Methodology Report

An Improved Harvest and in Vitro Expansion Protocol for Murine Bone Marrow-Derived Mesenchymal Stem Cells

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Compared to bone marrow (BM) derived mesenchymal stem cells (MSCs) from human origin or from other species, the in vitro expansion and purification of murine MSCs (mMSCs) is much more difficult because of the low MSC yield and the unwanted growth of non-MSCs in the in vitro expansion cultures. We describe a modified protocol to isolate and expand murine BM derived MSCs based on the combination of mechanical crushing and collagenase digestion at the moment of harvest, followed by an immunodepletion step using microbeads coated with CD11b, CD45 and CD34 antibodies. The number of isolated mMSCs as estimated by colony forming unit-fibroblast (CFU-F) assay showed that this modified isolation method could yield 70.0% more primary colonies. After immunodepletion, a homogenous mMSC population could already be obtained after two passages. Immunodepleted mMSCs (ID-mMSCs) are uniformly positive for stem cell antigen-1 (Sca-1), CD90, CD105 and CD73 cell surface markers, but negative for the hematopoietic surface markers CD14, CD34 and CD45. Moreover the immunodepleted cell population exhibits more differentiation potential into adipogenic, osteogenic and chondrogenic lineages. Our data illustrate the development of an efficient and reliable expansion protocol increasing the yield and purity of mMSCs and reducing the overall expansion time.

1. Introduction

Mesenchymal stem cells are self-renewing and multipotent progenitors that can differentiate into a variety of cell types, including adipocytes, osteoblasts, chondrocytes, myocytes, hepatocytes, cardiomyocytes, neurons, and beta-pancreatic islets cells [1–4]. BM is the most common source of MSCs. However, MSCs have also been isolated from various other sources, namely, placenta, amniotic fluid, cord blood, fetal liver, and adipose tissue [5–9]. MSCs have been referred by other terminology such as colony-forming fibroblastic cells, marrow stromal stem cells, and mesenchymal progenitor cells [10–12]. At present, MSCs are reported to possess, besides their multipotent differentiation capacity, also other properties such as low immunogenicity and tissue-homing ability making them an attractive tool for cell-mediated therapy in several diseases processes, including tissue injury and tissue degeneration as well as graft-versus-host disease [13–16].

MSCs have been successfully isolated and characterized from BM samples of many species including human, rabbit, rat, sheep, goat, rhesus monkeys, dog, and pig through their preferential attachment to tissue culture plastic [17–25]. In contrast, the isolation and purification of mMSCs from BM has been more difficult than that from human and other species whose marrow adherent cells are relatively homogenous and contain a high percentage of MSCs. The future use of MSCs for human disease therapies depends on the establishment of representative and efficient preclinical animal models. In many respects, a murine model is an ideal model to study the cell biology and the therapeutic potential of MSCs. The standard method of plastic adherence has,
however, proven ineffective to yield relatively pure mMSCs populations since various hematopoietic cell lineages survive and/or proliferate on stromal layers, even in the absence of exogenous cytokines [26]. The majority of the contaminated hematopoietic cells can be removed after a prolonged expansion time by frequent subculturing. The MSCs differentiation potentials might, however, decrease during long-term in vitro culture. In addition, several reports suggest that mMSCs can undergo spontaneous transformation following long term in vitro culture [27–29]. So far, several techniques have been described to reduce or eliminate non-MSCs from plastic adherent murine BM cultures, including the use of low-density culture, frequent medium change, and positive and negative selection [30–37]. However, none of these techniques has gained widespread acceptance so far. It is, therefore, still necessary to develop a standardized, reliable, and easy-to-perform method to obtain high amounts of purified mMSCs, but with reduced expansion time to avoid possible transformation and to retain the differentiation potential of the expanded stem cells. Our present study aimed to develop an improved method to increase the yield and purity of culture-expanded mMSCs.

