

## Research Article

# Electrophoretic Deposition of Carbon Nanotubes over TiO<sub>2</sub> Nanotubes: Evaluation of Surface Properties and Biocompatibility

Jung Eun Park,<sup>1</sup> Il Song Park,<sup>2</sup> Tae Sung Bae,<sup>1</sup> and Min Ho Lee<sup>1</sup>

<sup>1</sup> Department of Dental Biomaterials and Institute of Biodegradable Material, Institute of Oral Bioscience and BK21 Plus Project, School of Dentistry, Chonbuk National University, Jeonju 561-756, Republic of Korea

<sup>2</sup> Division of Advanced Materials Engineering and Institute of Biodegradable Materials, Chonbuk National University, Jeonju 561-756, Republic of Korea

Correspondence should be addressed to Min Ho Lee; mh@jbnu.ac.kr

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Titanium (Ti) is often used as an orthopedic and dental implant material due to its better mechanical properties, corrosion resistance, and excellent biocompatibility. Formation of TiO<sub>2</sub> nanotubes (TiO<sub>2</sub> NTs) on titanium is an interesting surface modification to achieve controlled drug delivery and to promote cell growth. Carbon nanotubes (CNTs) possess excellent chemical durability and mechanical strength. The use of CNTs in biomedical applications such as scaffolds has received considerable attention in recent years. The present study aims to modify the surface of titanium by anodizing to form TiO<sub>2</sub> NTs and subsequently deposit CNTs over it by electrophoretic deposition (EPD). Characteristic, biocompatibility, and apatite forming ability of the surface modified samples were evaluated. The results of the study reveal that CNTs coating on TiO<sub>2</sub> nanotubes help improve the biological activity and this type of surface modification is highly suitable for biomedical applications.

## 1. Introduction

The material surface of a dental implant that is used as an artificial replacement tooth should have optimal biocompatibility, because it is constantly in direct contact with vital tissues. In addition, the implant-tissue interaction should promote bioactivity and physical, chemical, and electrical compatibilities. Titanium and titanium alloys have been widely used as dental materials because they optimally satisfy these requirements [1, 2]. However, these materials are also associated with a drawback of buildup of native oxide film that has a low density and unevenly distributed composition. To address this problem, studies have focused on improving the biocompatibility of alloys by promoting the formation of a dense oxide film by using electrochemical techniques [3–5]. Among the methods developed to date, the formation of a titanium oxide (TiO<sub>2</sub>) nanotube (NT) layer on the titanium surface by anodic oxidation has been gaining attention. This layer is chemically bonded to the titanium base material and

exhibits enhanced bonding strength at the alloy-substrate interface [6].

Carbon nanotubes (CNTs) have a unique chemical resistance and mechanical strength, as well as excellent electrical and thermal properties and structural features. For these reasons, CNTs have been used in a wide range of electrochemical and biological applications, such as electrically and thermally conductive composites and biosensors, as well as drug delivery systems, dental implantations, and bone formation. Its application also extends to the field of biomedical engineering for regenerative medicine, such as CNT scaffold materials [7–10]. Previous studies have shown that CNT-coated titanium specimens more efficiently bound cells compared to that by the uncoated titanium specimens [11]. This implies that the strong cell-binding effect of CNTs makes them an excellent material for inducing strong fusion between dental implant materials and periodontal ligaments. Current coating methods for CNTs include plasma spray [12], aerosol deposition [13], and electrodeposition [14]. In this

study, electrodeposition was used because of its advantages of being cost-effective, ability to form a film of uniform thickness, and homogeneous properties irrespective of the surface shape of the implant [15, 16]. We used multiwalled carbon nanotubes (MWCNTs) by using a carboxyl group (COOH) to enhance the dispersibility.

