Increased eligibility for treatment of chronic hepatitis C infection with shortened duration of therapy: Implications for access to care and elimination strategies in Canada

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BACKGROUND: All oral, highly effective direct-acting antiviral combinations, such as sofosbuvir-ledipasvir, have recently been licensed in Canada but cost as much as $67,000 for a 12-week course of therapy, representing a major economic barrier to predominately single-payer health care systems such as that found in Ontario. In hepatitis C virus (HCV) genotype 1 noncirrhotic patients with a baseline viral load of $6 \times 10^6$ IU/mL, treatment with sofosbuvir-ledipasvir can be shortened to eight weeks without compromising ≥95% efficacy. The number of HCV-infected patients in Ontario eligible for shortened therapy, and the associated cost savings, are unknown. The authors propose that treating every patient with shortened therapy, regardless of baseline viral load, would lead to significant public cost savings and collateral efficiencies, enabling increased HCV treatment capacity and cure.

METHODS: The present study designed a three-part model to investigate the cost of cure per patient and cost savings per patient under three eligibility pathways: conservative, permissive and ideal. In the conservative model, every patient is treated for 12 weeks regardless of baseline viral load, whereas in the permissive model, patients with a baseline viral load $<6 \times 10^6$ IU/mL are treated for eight weeks. In the ideal model, every patient receives eight weeks of therapy regardless of baseline viral load. Relapsed patients are retreated for 12 weeks. Data obtained from the Ontario Public Health Laboratory were used to validate the model and generate the outcomes.

RESULTS: In Ontario, 75.34% of HCV genotype 1 patients had a baseline viral load of $<6 \times 10^6$ IU/mL and were eligible for shortened therapy. The cost of cure per patient in the ideal model was $47,328.44, representing a 29% reduction in the cost of curative therapy and 3.5 weeks of shortened treatment duration compared with the conservative model. The ideal model generated a cost savings per patient of $3,855.17 (8% reduction in treatment cost) and 0.7 weeks of shorter therapy compared with the permissive model, and was the shortest and most efficient while maintaining a cure rate ≥95%.

CONCLUSIONS: These results demonstrate that recommendations for a shortened treatment course of eight weeks using all-oral direct-acting antivirals in HCV genotype 1 noncirrhotic patients, regardless of baseline viral load, affords significant public cost savings and, on a population level, offers opportunities for expanded HCV treatment and cure.

Key Words: Cost; Cost effectiveness; Economic analysis; Hepatitis C; Modelling; Shortened therapy; Sofosbuvir-ledipasvir; Treatment

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Une plus grande admissibilité à un traitement plus court de l’infection par l’hépatite C : les répercussions sur l’accès aux soins et les stratégies d’élimination au Canada

HISTORIQUE : Toutes les associations antivirales orales à action directe hautement efficaces, comme le sofosbuvir-lédipasvir, ont récemment été homologuées au Canada, mais peuvent coûter jusqu’à 67 000 $ pour un cycle de 12 semaines, ce qui constitue un énorme obstacle économique à des systèmes de santé qui sont surtout à payeur unique, comme celui de l’Ontario. Chez les patients non cirrhotiques atteints du virus de l’hépatite C (VHC) de génotype 1 ayant une charge virale de départ inférieure à $6 \times 10^6$ UI/mL, un traitement au sofosbuvir-lédipasvir peut être raccourci à huit semaines sans compromettre une efficacité de 95% ou plus. On ne sait pas combien de patients de l’Ontario infectés par le VHC sont admissibles à ce type de traitement ni les économies qui s’y rapportent. Les auteurs stipulent qu’un traitement plus court par patient, indépendamment de la charge virale de départ, entraînerait des économies considérables pour la santé publique et une efficacité accessoire, ce qui accroît la capacité thérapeutique et la guérison du VHC.

