Review Article

Long Noncoding RNAs Act as Novel Biomarkers for Hepatocellular Carcinoma: Progress and Prospects

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Hepatocellular carcinoma (HCC) is one of the most common cancers worldwide and confers a poor prognosis. Novel diagnostic or prognostic biomarkers and effective therapeutic targets for HCCs are urgently needed. Currently, dozens of long noncoding RNAs (lncRNAs) have been identified as playing critical roles in cancer development and progression. Advanced studies have shown that several well-known lncRNAs are dysregulated in HCC tissue as compared to adjacent noncancerous tissue. Furthermore, highly stable cell-free circulating nucleic acids (cfCNAs), including lncRNAs, aberrantly expressed in the plasma of HCC patients, have been detected. In this review, we focus on the most extensively investigated lncRNAs in HCC and discuss the potential of HCC-related lncRNAs as novel biomarkers for early diagnosis and prognosis.

1. Introduction

Hepatocellular carcinoma (HCC) is the most common liver cancer worldwide and has a high morbidity rate in Eastern Asia and several African countries [1]. The high mortality rate and poor prognosis in HCC patients are largely associated with lack of apparent symptoms, frequent tumor metastasis, and ineffective therapeutic options [2]. Therefore, a better understanding of the molecular mechanisms involved in HCC is needed to discover novel diagnostic and prognostic biomarkers and effective therapeutic targets.

Many studies on the molecular mechanisms involved in hepatocarcinogenesis in recent decades have focused primarily on oncogenic or anticancer protein coding genes. DNA tiling array technology and deep sequencing have led to more studies on noncoding RNAs (ncRNAs), including short (<200 nucleotides) and long transcripts (>200 nucleotides). Long noncoding RNAs (lncRNAs) were previously regarded as transcriptional background noise [3–5]. However, recent studies have shown that lncRNAs transcribed by RNA polymerase II play critical roles in regulating many different biological processes involved in HCC progression, including angiogenesis, cell proliferation, apoptosis, invasion, and metastasis [6]. Several well-known lncRNAs have been shown to be dysregulated in HCC tissues compared to adjacent noncancerous tissues [7]. Several HCC-related lncRNAs have been suggested as novel biomarkers for diagnosing HCC and predicting prognosis and response to therapy due to their presence in the plasma, good specificity, and accessibility [8].

In this review, we focus on HCC-related lncRNAs with aberrant expression in tumor tissues and their mechanisms. Furthermore, we summarize lncRNAs that are dysregulated in the plasma of HCC patients and their diagnostic value as novel biomarkers. Although few studies on lncRNAs in HCC have been published, understanding the unique roles played by lncRNAs in HCC progression will be important in therapeutic decision-making.

2. Dysregulated Long Noncoding RNAs in HCC Tissues

Several HCC-related lncRNAs have been demonstrated to play irreplaceable roles in the progression of hepatocellular
carcinoma (see Table 1). Although the underlying mechanism of HCC-related IncRNAs remains unknown, the crucial biological functions of IncRNAs are often associated with certain signaling pathways, accompanying obvious expression of the disorder in liver cancer tissues. These dysregulated IncRNAs are expected to become novel biomarkers for diagnosis or the evaluation of therapeutic efficiency. Here we highlight five comparatively known HCC-related IncRNAs: HULC, MALAT1, HOTAIR, MVIH, and PVT1.

