Tropopause fold is the primary mechanism for stratosphere-troposphere exchange (STE) at the midlatitudes. Investigation of the features of tropopause folds over the Tibetan Plateau (TP) is important since the TP is a hotspot in global STE. In this study, we investigated seasonal features of the tropopause fold events over the TP using the 40-year ERA-Interim reanalysis data. The development of a tropopause folding case is specifically examined. The results show that shallow tropopause folds occur mostly in spring, while medium and deep folds occur mostly in winter. The multiyear mean monthly frequency of shallow tropopause folds over the TP reaches its maximum value of about 7% in May and then decreases gradually to its minimum value of 1% in August and increases again since September. Deep folds rarely occur in summer and autumn. Both the seasonal cycle and seasonal distribution of total tropopause folds over the TP are dominated by shallow folds. The relative high-frequency areas of medium and deep folds are located over the southern edge of the TP. The westerly jet movement controls the displacement of the high-frequency folding region over the TP. The region of high-frequency tropopause folds is located in the southern portion of the plateau in spring and moves northward in summer. The jet migrates back to the south in autumn and is located along about 30°N in winter, and the region where folds occur most frequently also shifts southward correspondingly. A medium fold event that occurred on 29 December 2018 is used to demonstrate the evolution of a tropopause fold case over the TP in winter; that is, the folding structure moves from west to east, the tropopause pressure is greater than 320 hPa over the folding region, while it is about 200 hPa in the surrounding areas, and the stratospheric air with high potential vorticity (PV) is transported from the high latitudes to the plateau by meridional winds. A trajectory model result verifies the transport pathway of the air parcels during the intrusion event.

1. Introduction

Tropopause fold events, which may lead to stratospheric intrusion, are mainly caused by the upper tropospheric frontal development and jet stream [1–3]. As a mesoscale process, the tropopause fold forms in response to strong descent at the tropopause level and usually decays after 1~2 days [4]. The stratospheric air within the trough of the tropopause fold usually mixes irreversibly into the troposphere [5] and subsequently affects the radiative process, thermal structure, and atmospheric composition in the troposphere [6–9]. Therefore, tropopause folds are recognized as the primary mechanism for stratosphere-troposphere exchange (STE) at the midlatitudes [6].

The tropopause fold associated with the polar front jet may intrude deeply into the troposphere, while the other major type of tropopause folds that is associated with the subtropical jet stream and subtropical front can rarely extend downward below 500 hPa [4]. Previous studies pointed out that the tropopause fold events mostly occur in the
midlatitude region [10]. Lin et al. [11] found that stratospheric intrusions play a major role in spring-time high-O₃ events over the high-altitude western US. Their effect on exchange of large amounts of air is of great concern; that is, even a strong tropospheric O₃ enhancement in Hawaii can be caused by direct transport of midlatitude stratospheric O₃ [12].

The Tibetan Plateau (TP) is known as the “third pole” on the earth, which plays an important role in global weather and climate [13–15]. It is situated at 25–40°N, 70–105°E, where the subtropical jet stream moves northward from winter to summer. The complex terrain and the unique dynamical and thermal features of the TP make it a key pathway of global STE [16–18]. The STE associated with the tropopause fold events accounts for a large proportion of total STE over the TP [19–21]. It may impact regional climate by altering the content of tropospheric greenhouse gases such as O₃ and water vapor. Yin et al. [22] found that surface O₃ in the Nam Co Station (in the southern-central region of the Tibetan Plateau) is affected by stratospheric intrusions.

