

A mastication mechanism designed for testing temporomandibular joint implants

Ryan J. Frayne^{a,*}, Marvin Schwartz^b and James P. Dickey^a

^a*School of Kinesiology/Faculty of Health Sciences, University of Western Ontario, London, ON, Canada*

^b*4iBio, Pickering, ON, Canada*

Abstract. The development of temporomandibular joint implants has involved simplified mechanical tests that apply pure vertical forces or pure rotational movements to the implant. The aim of this study was to develop a biological based mastication mechanism and conduct preliminary testing of a novel temporomandibular joint implant. The mechanism was designed to mimic temporomandibular joint loads by performing compression and anterior/posterior translation. Pilot testing was performed on six implant/joint specimens for seven consecutive hours, completing approximately 22,000 cycles at a frequency of approximately 1 Hz. Each cycle had a joint compression phase (67.3 N over 0.15 s) followed by a translation phase (8.67 N over 0.43 s) that was similar to joint loads/motions that have been reported *in vivo*. This new mastication mechanism incorporates both anatomical and mechanical variability. The use of biological specimens is an important approach that can help bridge the gap between traditional synthetic implant materials/mechanical testing and *in vivo* testing.

Keywords: Implant dentistry, mastication, temporomandibular disorders (TMD), mechanical testing, biological specimen testing

1. Introduction

1.1. Background of disease

Temporomandibular joint disorders (TMD) cause a wide range of symptoms. Minor disorders are associated with symptoms of jaw clicking and minor pain [23], while more severe disorders are characterized by permanent disc displacement, interference in jaw opening, myofascial pain, headaches, jaw locking and degenerative joint disease [28, 31]. Surveys have reported that 20–45% of a general population can be affected by some degree of TMD [7, 11, 19]. Few [2 of 19 patients at 1 month and 7 of 19 patients at 6 months post Hyaluronic acid injection; 13] patients fail

to respond to conservative/minimally invasive treatments; however, those individuals that don't respond, require a more invasive treatment strategy [32]. In the most advanced cases of TMD (ankylosis, severe arthritic changes, tumors etc), autogenous implants and custom or predesigned partial or total alloplastic implants are the surgical alternatives for these individuals [12, 21, 26].

1.2. Background on implants

Currently there is no universally accepted implant for TMJ replacement [9], and accordingly new implants are being developed. Past implant failures can be attributed to a lack of a sound scientific approach and inadequate basic research to study the causes of damage [21]. Most TMJ prosthetic solutions, to date, have attempted to follow the orthopedic model of replacement and use man-made materials to replace damaged tissues. The future direction of joint repair

*Corresponding author: Ryan J. Frayne, MSc., Joint Biomechanics Laboratory, School of Kinesiology, Thames Hall 2141, 1151 Richmond Street, The University of Western Ontario, London, ON, N6A 3K7 Canada. Tel.: +1 519 661 2111 ext. 88542; E-mail: rfrayne2@uwo.ca.

is toward joint protection in the form of synthetic meniscal replacements (e.g. alloplastic implants) and bioengineered solutions that use cell growth to replace natural tissues (e.g. autogenous implants). There are positive and negatives to each surgical strategy. An advantage of tissue-engineered implants over synthetic implants is that natural tissues are more likely to be compatible with the existing tissues [29]. Tissue-engineered implants have to be implemented at an earlier stage of disease in order to be effective; while, synthetic implants can be used to treat extensively damaged TMJs [29]. Both styles of implant require more research and in order to test them a more sophisticated testing model (involving biological tissues) needs to be developed that can assess the wear and durability of these new replacement modalities.

1.3. Mechanical testing models

It is difficult to reproduce the exact movements of the TMJ because of its complex nature. Most mechanical tests have been limited to friction loads being applied to the implants about a fixed axis [10, 24, 33]. There have also been some more advanced mechanisms [27]; however, the load timing during the chewing cycle is unclear. The difficulty in physically reproducing TMJ movements has led to the use of finite element models.

1.4. Finite element models

These models are capable of analyzing repetitive complex movements. They have been used to test the stress distribution of the Christensen Implant [20], and the TMJ effects of a tissue-engineered articular disc implant [1]. The later study was validated using a custom designed TMJ force applicator; however, along with other mechanical tests, the applicator was simplified to subjecting a vertical force to the symphysis and both implants [2]. Finite element models have been successfully employed for analyzing and predicting stress fractures [20], as well as predicting service life [6].

1.5. Purpose

The aim of this study was to develop an *in vitro* mastication mechanism, using biological tissues that can test novel synthetic implants and reproduce the physiological movements and forces of the TMJ.

