Research Article

Numerical Simulation of the Thermal-Hydro-Mechanical Characteristics of High-Speed Railway Roadbeds in Seasonally Frozen Regions

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1.Introduction

The coarse-grained fillings and well-graded broken stone widely used in HSR roadbeds are generally regarded as materials with little or no frost heaving. However, field monitoring of the Harbin-Dalian HSR roadbed in seasonally frozen regions of China reveals that frost heaving is commonly present [1, 2]. Hence, a complete understanding of the mechanism of freeze-thaw deformations of HSR roadbeds in cold regions is essential. Currently, the mechanism of freeze-thaw deformations in roadbeds is most often studied inside a laboratory by considering the frost heaving behaviour of unsaturated coarse-grained soil with respect to macroscopic factors such as particle size and grade [3, 4], but the heat and water migration in HSR roadbeds and the variation of their thermal-hydro-mechanical characteristics have seldom been studied.

Due to limitations of the testing conditions and long duration, neither laboratory tests nor field monitoring can completely clarify the freeze-thaw deformations of coarse-grained fillings. Therefore, a thermal-hydro-mechanical numerical model is useful and facilitates an understanding of the mechanism of freeze-thaw deformations of coarse-grained fillings. Typical mechanical models of frozen soil already presented in the literature include a hydrodynamic model [5, 6], a segregation potential model [7, 8], a rigid ice model [9–12], and a thermodynamic model [13]. Based on the classical theory of hydrodynamics, various thermal-
hydro-mechanical coupled models that consider the effects of volumetric strain caused by phase transformations between ice and water that occur in situ and the water migration in soil deformation have been proposed [14–16]. For example, Lai et al. [17] proposed a thermal-hydro-mechanical coupled model of saturated soil in which the ice content function is introduced and the Clapeyron equation is used as the equilibrium condition of the ice/water phase transformation. Similarly, thermal-hydro-mechanical coupled models have been established based on the partial expression of frozen soil components [18, 19]. Also, based on the similarity to frost heaving due to the ice/water phase transformation and the thermal linear expansion of materials, unsaturated thermal-hydro-mechanical frost heaving models have been proposed [20, 21].

In previous studies, thermal-hydro-mechanical models were constructed by considering the Clapeyron equation generally used to describe phase equilibrium conditions. Also, the applicability of the Clapeyron equation under unsteady-state conditions is controversial, and moreover, it cannot distinguish between different soil characteristics such as particle composition, water content, and saturation degree, which are very important for practical engineering. The segregation criterion in the thermal-hydro-mechanical models is often empirical and cannot reach a unified judgment. A practical and realistic thermal-hydro-mechanical coupled model has not been put forward yet, since the existing thermal-hydro-mechanical models are often very complicated and some physical parameters are difficult to be measured. At the same time, previous studies explored moisture migration, frost heaving mechanism, and frost heaving variation of frozen soils in different ways, but most of the existing calculation models have only been verified through laboratory tests. Moreover, few of these consider the variation of the thermal-hydro-mechanical characteristics of HSR roadbeds in seasonally frozen regions, especially those with sunny-shady slopes.

Therefore, based on the hydrodynamic model and the basic theory of elasticity, a unified soil-water characteristic curve (SWCC) is adopted to represent the soil water potential in unsaturated soil. The permeability coefficient related to the volumetric water content is introduced, and the parameter changes due to the water content in unsaturated soil are considered. The specific solid-liquid ratio is used as the coupling equation, and thus, the soil freezing law is looked at from the macroscopic perspective, instead of the microscopic study on the segregation criterion and the ice lens initiation mechanism. Meanwhile, the influence of the transformation of ice into water and water migration on the temperature field is considered, so as to realize the full hydrothermal coupling. The linear expansion coefficient, which is related to the soil temperature and mass of water content, is introduced into the mechanics of porous media equilibrium equation as the coupling equation between the hydrothermal state and the stress-strain relationship. The step function of hydrothermal characteristic parameters for frozen and unfrozen soil is used to accelerate the convergence. Subsequently, the thermal-hydro-mechanical mathematical model for unsaturated soil is constructed. Also, based on the field data of a typical section of the Harbin-Dalian HSR roadbed, a model considering the sunny-shady slope effect is developed and verified. Additionally, the variation of thermal-hydro-mechanical characteristics of HSR roadbeds in seasonally frozen regions is investigated, as well as the variations of the temperature field, moisture field, and deformation field.

The organization of the remaining sections of this article is as follows. In Section 2, the development of the thermal-hydro-mechanical model is presented, followed by an application of the model to the HSR roadbed in Section 3. In this latter section, the achieved results are presented and discussed. In Section 4, a conclusion is made.

2. Development of the Thermal-Hydro-Mechanical Model

In this section, the development of the thermal-hydro-mechanical model is presented.

2.1. Basic Assumptions. In deriving the model, the following basic assumptions were considered:

(1) The moisture migration mainly occurs at the frost front and unfrozen area, while that in the frozen area is negligible.
(2) Moisture migration is only in the form of liquid water. In other words, migration of vapors (i.e., sublimation and condensation of moisture) and moisture evaporation at roadbed boundaries are excluded.
(3) Moisture migration can be described by Darcy’s law.
(4) Soil particles, ice, and water are incompressible substances with constant densities.
(5) The change of solute is neglected, namely, the osmotic pressure caused by concentration difference is neglected.
(6) Soil is an isotropic linear elastic continuum material that is completely consolidated and no account of creep is taken into consideration.
(7) Once the mass of ice content exceeds a critical level, the linear expansion coefficient of soil follows a linear relationship with respect to the mass content of ice.

