The impact of serum vancomycin levels and minimum inhibitory concentrations of methicillin-resistant *Staphylococcus aureus* on mortality in patients with nosocomial pneumonia

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BACKGROUND: Vancomycin is the treatment of choice for methicillin-resistant *Staphylococcus aureus* (MRSA) infections; however, treatment failure is not uncommon, even when the minimum inhibitory concentration (MIC) of the MRSA strain is within the susceptible range for vancomycin.

OBJECTIVE: To describe the relationship between molecular markers such as the meca and *agrII* genes, serum vancomycin levels and vancomycin MICs, and the 30-day mortality rate of patients with nosocomial MRSA pneumonia in an intensive care unit (ICU).

METHODS: The present study was a prospective cohort study including all patients with MRSA hospital-acquired pneumonia or ventilator-associated pneumonia who were admitted to the ICU of a tertiary care hospital between June 2009 and December 2011. The MIC for vancomycin was determined using the E-test and broth microdilution methods. Variables analyzed included age, sex, comorbid conditions, serum vancomycin trough concentration, the Acute Physiology and Chronic Health Evaluation II (APACHE) score and the presence of the *agrII* gene.

RESULTS: Thirty-six (42.4%) patients died within 30 days of the index MRSA culture. A multiple regression analysis that included the variables of MIC (determined using the E-test or broth microdilution methods), APACHE II score, serum vancomycin level and the presence of *agrII* revealed that only the APACHE II score was related to the 30-day mortality rate (P<0.03). Seven patients (9.0%) with isolates exhibiting an MIC ≥1.5 µg/mL according to the E-test method died, and nine patients (11.6%) survived (P=0.76). Of the patients for whom MICs were determined using the broth microdilution method, 11 (14.1%) patients with MICs of 1.0 µg/mL died, and 16 (20.5%) survived (P=0.92). The median APACHE II score of survivors was 22.5, and the median score of nonsurvivors was 25.0 (P=0.03). The presence of the *agrII* gene was not related to the 30-day mortality rate.

CONCLUSIONS: Patients with severe hospital-acquired pneumonia presented with MRSA isolates with low to intermediate vancomycin MICs in the ICU setting. At the Hospital de Clínicas de Porto Alegre (Porto Alegre, Brazil), the 30-day mortality rate was high, and was similar among patients with severe hospital-acquired pneumonia infected with MRSA isolates that exhibited MICs of ≤1.5 µg/mL determined using the E-test method and ≤1.0 µg/mL determined using the broth microdilution method in those who achieved optimal serum vancomycin levels. The APACHE II score which provides an overall estimate of ICU mortality were independently associated with mortality in the present study, regardless of the MICs determined. Molecular markers, such as the *agrII* gene, were not associated with higher mortality in the present study.

Key Words: Methicillin-resistant *Staphylococcus aureus*; Nosocomial pneumonia; Vancomycin

Les répercussions des taux de vancomycine sérique et des concentrations minimales inhibitrices de *Staphylococcus aureus* résistant à la méthicilline sur la mortalité des patients atteints d’une pneumonie d’origine nosocomiale

HISTORIQUE: La vancomycine est le traitement de première intention des infections par le *Staphylococcus aureus* résistant à la méthicilline (SARM), mais les échecs thérapeutiques ne sont pas rares, même lorsque la concentration minimale inhibitrice (CMI) de la souche de SARM se situe dans la plage susceptible de vancomycine.

OBJECTIF: Décrire le lien entre les marqueurs moléculaires comme les gènes meca et *agrII*, le taux de vancomycine sérique et la CMI de vancomycine, et le taux de mortalité au bout de 30 jours des patients atteints d’une pneumonie à SARM d’origine nosocomiale à l’Usine de soins intensifs (USI). La mortalité au bout de 30 jours était l’issue primaire.

RÉSULTATS: Trente-six patients (42.4%) sont décédés dans les 30 jours suivant la culture de référence du SARM. Une analyse de régression multiple incluant les variables de la CMI (déterminée au moyen des méthodes E-test et de microdilution en bouillon), le score APACHE II, le taux de vancomycine sérique et la présence du gène *agrII* a révélé que seul le score APACHE II était lié au taux de mortalité au bout de 30 jours (P<0.03). Sept patients (9.0%) dont les isolats présentaient une CMI d’au moins 1,5 µg/mL étaient décédés (P=0,76). Chez les patients dont la CMI a été déterminée au moyen de la méthode de microdilution en bouillon, 11 (14.1%) ayant une CMI de 1,0 µg/mL sont décédés et 16 (20.5%) ont survécu (P=0,92). Les survivants avaient un score APACHE II médian de 22,5, et les non-survivants, de 25,0 (P<0,03). La présence du gène *agrII* n’était pas liée au taux de décès au bout de 30 jours.