Since tropopause folds can transport ozone-rich and high potential vorticity (PV) air into lower levels and subsequently affect the tropospheric environment and mesoscale weather [3, 11, 12, 21, 23–28], the knowledge on the frequency and distribution of tropopause fold events is important for understanding climatological STE and extratropical synoptic-scale-to-mesoscale weather systems. Sprenger et al. [29] used a 2 pvu (potential vorticity unit) isosurface to investigate 1-year climatology of global tropopause folds and found that folds occur preferentially in the subtropics and shallow folds occur most frequently. Chen et al. [19] found that the stratospheric intrusions occur mostly in winter over the TP and the location varies with the movement of the westerly jet, but the results are based on a single-year analysis. Most of the studies focusing on tropopause fold events based on numerical simulations show that the stratosphere-to-troposphere transport (STT) associated with tropopause folds over the TP plays an important role in the local STE process [21, 30].

Although STE processes over the TP, especially the STE caused by the tropopause fold events, are widely discussed in recent years, most results are based on case studies [20, 21, 31], while only a few studies investigate the climatology of spatial distribution and the seasonal variation of the tropopause fold events over the TP, e.g., [29, 32]. To fully understand the above issue is of significant implications for further investigation of STE over the TP.

In this study, statistical analysis and case studies are combined to analyze the characteristics of tropopause fold events over the TP. Section 2 briefly describes the data and analysis method. The statistical analysis focusing on seasonal distribution and variation of tropopause fold events is discussed in Section 3. The case study of the evolution of a tropopause fold event is shown in Section 4. Summaries and conclusions are presented in Section 5.

2. Data and Methods

2.1. ERA-Interim. The ERA-Interim reanalysis is from the European Centre for Medium-Range Weather Forecasts (ECMWF) [33]. In this study, we use 6-hourly data over 40 years from 1 January 1979 to 31 December 2018 to calculate seasonal mean variables in spring (March, April, and May), summer (June, July, and August), autumn (September, October, and November), and winter (December, January, and February). PV, wind field, temperature at 37 pressure levels, and pressure at 2 pvu isosurface are used in this study. The horizontal resolution of the dataset is 1 degree × 1 degree (latitude × longitude).

2.2. Tropopause Definition and Identification of Tropopause Folds. The tropopause separates the troposphere from the stratosphere. Note that it is not a fixed boundary. Multiple tropopauses are found based on the thermal tropopause defined by the World Meteorological Organization (WMO) in the extratropics [34–39]. Dynamical tropopause can be regarded as a continuous quasimaterial surface [40] and is widely used in STE studies. The dynamical tropopause is typically determined by the absolute PV value within 1–4 pvu [41, 42], and we define the 2 pvu isosurface as the tropopause in this study.

Vertical profiles of O₃, water vapor, and PV are used to define the tropopause fold [5, 43, 44]. The maxima of PV and Q-vector divergence are also regarded as good criteria to identify tropopause fold events [45, 46] in previous model output or reanalysis whose resolutions are coarse. However, diabatically generated low-level PV and PV anomalies produced by friction near high orography can potentially merge with stratospheric PV. Sprenger et al. [29] proposed a new method named “3D labelling” to identify tropopause folds. This method has been applied in previous studies [32, 47, 48]. The algorithm is easily applicable to reanalysis datasets and offers the possibility to distinguish between shallow and deep folds compared to the approach of Elbern et al. [29, 46]. In the present study, we implement the “3D labelling” method based on Škerlak et al. [48] to separate troposphere from stratosphere. The algorithm is summarized as follows: Figure 1.

1. The 2 pvu isosurface is chosen to be the tropopause.
2. The first 2 pvu isosurface from the top downward is marked as “1” in Figure 1.
3. If the specific humidity on the second 2 pvu surface from the top downward is lower than 0.1 g kg⁻¹, the 2 pvu isosurface is marked as “2” in Figure 1.
4. “3” in Figure 1 is the third 2 pvu surface from the top downward.
5. Δp is the vertical distance between “1” and “2,” i.e., the vertical distance between the first and the second 2 pvu isosurface.

