Gamma + \Gamma_t) \frac{\partial T}{\partial x_j} \right), \tag{4}\]

where \(\Gamma\) and \(\Gamma_t\) are molecular thermal diffusivity and turbulent thermal diffusivity, respectively. The diffusivities can be expressed as

\[\Gamma = \frac{\mu}{Pr},\]

\[\Gamma_t = \frac{\mu_t}{Pr_t}. \tag{5}\]
For the present numerical solutions, the realizable \( k-\epsilon \) turbulent model is used which is presented by Launder and Spalding [29]. Consider

\[
\frac{\partial}{\partial t} (\rho k) + \frac{\partial}{\partial x_j} (\rho ku_j) = \frac{\partial}{\partial x_j} \left[ \left( \mu + \frac{\mu_t}{\sigma_k} \right) \frac{\partial k}{\partial x_j} \right] + G_k + G_b + \rho \epsilon - Y_M + S_k,
\]

\[
\frac{\partial}{\partial t} (\rho \epsilon) + \frac{\partial}{\partial x_j} (\rho \epsilon u_j) = \frac{\partial}{\partial x_j} \left[ \left( \mu + \frac{\mu_t}{\sigma_\epsilon} \right) \frac{\partial \epsilon}{\partial x_j} \right] + \rho C_1 S \epsilon - \rho C_2 \frac{\epsilon^2}{k + \sqrt{\nu \epsilon}} + C_1 \frac{\epsilon}{k} C_3 \epsilon G_b + S_\epsilon,
\]

where

\[
C_1 = \max \left[ 0.43, \frac{\eta}{\eta + 5} \right], \quad \eta = S \frac{k}{\epsilon}, \quad S = \sqrt{2S_i S_j}.
\] (7)

the constants in the model are given as follows:

\[
C_{1\epsilon} = 1.44, \quad C_2 = 1.9, \quad \sigma_k = 1.0, \quad \sigma_\epsilon = 1.2,
\] (8)

where \( S_k \) and \( S_\epsilon \) are user-defined source terms and \( \sigma_k \) and \( \sigma_\epsilon \) are the turbulent Prandtl numbers for \( k \) and \( \epsilon \), respectively.

For the convection terms, the SIMPLE algorithm for handling the pressure-velocity coupling and the SOU scheme are solved using a finite volume approach [30]. The energy equation is considered to be converged when the normalized residual values are less than \( 10^{-9} \) while the other variables are less than \( 10^{-6} \).

In the present study, to analysis the flow behavior and heat transfer characteristic, the Reynolds number, friction factor, Nusselt number, and thermal enhancement factor are the most important parameters, which can be written as follows.

The Reynolds number is as follows:

\[
Re = \frac{\rho u_0 D}{\mu}.
\] (9)

The friction factor is defined as

\[
f = \frac{(\Delta P/L) D}{2 \rho u^2},
\] (10)

where \( \Delta P \) is the pressure drop, \( D \) is the tube diameter, and \( u \) is mean flow velocity.

The local Nusselt number is given by

\[
Nu = \frac{h_x D}{k},
\] (11)

where \( h \) is the convective heat transfer coefficient and \( k \) is the thermal conductivity.

The average Nusselt number can be obtained by

\[
Nu = \frac{1}{A} \int Nu_x dA.
\] (12)

Thermal performance enhancement factor (TEF) is defined as the ratio of the heat transfer coefficient of an augmented surface, \( h \), to that of a smooth surface, \( h_0 \), under the constant pumping power condition. TEF can be calculated from

\[
TEF = \frac{h}{h_0} = \frac{Nu}{Nu_0} = \left( \frac{Nu}{Nu_0} \right) \left( \frac{f}{f_0} \right)^{1/3},
\] (13)

where \( f_0 \) and \( Nu_0 \) are the friction factor and the Nusselt number of the smooth tube, respectively.

The inlet and outlet of the tube are obtained to be periodic boundaries. At the wall, a no-slip condition is defined and obtained to be a constant heat flux. Air is chosen as the working fluid with the uniform mass flow rate at 300 K (Pr = 0.707) and its thermodynamic properties are assumed to be constant based on mean bulk temperature. The radiation heat transfer, viscous dissipation, and body force are ignored.

4. Numerical Result

The numerical results for the circular tube with twisted tape and double twisted tapes are divided into four parts: verification of the computational domain, influence of twisted ratio, influence of length ratio, and influence of double twisted tapes. The results are illustrated in terms of flow configuration, heat transfer behavior, and performance analysis.

4.1. Verification of the Computational Domain. The validations of the presented computational domain are done to assure that the numerical model gives high accuracy and precision results. This section can be divided into three sections: verification with the smooth tube, comparison with the experimental result, and grid independence.

