Review Article

Immunodiagnosis of Neurocysticercosis: Ways to Focus on the Challenge

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Neurocysticercosis (NCC) is a disease caused by the metacestode or larval form of the tapeworm Taenia solium when it lodges in the central nervous system (CNS) and is endemic of the Andean area of South America, Brazil, Central America and Mexico; China, the Indian subcontinent, and South-East Asia; sub-Saharan Africa [1–3]. It is considered a public health problem as it is the main cause of late-onset epilepsy [4] and it is also the most important parasitic disease of the nervous system [3, 5, 6]. Cysticerci may also locate elsewhere in skeletal muscles, heart, eyes, diaphragm, tongue, and subcutaneous tissues, causing a condition simply referred to as cysticercosis.

1. Introduction

Neurocysticercosis (NCC) is a disease difficult to diagnose based on the clinical picture as it presents a variety of nonspecific symptoms and in 50% of the cases none [7]. The symptoms differ according to the location of the cysts in the brain (parenchymal or ventricular) and the number and the state of the parasites (vesicular, degenerating, or calcified) [5, 8–12]. The severe forms of NCC seriously impair the patients’ health and may lead to death. Medical diagnosis of NCC is impossible on clinical data alone. The definitive diagnose is made using a combination of methods including images of the cysts in the brain (by computed tomography or magnetic resonance imaging) and immunological methods (detection of specific antibodies or antigens). As this is a disease frequently associated to poverty [3, 13, 14], the availability and high
costs of neuroimages or sophisticated immunological assays in endemic areas limit the diagnostic capacity [15]. An effective immunodiagnosis of NCC would be the most practical way to facilitate medical diagnosis for millions of poor people in endemic countries and it would also supply sero-epidemiological studies with a low-cost indicator of prevalence of infection. In addition, a positive immune test would raise the clinical suspicion of early nonsymptomatic NCC which, if confirmed, would allow offering early treatment. Interesting advances in immunodiagnostic assays for NCC have been made during the past few years, involving the use of synthetic or recombinant antigens [16–29] and some efforts have been done to detect specific antigens or antibodies in noninvasive ways for the patient [30–33]. Most reports initially claim very high specificity/sensitivity scores, sometimes even as high as 100/100%. Enthusiasm soon calms as the methods are applied by different laboratories, in larger numbers of cases and in various epidemiological scenarios of the disease [31, 34–37].

Immunodiagnosis of NCC can be done by two ways: by identifying antibodies against cysticercal antigens, or by identifying parasite’s antigens directly. Here is a review of the recent studies made in the area of immunodiagnosis of NCC and the methods used in each case are discussed.

2. Biological Factors Involved in Neurocysticercosis

Host factors as age, gender, or race are involved in the severity of NCC (Figure 1). Age has an effect upon the number of cysticercal lesions and on the state of the cysticerci in the brain (vesicular, colloidal): while vesicular cysticerci increase with aging, colloidal cysticerci diminish without representing an increment on severity of NCC [38]. Sexual dimorphism has been reported in many parasitic infections as malaria, schistosomiasis, tripanosomiasis, toxoplasmosis, and cysticercosis [39]. The effect of sex hormones upon the immune system is evident, for example, in T. solium cysticercosis, the prevalence of naturally infected pigs almost doubles in castrated or pregnant pigs [40]. In general, females generate more robust humoral and cell-mediated immune responses than males, but males present a stronger inflammatory response to infectious organisms [41]. In NCC, females present increased levels of IL5/IL6/IL10 in cerebrospinal fluid (CSF) [42] as well as a higher leucocyte counts than men [38] and more frequently present severe NCC [43] which may have a relation with the location of the cysts in the brain and with higher inflammatory profiles in female [44]. Furthermore, females present higher immunoglobulin levels than men to different antigenic challenges [45] and in seroepidemiological surveys females show the highest anticysticerci response [46].

The genetic differences between different populations also play a role in infectious diseases [47–49], especially on terms of susceptibility to disease as in the case of malaria [50]. In NCC, some antigens from the HLA complex have been involved in the relative risk for developing parenchymal NCC [51], but studies of this type are scarce. A study identifying genes responsible for the pleomorphic presentation of the disease has not been done, but the effect of the genetic background upon the development of this particular disease is clear between subjects from different endemic areas, as is the case of India in which single cysticercotic granuloma (SCG) is the most frequent presentation of NCC while in Latin America it is not [35, 52].

