

Special Issue on  
**Management and Rehabilitation for Multimorbidity:  
Rationale, Experiences, and Outcomes**

# CALL FOR PAPERS

There has been an emerging call for changes to health systems and for clinical decision makers to develop and support more effective and efficient provision of the complex care required by patients with multimorbidity; that is, a patient has several chronic diseases, which may be both somatic (e.g., diabetes, cardiovascular diseases, and hypertension) and mental (e.g., depression and anxiety). Multimorbidity significantly affects patients' quality of life, quality of care, and mortality. Patients with multimorbidity are prone to receiving fragmented, incomplete, inefficient, and ineffective care, which leads to unnecessary hospitalizations, polypharmacy, and adverse drug events. Several studies also found an association between psychiatric conditions and somatic disorders in multimorbidity clusters and a protective effect of patients' psychosocial resources. Multimorbidity is associated with an increase in health care utilization, and patients with multimorbidity are often described as high utilizers and estimated to be responsible for 20-30% of total healthcare costs

We invite researchers to contribute original research articles as well as review articles that will stimulate the efforts to understand the current situation on multimorbidity and its treatment: prevalence, mechanisms, challenges in contemporary health care systems, rehabilitation efforts and results, and patients' experiences.

Potential topics include but are not limited to the following:

- ▶ Epidemiology of multimorbidity
- ▶ Care models in multimorbidity
- ▶ Adaptation of health care system to meet the challenge of multimorbidity
- ▶ Drug interactions treating multimorbidity
- ▶ Multimorbidity: patients' experiences
- ▶ Multimorbidity: ethical aspects of care
- ▶ Rehabilitation for multimorbidity: organization, process, and outcomes

Authors can submit their manuscripts through the Manuscript Tracking System at <http://mts.hindawi.com/submit/journals/bmri/public.health/mrmc/>.

**Lead Guest Editor**

Anne Frølich, Bispebjerg Hospital,  
Copenhagen, Denmark  
*anne.froelich@regionh.dk*

**Guest Editors**

Ramune Jacobsen, Frederiksberg  
Hospital, Frederiksberg, Denmark  
*ramune.jacobsen@regionh.dk*

Zita V. Liubarskiene, Lithuanian  
University of Health Sciences, Kaunas,  
Lithuania  
*zitaliu@gmail.com*

**Manuscript Due**

Friday, 16 December 2016

**First Round of Reviews**

Friday, 10 March 2017

**Publication Date**

Friday, 5 May 2017