Research Article

Projections of Heat Waves Events in the Intra-Americas Region Using Multimodel Ensemble

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Significant accelerated warming of the Sea Surface Temperature of 0.15°C per decade (1982–2012) was recently detected, which motivated the research for the present consequences and future projections on the heat index and heat waves in the intra-Americas region. Present records every six hours are retrieved from NCEP reanalysis (1948–2015) to calculate heat waves changes. Heat index intensification has been detected in the region since 1998 and driven by surface pressure changes, sinking air enhancement, and warm/weakercoldadvection. This regional warmer atmosphere leadsto heat waves intensification with changes in both frequency and maximum amplitude distribution. Future projections using a multimodel ensemble mean for five global circulation models were used to project heat waves in the future under two scenarios: RCP4.5 and RCP8.5. Massive heat waves events were projected at the end of the 21st century, particularly in the RCP8.5 scenario. Consequently, the regional climate change in the current time and in the future will require special attention to mitigate the more intense and frequent heat waves impacts on human health, countries’ economies, and energy demands in the IAR.

1. Introduction

The intra-American region encompasses Northern South America, Central America, Gulf of Mexico, the Caribbean region, and the Western Atlantic [1–3], where a complex interaction among synoptic atmospheric/oceanic patterns drives the rainfall activity in the region [4–7] (see Figure 1(a)).

In tropical regions, the Sea Surface Temperature (SST) is one of the variables that drive rainfall, with a weak impact when SST is less than 26°C and a stronger effect when SST is between 26°C and 29.5°C. The relationship between SST and rainfall is not linear, so precipitation tends to decrease when SST is greater than 29.5°C [8]. Consequently, SST modulates the intra-Americas region (IAR) rainfall development from May to July, while in the next months the vertical wind shear (VWS) impacts the thermal vertical convection and cyclogenesis activity [5, 9, 10]. An additional variable in the IAR is the Bermuda-Azores high-pressure system (one pole of the North Atlantic Oscillation Index, NAO) which interacts with the Caribbean low-level jet, causing a downward dry air, hindering precipitation, and warming the surface [4, 11, 12]. A direct consequence of the high-pressure system oscillation is the development of stronger/weaker easterly winds causing cooler/warmer SST leading to a drier/wetter region [4, 13, 14]. This relationship is known as the wind-evaporation-SST feedback pointing out a direct relationship among wind speed, evaporation, and sea level pressure (SLP) [15]. Furthermore, a deep subsidence from Central America to the Caribbean region could play an additional role in the IAR rainfall activity [4, 16]. Moreover, Saharan dust episodes from June to August are likely to generate a rainfall deficit due to aerosol interaction with cloud condensation nuclei and dry air coming from the northwest African desert [17]. These complex relationships lead to a bimodal rainfall pattern in the IAR during the rainy season [4, 5, 18–21]. This rainy season is divided into the Early Rainfall Season (ERS) defined from April to July (which contains the first rainfall peak) and the Late Rainfall Season (LRS) from August to November,
holding the second rainfall peak. In addition, a dry season (DS) is defined between December and March where the lowest rainfall intensity events are observed (see Figure 1(b)).

IAR warming was recently detected with an annual SST increase of 0.016 °C per year in the ERS, while in the LRS an SST increase of 0.021 °C per year was observed [6]. This regional warming could disrupt the synoptic atmospheric and oceanic patterns. A warmer region increases the near-surface air temperature and intensify evaporation from the sea, enhancing moisture content in the atmosphere and driving the relative humidity (RH) change. In these conditions, extreme events such as HWs could intensify.

Air temperature and RH are key variables to calculate the heat index (HI), which is used to define HWs events. In addition, different regions across the world have a unique temperature and RH climatology causing several heat waves (HWs) definitions [22] such as in Europe where a heat wave is defined as at least six consecutive days with daily maximum air temperature greater than the relative threshold of the 90th percentile [23]. A more complex definition was applied to whole Europe and the United States (US) using at least three consecutive days with daily maximum temperature and average maximum temperature above the 97.5th percentile [24]. The heat waves were estimated using the National Centers for Environmental Prediction (NCEP) reanalysis data for the present time and the Parallel Climate Model for future projections using the business-as-usual scenario. Percentile was applied to daily data from 1961 to 1990 for reanalysis data and 2080–2099 for GCMs outputs [24]. On the other hand, a heat wave magnitude index (HWMI) was developed to analyze HWs across Earth regions including Europe, United States, Greece, and Russia [25, 26]. These researchers selected NCEP reanalysis and ERA-Interim (ERA-I) reanalysis datasets, upscaling ERA-I to the NCEP resolution. Additionally, they defined a HWMI as the maximum magnitude of heat waves in a year, where the heat wave was defined as at least three consecutive days with daily maximum temperature greater than the 90th percentile and centered in a 31-day moving window [25, 26]. On the other hand, other HW definitions were developed as at least two consecutive days with daily mean temperature greater than the 95th percentile (calculated with daily data for 28 years) providing the highest HWs occurrence frequency in the Northwest United States [27, 28]. Furthermore, in Southern US, a heat wave was defined as at least two consecutive days with daily maximum and minimum HI above the relative threshold of the 99th percentile [29]. Percentile was obtained from 39 years of daily data. Moreover, the US National Weather Service (NWS) has defined the heat waves events as at least three consecutive days with daily maximum temperature greater than the absolute threshold of 32 °C [30]. Although this criterion is widely used, it does not capture the HWs events at different regions. This way, in the US regions with high RH (northeast region), a heat wave is defined as at least three consecutive days with temperature at or above 32.2 °C [22].

