Research Article

Study of the Stability Control of the Rock Surrounding Double-Key Strata Recovery Roadways in Shallow Seams

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1. Introduction

The Shenfu and Dongsheng coalfields are the largest distribution areas of shallow seams in China. The occurrences of coal seams in this area present obvious features of shallow mining depths, thin bedrock, and thick unconsolidated strata [1, 2]. Many production practices show that the rock pressure in shallow coal seam faces is extremely high and roof falling and support crushing accidents are likely to occur [3–6]. The dynamic rock pressure is more obvious when mining under the short-distance gob of shallow seams [3, 7, 8]. In recent years, the mines in the Shenfu coalfield have generally been in a state of high-strength mining due to the excellent geological conditions and the renewal of mining equipment. The mining speed and replacement frequency of the working face have been significantly accelerated. Acceleration of the mining speed will reduce the development time of bedrock roof fractures, resulting in a significant increase in the first weighting interval and the periodic weighting interval. The migration law of the roof is more complex for double-key strata (DKS) faces, and intermittent periodic weighting typically occurs [9]. The stability control of the rock surrounding recovery roadways is key to realizing rapid equipment extraction. If the layout and support method of the recovery roadway are unreasonable, roof falling and support crushing accidents are likely to occur, as shown in Figure 1.
This paper took the 1209 working face of the Fengjiata coal mine as the research object. The reasonable application of pressure relief technology was discussed based on the law of periodic weighting on the roof of the DKS. Considering the influence of the eroded area on the roof structure, four roof mechanics models of the DKS were established. The reasonable working resistances of the support during pressure relief and equipment extraction were calculated, improving the support design of recovery roadways and extraction schemes. Based on the above research results, the numerical simulation method was used to verify the surrounding rock control effect of the improved support design for the recovery roadway and extraction scheme.

2. Geological Setting

The Fengjiata coal mine, which is located in the east of Fugu County, is a low-gas mine. The geographical location of the mine is shown in Figure 2. The #2 coal seam is the main mining coal seam in this mine. The occurrence characteristics and mechanical properties of the coal stratum are shown in Figure 3 and Table 1. The DKS structure is present in the roof of the #2 coal seam according to the identification method of the key stratum position [10, 11].

The 1209 working face is located in the #2 coal seam. The trend length and strike length of the working face are 240 m and 1,992.5 m, respectively. The design cutting height is 3 m, and the regular circulation footage is 0.8 m. The gob roof is treated by a caving method. As shown in Figure 2, there is an eroded area in the coal to be mined. The coal seam in the eroded area is seriously eroded, and the thinnest part of the coal seam is only 1.4 m. Picks can be easily damaged when cut directly because the hardness of the eroded sandstone is relatively high. Considering various factors, such as the fault and gangue rate, rearrangement of the open-off cut was implemented. The location of the terminal line shown in Figure 2 is used to maximize the exploitation of coal resources. In the eroded area on the right side of the terminal line, the coal body is eroded to a lesser degree.

3. Pressure Relief Technology

Only a caving zone and a fracture zone exist above the longwall gob of shallow seams [10, 12–15]. Fractures develop directly toward the ground surface and cause movement and deformation [5, 16–18]. Figure 4 shows the characteristics of periodic weighting in the 1209 working face, illustrating that there is an obvious intermittent periodic weighting phenomenon. The average value of the weak periodic weighting interval is 16.7 m, and the average value of the strong periodic weighting interval is 39.7 m. For the roof of the DKS structure, the working face will appear as weak periodic weighting when the subkey stratum (SKS) is broken and the primary key stratum (PKS) is stable. At that time, the strength of the periodic weighting is relatively low because the PKS obstruct the transmission of the overburden load. When the PKS is broken, the instability load acts on the SKS, which causes the DKS to break simultaneously. Strong periodic weighting will occur on the working face at this time. The strength of strong periodic weighting is significantly higher than that of weak periodic weighting [19].

