Cat scratch disease: The story continues

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OBJECTIVE: To present a perspective on the current state of knowledge of cat scratch disease (CSD), including the evidence for Bartonella henselae as the etiological agent, epidemiological and clinical characteristics of the disease, available diagnostic tests and current therapeutic options.

DATA SOURCES: MEDLINE search of the literature published from 1966 to 1995 using 'cat scratch disease', 'Bartonella henselae', 'Rochalimaea henselae' as key words and bibliographies of selected papers.

DATA EXTRACTION: Selected studies reporting data on etiology, epidemiology, clinical characteristics, diagnosis and therapy of CSD were evaluated.

DATA SYNTHESIS AND CONCLUSIONS: Evidence accumulated to date supports B henselae as the etiological agent of CSD. The most significant risk factors for CSD are being licked on the face, scratched or bitten by a kitten and owning a kitten with fleas. Available serological tests can confirm classic CSD and identify B henselae as the cause of more atypical presentations, such as fever of unknown origin, granulomatous hepatitis, encephalitis and osteomyelitis. Symptomatic management is appropriate for isolated lymphadenopathy caused by CSD in healthy individuals; however, antibiotic therapy may be indicated for patients with more severe manifestations of the disease and immunocompromised hosts. Further study of CSD, in particular the epidemiology and therapy, is warranted. A better understanding of the pathogenesis of B henselae infection will have important implications in both immunocompetent and immunocompromised individuals.

Key Words: Bartonella henselae, Cat scratch disease, Rochalimaea henselae, Serological testing

Maladie des griffes du chat : l’histoire se poursuit

OBJECTIF : Présenter l’état actuel des connaissances sur la maladie des griffes du chat, y compris les preuves confirmant le rôle étiologique de Bartonella henselæ, les caractéristiques épidémiologiques et cliniques de la maladie, les épreuves diagnostiques disponibles et les options thérapeutiques actuelles.


EXTRACITON DES DONNÉES : Les études sélectionnées faisaient état de données sur l’étiologie, l’épidémiologie, les caractéristiques cliniques, le diagnostic et le traitement de la maladie des griffes du chat.

SYNTHÈSE DES DONNÉES ET CONCLUSIONS : Les preuves accumulées à ce jour tendent à incriminer B. henselæ comme agent étiologique de la maladie des griffes du chat. Les facteurs de risque les plus significatifs de la maladie sont : le léchage du visage, les égratignures ou morsures infligées par un chaton et l’infestation des chatons par des puces. Les épreuves sérologiques disponibles peuvent confirmer la maladie des griffes du chat classique et permettre l’identification de B. henselæ comme cause de tableaux plus atypiques, comme la fièvre d’origine inconnue, l’hépatite granulomateuse, l’encéphalite et l’ostéomyélite. Le traitement des symptômes est approprié dans les cas de lymphadenopathie isolée causée par la maladie des griffes du chat chez des sujets par ailleurs en santé. L’antibiothérapie s’impose toutefois chez les patients plus gravement atteints et chez les hôtes immunodéprimés. D’autres études sont nécessaires pour mieux comprendre l’épidémiologie et le traitement de la maladie des griffes du chat. Une meilleure compréhension de la pathogenèse de l’infection à B. henselæ aura d’importantes répercussions tant chez le sujet immunocompétent que chez le sujet immunodéprimé.
Opavsky

Recently, *Bartonella henselae* has been identified as the causative agent of cat scratch disease (CSD). Parinaud first described conjunctival inflammation with preauricular adenopathy following animal contact more than 100 years ago. In 1931 Debré observed the occurrence of regional lymphadenopathy following cat scratches, then 20 years later published a report of “la maladie des griffe du chat”, establishing CSD as a clinical entity (1-3). Serological testing for this organism in humans and their cats, as well as the culture of *B henselae* and the detection of *B henselae* DNA from lymph nodes in patients with clinical disease, supports the role of this organism in CSD (4-7). Formerly known as *Rochalimaea henselae*, the organism was reclassified as *B henselae* in 1993, following 16S RNA sequence analysis (8). Based on the high degree of relatedness with *Bartonella bacilliformis*, all *Rochalimaea* were reclassified into the genus Bartonella. Diseases caused by the other four species in the genus, *Bartonella quintana*, *B bacilliformis*, *Bartonella elizabethae* and *Bartonella vinsonii*, share epidemiological, clinical and histopathological characteristics with *B henselae*.

The identification of the bacteriological cause of CSD and the development of new diagnostic tests have broadened the spectrum of disease associated with *B henselae* infection. Thus, this is an opportune time to review CSD, available tests and management issues.