2.2. Governing Equations

2.2.1. Moisture Migration. According to the principle of mass conservation and Darcy’s law, the governing equation of moisture for unsaturated soil is given as follows [5]:

\[
\frac{\partial \theta_u}{\partial t} + \frac{\rho_i}{\rho_w} \frac{\partial \theta_i}{\partial t} + \nabla \left[ -K(\theta_i) \nabla \psi(\theta_i) \right] = 0,
\]  

(1)

where \(\theta_u\) is the volumetric content of unfrozen water; \(t\) is the time (s); \(\rho_i\) is the ice density \((kg/m^3)\); \(\rho_w\) is the water density \((kg/m^3)\); \(\theta_i\) is the volumetric content of ice; \(K(\theta_i)\) is the permeability coefficient \((m/s)\); and \(\psi\) is the soil water potential.
The soil water potential can be calculated by considering the generalized Clapeyron equation and the hydrodynamic model. Since the Clapeyron equation does not include any soil properties, it is only applicable to a state of phase equilibrium and can hardly measure the ice-water phase pressure. Hence, the soil water potential is calculated by the hydrodynamic model in this study. The soil water potential of unsaturated soil mainly consists of the matrix potential and the gravity potential. By introducing the diffusion coefficient \(D(\theta_u)\), equation (1) can be rewritten as follows:

\[
\frac{\partial \theta_u}{\partial t} + \frac{\rho_w}{\rho _w} \frac{\partial \theta_u}{\partial t} + \nabla [ - D(\theta_u) \nabla \theta_u - K(\theta_u)] = 0, \tag{2}
\]

\[
D(\theta_u) = \frac{K(\theta_u)}{c_m} = \frac{K(\theta_u)}{(\partial \theta_u / \partial \phi^m_p)} = K(\theta_u) \frac{\partial \phi^m_p}{\partial \theta_u}, \tag{3}
\]

where \(D(\theta_u)\) is the water diffusion coefficient in soil \((m^2/s)\); \(K(\theta_u)\) is the soil permeability coefficient related with \(\theta_u\); \(c_m\) is the specific water capacity \((m^3/kg)\); and \(\phi^m_p\) is the matrix potential \((m)\). In most cases, the relation of matrix potential \(\phi^m_p\) and \(\theta_u\) is described by the unsaturated soil-water characteristic curve (SWCC).

**2.2.2. Temperature Field.** Since the temperature field distribution is affected by both the moisture field and ice/water phase transformation, the heat transfer induced by migrating water in the hydrodynamic model cannot be ignored [6]. Considering the effects of migrating water and the ice/water phase transformation on heat transfer in soil, the control equation for frozen soil temperature is given by

\[
C \frac{\partial T}{\partial t} + C_w[-K(\theta_u)\nabla p(\theta_u)]\nabla T + \nabla \left[ - \lambda_0\nabla T \right] + L \rho_w \frac{\partial \theta_u}{\partial t} = 0, \tag{4}
\]

where \(C\) is the soil volumetric heat capacity \((kJ \cdot m^{-3} \cdot ^\circ C^{-1})\); \(T\) is the temperature \((^\circ C)\); \(C_w\) is the volumetric heat capacity of water \((kJ \cdot m^{-3} \cdot ^\circ C^{-1})\); \(\lambda\) is the thermal conductivity \((W \cdot m^{-1} \cdot ^\circ C^{-1})\); and \(L\) is the latent heat of the ice \((kJ/kg)\).

**2.2.3. Stress-Strain Relationship.** In order to simplify the model and according to the basic assumptions, the effect of soil gravity and expansion induced by ice/water phase transformation on soil deformation are considered, but the effects of train loads on soil deformation are neglected. The stress-strain control equation of frozen soils is given by

\[
\nabla \left[ \begin{bmatrix} 1 & -\nu & \nu & 0 & 0 & 0 \\ \nu & 1 & -\nu & 0 & 0 & 0 \\ \nu & \nu & 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 & -2\nu & 2 \\ 0 & 0 & 0 & -2\nu & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix} \frac{\partial^2 \theta_u}{\partial x^2} \right] - D = \frac{E}{(1 + \nu)(1 - 2\nu)} \nabla \left[ \begin{bmatrix} 1 & -\nu & \nu & 0 & 0 & 0 \\ \nu & 1 & -\nu & 0 & 0 & 0 \\ \nu & \nu & 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 & -2\nu & 2 \\ 0 & 0 & 0 & -2\nu & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix} \frac{\partial^2 \theta_u}{\partial y^2} \right],
\]

where \(E\) is the elastic modulus \((Pa)\) and \(\nu\) is Poisson’s ratio.

As for the thermal expansion of common materials, linear expansion coefficients are introduced to describe thermal strains in frozen soils induced by the ice/water phase transformation frost heaving:

\[
\epsilon_{th} = \begin{bmatrix} \epsilon^x & \epsilon^y & \epsilon^z \\ y^x & y^y & y^z \end{bmatrix},
\]

where \(\epsilon_{th}\) is the total strain matrix, \(\epsilon^x\), \(\epsilon^y\), and \(\epsilon^z\) are components of the normal strain of thermal expansion in \(x\), \(y\), and \(z\) directions, respectively. For isotropic frozen soils, \(\epsilon^y = \epsilon^x = \epsilon^z = -\alpha(T - T^{ref})\), where \(\alpha\) is the linear thermal expansion coefficient \((1/\circ C)\) and it is related to the mass content of ice and temperature; \(T^{ref}\) is the reference temperature \((^\circ C)\). \(y^x\), \(y^y\), and \(y^z\) are components of the shear strain of thermal expansion in \(x\), \(y\), and \(z\) directions, respectively. For isotropic frozen soils, \(y^x = y^y = y^z = 0\).