A reasonable space-time relationship between the breaking position of the DKS and the recovery roadway is critical for realizing the low-stress extraction of equipment. Pressure relief technology is based on the time effects of fracture development by controlling the advancing speed of the working face to promote the occurrence of strong periodic weighting. Thus, the rock pressure accumulated in the roof before the layout of the recovery roadway is released effectively.

3.1. Application Conditions of Pressure Relief Technology

The application location of pressure relief technology is determined based on the location of the terminal line. As shown in Figure 5, the reasonable location of pressure relief (RLPR) is as follows:

\[ D = d_1 + d_2 + d_3 \leq kL_1, \]  

where \( D \) is the distance between the RLPR and the terminal line; \( d_1 \) is the width of the weighting area, which is generally 3 times the regular circulation footage according to engineering experience; \( d_2 \) is the reserve safe distance, which is generally the regular circulation footage; \( d_3 \) is the sum of the width of the recovery roadway and the support; \( L_1 \) is the weak periodic weighting interval; and \( k \) is the safety factor that ranges from 0.4 to 0.6. In this paper, the default value of \( k \) is 0.6.
Pressure relief technology has certain applicable conditions. The technology should be applied reasonably according to the roof conditions and the law of periodic weighting.

1. Strong periodic weighting appears in advance when the working face advances to a position closer to the RLPR. At that time, there is no need to apply pressure relief technology. The recovery roadway can...
be arranged after the working face through the weighting area.

(2) The DKS typically occur during strong periodic weighting when the working face advances to the RLPR. At that time, the working face stops advancing, and pressure relief technology should be applied. The working face continues to advance through the weighting area after indications of periodic weighting appear.

(3) The DKS remain stable when the working face advances to the RLPR. At this point, even if the working face stops advancing for a long period, no strong

<table>
<thead>
<tr>
<th>Rock formations</th>
<th>Density (kg·m⁻³)</th>
<th>Friction angle (°)</th>
<th>Tensile strength (MPa)</th>
<th>Shear modulus (GPa)</th>
<th>Bulk modulus (GPa)</th>
<th>Cohesion (MPa)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unconsolidated stratum</td>
<td>1760</td>
<td>20</td>
<td>0.1</td>
<td>0.0071</td>
<td>0.0125</td>
<td>0.019</td>
</tr>
<tr>
<td>Coarse sandstone</td>
<td>2586</td>
<td>43</td>
<td>11.5</td>
<td>14.0</td>
<td>18.0</td>
<td>3.8</td>
</tr>
<tr>
<td>Mudstone</td>
<td>2545</td>
<td>30</td>
<td>1.8</td>
<td>2.8</td>
<td>4.3</td>
<td>0.7</td>
</tr>
<tr>
<td>Pelitic siltstone</td>
<td>2540</td>
<td>35</td>
<td>1.0</td>
<td>1.6</td>
<td>2.7</td>
<td>2.0</td>
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<tr>
<td>Peat mudstone</td>
<td>2699</td>
<td>39</td>
<td>2.5</td>
<td>2.8</td>
<td>2.9</td>
<td>1.4</td>
</tr>
<tr>
<td>Medium coarse sandstone</td>
<td>2590</td>
<td>36</td>
<td>6.0</td>
<td>22.0</td>
<td>18.7</td>
<td>12.1</td>
</tr>
<tr>
<td>Silty mudstone</td>
<td>2500</td>
<td>32</td>
<td>1.0</td>
<td>1.0</td>
<td>2.0</td>
<td>2.8</td>
</tr>
<tr>
<td>#2 coal seam</td>
<td>1380</td>
<td>32</td>
<td>0.5</td>
<td>2.3</td>
<td>5.0</td>
<td>1.3</td>
</tr>
<tr>
<td>Medium sandstone</td>
<td>2530</td>
<td>29</td>
<td>2.0</td>
<td>4.7</td>
<td>7.5</td>
<td>7.5</td>
</tr>
<tr>
<td>#3 coal seam</td>
<td>1390</td>
<td>28</td>
<td>0.5</td>
<td>2.3</td>
<td>5.0</td>
<td>1.0</td>
</tr>
<tr>
<td>Pelitic siltstone</td>
<td>2650</td>
<td>38</td>
<td>1.8</td>
<td>4.9</td>
<td>10.8</td>
<td>2.8</td>
</tr>
</tbody>
</table>