Furthermore, genetic variability of the parasite itself has been described. Genetic variability of cysticerci has been found at different levels, from the global level (which identified two genotypes: Asia and Africa/Latin America) [53–57]) to the regional and the community level [58].

With all these factors involved, it is hard to find a single immunodiagnostic test that can detect all true NCC cases and that can work worldwide.

3. Problems, Advances, and Perspectives in the Immunodiagnosis of Neurocysticercosis

Historically, tests developed to diagnose NCC either by detecting specific antibodies or antigens have shown that not all cases could be detected (false negatives) and many other cases are detected as positive (false positives) when they are not. The first case is related to the number, state, and location of the cysticerci in the brain and involves patients with degenerating, dead, or single cysticerci. The second case involves patients with parasitic diseases closely related to cysticercosis (as echinococcosis or hymenolepiasis), patients exposed to the parasite but that did not become infected, patients with cysticercosis outside the central nervous system and patients who once were infected but resolved the infection without consequences. Additionally, almost half of NCC cases are asymptomatic [12] and the symptomatic cases present a variety of unspecified symptoms as chronic epilepsy and headaches as the most common [8].

Immunodiagnostic tests for NCC initially claim to have very good sensitivity/specificity scores, but as they are being tested by other groups, in larger number of cases and in areas with different degrees of endemicity the scores are lower [31, 37, 52]. Also the scores lower because many immunodiagnostic tests rely on purified or semipurified antigens and the procedure of purification is complex and frequently require technical expertise. This question, coupled with differences in the selection of the NCC patients and the control groups, provokes large variations within and between tests and low reproducibility between laboratories. The need to find new antigens for immunodiagnosis of NCC which can improve the diagnostic capacity of actual tests persists. These new antigens have to be tested by various laboratories to prove that the sensitivity/specificity maintains between tests putting special attention on the selection of NCC patients and controls so the results can be compared. Some efforts have been done in recent years to try to make a more uniform immunodiagnostic test [20, 24] and to make comparable the results from different tests between laboratories [16, 26, 59, 60].
Figure 1: Factors involved in NCC. The development of NCC depends on many factors from either the host or the parasite. The factors affecting the immune response of the host are particularly important for the immunodiagnosis of NCC as they may affect the results between individuals.

4. Detection of Antigens or Antibodies for the Immunodiagnosis of NCC

Immunodiagnostic tests can be divided in two major groups: the ones that use an antigenic mixture or single antigens to try to find antibodies against them; and the ones that use specific antibodies to find specific antigens in the samples. Looking for antibodies against cysticercal antigens can be done using a variety of samples from the human body: serum, CSF, urine, saliva, and so forth, but a major disadvantage of this approach is that false positives can result as antibodies do not necessarily indicate an active infection with viable metacestodes but a resolved one or exposure to the parasite [61]. Another disadvantage is that cross-reactivity may occur with other parasitic diseases, most commonly *Echinococcus granulosus* [25, 62–67], although cross-reactivity has also been reported with other diseases as hymenolepiasis, fasciolasis [62], toxoplasmosis [67, 68], malaria [67], amoebiasis [67], syphilis [68], hepatitis B [68], toxocariasis [62], cerebral tuberculosis [37, 67], mononucleosis [68], among others [25, 37, 65], which may be due to the selection of bad characterized samples and not necessarily to the fact that patients are infected with something else than *T. solium*. However, the search for antibodies in samples has the advantage that mixtures of antigens can be used (as parasite extracts or semipurified antigens) while the search for antigens needs to have specific antibodies against the desired antigens but can indicate an active infection [15, 69]. When looking for antibodies against parasite antigens, the most frequently used samples are serum or CSF and the most common immunoglobulin is IgG as it is the predominant antibody detected in NCC, although IgA, IgE, and IgM can also be detected but have little value in diagnosis [13, 70], though they can be used for follow-up, as NCC patients show undetectable levels of IgG4, IgM, and IgA antibodies in saliva after drug treatment, while antibodies in serum persist longer regardless of the subtype [33].