A tropopause fold event is identified if “1,” “2,” and “3” all exist at the same time. In this method, the value of the vertical distance Δp between the upper tropopause and the middle tropopause crossing of the dynamical tropopause is used to identify and clarify folds [29]. Folds with 50 ≤ Δp < 200 hPa are classified as shallow folds, and those with 200 ≤ Δp < 350 hPa are classified as medium folds, while folds with Δp ≥ 350 hPa are defined to be deep folds.
The criterion “3” is used to divide the relatively high-PV structure into a stratospheric part (with relatively low specific humidity) and a stratospheric cutoff or diabatically produced cyclonic PV anomaly (with relatively high specific humidity).

2.3. Model Descriptions. We use the hybrid single-particle Lagrangian integrated trajectory (HYSPLIT) model to track backward trajectories in this study. The HYSPLIT model assumes a three-dimensional particle distribution [32]. The mean particle trajectory is the integration of the particle position vector in space and time [48]. It has been widely used in studies of airmass transport during tropopause folds [41, 49].

A 48-hour simulation from 00:00 UTC 29 Dec 2018 to 00:00 UTC 31 Dec 2018 was also performed to compare the evolution of a tropopause fold case diagnosed from reanalysis data. The model we use is the Weather Research and Forecasting (WRF) model (V3.9.1). In this study, the simulation resolution is 45 km × 45 km and has 29 levels from the ground to 50 hPa. The simulation schemes include the Grell 3D cumulus convection scheme, the RRTM longwave radiation scheme, the Goddard shortwave radiation scheme, the Lin microphysics scheme, the MYJ boundary layer scheme, and the NLSM surface scheme. The simulation was driven by the initial conditions and boundary conditions from data with 1 degree × 1 degree horizontal resolution.

3. Seasonal Variation and Distribution

We first investigate seasonal mean frequencies of shallow, medium, and deep tropopause folds over the TP (25–40°N, 70–105°E) during 1979–2018 (Figure 2). The seasonal mean frequency $F_1$ is defined as follows:

$$F_1 = \frac{D_1}{D_t},$$

where $D_1$ is the regional mean occurrence of a specific type of fold for a month and $D_t$ is the total occurrence of this specific type of fold over the TP during the study period. The results show that shallow folds play a major role in the TP’s regional mean tropopause fold events in all seasons. It is clear that medium folds and deep folds over the TP demonstrate similar seasonality, while the seasonality of shallow folds is quite different. Specifically, shallow folds peak in spring, while both medium and deep folds most often occur in winter. A significant maximum occurrence frequency of shallow folds is found in May with the value exceeding 7%, while the frequencies in July–December are all below 3%. The frequency of shallow folds declines sharply from May to July and reaches the minimum value of 1.2% in August and then increases from September to December. Generally, the frequencies during the first half-year are higher than those during the second half-year. The maximum frequencies of medium (about 0.14%) and deep (about 0.012%) folds both occur in February. The frequencies of medium and deep folds both drop in spring, but the frequency of medium folds fluctuates between 0.01% and 0.05% after March and deep folds rarely occur during the period.

We further analyzed seasonal spatial distributions of the three types of tropopause fold events. Figure 3 shows the 40-year (1979–2018) mean seasonal averages of shallow tropopause fold frequencies for spring, summer, autumn, and winter. Since we use daily data in this study, the frequency $F_2$ is defined as follows:

$$F_2 = \frac{D_2}{D_s},$$

where $D_2$ represents the number of days when the shallow tropopause fold occurred at a specific location and $D_s$ is the number of days during the whole season in this specific location.
Shallow tropopause fold frequencies present a zonal distribution pattern in all the four seasons, while the south-north migration of the high-frequency center from winter to summer is evident. It is shown that shallow tropopause fold events occur mostly in the southern part of the TP in spring, and the highest frequency is about 10% around the southwestern TP. The area where the frequency is higher than 10% accounts for almost half of the TP in spring. The high-frequency region shifts to the north of the plateau in summer. Although the highest frequency exceeds 10% over the northwestern TP in summer, fewer folds occur over the plateau in summer than in spring. In autumn, the region of shallow tropopause fold events migrates southward. Folds often occur in the central TP but rarely occur to the south of 30°N. The frequencies are less than 5%. The high-frequency region moves further south and is located in the southern TP again in winter, while the occurrence frequency of shallow folds also increases.