**THE AGENT OF CSD**

In 1983 Wear et al (9) first identified a small Gram-negative organism in the lymph nodes of patients with CSD. Following this breakthrough English et al (10) reported successful culture of an organism from lymph nodes of patients with CSD. The organism, later designated as *Afipia felis*, also became accepted as the agent of bacillary angiomatosis (BA), a syndrome originally identified in patients infected with human immunodeficiency virus (HIV) (11,12).

Using 16S RNA molecular technology Relman et al (13) amplified a bacterial gene fragment from BA lesions. This amplification product most closely resembled the genome of *B quintana*, the cause of trench fever (13). Independently, also in 1990, Slater et al (14) isolated a fastidious Gram-negative organism from febrile immunocompetent and immunocompromised patients. Eight of nine organisms were identical to *B henselae*, the organism described by Relman et al (13).

A wealth of evidence supporting *B henselae* as the etiological agent of CSD has accumulated. With the development of an indirect fluorescent antibody (IFA) assay for *B henselae*, Regnery et al (4) demonstrated increased titres in patients with clinically diagnosed disease. Elevated titres to *B henselae* were also found in the cats of CSD patients (15). Using polymerase chain reaction (PCR) methods, DNA amplified from CSD skin test antigen preparations was identified as *B henselae*, and not *A felis* (16,17). Although isolated from blood in febrile immunocompetent and immunocompromised patients earlier, *B henselae* was directly linked with CSD when the organism was grown from lymph node tissue of patients with classic CSD (5,14,18).

Bacteremia with *B henselae* has been demonstrated in Bartonella-seropositive cats (19,20). Cats with asymptomatic *B henselae* infection can remain bacteremic for several months, possibly acting as a reservoir of the infection (20). Seropositive animals were not protected from bacteremia.

Although reports supporting *A felis* as an cause of CSD or suggesting a dual role for *B henselae* and *A felis* continue, overwhelming evidence supports *B henselae* as the major cause of CSD (21,22).

**EPIDEMIOLOGY OF CSD**

An estimated 22,000 cases of CSD, with more than 2000 hospital admissions, are diagnosed every year in the United States, peaking in fall and winter (23). The incidence is between 1.8 and 9.3 cases per 100,000 population (15,23). In a comprehensive analysis of epidemiological and clinical characteristics of CSD, Carithers (24) found 87% of patients with the disease were 18 years of age or younger (24). The age distribution may in fact be broader, and CSD may not be primarily a disease of children, with 45% of patients in a recent survey being 21 years of age or older (25).

The association between cats and human infection with *B henselae* was confirmed following the identification of the bacteriological cause of CSD. More than 90% of patients have a history of cat contact. In a case control evaluation, CSD occurrence was most strongly associated with owning a kitten (12 months old or younger), being licked on the face, scratched or bitten by a kitten, or owning a kitten with fleas (15). Serology for *B henselae* was positive in 84% of CSD patients compared with 3.6% of controls (15).

In an assessment of patients with CSD, 68% of their kittens had positive blood cultures for *B henselae*, and all kittens had fleas (26). One kitten had fleas positive for *B henselae* DNA by PCR, further implicating fleas in disease transmission.

A North American seroprevalence study of bartonella antibodies in cats revealed the highest average prevalence in warm, humid areas, which are also areas with the highest number of potential arthropod vectors. The percentage of seropositive cats ranged from 0% in Calgary and Edmonton, Alberta, 47% on Vancouver Island, British Columbia, and to a high of 71% in Memphis, Tennessee (27).

**CLINICAL PRESENTATION WITH CSD**

Typical CSD presents with a 3 to 5 mm papule at the site of inoculation three to 10 days after animal contact (2,24). The lesion, initially a macule, can progress to a papule, pustule or vesicle. Careful search for inoculation papules, which can be seen in 60% to 93% of cases, can provide support for the diagnosis (24,28). Regional lymphadenopathy proximal to the site of inoculation is observed seven to 60 days later. In one-half of patients lymphadenopathy is an isolated finding, involving the head, neck or upper extremities in most cases. Initial tenderness has been described in 80%, and while 12% to 15% become suppurative, cellulitis is rare. Resolution occurs spontaneously within two to four months (2,24). Up to 50% of patients experience associated fever and malaise, with anorexia observed in 15%; however, these systemic symptoms may reflect unidentified systemic disease (2).
While the majority of patients with CSD present with regional lymphadenopathy as described above, atypical presentations have been observed in 5% to 14% of patients (2,29). Parinaud's ocuolaglandular syndrome, with preauricular lymphadenopathy and conjunctivitis, is the most frequent, occurring in 6% of patients (2).