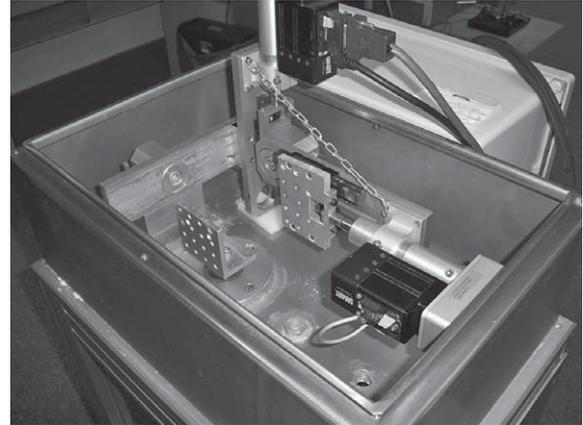


Fig. 1. The mastication mechanism within the fluid basin. The horizontal linear actuator (right) and the compression piston (coming through the bottom of the basin) are attached to the temporal bone and the mandible, respectively.

2. Materials and methods

2.1. Mastication mechanism

The custom-designed mastication mechanism replicated the two most prevalent movements in chewing, protrusion/retrusion and elevation/depression (compression). Protrusion/retrusion was accomplished using an electrical linear actuator (Fig. 1; Smart Motor, Ultra Motion, Cutchogue, NY, USA) that was capable of a total displacement of 50 mm. This movement simulated the translation of the condylar-disc complex along the articular fossa and eminence. There were two linear actuators; one that controlled the horizontal translations of each stroke and another that controlled the vertical placement of the superior portion of the TMJ.

Compression is the principal form of loading in the TMJ [17, 30]. The mastication mechanism used two (air compression) parallel fluidic muscles (Fig. 2; MXAM-40-AA, Festo inc., Mississauga, Ontario, Canada) that lifted a piston upwards to contact the articular fossa. This movement represented the loading during the elevation/occlusal phase of the chewing cycle. The maximum force capacity of the muscles was 6000 N. A 27 gallon air compressor was used to supply air compression to the fluidic muscles. Quick-exhaust valves (SE-3/8-B, Festo Inc., Mississauga, Ontario, Canada) at the base of the fluidic muscles increased the pneumatic discharge flow rate and effectively increased the frequency of the chewing cycles.

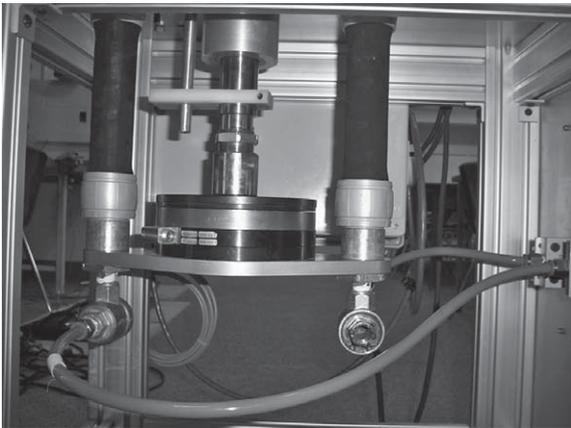


Fig. 2. The compression apparatus of the mastication mechanism. Two fluidic muscles are on either side of a pneumatic piston. The piston passes through a bushing at the bottom of the basin. Attached below the piston is a 6 degree load cell.

In order to minimize applied moments, the center of the TMJ joint (articular fossa) was placed in line with the horizontal linear actuator axis and the vertical actuator axis. A six-axis load cell (ATI Omega 160, Apex, NC, USA) was positioned in series with the piston to measure the forces acting on the mandibular condyle (Fig. 2).

The movement of the translational linear actuator was controlled by a programmable logic controller (PLC; Micro Logix 1100, Rockwell Automation, Inc., Milwaukee, Wisconsin, United States of America). The PLC also controlled the timing and sequencing of the air compression valves and pauses between the protrusion/retrusion and elevation/depression movements.

The TMJs were attached to the mechanism via threaded aluminum plates that attached to the linear actuator and the compression piston. The temporal bone was attached to the mobile end of the linear actuator by bolting through the zygomatic arch (Fig. 3). The mandible attachment was similar to the temporal attachment, but used an L-shaped aluminum plate that butted to the end of the compression piston (Fig. 1).

The specimen was kept moist throughout testing by using a saline solution bath (Dulbecco's phosphate buffered saline without calcium or magnesium, MP Biomedicals, LLC, Solon, Ohio, USA). The solution was constrained around the specimen by a sac made from a piece of pure gum rubber (60 cm by 60 cm and 3.2 mm thick). The laxity in the sac enabled motion of the jig without interference.