**2.2.4. Coupling Equations.** From equations (2) and (4), two differential equations and three unknown basic variables \((\theta_u\), \(\theta_v\), and \(T\)) are identified for coupling the moisture and temperature fields, and so one more coupling equation is required to close and solve the system of equations. Indeed, liquid water cannot completely transform into ice during freezing, and consequently, unfrozen water is present around the soil particles. The dynamic equilibrium of the volumetric content of unfrozen water and temperature can be characterized by the soil freezing characteristic curve (SFC) or other empirical equations. Based on the model for the prediction of unfrozen water [22], the solid-liquid ratio is introduced to describe the relation of the volumetric content of ice and volumetric content of unfrozen water and temperature, thus establishing a coupling equation. The ice-containing state of soil can be described by considering the temperature and the content of unfrozen water as shown in equations (8) and (9) to effectively improve the efficiency of the calculation:

\[
\frac{\omega_0}{\omega_u} = \left( \frac{T}{T_f} \right)^b,
\]

where \(\omega_0\) is the initial gravimetric moisture content \((\omega_0 = \omega_i + \omega_u)\); \(\omega_i\) is the mass content of ice \((\omega_i = \rho_i \theta_i / \rho_d)\); \(\omega_u\) is the mass content of unfrozen water \((\omega_u = \rho_w \theta_u / \rho_d)\); \(\rho_d\) is the density of dry soil; \(\rho_f\) is the density of water; \(\rho_i\) is the density of ice; and \(b\) is the dimensionless parameter for the ice formation.
is the soil dry density; \( T \) is the soil temperature (°C); \( b \) is an empirical constant related to soil texture [22]; and \( T_f \) is the freezing temperature of water (°C). Also,

\[
B_i = \frac{\theta_i}{\theta_n} = \begin{cases} \frac{\rho_w (T_f - \Delta T_f)}{\rho_i} & T < T_f, \\ 0, & T \geq T_f. \end{cases}
\]  

(9)

where \( B_i \) is the solid-liquid ratio and \( \theta_i \) can be described by \( \theta_n \) and \( T \). A complete hydrothermal coupling analysis can be achieved by considering equations (2), (4), and (9). Based on the solution of the moisture and temperature fields, the thermal-hydro-mechanical coupling analysis can be realized by combining equation (5) with the linear thermal expansion coefficient (\( \alpha \)) as the coupling equation.

### 2.2.5. Model Parameters.

The ice content calculated by the hydrothermal model is combined with the hydrodynamic frost heaving model. The determined frost heaving coefficient based on the ice content was substituted by the thermal expansion coefficient in COMSOL (a Multiphysics software). The linear thermal expansion coefficient of clay loess in the foundation was set to \(-0.0105\), while the linear thermal expansion coefficients of well-graded broken stone and coarse-grained fillings in roadbeds [20] were determined by the following equation:

\[
\alpha_{jp} = \begin{cases} 0.0156 \omega_l - 0.0042, & \omega_l > 0.027, \\ 0, & \omega_l \leq 0.027, \end{cases}
\]

\[
\alpha_{AB} = \begin{cases} 0.076 \omega_l - 0.0028, & \omega_l > 0.037, \\ 0, & \omega_l \leq 0.037, \end{cases}
\]

(10)

where \( \alpha_{jp} \) is the linear thermal expansion coefficient of the well-graded broken stone layer (1/K); \( \alpha_{AB} \) is the linear expansion coefficient (1/K) of coarse-grained fillings; and \( \omega_l \) is the mass content of ice.

To facilitate the model’s numerical convergence, the hydrothermal parameters of soil [22] were selected by considering step functions so that these are continuous and differentiable:

\[
C = \rho_d \left( C_s + \frac{\rho_w}{\rho_d} \theta_n C_w + \frac{\rho_i}{\rho_d} \theta_i C_i \right),
\]

\[
C_s = C_{sf} + (C_{sm} - C_{sf}) H(T_f, \Delta T),
\]

(11)

where \( C \) is the volumetric thermal capacity of the soil (kJ·kg\(^{-1}·\)°C\(^{-1}\)); \( C_s \) is the specific heat capacity of soil skeleton (kJ·kg\(^{-1}·\)°C\(^{-1}\)); \( C_w \) is the specific heat capacity of water (kJ·kg\(^{-1}·\)°C\(^{-1}\)); \( C_i \) is the specific heat capacity of ice (kJ·kg\(^{-1}·\)°C\(^{-1}\)); \( C_{sf} \) is the specific heat capacity of frozen soil skeleton (kJ·kg\(^{-1}·\)°C\(^{-1}\)); \( C_{sm} \) is the specific heat capacity of thaw soil skeleton (kJ·kg\(^{-1}·\)°C\(^{-1}\)); \( H(T_f, \Delta T) \) is the Heaviside step function, as shown in Figure 1; and \( \Delta T \) is the 1/2 phase transition interval. Thus, the soil thermal conductivity \( \lambda \) (W·m\(^{-1}·\)°C\(^{-1}\)) is considered to vary according to the following equation:

\[
\lambda = \lambda_f + (\lambda_u - \lambda_f) H(T_f, \Delta T),
\]

(12)

where \( \lambda_f \) is the frozen soil thermal conductivity (W·m\(^{-1}·\)°C\(^{-1}\)) and \( \lambda_u \) is the thaw soil thermal conductivity (W·m\(^{-1}·\)°C\(^{-1}\)). Also, the soil permeability \( K \) (m/s) is considered to vary according to the following equation:

\[
K = K_f + (K_u - K_f) H(T_f, \Delta T),
\]

(13)

where \( K_f \) is the frozen soil permeability (m/s) and \( K_u \) is the thaw soil permeability (m/s).