During the past decade, a connection between climate change and heat waves intensity-frequency alterations was identified, even causing more death than all other extreme events together in the US such as hurricanes, floods, and tornados. In the Eastern and Western US, a 20% HWs number increase was observed from 1949 to 1995, while from 1999 to 2003, 688 deaths per year were registered, primarily due to extreme hot day events [31]. In the city of Chicago, HWs impact on human health caused 800 deaths in the year 1995 [30]. These hot day events were determined using the NWS definition. The mortality risks in 43 US cities were investigated from 1987 to 2005. A heat wave mortality risk increase of 2.49% for every 1°F heat wave intensity and 0.38% for every one day where the heat wave duration increases was found [27]. In this case, the HW was...
defined using mean temperature and the 95th percentile as threshold.

Additional factors contributing to heat waves events are fast urban growth and the urban heat island (UHI) which increase the daytime air temperature (1°C–6°C) as well as the nighttime temperature [31]. As a consequence, the UHI intensifies heat waves events affecting elderly population and communities without air conditioning systems [32, 33].

Heat waves analyses in the tropical region and particularly in the IAR region are very scarce. One of the few cases studied is the two hottest summers registered in the Island of Puerto Rico (2012 and 2013). In these events, a strong surface high-pressure system was located in the Northeast Atlantic Ocean causing high mortality related to high air temperature and heat stroke [34, 35]. In addition, heat index vulnerability was developed for San Juan Bay estuary in Puerto Rico, where high vulnerability areas correspond to urban zones with a high concentration of elderly and unemployed populations [36]. Furthermore, a research agenda for the IAR was proposed to mitigate the extreme heat impact on the community residents. The development of a study program is expected in the near future to mitigate and adapt to climate changes [37]. On the other hand, a recent work pointed out a heat index increasing trend of 0.05°C/yr in Mesoamerica and the Caribbean Sea (MAC) and the Caribbean Islands. The authors used NCEP reanalysis and weather station data from 1980 to 2014. Additionally, they found 45 heat wave events in the period of study with 82% of these events with a duration of 2–2.5 days [22].

Future global warming due to anthropogenic activities is likely to enhance HW events, becoming more intense and frequent and with longer duration [24, 38]. Several General Circulation Models (GCMs) were used to calculate a multimodel ensemble for daily maximum air temperature along the 21st century. A global mean HWMI increase was projected by these models. Furthermore, they show intense heat wave magnitude in Southern US, Central America, and Northern South America, especially in the end of the 21st century, but without capturing events in the Caribbean [26]. In addition, heat waves projection was performed in other regions. For instance, for Australia, an annual death increase of 50% was projected due to heat stroke in the year 2050 [33]. Chicago may experience increases of 25% of HW events, while Paris may experience a 31% increase in the last 20 years of the 21st century. These projections were obtained using the Parallel Climate Model (PCM) under the business-as-usual scenario [24]. In addition, Los Angeles forecast's future HWs number will increase (12 to 70) during the climate period 2070–2099 [31], while fast heat waves duration and frequency change were detected in North America in the early decades of the 21st century [39]. In Europe, HW events were projected under the A1B Intergovernmental Panel on Climate Change (IPCC) scenario, showing a frequency increase to 40 days (2075–2094) and amplitude intensification up to 7°C per day [40]. On the other hand, heat waves projection in the IAR and the Caribbean region is very scarce, but it is expected to be as vulnerable as high latitudes regions due to intense hot day events [32].

Based on the literature, a changing climate may lead to extreme events such as heat waves; consequently, this work attempts to assess the likely repercussions of IAR warming on HWs frequency and intensity in the present and in the future following the IPCC Representative Concentration Pathway (RCP) 4.5 and RCP8.5 scenarios. Hence, the fundamental question this work attempts to answer is how extreme heat waves events may change in a warmer 21st century in the IAR.

In the next sections, this article is organized as follows. Reanalysis data and the GCMs description will be presented along with the methodology to calculate HI and HWs. Posteriorly, the current climatology and climate disruption are analyzed. In the next section, heat waves events’ changes in frequency and intensity are related to the regional warming. Finally, future projections using GCMs are studied to accomplish the main goals of this research.

2. Methodology

In this section, the observed reanalysis data and GCMs used to project heat waves along the 21st century are described. Posteriorly, heat index and heat wave definitions are explained. The nonparametric Mann-Kendall test was chosen to assess trends in both current and future time series projections. Furthermore, the IPCC scenarios are described as the baseline for numerical experiments.