5. Antigens Used for Immunodiagnosis of NC

Multiple antigens have been used for the immunodiagnosis of cysticercosis, among them are low molecular mass (LMM) antigens [31], excretory/secretory (ES) [30, 31, 71–74], crude soluble extract (CSE) [31, 68], total saline extract [59], antigen B [75, 76], lentil lectin glycoproteins (LLGPs) [52],
vesicular fluid (VF) [68, 77], membrane and scolex extracts [68], somatic antigens [74], recombinant proteins [16–18, 20, 21, 25–28], and synthetic peptides [19, 24, 29]. The source of these antigens has been commonly Taenia solium (the parasite responsible for NCC) but related species as Taenia crassiceps [5, 24, 68, 77–79], Taenia saginata [59, 80], or Taenia taeniformis [81] have also been used as antigen sources; and among the multiple methods used to date for the immunodiagnosis of NCC complement fixation, agglutination, radioimmunoassays, ELISA and Western Blot (WB) can be counted [34, 77, 80, 82, 83]. Some of these methods are too old, but have the advantage of being cheap, so they could be used with new antigens and yield different results.

Most commonly for the immunodiagnosis of NCC, serum or CSF samples are used with some advantages and disadvantages for each one. For instance, it is proposed that the detection of antigens or antibodies in CSF is better than in serum because there is a release of parasite antigens directly to it or local production of antibodies, but it is more difficult and dangerous to obtain than serum and requires special facilities. However, WB with LLGPs (LLGP-WB, considered by many to be the most reliable method for serologically detecting NCC) both samples have no significant differences in performance, although antigen detection by ELISA is better in CSF than in serum, but this test is less sensitive than LLGP-WB [69]

LLGP-WB [84] has a sensitivity of >90% and a specificity of 100% [2]. This assay involves the separation of 7 glycoprotein antigens (50, 42–39, 24, 21, 18, 14, and 13 kDa) by SDS-PAGE and its recognition in an immunoblot by serum of CSF antibodies. However, in recent studies mainly in Indian patients where almost two thirds of the NCC patients have an SCG [35, 52], LLGPs have shown to be less sensitive than for multiple cysticerci. In these cases, sensitivity has been reported to range between 50 and 80% and specificity between 94 and 100% [22, 35, 85, 86]. Also this test has been shown to be less sensitive in children than in adults and the pattern of protein recognition also differed in these age groups (children tend to recognize the higher molecular mass proteins while adults tend to recognize LMM with serum or CSF antibodies) [87] probably due to the time of infection and the antigenic stimuli. The most common bands identified by serum antibodies are, along with the 18 and 14 kDa, the 29 kDa for SCG and the 31 kDa for multiple lesions [35]. In Latin American NCC patients, where multiple lesions are more common than SCG, the most common recognized bands were 39–42 kDa and 21 kDa [60]. So there seems to be differences not only in the amount of antibodies produced between SCG and multiple lesions [88, 89], but also in the antigens recognized by these antibodies. To try to improve the diagnosis of SCG patients, LLGPs have been unfolded and reduced trying unmask epitopes that may detect antibodies in these SGC patients and resulted that the unfolding of the diagnostic proteins with uez exhibited the maximum antibody binding and in this conformation 46% of the patients with SGC that were serologically negative became positive [35].

Problems like this one, or the difficulty to differentiate between NCC and cysticercosis elsewhere have lead to the search of new antigens and methods to immunodiagnose NCC. Antigenic extracts from Taenia solium cysticerci have been reevaluated [31, 68, 90], as well as antigens from other related species as Taenia taeniformis [81], Taenia saginata [59, 80] or Taenia crassiceps [5, 24, 68, 77–79], which have been useful for identifying new protein candidates for the immunodiagnosis of NCC and also have shown drawbacks as the propensity to cross-reactions which has lead to tests with low specificity. However, the use of related species as the ones mentioned above provide an alternative source of parasitic antigens as there are difficulties to obtain Taenia solium cysticerci from a natural infected source, even in areas of high endemicity [78, 91]. However, the use of parasitic extracts present many drawbacks that need to be considered if intended for immunodiagnosis as the variation between isolates and differences in the methods of extraction by different laboratories, which leads to poor reproducibility and invalid comparisons between results.