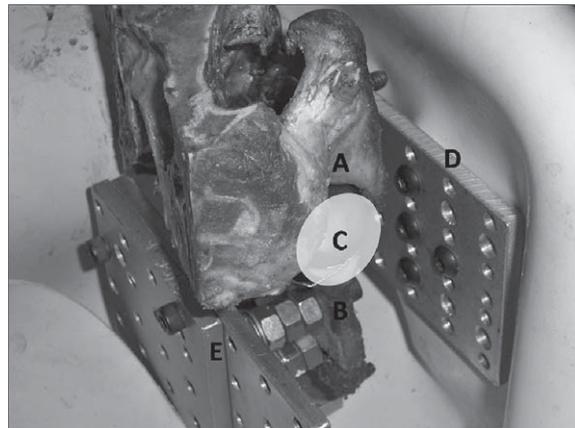


Fig. 3. A swine specimen sitting within the mechanism. (A) The temporal portion of the skull, with the temporal fossa located directly below the "A". (B) The mandible with the mandibular condyle located at "C". (C) The location of the implant. (D) The bracket that attaches to the temporal portion of the skull through the zygomatic arch. The active end of the horizontal linear actuator (Fig. 1) attaches to the other side of this bracket. (E) This bracket attaches to the mandible and was fastened on top of the compression piston (Fig. 1). Surrounding the attachment plates and specimen is the pure gum rubber sac that confined the saline bath during testing.

2.2. Study design

In this experiment swine TMJ specimens were used because of their similarities to human joints [8, 15]. The swine TMJs were extracted from heads obtained from the University of Guelph Abattoir (Guelph, Ontario, Canada). We used fully mature specimens to ensure complete development of the temporomandibular bones.

The mastication mechanism applied a chewing frequency of approximately 1 Hz. The mechanism ran for seven continuous hours resulting in 21,672 loading cycles, representing approximately two months of clinical use [27]. A translational distance of 5 mm and a compression force of approximately 60–70 N were used to mimic swine masticatory biomechanics based on predictions for a detailed analytical model of porcine chewing [22]. This model incorporated representations of six bilateral pairs of muscles activated using recorded electromyographic amplitudes and patterns from *in vivo* pig chewing.

In order to assess the mechanism's variability, the following data were collected and calculated: the average compression force and time, the average translational force and time, and the average mastication cycle frequency.

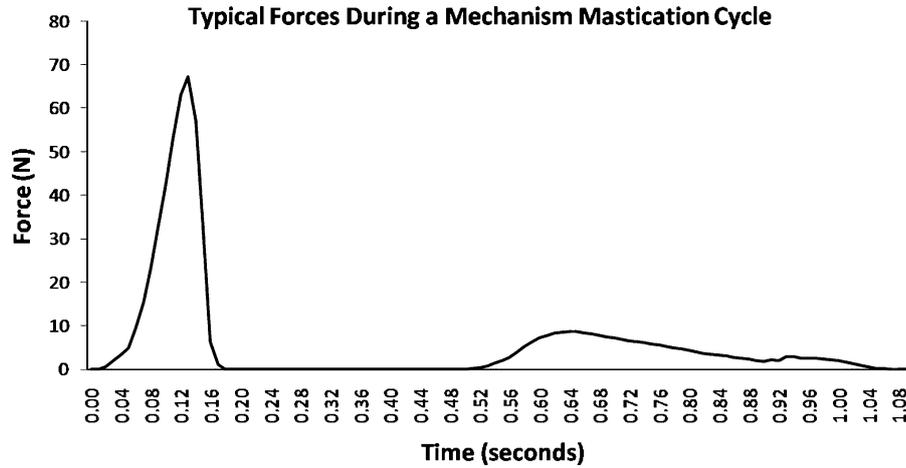


Fig. 4. Schematic of the mastication mechanism's chewing cycle. Zero force signifies no contact between the implant and the articular eminence/fossa. The prolonged loading following the translational phase is due to forces from the condyle sliding along the slope of the eminence. The amount of contact between the implant and superior structures depends on the slope of the eminence, size and shape of the condyle, etc.

3. Results

The testing jig successfully applied a load/motion profile that simulated normal swine chewing. The average frequency of the mastication mechanism was 0.92 Hz (± 0.03 Hz; Fig. 4). The compression phase had an average duration of 0.15 s (± 0.005 s); the average peak compression force was 67.29 N (± 11.31 N). The translational phase had an average duration of 0.428 s (± 0.045 s); the average peak vertical force during the translational phase was 8.67 N (± 1.13 N). The pauses between movements were an additional 0.51 s (± 0.071 s).