**Table 1: Physical and mechanical parameters of the coal stratum.**

**Figure 4: Working resistance curve of the support.**

**Figure 5: Location model of pressure relief.**
blocks advancement of the support because of its poor stability. (II) shown in Figure 6. (I) fQ_ he immediate roof caves with the immediate roof; (II) fQ_ the ratio of the thickness to the length of the uniaxial compressive strength of siltymudstone is 33.4 MPa. fQ_ he height of the caving zone can be cal-
culated by a statistical regression formula (2).

K1 = \left[ 1 - \frac{b_2}{b_1 \sin \beta} \cos (\beta - \theta_1) + \frac{(l/2) \cos \theta_1}{(h_2 / \sin \beta) \sin (\beta - \theta_1) - m + 0.3 h_1 \tan \phi_1} \right], \quad (4)

K2 = 2 \left( \frac{L_2 \cot (\beta + \phi_1)}{2 (h_4 - m + 0.3 h_1)} \right), \quad (5)

where \( \beta \) is the breaking angle of the key stratum and \( \phi_1 \) is the friction angle between the blocks. Therefore, \( R_1 \) and \( P_1 \) can be calculated by using the following formulas, respectively:

\[
P_1 = \frac{L_2 \cot (\beta + \phi_1) + (h_2 / \sin \beta) \cos (\beta - \theta_1) + (l/2) \cos \theta_1}{2 (h_4 - m + 0.3 h_1)} P_1, \quad (6)
\]

\[
P_2 = \frac{L_2 \cot (\beta + \phi_1)}{2 \tan \phi (1 - \sin \varphi)}, \quad (8)
\]

where \( b \) is the width of the support; \( \gamma_2 \) is the bulk density of the PKS; and \( \gamma_3 \) is the bulk density of the weak strata.

The load transfer coefficients of the bench beam structure and the voussoir beam structure are calculated by the following formulas [9, 27, 28]:

\[
P_m = R_1 + R_2. \quad (3)
\]

The load transfer coefficients of the bench beam structure and the voussoir beam structure are calculated by the following formulas [9, 27, 28]:

\[
P_m = \frac{L_2 \cot \left( \beta + \phi_1 \right)}{2 \tan \phi (1 - \sin \varphi)}, \quad (8)
\]

where \( \gamma_4 \) is the bulk density of the PKS; \( \gamma_5 \) is the bulk density of the unconsolidated stratum; \( h_3 \) is the thickness of the unconsolidated stratum; and \( \varphi \) is the internal friction angle of the unconsolidated stratum.

The reasonable working resistances of the supports outside and inside the eroded area are calculated using the following formulas, respectively.
The 1209 working face was equipped with 141 ZY9500/17/35D-type supports. The length $L_b$ and width $b$ of the support beam are 4.5 m and 1.75 m, respectively. The lengths of block $B_1$ and block $B_2$ are 17.5 m and 36 m, respectively, after pressure relief. The rotation angle of a block in a shallow seam is generally in the range from 4° to 6°. Suppose that the value of $\theta_1$ is 4°. Referring to the research results of Huang et al., the breaking angle $\beta$ of the key stratum is 90° and the friction angle $\varphi_1$ between blocks is 44.3° [9]. From Figure 3 and Table 1, the loads $P_m$ on the support outside and inside the eroded area are calculated to be 4,807.6 kN and 10,022.3 kN, respectively. This figure shows that the yield load of the support inside the eroded area is somewhat low. Roof falling and support crushing are prone to occur inside the eroded area during pressure relief. Therefore, individual hydraulic props are installed on both sides of the hydraulic support as reinforcement (https://www.sciencedirect.com/science/article/pii/S1350630717304120?via%3Dihub). Table 3 lists the parameters of the individual hydraulic props. The support resistance of the support was raised to approximately 10,100 kN.

