# Disease burden of chronic hepatitis B among immigrants in Canada

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#### WWL Wong, G Woo, EJ Heathcote, M Krahn. Disease burden of chronic hepatitis B among immigrants in Canada. Can J Gastroenterol 2013;27(3):137-147.

**BACKGROUND:** The prevalence of chronic hepatitis B (CHB) infection among immigrants to North America ranges from 2% to 15%, 40% of whom develop advanced liver disease. Screening for hepatitis B surface antigen is not recommended for immigrants.

**OBJECTIVE:** To estimate the disease burden of CHB among immigrants in Canada using Markov cohort models comparing a cohort of immigrants with CHB versus a control cohort of immigrants without CHB.

**METHODS:** Markov cohort models were used to estimate life years, quality-adjusted life years and lifetime direct medical costs (adjusted to 2008 Canadian dollars) for a cohort of immigrants with CHB living in Canada in 2006, and an age-matched control cohort of immigrants without CHB living in Canada in 2006. Parameter values were derived from the published literature.

**RESULTS:** At the baseline estimate, the model suggested that the cohort of immigrants with CHB lost an average of 4.6 life years (corresponding to 1.5 quality-adjusted life years), had an increased average of \$24,249 for lifetime direct medical costs, and had a higher lifetime risk for decompensated cirrhosis (12%), hepatocellular carcinoma (16%) and need for liver transplant (5%) when compared with the control cohort.

**DISCUSSION:** Results of the present study showed that the socioeconomic burden of CHB among immigrants living in Canada is substantial. Governments and health systems need to develop policies that promote early recognition of CHB and raise public awareness regarding hepatitis B to extend the lives of infected immigrants.

Key Words: Chronic hepatitis B; Disease burden; Immigrants

A large proportion of the chronic hepatitis B (CHB) population in Canada is comprised of individuals who were born abroad and are currently living in Canada (ie, immigrants). Canada accepted approximately four million immigrants between 1981 and 2006. More than 90% came from countries where hepatitis B virus (HBV) is either highly (>8%) or moderately (>2%) endemic, whereas the overall prevalence of HBV in Canada is <1% (1). Approximately 5% of immigrants in Canada have CHB, 40% of whom will silently progress to cirrhosis and, consequently, be at risk of dying prematurely from liver failure and/or liver cancer (2).

The objective of the present study was to estimate the health and economic burden associated with CHB among immigrants living in Canada and to determine the magnitude of disease burden.

# METHODS

Two state-transition cohort models (3) were developed to project health outcomes and costs: one for a cohort of immigrants with CHB living in Canada in 2006, and one age-matched control cohort of

# Le fardeau de l'hépatite B chronique chez les immigrants du Canada

HISTORIQUE : La prévalence d'infection par l'hépatite B chronique (HBC) chez les immigrants d'Amérique du Nord oscille entre 2 % et 15 %, et 40 % d'entre eux contractent une maladie hépatique avancée. Le dépistage de l'antigène de surface de l'hépatite B n'est pas recommandé chez les immigrants.

**OBJECTIF**: Évaluer le fardeau d'HBC chez les immigrants du Canada au moyen de modèles de Markov qui comparent une cohorte d'immigrants atteints d'HBC à une cohorte témoin d'immigrants sans HBC.

MÉTHODOLOGIE : Les chercheurs ont utilisé les modèles de Markov pour évaluer les années de vie pondérées en fonction de la qualité et les coûts médicaux directs pendant la vie (rajustés en dollars canadiens de 2008) chez une cohorte d'immigrants atteints de l'HBC qui vivaient au Canada en 2006 et chez une cohorte témoin appariée selon l'âge d'immigrants sans HBC qui vivaient également au Canada en 2006. Ils ont dérivé les valeurs paramétriques des publications.

**RÉSULTATS :** Lors de l'évaluation de départ, le modèle laissait supposer que la cohorte d'immigrants ayant une HBC perdait une moyenne de 4,6 années de vie (soit 1,5 année de vie pondérée en fonction de la qualité), payaient en moyenne 24 249 \$ de plus en frais médicaux directs et présentaient un risque plus élevé de cirrhose décompensée (12 %), de carcinome hépatocellulaire (16 %) et d'indication de transplantation hépatique (5 %) au cours de leur vie que la cohorte témoin.

**EXPOSÉ :** Selon les résultats de la présente étude, les immigrants qui habitent au Canada présentent un important fardeau socioéconomique d'HBC. Les gouvernements et les systèmes de santé devraient préparer des politiques favorisant la promotion d'un dépistage rapide de l'HBC et mieux faire connaître l'hépatite B afin que les immigrants infectés vivent plus longtemps.

immigrants without CHB living in Canada in 2006. The differences in life expectancy (life years [LYs]), quality-adjusted life expectancy (quality-adjusted LYs [QALYs]), and lifetime direct medical costs between the two cohorts were calculated to evaluate the health and economic burden associated with CHB in this population (4).

## Cohort

The estimated number of immigrants with CHB residing in Canada in 2006 was 297,700 individuals (HBV prevalence of 4.81%) (Appendix 1). This number was estimated by multiplying the number of people who immigrated into Canada from each country by the prevalence in that country (5,6). The total number of immigrants, their age and country of origin were determined using data from the 2006 national census (1). The prevalence in various countries was obtained from review of the literature (5,7,8).