Although medium and deep folds only account for a small part of total folds in the northern hemisphere [32, 47, 48], previous studies have shown that deep stratospheric intrusions are an important reason for the occurrence of high-surface O₃ events over the TP. The identification of the spatial distributions of all the types of tropopause events over the TP will have great implications for the study of high-surface O₃ events. As shown in Figure 2, medium and deep folds peak in winter, and both occur most frequently over the southern edge of the plateau (Figures 4 and 5). While medium folds can still occur in other three seasons except over the plateau and to the west of the plateau, deep folds can only be found in spring and winter along the southern edge of the TP. Previous studies have revealed that deep tropopause folds are associated with midlatitude baroclinic waves [49, 50] and thus are most frequent in winters in respective hemispheres [48]. The results from Figures 3–5 agree well with those of the previous

![Figure 3: Seasonal averages of shallow tropopause fold frequencies (%) for spring (March, April, and May (MAM)) (a), summer (June, July, and August (JJA)) (b), autumn (September, October, and November (SON)) (c), and winter (December, January, and February (DJF)) (d) during 1979–2018. The location of the Tibetan Plateau (3 km elevation) is also shown in the maps (black contours).](image-url)
Figure 4: The same as Figure 3, but for medium tropopause fold frequencies.

Figure 5: Continued.
studies of Tyrlis et al. [47] and also complement their findings, which do not show the occurrences of all the three types of folds in winter half-year.

Since shallow folds account for a majority of total tropopause fold events over the TP, the seasonal frequency and seasonal spatial distribution of total folds are almost the same as those of shallow folds (figures not shown). The south-north migration of the relatively high-frequency area is a significant feature of total tropopause folds over the TP.

Several studies have revealed that the tropopause fold event is clearly linked to the location of the jet stream over the TP [20, 51, 52]. As we mentioned above, the relatively high-frequency regions of both shallow tropopause folds and total folds demonstrate a seasonal south-north movement (Figure 3). Figure 6 shows that this meridional migration of the region where high folds occur frequently is consistent with the migration of the westerly jet in the upper levels. We define the maximum wind speed of the westerly jet as the westerly jet core and investigate its variation. The 40-year mean jet core in spring is along 28°N, and it moves to the north of the plateau at around 42°N in summer. When the westerly jet moves to the north of the TP and becomes weaker in summer, the tropopause folds rarely occur above the TP (also see reference [20]). In autumn, the jet core is located along about 36°N and becomes stronger. The strongest westerly jet is situated to the south of the plateau in winter, when tropopause folds occur frequently below it. Deep STTs that are associated with stratospheric intrusions also occur most frequently in winter [20, 21, 52]. Additionally, the extent of the westerly stream (green dashed contours in Figure 6) in summer is the smallest. Both the extension and the location of the westerly jet affect the occurrence of tropopause fold events.

Seasonal averages of the westerly jet and total fold frequency are displayed in Figure 7. The total tropopause fold frequency is the sum of the frequency of shallow, medium, and deep folds. Consistent with the seasonal spatial distribution of tropopause fold occurrence, the jet stream also shows a northward movement from winter to summer. At the same time, the jet belt becomes narrow and the wind speed decreases. Areas of folding event occurrence are mostly consistent with the regions of high average wind speed in spring and winter. Although the westerly jet is the weakest in summer, tropopause fold events occur more frequently in summer than in autumn, which is probably attributed to the fact that the TP is a heating source in summer that affects atmospheric stability. One more significant feature is that tropopause folds mostly occur in the entrance of the westerly jet, where the isentropic gradient is large in all seasons.