2.1. HULC. Highly upregulated in liver cancer (HULC) is located on chromosome 6p24.3 and is approximately 500 nt in size. Panzitt et al. first indicated that HULC is specifically expressed in hepatocytes and highly upregulated in HCC [9]. Wang et al. provided evidence that upregulated HULC played an important role in tumorigenesis through inhibiting miR-372 [10]. Du et al. reported that HULC expression was positively correlated with hepatitis B virus X protein (HBx) expression in HCC tissues. Further research showed that HBx activates the HULC promoter via the CREB and that HULC upregulation enhances hepatoma cell proliferation by suppressing p18 [11]. Additionally, Cui et al. hypothesized that HULC may affect malignancy by causing lipid metabolism in hepatoma cells. They reported that HULC is an oncogene that alters lipid metabolism through a signaling pathway involving miR-9, PPARA, and ACSL1 [12]. Another report from Cui et al. showed that HULC influences hepatocarcinogenesis by changing circadian rhythms through circadian oscillator clock circadian regulator (CLOCK) upregulation in hepatoma cells [13]. In addition, Lu et al. reported a positive correlation between HULC levels and sphingosine kinase 1 (SPHK1) levels, along with levels of the byproduct sphingosine-1-phosphate (SIP) in HCC tissues. The authors concluded that HULC promotes tumor angiogenesis in liver cancer via miR-107/E2F1/SPHK1 signaling [14]. Recently, Li et al. found that HULC was aberrantly upregulated in HCC tissues and associated with TNM stage, intrahepatic metastases, HCC recurrence, and postoperative survival. Further research showed that HULC can promote tumor invasion and metastasis of HCC by ZEB1-induced epithelial-mesenchymal transition [15].

2.2. MALAT1. MALAT1 (metastasis-associated lung adenocarcinoma transcript 1) is a nuclear IncRNA that is over 8000 nt and originates from chromosome 11q13. MALAT1 is highly conserved across several species, which indicates functional importance [16]. Lin et al. identified IncRNA transcript Hepcarin (HCN), most likely a murine ortholog of MALAT1, which is a novel marker for HCC induced by carcinogens and is highly expressed in murine colon carcinomas. The authors indicated that MALAT1 has a high sensitivity for human HCCs and suggested it as a potential diagnostic technique [16]. The role of MALAT1 in HCC prognosis was first examined by Lai et al. The authors reported that MALAT1 levels were increased in tissue samples from HCC patients and cell lines and showed that shorter disease-free survival was linked with higher MALAT1 expression levels in HCC patients who had undergone a liver transplant (LT). MALAT1 expression was shown to be an independent prognostic factor for HCC recurrence after LT, aside from tumor size and PVTT (portal vein tumor thrombus). MALAT1 expression had prognostic significance in advanced HCC patients and patients with larger tumors (diameters over 5 cm). This information can be used to prescreen HCC

### Table 1: Dysregulated long noncoding RNAs (lncRNAs) in HCC tissues.

<table>
<thead>
<tr>
<th>Name</th>
<th>Dysregulation</th>
<th>Biological functions in HCC</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>HULC</td>
<td>Up</td>
<td>Promote tumor genesis, metastasis and angiogenesis; support abnormal lipid metabolism</td>
<td>[10–15, 45]</td>
</tr>
<tr>
<td>MALAT1</td>
<td>Up</td>
<td>Regulate arsenite-induced malignant transformation and alternative splicing of pre-mRNA, promote liver fibrosis and tumor recurrence</td>
<td>[17–19, 46]</td>
</tr>
<tr>
<td>HOTAIR</td>
<td>Up</td>
<td>Associated with poor tumor differentiation, metastasis and early recurrence, promote migration and invasion, activate autophagy</td>
<td>[22, 23, 25–28]</td>
</tr>
<tr>
<td>HOTTIP</td>
<td>Up</td>
<td>Associated with metastasis formation and poor survival</td>
<td>[47–49]</td>
</tr>
<tr>
<td>MVIH</td>
<td>Up</td>
<td>Active angiogenesis, promote tumor growth and intrahepatic metastasis, inhibit cell apoptosis</td>
<td>[29, 30]</td>
</tr>
<tr>
<td>HEIH</td>
<td>Up</td>
<td>Regulate the cell cycle, promote tumor progression</td>
<td>[50]</td>
</tr>
<tr>
<td>PVT1</td>
<td>Up</td>
<td>Promote cell proliferation, cell cycle, and stem cell-like properties; associated with tumor suppression</td>
<td>[31, 32]</td>
</tr>
<tr>
<td>CCAT1</td>
<td>Up</td>
<td>Promote proliferation and migration, function as a molecular sponge</td>
<td>[51]</td>
</tr>
<tr>
<td>URHC</td>
<td>Up</td>
<td>Promote cell proliferation and inhibit apoptosis</td>
<td>[52]</td>
</tr>
<tr>
<td>GIHG</td>
<td>Up</td>
<td>Promote xenografts growth and metastasis</td>
<td>[53]</td>
</tr>
<tr>
<td>Linc00974</td>
<td>Up</td>
<td>Promote cell proliferation and invasion</td>
<td>[54]</td>
</tr>
<tr>
<td>H19</td>
<td>Down</td>
<td>Induce drug resistance, promote tumor progression and invasion</td>
<td>[55–57]</td>
</tr>
<tr>
<td>MEG3</td>
<td>Down</td>
<td>Suppress intrahepatic metastasis, suppress migration and invasion of HCC cells</td>
<td>[58, 59]</td>
</tr>
<tr>
<td>hDreh</td>
<td>Down</td>
<td>Inhibit tumor cell proliferation</td>
<td>[60–66]</td>
</tr>
<tr>
<td>LET</td>
<td>Down</td>
<td>Inhibit tumor metastasis under hypoxic conditions</td>
<td>[67]</td>
</tr>
</tbody>
</table>