The validations of the smooth tube are done by comparison between the present values with the values of the correlation [31]. Figures 3(a) and 3(b) present the verifications of the smooth circular tube for heat transfer and pressure loss in terms of Nusselt number and friction factor, respectively. As in the figures, the present results are found in excellent agreement with the values from the correlations on both Nusselt number and friction factor. The deviations for the Nusselt number and friction factor are around ±11% and ±10%, respectively.

The comparisons between the numerical results with the experimental results [32] for the Nusselt number and friction factor of the regular single twisted tape (TR = 2, no punched, \( W/D = 0.98 \)) are depicted in Figures 4(a) and 4(b), respectively. The present predictions are found to agree well within ±6% and ±10%, for the Nusselt number and friction factor, respectively.

The number of grids in the computational domain has effect on the numerical results. The optimum point between
the number of cells and the accuracy results is done by comparing six sets of grid cells. The number of cells, 70000, 98000, 123000, 240000, 303000, and 543000, is generated for the current computational domain. The increase of grid from 240000 to 303000 has slight effect on heat transfer and friction loss. Therefore, the 240000 cells are selected for the present investigation. The grid independent test is presented in Table 1.

As all parts of the validations, it can be concluded that the present computational domain is reliable to predict heat transfer characteristic and pressure loss in the tube heat exchanger inserted with twisted tape.

4.2 Influence of Twisted Ratio. In this section, the flow configurations, heat transfer behaviors, and performance evaluations in the tube with modified-twisted tape at various twisted ratios are reported. Figures 5(a), 5(b), 5(c), and 5(d) present the tangential velocity vectors in transverse planes for the circular tube heat exchanger with the modified-twisted tape for TR = 1, 1.5, 2, and 4, respectively, at Re = 10,000 and LR = 0.88. As in the figures, the modified-twisted tape can generate longitudinal vortex flows with clockwise rotation through the test section for all cases. The cores of the vortex flows are found at the center of the tube for all planes. The vortex flows...
help to enhance heat transfer rate due to better fluid mixing between the core of the vortex and near the tube wall regime. The longitudinal vortex flows through the test section with the modified-twisted tape are presented in Figure 6. All TR values perform a similar pattern of the flow, but the vortex strength is found to be different.

The heat transfer behaviors in the tube with modified-twisted tape are reported in terms of temperature distributions in transverse planes and local Nusselt number distributions on the tube wall. Figures 7(a), 7(b), 7(c), and 7(d) report the temperature distributions in transverse planes for the tube heat exchanger with the modified-twisted tape at TR = 1, 1.5, 2, and 4 for Re = 10,000 and LR = 0.88, respectively.

There are findings that the use of the modified-twisted tape leads to better mixing of the fluid flow through the test section.
Figure 7: Temperature contours in transverse planes for (a) TR = 1, (b) TR = 1.5, (c) TR = 2, and (d) TR = 4 of the modified-twisted tape in the tube at Re = 10,000 and LR = 0.88.

Figure 10 displays the relations of the friction factor ratio with the Reynolds number at various TRs for the tube heat exchanger with the modified-twisted tape. Generally, the friction factor ratio tends to slightly decrease with increasing Reynolds number for all cases. The use of the modified-twisted tape produces a higher heat transfer rate than the smooth tube for all TRs. The TR = 1 gives the highest heat transfer rate, while the TR = 1.5 performs higher heat transfer rate than the TR = 2. The TR = 4 provides higher heat transfer rate than the TR = 1.5, 2, and 4 around 21%, 24.4%, and 37%, respectively, when considered at Re = 3000. The Nu/Nu₀ is around 2.10–2.70, 1.61–2.14, 1.58–2.04, and 1.50–1.70 for the tube with the modified-twisted tape of TR = 1, 1.5, 2, and 4, respectively, at Re = 3000–20,000 and LR = 0.88.
**Figure 8**: Local Nusselt number contours on the tube wall for (a) TR = 1, (b) TR = 1.5, (c) TR = 2, and (d) TR = 4 of the modified-twisted tape in the tube at Re = 10,000 and LR = 0.88.