Based on the model proposed by Van Genuchten [23], which is suitable for the calculation of the permeability coefficient of unsaturated soil, \( K_u \) and the specific water capacity \( C_m \) are calculated by the following equation:

\[
K_u = K_r (1 - (oh)^{k-1} \left[ 1 + (oh)^{k-1} \right]^{m}) \left[ 1 + (oh)^{k} \right]^{m/2},
\]

(14)

where \( K_r \) is the saturated permeability coefficient (m/s); \( K_r \) is the relative permeability; \( o \), \( m \), and \( k \) are empirical constants related to soil properties [23]; and \( h \) is the pressure head (m), namely, \( q_p \) (m). And

\[
C_m = \frac{-om(\theta_s - \theta_r)}{1 - m} \left( \frac{\theta_u - \theta_r}{\theta_s - \theta_r} \right)^{1/m} \left( 1 - \left( \frac{\theta_u - \theta_r}{\theta_s - \theta_r} \right)^{1/m} \right)^m,
\]

(15)

where \( \theta_s \) is the saturated volumetric content of water and \( \theta_r \) is the volumetric content of residual water. Also,

\[
K_f = K_u I
\]

(16)

where \( I \) is the impedance coefficient. According to Taylor’s model [6, 14], \( I = 10^{-108} \).

In summary, the complete hydrothermal coupling analysis can be achieved by considering equations (2), (4), (9), and (11)–(16), and then, the thermal-hydro-mechanical analysis can be obtained by solving simultaneously equations (5) and (10).
3. Application of the Developed Model

3.1. Application to the Roadbed. Currently, in frost heaving models, the boundary temperatures are usually simplified in practical applications by a symmetric boundary condition. Considering a section of the Harbin-Dalian HSR as an object, the thermal-hydro-mechanical relation of the HSR roadbeds in seasonally frozen regions is investigated using field data and with the sunny-shady slope effect taken into consideration, the effect of which was previously reported by Zhang et al. [24] in the north-south oriented part of the Harbin-Dalian HSR.

Steady-state monitored field data were obtained, and the results were used for a transient analysis of the initial temperature field. Once the initial temperature field is established, the thermal-hydro-mechanical coupling is divided into two steps. First, the hydrothermal coupling analysis of the roadbed is performed by secondary development of the mathematical module in COMSOL, to obtain the distributions and variations of moisture and temperature fields. Second, stress and deformation fields are calculated by the geomechanics module in COMSOL, which is based on the proposed model and the results of the hydrothermal coupling analysis.

As shown in Figure 2(a), the target section is located near the Shuangcheng Station in Harbin and its altitude is 166.4 m above mean sea level [25]. The left part of Figure 2(b) shows the composition of each roadbed component [25]. The width and the height of the roadbed are 13.6 m and 5.433 m, respectively, and the roadbed upper layer is a 0.4 m layer of well-graded broken stone. A composite geomembrane insulating layer is laid just below the upper layer with a 0.05 m medium and coarse sand cushion below and above, respectively. The part under the insulating layer consists of a 1.0 m antifreezing layer with coarse-grained fillings (High quality and good filling materials in China railway roadbed design code [26]), while the lowest layer is composed of normal coarse-grained fillings. An antifrost heaving berm is set at the foot of the embankment slope. The foundation soil is clayey loess, silty clay, and sand, reinforced by CFG (cement fly-ash gravel) piles arranged in equilateral triangles. No surface water spillover was observed at the test site. The groundwater type is Quaternary porous phreatic water, which is mainly recharged by atmospheric precipitation and exposed to severe seasonal variation. The water depth is relatively large (between 13 m and 18.5 m), and the groundwater level has an amplitude approximately between 1 m and 2 m.

The right part of Figure 2(b) shows the arrangement of the roadbed measuring points considered [25]. Slope foots and temperature measuring holes are only arranged on the west part of the roadbed and other measuring points are arranged symmetrically with respect to the central line of the roadbed. Temperature measuring points are arranged at intervals of 0.5 m between 0.8 m and 3.8 m at intervals of 1 m between 3.8 m and 10.8 m below the roadbed surface. Five measuring lines are arranged at the east shoulder, west shoulder, central line, west slope foot, and 20 m away from the west slope foot, respectively, and each measuring line consists of 14 measuring points.

With the thermistor as the main component, the temperature sensor has a measuring range of −40°C to +60°C. Its accuracy is ±0.03°C in the range of −20°C to +20°C.

At the target section, well-graded broken stone and tracks were laid in August 2010 and September-October 2010, respectively. The temperature was measured every five days from August 01, 2010, to August 01, 2014. The ice density $\rho_i$ and water density $\rho_w$ were 917 and 1000 kg m$^{-3}$. The ice thermal conductivity $\lambda_i$ and the water thermal conductivity $\lambda_w$ were 2.22 and 0.58 W m$^{-1}$C$^{-1}$, respectively. The latent heat of the ice $L$ was 334.56 kJ kg$^{-1}$. And the specific heat capacity of ice $C_i$ and the specific heat capacity of water $C_w$ were 2.09 and 4.18 kJ kg$^{-1}$C$^{-1}$. Tables 1 and 2 summarize the basic characteristic parameters of the roadbed and foundation layers [22, 27].