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patients at more advanced stages prior to LT. In addition to prognostic characteristics, MALAT1 may also be considered as a therapeutic target given that MALAT1 inhibition in HepG2 cells was shown to increase sensitivity to apoptosis and reduce cell viability and invasive properties [17]. Luo et al. recently demonstrated overexpression of MALAT1 in HCCs and human sera collected following arsenite exposure. Hypoxia-inducible factor (HIF-2) α was also shown to be upregulated in HCCs. MALAT1 expression induced by arsenite leads to dissociation of the von Hippel-Lindau (VHL) protein from HIF-2α and reduces VHL-mediated HIF-2α ubiquitination, causing HIF-2α to accumulate. As a result, HIF-2α transcriptionally regulates MALAT1, resulting in a MALAT1/HIF-2α feedback loop that influences arsenite-related carcinogenesis [18]. SIRT1 (silent information regulator 1) is a conserved NAD+-dependent histone deacetylase that has been associated with HCC, alcoholic liver disease, and nonalcoholic fatty liver. Wu et al. reported that LX-2 cell activation induced by TGF-β is affected by SIRT1 overexpression, which may drive cells back to a quiescent state and could be a potential target for treating liver fibrosis. In addition, MALAT1 may mediate SIRT1 expression and function in cases of liver fibrosis [19].

2.3. HOTAIR. The IncRNA HOX transcript antisense RNA (HOTAIR) was originally discovered by Rinn et al. on chromosome 12q13.13 [20]. HOTAIR targets the PRC2 complex to the HOXD locus and regulates gene expression by delocalizing PRC2, which is a histone H3 lysine 27 methylase associated with gene silencing and cancer progression, and trimethylation of H3K27 [21]. Expression, clinical significance, and biological roles of HOTAIR in HCC tumor progression were first evaluated by Yang et al. The authors reported that HOTAIR expression levels in cancer tissues were higher than in adjacent control tissues. High HOTAIR expression levels in LT patients were associated with significantly shorter recurrence-free survival (RFS) [22]. Geng et al. reported that patients who had tumors with high HOTAIR gene expression were at greater risk of recurrence following hepatectomy. HOTAIR expression and lymph node metastasis were also shown to be correlated. Levels of matrix metalloproteinase-9 (MMP-9) and vascular endothelial growth factor (VEGF), which are important for cell motility and metastasis, were shown to be reduced following HOTAIR knockdown [23]. Ishibashi et al. showed that HOTAIR expression was related to significantly poorer prognoses and larger primary tumors and that HOTAIR introduced to liver cancer cells resulted in rapid proliferation compared to controls [24], while Ding et al. reported that HOTAIR promoted HCC cell migration and invasion by inhibiting RBM38 (RNA binding motif protein 38) [25]. Fu et al. reported that tumorigenesis was suppressed in HCC after silencing HOTAIR, which activated P16 and P14 signaling via increased and decreased miR-218 and Bmi-1 expression, respectively [26]. Gao et al.’s study indicated that HOTAIR expression was associated with poor tumor differentiation, metastasis, and early recurrence due in part to effects on the Wnt/β-catenin signaling pathway [27]. Yang et al. recently reported that HOTAIR activated autophagy through increased autophagy-related 3 (ATG3) and ATG7 expression, thereby enhancing HCC cell proliferation [28].