To estimate the distribution of disease states (see Appendix 2 for description of modelled health states) among immigrants with CHB, the medical records of immigrant patients with CHB who attended the

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# TABLE 1

Variable	Baseline	Low	High	Source
Population				
Prevalence				
Immigrants with chronic HBV	4.81%	0.24%	14.08%	Appendix 1
infection				(5,7)
Annual CHB diagnostic rate	0.5%	0.1%	2%	(12)
Known to be infected rate	30%	5%	90%	(10,11)
Annual transition probabilities	related to	chronic ir	fection	
CHB: No treatment states				
Immune tolerant (HBsAg+; HBe	eAg+; viral	load: high;	ALT level	: normal)
HCC	0.00032	0.000028	0.00035	(35)
Chronic HBeAg+ hepatitis B	0.1423	0.12	0.16	(36)
Chronic HBeAg+ hepatitis B (HBs	sAg+; HBeA	Ag+; viral loa	ad: high; A	LT level: high
Compensated cirrhosis	0.044	0.022	0.088	(37-39)
HCC	0.008	0.004	0.016	(39-41)
HBeAg seroconversion	0.1	0.07	0.13	(39,42-44)
Inactive (HBsAg+; HBeAg-; vir	al load: lov	v; ALT level	: normal)	
Compensated cirrhosis	0.001	0.001	0.002	(2,39)
HCC	0.003	0.0015	0.006	(2,39)
Immune (HBsAg loss)	0.008	0.0005	0.02	(39,43)
Reactivation (chronic	0.0254	0.02	0.05	(2,45)
HBeAg– hepatitis B)				
Reversion (chronic HBeAg+	0.0048	0.004	0.018	(2,39,43)
hepatitis B)				
Chronic HBeAg– hepatitis B (HBs	-	-	-	-
Compensated cirrhosis	0.029	0.015	0.058	(2,46,47)
HCC	0.008	0.004	0.012	(2,41,47,48)
Compensated cirrhosis: No tre				
Chronic HBeAg+ hepatitis B wi	th cirrhosis	; (HBsAg+;	HBeAg+;	viral load:
high; ALT level: high)			~ .	(10)
Decompensated cirrhosis	0.073	0.035	0.1	(49)
HCC	0.034	0.01	0.12	(49,50)
HBeAg seroconversion	0.1	0.07	0.13	
Inactive w/cirrhosis (HBsAg+; H	-			
Decompensated cirrhosis	0.008	0.004	0.016	(39,51)
	0.022	0.011	0.044	(39,51)
Immune (HBsAg loss)	0.008	0.0005	0.02	(39,43)
Reactivation (chronic HBeAg-	- 0.0254	0.02	0.05	(2,45)
hepatitis B)				(
Reversion (chronic HBeAg+	0.0048	0.008	0.018	(39,43)
hepatitis B)				
Chronic HBeAg- hepatitis B w/	cirrhosis (H	HBsAg+; HI	BeAg–; vi	ral load: high
ALT level: high)				
Decompensated cirrhosis	0.073	0.035	0.1	(49)
HCC	0.037	0.01	0.12	(41,49,50)
Decompensated cirrhosis				
HCC	0.06	0.01	0.113	(12,41,52)
Liver transplant	0.05	0	0.4	(12,52)
Death	0.173	0.058	0.221	(12,52)
HCC	0.45	0.05	0.4	(40 50)
Liver transplant	0.15	0.05	0.4	(12,52)
Death	0.351	0.181	0.451	(12,52)
Liver transplant	0.067	0.02	0.112	(10 50)
Death	0.067 obabilitios	0.02	0.113	(12,52)
Treatment-related transition pro	eelilitasao	5		
Entecavir	<b>.</b>			
Chronic HBeAg+ hepatitis B (H	BsAg+; HE	BeAg+; vira	I load: hig	jh; ALΓ level
high)				
Resistance	0.003	0	0.01	(18,39,53-55)
Withdrawal of treatment	0.0028	0	0.01	(18,39,53,55)

Continued in next column

#### TABLE 1 – CONTINUED Values for model variables

Variable	Baseline	Low	High	Source
Treatment-related transition	probabilities	s – contin		
Entecavir – continued	•			
Chronic HBeAg+ hepatitis B	(HBsAq+; HI	BeAq+; vir	al load: hi	ah; ALT level:
high) – continued	( - 5 /	- <b>J</b> ,		<b>,</b>
Undetectable HBV DNA	0.61	0.39	0.80	(18,39,53,55)
Normalization of ALT	0.69	0.45	0.86	(18,39,53,55)
HBeAg seroconversion	0.21	0.14	0.23	(18,39,53,55)
HBsAg loss	0.21	0.14	0.05	(18,39,53,55)
Chronic HBeAg– hepatitis B (H				,
Resistance	0.003	-virai ic 0	0.01	-
				(18,47,56)
Withdrawal of treatment	0.018	0	0.02	(18,47,56)
Undetectable HBV DNA	0.86	0.51	0.98	(18,47,56)
Normalization of ALT	0.76	0.63	0.82	(18,47,56)
Tenofovir				
Chronic HBeAg+ hepatitis B high)	(HBsAg+; HI	BeAg+; vir	al load: hi	gh; ALT level
Resistance	0	0	0	(18,57)
Withdrawal of treatment	0.028	0.01	0.05	(18,57)
Undetectable HBV DNA	0.89	0.71	0.98	(18,57)
Normalization of ALT	0.03	0.41	0.93	
		0.41		(18,57)
HBeAg seroconversion	0.18		0.30	(18,57)
HBsAg loss	0.05	0	0.54	(18,57)
Chronic HBeAg-hepatitis B (H		•	•	Ũ
Resistance	0	0	0.01	(18,57)
Withdrawal of treatment	0	0	0.03	(18,57)
Undetectable HBV DNA	0.92	0.44	1	(18,57)
Normalization of ALT	0.73	0.43	0.84	(18,57)
Lamivudine				
Chronic HBeAg+ hepatitis B (H	IBsAg+; HBe	Ag+; viral lo	oad: high; A	LT level: high
Resistance	0.11	0.05	0.15	(18)
Withdrawal of treatment	0.028	0.01	0.05	†
Undetectable HBV DNA	0.31	0.17	0.49	(18)
Normalization of ALT	0.60	0.46	0.72	(18)
HbeAg seroconversion	0.18	0.15	0.21	(18)
HbsAg loss	0.008	0	0.02	(18)
Chronic HbeAg– hepatitis B (H	IBsAa+: HBe/	Aq-: viral lo	ad: hiah: A	. ,
Resistance	0.11	0.05	0.15	(18)
Withdrawal of treatment	0	0	0.03	†
Undetectable HBV DNA	0.73	0.65	0.80	(18)
Normalization of ALT	0.75	0.54	0.89	(18)
	0.75	0.34	0.69	(10)
Pegylated interferon		Agusvirolk	ood: biab: /	
Chronic HBeAg+ hepatitis B (H	-	-	-	-
Withdrawal of treatment	0.03	0.01	0.05	(18,58)
Undetectable HBV DNA	0.2	0.08	0.36	(18)
Normalization of ALT	0.39	0.2	0.61	(18)
HbeAg seroconversion	0.23	0.14	0.35	(18)
HbsAg loss	0.01	0	0.07	(18)
Chronic HbeAg- Hepatitis B (H	BsAg+; HBeA	Ag+; viral lo	ad: high; A	LT level: high
Withdrawal of treatment	0.07	0.01	0.08	(18,59)
Undetectable HBV DNA	0.67	0.41	0.89	(18)
Normalization of ALT	0.60	0.09	0.89	(18)