**Figure 9**: Nu/Nu₀ versus Re at various TRs.

**Figure 10**: 𝑓/𝑓₀ versus Re at various TRs.
The thermal performance in the tube heat exchanger at various LRs is reported in three parts, Nusselt number ratio, friction factor ratio, and thermal enhancement factor. The variations of the Nu/Nu₀ with the Reynolds number at various LRs are displayed in Figure 15. The Nusselt number ratio decreases when Reynolds number for all LR values increases. The LR = 0.30, 0.44, and 0.78 perform approximate values of heat transfer rate for all the Reynolds number. The LR = 0.88 gives lower heat transfer rate than the LR = 0.30, 0.44, and 0.78 at 3000 < Re ≤ 10,000 but provides higher heat transfer rate when Re > 10,000. The highest Nusselt number is found at Re = 3000, LR = 0.78 around 3.15 times higher than the smooth tube.

Figure 16 reports the variations of the friction factor ratio with the Reynolds number at various LRs for the tube heat exchanger with the modified-twisted tape. The f/f₀ tends to decrease with the rise of the Reynolds number for all cases. The LR = 0.30 of the modified-twisted tape performs highest friction loss, while the LR = 0.88 gives the opposite result. It can be concluded that the large length ratio of the rectangular punched hole on the modified-twisted tape can help to reduce the pressure loss in the heating system. The maximum f/f₀ is around 15.5, 15.2, 12.7, and 10.5, respectively, for LR = 0.30, 0.44, 0.78, and 0.88 at Re = 3000.

The variations of the thermal enhancement factor with the Reynolds number at various LRs in the tube heat exchanger are depicted in Figure 17. The TEF decreases with increase in the Reynolds number for all LRs. The use of the modified-twisted tape with LR = 0.88 performs higher TEF than the smooth tube (TEF > 1) for all Reynolds numbers. The computational results reveal that the LR = 0.30 and 0.44 give upper TEF when Re < 10,000, while the LR = 0.78 provides higher TEF when Re < 12,000. The optimal TEF is around 1.31 at LR = 0.78 and Re = 3000.

4.4. Influence of Double Twisted Tapes. The use of the single modified-twisted tape inserted in the circular tube heat exchanger can enhance the heat transfer rate and thermal performance. The maximum thermal enhancement factor is around 1.31 at LR = 0.78, TR = 1, and Re = 3000. To improve thermal performance higher than the above results, the double twisted tapes are created. The rectangular punched holes with LR = 0.78 and 0.88 and single twisted ratio, TR = 1, are selected for the double twisted tape. The numerical results in this section are reported in forms of flow structure, heat transfer behavior, and thermal performance assessment.

The tangential velocity vectors in transverse planes for the tube heat exchanger with the double modified-twisted tapes are reported in Figure 18. As in the figure, the double modified-twisted tapes can generate the flow structure as the single modified-twisted tape; the longitudinal vortex flows are found through the test section. The longitudinal vortex flows help to increase fluid mixing when considering the temperature distributions in transverse planes as depicted in Figure 19. The double modified-twisted tapes give better fluid mixing than the single modified-twisted tape.

The local Nusselt number distributions, displayed in Figure 20, indicate that the peak of heat transfer regime is
Figure 12: Longitudinal swirling flow in the tube with the modified-twisted tape at LR = 0.44.

Figure 13: Temperature distributions in transverse planes at various LR values.

higher than the single modified-twisted tape. The highest heat transfer region is found at the edge of the double twisted tapes similar to the single twisted tape.

The performance assessments, Nusselt number ratio, friction factor ratio, and thermal enhancement factor, of the circular tube heat exchanger with the double modified-twisted tapes are presented in Figures 21–23. The variations of the Nusselt number ratio with the Reynolds number at various cases are reported in Figure 21. The \( \frac{\text{Nu}}{\text{Nu}_0} \) tends to decrease with the rise of the Reynolds number for all cases. The double twisted tape has higher heat transfer rate than the single twisted tape for all LRs. The LR = 0.78 of the double modified-twisted tape gives the highest heat transfer rate around 3.6 times over the smooth circular tube with no twisted tape. For the double twisted tapes, the LR = 0.78 gives higher Nusselt number ratio than the LR = 0.88 around 8.33%. At a similar length ratio, LR = 0.78, the double twisted tapes perform greater Nusselt number ratio than the single twisted tape around 15.3%.

The variations of the friction factor ratio with the Reynolds number with various cases for the tube heat exchanger of the single and double twisted tapes are illustrated in Figure 22. The \( \frac{f}{f_0} \) declines with the rise of the Reynolds number for all cases. The double twisted tapes perform higher pressure loss than the single twisted tape on both LR values. The LR = 0.78 performs higher friction loss than the LR = 0.88 for both tapes. For double twisted tapes, the friction factor is around 12.4–18.0 and 11.0–16.5 times over the smooth tube, respectively, for LR = 0.78 and 0.88. In addition, the single modified-twisted tape can reduce the pressure loss in comparison with the double modified-twisted tapes.