The specimens used in this study were fabricated by forming TiO<sub>2</sub> NTs on the surface of the titanium alloy, which is the most widely used material for bone replacement, and coating the surface with carboxylated multiwalled carbon nanotubes (MWCNTs-COOH) by electrodeposition. We then investigated the cell proliferation and biocompatibility according to surface modifications.

## 2. Experimental Materials and Methods

**2.1. TiO<sub>2</sub> NT Specimen Fabrication.** To fabricate specimens for this study, Ti-6Al-4V (Kobe Steel Ltd., Japan) was cut into 20 × 10 × 2 mm portions. All specimens were polished with silicon carbide (SiC) sand paper (numbers 400–1000) to achieve surface homogeneity, followed by ultrasonic cleaning and drying with ethanol and distilled water. To fabricate titanium alloy NTs, the titanium alloy and platinum sheet were connected to the anode and cathode electrodes, respectively, of a DC power supply device (SDP-303D, Daunanotek, Korea). An electrolyte solution was prepared by mixing ethylene glycol (HOCH<sub>2</sub>CH<sub>2</sub>OH; 90 wt%) and ammonium fluoride (NH<sub>4</sub>F; 1 wt%). TiO<sub>2</sub> NTs were fabricated by applying 20 V for 50 min and then were subjected to heat treatment at 450 °C for 2 h to achieve the densification of the TiO<sub>2</sub> NTs oxide film and structural stabilization.

**2.2. CNT Preparation.** The MWCNTs (CNT Co. Ltd., Korea) used in this study underwent heat treatment at 450 °C for 90 min to remove metal catalysts and amorphous carbon and then sonication in a 6 M HCl solution for 2 h, followed by stirring in a round flask and mixing it with a 3 M NaOH solution at 120 °C for 12 h. After the stirring, the CNTs were cleaned until the mixture reached a pH level of 7 and then dried at a 55 °C vacuum condition until only pure CNTs were left.

To improve dispersibility, the purified CNTs were transferred into a round flask and subjected to sonication in 60% nitrogen solution for 30 min and stirred at 120 °C for 8 h. After the stirring, the CNTs were cleaned again until they reached a pH level of 7 and then they were dried at a 55 °C vacuum condition to harvest the MWCNTs-COOH. To measure the dispersibility of CNTs, we separated pure MWCNTs from the MWCNTs-COOH and allowed these to diffuse in distilled water and analyzed their respective diffusivities by using UV-Vis spectrophotometer (HP 8453, Hewlett-Packard, Germany).

**2.3. CNT Coating.** Approximately 5 mg of MWCNTs-COOH was mixed with 100 mL of ethanol and sonicated in an ultrasonic bath for 1 h for dispersal. To induce electrodeposition, the titanium alloy and the platinum sheet were connected to the anode and cathode electrodes, respectively, of a DC power

supply. As the electrolyte solution, a suspension solution was prepared by dispersing MWCNTs-COOH in ethanol, and since the MWCNTs-COOH are negatively charged and the titanium alloy was connected to the anode, the MWCNTs were deposited on the titanium alloy; the electrodeposition was performed at 20 V for 1 min.

**2.4. Surface Analysis.** The surface roughness of specimens was tested using a roughness tester (SV-528, Mitutoyo, Japan).

The surface structure was examined using atomic force microscopy (AFM; MultiMode + Bioscope, Digital Instruments, USA) at the speed of approximately 1 Hz and within a range of 5 × 5 μm<sup>2</sup>, and the surface morphology was examined using a field emission scanning electron microscope (FE-SEM) (SUPRA 40VP, Carl Zeiss, Germany).

**2.5. In Vitro Testing.** A synthetic body fluid (SBF) solution was prepared by adding 0.285 g/L of calcium chloride dehydrate, 0.09767 g/L of magnesium sulfate, and 0.350 g/L of sodium hydrogen carbonate to Hank's solution (H2387, Sigma Chemical Co., USA), with the pH adjusted to 7.4. Each specimen was completely soaked in SBF for 10 days. After submersion, the precipitation patterns of the bone-like apatite were analyzed with an X-ray diffractometer (X'Pert Powder, PANalytical, The Netherlands). Additionally, osmium coating was performed and the film components and their compositions were measured using an FE-SEM and energy dispersive X-ray spectroscopy (EDX). All experiments were carried out in triplicate and analyzed with one-way ANOVA ( $P > 0.05$ ).