2.4. MVIH. Yuan et al. first identified the IncRNA MVIH (IncRNA associated with microvascular invasion in HCC) and showed significant upregulation in HCC. MVIH overexpression was associated with increased microvascular invasion, a higher tumor node metastasis (TNM) stage, and decreased overall survival (OS) and RFS in a cohort of 215 HCC patients. MVIH upregulation was shown to be an independent risk factor in predicting poor RFS, and subsequent research indicated that MVIH may activate angiogenesis by inhibiting phosphoglycerate kinase 1 (PGK1) secretion. MVIH expression was shown to be inversely correlated with PGK1 serum levels and positively correlated with microvessel density in 65 patients with HCC [29]. Shi et al. reported that MVIH likely plays a biological role in HCC tumorigenesis after reporting a significant increase in MVIH expression and a decrease in miR-199a expression in tumor tissues and HCC cells. Although si-MVIH reduced HCC cell viability and increased cell apoptosis, an miR-199a inhibitor reversed these effects, indicating that MVIH can inhibit apoptosis and increase HCC cell growth by inhibiting miR-199a expression [30].

2.5. PVT1. PVT1 is a large (>300 kb) locus located downstream of c-myc on chromosome 8q24. It produces a variety of spliced noncoding RNAs and six annotated microRNAs as follows: miR-1204, miR-1205, miR-1206, miR-1207-5p, miR-1207-3p, and miR-1208. Barsotti et al. identified PVT1 as a p53-inducible target gene [31]. In addition to reporting that human lncRNA-hPVT1 was upregulated in HCC tissues, Wang et al. found that higher lncRNA-hPVT1 expression was associated with a poor clinical prognosis. The authors confirmed that regulating the lncRNA-hPVT1/NOP2 pathway may be a therapeutic target in treating HCC given that lncRNA-hPVT1 was shown to promote cell proliferation, cell cycling, and stem cell-like properties in HCC cells by stabilizing the NOP2 protein [32]. Additionally, Ding et al. determined PVT1 expression in HCCs by RT-qPCR in two independent cohorts and found that relative PVT1 expression levels were significantly higher in cancerous tissues. Kaplan-Meier and multivariate analyses indicate that patients with high PVT1 expression have an unfavorable RFS and are independent predictors of HCC recurrence [33].

3. Dysregulated IncRNAs in the Sera of HCC Patients

Wide variations in lncRNA expression levels have been described in tumor tissues compared to normal tissues [34]. However, clinical biomarkers should be easily accessible and require noninvasive detection and sampling. Nowadays, an increasing number of circulating lncRNAs have been demonstrated to be dysregulated in plasma or serum, which demonstrates their high potential as powerful and noninvasive tumor markers. [8] (see Table 2). Here, we summarized
### Table 2: Dysregulated lncRNAs in serum of HCC patients.