Systemic CSD with hepatosplenic involvement is being noted more frequently (29-32). Typically in the course of investigating a fever of unknown origin (32,33) or a suspected malignancy (34), scattered hypoechoic lesions on ultrasound or hypodense lesions in the liver and/or spleen are found on computed tomography scan. The lesions appear to be abscesses, and on histological examination necrotizing granuloma are revealed. Patients are generally systemically unwell with prolonged fever, malaise and weight loss (35). Lymphadenopathy is seen in approximately one-half of cases. Periportal or periaortic adenopathy can occur. Hepatosplenic involvement is not consistently associated with organ enlargement, and liver function tests are usually normal. Evidence of visceral granuloma usually disappears within one to five months, but lesions can become calcified (36). Recurrent febrile episodes may occur without known reinoculation (37).

Central nervous system involvement typically occurs two to six weeks after the onset of lymphadenopathy, presenting with seizures, headache or encephalopathy (38-41). Neurological symptoms have been noted in 1% to 7% of CSD cases (15,24). No major sequelae have been identified. Cerebral spinal fluid analysis can be normal, or indices can be consistent with a viral process (38,39). Transient cranial nerve dysfunction and myelopathies are also associated with CSD (38).

Neuroretinitis, alone or with Parinaud’s ocuolaglandular syndrome, has presented with reversible acute unilateral loss of visual acuity or blindness (39,42-44). Retinal edema, optic disc swelling and/or a macular star can be seen on fundoscopy.

Pulmonary involvement, with pneumonia and/or pleural effusion, has also occurred with CSD. Lymphadenopathy was apparent in all cases, and the majority of patients had multisystem involvement (45). Investigation of pulmonary nodules in an immunocompromised renal transplant patient identified B henselae as the pathogen, and the organism was isolated from eight of the patient’s cats (46).

Bone involvement, in the form of clinical osteomyelitis with lytic lesions on x-ray and B henselae identified by culture or pathology of the lesions, can present with systemic disease (47-49). Bone lesions may be adjacent to overlying adenopathy. Osteolytic lesions can present with localized pain without erythema, tenderness or swelling (50,51).

Skin manifestations have been described in 5% of patients with CSD, most commonly maculopapular rashes early in the disease. In addition, vesicular eruptions, erythema nodosum, erythema multiforme, urticaria, purpura and leukocytoclastic vasculitis have been described (52-54). Hematological abnormalities observed include thrombocytopenic purpura and hemolytic anemia (2,55).

Classic and atypical CSD have been reported in patients with HIV infection or following organ transplantation (42,46,56). B henselae infection should be considered if any manifestations of CSD are present in immunocompromised individuals (46,56).

The clinical spectrum of CSD is summarized in Table 1. With continuing reports of cat/kitten-related illnesses the range of disease will only increase. The widespread use of available serological testing will provide additional information regarding the prevalence of clinical signs and symptoms of CSD and their relationship to both typical and atypical disease.

**OTHER BARTONELLA INFECTIONS**

_B henselae_ is closely related phylogenetically to _B quintana_, _B bacilliformis_, _B elizabethae_ and _B vinsonii_ (8). Some interesting epidemiological and clinical similarities exist among these species.

Evidence supports a role for both _B henselae_ and _B quintana_ in the pathogenesis of BA and bacillary peliosis (BP) (57-59). BA, first described in HIV-infected patients, presents with lesions different from those associated with CSD. Most commonly cutaneous or subcutaneous lesions characterized by vascular proliferation and the presence of bacillary organisms are seen (12,57). Patients with extracutaneous disease, including bone, lung and brain involvement, usually have accompanying systemic symptoms. BP is associated with comparable vascular lesions in the liver and spleen (57,60). Traumatic cat contact has been associated with the development of BA and BP in immunocompetent and HIV-infected individuals (57,61).

Historically _B quintana_, the etiological agent of the louse-borne disease trench fever, and _B bacilliformis_, the cause of bartonellosis, have been responsible for significant human disease (28). Both Oroya fever and the cutaneous phase of the disease, verruga peruana, are manifestations of bartonellosis and are spread by a sandfly vector that transmits _B bacilliformis_ (28). A role for fleas in CSD and in other _B henselae_ infections is particularly attractive, given the involvement of