2. Materials and Methods

2.1. mMSCs Modified Harvest and Primary Culture. C57BL/KaLwRij mice (Harlan CPB, The Netherlands), 6–8 weeks old, were sacrificed by cervical dislocation. The hind legs and vertebras were dissected and carefully cleaned from adherent tissues. The standard accepted isolation protocol for BM-derived MSCs was to flush BM cells from hind legs [38]. Here, we modified the harvest protocol. After the tips of each bone were removed and the BM was collected by flushing out the content of femurs and tibias with RPMI 1640 (Lonza, Verviers, Belgium), we further chopped the femurs, tibias and vertebrae into fine pieces (1-2 mm) with a scalpel and crushed gently with the back side of a 5-ml syringe in RPMI 1640. Next, the bone fragments were transferred into a 50 ml polypropylene tube with 10 ml 0.25% Collagenase A solution (Roche Diagnostics GmbH, Mannheim, Germany). The tube with bone fragments and Collagenase A solution was placed in 37°C water bath for 30 minutes. Next phosphate buffered saline (PBS) was added to a final volume of 30 ml. When the fragments were settled, supernatant was collected, mixed with the previously harvested cells, and filtered through 70-μm nylon mesh filter. Cells were then washed twice with PBS, and subsequently nucleated and viable cells were counted in a hemocytometer using 3% Acetic acid with Crystal Violet and Trypan Blue, respectively. Cells were plated at 1 × 10^6 cells/cm² in McCoy’s 5A media (Lonza, Verviers, Belgium) containing 20% mesenchymal stem cell stimulatory supplements for mouse (Stem Cell Technologies, Vancouver, BC, Canada), 1% L-glutamine (Lonza, Verviers, Belgium), and 1% penicillin/streptomycin (Lonza, Verviers, Belgium). The culture was kept in a humidified 5% CO₂ incubator at 37°C for 24–48 hours, followed by removal of nonadherent cells with PBS and replacement with fresh complete medium. All of the procedures involving mice were approved by the Ethical Committee for Animal Experiments, VUB (license no. LA1230281).

2.2. Increasing the Purity of in Vitro Expanded mMSCs by Immunodepletion and mMSCs Subculture. After about 7–10 days, when primary cultures (passage 0) became nearly confluent, the cells were detached with 0.25% trypsin/0.02% EDTA for 5 minutes at 37°C. The residual cells which were not detached within 5 minutes were collected by gentle scraping using a cell scraper. The cells were resuspended in 1 ml 0.1%BSA/PBS, followed by an immunodepletion using anti-CD11b, CD34, CD45-conjugated Dynabeads M-280 Streptavidin superparamagnetic polystyrene beads (In vitrogen Dynal AS, Oslo, Norway) according to the manufacturer’s instruction. In brief, Dynabeads were washed with 0.1%BSA/PBS for 5 times and then precoated with the following biotinylated antibodies, respectively, at appropriate concentration (5–10 μg antibodies per mg Dynabeads M-280 streptavidin) by incubation for 30 minutes at room temperature using gentle rotation: Biotin antinouse CD11b, CD34 and CD45 (eBioscience, San Diego, USA). Three consecutive rounds of immunodepletion using antibodies against CD11b, CD34 and CD45, respectively, were performed for depleting contaminated non-MSCs. In each case, cells and antibody conjugated Dynabeads were thoroughly mixed at a ratio of 1 cell : 5 beads and incubated on the rotator for 30 minutes at 4°C. Then, cells were washed using a Dynal MPC to remove unbound cells. The immunodepleted cells were suspended in complete medium, plated in one T-25 flask at 1000 cells/cm² (Nunc, VWR International, Leuven, Belgium) followed by incubation in a 37°C with 5% CO₂ humidified incubator. Culture medium was changed every 3–4 days until cell culture reached 80%–90% confluence. At that point cells were trypsinized (passage 1) and plated in one T-75 flask at 1000 cells/cm². Subsequent passages were performed similarly, but split ratios were 1 : 2 (T-75 flask).