<table>
<thead>
<tr>
<th>Name</th>
<th>Dysregulation</th>
<th>Samples (HCC/Control)</th>
<th>Description</th>
<th>Area under the ROC curve</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HULC</strong></td>
<td>Up</td>
<td>30/20</td>
<td>Increase with Edmondson grade, detected more frequently in HBV+ HCC patients</td>
<td>Not reported</td>
<td>[35]</td>
</tr>
<tr>
<td></td>
<td>Up</td>
<td>90/77</td>
<td>Correlated with tumor size and tumor capsule</td>
<td>0.78</td>
<td>[36]</td>
</tr>
<tr>
<td><strong>Linc00152</strong></td>
<td>Up</td>
<td>90/77</td>
<td>Related to differentiation grade, tumor size, TNM stage and tumor capsule</td>
<td>0.85</td>
<td>[36]</td>
</tr>
<tr>
<td><strong>MALAT1</strong></td>
<td>Up</td>
<td>88/79</td>
<td>Significantly lower in HCC patients with hepatitis B infection and significantly higher in patients with liver damage B or liver cirrhosis</td>
<td>0.66</td>
<td>[41]</td>
</tr>
<tr>
<td><strong>HEIH</strong></td>
<td>Up</td>
<td>179/179</td>
<td>Positively related to TNM stage and the risk of HCC</td>
<td>0.681</td>
<td>[39]</td>
</tr>
<tr>
<td><strong>PVT1</strong></td>
<td>Up</td>
<td>71/64</td>
<td>Associated with clinical parameters including tumor size, BCLC stage and serum bilirubin</td>
<td>0.764 (combined with uc002mbe.2)</td>
<td>[43]</td>
</tr>
<tr>
<td>uc002mbe.2</td>
<td>Up</td>
<td>71/64</td>
<td>Same with PVT1</td>
<td>0.764 (combined with PVT1)</td>
<td>[43]</td>
</tr>
<tr>
<td><strong>UCAI</strong></td>
<td>Up</td>
<td>82/78</td>
<td>Associated with HCV-antibodies positive patients and Child-Pugh score</td>
<td>0.861</td>
<td>[40]</td>
</tr>
<tr>
<td><strong>WRAP53</strong></td>
<td>Up</td>
<td>82/78</td>
<td>Same with UCAI</td>
<td>0.896</td>
<td>[40]</td>
</tr>
<tr>
<td>uc003wbd</td>
<td>Up</td>
<td>137/138</td>
<td>Also significantly highly expressed in HBV patients</td>
<td>0.86</td>
<td>[37]</td>
</tr>
<tr>
<td><strong>AF085935</strong></td>
<td>Up</td>
<td>137/138</td>
<td>Same with uc003wbd</td>
<td>0.96</td>
<td>[37]</td>
</tr>
<tr>
<td>uc001inr</td>
<td>Up</td>
<td>232/452</td>
<td>High diagnostic performance in patients with AFP &lt;400 ng/ml and early HCC</td>
<td>0.8859</td>
<td>[42]</td>
</tr>
<tr>
<td>AX800134</td>
<td>Up</td>
<td>232/452</td>
<td>Same with uc001inr</td>
<td>0.9251</td>
<td>[42]</td>
</tr>
<tr>
<td><strong>RP11-160H22.5</strong></td>
<td>Up</td>
<td>217/250</td>
<td>Decrease after operation</td>
<td>0.601</td>
<td>[38]</td>
</tr>
<tr>
<td>XLOC_014172</td>
<td>Up</td>
<td>217/250</td>
<td>Higher expression in HCC patients with metastasis</td>
<td>0.866</td>
<td>[38]</td>
</tr>
<tr>
<td>LOC149086</td>
<td>Up</td>
<td>217/250</td>
<td>Same with XLOC_014172</td>
<td>0.759</td>
<td>[38]</td>
</tr>
</tbody>
</table>

several lncRNAs which had been reported to be dysregulated in the plasma of HCC patients.

#### 3.1. HULC and Linc00152

In 2013, Xie et al. first reported that lncRNA HULC in plasma could be a promising novel biomarker for diagnosing HCC after it was detected by qRT-PCR at a higher frequency in the plasma of HCC patients (n = 30) compared to healthy controls (n = 20). Increased HULC expression has been positively correlated with Edmondson histological grades and hepatitis B (HBV) positive status in tumor tissues, and, as expected, higher detection rates were also observed in the plasma of patients with higher Edmondson grades or with an HBV+ status. These findings indicate differential expression of HULC in the serum and tissues of HCC patients [35].

Another diagnosis study about HULC was from Li et al. Of eight possible lncRNA candidates (UCAI, TUG1, CCAT1, MEG3, Linc00152, HULC, MALAT1, and GAS5), circulating HULC and Linc00152 were significantly upregulated in plasma samples from HCC patients during training and validation sets using qRT-PCR, with areas under the ROC curves of 0.78 and 0.85, respectively. Combining HULC and Linc00152 resulted in moderate discrimination between HCC and controls, with an area under the ROC curve of 0.87. Both HULC and Linc00152 serum levels show diagnostic accuracy in HCC diagnosis and may act as novel biomarkers [36].