Considering the effects of temperature on the elastic modulus and Poisson’s ratio, the mechanical parameters of roadbeds are determined by the method reported elsewhere (see Table 3) [24].

By fitting a function of the ground temperature obtained from field monitoring data, as shown in Figure 3, the Dirichlet temperature boundary conditions considering the sunny-shady slopes effect for different locations are designed [27]:

$$T_{(x, y, t)} = T_0 + A_0 \sin \left( \frac{2\pi t}{\rho} + \omega \right) + R_0 t,$$

$$\frac{\partial T_{(x, y)}}{\partial n} = 0, \quad (x, y) \in \overline{AB, BC, CD, DE, EF, FG, GH, HT, and TJ},$$

$$T_{(x, y)} = T_1, \quad (x, y) \in \overline{KL}.$$

The initial phase angle $\omega$ is determined according to the initial data obtained from the monitored area. Based on the boundary layer principle (boundary layer thickness was considered as 0.5 m) [24], the average ground temperatures $T_0$ at the east shoulder, central line, and west shoulder of the roadbed were determined to be 9.55°C, 7.71°C, and 7.80°C, respectively. $A_0$ is the temperature amplitude of the boundary layer bottom, $t$ is the time from the initial moment, measured in hours, and $\rho$ is the vibration period, adopted as 8760 hours. $R_0$ is the thermal gradient of the boundary layer bottom temperature increased by global warming, adopted as 0.04°C/8760 h [28], $n$ is the outer normal direction of the boundary, and $T_1$ is the temperature at the lower boundary of the calculated region.

The dimensions of the model are shown in Figure 3 [27]. The height of clayey loess, silty clay, and sand was determined to be 11 m, 11 m, and 3 m, respectively, by drilling.

East shoulder to central line (the depth from the roadbed surface $z$ range = 0–5.433 m):
where $x$ is the distance from the east shoulder (0–13.8 m).

To discretize the variations of the moisture and temperature fields of roadbeds in different seasons, the total time step and substep of the hydrothermal coupling transient analysis considered are 365 days and 0.5 days, respectively. The starting date of the transient analysis is August 1 (temperature peak moment).

### 3.2. Results and Discussion

#### 3.2.1. Model Verification

Figure 4 shows a comparison between the simulated frost depth (SFR) and the monitored frost depth (MFR) of the west shoulder and a comparison between the simulated vertical displacement (SVD) of the roadbed and the monitored vertical displacement (MVD).
A small amount of settlement were observed after thawing. Initial condition after thawing subsidence. In some cases, claimed that roadbed deformations almost returned to the state of thawing subsidence [29], while previous studies indicated 2 mm residual deformation after thawing subsidence was short. As shown in Figure 7, shows time history curves of the temperature field distribution of the section at certain moments in time. As observed, the freezing process is unidirectional and lasted for a long period, while the thawing process is bidirectional and has a short period. Due to the sunny-shady slope effect, the temperature fields of the roadbed are asymmetrically distributed in the transverse direction during the freezing-thawing process. The maximum frost depth occurred at the west shoulder (right shoulder, sunny shoulder), followed by the east shoulder (left shoulder, shady shoulder) and that at the central line. The freezing sequence is west side slope, east side slope, and top surface. During thawing, frozen soil nuclei are observed in the roadbed and the thawing sequence is west side slope, east side slope, and roadbed top surface. Additionally, thawing of shoulders occurred earlier than that of the slope foot.

Figure 6 illustrates the distribution of the mass content of ice at the roadbed section. Due to the presence of the temperature field, ice-containing soil layers are observed at depths less than 1.2 m. At the same moment, the distribution of ice content of the roadbed section is uneven; the ice content of the west part is relatively large during freezing and melted rapidly during thawing.

Figure 7 shows time history curves of the temperature field and moisture fields of the central line of the roadbed. As observed, the ice-containing soil layer at the central line has a thickness of about 1.2 m, mainly within the range 0 to 0.6 m. Moisture migration is observed in both positive and negative temperature periods, but most especially in the negative temperature period. The moisture migration is concentrated in the region at depths less than 2.5 m. Here, the moisture distribution in positive and negative temperature periods is mainly affected by self-equilibrium of the moisture and temperature fields, respectively. During freezing, the mass content of moisture in the roadbed increased with depths less than 1.2 m decreased with depths between 1.2 m and 2.5 m and remained almost constant with depths greater than 2.5 m. Here, the mass content of moisture increased near the top surface of the roadbed and within the layer at

Therefore, from the results, it can be concluded that the proposed numerical model is effective and applicable for a comprehensive analysis of the temperature field, moisture field, and deformation field of the roadbed.

### Table 1: Thermal characteristic parameters of soil.

<table>
<thead>
<tr>
<th>Soil Type</th>
<th>( C_{sf} ) (kJ kg(^{-1}) °C(^{-1}))</th>
<th>( C_{sw} ) (kJ kg(^{-1}) °C(^{-1}))</th>
<th>( T_f ) (°C)</th>
<th>( \lambda_f ) (W m(^{-1}) °C(^{-1}))</th>
<th>( \lambda_w ) (W m(^{-1}) °C(^{-1}))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Well-graded broken stone</td>
<td>0.71</td>
<td>0.79</td>
<td>−0.56</td>
<td>2.53</td>
<td>1.86</td>
</tr>
<tr>
<td>Coarse-grained fillings</td>
<td>0.62</td>
<td>0.66</td>
<td>−0.56</td>
<td>1.40</td>
<td>1.15</td>
</tr>
<tr>
<td>Clay loess</td>
<td>0.76</td>
<td>0.84</td>
<td>−0.45</td>
<td>2.40</td>
<td>1.54</td>
</tr>
<tr>
<td>Silty clay</td>
<td>0.76</td>
<td>0.84</td>
<td>−1.00</td>
<td>2.12</td>
<td>1.42</td>
</tr>
<tr>
<td>Silty sand</td>
<td>0.73</td>
<td>0.84</td>
<td>−0.60</td>
<td>1.24</td>
<td>1.86</td>
</tr>
</tbody>
</table>