### Table 2: Values of the coefficients $C_1$ and $C_2$ for various stratum strengths.

<table>
<thead>
<tr>
<th>Type of immediate roof</th>
<th>Uniaxial compressive strength (MPa)</th>
<th>$C_1$</th>
<th>$C_2$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strong and hard</td>
<td>&gt;40</td>
<td>2.1</td>
<td>16</td>
</tr>
<tr>
<td>Medium strong</td>
<td>20~40</td>
<td>4.7</td>
<td>19</td>
</tr>
<tr>
<td>Soft and weak</td>
<td>&lt;20</td>
<td>6.2</td>
<td>32</td>
</tr>
</tbody>
</table>

$\Sigma h$ is the height of the caving zone, and $m$ is the mining height.

![Figure 6](image-url)  
*Figure 6: Mechanical model of the roof after pressure relief. (a) Outside the eroded area. (b) Inside the eroded area.*
Improvement of the Support Design

Resin mesh is laid on the working face after strong periodic weighting. The shearer cuts the coal wall to arrange the recovery roadway after the working face passes through the weighting area. The initial support design determined by analogous experience is shown in Figure 7.

The original plan was to unidirectionally extract the supports from the haulage entry after the initial support design was completed. However, the actual application effect of the plan for the 1208 working face was not satisfactory. The deformation of the surrounding rock of the recovery roadway was large, which affected normal extraction. Thirty-two days were required to complete all extraction tasks for the 1208 working face.

The initial support parameters and extraction technology were improved as follows:

1. Considering the low support efficiency and time-consuming construction of the rockbolts near the gob, four wire ropes were used instead of five rows of rockbolts near the gob, saving 194 hours of work time.

2. According to past experience, the support can be successfully extracted when the width of the recovery roadway is half the length of the support. The length of 6.92 m. Considering that the regular circulation footage is 0.8 m and the space of a certain width should be reserved, the width of the recovery roadway was changed from 5 m to 4.2 m.

3. The length of the rockbolt was changed from 2.2 m to 2.5 m to enhance the roof support. The depth of the anchored bedrock was increased, and the roof stability was enhanced.

4. The supports were bidirectionally extracted from the middle of the recovery roadway.

Table 3: Technical parameters of individual hydraulic props.

<table>
<thead>
<tr>
<th>Type</th>
<th>Height (m)</th>
<th>Setting load (kN)</th>
<th>Yield load (kN)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DZ35-30/110Q</td>
<td>2.7~3.5 m</td>
<td>144~188</td>
<td>300</td>
</tr>
</tbody>
</table>

4.2. Reasonable Working Resistance of the Supports

The extraction technology of the longwall face is mainly divided into shearer driving roadway technology and predriven roadway technology. The traditional shearer driving roadway technology is mainly applied to mines with limited funds and geological conditions and has the disadvantage of a long extraction cycle. Predriven roadway technology also has obvious shortcomings, such as relatively large work quantities, high maintenance costs, and a high roof fall likelihood when crossing the predriven roadway. At present, this technology is mainly used in mines with simple geological conditions in the Shandong mining area. Most mines in China still apply shearer driving roadway technology. The roof of the recovery roadway is supported by the coal wall-supporting structure-hydraulic support-gob (CSHG) structure as a whole. Therefore, the design of the support parameters and the reasonable working resistance of the supports should be studied to achieve rapid and safe extraction.

where $L_k$ is the sum of the widths of the recovery roadway and the support.

According to the improved support design, $L_k$ is 11.1 m and $D$ is 13.5 m. The calculated $P_z$ values are 3970.8 kN and 4764.6 kN, respectively. Considering that the actual efficiency of the supports is 0.9, the reasonable working resistance of the support is no less than 5294 kN. The ZY9500/17/35D-type support can meet the requirements for roof control.