#### 3.2. uc003wbd and AF085935

Lu et al. determined that serum levels of lncRNA-uc003wbd and lncRNA-AF085935 were significantly higher in HCC and HBV patients compared to controls. lncRNA-AF085935 was relatively more accurate in screening for HCC (AUC = 0.96) than lncRNA-uc003wbd (AUC = 0.86) in healthy controls and HBV patients (AUC = 0.70). Serum lncRNA-uc003wbd and lncRNA-AF085935 levels were both altered in HCC and HBV patients, suggesting that these lncRNAs are potential plasma biomarkers [37].

#### 3.3. RP11-160H22.5, XLOC_014172, and LOC149086

Tang et al. discovered three lncRNAs in plasma samples from 217 HCC patients by high throughput microarray detection. They reported that RP11-160H22.5, XLOC_014172, and LOC149086 were upregulated in HCC as compared to cancer-free controls, with merged AUC in training and validation set at 0.999 and 0.896, respectively. Furthermore, XLOC_014172 and LOC149086 were confirmed to be highly increased in
metastatic HCC patients with merged AUC in training and validation set at 0.900 and 0.934, respectively. Most patients presented with decreased levels of all three lncRNAs after surgery, while secondary increased levels might be associated with tumor hematogenous metastasis. In conclusion, Tang et al. identified three lncRNAs, RP11-160H22.5, XLOC_014172, and LOC149086, as potential biomarkers for tumorigenesis prediction, and XLOC_014172 and LOC149086 for metastasis prediction [38].

3.4. HEIH. Zhefeng et al. collected blood samples from 179 HCC and 179 matched healthy controls for quantitative analysis of plasma IncRNA-HEIH using qRT-PCR. Forty plasma samples were collected from these patients 7 days after surgery to examine the change in IncRNA-HEIH expression. As a result, HCC patients exhibited statistically higher levels of plasma IncRNA-HEIH than matched controls. The expression levels of HEIH in plasma from postoperative patients were significantly lower than those from preoperative patients. Individuals who had higher plasma IncRNA-HEIH expression had a significantly increased risk of HCC when healthy controls were used as the reference group. In addition, the area under the ROC curve for plasma IncRNA-HEIH from all participants was 0.681. The combined model of AFP and IncRNA-HEIH shows a significantly better prediction efficacy for HCC than either AFP or IncRNA-HEIH alone, with the largest AUC (0.714) [39].

3.5. UCA1 and WRAP53. Kamel et al. showed that IncRNA-UCA1 and IncRNA-WRAP53 expression in HCC patient sera was significantly higher in HCC patients compared to patients with chronic hepatitis C virus (HCV) and healthy volunteers. Serum and tissue levels of these two genes were strongly correlated, and combining both lncRNAs with serum AFP resulted in 100% sensitivity. Thus, increased levels of IncRNA-UCA1 and IncRNA-WRAP53 may be novel serum diagnostic biomarkers for HCC [40].

3.6. MALAT1. Research conducted by Konishi et al. indicated that plasma MALAT1 levels and liver damage are related, which suggests clinical utility in predicting HCC. The authors collected plasma samples from preoperative HCC patients (n = 88), hepatic disease patients (n = 28), and healthy controls (n = 51) and measured plasma MALAT1 using qRT-PCR. The expression levels of MALAT1 were significantly higher in HCC patients than in hepatic disease patients. Patients with hepatic disease had higher levels than healthy controls. HCC patients with liver damage or cirrhosis had significantly elevated MALAT1 levels. ROC analysis between HCC and hepatic disease patients showed a cut-off value of 1.60, with an AUC of 0.66. Sensitivity and specificity for HCC in combination with plasma MALAT1, AFP, and PIVKAII were 88.6% and 75%, respectively, indicating that a combination of factors is more accurate for diagnosing HCC than individual parameters [41].