4. Discussion

We developed a new bio-mimetic mechanical mastication mechanism based upon a biologic tissue environment. It was successfully used to perform wear testing of a novel temporomandibular joint implant. The magnitude and timing of the applied forces resemble data from previous *in vivo* [14, 18] and computational models [22]. The chewing frequency we recorded (0.92 Hz) approximates that of human mastication [~ 1 Hz; 4]. The average duration of the compression phase (0.15 s) closely resembles the computer model [0.12–0.15 s; 22] and swine *in vivo* measurements [0.033–0.167 s; 14]. The average compression force (67.29 N) was similar to the computational model [~ 60 N; 22]. *In vivo* load-

ing, like our mastication mechanism, demonstrates variability between compression forces in chewing cycles.

This mechanism is capable of re-creating the masticatory biomechanics of a variety of species because of its versatility. The air compression valves can be adjusted to produce larger or smaller compression forces. The chewing frequency of the mastication mechanism can be controlled by adjusting the pauses between each cycle and between the cycle's movements (compression then translation). Finally, the translational distances can be adjusted using the programmable logic controller, where any translation up to 50 mm can be accomplished.

The jig was stopped periodically through the testing to inspect the joint and implant surfaces for damage. The adjustment range of the vertical and horizontal linear actuators enabled quick and efficient exposure of the implant/joint. The rubber sac effectively enabled the joint to be submerged in a saline environment during the cyclic loading, but the sac could be adjusted to lower the fluid level below the height of the mandibular condyle in order to clearly view and photograph the implant and joint.

Our experimental tests utilized fully mature sow heads since several studies have reported that pigs are the best animal model for the human TMJ [3, 8, 16]. Swine and humans have similar TMJ function which is the presumed reason why their anatomy is similar [16]. Fully mature specimens ensured complete development of the temporomandibular bones

and thinner articular cartilage compared to immature specimens. If we had used immature specimens, with bones that were not fully calcified, then structural support beneath the implant may have been reduced which would not be relevant to the intended application in humans.

4.1. Limitations

The adjustment capacity of the compression forces and the translational distances represent a considerable advantage over other mechanisms. This mastication mechanism is capable of more accurately mimicking the *in vivo* biomechanics of various species; however, certain movements will directly relate to the maximum possible chewing frequency of the mechanism. For example, as the translational distance increases, the amount of time that is required in order to complete one chewing cycle increases. The compression phase has a short duration; accordingly it can occur at a higher frequency, closer to that of swine. The translations require more time since our linear actuator had a relatively low maximum velocity. Therefore, in our mechanism, the translations were the biggest factor limiting the chewing frequency to a maximum of ~ 1.2 Hz. This limited chewing frequency does not accurately match the swine chewing frequency [~ 3 Hz; 18] and it also reduces the total number of chewing cycles in a given amount of time. The use of biologic tissues offers advantages because it incorporates the biological variability between TMJ's; however, the testing duration is limited due to degradation of the specimens. All *in vitro* studies with biological specimens test for a somewhat limited amount of time and therefore describe a rather limited number of loading cycles compared to *in vivo* joints.

Compressions and translations are the primary movements of the mandible. In swine, these movements have a rotational component [~ 15 – 20 degrees; 5] that allow the jaw to depress farther. In our mechanism the temporal portion translated perpendicular to the compression forces without any rotation. As a result, the mandibular condyles had a smaller contact area with the articular eminence and fossa than if they had a concurrent rotation. This mechanism was a preliminary step at bridging the gap between traditional synthetic implant testing and *in vivo* testing. Future work with this mechanism should focus around more accurately mimicking all the stages of masticatory biomechanics.

4.2. Future work

Our current testing approach represents a worst-case scenario (high loads and small contact area); however, future work with this mechanism should focus on adding a rotational component during mandibular depression and elevation movements. Rotations would increase the range of contact area between the implant and the articular eminence/articular fossa, resulting in a higher surface area abrasion. Further research with this mechanism will involve the addition of a rotational component, as it is an essential movement for the TMJ. In addition, incorporating actuators with higher linear velocities would enable higher chewing frequencies. This would give us the capability to mimic species with higher chewing frequencies, such as swine [18]. These changes would increase the biologic fidelity of the mastication mechanism and are important in the refinement of the apparatus. The ideal next step for testing would be to validate our mechanism by applying strain gauges on the condylar neck of the specimens and comparing the experimental data to published strain data from *in vivo* animals chewing [25].

5. Conclusion

This newly designed mastication mechanism is capable of applying chewing profiles to implants/joint specimens. The main advantage of this mechanism is the ability to adjust forces and times for both translational and compression movements. A secondary benefit includes the ability to incorporate biological variability. This mechanism design bridges the gap between traditional synthetic implant materials/mechanical testing and clinical trials. It will benefit the field of TMJ implantation the most if this mechanism and others like it are applied prior to *in vivo* research. The future of advanced clinical joint care will involve bio-mimetic solutions, such as this mechanism, that can properly test the efficacy of developing implants and accurately decrease the risks to the patient.

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