2.1. Reanalysis Data. The National Centers for Environmental Prediction (NCEP) reanalysis data from 1948 to 2015 and at 2.5 degrees of resolution was selected to calculate the IAR climatology and to determine changes in extreme events such as HWs. This dataset has been widely used to analyze atmospheric events at synoptic scales. In the Caribbean region, the NCEP data was used to analyze the North Atlantic Oscillation Index and the ENSO impact on the rainfall generation [9, 18, 19, 41–43]. In a similar way, NCEP data was used to study the low-level wind/divergent anomalies, the vertical wind shear, the sea level pressure, the circulation belt between Central America and the Greater Antilles, and the high-pressure system relationship with summer dry events in this region (low rainfall in the month of July) [4, 5, 9, 10, 13, 19, 44]. Furthermore, NCEP reanalysis was the baseline to study the HWMI across Europe, Greece, and Russia, among other regions [26]. Consequently, this dataset was selected to be representative of the whole intra-Americas region and to link heat waves events with large-scale phenomena to identify possible synoptic atmospheric variables driving these hot day events.

The relevant NCEP atmospheric fields in this work comprise the surface air temperature (°C) and relative humidity (%) at 0, 6, 12, and 18 hours in the universal time coordinate (UTC). In the Caribbean region at this time interval, the maximum air temperature could correspond to 18 UTC. This maximum air temperature is relevant in this work because it provides the maximum HI per day used in the HW definition. For instance, in Puerto Rico, the 18 UTC time corresponds to 2 p.m., while 12 UTC time is far away from the expected maximum temperature. Consequently, one maximum HI value per day is calculated at 18 UTC.
In addition, monthly surface air temperature and meridional and zonal winds at 850 mbar level (m/s) are retrieved to compute warm/cold advection. This advection is calculated as the dot product between the air temperature gradient (\( \nabla T \)) and the wind velocity (\( \mathbf{V} \)) expressed in the equation

\[
\frac{\partial T}{\partial t} + \mathbf{V} \cdot \nabla T = 0
\]

in cylindrical coordinates with an Earth radius of \( 6.37 \times 10^6 \) meters. Vertical Omega velocity and RH from 1000 to 3000 mbar meridionally averaged between 8.5°N and 16°N are used to determine vertical atmosphere structures. This vertical air motion is expressed by means of the pressure rate of change for an air parcel, in Pa/s, and represents the vertical velocity at a synoptic scale assuming hydrostatic equilibrium. Positive values represent sinking air, while negative values mean rising air. In addition, sinking dry air could play a significant role in surface warming. On the other hand, the dataset is divided into two climate periods. The first one is defined from 1948 to 1998, and the second climate period is defined from 1999 to 2015. The year 1998 was selected because this year depicts the beginning of an accelerated climate change in the IAR region as it will be explained in Section 4 of this article.

2.2. IPCC Scenarios. The third and fifth reports of the IPCC have related the global warming to the CO\(_2\) increase attributed mostly to the burning of fossil fuels [38, 45]. Furthermore, rawinsonde and satellites measurements showed that the troposphere and the Earth surface have been warming [45]. In consequence, the IPCC has developed a series of scenarios to project likely future impacts of the human activity on the global warming. The old scenarios IS92 and SRES [46] have been updated to the third generation of scenarios called representative concentration pathways.

The RCPs are composed of four different CO\(_2\) emissions and radiative forcing. The lowest forcing scenario RCP2.6 projects an anthropogenic total CO\(_2\) emission of 9.97 PgC/yr in 2020 and a radiative forcing peak of 490 CO\(_2\)-eq by midcentury to decline later. The intermediate scenario RCP4.5 represents a maximum total CO\(_2\) emission in the year 2050 (11.15 PgC yr\(^{-1}\)), with a shorter radiative forcing stabilization after 2100 (650 CO\(_2\)-eq), while the scenario RCP6.0 stabilizes shortly after 2100 with 850 CO\(_2\)-eq and a maximum CO\(_2\) emission in the year 2080 (1707 PgC yr\(^{-1}\)). The business-as-usual scenario RCP8.5 describes a nonstop CO\(_2\) emission and a permanent radiative forcing increase with a value of 1.4 CO\(_2\)-eq in 2100 [45, 47]. The scenarios RCP4.5 and RCP8.5 were selected in this research to quantify the impact of the likelihood of the global average surface temperatures to exceed between 2 and 4 degrees Celsius at the end of the 21st century.

2.3. General Circulation Models: CMIP5 Project. The fifth phase of the Coupled Model Intercomparison Project (CMIP5) affords a set of climate simulations to evaluate past and future climate change, where long-term simulations are made available for climate responses to changing atmospheric composition and land cover [48, 49]. In this study, five GCMs were selected to calculate future daily maximum HI. GCMs provide atmospheric data every 3 hours at 0, 3, 6, 9, 12, 15, 18, and 21 UTC and overlapping with NCEP dataset at 6, 12, and 18 UTC. In consequence, in this study, GCMs outputs were resampled to the same NCEP time resolution (0 h, 6 h, 12 h, and 18 h) to have the air temperature and relative humidity at the same matched time period. The maximum air temperature used to calculate the daily maximum HI corresponds to 18 UTC, which, for instance, for the Island of Puerto Rico corresponds to 2:00 p.m. We consider it as representative of the region. On the other hand, GCMs with three-hourly data outputs are very scarce, but we found five models. They are the Community Climate System Model version 4 (CCSM4), with a resolution of 0.9 x 1.25 degrees in latitude and longitude, respectively; the Centre National de Recherches Météorologiques Coupled Models version 5 (CNRM-CM5), with 1.4 x 1.4 degrees of resolution; NOAA Geophysical Fluid Dynamics Laboratory Climate Model version 3 (GFDL-CM3) with 2.0 x 2.5 degrees; Model for Interdisciplinary Research on Climate–Earth System Model (MIROC-ESM) with 2.79 x 2.81 degrees; and the Meteorological Research Institute-Coupled Atmosphere-Ocean GCM (MRI-CGCM3) at 1.11 x 1.125 degrees of resolution. Currently, CCSM4 is one of the state-of-the-art global numerical models with the finest resolution in latitude, while the model MRI-CGCM3 has the finest resolution in longitude. Additional models were chosen because they provide 3-hourly output data. On the other hand, mesoscale models such as the Regional Atmospheric Modeling System (RAMS) or the Weather Research and Forecasting Model (WRF) afford high resolution but with a very expensive computational cost (there is no output dataset available in the IAR).