\*Assume same as chronic hepatitis B (CHB) positive; <sup>†</sup>Assume same as tenofovir/entecavir. – Negative; + Positive; ALT Alanine aminotransferase; HBeAg Hepatitis B e antigen; HBsAg Hepatitis B surface antigen; HBV Hepatitis B virus; HCC Hepatocellular carcinoma tertiary referral liver clinic at the Toronto Western Hospital (Toronto, Ontario) were reviewed. The date of birth, country of origin, date of first visit, serological status (hepatitis B surface antigen [HBsAg], hepatitis B e antigen [HBeAg] and anti-HBeAg), alanine transaminase (ALT) level, and viral load (IU/mL) from the clinic database to estimate the distribution of disease progression states in patients stratified according to eight age groups (zero to 15, 16 to 25, 26 to 35, 36 to 45, 46 to 55, 56 to 65, 66 to 75, and 75 years of age and older) were extracted. A total of 774 medical records were retrieved.

Individuals born abroad and currently living in Canada may already have been tested and aware of their infection (9-11). According to a recent community-based immigrant survey conducted in Vancouver, British Columbia (10), between 19% and 89% of immigrants had been tested for HBV, depending their country of birth. In the present analysis, it was assumed that 30% (5% to 90% in sensitivity analysis) of the immigrants in Canada are aware of their infection with HBV, and for every year 0.5% (12) (0.1% to 2% in sensitivity analysis) of the unknown individuals will be diagnosed as having CHB infection.

The control cohort of immigrants without CHB in the present study was created with a similar sample size and age distribution as the cohort of immigrants with CHB living in Canada in 2006.

#### Decision model

In the present analysis, two state-transition cohort models were implemented using TreeAge Pro 2009 software (TreeAge Software, USA). The CHB model had 37 health states that included a combination of serological status (HBsAg and HBeAg), liver inflammation (ALT [normal/elevated]), viral load (high/low) and clinical states (cirrhosis, hepatocellular carcinoma [HCC], liver transplant). The formal definition of all 37 health states can be found in Appendix 2 (5).

In the simulation, cohort members with CHB moved between predefined health states in annual cycles until all members had died. Health states and allowed transitions among health states are shown in Appendix Figure 1 and Appendix Figure 2. In this model, CHBinfected individuals are initially assumed to have no cirrhosis but progress over time to different clinical states of CHB characterized by a combination of serology, ALT value and viral load, and/or development of cirrhosis. Those developing cirrhosis may develop decompensated liver disease and/or HCC and may die from the complications of liver disease or require a liver transplant.

Another Markov model with a one-year cycle length was constructed for each of the eight age groups in the control cohort of immigrants without CHB. It was assumed that this control cohort of immigrants without CHB were free of infection with HBV during their lifetime. Within each cycle, immigrants without CHB may die from all disease causes except CHB according to Canadian life tables.

#### Model probabilities

Probabilities representing the likelihood of HBV-related events were identified from literature reviews and expert sources (Table 1). Distribution of CHB health states at the start of the simulation is listed in Appendix 3.

#### Treatment for CHB

The baseline analysis assumed that patients offered antiviral therapy would be treated with either entecavir or tenofovir because they are the two most potent drugs with the highest genetic barrier to resistance. According to the Canadian guidelines (13), HBeAg-positive patients should be treated if both the HBV DNA concentration is >20,000 IU/mL and the ALT level is elevated (>1.5 × upper limit of normal [ULN]) for up to 12 months after HBeAg seroconversion. HBeAg-negative patients whose HBV DNA concentration is consistently >2000 IU/mL and have an elevated ALT level (>1.5×ULN) would be treated indefinitely. All patients with compensated cirrhosis with HBV DNA concentration >2000 IU/mL are treated indefinitely.

Patients on entecavir who develop resistance (1.5% at five years) (14) are switched to tenofovir. Presently, there is no evidence that

patients receiving tenofovir develop resistance for up to four years after initialization of therapy (15). Thus, no resistance was assumed for patients who are treated with tenofovir.

Also performed were two additional analyses on lamivudine and pegylated interferon. Because the cost of lamivudine is relatively low, it is still frequently prescribed in North America (16,17) for CHB, despite the high rate of drug resistance. In the lamivudine analysis, patients on lamivudine who develop resistance are switched to tenofovir or entecavir. For the pegylated interferon analysis, HBeAg-positive patients were treated for 48 weeks while the HBeAg-negative patients were treated for one year (13) with pegylated interferon alpha-2a according to Canadian guidelines (13).

Estimates of treatment effectiveness were obtained from a systematic review and Bayesian meta-analysis (18) (Table 1). The probability of being treated was estimated using the medical records of immigrant patients with CHB who attended the liver clinic at Toronto Western Hospital (Appendix 4). This probability was changed accordingly as the disease progression state changed.