4. Case Studies
Section 3 indicates that shallow tropopause folds dominate the seasonal cycle, seasonal distribution, and frequencies of total tropopause folds over the TP. It also reveals that the frequency of shallow tropopause folds peaks in May above the plateau, while medium and deep folds mostly occur in winter. In this section, we select a medium tropopause fold case that occurred in December 2018 to show the evolution of the fold. The selection of the case is based on the 3D labelling method.

As we use a 2 pvu isosurface to represent the dynamical tropopause surface, the pressure of 2 pvu is analyzed to illustrate the variation of the tropopause height during the study period (Figure 8). The tropopause was lower (high tropopause pressure corresponds to low tropopause height) over the TP and to the northeast of the TP than that over the surrounding areas on the day we chose. The relatively low tropopause extended from the high-latitude region to the southern TP. The evolution of this tropopause fold event over a 12-hour period is shown in Figure 8. At 12:00 UTC 29 December 2018, the tropopause pressure was about 300 hPa at around 30°N, 97°E and higher than 240 hPa over the western TP. The relatively low tropopause region extended and moved eastward at 18:00 UTC. The pressure of the
Figure 6: Pressure-latitude cross sections of seasonal average PV (color shadings; pvu), potential temperature (red lines; K), and zonal winds (green dashed lines; m/s) along 90°E during 1979–2018. The yellow dots represent the jet core. The area shaded in gray denotes the TP terrain.

Figure 7: Continued.
lowest tropopause was about 350 hPa at about 30°N, 97°E. We have pointed out that medium tropopause folds mostly occurred at the southern edge of the TP. The relatively low tropopause region moved further eastward at 00:00 UTC, while the region where the tropopause pressure was lower than 320 hPa almost moved out of the plateau. In this folding
Figure 10: Pressure-longitude cross section of PV (color shadings; pvu) and potential temperature (black lines; K) at 30°N at 12:00 UTC 29 December 2018 (a), 18:00 UTC 29 December 2018 (b), and 00:00 UTC 30 December 2018 (c). The red lines denote the mean 2 pvu contour at 30°N in December between 1979 and 2018. Pink lines represent 300 hPa and 400 hPa surfaces. The area shaded in gray indicates the TP terrain.

Figure 11: PV (color shadings; pvu) and wind field (vectors; m/s) at 200 hPa (upper), 300 hPa (middle), and 400 hPa (lower) at 12:00 UTC 29 December 2018 (a), 18:00 UTC 29 December 2018 (b), and 00:00 UTC 30 December 2018 (c). Gray contours indicate the location of the TP (3 km elevation).
case, the stratospheric intrusion came from the north of the plateau, and the folding event moved across the TP from the central area to the southeast. The folding region extended both horizontally and vertically during the period. A similar structure and the folding evolution features are also shown in the high spatial resolution WRF simulation results (Figure 9) which indicate that the fold events can be resolved in a regional model.

Figure 8 shows that the tropopause pressure is between 360 hPa and 200 hPa in this case. PV and wind field at 200 hPa, 300 hPa, and 400 hPa are then chosen to analyze both the horizontal and vertical ranges of this tropopause fold event (Figure 11). The air over the TP at 200 hPa was mainly from stratosphere (air with a PV value greater than 2 pvu is labelled as stratospheric air) during the entire period, and the stratospheric intrusion gradually became stronger while it extended eastward. Similar to the results shown in Figure 8, the region controlled by relatively high PV values moved from the northwest of the TP to the southeast in response to wind fields. The movement was also clear at 300 hPa and coincided with pressure variation at 2 pvu isosurface. The stratospheric intrusion was evident in the southern edge of the plateau at 12:00 UTC and moved southeastward since then. The area of relatively high PV extended at 18:00 UTC, and the PV value increased later. The stratospheric high-PV air which was transported from high latitude to troposphere above the plateau is associated with southern downward meridional wind during the period. At 400 hPa, no stratospheric air was found in the plateau region except for the southeastern TP. We have concluded that medium and deep folds only exist over the southern TP in winter in Section 3.