6. Advances in the Methods for
Immunodiagnosis of NC

New methods for the immunodiagnostic of NCC have also been developed involving the reevaluation of common methods with new antigens (e.g., ELISA or WB), or the use of different samples as urine or saliva [30, 31, 33], as they have the advantage that they are very simple to obtain and do not cause any harm to the patient. They are also convenient to assay in endemic areas as facilities to obtain CSF or serum samples are not frequently present [92]. However with these samples not very good results have been obtained in terms of sensitivity or specificity, especially with patients with SCG, and the methods need to be validated with well-defined positive and negative NCC samples and with samples from other parasitic diseases. In the case of urine, sensitivity has been reported to be of 92% which decreased to 62.5% for SCG patients when antigens were detected with monoclonal antibody-ELISA [32]. Results were not very good for antibody detection either by ELISA or LLGP-WB in urine, with reported sensitivities ranging from 44 to 76% and specificities from 33 to 66%, despite the antigen used (ES, LMM, or CSE) [30, 31]. Saliva has been tested for the detection of antibodies against CSE or antigen B (composed by 2 immunologically identical polypeptides prepared by collagen-binding method [75, 76]) with no much better results for any of the immunoglobulins tested (IgG, IgG1, IgG4, IgM, and IgA), although it was shown that IgG4 in saliva could be a useful tool for patients’ follow-up after treatment [33]. Nonetheless, these and other studies lack the appropriate controls (well-defined positive and negative samples, and well-defined samples of patients with other infections to assess cross-reactions). Another method that has emerged for the diagnosis of NCC, although it is not immunologically very interesting, is the amplification by PCR of T. solium DNA present in the CSF of NCC patients, with a high reported sensitivity of 96.7% [93], though
control samples from patients with other parasitic infections were not included. Other methods for the immunodiagnosis of NCC have also been tried in an attempt to substitute the LLGP-WB assay as its performance is expensive and requires technical expertise. Among these methods is the dot blot which is easier to perform and has shown to have sensitivity and specificity similar to ELISA [64, 67, 90, 94].

In addition, there have been efforts to try to correlate the result in an immunodiagnostic test with the location and state of the cysticerci in the brain. An example is the detection of the antigen HP10 in CSF, which correlates with the location of the cysticerci in the brain: when located in the subarachnoidal space or the ventricles, HP10 could be detected, but when located in the parenchyma HP10 could not be detected; and when cysts were damaged, HP10 levels were reduced significantly [15]. Also high antigen levels in CSF suggest the presence of subarachnoid NCC [69]. Many studies have reported tests that can differentiate live from dead cysticerci by the detection of excretory/secretory (ES) antigens in CSF or serum [71–74], or by the detection of antibodies against a 10 kDa protein from the vesicular fluid of *Taenia solium* [17, 25]. These studies support the idea that infected hosts produce antibodies of different specificities as the cysticercus develops, degenerates, and dies because the antigens released by the parasite in each state are different [72].

Many of the most recent efforts in the field of immunodiagnosis of NCC have centered in the production of recombinant proteins or synthetic peptides that could provide a reliable source of antigens without depending on obtaining cysts from naturally infected hosts. The advantage of these antigens is that they would make comparable results between and within laboratories as there is no need to purify cysticercal antigens. However, synthesized or recombinant proteins do not have the same glycosilation pattern as those obtained directly from the parasite (recombinant proteins) or do not have any glycosilation at all (chemically synthesized proteins). This often affects the sensitivity of the produced protein, which is frequently assessed with sera that were positive to the native protein, but rarely with different patients’ sera to assess if the produced protein could detect more cases than the native one [16, 19–21]. A sensitivity of 95% means that the produced protein can detect 95% of the cases that the native protein detected, though that does not represent a real improvement in immunodiagnosis of NCC unless it can also detect cases that the native protein could not.