2.3. CFU-F Assay. The CFU-F assay was performed as described previously [39]. In brief, 1 × 10^6 nucleated cells obtained from fresh BM were plated into each well of a six-well plate and incubated for 10 days in humidified atmosphere (37°C, 5% CO₂). Culture medium was changed on days 3 and 8 of culture. Subsequently, cultures were fixed and stained with Giemsa. The number of colonies displaying five or more cells with spindled mMSCs morphology was scored under an inverted microscope. Colonies whose morphology clearly differed from the mMSC morphology were excluded from the results. This assay was performed using BM samples from 10 mice (for 5 mice, cells were isolated using Collagenase, while for 5 other mice cells were isolated without Collagenase). Each sample was analyzed in triplicate.

2.4. Growth Curve and Doubling Time. Passage 1 mMSCs were plated in 6-well culture plates at 2000 cells/well in medium with 20% mesenchymal stem cell stimulatory supplements or 10% fetal bovine serum (FBS). The cells from each well were trypsinized and counted in duplicate with a hemocytometer every two days until day 12. The doubling
The hind legs and vertebrae are dissected and removed from adherent tissues.

Flush BM

Cut bones

Crash bones

(a)

Collagenase digestion

Mix flushed BM and enzyme-treated fragments for culture

24 h later, wash and refresh medium

T = 24 h

Refresh medium every 3 days

T = 7 d

Cells are characterized by morphology, cell-surface antigens and tri-lineages differentiation ability

(b)

Figure 1: Flow chart for our modified harvest and expansion protocol. (a) Mice were sacrificed by cervical dislocation. The hind legs and vertebrae were dissected and carefully removed from adherent tissues. The BM was collected by flushing out the content of femurs and tibias with RPMI 1640. Next, the femurs, tibias, and vertebrae were cutted into small pieces and crushed gently. Next, the bone fragments were incubated with 0.25% Collagenase A solution in 37°C water bath for 30 minutes. (b) Collagenase-treated bone fragments were mixed with the previously flushed BM cells, filtered through 70-μm nylon mesh filter and cultured at 1 × 10^6 cells/cm². At 24 h after initial culture, the nonadherent cells were washed away. After about 7–10 days, when primary cultures became nearly confluent, the cells were trypsinized, followed by a CD11b/CD34/CD45 negative immunodepletion in order to remove contaminated hematopoietic cells. The immunodepleted cells were cultivated and characterized at the level of their morphology, immunophenotype, and differentiation potentials. Scale bar = 100 μm.

Time was calculated according to the equation: $TD = t \times \frac{\log 2}{\log (N_t/N_0)}$, where $N_0$ is the initial cell number, $N_t$ is the end point cell number, and $t$ is time interval.

2.5. Flow Cytometry Analysis. mMSCs were detached from the culture dish using 0.25% trypsin/0.02% EDTA, and $1 \times 10^5$ mMSCs were washed by 4%HuAlb/PBS and pelleted by centrifugation for 3 minutes at 400 g. The cells were stained with rat anti-mouse CD14, CD34, CD105, Sca-1, CD45, CD90 (all purchased from eBioscience, San Diego, USA), and CD73 (PharMingen, San Diego, USA), at a concentration of 2 μg/ml at 4°C. The cells stained with corresponding rat...
Figure 2: Optimized isolation of murine BM derived MSCs. (a) In the CFU-F assay, 70.0% more colonies are observed with the modified isolation method, \( n = 6 \)/group. *P < .05 (b) One representative colony in CFU-F assay (Giemsa staining, \( \times 40 \)), scale bar = 100 \( \mu \)m.

Figure 3: Comparison proliferation rate in medium with fetal bovine serum versus mesenchymal stem cell stimulatory supplements. Passage 1 cells show a higher growth rate in medium with mesenchymal stem cell stimulatory supplements as compared to the proliferation rate observed in medium with the 10% FBS. The values are expressed as means \( \pm \) SD of 3 independent measurements.