5. Numerical Simulation of Surrounding Rock Control

Considering the influence of the eroded area on the recovery roadway, the working face model was established using FLAC3D software, as shown in Figure 10. The X direction of the model was the advancing direction of the working face, and the Y direction was the layout direction of the working face. Modeling was completed to the ground surface in the Z direction. The blocks in the study area were finely divided with a size of 0.4 m × 0.8 m × 0.5 m. An M-C constitutive
model was employed, and five sections were laid along the working face.

Based on compaction theory, the constitutive model of the gob was established using the FISH language [29–31]. The initial mechanical parameters of the gob are shown in Table 4. The modulus and strength of the caved rock mass in the gob increased continuously under the action of the overlying load. The vertical strains of all zones in the gob were monitored because there is a functional relationship between the bulk modulus and the vertical strain. The bulk modulus of the gob was updated continuously according to the vertical strains induced during roof convergence, and the gob recovered vertical stress also changed spontaneously.

The gob-recovered vertical stress compares well with that of the Salamon model, as shown in Figure 11. The numerical simulation results are consistent with the
Figure 9: Mechanical model of the roof during the extraction of supports. (a) Outside the eroded area. (b) Inside the eroded area.

Figure 10: Numerical model of the working face.
theory, and the constitutive model of the gob is reasonable.

A constitutive model of the support was established at the same time. Figure 12 is a model of a single support, wherein the roof above the face width is supported by upwardly applied grid forces. The resultant force of the grid force is the working resistance of a support. The working characteristics of the grid force are determined based on the characteristic curve of the support. The setting load of the grid force is considered to be 60% of the yield load. The grid force enters a constant stage when the vertical displacement of the grid point reaches 0.2 m. The vertical displacement-grid force curve of a grid point is monitored, as shown in Figure 12. The working resistance of the support can be reasonably exerted.

5.1. Simulation of Pressure Relief. After the working face was advanced to the RLPR in the model, the equilibrium state was calculated to examine the pressure relief technology. The plastic zone distribution of five sections was obtained after pressure relief, as shown in Figure 13. We added the symbol of support in Figure 13 to visualize the pressure relief. There is no plastic zone in the gob because the elastic model was used to establish the constitutive model of the gob. Shear-tension failure occurs in the PKS due to the load of the unconsolidated stratum. Shear failure along the coal wall occurs in the SKS and weak strata under the superposition of the instability load of the PKS and the load of the unconsolidated stratum. The numerical simulation results show that the DKS will be broken simultaneously after pressure relief.

Table 4: Numerical simulation parameters of the gob.

<table>
<thead>
<tr>
<th>Bulk modulus (MPa)</th>
<th>Shear modulus (MPa)</th>
<th>Density (kg·m⁻³)</th>
<th>Friction angle (°)</th>
<th>Cohesion (MPa)</th>
<th>Tensile strength (MPa)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.497</td>
<td>0.298</td>
<td>1800</td>
<td>5</td>
<td>0.001</td>
<td>0</td>
</tr>
</tbody>
</table>

Figure 11: Relationship between the vertical stress and vertical strain.

5.2. Simulation of the Support Design for the Recovery Roadway. The recovery roadway was arranged according to the terminal line after pressure relief. A linear element was used to simulate the linking effect of the resin mesh and steel beams. A cable element was used to simulate the anchor cables and rockbolts. The wire rope was not simulated in the model. A node-node connection was established between the structural elements to achieve a combined support effect. The mechanical parameters of the structural units are shown in Table 5. Numerical models for the two kinds of supporting design are shown in Figure 14. The excavation of the model and the installation of the supporting structure are consistent with the actual construction process.

Figures 15 and 16 show the distribution of the plastic zone and the roof subsidence curves, respectively, after the two kinds of support designs were simulated.