MÉTHODOLOGIE : La présente étude en trois parties visait à examiner le coût pour guérir un patient et les économies par patient en vertu de trois voies d’admissibilité : prudent, permissif et idéal. Dans le modèle prudent, chaque patient est traité pendant 12 semaines, indépendamment de sa charge virale de départ, tandis que dans le modèle permissif, les patients ayant une charge virale de départ inférieure à $6 \times 10^6$ UI/mL sont traités pendant huit semaines. Dans le modèle idéal, chaque patient est traité huit semaines, indépendamment de sa charge virale de départ. Les patients en rechute sont traités de nouveau pendant 12 semaines. Les données obtenues auprès du Laboratoire de santé publique de l’Ontario ont permis de valider le modèle et de produire des résultats.

RÉSULTATS : En Ontario, 75,34 % des patients atteints du VHC de génotype 1 ayant une charge virale de base inférieure à $6 \times 10^6$ UI/mL étaient admissibles à un traitement plus court. Dans un modèle idéal, le coût pour guérir un patient équivalait à 47 328,44 $, soit une réduction de 29% du coût du traitement curatif et une réduction du traitement de 3,5 semaines par rapport au modèle prudent. Le modèle idéal produisait des économies par patient de 3 855,17 $ (réduction de 8% du coût du traitement) et racourcissait le traitement de 0,7 semaine par rapport au modèle permissif. C’était le plus court et le plus efficace, et il maintenait un taux de guérison de 95% ou plus.

CONCLUSIONS : Ces résultats démontrent que les recommandations en vue d’un cycle de traitement plus court de huit semaines au moyen d’antiviraux à action directe ne conduisaient ni aux économies qui s’y rapportaient. Les auteurs proposent que traiter chaque patient avec un traitement plus court, indépendamment de sa charge virale de départ, permettrait à la santé publique de réaliser d’importantes économies et, en population, d’accroître le taux de traitement et de guérison du VHC.
positive in 2011, of which approximately 0.75% would be expected to be viremic (6).

The burden of HCV in Canada is increasing based on previous modelling studies; however, the precise magnitude of this increase has not been well characterized (7,8). Recent studies have attempted to refine the future burden of HCV disease in Canada and suggest that between now and 2035, cases of compensated and decompensated cirrhosis are expected to peak in 2031 at 36,210 and 3380 cases, respectively (9). Compared with 2013, cases of compensated cirrhosis, decompensated cirrhosis, hepatocellular carcinoma and liver-related deaths are expected to increase 89%, 80%, 205% and 160%, respectively, by 2035 (9). In Ontario, HCV infection is associated with the greatest years of life lost due to premature mortality and health-adjusted life years – more than any other infectious disease (10).

Previously, the treatment of chronic HCV required prolonged courses of pegylated interferon-α in combination with ribavirin for 24 to 48 weeks, and offered cure rates as measured by a sustained virological response (SVR) of approximately 40% to 50% (11). For HCV genotype 1 infections, the development of ‘first-generation’ direct-acting antiviral agents (DAAs) represented a major advancement in SVR rates – from 60% to 75% – depending on the combination of pre-existing viral and host prognostic factors (12-17). Very recently, the treatment of HCV infection has again witnessed enormous improvement, with SVR rates >95% in uncomplicated patients using all-oral DAA combinations such as sofosbuvir-ledipasvir (SOF-LDV), simeprevir plus sofosbuvir, and ombitasvir/paritaprevir/r plus dasabuvir plus ribavirin (18-23). The currently available all-oral HCV therapies achieve nearly all of the necessary conditions for a positive societal impact with regard to burden of HCV disease including shorter, safer, easier and more effective treatment, with no demonstrable clinical concerns of viral resistance or adverse side effects.

The improvement in curative therapy for the majority of HCV patients in Canada will have a transformative effect on the way these patients receive liver-related care, and has outpaced the ability of the Canadian health care system to effectively and quickly respond to the challenge of treating the increased number of patients required to make a meaningful impact on prevention, treatment delay and the future burden of HCV disease. Still, the number of individuals with HCV infection treated in Canada has remained relatively fixed at approximately 5000 patients per year (9).

Rationale
New therapies, such as SOF-LDV, are expensive ($67,000 for a 12-week course) for governments and prohibitive for private-paying patients. Hence, under the fiscal constraints of a predominantly single-payer health care system, such as that found in Canada, the most significant barrier to HCV treatment has become access to funding for curative therapy across a broad spectrum of patients. Although presently under funding review by provincial ministries of health, there are no current access options for these latest and most effective all-oral HCV treatments for the vast majority of treatment-eligible patients who lack private or third-party insurance.