2.6. Differentiation Assays

2.6.1. Adipogenic Differentiation. For adipogenic differentiation, \( 2 \times 10^5 \) P3 mMSCs were seeded into a well of a 6-well plate (Nunc, VWR International, Leuven, Belgium) and fed every 2-3 days by replacing the complete medium until a confluent cell layer was formed. Then, cells were stimulated to differentiate into the adipogenic lineage by submitting them to three cycles of alternating culture in adipogenic induction medium (LONZA, Walkersville, USA) and adipogenic maintenance medium (LONZA, Walkersville, USA) according to the manufacturer's instructions. The adipogenic induction medium contains according to the manufacture Insulin (recombinant), L-glutamine, MCGS, dexamethasone, indomethacin, IBMX (3-isobutyl-1-methyl-xanthine), and Pen/Strep, while the Adipogenic Maintenance Medium includes insulin (recombinant), L-Glutamine, MCGS, and pen/strep. At the end of these cycles, cells were grown for another 7 days in adipogenic maintenance medium. As a control MSC were grown in Adipogenic Maintenance Medium only to exclude spontaneous adipogenic differentiation. To visualize adipocytes, cells were stained with Oil Red O (Sigma, Bornem, Belgium) [40].

2.6.2. Osteogenic Differentiation. Osteogenic differentiation was induced by exposing \( 3 \times 10^4 \) P3 mMSCs to osteogenic induction medium (LONZA, Walkersville, USA) into a well of a 6-well plate. The medium was changed every 3 to 4 days. As a negative control, cells were cultured in complete medium and medium was changed at the same frequency as that for the differentiating MSC. The osteogenic induction medium contains according to the manufacturer dexamethasone, L-Glutamine, ascorbate, Pen/Strep, MCGS, and glycerophosphate. To verify osteogenic differentiation, von Kossa’s method was used to stain calcium deposits [41].

anti-mouse IgG served as negative controls. After 30 minutes, unbound antibody was washed with 2 ml 1%HuAlb/PBS. Next, the cells were incubated with 10 \( \mu \)L mouse antirat fluorescein isothiocyanate (FITC) antibody at 4°C for 30 minutes followed by a wash with 2 ml 1%HuAlb/PBS. The cell pellets were resuspended in 600 \( \mu \)l PBS and examined by flow cytometry (Coulter Epics XL-MCL, Brussels, Belgium) with 5,000 events being recorded for each condition. The results were analyzed by cell quest software and WinMDI 2.8 software was used to create the histograms.
2.6.3. Chondrogenic Differentiation. In order to induce chondrogenic differentiation, 2.5 × 10^5 P3 mMSCs were washed twice in incomplete chondrogenesis induction medium (LONZA, Walkersville, USA). Cells were then sedimented by centrifugation at 150 g for 5 minutes and 0.5 mL complete chondrogenesis induction medium (LONZA, Walkersville, USA) was added to the cell pellet. Incomplete chondrogenesis induction medium contains according to the manufacturer dexamethasone, ascorbate, ITS + supplement, pen/strep, sodium pyruvate, Proline and L-Glutamine. Complete medium was made by adding 5 μL TGFβ3 (LONZA, Walkersville, USA) to 1 mL incomplete medium. The medium was changed every 3 to 4 days. After 21 days of culture, the pellets were embedded in paraffin, cut into 4 μm sections and immunohistochemically stained by a rabbit polyclonal anticollagen II antibody (NCL-COLL-IIp, NovoCastra, Prosan, Merelbeke, Belgium).

2.7. Statistical Analysis. Statistical significance was assessed by comparing mean values (±SD) using Mann Whitney test. P < .05 were considered statistically significant.

3. Results

As shown in the flow chart (Figure 1), the isolation and expansion method of BM-derived mMSCs includes a combination of mechanical bone crushing, enzymatic treatment of bone fragments, and flushing out BM cells at the harvest step with immunodepletion of CD11b+, CD34+, and CD45+ cells in the following culture step.