**2.6. Cell Culture and Observation.** Cytotoxicity assessment was performed on rat preosteoblastic MC3T3-E1 cells procured from the American Type Culture Collection (ATCC, Manassas, VA, USA). The culture broth was prepared by supplementing the culture medium α-MEM (Gibco Co., USA) with 10% fetal bovine serum (FBS, Gibco Co., USA) and penicillin. The prepared specimens were UV-sterilized for 24 h, and the cells were divided, with the cell density controlled at 2 × 10<sup>4</sup> cells/mL and incubated for 24 h at 37 °C in a 5% CO<sub>2</sub> cell culture chamber (3111, Thermo Electron Corporation, USA). The culture broth was then removed and any detached cells and other suspended materials were washed off three times with phosphate buffered saline (PBS) solution. Adherent cells were initially fixed in 2.5% glutaraldehyde for 2 h, followed by a second fixation in 1% osmium tetroxide at 4 °C for 2 h. The cells were then dehydrated in an alcohol series of increasing concentrations (50, 60, 70, 80, 90, and 100%). The cell adhesion patterns were then observed using a SEM (Bio-LV-SEM; SN-3000 Hitachi, Hitachi, Japan).

**2.7. MTT Assay.** For the MTT assay, each specimen was incubated for 1 and 5 days by using the same conditions as those for the cell culture, and then the culture medium was removed. The assay containing 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) and α-MEM culture medium was divided into 1 mL units, which was left to react in a 5% CO<sub>2</sub> culture chamber for 4 h. The absorbance was measured at 540 nm using ELISA reader (Molecular

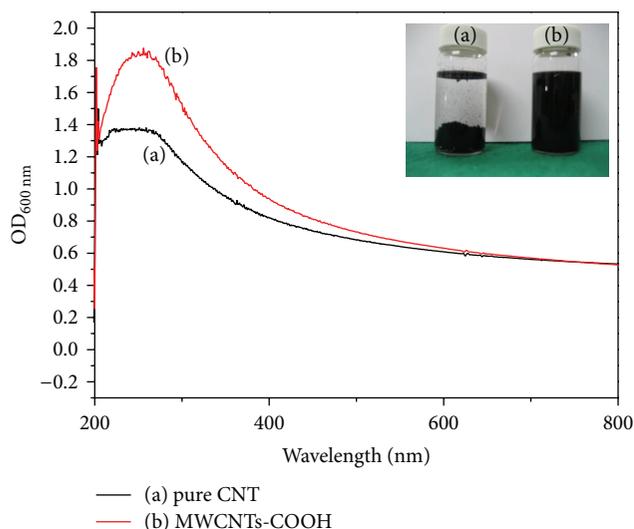


FIGURE 1: Optical view of dispersion and UV-Vis curve image after dispersion: (a) pure MWCNTs, (b) MWCNTs-COOH.

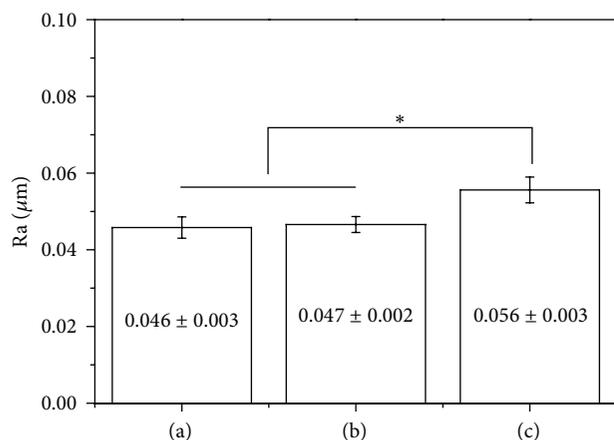


FIGURE 2: Roughness of (a) Ti-6Al-4V, (b) TiO<sub>2</sub> NTs, and (c) MWCNTs-TiO<sub>2</sub> NTs (\**P* < 0.05).