These GCM models do not provide RH data; thereby, the RH is calculated every 3 hours using the surface air temperature, surface pressure, and specific humidity (SH). The SH allows calculating the vapor mass mixing ratio, while the surface pressure allows calculating the vapor pressure. Finally, the RH is obtained using the Clausius–Clapeyron equation for saturated vapor pressure [50–52]. In addition, these GCM data are distributed into two climate periods: the first one is called the “first future climate period” from 2026 to 2045, while the second dataset is called the “second future climate period” from 2081 to 2100.

2.4. Heat Index and Heat Waves. Heat index is an apparent temperature in function of air temperature and RH estimated from a complex body’s heat transfer balance [53] and represents a measure of heat-stress danger [54]. The HI is calculated using the methodology developed by NOAA’s National Weather Service and using Rothfusz’s regression with an error of 1.3°F [55]. This regression is adjusted according to the temperature and RH ranges [56, 57]. Furthermore, an excessive environmental heat is ruled by days with extremely high HI. This event is defined as HWs when a prolonged period of high-pressure system leads to excessively hotter days with high humidity.

In humid regions, heat waves calculated with air temperature underestimate the HW intensity, making it essential to use an apparent temperature to account for the heat wave
amplification due to high humidity [58]. The intra-Americas region, particularly the Caribbean, is characterized by intense RH as well as high air temperature along the entire year. Consequently, in this region, the heat index is a good alternative to account for humidity impact on heat wave intensity. In addition, people's adaptation to this warm environment requires defining a relative threshold instead of an absolute threshold [59]. This relative threshold is defined as the percentile calculated for daily data recorded in a long period of time [29, 60]. In our work, NCEP provides data every six hours, so that daily maximum air temperature and its corresponding RH are taken at 18 UTC to calculate the daily maximum HI from 1948 to 2015. Consequently, combining the heat wave NWS definition for regions with high RH in terms of HWs duration [22] and the definition for a very warm environment (Southern US) relative to a threshold [22] leads to the definition used in this work. Accordingly, here a heat wave is defined as at least three consecutive days with daily maximum HI greater than the 99.5th percentile. A little higher threshold is considered here to account for Caribbean people's adaptation to warm and humid environments.

In order to compare the two climate periods (1948–1998 and 1999–2015), a unique threshold was used to identify heat waves. First, the threshold was calculated using the 99.5th percentile using daily maximum heat index from 1948 to 2015 and used for both climate periods. This threshold was calculated according to the common methodology found in the literature which takes a time period record of many years to calculate the percentile [24, 27, 29, 30]. Posteriorly, a second threshold is computed from the first climate period (1948–1998) and used as a threshold for the second period (1999–2015) to determine the impact of the threshold calculation in the heat waves number frequency. Results show that there are no relevant changes in the heat waves number probability, particularly for events with high probabilities of occurrence. Consequently, the percentile calculated in the first climate period is selected in this work to account for heat waves development in the second climate period. On the other hand, GCMS dataset was obtained for two periods, 2026–2045 and 2081–2100. Daily heat index was calculated for both periods and the 99.5th percentile was estimated in the first 20 years to get the threshold. This threshold is also used to evaluate the heat waves numbers at the second period (2081–2100). This way, we can compare both periods to identify future changes in the heat wave number and intensity.

Statistical significance for temporal trends in time series is evaluated using the Mann-Kendall test. The parametric test is a commonly used method to detect trends in climate data, but it requires independent and normally distributed data. Likewise, strong temporal autocorrelated data could generate artificial trends without statistical significance. An alternative is the nonparametric Mann-Kendall test which is a distribution-free test capable of handling weakly autocorrelated time series [61, 62]. A positive/negative test statistic Z value represents increasing/decreasing trend in data. If the null hypothesis is not rejected, the variable's values in the time series will fluctuate around its average, instead of presenting a statistically significant linear trend. The rate of change or trend is estimated using the Theill-Sen approach [61, 63].

3. Current IAR Climatology

Intense HI could develop extreme HW events with a high impact on human health [27, 31, 35, 64, 65] as well as in energy demand for air conditioning systems [66]. An early warning system is relevant to mitigate possible heat strokes' impact on the population's health. This warning system requires identifying possible synoptic atmospheric drivers of extreme heat waves events. In this manner, this section analyzes the HI climatology and these possible drivers.

