Dacochordodes bacescui
Capuse, 1966: Report of the first two isolations from humans

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There are three possible life cycles for nematomorphs (2). The first is the direct cycle, in which the egg hatches in water and the preparasitic larva is ingested by the definitive host. The second is the indirect free-living cycle, in which the preparasitic larva hatches from the egg, then encysts on leaves or water detritus until ultimately it is ingested by the definitive host. The third possible life cycle is the indirect paratenic type, in which, after hatching, the preparasitic larva is ingested by a transport host, burrows into the host’s tissue, encysts and does not develop further unless the definitive host eats the transport host or parts of it. In all cycles the preparasitic larva enters the host by the mouth and encysts in the midgut tis-
sues. The adult form that matures in the host ultimately emerges from the host to live in fresh water.

The presence of these worms in the human body is considered to be accidental (3, 4). They may be introduced, however, by ingestion of the definitive host bearing an adolescent worm. The worms may then cause damage in their movement through tissues. Members of the families "Gordidae" and "Chordodidae" have been reported to cause infection in humans (3-8). Dacochordodes bacescui Capuse, 1966 (Chordodidae, Nematomorpha) was first described in 1966 by Capuse (9), who found a free-living male in Romania. The female Dacochordodes was first described by Spiridonov, Pikula and Drlijevic in 1990 (10). To the authors' knowledge, this report presents the first two cases of isolation of this worm from humans.

CASE PRESENTATIONS

Case one: In October 1988 a 50-year-old man from a village in the Doboj district of the former Yugoslav republic of Bosnia and Herzegovina vomited what was described as "a dozen worms". Before this episode he had suffered mild abdominal pain, nausea and nervousness for several months. The worms were not collected for identification. The patient visited his physician and was treated with mebendazole tablets. Twenty days later, the patient vomited two more worms and a small, white particle. At that time, physical examination was normal. All requested laboratory tests (biochemical, hematological and microbiological) gave normal results except for a relative eosinophilia (10%). After this episode the patient remained well and symptom-free for two years. The eosinophilia resolved in a few months.

The vomited worms were identified at the Helminthological Laboratory in Moscow as male and female Dacochordodes bacescui Capuse, 1966 (Chordodidae, Nematomorpha) (Figure 1). The male worm was dark brown, 98 mm long with a maximum diameter of 0.5 mm and weighed 28 mg. The anterior pole was colourless. The female was yellowish brown, 230 mm long with a maximum diameter of 0.8 mm and weighed 181 mg. A detailed morphological description of the worms has been previously published (10). The small, white particle was a thread filled with eggs in an early stage of development (Figure 2).

Case two: In September 1990 a 35-year-old woman from another village in the Doboj district found a worm in her stool. The worm was identified as a female Dacochordodes bacescui Capuse, 1966. It was dark brown, 161 mm long, with a maximum diameter of 1.0 mm and weighed 126 mg. The patient had suffered for several months from recurrent abdominal pain and pruritus and had diarrhea two days before passing the worm. Physical examination was unremarkable and radiographic investigation of her upper gastrointestinal tract and colon was normal. Routine biochemical and hematological tests, and bacteriological and parasitological analysis of three stools were normal. She was treated with diet alone and recovered within a few days.

DISCUSSION

Infection by 'horsehair worms' in humans is rare. Watson (4) lists 27 cases in Europe, Africa, and North and South America. The nematomorphs were usually identified in intestinal sites, but worms have also been reported in the urethra (8), vagina (3), ear (3) and eye orbit (3). Ali-Khan and Ali-Khan (5) reported Paragordius varius Leidy,1898 passed in the stool of a woman from Canada. Herter and Nese (6) described four cases of intestinal infection with Gordius robustus, and Subota (7) reported one case in Yugoslavia with a Gordius species worm passed in the stool of a woman suffering diarrhea and abdominal pain.

We presume that the worms from both patients reported here were ingested after drinking unfiltered water with insects present. Both these patients obtained drinking water from local water supplies. An alternate possibility is that food contaminated with insects (the definitive host) was ingested. In this case, one would postulate that the worm, in the larval stage in the definitive host, continued its development to the adult form in the intestine of the patient. Eggs may have been present in vomit due to ingestion with water or from the worms' reproducing in the intestine. The definitive host for this parasite in the Doboj district remains unknown, and investigations are needed to describe its ecology further.
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REFERENCES
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