devices, EMax, US) after removing the culture medium and inducing color revelation with dimethyl sulfoxide (DMSO). All experiments were carried out in triplicate and analyzed using one-way ANOVA (*P* > 0.05).

### 3. Results

Prior to CNT deposition on TiO<sub>2</sub> NTs, MWCNTs dispersibility was assessed after a 1 h sonication of pure MWCNTs and MWCNTs-COOH in distilled water. By visual assessment, pure MWCNTs were found clustered together without being dispersed, thus forming a separate layer from that of distilled water and leaving a clear upper layer (Figure 1(a)), whereas MWCNTs-COOH particles were well dispersed and evenly distributed in distilled water (Figure 1(b)). To quantitatively assess the CNT dispersibility in distilled water, absorbance was measured using UV-Vis (Figure 1). Figure 1 shows that the absorbance at a wavelength of 300 nm was relatively

higher in MWCNTs-COOH (b) compared to pure MWCNTs (a).

Figure 2 shows surface roughness according to different surface treatments and the coating of TiO<sub>2</sub> NTs with MWCNTs-COOH. No significant differences in the surface roughness between Ti-6Al-4V alloy and TiO<sub>2</sub> NTs were observed (*P* > 0.05), although surface roughness increased with CNT coating (*P* < 0.05).

Figure 3 shows the AFM and SEM images in which the surface of each specimen was analyzed. Comparison of AFM and SEM images indicated similar surface formation patterns. Moreover, the formed TiO<sub>2</sub> NTs measured approximately  $\varnothing$  70 nm (Figure 3(b)), whereas the MWCNT-coated surface measured approximately  $\varnothing$  40 nm (Figure 3(c)) on titanium alloy.

Figure 4 shows the results of analysis of the surface of each specimen with EDX and SEM after immersion in SBF for 10 days. EDX examination did not detect calcium (Ca) and phosphorous (P) in the untreated specimen (a), whereas both were detected on the surfaces of TiO<sub>2</sub> NT specimen (b) and MWCNTs-TiO<sub>2</sub> NTs specimen (c).

Figure 5 shows the results of XRD analysis of each specimen of Ti-6Al-4V alloy (a), TiO<sub>2</sub> NTs (b), and MWCNTs-TiO<sub>2</sub> NTs (c) after immersion in SBF for 10 days. In the specimen with TiO<sub>2</sub> NTs,  $2\theta$  peaks were found around 31-32° for hydroxyapatite (HA) crystals and at around 25° for anatase (Figures 5(b) and 5(c)).

Figure 6 shows the cell morphologies in each specimen after a 48 h cell culture. It was confirmed that cells adhered to the surface. All specimens showed similar patterns with respect to cell morphology, although the cells in the MWCNTs-TiO<sub>2</sub> NTs were larger and rounder and had more densely developed filopodia (Figure 6).

Figure 7 shows the results of the MTT assay, which examined cell proliferation after culturing for 2 and 5 days. On incubation day 2, MWCNTs-TiO<sub>2</sub> NTs specimen showed a large increase in cell proliferation compared to TiO<sub>2</sub> NTs (*P* < 0.05). Day 5 showed a relatively greater cell proliferation compared to that observed on day 2. In particular, cell survival decreased after the formation of TiO<sub>2</sub> NTs, but cell viability significantly increased after MWCNT coating on TiO<sub>2</sub> NTs.