Several conclusions can be drawn from the results: (I) The lithology of the immediate roof is weak, and plastic failure occurs during the simulation of roadway support. At that time, the DKS remain stable. (II) More time steps were calculated in the initial support design because of the complexity of construction. Therefore, the plastic zone distribution and the roof subsidence of the initial support design are higher than those of the improved support design. (III) The difference between the roof subsidence curves is largest outside the eroded area. The roof subsidence of the recovery roadway is close to the fulcrum of the roof rotation and is small due to the tensile properties of the anchor cable. The roof subsidence above the face width increased monotonically. The roof subsidence after the face width is the largest due to the weak supporting strength and the distance from the fulcrum of the roof rotation. (IV) The plastic zone distribution and roof subsidence in the eroded area are lower than those outside the erosion zone.

5.3. Simulation of the Surrounding Rock Control Effect during the Extraction of Equipment. After the recovery roadway was arranged, the following three schemes were proposed...
Figure 12: Numerical model of the grid force.

Figure 13: Plastic zone distribution of the five sections. (a) I-I. (b) II-II. (c) III-III. (d) IV-IV. (e) V-V.

Table 5: Mechanical parameters of rockbolts and cables.

<table>
<thead>
<tr>
<th></th>
<th>Elastic modulus (GPa)</th>
<th>Cross-sectional area (m²)</th>
<th>Tensile strength (MPa)</th>
<th>Stiffness of anchorage agent (GPa)</th>
<th>Cohesion of anchorage agent (MN/m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rockbolts</td>
<td>20</td>
<td>0.000314</td>
<td>250</td>
<td>5.35</td>
<td>0.42</td>
</tr>
<tr>
<td>Flank rockbolt</td>
<td>20</td>
<td>0.0002</td>
<td>200</td>
<td>5.35</td>
<td>0.42</td>
</tr>
<tr>
<td>Cables</td>
<td>200</td>
<td>0.000248</td>
<td>1900</td>
<td>5.35</td>
<td>0.42</td>
</tr>
<tr>
<td>Resin mesh</td>
<td>0.0065</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>–</td>
</tr>
</tbody>
</table>

Figure 14: Continued.
in the model: (I) bidirectionally extract the supports from the middle of the roadway after applying the improved support design (Scheme 1), (II) bidirectionally extract the supports from the middle of roadway after applying the initial support design (Scheme 2), and (III) unidirectionally extract the supports from the haulage entry after applying the initial support design (Scheme 3).

As shown in Figure 17, the support extraction process is divided into three stages. The number of time steps of unidirectional extraction is twice that of bidirectional extraction when the same number of supports is extracted. The extraction of supports was simulated by canceling the grid force applied to the grid point.

To qualitatively analyze the surrounding rock control effect of the three schemes, 20 time steps were calculated in the model in accordance with the extraction of a support. In Stage 1 of Schemes 1 and 2, 200 time steps were calculated, and 400 time steps are calculated in Scheme 3. The plastic zone distribution and the roof subsidence curve are shown in Figures 18 and 19, respectively.

The following conclusions can be drawn: (I) The roof subsidence of each section in Scheme 1 is the smallest, followed by that in Scheme 2 and then that in Scheme 3. (II) In Schemes 1 and 2, the roof subsidence of section II-II is the largest, while in Scheme 3, the roof subsidence of section I-I is the largest. (III) Penetrating plastic damage occurs in the 

Figure 14: Numerical models for two kinds of support designs. (a) Initial support design. (b) Improved support design.

Figure 15: Plastic zone distribution of the two support parameter designs. (a) I-I. (b) II-II. (c) III-III. (d) IV-IV. (e) V-V.
Figure 16: Roof subsidence curves of the two support designs. (a) Initial design. (b) Improved design.

Figure 17: Schematic diagram of the two extraction processes. (a) Unidirectional extraction process. (b) Bidirectional extraction process.
SKS of section II-II. The concentrated area of rock pressure is still located in the middle of the recovery roadway. However, the stability of the surrounding rock is enhanced due to its proximity to the eroded area. In Stage II of Schemes 1 and 2, 600 time steps are simulated, and in Scheme 3, 1,200 time steps are simulated. The plastic zone distribution and roof subsidence curve are shown in Figures 20 and 21, respectively.