The principal protein targets to produce or synthesize are the components of the LLGP-WB that are recognized by NCC patients, and several of them have been already synthesized and tested preliminarily. For instance, from the members of the 8 kDa family, Ts18var1 has been produced in insect cells [16] as well as TsR51, Ts18var1, and Ts18 Var3 [20]; the 14 and 18 kDa proteins produced by recombination [27]; Ts14, Ts18var1, TSR51, and TSR52var1 by chemical synthesis [29], and full-length Ts18 and Ts14 by chemical ligation [19], AgIV1/Ag2 by recombination [26] as well as TsB1, TsB2, TsB3 [18], Ts14 [27] and a 10 kDa protein [17, 25]; GP50, which is not a member of the 8 kDa family but it is part of the LLGPs, was produced by recombination in bacteria and in a baculovirus expression system [16, 21]. Other proteins outside those from LLGPs that have also been produced or synthesized include T24 (integral membrane protein that does not bind to lentil lectin) produced in a drosophila cell line [22]; HP6-Tsag (oncospheral adhesion protein of *Taenia solium*) in bacteria and baculovirus systems with similar specificities between the systems (93–95%), but higher sensitivity for the inactive cases by the baculovirus protein (48–64%) [95]; peptide NC-1 selected by phage-display [23]; peptides KETc12, 410, and 413 synthesized from a cDNA library of *T. crassiceps* [24], and recombinant TS24 and Es33 [28]. The methods of production are varied, as well as the results and the ways to evaluate the produced protein, some giving very good sensitivities but in other cases, the native protein is much better than the produced one.

Finally a very interesting approach for the diagnosis of cysticercosis in pigs has been developed. This approach involves the production of nanobodies (camelid-derived single-domain antibody fragments) by recombination after immunizing dromedaries with cisticercal antigens its evaluation for serodiagnosing cysticercosis in pigs. The selected nanobodies had the advantage that did not cross-react with other closely-related parasitic diseases as *Taenia hydatigena*, *Taenia saginata*, *Taenia crassiceps*, or *Trichinella spiralis*, although cross-reactivity with other parasites as *Echinococcus granulosus* was not assessed. Nanobodies are heavy-chain-only antibodies that recognize antigens as firmly as normal antibodies do but are about one tenth their size [96]. This characteristic allows them to often recognize epitopes that are not readily accessible to conventional antibodies [97]. Nanobodies have been used also in the diagnosis of trypanosomiasis [98] or malaria [99], but mostly there are being directed to treat more efficiently autoimmune diseases or cancer than commercial conventional antibody therapies [100]. Nanobodies have beneficial production and stability properties [97] which, along with their antigen-recognition characteristics, make them a promising tool for the diagnosis and treatment of many diseases in which NCC may be included, and this approach should be translated to the NCC field as it may provide an assay with higher sensitivity, especially for diagnosing SCG patients which are often negative in conventional tests, by recognizing epitopes that are not recognized by conventional antibodies.

Despite all these efforts and alternatives, a definitive immunodiagnostic test for NCC has not been achieved. The need to account with a more reproducible and sensitive immunodiagnostic test than the actual ones remains, and some studies have focused on this issue by synthesizing antigens from LLGPs used in WB and other antigens, but still there is the need to find new antigens that can detect those cases that are negative in LLGP-WB like SCG cases. Different protein expression systems have been tried to overcome the problem of requiring a natural source of antigens and the difficulties of purifying cisticercal antigens, but the produced proteins lack the natural glycosilation pattern and show diminished sensitivity than the native proteins. New approaches to diagnose NCC should be explored, as
the use of nanobodies that could result very interesting in detecting difficult cases. Developing an immunodiagnostic test that could detect 100% of the true NCC cases and exclude 100% of the true negative cases has been difficult, especially considering biological factors that are involved and the many forms of cysticercosis as differences in the genetics of the host and of the parasite, and there is still much to do to improve the current tests. The biological factors, especially those related to genetic differences of the host or the parasite, affect NCC may explain why a particular immunodiagnostic test first reports very high sensitivity and specificity scores that then lower as it is being applied in different regions and by different laboratories; and these factors could also make impossible the development of a single immunodiagnostic test, but local tests that can detect cases in a certain endemic area can be developed.

Special attention should be paid in the cases selected to evaluate new tests so results can be compared with other tests, especially in the cases selected as controls (healthy individuals and with other parasitic diseases) as these are responsible for the specificity reported and an adequate selection can assure that results can be compared between tests. Also, attention should be put in including different subsets of NCC clinical types, as these differences affect the amount of antibodies or antigens that can be detected. Extrarenchymal forms of NCC are associated with higher circulating antigen levels and more reactive antibody bands in LLGP-WB than intrarenchymal forms [69, 101–104]. These differences can affect the estimation of the performance of newly developed tests, so attention should be put in the number of cases of each sub-type that are included.