The IAR climatology evolves from a low SST in the dry season with 25.7°C in average to more intense ocean surface warming in the ERS (seasonal average of 27.3°C). In the LRS, the SST reaches its maximum value in the month of August with 28.3°C (Figure 2(a)). This seasonal ocean warming is translated into a warm pool spreading up to the Greater Antilles and even further. This seasonal warm pool enhances evaporation, increasing moisture content in the atmosphere with the largest values in the LRS. A second effect of a warmer ocean is the near-air surface temperature increase due to sensible heat flux exchange. The maximum air temperature peak is developed in the LRS, specifically in August (27°C). In addition, the combination of the air temperature and RH allows calculating the HI, which follows the SST and air temperature tendency, with a maximum peak of 29.7°C in August (Figure 2(a)). Consequently, current IAR ocean warming could lead to days with higher HI and likely a region with more intense HW events.

According to the IAR climatology, the LRS corresponds to the warmer season, where a high caution area for heat stroke spans further the Greater Antilles following the warm pool spread. The Greater and Lesser Antilles, Yucatan in Mexico, and the Southern American Caribbean coastline are areas with high caution because of HI ranges between 29 and 32°C. The HI between 26 and 29°C denotes a low caution area for Central America and Mexico coastlines along with inland South America. In a similar way, Southern US depicts a low caution area with the exception of southern Florida where a heat stroke's high caution predominates (Figure 2(b)). In this season, the Bermuda-Azores high-pressure system is weakening (maximum intensity is observed in the ERS) and moving back to the Atlantic Ocean causing a SLP decrease in the IAR. This seasonal high-pressure system variation corresponds with the high caution area spread. According to the wind-evaporation-SST feedback process [15], during the LRS, the lower SLP in the region (with respect to the ERS) corresponds to a less intense wind speed and higher SST with a more stratified surface ocean [15], which impacts the HI's strength. Consequently, there is an inverse relationship between the HI and the SLP seasonal evolution. The high caution area boundary corresponds to a SLP between 1011 mbar along Mexico, Central America, and South America coastline and 1016 mbar further than the Greater Antilles (Figure 2(b)). On the other hand, the vertical pressure velocity averaged from 600 to 400 mbar points out an IAR dominated by an upward air motion with high SST and hence a more buoyant atmosphere. The Greater and Lesser Antilles depict an Omega vertical velocity between...
−0.01 and −0.02 Pa/s while Central America and the Southern American Caribbean coastline are controlled by −0.02 and −0.03 Pa/s (Figure 2(b)). In a similar way, the wind velocity vertical cross section averaged in the meridional area 8.5 to 10°N denotes a region dominated by rising air in the LRS with RH between 50 and 40% in the atmosphere at the levels 600–400 mbar (Figure 2(c)). A regional circulation belt is developing from Central America to the western Main Developed Region (MDR), which enlarges in the LRS, generating a wider rising air area (85°W–55°W). This atmospheric circulation corresponds with the high caution area’s western border, where the sinking air is observed at the longitude 55°W (Figures 2(b) and 2(c)). The warm/cold advection at 850 mbar is weakening season by season, with the weaker cold advection in the LRS and covering the Greater Antilles (0 to −0.3 × 10⁻⁵°C/s), Mexico (−0.3 × 10⁻⁵ to −0.6 × 10⁻⁵°C/s), and Northern South America (−0.3 × 10⁻⁵ to −0.6 × 10⁻⁵°C/s). In this season and in the Caribbean region, cold advection does not convey true cold air because the temperature gradients are very small, and hence it does not reduce drastically the surface air temperature. According to Figure 2(d), a warm advection is noticed on Central America (0.3 × 10⁻⁵ to 1.2 × 10⁻⁵°C/s), Gulf of Mexico (0 to 0.3 × 10⁻⁵°C/s), and Southern US and Northern Cuba (0 to 0.3 × 10⁻⁵°C/s). Consequently, warm-weaker cold advection in combination with lower SLP and higher SST leads to HI intensification and turns the IAR in a high caution area for heat stroke/exhaustion.

Figure 2: IAR climatology for (a) SST, air temperature, and HI. (b) Heat index in °C (color shades), SLP in mbar (dotted black contour line), vertical velocity in Pa/s (blue contour line) in the LRS, (c) vertical velocity in color shades (×10⁻² Pa/s), relative humidity in % (black contour line), and wind vector in the LRS. (d) Warm/cold advection in color shades (×10⁻⁵°C/s) and wind vector at 850 mbar in the LRS.
4. Climate Disruption

Near-surface air temperatures at synoptic scale are related to the SST in the IAR following the seasonal warm pool spread. In addition, evaporation intensification following the wind-evaporation-SST feedback modifies the moisture content in the atmosphere as well as the RH. The HI is calculated using the air temperature and the relative humidity and hence is affected by changes in the SST. Accordingly, the air temperature and HI could be suitable indicators of regional climate disruption. The annual maximum air temperature obtained from the monthly average of daily maximum air temperature shows an air temperature rate of increase of 0.006°C per year (1948–1998) with good statistical significance (p value = 0.02). Since 1998, an accelerated air temperature increase has been observed with an annual trend of 0.03°C (Figure 3(a)) and proper statistical significance (p value = 0.01). In a similar way, the annual maximum HI possesses a tendency to increase from 1948 to 1998 with a rate of 0.015°C per year, but since 1998, the HI has been rising in an accelerated manner (0.07°C per year) with suitable statistical significance (Figure 3(b)). Therefore, the year 1998 is selected as the baseline to compare two climate periods and to identify the regional climate disruption effects on the HWs frequency.