The relations of the thermal enhancement factor with the Reynolds number with various cases are shown in Figure 23. In general, the TEF decreases with the rise of the Reynolds number. The maximum TEF is found at LR = 0.78, Re = 3000 of the double twisted tapes around 1.39. In range studies, the use of the double twisted tapes in the tube heat exchanger gives the TEF around 0.94–1.39.
Figure 14: Local Nusselt number distributions on the tube wall of (a) LR = 0.3, (b) LR = 0.44, (c) LR = 0.78, and (d) LR = 0.88 for the tube with the modified-twisted tape at TR = 1 and Re = 10,000.

Figure 15: Nu/Nu₀ versus Re at various LRs.

Figure 16: 𝑓/𝑓₀ versus Re at various LRs.
5. Conclusion

The modified-twisted tapes are improved to augment the heat transfer rate and thermal performance with reducing of the pressure loss in the circular tube heat exchanger. The twisted tape is punched with rectangular holes at various length ratios and inserted in the middle of the test tube. The effects of the length ratios (LR = 0.30, 0.44, 0.78, and 0.88), twisted ratios (TR = 1, 1.5, 2, and 4), and configurations are investigated for the turbulent regime, Re = 3000–20,000. The numerical method is selected to study heat transfer characteristic, flow configuration, and performance assessment in the test tube. The major conclusions are as follows.

(i) The longitudinal vortex flows, which are created by the modified-twisted tape, are found similar to regular twisted tape. The vortex flows help to a better fluid mixing that leads to enhance the heat transfer rate and thermal performance with reducing the pressure loss.

(ii) Similar to LR, the TR = 1 performs the highest heat transfer rate and friction loss, while the TR = 4 provides the reverse result. The optimum thermal enhancement factor is found at TR = 1 around 1.23.

(iii) The LR = 0.88 gives the lowest friction loss, while the LR = 0.30 performs the opposite result. The heat transfer rates of LR = 0.30, 0.44, and 0.78 are found to be very close. The LR = 0.88 provides the lowest Nusselt number for 3000 ≤ Re ≤ 10,000, but the LR = 0.88 gives the highest heat transfer rate when Re > 10,000. The LR = 0.78 makes the highest TEF at Re = 3000. The LR = 0.88 performs the TEF higher than the smooth tube for all the Reynolds number (TEF > 1), while the LR = 0.30, 0.44, and 0.78 gives the TEF upper unity when Re < 10,000.

(iv) The double modified-twisted tapes give higher heat transfer and thermal enhancement factor than the single modified-twisted tapes due to the peak of heat transfer regime on the tube wall being greater. The longitudinal vortex flows, which are generated by double twisted tapes, are found similar to the single twisted tape. The maximum TEF is found at LR = 0.78, TR = 1, Re = 3000 of the double modified-twisted tapes.
**Nomenclature**

- **D**: Diameter of the tube, m
- **e**: Rectangular hole width, m
- **g**: Gap between rectangular holes, m
- **f**: Friction factor
- **h**: Convective heat transfer coefficient, W m\(^{-2}\) K\(^{-1}\)
- **k**: Turbulent kinetic energy \((k = (1/2)u'_i u'_j)\)
- **k**: Thermal conductivity of air, W m\(^{-1}\) K\(^{-1}\)
- **l**: Rectangular hole length, m
- **LR**: Length ratio \((l/W)\)
- **Nu**: Nusselt number
- **P**: Static pressure, Pa
- **Pr**: Prandtl number
- **Re**: Reynolds number \((\rho u_0 D/\mu)\)
- **T**: Temperature, K
- **TEF**: Thermal performance enhancement factor \((\text{Nu}/\text{Nu}_0)/(f/f_0)^{1/3}\)
- **TR**: Twisted ratio \((y/W)\)
- **u**: Velocity component in \(x_i\)-direction, m s\(^{-1}\)
- **u**: Fluctuation velocity in \(x_i\)-direction, m s\(^{-1}\)
- **u\(_0\)**: Mean or uniform velocity in smooth tube, m s\(^{-1}\)
- **W**: Twisted tape width, m
- **x**: Coordinate direction
- **y**: Twisted pitch, m.

**Greek Letters**

- **\(\mu\)**: Dynamic viscosity, kg s\(^{-1}\) m\(^{-1}\)
- **\(\Gamma\)**: Thermal diffusivity
- **\(\epsilon\)**: Dissipation rate
- **\(\rho\)**: Density, kg m\(^{-3}\).

**Subscript**

- **0**: Smooth tube
- **pp**: Pumping power.

**Conflict of Interests**

The authors declare that there is no conflict of interests regarding the publication of this paper.

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