A plausible approach to identify antigens that can be useful for the serodiagnosis of NCC is the separation in 2 dimensions of cysticercal antigens and their recognition by hosts’ immunoglobulins. This method can give us useful information about the differences in recognition of the parasite’s antigens by different hosts (immunological diversity) and about the antigens that are recognized by many or all infected hosts (if there are any) to select antigens for use in an immunodiagnostic test to detect true positive cases.

Finally, the following proposals for improving the actual immunodiagnostic tests are made.

6.1. Proposals for Improvement. (1) T. solium disease is present in many countries around the world and many research groups are working to develop an immunodiagnostic test that can detect all NCC individuals although so far that goal has not been accomplished. Cooperation is necessary to concert a worldwide effort to carefully design a research plan concordant with the complexities of T. solium disease, and to develop and test in the short term with a minimal number of options from which to select the most proficient immunodiagnosis of NCC the possibility to be put to immediate production and general use while further research for improvement continues.

(2) Clearing the problem of antigen cross-reactivity and species representation is necessary to succeed in developing an immunodiagnostic test for NCC. Purification of antigen(s) or epitopes critically certified to be exclusive of T. solium and present in all members of a representative sample of parasite specimens of an endemic site is mandatory. Some likely candidates have been proposed [105], although further research is necessary to determine if they fulfill the conditions mentioned above. A way of avoiding the high costs and demanding technical skills involved in the purification of natural antigens is the use of those present in phage display peptide libraries [23] or the production of recombinant or chemically synthesized antigens [106]. Antigens present in only T. solium but not in other Taenia species would constitute the candidate antigen preparation (CAP).

(3) It is also necessary to study and characterize the presumed wide spectrum of humans’ antibody production in T. solium disease in order to calibrate the candidate antigen preparation that would include all infected individuals. Western Blots using CAP in reaction with representative samples of all subsets of infected individuals (regardless of whether the parasite had established or not) if possible, or at least of confirmed cysticercosis and NCC samples, would provide the images necessary to construct all immunological profiles of the infected individuals. Computer-assisted image analysis of WB and cluster analysis could address this problem. The set of CAP that reacts with all or most infected individuals in which the parasite was established would constitute the definitive antigen preparation (DAP).

(4) Rather than attempting to develop ways to distinguish each of the different subsets of NCC disease, efforts in immunodiagnosis could focus on improving diagnosis of NCC (to include all NCC and NCC + cysticercosis samples and exclude cysticercosis, taeniosis, and infected but not established samples), while for the prevalence of T. solium disease, in whatever its form, it should only clearly distinguish members of the infected (established or not) from the not infected.

Three are the classes of T. solium disease that matter the most and perhaps require different strategies: the contact case, the NCC case (whether it is only NCC or NCC + cysticercosis elsewhere), and the tapeworm carrier. For this purpose, it is indispensable to construct representative and certified negative and positive control panels of the samples CSF, serum, and feces from each geographic area upon their reaction with DAP. Certification of the members of cysticercosis elsewhere and of the noninfected individuals is complicated by its need of whole-body scans in search of cysticeri located elsewhere of CNS. Additional negative control samples from a culturally and historically certified community or geographic area without T. solium disease and low in infectious diseases in general would be useful to establish the cut-off values for immunotesting with DAP.

(5) Once the problem of antigen specificity and representation is solved, there should be no major problem to Immunodiagnose NCC in the CSF of a symptomatic neurological patient nor of an intestinal tapeworm in the feces, preferably by antigen detection (this is to distinguish cysticercosis located elsewhere and live from dead cysticeri in the CNS because antibodies could persist after the death of the parasite for unknown periods of time).
However there would remain serious problems to tackle for serology, the most accessible sample useful for the detection of early nonsymptomatic NCC cases in the general population and for epidemiological studies of T. solium disease prevalence. The major problem for serology in ambiviously detecting asymptomatic NCC cases is the potential location elsewhere of the parasite (cysticercosis elsewhere or taeniosis) that produces false-negative results or the low reactivity of patients with few live cysticerci (NCC or elsewhere) that produces false-positive results.

The development of an effective and definitive immunodiagnostic test for NCC is possible, but a series of considerations and evaluations need to be addressed as stated above, and a worldwide effort is required to develop a test that could be effective everywhere. Nonetheless, the effort is necessary and the result would be very useful to help eradicate this disease.

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