The climate difference between 1999–2015 and 1948–1998 depicts atmospheric warming in all IAR seasons. The lowest change is observed in the DS with HI disruption of 0.16°C and a maximum change of 0.74°C in the LRS. The SLP change follows an inverse relationship with the HI showing a positive change in the DS (0.3 mbar) and negative difference in the LRS (−0.17 mbar) where the SLP is decreasing and the HI obtains its maximum peak (Figure 4(a)). In this last rainy season, a positive HI change spans across the whole IAR with the highest disruption in the Southern Greater Antilles including Puerto Rico and the western MDR (1.5–2.0°C). The second more relevant change is observed in the Northern Greater Antilles (Cuba and Dominican Republic), Gulf of Mexico, Florida, and the South American Caribbean coastline (0.9–1.5°C), while the lowest disruption is detected in Mexico, Central America, and South America inland (0.3–0.6°C). In contrast, a small area covering part of Guyana and Suriname in Southern America has a HI decrease between 0 and −0.3°C (Figure 4(b)). This regional warming and tendency to intensify the heat index in the region happens at the same time with the SLP decrease. The higher SLP difference ranges from −0.3 to −0.5 mbar overlapping with the highest HI change area, while the lowest negative or even zero SLP change corresponds to the lowest HI climate difference encompassing Mexico, Central America, and South America (Figure 4(b)). According to the SLP anomaly time series in the IAR (1948–2015), in the LRS, the maximum anomaly is 0.9 mbar while the lowest one is represented by −0.86 mbar. In addition, the average negative SLP anomaly holds a low value (−0.16 mbar). Consequently, the SLP climate difference between the two selected climate periods represents a significant regional climate disturbance. In a similar way, the vertical air motion change impacts the regional atmospheric warming. In the LRS, positive Omega velocity averaged from 600 mbar to 400 mbar dominates the Caribbean region and the MDR (0.01–0.02 Pa/s) showing a tendency to enhance sinking dry air and to warm up the surface (Figure 4(b)). Furthermore, the Omega velocity vertical cross section points out a sinking air dry intensification from the upper atmosphere (ΔRH = −14% at 300 mbar) to the surface (Figure 4(c)). Warm advection is strengthening across the Greater Antilles (0.2 × 10⁻⁵°C/s), Lesser Antilles (0.3 × 10⁻⁵–0.5 × 10⁻⁵°C/s), Mexico, and Southern US with 0.2 × 10⁻⁵°C/s (see Figure 4(d)). Weaker cold advection with respect to the ERS brings less cold air to the region, which comes together with positive HI change. Consequently, a SLP decrease, sinking dry air intensification, and warm and cold advection weakening converge to intensify the HI in the IAR.
5. Current Climate Heat Waves

Annual HWs events were calculated in every grid point across the IAR to later accumulate them. This approach allows identifying the total HWs number time evolution during the past 68 years. Low HWs number is observed in the first 51 years with 28 events on average over the IAR. Since 1999, HWs number has increased in an accelerated manner with an average value of 84 events (Figure 5(a)). This HWs number growth is related to the HI strengthening due to the conjunction of SLP decrease, warm-weaker cold advection, and sinking air intensification.

HWs number time series is disaggregated to observe hot day events distribution across the IAR. Low HWs number is concentrated in Southern Central America and Caribbean coast of South America (2–6 events) during the first climate period (1948–1998), while a higher number of events were identified in Mexico (10–14 events) and Northern Central America (10–16 events) as shown in Figure 5(b). Furthermore, the Caribbean is characterized as a region without heat waves events. On the other hand, the second climate period (1999–2015) is compared against the first climate to detect possible HWs disruption. The highest HWs number change is focalized in the Greater and Lesser Antilles with an increase between 8 and 14 events. The second most impacted area covers Guyana, Suriname, and French Guiana in South America (2–10 events’ increase). In contrast, Central America and Mexico represent a region with HWs activity decrease, with a HWs number reduction between −12 and zero events (see Figure 5(c)).
Heat waves number frequency was calculated in the two climate periods to detect any change in the region. The relative frequency from 1948 to 1998 points out a probability of 0.43 to develop three or fewer HWs events per month in the whole IAR. Larger HWs numbers have a lower probability to develop so that an interval between 6 and 15 events holds an occurrence probability of 0.19. In addition, greater events than 15 and less than 102 represent a low accumulated probability (0.13). In the second climate period, there is a shift in the HWs occurrence probability (relative frequency distribution). In contrast with the first period, three or fewer HWs events’ development per month holds a probability of 0.22, while a larger number of HWs events increase its probability. HWs events between 6 and 15 represent a probability of 0.33, which translates to almost twice the probability of the first climate period (Figure 6(a)). Furthermore, HWs events between 15 and 102 have a higher probability which is more than twice the probability in the preceding period.