The number of BM-nucleated cells harvested with the modified method was 19.4% higher than the number of BM nucleated cells obtained by the standard method although this difference was not significant (data not shown). However, with the modified harvest method, the mean number of colonies was 70.0% more than the mean number of colonies obtained by the standard method (P < .05) (Figure 2(a)). The number of colonies displaying five or more cells was scored under an inverted microscope (Figure 2(c)). Colonies with four cells were counted when one of them presented two nuclei. Colonies whose morphology clearly differed from the mMSC morphology were excluded from the results. We compared medium with fetal bovine serum (FBS) to medium with mesenchymal stem cell stimulatory supplements (mouse) from Stem cell technologies and found that cells cultured with Mesenchymal Stem Cell Stimulatory Supplements showed a higher proliferation rate (Figure 3).

Using the standard expansion conditions, cultures usually remained morphologically heterogeneous at passage 2, presenting round, polygonal, spindle-shaped, and flattened cells (Figure 4). Some degree of morphological heterogeneity could still be observed up to passage 6–8 (data not shown). However, using the immunodepletion step, much less heterogeneity could be observed, and at passage 2, a homogeneous population of spindle-shaped cells could be observed. The doubling time of ID-mMSCs was found to be 46.9 ± 1.78 h.

We further investigated whether the two different harvest methods had an effect on the yields of ID-mMSCs. The result showed that using the same immunodepletion procedure, the ID-mMSC yield with the standard isolation method was 3.7%, while the yield with the modified isolation method could reach up to 6.6% (Figure 5(a)), confirming that our modified isolation method results in a higher mMSC harvest.

The cells (cultured with and without immunodepletion) were further analyzed for cell surface antigens at passage 3. Results showed that ID-mMSCs were strongly positive for CD90, CD73 and Sca-1, but totally negative for CD14, CD34, and CD45 (Figure 5(b)). The cell population cultured without immunodepletion showed significantly less expression of CD90, CD73, and Sca-1 but more expression of CD45 compared with ID-mMSCs (Figure 5(c)). Without immunodepletion mMSCs still seemed to be contaminated with hematopoietic cells after 5-6 passages, which was consistent with the morphological observations.

Tri-lineage differentiation abilities of cells cultured with and without immunodepletion were tested at passage 3. When cultured in adipogenic, osteogenic, and chondrogenic media, cells were able to differentiate exclusively into adipocytes, osteoblasts, and chondrocytes as determined by
Figure 5: Cell-surface antigens on mMSCs. (a) The yield of ID-mMSCs with modified isolation method is 78.3% higher as compared to the standard isolation method, n = 6/group, *P < .05. (b) A representative phenotype of ID-mMSCs from 6 donors at passage 3. Plots show isotype control IgG staining profile (red) versus specific Ab staining profile (white). (c) Contaminated hematopoietic cells still can be detected in the non-immunodepleted MSC fraction showing CD14, CD34, and CD45 expression at passage 5, n = 6/group, *P < .05.

4. Discussion

Mesenchymal stem cells (MSCs) have generated a great deal of interest and promise as a potential source of cells for cell-based therapeutic strategies for tissue repair and regenerative diseases, primarily owing to their intrinsic ability to self renew and differentiate into functional cell types that constitute the tissue in which they exist. At present, there is also a great interest for genetically modified MSCs in cell-based therapy for cancers based on the rationale of tumor-homing properties of MSCs. However, most of MSC therapeutic applications are still in preclinical studies.

Friedenstein and his colleagues firstly established MSCs culture from guinea pig by virtue of MSCs preferential attachment to plastic flasks [38], and the original method has been further used for the culture BM MSCs from human and other experimental animals [17–22]. This method has, however, proven inefficient for mMSCs due to low mMSCs number and contamination of hematopoietic cells in the cultures. To solve this problem, many groups have developed various modified mMSCs culture conditions to obtain sufficient numbers of cells in the shortest time and with the highest homogeneity. Kopen et al. firstly developed a method to eliminate myelopoietic cells using an anti-CD11b antibody, but this protocol could not deplete all the hematopoietic cells [33]. Baddoo et al. presented a modified purification approach based on immunodepletion...
Figure 6: In vitro differentiation of mMSCs. The same amount of nonimmunodepleted mMSCs and ID-mMSCs were plated and adipogenic, osteogenic, and chondrogenic differentiation was evaluated at passage 3. Oil Red O staining ((a), ×200), von Kossa staining ((b), ×40 or ×100) and collagen type II staining ((c), ×100) show that ID-mMSCs exhibit much more differentiated cells, indicating a higher purity of multipotent MSCs with modified harvest method and immunodepletion. Representative pictures are shown from three independent experiments. *P < .05, scale bar = 100 μm.
of CD11b/CD34/CD45 positive cells from cultured BM cells [34]. In one study, positive selection was performed in an attempt to obtain a more homogeneous mMSCs population [32]. But since there is no specific marker for MSCs, other non-MSCs were unavoidable introduced into the cultures. Moreover, several other techniques, including optimization of culture density and frequent medium change, have also been proposed but these protocols are not standardized [30, 31]. Therefore, it remains necessary to develop a reliable and easy method to isolate and expand a homogeneous population of mMSCs from mouse BM.