### 4. Discussion

On the basis of their properties of electrical conductivity and chemical/physical, CNTs offer a wide spectrum of application not only for various electrically and thermally conductive composites and chemical sensors but also as nanobiomaterials [11]. Intensive research activities utilizing these superior CNT properties are currently being explored in various fields, but the large specific surface area of CNTs causes NTs to cluster together, often resulting in difficulties in their applications. Despite continuous research on the dispersibility of CNTs, no cure-all solution has been reported to date. Among the common methods of improving the dispersibility of CNTs, several studies have focused on surface functionalization, which involves weakening of the van der

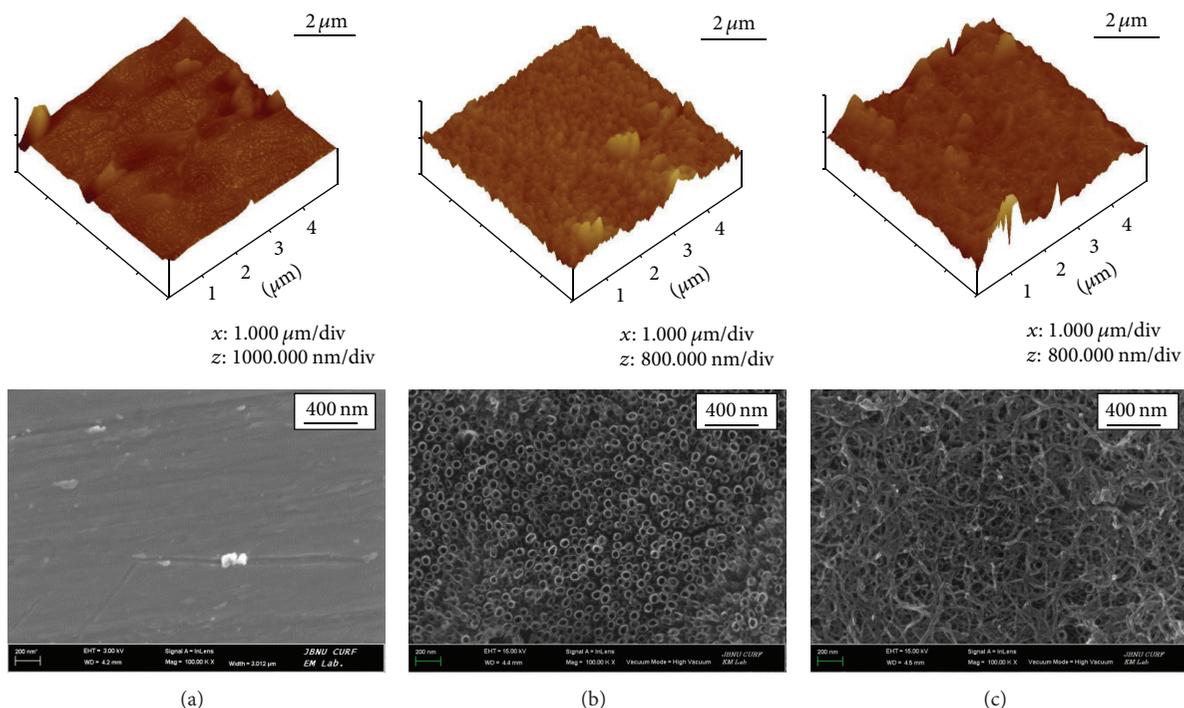


FIGURE 3: AFM and SEM of Ti specimens surface: (a) Ti-6Al-4V, (b) TiO<sub>2</sub> NTs, and (c) MWCNTs-TiO<sub>2</sub> NTs.