During a HW event, the HI evolves day by day until reaching the highest value. This maximum HI defines the maximum HW amplitude. In the first climate period, the maximum HI during a HW event converges between 34 and 36°C with a probability of 0.29. Events with hotter days have lower occurrence probability, such as HI ranging between 36 and 38°C with a probability of 0.16. Additionally, the statistical parameters, skewness and kurtosis, define a maximum amplitude distribution left skewed with low symmetry (skewness = −0.26) and with a close shape to Gaussian distribution (kurtosis = −0.02). In the next 17 years, there is a clear shift in the maximum HW amplitude with a maximum HI peak between 36 and 38°C and an occurrence probability of 0.42 (Figure 6(b)). Furthermore, a distribution shape change is detected. A more intense left skewed tail is characterized in this second climate period (skewness = −0.58), while a sharper peak (kurtosis = 1.28) depicts a deviation from the Gaussian distribution observed in the first
climate period (Figure 6(b)). Therefore, the IAR warming expressed by changes in the SST, air temperature, and HI is causing HWs events intensification in both events number and amplitude.

6. Heat Waves Projection Using General Circulation Models

Heat index computed from GCMs was validated recently by the authors using NCEP reanalysis data. Low errors were obtained, ranging from 1.0% to 5% [66]. Heat index trend analysis was performed using a multimodel ensemble mean. Two scenarios, RCP4.5 and RCP8.5, were selected to represent the regional warming likelihood along the 21st century. Positive HI trend at a rate of 0.04°C per year was projected in the RCP4.5 scenario during the period 2026–2045. Using the Mann–Kendall test, this trend has suitable statistical significance with p value close to zero. In contrast, in the last two decades (2081–2100), HI did not show a trend but rather a variability around the mean HI value of 29.1°C (Figure 7(a)). A fast HI increase is pointed out in the RCP8.5 scenario and in the first future climate period 2026–2045 with a rate of increase of 0.06°C per year. In the second future climate period (2081–2100), accelerated HI intensification is projected at a rate of 0.12°C per year (Figure 7(b)). In this scenario, trends have proper statistical significance with p values close to zero.

On the other hand, HI climatology calculated from 2081 to 2100 was compared against the first future climate. The climate difference between these two future climate periods depicts a maximum HI change of 2°C in August (RCP4.5), while the scenario RCP8.5 stands for higher HI change with an increment of 6.4°C (Figure 7(c)). This RCP8.5 scenario projects the largest climate change in every season due to greater greenhouse gas release and concentration in the atmosphere, causing a warmer atmosphere and the likelihood to develop stronger extreme events such as HWs.

Positive HI change in both scenarios RCP4.5 and RCP8.5 translates into HWs events increase and intensification. In the first scenario RCP4.5, the future climate period 2026–2045 denotes a small monthly average HWs number (14 events), while the annual average events are 124. In the same scenario, the time series of the average heat waves number remarks an evident increase in the second future climate period (2081–2100) with 158 events per month and 1848 events per year on average across the whole IAR (Figure 8(a) and Table 1). This HWs time evolution corresponding to the scenario RCP4.5 is disaggregated into a spatial distribution to show regions with HWs number difference between the two future climate periods. Low HWs events were projected in the Caribbean region (2–8 events) during the first future climate. Greater Antilles show HWs activities between 2 and 5 events, while Central America and Northern South America hold some spots without HWs. Substantial HWs activities are simulated in the second future climate, particularly in the Caribbean region with the second highest events increase with respect to the first future climate. The Greater Antilles, including Cuba, Dominican Republic, and Puerto Rico, point out HWs number increase between 80 and 100 events. Central America, Honduras, and Guatemala depict a positive difference in the number of events between 40 and 60, while the third highest HW events increases are concentrated in Nicaragua, Costa Rica, and Panama (60–100 events). Northern South America follows the same tendency as the southern Central America with Central Colombia ranging between 30 and 80 events’ increase, with its Caribbean coastline pointing out the highest events (around 100–120 more events than the first future climate period). Furthermore, Venezuela denotes 60–100 events’ increase in the last two decades of the 21st century (Figure 8(b)).
Following with the analysis in the first scenario RCP4.5, the heat waves number distribution indicates an occurrence probability of 0.39 to develop 1 to 10 heat waves and 0.23 for 10 and 20 events in the period 2026–2045. In the last 20 years of the 21st century, the probability distribution changed noticeably with a higher probability to develop a large amount of heat waves, with 0.35 for 10 and 80 events and 0.26 for events between 100 and 200 (Figure 8(c)). On the other hand, HWs maximum amplitude probability distribution shows high asymmetry in the first climate period with a left skewed tail (skewness of −1.4) and a sharper peak, heavily tailed (kurtosis equal to 2.7). Hence, this probability distribution does not follow a Gaussian distribution, where hot day events mostly tend to have maximum HI between 30 and 36°C with a probability of 0.41. There is no shift in the distribution shape of the maximum HWs duration during the period 2081–2100, with skewness and kurtosis of −1.14 and 1.1, respectively. Furthermore, the probability to develop maximum heat index between 30 and 36°C increased to 0.48 (Figure 8(d)).