To visualize the stratospheric intrusion that is associated with the tropopause fold event, we analyze the vertical cross sections of PV along 30°N (Figure 10), and the 40-year mean dynamical tropopause pressure in December is superimposed upon the cross sections. Figure 10 shows that the tropopause height was lower than the mean tropopause height in December during the study period. An evident folding structure existed over the plateau. The tropopause fold developed from west to east, and the tropopause reached about 400 hPa at 18:00 UTC and 00:00 UTC between 90°E and 110°E. Consistent with data in Figures 8, 9, and 11, the tropopause fold moved from the west of the plateau to the east of it.

The diagnostic analysis above reveals the properties of the evolution of this tropopause fold event. 12-hour backward trajectories are used to verify the intrusion feature (Figure 12). We release three air parcels at 30°N, 97°E at different heights and obtain trajectories at 2 km, 2.5 km, and 3 km levels above the ground. It is evident that the downward transport began at about 15:00 UTC 29 December 2018. The pressure of the downward movement was about 150 hPa. The air parcel at 30°N, 97°E at 2 km height was from the northwest, which is consistent with the wind field shown in Figure 11. Trajectories of all the three parcels show almost the same horizontal transport pathway, indicating that the relatively high-PV parcels at this location had the same source. A northwest-southeast stratospheric intrusion led to the STT event.

5. Conclusions

Using ERA-Interim 6-hourly data, we have studied the characteristics of tropopause fold events over the TP based on the 3D labelling method. We focus on the climatology of seasonal variation and distribution of tropopause folds over the TP. The development of a tropopause fold event is specifically investigated in the present study based on re-analysis data and results of a trajectory model.

Our analysis shows that shallow tropopause folds mostly occur in May with the frequency of 7%, while medium and deep folds usually occur in winter. The frequency of shallow folds decreases from May to August (minimum, 1.2%) and increases from September to subsequent May. Shallow tropopause folds play an important role in the plateau and account for a majority of total fold occurrence over the TP. Both the seasonal cycle and the seasonal distribution of total folds over the TP are mainly dominated by shallow folds. The westerly jet movement controls the south-north displacement of the high-frequency shallow fold region over the plateau. The region of the highest frequency of tropopause folds is located in the southwestern plateau in spring and moves northward in summer. The jet migrates back to the south in autumn and winter, and the region of fold occurrence moves correspondingly. The high-frequency areas for medium and deep folds are found at the southern edge of the TP. The deep folds rarely occur in summer and autumn.

A medium tropopause fold event that occurred on 29 December 2018 is specifically studied to demonstrate the
evolution of a tropopause fold case over the TP in winter. The tropopause pressure could be larger than 360 hPa and even reached about 400 hPa in the southern edge of the TP, whereas it was only about 200 hPa in the surrounding areas. Stratospheric air with high PV from high latitude was associated with the southward meridional winds into troposphere over the plateau. Results of the WRF simulation and the trajectory model have verified the evolution of the folding event and transport pathway of upper-level air parcels during the period of this case.

Overall, our analysis has revealed the seasonal features of tropopause fold events over the TP. A specific case study is performed to demonstrate the evolution of a medium tropopause fold event. However, this study is based on the ERA-Interim reanalysis data, whose resolution is relatively coarse to reveal the details of tropopause fold events. In the future, we will use multiple datasets such as aircraft and LIDAR measurements combined with chemical tracers to optimize the detection of tropopause folds and further investigate their characteristics.

Data Availability

The ERA-Interim data used to support the findings of this study are available at https://apps.ecmwf.int/datasets/data/interim-full-daily/levtype=sfc/.

Conflicts of Interest

The authors declare no conflicts of interest.

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