CONCLUSIONS: Les patients ayant une grave pneumonie d’origine nosocomiale présentaient des isolats de SARM à la CMI faible à intermédiaire à la vancomycine à l’USI. Au Hospital de Clínicas de Porto Alegre (Porto Alegre, Brésil), le taux de mortalité au bout de 30 jours était élevé, tout comme chez les patients atteints d’une grave pneumonie d’origine nosocomiale infectés par des isolats du SARM dont la CMI était égale ou inférieure à 1,5 µg/mL d’après la méthode E-test (ou égale ou inférieure à 1,0 µg/mL d’après la méthode de microdilution en bouillon) qui ont atteint des taux optimaux de vancomycine sérique. Les scores APACHE II qui procurent une évaluation globale de la mortalité à l’USI s’associent de manière indépendante avec la mortalité dans la présente étude, quelle que soit la CMI établie. De plus, les marqueurs moléculaires, tels que le gène *agrII*, n’étaient pas liés à un taux de mortalité plus élevé.
Methicillin-resistant Staphylococcus aureus (MRSA) has become a prevalent nosocomial pathogen worldwide and is a frequent cause of serious infections that are associated with significant morbidity and mortality and high costs of medical care (1,2) MRSA is recognized as a significant cause of pneumonia, particularly in intensive care units (ICUs) (3).

MRSA is often resistant to the majority of antimicrobial agents available for clinical use (1) With limited choices for therapy, vancomycin remains the first-line option to treat these infections (4-6). However, vancomycin treatment failure is not uncommon, even when the minimum inhibitory concentration (MIC) is below the susceptibility breakpoint for S aureus (≤2.0 µg/mL) defined by the Clinical Laboratory Standards Institute (CLSI). Some authors have suggested that an alternative treatment option should be considered if the vancomycin MIC is >1.0 µg/mL (7-10). These studies used the E-test method to correlate elevated MICs with undesirable outcomes. However, the CLSI recommends the use of dilution methods to test vancomycin MICs for S aureus. Furthermore, several studies have demonstrated that MICs determined using the E-test method are one- to two-fold higher than the MICs determined using the broth microdilution method (11-14). The objective of the present study was to describe the relationship between molecular makers such as the mecA and agrII genes, serum vancomycin levels and vancomycin MICs generated using both the E-test and broth microdilution methods with the 30-day mortality rate among patients with nosocomial MRSA pneumonia in an ICU.

METHODS

Study design and population
A prospective cohort study was conducted at the Hospital de Clínicas de Porto Alegre, a 795-bed academic tertiary care hospital located in Porto Alegre in southern Brazil. All patients admitted to the ICU between June 2009 and December 2011 with hospital-acquired pneumonia (HAP) or ventilator-associated pneumonia (VAP) caused by MRSA were included in the present study.

Adult patients (≥18 years of age) were included in the study if they met the American Thoracic Society and the Infectious Diseases Society of America definitions for HAP or VAP and had at least one positive MRSA culture isolated from a respiratory site (15). Patients were excluded if they received ≤1 day of MRSA-specific therapy. For patients with multiple MRSA respiratory cultures, the first vancomycin MIC of the index respiratory culture isolate was included in the analysis (8,9).

Study variables and definitions
The data collected included demographic characteristics, comorbidities and laboratory results. The variables selected for the analysis included age, sex, comorbidity conditions and the mean serum vancomycin trough concentration for each patient according to the recommendations by Rybak et al (4) (vancomycin was dosed according to the pharmacokinetic protocol of the institution to attain a trough of 15.0 µg/mL to 20.0 µg/mL). The Acute Physiology and Chronic Health Evaluation II (APACHE II) score was calculated for all patients on admission to the ICU to assess the severity of the underlying illness. Comorbidities were classified according to the following categories: chronic obstructive pulmonary disease; cardiac disease; gastrointestinal disease; renal disease; diabetes; neurological disease; solid organ transplant; hematological neoplasia; alcoholism; solid neoplasia; corticosteroid use; HIV disease; bone marrow transplant; and other.

Mortality at 30 days was the primary outcome and was defined as death within 30 days of the index MRSA respiratory culture (8).

Laboratory analysis
The isolates from respiratory samples were identified according to standard techniques. All tracheal aspirate and bronchoalveolar lavage results were based on quantitative cultures (a diagnostic threshold of 10^5 cfu/mL for tracheal aspirates and 10^6 cfu/mL for bronchoalveolar lavage fluid). Polymicrobial culture results (more than three microorganisms) were excluded from the analysis.