The ability to shorten HCV therapy confers significant benefit to individual patients and to the overall impact on the capacity of a health care system challenged by suboptimal infrastructure and cost-containment concerns. Preliminary data suggest that six weeks of therapy may be the treatment duration (24,25). Recent pivotal trials have demonstrated that daily therapy with SOF-LDV for 12 weeks achieves a very high cure rate (95%), with an exceedingly low 1% relapse rate as measured by SVR in noncirrhotic patients with HCV genotype 1 infection (20).

These same studies demonstrated that for the majority of patients with a baseline HCV RNA level <6.0×10^6 IU/mL treatment may be shortened to eight weeks without compromising SVR efficacy and with only minimal increases in the relapse rate. The registration trial that led to these recommendations examined relapse rates across a wide range of baseline viral loads; relapse rates were not appreciably impacted up to and including a baseline viral load of 10^9 IU/mL. The 6M IU/mL threshold of offering shortened treatment confers a very conservative relapse safety margin (20,26).

Retreatment using SOF-LDV, or other all-oral DAA combinations, for 12 weeks in the few patients who relapse after eight weeks of therapy may be expected to achieve very high SVR rates given that patients who have previously failed a sofosbuvir regimen have been universally successfully retreated with a 12-week regimen of SOF-LDV, although this remains to be confirmed (27).

These findings suggest a positive impact on the number of patients in Ontario living with HCV infection who may be cured using a shorter duration of therapy. Presently, the number, or proportion, of patients in Ontario that would benefit from a reduction in treatment duration remains unknown.

Objectives
The present investigation sought to quantify the number of individuals in Ontario with HCV genotype 1 infection who may benefit from a shorter duration of therapy based on their pretreatment baseline viral load. Data were obtained from databases of the Public Health Ontario Laboratory (PHOL). These data were used to construct and test a mathematical model of cost efficiency based on the discounted cost of shorter therapy (‘the model’). Given the very few number of people who fail to achieve an SVR after treatment duration of either eight or 12 weeks, a more liberal recommendation to treat all noncirrhotic patients, regardless of baseline HCV viral load, with the shorter eight-week regimen suggests a simpler and viable cost-effective strategy. The authors suggest that offering a 12-week retreatment course to relapsed patients is both fair and ethical. Thus, based on population estimates of the number of individuals infected with HCV who fall above and below the 6M IU/mL threshold, the present hypothesis recommending a short, eight-week treatment course in every noncirrhotic HCV genotype 1-infected patient, regardless of baseline viral load, would be expected to produce significant cost savings as predicted in the model. This recommendation has implications to increase treatment capacity and shorten the time horizon required to ensure a robust population impact on the advancement of liver health, prevent liver-related complications and, ultimately, contribute to the achievement of an elimination strategy for HCV infection in Ontario over the next 20 years and beyond.

METHODS
The present cost and cost savings exploratory analysis was based on specific input values from a previous study (26). Table 1 contains the input data used in the generation of the model. Some assumptions were made and used in the model structure, namely those contained in the information provided by an exploratory analysis of 502 patients in a community HCV database that revealed 80% of HCV genotype 1 patients had a baseline viral load of <6M IU/mL (Borgia, data on file) and the baseline viral load values contained in the Ontario provincial dataset that approximately 75% of patients have a baseline viral load of <6M IU/mL and approximately 25% of patients have a baseline viral load of ≥6M IU/mL. This 75:25 ratio formed the basis of the present model. Also, the model assumed that either the population in question consists of patients without cirrhosis or that the presence of patients with cirrhosis does not alter the proportions of baseline viral loads, and that baseline HCV viral load is not correlated with the presence or absence of underlying cirrhosis (28). The model construct was developed using a spreadsheet (Excel 2010 version 14, Microsoft Corporation, USA). Three models and their rationale, were considered as follows: 1. Conservative model: Every patient is treated with LDV-SOF for 12 weeks regardless of baseline viral load. Physicians may choose to treat every patient with 12 weeks of therapy based on uncertainty of patients’ true baseline viral loads between 1M IU/mL and 9M IU/mL. Also, treating physicians may be hesitant to risk relapse with shortened therapy in cases in which they may foresee not having access to a retreatment course or particularly for noncirrhotic patients with stage 3 fibrosis. By applying the input values and
Appendix 1.