### Table 2: Characteristic parameters of water for different soils.

<table>
<thead>
<tr>
<th>Soil Type</th>
<th>( w_0 ) (%)</th>
<th>( \alpha ) (m(^{-1}))</th>
<th>( b )</th>
<th>( K_s ) (m s(^{-1}))</th>
<th>( l )</th>
<th>( m )</th>
<th>( n )</th>
<th>( \rho_f ) (kg m(^{-3}))</th>
<th>( \theta_i )</th>
<th>( \theta_r )</th>
</tr>
</thead>
<tbody>
<tr>
<td>Well-graded broken stone</td>
<td>10</td>
<td>0.66</td>
<td>0.61</td>
<td>( 2E-4 )</td>
<td>0.5</td>
<td>0.14</td>
<td>1.16</td>
<td>1.780</td>
<td>0.40</td>
<td>0.05</td>
</tr>
<tr>
<td>Coarse-grained fillings</td>
<td>9</td>
<td>0.66</td>
<td>0.61</td>
<td>( 1E-4 )</td>
<td>0.5</td>
<td>0.14</td>
<td>1.16</td>
<td>2.122</td>
<td>0.40</td>
<td>0.05</td>
</tr>
<tr>
<td>Clayey loess</td>
<td>25</td>
<td>2.65</td>
<td>0.56</td>
<td>( 8E-8 )</td>
<td>0.5</td>
<td>0.26</td>
<td>1.35</td>
<td>1.360</td>
<td>0.53</td>
<td>0.08</td>
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<tr>
<td>Silty clay</td>
<td>25</td>
<td>2.65</td>
<td>0.56</td>
<td>( 2E-8 )</td>
<td>0.5</td>
<td>0.26</td>
<td>1.35</td>
<td>1.600</td>
<td>0.51</td>
<td>0.08</td>
</tr>
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<td>Silty sand</td>
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<td>1.00</td>
<td>0.47</td>
<td>( 6E-7 )</td>
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<td>0.26</td>
<td>1.35</td>
<td>1.500</td>
<td>0.41</td>
<td>0.06</td>
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</table>

### Table 3: Mechanical parameters of roadbeds.

<table>
<thead>
<tr>
<th>Temperature (°C)</th>
<th>-20</th>
<th>-10</th>
<th>-5</th>
<th>-1</th>
<th>-0.5</th>
<th>0</th>
<th>30</th>
</tr>
</thead>
<tbody>
<tr>
<td>( E ) (MPa)</td>
<td>380.81</td>
<td>272.00</td>
<td>200.21</td>
<td>114.00</td>
<td>61.00</td>
<td>61.00</td>
<td></td>
</tr>
<tr>
<td>( \nu )</td>
<td>0.21</td>
<td>0.28</td>
<td>0.315</td>
<td>0.345</td>
<td>0.345</td>
<td>0.35</td>
<td>0.35</td>
</tr>
</tbody>
</table>

Figure 3: Sketch map of roadbed model [27].

### 3.2.2. Analysis of the Simulation Results.

The temperature field distribution of the section at certain moments in time. As observed, the freezing process is unidirectional and lasted for a long period, while the thawing process is bidirectional and has a short period. Due to the sunny-shady slope effect, the temperature fields of the roadbed are asymmetrically distributed in the transverse direction during the freezing-thawing process. The maximum frost depth occurred at the west shoulder (right shoulder, sunny shoulder), followed by the east shoulder (left shoulder, shady shoulder) and that at the central line. The freezing sequence is west side slope, east side slope, and top surface. During thawing, frozen soil nuclei are observed in the roadbed and the thawing sequence is west side slope, east side slope, and roadbed top surface. Additionally, thawing of shoulders occurred earlier than that of the slope foot.

Figure 6 illustrates the distribution of the mass content of ice at the roadbed section. Due to the presence of the temperature field, ice-containing soil layers are observed at depths less than 1.2 m. At the same moment, the distribution of ice content of the roadbed section is uneven; the ice content of the west part is relatively large during freezing and melted rapidly during thawing.

Figure 7 shows time history curves of the temperature field and moisture fields of the central line of the roadbed. As observed, the ice-containing soil layer at the central line has a thickness of about 1.2 m, mainly within the range 0 to 0.6 m. Moisture migration is observed in both positive and negative temperature periods, but most especially in the negative temperature period. The moisture migration is concentrated in the region at depths less than 2.5 m. Here, the moisture distribution in positive and negative temperature periods is mainly affected by self-equilibrium of the moisture and temperature fields, respectively. During freezing, the mass content of moisture in the roadbed increased with depths less than 1.2 m decreased with depths between 1.2 m and 2.5 m and remained almost constant with depths greater than 2.5 m. Here, the mass content of moisture increased near the top surface of the roadbed and within the layer at

### Table 1: Mechanical parameters of roadbeds.

<table>
<thead>
<tr>
<th>Temperature (°C)</th>
<th>-20</th>
<th>-10</th>
<th>-5</th>
<th>-1</th>
<th>-0.5</th>
<th>0</th>
<th>30</th>
</tr>
</thead>
<tbody>
<tr>
<td>( E ) (MPa)</td>
<td>380.81</td>
<td>272.00</td>
<td>200.21</td>
<td>114.00</td>
<td>61.00</td>
<td>61.00</td>
<td></td>
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<tr>
<td>( \nu )</td>
<td>0.21</td>
<td>0.28</td>
<td>0.315</td>
<td>0.345</td>
<td>0.345</td>
<td>0.35</td>
<td>0.35</td>
</tr>
</tbody>
</table>
Figure 4: Simulated and monitored frost depth and vertical displacement.