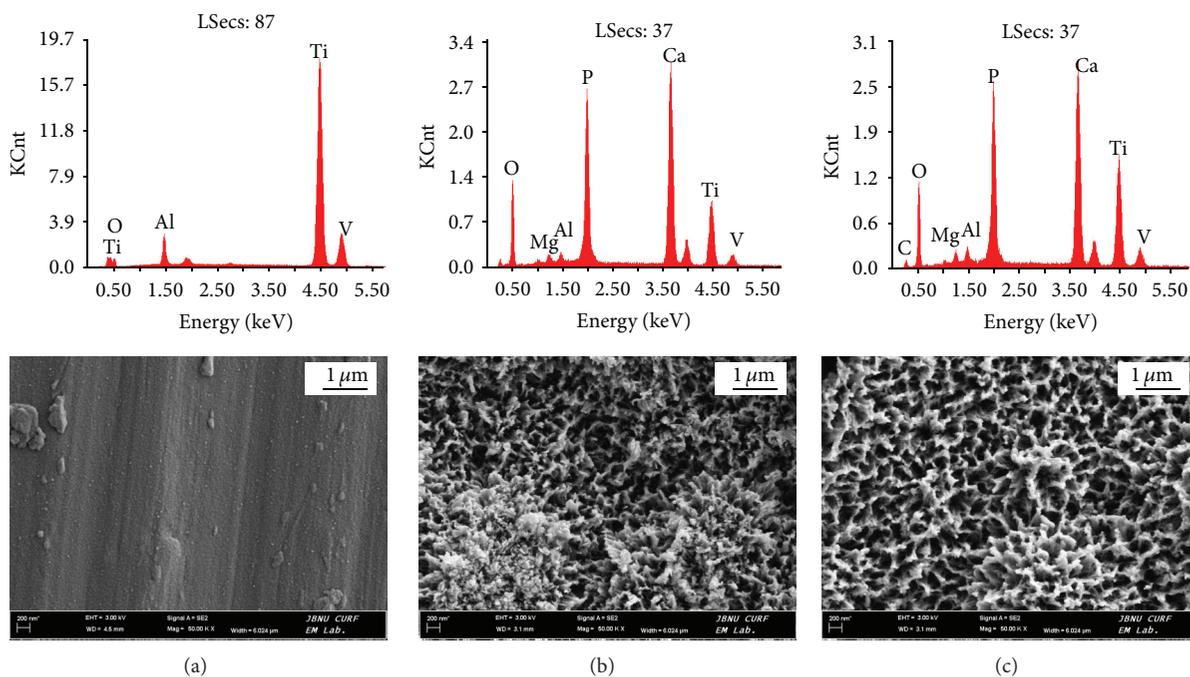


FIGURE 4: SEM and EDX image of sample immersed in SBF after 10 days: (a) Ti-6Al-4V, (b) TiO<sub>2</sub> NTs, and (c) MWCNTs-TiO<sub>2</sub> NTs.

Waals force among tubes, thus, preventing their agglomeration through the effects of other materials applied onto the NT surface. One of these methods is the sulfate- and nitrogen-mediated carboxyl application to induce a direct covalent bond between the material and the CNT surface [17–22]. This study similarly conducted an experiment by

applying a carboxyl group to the CNT surface by using nitrogen to improve the dispersibility of CTNs. Our results showed that dispersibility increased through the carboxyl group (Figure 1) and, with the CNT surface exhibiting a negative charge, the specimen was connected to the anode for coating.