#### Direct medical costs and utilities

The health care costs included in the analysis include the direct costs of screening and the cost of treatment for the different CHB health states. These costs included diagnostic laboratory testing, procedures, outpatient visits, inpatient admission and medication, and were collected from published sources (Table 2). For the age-matched control cohort of immigrants without CHB living in Canada, the annual average health care costs reported by the Canadian Institute for Health Information (19) were used.

Utility data were obtained from a previous study involving more than 400 patients with CHB across different CHB health states (20), from early disease stage to HCC and/or post-liver transplantation (Table 2). The utilities used in the analysis were based on published Health Utilities Index Mark 3 scores (20). It was assumed that patients who spontaneously clear HBV infection and those who have never been infected had utility scores similar to the general Canadian adult population (21). For the control cohort, average health care cost and average utility scores for the general Canadian adult population were used.

## Economic assumptions

The analysis was conducted from the health care payer perspective. Future costs and health benefits were discounted at a rate of 5% (22). Non-Canadian cost data were converted to Canadian dollars at the purchasing power parity conversion rate (23). All cost data were adjusted to 2008 using the Statistics Canada Consumer Price Index for health care and personal items (24).

# RESULTS

## Base case

At the baseline estimate (Table 3), the present model projected that the cohort of immigrants with CHB would, on average, live 28.43 years as of 2006. Also projected was that the age-matched control cohort of immigrants without CHB would live 33.21 years. With respect to life expectancy adjusted for quality of life, our models projected that health gains were smaller, but still very substantial at 1.49 QALY per person over the lifetime of the cohort when compared with the control cohort of immigrants without CHB. In terms of lifetime direct medical costs, the model suggested that the cohort of immigrants with CHB increased by an average of \$24,249 over the lifetime of the cohort when compared with the control cohort of immigrants without CHB. To demonstrate the magnitude of disease burden from 297,572 individuals who were born abroad and are currently living in Canada with CHB, the model calculated that individuals with CHB could lose a total of approximately 1.3 million LYs or 0.4 million QALYs, and increase the burden on the health care system in Canada by \$7 billion as a direct result of CHB.

## TABLE 2 Costs and utilities used in the model

		Cost*		
Costs and utilities	Baseline	Low	High	Reference(s)
Acute hepatitis B				
Symptomatic/hospitalized	\$17,537	\$10,317	\$19,092	12,60
Symptomatic/not hospitalized	\$576	\$370	\$862	12,60
Chronic hepatitis B				
Diagnostic tests and laboratory tests	\$483	\$442	\$534	61
Procedures (professional fees only)	\$20	\$17	\$24	61
Outpatient visits	\$400	\$340	\$487	61
Medications (entecavir)	\$8,000	\$7,000	\$9,000	39,47,62
Medications (tenofovir)	\$6,109	\$5,000	\$7,000	62,63
Medications (lamivudine)	\$1,865	\$1,000	\$2,500	39
Medications (pegylated interferon) 48 weeks	\$12,528	\$9,504	\$14,256	64
Compensated cirrhosis				
Diagnostic tests and laboratory tests	\$562	\$518	\$617	61
Procedures (professional fees only)	\$89	\$72	\$113	61
Outpatient visits	\$399	\$349	\$460	61
Inpatient admissions	\$929	\$397	\$2,500	61
Medications (entecavir)	\$8,000	\$7,000	\$9,000	39,47,62
Medications (tenofovir)	\$6,109	\$5,000	\$7,000	62,63
Medications (lamivudine)	\$1,865	\$1,000	\$2,500	39
Medications (pegylated interferon) 52 weeks	\$13,572	\$10,296	\$2,300	64
Decompensated cirrhosis	ψ10,072	ψ10,230	ψιΟ, <del>444</del>	04
	\$993	\$916	\$1,090	61
Diagnostic tests and laboratory tests				
Procedures (professional fees only)	\$388	\$324	\$472	61
Outpatient visits	\$550	\$440	\$707	61
Inpatient admissions	\$9,221	\$6,145	\$14,635	61
Home care	\$24	\$18	\$35	61
Medications	\$699	\$626	\$777	39,47
_iver transplant				
Diagnostic tests and laboratory tests	\$1,990	\$1,809	\$2,208	61
Procedures (professional fees only)	\$6,784	\$6,285	\$7,289	61
Outpatient visits	\$833	\$682	\$1,037	61
Inpatient admissions	\$58,418	\$54,480	\$65,871	61
Home care	\$44	\$34	\$58	61
Medications	\$36,712	\$34,203	\$40,131	61
Post-transplant				
Diagnostic tests and laboratory tests	\$1,265	\$1,128	\$1,468	61
Procedures (professional fees only)	\$228	\$155	\$343	61
Outpatient visits	\$764	\$688	\$860	61
Inpatient admissions	\$11,011	\$6,254	\$19,079	61
Home care	\$28	\$21	\$37	61
Medications	\$27,153	\$25,887	\$29,353	61
Hepatocellular carcinoma	<i><b>Q</b></i> 21,100	<i>Q</i> 20,001	<i>\\</i> 20,000	0.1
Diagnostic tests and laboratory tests	\$937	\$845	\$1,062	61
с ,	\$1,042	\$927	\$1,002	61
Procedures (professional fees only)			. ,	
Outpatient visits	\$746	\$629 \$6.070	\$902	61
Inpatient admissions	\$9,857	\$6,970	\$13,939	61
Home care	\$533	\$354	\$793	61
Medications	\$1,006	\$921	\$1,100	61
Cost of screening	\$84	\$10	\$400	65
Average health care	\$4,119	\$3,707	\$4,530	19
Jtilities				
Canadian population average	0.93	0.85	1	20
Noncirrhotic chronic hepatitis B	0.87	0.85	0.88	20
Compensated cirrhosis	0.81	0.75	0.86	20
Decompensated cirrhosis	0.49	0.22	0.75	20
Hepatocellular carcinoma	0.85	0.76	0.95	20
Post-transplant	0.72	0.60	0.83	20