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**TABLE 1**

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<tr>
<th>Spectrum of clinical presentation of cat scratch disease</th>
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<tr>
<td>Presentation</td>
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<tr>
<td>--------------------------------------------------------</td>
</tr>
<tr>
<td>Regional lymphadenopathy</td>
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<tr>
<td>Systemic disease, ie, fever, malaise, weight loss, myalgia</td>
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<tr>
<td>Fever of unknown origin</td>
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<tr>
<td>Suspected malignancy</td>
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<tr>
<td>Hepatosplenic granulomatous lesions</td>
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<tr>
<td>Parinaud’s ocuolaglandular syndrome</td>
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<tr>
<td>Encephalitis, encephalopathy, myelitis</td>
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<tr>
<td>Neuroretinitis</td>
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<tr>
<td>Osteomyelitis</td>
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<tr>
<td>Pneumonia and/or pleural effusion</td>
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<tr>
<td>Skin rashes</td>
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<tr>
<td>Nonimmune hemolytic anemia, thrombocytopenic purpura</td>
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the arthropod vectors, the sandfly and the louse, in the transmission of Oroya fever and trench fever, respectively.

Similarities between the lesions of BA and BP and of verruga peruana due to B bacilliformis have been noted because they cause an angioproliferative host response (57,58,62). While molecular and histological investigations have proven these infections distinct, common mechanisms of pathogenesis may ultimately be found (28).

Prolonged fever with no evidence of focal infection can occur with persistent B henselae or B quintana bacteremia in immunocompetent and immunocompromised hosts (14,59,63). Although generally considered to be an infection with low virulence, two previously healthy patients with B henselae bacteremia had a relapsing course, with long term antibiotic therapy required to eradicate infection (63). In a case-control study of 10 patients with B quintana bacteremia, homeless inner city people with chronic alcoholism were primarily affected (64).

B henselae, B quintana and, in one instance, B elizabethae have been isolated from the blood of patients with endocarditis who presented with symptoms including fever, weight loss and malaise (65-71). The majority had extensive disease involving the aortic valve that appeared to develop over a subacute clinical course (65-71). In apparent culture negative endocarditis, the use of the lysis-centrifugation culture method, and blind subculture to chocolate agar at days 7 to 14, should be considered to increase the yield of Bartonella species (68). Staining blood culture bottle contents with acridine orange and cocultivation of blood samples with endothelial cells have also been used to isolate the organism (64,71). Additional diagnostic strategies include bartonella serology and analysis of valve tissue with culture, pathology and PCR where available (65-71). Antimicrobial therapy varied considerably among cases, and with most patients undergoing valvular surgery, no conclusive recommendations can be made. However, combined use of bactericidal agents with good activity against Bartonella species is appropriate (65).

B vinsonii, the Canadian vole agent, is not known to cause human disease; however, endocarditis in a dog due to a novel subspecies of B vinsonii has been identified (72).

PATHOPHYSIOLOGY OF B HENSELAE INFECTION

Histopathological manifestations of infection with B henselae are remarkably diverse. What determines the development of the necrotizing granulomatous type of lesion with microabscesses typical of CSD compared with vascular proliferative lesions seen with BA or BP is not known (28). The degree to which the host is immunocompromised may be a significant factor (73).

An inhibitory effect of B henselae on human polymorphonuclear cells in terms of oxidative metabolism, degranulation and chemotaxis has been demonstrated (74,75). The organism could therefore be able to survive and reproduce within polymorphonuclear cells, suggesting a potential mechanism for the development of the granulomatous inflammation seen in CSD lesions (74,75).

B henselae also directly stimulates endothelial cell prolif-eration and migration in vitro. Both effects are necessary for angiogenesis, as is seen in BA, to occur (75,76). The effect is not unique to this Bartonella species, as B bacilliformis has angiogenic activity (77,78), and some isolates of B quintana stimulate proliferation, but not migration (76). The regression of BA lesions with antimicrobial therapy of B henselae or B quintana infection supports the laboratory evidence that angiogenesis is stimulated by the organisms (76).

The identification of an angiogenic factor elaborated by Bartonella species, as well as the regulation of the host response that dictates the development of granulomatous inflammation versus neovascularization continue to be the subjects of ongoing research (73,75,76).

DIAGNOSIS OF CSD

Before the identification of B henselae as the causative organism of CSD, the lack of diagnostic tests made the confirmation of a clinical diagnosis problematic.

Traditionally a clinical diagnosis was made if three of the following four criteria were met: history of animal contact (usually cat) with an abrasion, scratch or ocular lesion; a positive CSD skin test; negative results of laboratory studies for other causes of lymphadenopathy; and characteristic lymph node histopathology (2).

The CSD skin test, using antigen prepared from lymph node aspirates from confirmed cases of the disease, has been used in a similar fashion to the tuberculin skin test (2). However, the test can reflect past exposure and be falsely negative in the first two weeks of the illness. In addition, the lack of a standardized preparation and safety concerns have limited its use (79).