3. Ideal model: All noncirrhotic patients are treated with LDV-SOF <6M IU/mL and Relapse rate, ≥6 million IU/mL at baseline Cure rate, ≥6 million IU/mL at baseline

To test the model, an analysis was performed using the Ontario patient-mated using the following formula:

\[ \text{CSSP}_{\text{conservative}} = \frac{(3.76x + 2.8y) \times 5583.3333}{(x + y)} \]

\[ \text{CSSP}_{\text{permissive}} = \frac{(8.24x + 9.2y) \times 5583.3333}{(x + y)} \]

\[ \text{CSSP}_{\text{ideal}} = \frac{(8.24x + 12y) \times 5583.3333}{(x + y)} \]

It is expected that changes in the treatment duration would have an impact on the overall cost of curative therapy for HCV patients. To evaluate the impact of changing the treatment duration, the CPP for the three models were compared. The main outcome of interest was to determine the return on each of the models. The cost savings estimate is used to determine the return on each of the models. The cost savings per patient (CSPP) between the conservative and the permissive model is estimated using the following formula:

\[ \text{CSSP}_{\text{conservative/permissive}} = \frac{(3.76x) \times 5583.3333}{(x + y)} \]

Supplementary data and description of the model are provided in Appendix 1.

RESULTS

To test the model, an analysis was performed using the Ontario patient-level data from the PHOL datasets for patients falling above and below the 6M IU/mL thresholds for shortened therapy. The source data provided by PHOL consists primarily of two data sources: an HCV viral load dataset and an HCV genotype dataset. The information stored in the PHOL discrete datasets includes duplicate data for patient identification characteristics, sex, and all available viral loads including non-genotype 1 and mixed genotype infections as measured by the COBAS TaqMan HCV Test, v2.0 assay (Roche Molecular Systems, USA). Clinical information is not collected and was not considered in this analysis. The two datasets were combined and linked to produce a total of 49,123 unique patients, of whom 10,807 were infected with HCV genotype 1 and were genotyped between April 26, 2010 and November 7, 2014. Further analysis revealed that 8142 genotype 1 patients (75.34%) had a viral load of <6M IU/mL and 2665 genotype 1 patients (24.66%) had a viral load of ≥6M IU/mL. Table 2 provides information on some characteristics of patients in the Ontario patient-level datasets.

For the conservative model, the CPP remained unchanged ($67,000). For the permissive model, the CPP was $51,183.61, representing a 24% reduction in overall cost of therapy for HCV patients compared with the conservative model. The permissive model reduced the therapy duration by 2.8 weeks compared with the conservative model. Under the ideal model, the CPP was $47,328.44, representing a 29% reduction in the overall cost of therapy for HCV patients and 3.5 weeks of shortened treatment duration compared with the conservative model. The ideal model generated a cost savings per patient of $3,855.17 compared with the permissive model and an 8% reduction in the cost of treatment over the permissive model. For every $1.00 spent on the ideal model, $1.08 will be spent on the permissive model and $1.42 will be spent on the conservative model. The ideal model is the most economically efficient of the three models and also offers the shortest mean treatment duration, while still maintaining a cure rate ≥95%. The magnitude of the effectiveness of the ideal model over the permissive model can be expressed by stating that one additional patient can be cured for approximately every 13 HCV patients treated. In a health care system with a fixed budget for HCV treatment, the ideal model would allow for more HCV patients to be treated. Table 3 summarizes the outputs from the three models using genotype 1 patients in Ontario.
Sensitivity analysis
Based on data indicating that shortened therapy with SOF-LDV for eight weeks is equally effective as 12 weeks for baseline viral load thresholds up to 10M IU/mL, a sensitivity analysis was conducted to determine how changes in the baseline viral load threshold to offer shortened therapy would affect the CSPP permissive/ideal model. The analysis was performed using seven different viral load cut-off thresholds provided in the PHOL patient-level dataset. Baseline viral load cut-offs in 1M IU/mL increments ranging between 4M IU/mL to 10M IU/mL were considered.