Figure 5: Continued.
a depth of 1 m. The maximum variation of the mass content of moisture is 2%, which was about 20% higher than that before freezing. In other words, moisture migration has a significant effect. The critical depth of moisture variation is 1.2 m. At this depth, the variation range of temperature is $-0.7 \sim 0^\circ C$ (with the phase transition temperature zone) during freezing. Also, a frost front is presented, resulting in the migration of moisture to the lower part of the roadbed from an unfrozen region to a frozen one.

The distribution of the deformation of roadbeds is investigated based on the above analysis. In this work, the vertical displacement of the roadbed surface was the major concern. Figure 8 shows the time history curve, temperature curve, frost depth curve of the roadbed deformations. Figure 9 shows vertical displacements of roadbed section at different moments. Figure 10 shows the horizontal and vertical displacement fields of the roadbed section on March 10, 2014. As it is evident, vertical displacement of the roadbed surface followed the sequence of west shoulder, east shoulder, and central line, while the vertical displacement followed the sequence of west shoulder which is higher than that of the east shoulder which is higher than that at the central line. The maximum vertical displacement of the roadbed surface is approximately 11~18 mm (15 mm is allowed according to Chinese railway roadbed design code). At the early stage of freezing, the vertical displacement increased with the frost depth. Once the frost depth exceeded a critical level, the vertical displacement did not increase further with the frost depth. The roadbed vertical displacements are asymmetrically distributed in the transverse direction and also an uneven deformation of the roadbed surface appeared. In this study, the left and right shoulders are exposed to ambient conditions, while the central line is covered by the track slab. Hence, roadbed deformations at the shoulders and the central line are uneven in the early negative temperature period (up to 14 mm) and the difference subsequently decreases.

3.2.3. Discussion. For frost heaving of roadbeds in cold regions, changes of the temperature, moisture, and deformation are the cause, the medium, and the result,
respectively. Roadbed deformations are macroscopic effects of hydrothermal migrations in roadbed soils.

Field monitoring revealed that frost heaving of the Harbin-Dalian HSR roadbed is present from the surface to a frost depth of 1.2 m. Here, frost heaving of the well-graded broken stone dominated the frost heaving of the roadbed to a frost depth of 0.5 m [27]. Additionally, the moisture content varied drastically within the depth of 0.6 m.

The results of this study demonstrated that moisture migration at the freezing front is observed in the roadbed of the Harbin-Dalian HSR under the driving force of the temperature field. Here, the moisture content increased significantly in the range between 0 m and 1.2 m, and the ice-containing soil layers are concentrated in this region especially in the range between 0 and 0.6 m. Therefore, phase transition and moisture migration in Harbin-Dalian HSR roadbed driven by an uneven distribution of the temperature field are the main causes of roadbed deformations.

The transverse variation of the ground temperature of roadbeds can be attributed to the differences in the solar radiation intensity and also the surface covering layer [24, 30]. These variations of the ground temperature lead to an unbalanced development of the frost depth time and value, thus resulting in an unbalanced moisture migration. In this case, uneven transverse deformations are inevitable [30, 31]. Field monitoring data revealed differences in deformations of the east and west shoulders of the Harbin-Dalian HSR roadbed [32]. Simulation results demonstrated that the distribution of deformation field of roadbed in the transverse direction is asymmetric and uneven due to the effects of temperature and mass content of ice. Indeed, the deformation is maximized at the shoulders. The deformation of a specific part of roadbed is affected by a variation of the ground temperature and moisture at this part and of the surrounding soil. Hence, roadbed deformations are highly complicated. Frost heaving was first observed at the west shoulder, since freezing was first observed over there. However, deformation was initiated before freezing, since the freezing of the side slope occurred earlier than roadbed freezing. The uneven transverse deformation of the roadbed results in severe frost heaving at the shoulders and side slope. In fact, slope foots should be protected as weak spots due to severe ice accumulation results in horizontal displacement.

Figure 7: Trends of temperature field and moisture field of the central line. (a) Temperature (°C). (b) Mass content of ice (%). (c) Mass content of unfrozen water (%). (d) Mass content of moisture (%).
Figure 8: Time history curves of vertical displacement and frost depth.

Figure 9: Vertical displacements of roadbed section at different moments.

Figure 10: Distribution of roadbed section on March 10, 2014. (a) Vertical displacement field. (b) Horizontal displacement field.
The results demonstrated that a reduction of the roadbed freeze-thaw deformations should be achieved based on the analysis of thermo-hydro migration characteristics of roadbeds, instead of a thermal insulation layer on the roadbed surface. Elimination of the uneven transverse deformations should be obtained by minimizing the difference of the ground temperature in the transverse direction, which can be achieved by asymmetric transitional layout of roadbed soils [30] or by an asymmetric antifrost heaving berm [33]. Based on a theoretical study, this study provides references to the design and maintenance of HSR roadbeds in seasonally frozen regions.