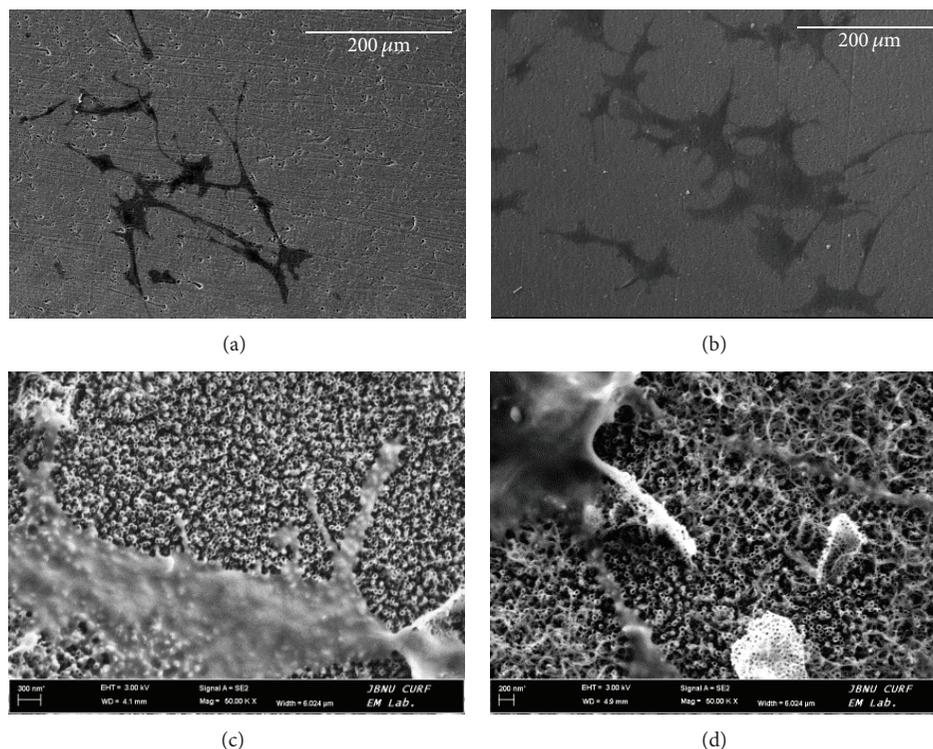


FIGURE 6: Bio-SEM of MC3T3-E1 cell culture on Ti specimens for 48h: (a) TiO<sub>2</sub> NTs, (b) MWCNTs-TiO<sub>2</sub> NTs; (c) and (d) magnify, respectively, (a) and (b).

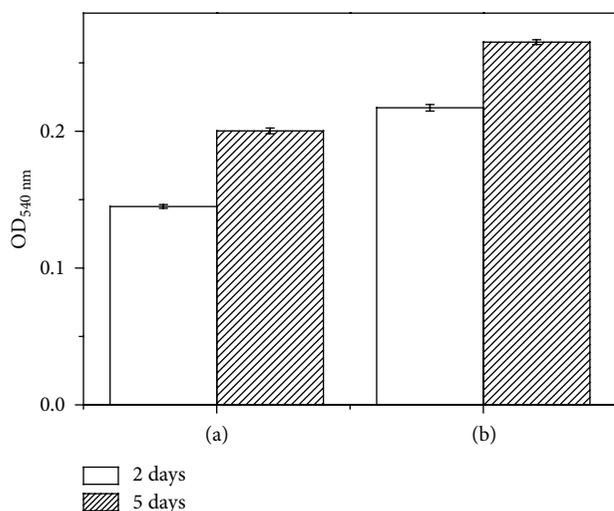


FIGURE 7: MTT assay of (a) TiO<sub>2</sub> NTs and (b) MWCNTs-TiO<sub>2</sub> NTs by MC3T3-E1 cell culture for 2 and 5 days.

with MWCNTs on its TiO<sub>2</sub> NT surface showed superior biocompatibility.

## 5. Conclusion

This study developed TiO<sub>2</sub> NTs on a titanium surface, a material that has been widely used as bone replacement, coated it

with carboxylated MWCNT-COOH by means of electrodeposition, and examined cell proliferation and morphology according to surface modifications. Biocompatibility was improved through the combined effect of MWCNT-COOH coating on TiO<sub>2</sub> NTs, which increased surface roughness, accelerated HA formation, and promoted cell proliferation. On the basis of the above results, we believe that TiO<sub>2</sub> NTs are effective and excellent bone replacement materials for bone regeneration in a variety of fields such as dentistry and orthopedics.

## Conflict of Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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