\*2008 Canadian dollars (CAD \$1 = US \$0.813 using purchasing power parity conversion rate)

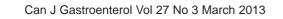
TABLE 3
Baseline disease burden of chronic hepatitis B (CHB) among immigrants living in Canada

Indicators for disease burden	With CHB	Without CHB	Difference
Treatment using tenofovir only			
Average LY (year)	28.64	33.21	-4.57
Average QALY (year)	11.93	13.42	-1.49
Average lifetime direct medical costs, \$	83,706	59,457	24,249
Total LY (year)	8,523,753	9,882,598	-1,358,845
Total QALY (year)	3,550,436	3,994,710	-444,274
Total lifetime direct medical costs, \$	24,908,432,988	17,692,698,536	7,215,734,452
Treatment using entecavir only			
Average LY (year)	28.47	33.21	-4.74
Average QALY (year)	11.90	13.42	-1.53
Average lifetime direct medical costs, \$	86,637	59,457	27,180
Total LY (year)	8,473,278	9,882,598	-1,409,320
Total QALY (year)	3,540,213	3,994,710	-454,497
Total lifetime direct medical costs, \$	25,780,649,619	17,692,698,536	8,087,951,083
Treatment using lamivudine and tenofovir			
Average LY (year)	28.60	33.21	-4.61
Average QALY (year)	11.91	13.42	-1.51
Average lifetime direct medical costs, \$	80,042	59,457	20,585
Total LY (year)	8,511,417	9,882,598	-1,371,181
Total QALY (year)	3,545,421	3,994,710	-449,289
Total lifetime direct medical costs, \$	23,818,128,984	17,692,698,536	6,125,430,448
Treatment using lamivudine and entecavir			
Average LY (year)	28.43	33.21	-4.78
Average QALY (year)	11.88	13.42	-1.54
Average lifetime direct medical costs, \$	81,166	59,457	21,709
Total LY (year)	8,458,783	9,882,598	-1,423,815
Total QALY (year)	3,536,087	3,994,710	-458,623
Total lifetime direct medical costs, \$	24,152,615,241	17,692,698,536	6,459,916,704
Treatment using pegylated interferon			
Average LY (year)	27.69	33.21	-5.52
Average QALY (year)	11.73	13.42	-1.69
Average lifetime direct medical costs, \$	78,286	59,457	18,829
Total LY (year)	8,240,972	9,882,598	-1,641,626
Total QALY (year)	3,491,102	3,994,710	-503,608
Total lifetime direct medical costs, \$	23,295,642,649	17,692,698,536	5,602,944,113

\*Note: 2008 Canadian dollars (CAD \$1 = US \$0.813 using purchasing power parity conversion rate). LY Life year; QALY Quality-adjusted life year

The present model also simulated the average annual direct medical costs per person starting in 2006 for the cohort of immigrants with CHB and the cohort of immigrants without CHB (Figure 1). The annual health care cost for immigrants without CHB was \$3,878 per person. The annual incremental health care cost per person for the CHB cohort was \$472 in 2006, rising to a maximum of \$959 in 2014.

Also projected was the annual distribution of CHB-related clinical outcomes in the cohort of immigrants with CHB since 2006 (Table 4). From the simulated results, 44% of immigrants with CHB remained undiagnosed after 20 years of follow-up and silently progressed to advanced liver disease. The prevalence of advanced liver disease among immigrants with CHB will peak over the next 25 years in those not diagnosed and/or not given treatment even if needed. The prevalence of compensated cirrhosis peaked at 11% at year 25, the prevalence of decompensated cirrhosis peaked at 1.2% at year 20 and the prevalence of HCC peaked at 1.2% at year 10. Among patients with CHB who were aware of their diagnosis, the present model projected that the uptake of antiviral therapy was low, at only 9%, because the timing of antiviral therapy is poorly understood. The cumulative risks of liver-related adverse outcomes are depicted in Figure 2. One in five (21%) CHB patients alive in 2006 will die from liver disease. One in six (16%) will develop liver cancer and one in 20 (5%) will require a liver transplant.



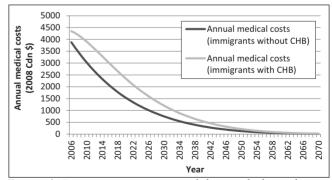


Figure 1) Comparison in average annual direct medical costs between immigrants with chronic hepatitis B (CHB) and immigrants without CHB since 2006

In terms of different antiviral therapies, the Canadian guideline (13) indicated entecavir or tenofovir should be used as first-line therapy. Because the pattern of care is not clear, additional disease burden analyses were performed on different antiviral therapies (Table 3). Among different antiviral therapies, the baseline analysis (using tenofovir as first-line therapy) generated the lowest LY or QALY lost, while 

Baseline annual distribution of ma	ajor clinical outcomes among immigrants with chronic hepatitis B (CH	B)

		Undiagnosed	Patients undergoing	Cirr	hosis		Liver	CHB-related
Year	Population, n	СНВ	treatment	Compensated	Decompensated	HCC	transplant	death
2006	297,572	73.38	4.35	1.16	0.00	0.43	0.00	0.00
2010	281,807	66.66	7.55	5.07	0.48	1.07	0.11	0.40
2015	253,964	59.65	8.62	8.26	1.04	1.24	0.15	0.61
2020	222,442	53.85	8.35	9.89	1.24	1.17	0.15	0.65
2025	191,247	48.82	7.75	10.56	1.20	1.01	0.14	0.59
2030	161,286	44.28	7.17	10.69	1.05	0.82	0.11	0.50
2035	133,251	36.54	6.06	9.64	0.88	0.64	0.09	0.41
2040	107,342	32.96	5.63	9.32	0.70	0.49	0.07	0.32
2045	84,249	26.10	4.59	7.85	0.54	0.35	0.05	0.24
2050	63,942	23.34	4.26	7.43	0.41	0.25	0.03	0.17
2055	46,981	16.84	3.11	5.58	0.30	0.17	0.02	0.12
2060	33,159	14.93	2.86	5.19	0.22	0.11	0.02	0.08
2065	22,612	9.70	1.83	3.46	0.16	0.07	0.01	0.05
2070	14,501	5.15	0.96	1.87	0.11	0.04	0.01	0.03