4. Conclusions

With SWCC, solid-liquid ratio, and the linear thermal expansion coefficient as coupling equations, considering the influence of the transformation of ice into water and water migration on the temperature field, a thermal-hydro-mechanical model applicable for unsaturated soils was proposed. The hydrothermal characteristic parameters of frozen and unfrozen soils were expressed by step functions. Then the thermal-hydro-mechanical model is introduced in this study to explore the thermal field, water migration, and deformation variations of the HSR roadbed.

From the work described in this article, it is concluded that

1. The physical property fields of the roadbed varied significantly in soil layers with depths less than 2.5 m. Redistribution of the moisture field was triggered by a variation of the temperature field. Due to the significant effect of moisture migration, the mass content of moisture increased within the roadbed at depths greater than 1.2 m and the maximum variation of the mass content of moisture was 2%. Most ice-containing soil layers were at depths less than 0.6 m.

2. Affected by the boundary of the sunny-shady slopes, distributions of the temperature field, moisture field, and deformation of the roadbed in the transverse direction were asymmetric and uneven. The maximum frost depth was greatest at the west shoulder (right shoulder, shady shoulder) followed by the east shoulder (left shoulder, sunny shoulder) and least at the central line. The maximum uneven settlement between the shoulder and the central line was 16 mm, while that between the centre of the two tracks was 4 mm. Here, the maximum vertical displacements of the west shoulder, east shoulder, and central line were 18 mm, 16 mm, and 12 mm, respectively.

3. The roadbed deformations are affected by the distribution and variation of the temperature and moisture fields. Therefore, reduction of freeze-thaw deformations and uneven deformations of roadbeds should be achieved by controlling the roadbed thermo-hydro migration characteristics.

Abbreviations

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>( \theta_u )</td>
<td>The volumetric content of unfrozen water</td>
</tr>
<tr>
<td>( t )</td>
<td>Time (s)</td>
</tr>
<tr>
<td>( \rho_i )</td>
<td>The ice density (kg/m³)</td>
</tr>
<tr>
<td>( \rho_w )</td>
<td>The water density (kg/m³)</td>
</tr>
<tr>
<td>( \theta_i )</td>
<td>The volumetric content of ice</td>
</tr>
<tr>
<td>( K(\theta_u) )</td>
<td>The soil permeability coefficient related with ( \theta_u ) (m/s)</td>
</tr>
<tr>
<td>( \psi )</td>
<td>The soil water potential</td>
</tr>
<tr>
<td>( D(\theta_u) )</td>
<td>The water diffusion coefficient in soil (m²/s)</td>
</tr>
<tr>
<td>( C_m )</td>
<td>The specific water capacity (m⁻¹)</td>
</tr>
<tr>
<td>( \phi_m )</td>
<td>The matric potential (m)</td>
</tr>
<tr>
<td>( c_p )</td>
<td>The soil volumetric heat capacity (kJ·m⁻³·C⁻¹)</td>
</tr>
<tr>
<td>( T )</td>
<td>Temperature (°C)</td>
</tr>
<tr>
<td>( C_w )</td>
<td>The volumetric heat capacity of water (kJ·m⁻³·C⁻¹)</td>
</tr>
<tr>
<td>( \lambda )</td>
<td>The thermal conductivity (W·m⁻¹·C⁻¹)</td>
</tr>
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<td>( L )</td>
<td>The latent heat of the ice (kJ/kg)</td>
</tr>
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<td>([D])</td>
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</tr>
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<td>([\varepsilon])</td>
<td>The strain matrix</td>
</tr>
<tr>
<td>( \varepsilon_{th} )</td>
<td>The total strain matrix</td>
</tr>
<tr>
<td>([\varepsilon_{th}^t])</td>
<td>The thermal strain matrix</td>
</tr>
<tr>
<td>([F_v])</td>
<td>The volumetric force</td>
</tr>
<tr>
<td>( E )</td>
<td>The elastic modulus (Pa)</td>
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<tr>
<td>( v )</td>
<td>Poisson’s ratio</td>
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<td>( \alpha )</td>
<td>Linear thermal expansion coefficient (1/°C)</td>
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<tr>
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<td>Reference temperature (°C)</td>
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<tr>
<td>( \gamma_x, \gamma_y, \gamma_z )</td>
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<tr>
<td>( B_i )</td>
<td>The solid-liquid ratio</td>
</tr>
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<td>( \alpha_{fp} )</td>
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<tr>
<td>( C_{su} )</td>
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</tr>
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</tr>
<tr>
<td>( \lambda_w )</td>
<td>The thaw soil thermal conductivity (W·m⁻¹·°C⁻¹)</td>
</tr>
<tr>
<td>( \lambda_i )</td>
<td>The ice thermal conductivity (W·m⁻¹·°C⁻¹)</td>
</tr>
<tr>
<td>( \lambda_h )</td>
<td>The water thermal conductivity (W·m⁻¹·°C⁻¹)</td>
</tr>
</tbody>
</table>
\( K \): The soil permeability (m/s)
\( K_f \): The frozen soil permeability (m/s)
\( K_t \): The thaw soil permeability (m/s)
\( K_r \): The saturated permeability coefficient (m/s)
\( \omega \): The impedance coefficient
\( \theta_1 \): The temperature amplitude of the boundary layer bottom
\( \theta_1 \): The thermal gradient of the boundary layer bottom temperature increased by global warming, adopted as 0.04°C/8760 h
\( n \): Outer normal direction of the boundary
\( T_1 \): Temperature at the lower boundary of the calculated region
\( \omega \): The initial phase angle.

Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest

The authors declare that they have no conflicts of interest in the submission of this manuscript. They do not have any commercial or associative interest that represents conflicts of interest in connection with the work submitted.

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