The standard method that is used for isolation of murine BM-derived MSCs is to flush BM cells from hind legs of mice. However, with this method, the frequency of collected MSCs is rather low [42]. Our harvest method involves not only flushing out BM cells, but also crushing the bones of hind legs and vertebrae as well as enzymatical treatment of the bones with Collagenase (Figure 1(a)). Stromal cells are present in the endosteum whereas mature hematopoietic cells exist in the center of the BM [43, 44]. Because of this deep location, it is difficult to obtain enough MSCs even after strong flushing during marrow cell harvest. In this study, using the modified isolation method, we could isolate 19.4% more BM-nucleated cells than the standard method. CFU-F assay, which was used to detect and evaluate the frequency of the MSCs in fresh BM, has furthermore been used to validate the effectiveness of this modified method (Figures 2(b) and 2(c)).

After harvesting BM with our modified protocol, we performed magnetic cell sorting after the first passage using negative selection with CD11b/CD34/CD45 antibodies-coupled microbeads as proposed by Baddoo et al. [34] (Figure 1(b)). Two consecutive rounds of immunodepletion, removing respectively CD11b-positive monocytic cells and CD34-positive hematopoietic stem cells can deplete the major part of contaminated cells, and the third round of CD45-positive cells depletion could further eliminate all residual contaminated hematopoietic cells. We found that after immunodepletion the MSCs population appeared much more homogeneous showing mostly spindle-shaped, cells (Figure 4), while under the standard expansion conditions, cultures usually remained morphologically highly heterogeneous until passage 5-6, presenting round, polygonal, spindle-shaped and flattened cells. Some degree of morphological heterogeneity could still be observed up to passage 6–8 or more. Although the CD11b/CD34/CD45 immunodepletion protocol did remove almost all the contaminated hematopoietic cells from the BM cultures, we have to notice that the nucleated cell yield in our mouse strain was low after the immunodepletion step in combination with the standard harvest method (3.7% on average). However, we observed that after CD11b/CD34/CD45 immunodepletion in combination with our modified BM harvest method, the yield of nucleated cells was nearly twice higher (Figure 5(a)). The immunodepleted cells cultured up to passage 3 were positive for CD90, CD73, and Sca-1 but totally negative for CD14, CD34, and CD45 (Figure 5(b)), while control cells were still significantly contaminated with CD45+ cells and slightly contaminated with CD14+ and CD34+ cells (Figure 5(c)). In addition to morphology and phenotype, the biological property that uniquely identifies MSCs is their capacity for tri-lineage mesenchymal differentiation. So, we further tested the tri-lineage differentiation ability of ID-mMSCs and control cells at passage 3. ID-mMSCs and control cells were both able to differentiate into adipocytes, osteoblasts, and chondrocytes determined by Oil Red O, von Kossa and type II collagen staining when exposed to respectively adipogenic, osteogenic, and chondrogenic media. However, with the same initial cell numbers and induction conditions, ID-mMSCs exhibited a more vigorous tri-lineage differentiation potential as compared to the control cells (Figure 6) and can retain their robust differentiation potential at least until passage 8 (Figure 7). Based on the morphology, phenotype, and differentiation potential in vitro, we can conclude that immunodepleted mMSCs are more purified in the early passages.
References


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