3.7. uc001ncr and AX800134. Wang et al. collected 684 blood samples from patients with chronic HBV, HBV-positive HCC, and healthy volunteers and separated the samples into three phases. Differential expression of lncRNAs were determined using microarrays, leading to selection of uc001ncr and AX800134 as candidates due to significant upregulation in HCC tissue and serum samples. These two lncRNAs were subsequently analyzed by qRT-PCR in serum samples obtained from an independent cohort of 353 participants (121 HBV-positive HCC patients, 95 HBV patients, and 137 healthy controls). Additional serum samples from 61 HBV-positive HCC patients, 60 HBV patients, and 60 healthy individuals were also used to validate the diagnostic efficacy of the two lncRNAs. Based on uc001ncr and AX800134 expression, these lncRNAs were determined to accurately diagnose HBV-positive HCC (AUC = 0.9494), including patients with an AFP of 400 ng/ml (AUC = 0.9371), indicating potential usefulness as biomarkers in diagnosing HCC [42].

3.8. PVT1 and uc002mbe.2. Recently, Yu et al. studied cancer-related lncRNAs in sera obtained from 71 HCC patients and 64 healthy controls using qRT-PCR. IncRNA PVT1 and uc002mbe.2 showed significantly upregulated expression levels in HCC, and the combination of PVT1 and uc002mbe.2 was considered a possible HCC marker, with an area under the ROC curve of 0.764 and sensitivity and specificity of 60.56% and 90.62%, respectively. The serum 2-lncRNA signature combined with AFP yielded greater diagnostic value than AFP alone [43].

The above studies have shown that plasma lncRNAs have enormous potential to serve as biomarkers for HCC diagnosis due to their stability, relationship with hepatocellular carcinoma, and easy acquisition. Serum lncRNAs can be screened for early diagnosis, to evaluate surgical or nonsurgical therapeutic efficiency, to monitor recurrence during the follow-up period, and to provide new therapeutic targets.

4. Conclusion and Future Perspectives

In conclusion, many studies have suggested that lncRNAs are vital in various biological processes involved in HCC, such as initiation, progression, metastasis, recurrence, treatment, and prognosis. Moreover, dysregulation of HCC-related lncRNAs in tumor tissues is generally associated with these biological processes.

HCC is a common cancer worldwide, with a poor prognosis due to difficulties in early discovery, diagnosis, and treatment. Traditional serum markers of HCC, for example AFP, are limited by low sensitivity and specificity [34]. Therefore, accurate novel biomarkers and efficient therapeutic targets for diagnosing and treating HCC are needed. An increasing number of studies have demonstrated that expression of several lncRNAs is dramatically dysregulated, not only in tumor tissues but also in patient plasma samples. Given that cancer-specific miRNAs are detectable in various biological fluids, they are being actively investigated as potential diagnostic and prognostic biomarkers [44]. Similarly, detection of lncRNAs in serum has promising utility as a noninvasive clinical technique.

Existing studies showed that lncRNA could keep stable expression in plasma when sera is treated with a prolonged room temperature incubation, multiple freeze-thaw cycles, a
low or high pH solution, or RNase A digestion. Moreover, several researches showed that HCC-related lncRNAs are both dysregulated in tissues and sera. We suspect that lncRNAs which are dysregulated in the plasma of HCC patients were released by tumor tissues and circulating lncRNAs may be protected by extracellular vesicles, including apoptotic bodies, microvesicles, and exosomes. However, there is no direct evidence that proved our point. Another problem is that the results of the different researchers on the same gene may not be consistent due to the population genetic difference.

In summary, existing knowledge surrounding lncRNAs is limited, and the diverse functions lncRNAs may play a role in HCC development in the early stages of discovery. Understanding the molecular mechanisms of HCC-related lncRNAs will be useful in determining potential future molecular targets. Further investigation will be necessary to unravel the regulatory networks and molecular characteristics of lncRNAs in an effort to ultimately streamline and improve HCC diagnosis and treatment.

Conflicts of Interest

The authors declare no conflicts of interest.

Authors’ Contributions

Hongying Su designed and revised the manuscript; Han Bao wrote the manuscript. All authors have read and approved the final manuscript.

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