Data presented as % unless otherwise indicated. HCC Hepatocellular carcinoma

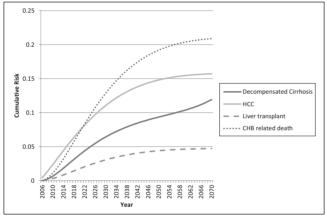


Figure 2) Cumulative risks of decompensated cirrhosis, hepatocellular carcinoma (HCC), liver transplant and chronic hepatitis B (CHB)-related death among immigrants with CHB since 2006

lamivudine prescribed as first-line therapy and switching to tenofovir when resistance occurred generated average lifetime direct medical costs (\$20,867 per person), but the consequence of this strategy is a higher average LY lost (4.72 years per person) and a higher average QALY lost (1.53 years per person). Using tenofovir as first-line therapy led to a gain of 0.15 LY per person, and an aggregated cost increase of \$3,380 per person.

#### Sensitivity analysis

One-way sensitivity analysis was performed to evaluate the impact of uncertainty for all parameters in the model.

The projection results changed according to the following:

- Effectiveness of antiviral treatment: if we decreased the rate of suppressing HBV viral load in HBeAg-negative patients by one-half of the value, the LY and QALY will be approximately decreased by 0.5 years for immigrants with CHB;
- The progression rates to advanced liver disease: if the progression rates to advanced liver disease was reduced, the LY and QALY will be increased among immigrants with CHB while the average direct medical cost would be decreased;
- 3. Known to be infected: If it is assumed all the immigrants with CHB had no knowledge about their infection, the LY and QALY would be decreased while the average direct medical cost would be increased, because most of the immigrants with CHB will remain undiagnosed and usually progress into late-phase liver disease (ie, cirrhosis and/or HCC).

Appendix Figure 3 summarizes the most sensitive variables using tornado diagrams for LY, QALY and cost.

## DISCUSSION

In the present study, we developed two Markov cohort models – one for immigrants with CHB and one for immigrants without CHB – to compare and project the disease burden of CHB among immigrants. Our analysis indicates that immigrants in Canada with CHB could live 4.6 years less than those without CHB under current care in Canada. Our analysis also suggests that the economic burden of CHB among immigrants living in Canada was substantial. The total increase in lifetime direct medical costs due to CHB among immigrants in Canada could be \$7 billion.

The most recent economic burden of illness reported by Health Canada was completed in 1998 (25). In this report, infectious and parasitic diseases cost \$909 million (direct cost) in the Canadian health system in 1998. If we adjust this cost to 2008 cost using the Consumer Price Index, infectious and parasitic diseases would cost \$1,057 million in 2008. From our model, the annual incremental health care cost per person for the CHB cohort is \$732 in 2008. With the estimated 297,572 individuals who were born abroad and are currently living in Canada with CHB, CHB contributed \$218 million (approximately 20% of the total estimated \$1,057 million in the infectious and parasitic diseases category) in 2008.

The direct medical costs caused by CHB among immigrants living in Canada are significant if compared with other disease categories (Appendix 5). CHB represents approximately 7.6% of the estimated total direct cancer cost or 2.7% of the estimated total direct cost of cardiovascular disease in 2008. However, there are only limited policies on screening and promoting early recognition regarding CHB in Canada. Currently, routine vaccination of adolescents and infants born to infected mothers are in place. HBV immunization coverage among one-year-olds in Canada in 2008 was only 17% (26). Serological screening for CHB is recommended for all pregnant woman, children adopted from highly endemic countries, and some high-risk groups (27,28). However, serological screening for CHB is not routinely conducted in immigrants at entrance to Canada. In addition, HBV-related stigma is common in immigrants (29-31), which can become a barrier to screening and treatment.

Our findings are consistent with other disease burden studies, although comparing CHB disease burden with other infectious diseases was difficult because of the different outcome measures (eg, QALYs, disability-adjusted LYs [DALYs], etc) and different assumptions (eg, discount rate, target population). According to the WHO global burden of disease study (32), the economic burden of hepatitis B is ranked sixth among all infectious diseases in Canada in terms of DALYs. A recent disease burden study from Ontario in 2010 (33) ranked hepatitis B fourth among all infectious diseases in terms of DALYs. The infectious diseases that have higher burden ranking than hepatitis B were hepatitis C, *Streptococcus pneumoniae* and human papillomavirus. Recent studies from the United States (6) and Germany (34) also reported increasing CHB disease burden from immigrants. In both studies, imported CHB cases from immigrants account for a significant proportion of new cases found in the studied countries.

In our study, we compared the disease burden in the population with the disease with a matched control group without the disease. Together with our comprehensive disease history model, our study could exclude the burden of other diseases or conditions existing in the study population. Furthermore, because our utility data were primarily derived from the immigrant population, we can more accurately estimate the disease burden of CHB among immigrants in Canada.

Our analysis has several limitations. Due to the lack of data, our analysis assumed that the prevalence of CHB among immigrants was the same as that reported in their home countries. In addition, our analysis also assumed that the distribution of disease progression states among immigrants with CHB in Canada was the same as the cohort of immigrants with CHB who attended the tertiary referral liver clinic at the Toronto Western Hospital. These assumptions could have significantly biased the results of the present study.

# cantly biased the results of the present study.

APPENDIX 1				
Estimated he	patitis B p	prevalence	for immigrant	s in Canada

According to our analysis, the economic burden of CHB among immigrants living in Canada was substantial. There were significant loss of LYs and QALYs, and increases in direct medical costs caused by CHB among immigrants living in Canada. Governments and health systems should develop policies that promote early recognition and raise public awareness regarding hepatitis B to extend the lives of CHB-infected immigrants.