Figure 18: Plastic zone distribution of Stage I. (a) I-I. (b) II-II. (c) III-III. (d) IV-IV. (e) V-V.
The following conclusions can be drawn: (I) The difference in the roof subsidence curves in the area where the support has been extracted is reduced. (II) The roof subsidence of section II-II near the recovery roadway increases significantly in Schemes 1 and 2. (III) The roof subsidence rate is accelerated because the supporting intensity behind the support is low in section II-II of Scheme 1. (IV) The surrounding rock control effect of Scheme 1 is the best in Stage II.

In Stage III of Schemes 1 and 2, 1,200 time steps are simulated, and in Scheme 3, 2,400 time steps are calculated. The plastic zone distribution and roof subsidence curve are shown in Figures 22 and 23, respectively.

After Stage III, most of the supports in the recovery roadway have been extracted. At this time, the following conclusions can be drawn: (I) In Schemes 2 and 3, significant plastic damage is observed in the DKS and the weak strata. However, the stability of the PKS is not significantly affected in Scheme 1. (II) The roof subsidence of Scheme 3 is still significantly higher than those of the other schemes. (III) The roof subsidence of section I-I in Scheme 1 is lower than that in Scheme 2.

After comprehensively evaluating the control effect of the surrounding rock, Scheme 1 is applied to the construction site of the recovery roadway in the 1209 working face.

6. Engineering Applications

Considering that the immediate roof will fall when the support underneath is extracted, wooden cribs are usually arranged to support the immediate roof, which ensures the smooth extraction of adjacent supports. As shown in Figure 24, the field application shows that the surrounding rock control effect of Scheme 1 is ideal, and
there is no roof falling or support crushing. Only 14 days were required from laying the resin mesh to extracting all the supports. Compared with that of the 1208 working face, the extraction time was shortened by 18 days, representing 1.07 million RMB in savings. Thus, this method realizes the safe, economical, and rapid extraction of equipment.
Figure 21: Roof subsidence curves of Stage II. (a) Scheme 1. (b) Scheme 2. (c) Scheme 3.
Figure 22: Plastic zone distribution of Stage III. (a) I-I. (b) II-II. (c) III-III. (d) IV-IV. (e) V-V.

Figure 23: Continued.
7. Conclusions

This paper mainly studied the stability control of the rock surrounding DKS recovery roadways in shallow seams. The principle and application conditions of pressure relief technology are introduced. The reasonable working resistances of the supports outside and inside the eroded area during pressure relief and equipment extraction were calculated. The support design of the recovery roadway and extraction scheme was improved. The main conclusions are as follows:

(i) Strong periodic weighting in the DKS is necessary before the extraction of equipment to release the accumulated rock pressure in the roof. The pressure relief technology should be reasonably applied based on the roof conditions and the periodic weighting law.

(ii) The yield load of the support inside the eroded area is somewhat low during pressure relief. Therefore, the strengthening support scheme of installing individual hydraulic props on both sides of hydraulic support is proposed.

(iii) The roof of the recovery roadway is supported by the CSHG structure. The reasonable working resistance of the support is no less than 5,294 kN during the extraction of equipment. The support design of the recovery roadway was improved based on the time effects of plastic zone development. The numerical simulation results showed that the development range of the plastic zone in the surrounding rock and the roof subsidence was reduced after the improved support design was applied.

(iv) The control effects of the surrounding rock in three extraction schemes were simulated based on the constitutive model of the gob and the support. The results show that the surrounding rock control effect of Scheme 1, which combined the improved support design and the bidirectional extraction of equipment, is the best. Engineering application shows that Scheme 1 realizes the safe, economical, and rapid extraction of equipment.

Therefore, the key to stability control of the rock surrounding DKS recovery roadways in shallow seams is ensuring that the support has a reasonable working resistance,
enhancing the supporting efficiency of the roadway, and speeding up the extraction of equipment.

**Data Availability**

Some data used to support the findings of this study are included within the article. Other data used to support the findings of this study are available from the corresponding author upon request.

**Conflicts of Interest**

The authors declare that there are no conflicts of interest related to the publication of this manuscript.

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