B henselae is a fastidious organism and can be difficult to isolate. Culture of the organism is not routinely available. Recommendations have been made to inoculate the sample directly onto a fresh blood or chocolate agar plate and hold plates for as long as six weeks in a carbon dioxide-enriched environment (5). As discussed earlier, yield from blood culture can be optimized with lysis-centrifugation, blind subculture, staining with acridine orange before subculture and cocultivation with endothelial cell lines (64,68,71). Histopathological findings of lymph nodes are consistent but not pathognomonic and characterized by granulomas, stellate abscesses and a nonspecific inflammatory infiltrate. Small curved Gram-negative bacilli appear with Brown-Hopps Gram stain and are shown by Warthin-Starry silver staining (26). The pathological appearance of involved liver, spleen and bone is similar (29,47).

Serological tests developed for the diagnosis of B henselae have proven both sensitive and specific (4,15,80) and provide a valuable tool for the confirmation of the clinical diagnosis of CSD. Sensitivities of 83% to 88% and specificities of 94% to 98% have been reported for the IFA assay developed at the Centers for Disease Control and Prevention, Atlanta, Georgia (4,15,80). General applicability of the IFA test was demonstrated in a survey of 600 samples from across the United States, where the sensitivity of the assay was 82% when a broad case definition of any cat contact plus regional lymphadenopathy was applied (79). A sensitivity of 95% was found when the
Cat scratch disease

**THERAPEUTIC ISSUES**

The usefulness of antibiotic therapy has not been established in controlled clinical trials. Because the majority of patients with CSD are not seriously ill, and improvement and resolution of lymphadenopathy are seen with or without therapy, the use of antibiotics for typical CSD is not routinely justified. In vitro susceptibility tests have found *B henselae* to be sensitive to macrolides, tetracyclines, rifampin and third-generation cephalosporins, with intermediate sensitivity to trimethoprim/sulfamethoxazole (TMP/SMX) and aminoglycosides. The organism is resistant to first-generation cephalosporins and fluoroquinolones (5,84). Original isolates from Slater et al (14) were broadly sensitive, with one of five isolates resistant only to penicillin, ampicillin and vancomycin, and another resistant only to tetracycline. In vitro susceptibility testing, however, has not been predictive of reports of clinical response.

In a retrospective assessment of uncontrolled data, the proportion of patients showing a partial or complete response to seven to 14 days of therapy was as follows: rifampin 87%; ciprofloxacin 64%; parenteral gentamicin sulphate 73%; and TMP/SMX 58% (85). Several case reports noted improvement in fever, lymphadenopathy, hepatosplenic lesions and central nervous system disease in association with various antimicrobial agents. Two patients with hepatic CSD and one with regional lymphadenopathy responded within 48 h to gentamicin therapy (86). Reports also suggest improvement in children with CSD treated with TMP/SMX for seven days and in adults prescribed ciprofloxacin (87,88). In a recent series patients primarily treated with erythromycin or doxycycline, with or without the addition of rifampin, for four to six weeks appeared to respond positively to therapy (42). Interestingly, the response to erythromycin and doxycycline is dramatic in patients with BA, BP and bacteremia due to *B henselae*, with rapid disappearance of fever and skin lesions (57,89). Surgical intervention remains indicated if malignancy is suspected, drainage of any supplicative lymph node is required or other infectious diagnoses are being considered.

**CONCLUSIONS**

*B henselae* has been established as the causative agent of CSD. Exposure to kittens and kittens with fleas are the most striking epidemiologic risk factors for CSD. Currently, available serological tests can confirm the typical presentation of CSD and identify *B henselae* as the cause of more atypical cases, such as fever of unknown origin, granulomatous hepatitis, encephalitis and osteomyelitis. Symptomatic management is appropriate for isolated lymphadenopathy in well individuals. Antibiotic therapy may be indicated for patients with more severe manifestations of CSD and immunocompromised hosts. While the available evidence suggests that macrolides, tetracyclines, rifampin, third-generation cephalosporins, gentamicin and TMP/SMX all may have benefit, the issue of antibiotic therapy will not be settled until data from controlled clinical trials are available.

Significant advances in the understanding of the etiology
and epidemiology of CSD have been made in this decade. Many questions, however, remain regarding the mechanism of transmission, pathogenesis and the overlapping spectrum of CSD and other B henselae infections. Further study, in particular of the epidemiology and therapy of CSD, is warranted. In addition, a better understanding of the pathogenesis of B henselae-related disease will have important implications in immunocompetent and immunocompromised populations.

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