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		Hepatitis B	immigrant rate	(estimated), %	Hepatit	is B immigrant ( (estimated), I	
		Low	Mid	High	Low	Mid	High
Total - Place of birth of respondent	6,136,520	2.94	4.81	6.79	182,185	297,701	420,352
Jnited States of America	250,535	0.10	0.30	0.40	251	752	1,002
Central America	130,460	0.98	1.88	3.46	1,273	2,449	4,519
Caribbean and Bermuda	317,765	1.19	2.44	3.85	3,784	7,757	12,248
South America	250,710	0.90	1.51	2.12	2,263	3,788	5,318
Europe	2,278,345	0.76	1.79	2.84	17,387	40,722	64,606
Western	424,645	0.20	0.89	1.80	849	3,795	7,640
Eastern	511,095	1.60	3.42	4.94	8,171	17,459	25,223
Southern	698,080	1.02	2.35	3.83	7,120	16,416	26 714
Italy	296,850	0.70	2.40	3.50	2,078	7,124	10,390
Other Southern Europe	401,220	1.26	2.32	4.07	5,043	9,292	16,325
Northern Europe	644,525	0.19	0.47	0.78	1,247	3,052	5,029
United Kingdom	579,620	0.20	0.50	0.80	1,159	2,898	4,637
Other Northern Europe	64,900	0.13	0.24	0.60	87	154	392
Africa	374,565	7.46	10.42	15.13	27,925	39,037	56,676
Western Africa	48,645	7.00	14.08	21.97	3,404	6,849	10,686
Eastern Africa	129,920	10.00	11.80	17.00	12,992	15,331	22,086
Northern Africa	134,505	4.00	7.10	10.00	5,380	9,550	13,451
Central Africa	22,405	10.00	13.60	17.00	2,241	3,047	3,809
Southern Africa	39,085	10.00	10.90	17.00	3,908	4,260	6,644
Asia and the Middle East	2,525,155	5.03	7.92	10.75	126,968	200,068	271,526
West Central Asia and the Middle East	370,515	1.98	3.52	4.99	7,331	13,422	18,507
Eastern Asia	874,365	9.05	12.38	15.78	79,153	108,249	137,962
China	466,940	10.00	13.60	17.00	46,694	63,504	79,380
Hong Kong, Special Administrative Region	215,430	10.00	13.60	17.00	21,543	29,298	36,623
Other Eastern Asia	185,990	5.55	7.87	11.26	10,316	14,631	20,939
Southeast Asia	560,995	4.97	9.13	12.04	27,854	51,237	67,538
Philippines	303,195	4.20	7.00	9.00	12,734	21,224	27,288
Other Southeast Asia	257,790	5.87	11.64	15.61	15,120	30,013	40,250
Southern Asia	719,280	1.76	3.78	6.61	12,629	27,161	47,518
India	443,690	1.00	2.80	6.00	4,437	12,423	26,621
Other Southern Asia	242,365	2.90	5.40	7.53	7,029	13,076	18,239
Oceania and other	58,985	3.98	5.34	7.60	2,347	3,149	4,486

#### APPENDIX 2 Health states used in the Markov model

Health		Serological s	tatus, liver infla	ammation and vi	iral load details
state		HBsAg	HBeAg	ALT level	Viral load,
number	Short description	status	status	(×ULN)	IU/mL
1	HBeAg-negative chronic hepatitis B state	Positive	Negative	<1.5	≥2000
2	HBeAg-negative chronic hepatitis B state	Positive	Negative	≥1.5	<2000
3	Immune tolerant	Positive	Positive	<1.5	≥20,000
4	HBeAg-positive chronic hepatitis B state	Positive	Positive	≥1.5	≥20,000
5	Inactive chronic hepatitis B	Positive	Negative	<1.5	<2000
6	HBeAg-negative chronic hepatitis B state	Positive	Negative	≥1.5	≥2000
7	HBeAg-positive chronic hepatitis B state on treatment	Positive	Positive	<1.5	<20,000
8	HBeAg-positive chronic hepatitis B state on treatment	Positive	Positive	≥1.5	<20,000
9	HBeAg-negative chronic hepatitis B state on treatment	Positive	Negative	<1.5	≥2000
10	HBeAg-negative chronic hepatitis B state on treatment	Positive	Negative	≥1.5	<2000
11	HBeAg-positive chronic hepatitis B state on treatment	Positive	Positive	<1.5	≥20,000
12	HBeAg-positive chronic hepatitis B state on treatment	Positive	Positive	≥1.5	≥20,000
13	HBeAg-negative chronic hepatitis B state on treatment	Positive	Negative	<1.5	<2000
14	HBeAg-negative chronic hepatitis B state on treatment	Positive	Negative	≥1.5	≥2000
15	HBeAg-negative chronic hepatitis B state with compensated cirrhosis	Positive	Negative	<1.5	≥2000
16	HBeAg-negative chronic hepatitis B state with compensated cirrhosis	Positive	Negative	≥1.5	<2000
17	HBeAg-positive chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Positive	<1.5	≥2000
18	HBeAg-positive chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Positive	≥1.5	≥2000
19	Inactive Chronic hepatits B with compensated cirrhosis	Positive	Negative	<1.5	<2000
20	HBeAg-negative chronic hepatitis B state with compensated cirrhosis	Positive	Negative	≥1.5	≥2000
21	HBeAg-positive chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Positive	<1.5	<2000
22	HBeAg-positive chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Positive	≥1.5	<2000
23	HBeAg-negative chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Negative	<1.5	≥2000
24	HBeAg-negative chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Negative	≥1.5	<2000
25	HBeAg-positive chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Positive	<1.5	≥2000
26	HBeAg-positive chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Positive	≥1.5	≥2000
27	HBeAg-negative chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Negative	<1.5	<2000
28	HBeAg-negative chronic hepatitis B state with compensated cirrhosis on treatment	Positive	Negative	≥1.5	≥2000
29	Decompensated cirrhosis				
30	Hepatocellular carcinoma				
31	Liver transplant				
32	Immune				
33	Vaccine-induced immunity				
34	No previous exposure				
35	Naturally Immune				