Changes in the CSPP permissive/ideal varied from $5,154.21 for a viral load cut-off of 4M IU/mL to $2,307.32 for a viral load cut-off of 10M IU/mL. Overall, there are cost savings irrespective of the viral load cut-off value. The CSPP permissive/ideal model is most sensitive to a viral load cut-off threshold of 10M; all viral load cut-offs between 4M IU/mL and 6M IU/mL had lesser effects on the CSPP permissive/ideal model. Viral load thresholds between 4M IU/mL and 6M IU/mL result in increased cost savings on CSPP permissive/ideal as shown in Figure 1.

DISCUSSION
The results of the present modelling analysis demonstrate a significant gain in efficiency in both cost and time to cure patients chronically infected with HCV in Ontario, and offers substantial collateral advantages. Compared with the permissive model, our ideal model saves $3,855.17 per patient and shortens therapy by 0.7 weeks per patient. Of the estimated 5000 patients treated yearly in Canada, not all of whom achieve an SVR on older therapy, these savings represent an additional 3500 treatment weeks that would accommodate 412 additional patients yearly who could be not just treated, but almost all cured. It should not escape notice that, in addition to medication cost savings, there would be significant additional savings found in hospital, laboratory, nursing and physician costs that contribute to overall cost burden.

Presently, aside from SOF-LDV, there are no other all-oral treatment options that allow for treatment duration <12 weeks in patients with HCV genotype 1 infection; thus, any prorated discounts of other all-oral genotype 1 regimens are not possible at this time.

On a broader population level, shortening therapy for all genotype 1 noncirrhotic HCV-infected patients, regardless of baseline viral load, confers significant public cost savings and, on a population level, offers opportunities for expanded HCV treatment and cure.

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Eligibility for HCV treatment with shortened therapy

APPENDIX 1 – CONTINUED

Curative cost per patient (CPP) ideal model

\[
\text{CPP}_{\text{ideal}} = (8.24x + 9.2y) \div (x + y)
\]

Where \( x \) = Total patients with (<6M IU/mL)
\( y \) = Total patients with (≥6M IU/mL)

\( x + y \) = Total patients with viral load

\[
8.24x + 9.2y = 8x + (0.02x \times 12) = 8 \text{ weeks MULTIPLIED BY total patients with (<6M IU/mL) PLUS relapse patients (2% of total patients with (<6M IU/mL) MULTIPLIED BY 12 weeks)}
\]

\[
9.2x + 8y = 0.02x \times 12 = 6 \text{ weeks MULTIPLIED BY Total patients with (≥6M IU/mL) PLUS relapse patients (10% of total patients with (≥6M IU/mL) MULTIPLIED BY 12 weeks)}
\]

\[
5583.33333(x + y) = \text{Cost per week DIVIDED BY Total patients with viral load}
\]

Cost savings per patient (CSPP) = Cost per patient for conservative model MINUS cost per patient for permissive model

\[
\text{CSPP}_{\text{conserve/permissive}} = (8.24x + 9.2y) \div (x + y) - (8.24x + 12y) \div (x + y)
\]

\[
= 12x + 12y \div 5583.33333(x + y) - 8.24x \div 5583.33333(x + y)
\]

\[
= (8.24x - 8.24x + 12y) \div 5583.33333(x + y)
\]

\[
= 12(x + y) \div 5583.33333(x + y)
\]

Cost savings per patient (CSPP) = Cost per patient for permissive model MINUS cost per patient ideal model

\[
\text{CSPP}_{\text{permissive/ideal}} = (8.24x + 12y) \div (x + y) - (8.24x + 9.2y) \div (x + y)
\]

\[
= 12x + 12y \div 5583.33333(x + y) - 8.24x \div 5583.33333(x + y)
\]

\[
= (12x - 8.24x + 12y - 12y) \div 5583.33333(x + y)
\]

\[
= (3.76x) \div 5583.33333(x + y)
\]

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