The second scenario, the RCP8.5, represents a more active IAR in terms of HWs development. The HWs number increased remarkably in this scenario when the hot day events are identified using the same threshold as for the scenario RCP4.5. The monthly average HWs number in RCP8.5 corresponds to 34 events in the first future climate while the annual average increased by almost three times (356 events) the RCP4.5 scenario. The second future climate denotes a relevant intensification with a monthly average of 372 events and an annual average increase by two and a half times with respect to the scenario RCP4.5 (Figure 9(a) and Table 1). The HWs change corresponding to the scenario RCP8.5 is shown as a spatial distribution to identify regions with high/low hot day events. In the period 2026–2045, most of the HWs are developing in the Caribbean region, with larger events in the Greater Antilles (21–30 events), including the Dominican Republic (12–18 events) and Puerto Rico (12–15 events). In the second future climate period, massive heat waves activities are projected across the whole region, particularly in Central America and Mexico with 110 to 180 events’ increase in the last two decades of the 21st century with respect to the first future climate. In addition, the Northern
Figure 8: Multimodel ensemble mean for the RCP4.5 scenario: (a) annual time series, (b) HWs number change between the climate periods 2081–2100 and 2026–2045, (c) HWs frequency of the whole IAR including the ocean area, and (d) regional average of HWs maximum amplitude.

South America denotes even higher events with an increase between 140 and 360 events (Figure 9(b)). In this scenario, the Caribbean represents an area with lower heat stroke activities, with Cuba projecting HWs rise between 80 and 100 events and the Dominican Republic between 80 and 140 events, and Puerto Rico depicts future events intensification ranging from 80 to 100 events.

On the other hand, according to the scenario RCP8.5, there is a substantial change in HWs number probability distribution when both climate periods are compared. In the second period (2081–2100), a higher probability to develop HWs events between 204 and 420 is observed with a probability of 0.54 (Figure 9(c)). Additionally, the HWs maximum amplitude has a probability of 0.49 to develop events with maximum HI between 34 and 36°C during the first future climate. A left skewed distribution (skewness of −0.91) and sharper peak (kurtosis of 1.44) are a characteristic of this period. In the last two decades of the 21st century, HWs maximum amplitude distribution changes to a Gaussian distribution with skewness and kurtosis of −0.0472 and −0.4989, respectively. Furthermore, there is a clear shift in the maximum HI during HWs events. The maximum amplitude is concentrated now between 36 and 38°C with a probability of 0.41 (Figure 9(d)).

These heat waves’ increase could cause heat-related illness intensification with more frequent heat exhaustion and even heat stroke [34, 35, 64, 65, 67, 68]. A high population mortality could be recurrent in the future, primarily in elderly populations and people with preexisting medical conditions and without air conditioning systems. In addition, to mitigate the harmful impact on health [31, 32], more energy will be required to cool down room environments.
Table 1: Total annual heat waves number for the whole IAR.

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<th>RCP8.5</th>
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7. Discussion and Conclusions

This article explores current HI trends and HWs change due to regional warming, as well as future projection in the intra-Americas region under the RCP4.5 and RCP8.5 scenarios.

The IAR climatology denotes a SST increase season by season causing an air temperature peak in the month of August which translates together with the RH into maximum human discomfort expressed by high HI peak in this month. The warmest season is characterized by a high caution area for heat stress encompassing the Caribbean region as well as Yucatan in Mexico and the Caribbean coast of South America. This large area is in agreement with the warm pool season expansion, the regional circulation belt stretching deep in the western MDR, and the SLP decrease following the wind-evaporation-SST feedback process.

A significant climate disruption was identified in the year 1998, with an accelerated air temperature and HI increase since this year with a positive rate of 0.03°C and 0.07°C per year, respectively. Two climate periods were selected to identify changes in HI and feasible variables driving this regional atmospheric warming. The climate difference between 1999–2015 and 1948–1998 pointed out HI intensification of 0.74°C in the LRS as an average across the IAR. A clear inverse relationship between HI and SLP change was detected. Furthermore, sinking dry air intensification together with warm advection strengthening and weaker cold advection tendency can increase the regional atmospheric warming.

The accelerated HI rise conducts changes in HWs activities across the IAR during the LRS. In the second climate period, HWs activities intensification was detected, mainly due to negative SLP change, sinking dry air enhancement, and warm-weaker cold advection with respect to the ERS. Furthermore, there is a clear change in HWs number frequency in the last 17 years (1999–2015), as well as in the HWs maximum amplitude distribution.

The multimodel ensemble mean for future HI and HWs shows a future IAR warmer atmosphere, projecting a large amount of HWs, particularly in the last two decades of the 21st century, where higher HI values are simulated. In the scenario RCP4.5, substantial HWs activities are predicted, mainly in the Caribbean region. From 2081 to 2100, HWs number probability distribution changed noticeably, while the maximum amplitude distribution did not show a distribution shape variation. Despite this, there is a probability increase to develop a maximum HI between 30 and 36°C. In the business-as-usual scenario (RCP8.5), massive HWs events are projected across the whole region, particularly in Central America, Mexico, and Northern South America. Additionally, there is a variation in both HWs number and maximum amplitude distribution shape with the maximum HI shifted to the interval 36–38°C. The socioeconomic implications of these projections for the region may be significant in terms of human health and energy demand projections, as the authors recently reported [66].
Conflicts of Interest

The authors declare that there are no conflicts of interest regarding the publication of this article.

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