36 Post-liver transplant

37 Death

HBeAg Hepatitis B e antigen; HBsAg Hepatitis B surface antigen; ULN Upper limit of normal

# **APPENDIX 3**

# Estimated distribution of disease progression states among immigrants with chronic hepatitis B (CHB) using the medical records of immigrant patients with CHB who attended the liver clinic at Toronto Western Hospital, Toronto, Ontario

	Age, years						
Disease states	<20	21–30	31–40	41–50	51–65	>65	
Immune tolerant (HBsAg+; HBeAg+; viral load: high; ALT level: normal)	47.83	42.86	21.08	17.26	9.77	15.94	
Chronic HBeAg+ hepatitis B (HBsAg+; HBeAg+; viral load: high; ALT level: high)	21.74	26.32	24.10	16.07	4.65	2.90	
Inactive hepatitis B (HBsAg+; HBeAg-; viral load: low; ALT level: normal)	21.74	21.05	39.76	50.00	67.44	65.22	
Chronic HBeAg– hepatitis B (HBsAg+; HBeAg–; viral load: high; ALT level: high)	8.70	9.77	15.06	16.67	18.14	15.94	

Data presented as % unless otherwise specified. – Negative; + Positive; ALT Alanine aminotransferase; HBeAg Hepatitis B e antigen; HBsAg Hepatitis B surface antigen

# **APPENDIX 4**

Estimated probability of treatment using the medical records of immigrant patients with chronic hepatitis B who attended the liver clinic at Toronto Western Hospital, Toronto, Ontario

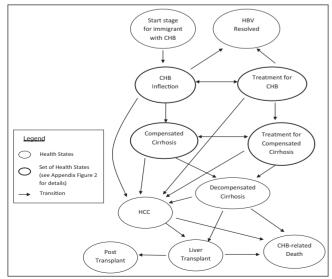
	Age, years						
Disease states	Age <20	21–30	31–40	41–50	51–65	>65	
Immune tolerant (HBsAg+; HBeAg+; viral load: high; ALT level: normal)	9.09	12.28	14.29	41.38	42.86	45.45	
Chronic HBeAg+ hepatitis B (HBsAg+; HBeAg+; viral load: high; ALT level: high)	20.00	14.29	45.00	66.67	70.00	50.00	
Inactive hepatitis B (HBsAg+; HBeAg-; viral load: low; ALT level: normal)	40.00	3.57	10.61	25.00	44.14	55.56	
Chronic HBeAg- hepatitis B (HBsAg+; HBeAg-; viral load: high; ALT level: high)	0.00	30.77	40.00	32.14	53.85	45.45	

Data presented as %. - Negative; + Positive; ALT Alanine aminotransferase; HBeAg Hepatitis B e antigen; HBsAg Hepatitis B surface antigen

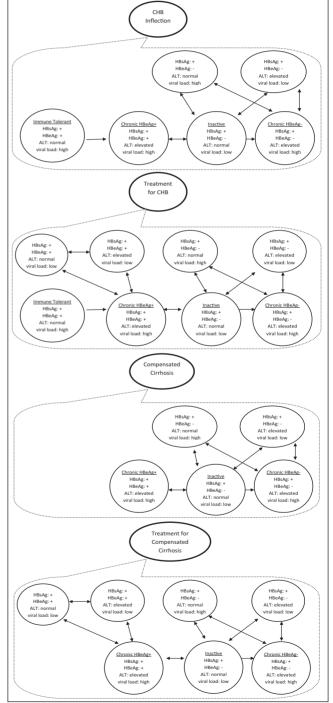
#### **APPENDIX 5**

Comparing disease burden of illness in Canada according to diagnostic category against chronic hepatitis B (CHB)

		Proportion of
	Estimated total	CHB from
	direct cost 2008	immigrant
Disease category	(in millions), \$	direct cost, %
CHB from immigrant	217.8	100
Birth defects	204.35	106.6
Blood diseases	248.05	87.8
Cancer	2,862.28	7.6
Cardiovascular diseases	7,925.31	2.7
Digestive diseases	4,114.87	5.3
Endocrine and related diseases	1,841.93	11.8
Genitourinary diseases	3,019.08	7.2
Ill-defined conditions	2,046.16	10.6
Infectious and parasitic diseases	1,056.62	20.6
Injuries	3,748.49	5.8
Mental disorders	5,440.93	4.0
Musculoskeletal diseases	3,078.48	7.1
Nervous system/sense organ diseases	3,280.86	6.6
Perinatal conditions	355.46	61.3
Pregnancy	1,507.74	14.4
Respiratory diseases	4,023.51	5.4
Skin and related diseases	1,713.72	12.7
Well patient care	3,049.31	7.1
Others	3,744.65	5.8
Unattributable	44,326.82	0.5
Overall Total	97,588.6	0.2



**Appendix Figure 1)** Markov model of hepatitis B virus (HBV) infection and progression. CHB Chronic hepatitis B; HCC Hepatocellular carcinoma



**Appendix Figure 2)** Detailed Markov model of chronic hepatitis B virus (HBV) infection and progression. – Negative; + Positive; ALT Alanine aminotransferase; HBeAg Hepatitis B e antigen; HBsAg Hepatitis B surface antigen



**Appendix Figure 3)** Result of sensitivity analysis: Tornado diagrams for life years (LY), quality-adjusted LYs (QALY) and cost (2008 Canadian dollars [CAD \$1 = US \$0.813]). CHB Chronic hepatitis B

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