An initial susceptibility test for oxacillin resistance was performed using a 30 µg-streptomycin disc in Mueller-Hinton agar, according to CLSI guidelines (16) Individual isolates were stored in Trypticase soy broth (Becton Dickinson, USA) with 20% glycerol at -80°C until MIC testing was performed. Vancomycin MICs were determined in duplicate according to the reference broth microdilution method, as recommended by the CLSI, using in-house prepared panels. The following dilutions of vancomycin were tested: 16 µg/mL, 8 µg/mL, 4 µg/mL, 2 µg/mL, 1 µg/mL, 0.5 µg/mL, 0.25 µg/mL and 0.125 µg/mL (17). The E-test procedure was performed on Mueller-Hinton agar with an inoculum density equal to a 0.5 McFarland turbidity standard to create a confluent lawn of microbial growth. The cultures were incubated for 24 h at 35°C. S aureus (29213, American Type Culture Collection, USA) was used for quality control. The mecA and agrII genes were detected using PCR with specific primers (18,19). Serum levels of vancomycin were measured using a turbidimetric immunoassay (Dimension RxL, Dade Behring, USA).

Statistical analysis
A descriptive analysis of patient variables was performed. The continuous variables are reported as medians, and the dispersion measurements are reported as interquartile ranges (IQRs). A one-way ANOVA analysis with a two-sided Bonferroni multiple comparisons test was performed to compare the mean differences in MICs determined using the E-test and broth microdilution methods throughout the study period. A Cox regression analysis was used for the univariate analysis of selected variables; associations were considered to be statistically significant at P≤0.05. The multivariate hazard ratios (HR) and 95% CIs were calculated using the Cox proportional hazards regression model. The final model included the variables with P≤0.05 according to univariate analysis, or variables that were clinically related to the outcome. The survival analysis was based on the Kaplan-Meier method, and the comparisons of the survival curves were made using the log-rank test. The data were analyzed using SPSS version 18.0 (IBM Corporation, USA).

RESULTS

Eighty-five patients were diagnosed with MRSA pneumonia during the study period. The median age of these patients was 63 years (IQR 49 to 75 years) and 64.7% (n=55) were men. The median APACHE II score was 23 (IQR 17.5 to 9.0). Of these patients, 88.3% were diagnosed with MRSA VAP; the MRSA was isolated from tracheal aspirates in 81.2% (n=69) of the patients and from bronchoalveolar lavage fluid in 7.1% (n=6) of the patients. The remaining patients had HAP diagnosed using sputum samples (10.6%; n=9) or pleural fluid cultures (1.2%; n=1). Five patients (5.9%) had MRSA-associated bacteremia. Forty-six (54.1%) of the MRSA isolates were positive for the agrII gene, and the presence of the mecA gene was confirmed in all of the isolates. Vancomycin serum levels were available for 70 patients. The median serum vancomycin level was 20.7 µg/mL (12.0 µg/mL to 29.1 µg/mL). The clinical and demographic data of the patients are shown in Table 1.

A comparison of vancomycin MICs determined using the E-test and broth microdilution methods is presented in Table 2. Sixty-eight (80.1%) of the MICs determined using the E-test method were ≤1.0 µg/mL. However, all of the MICs determined using the broth microdilution method were ≤1.0 µg/mL (n=85). The mean (± SD) MIC determined using the broth microdilution method increased from 0.55±0.16 µg/mL (June to November 2009) to 0.78±0.26 µg/mL (July to December 2011) (P=0.04). The MICs determined using the E-test method did not change during the study period.

Thirty-six (42.4%) patients died within 30 days of the index MRSA culture. The median serum vancomycin levels of the survivors and the nonsurvivors were 20.0 µg/mL and 20.9 µg/mL, respectively (HR 0.99 [95% CI 0.97 to 1.03]; P=0.96). Seven patients (9.0%) with isolates exhibiting an MIC ≥1.5 µg/mL according to the E-test method died, and nine patients (11.6%) survived (HR 0.87 [95% CI 0.36 to...
TABLE 1
Clinical and demographic characteristics of patients with MRSA pneumonia (n=85)

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>n (%)</th>
</tr>
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<tbody>
<tr>
<td>Age, years, median (interquartile range)</td>
<td>63 (49–75)</td>
</tr>
<tr>
<td>Male sex</td>
<td>55 (64.7)</td>
</tr>
<tr>
<td>Comorbidities</td>
<td></td>
</tr>
<tr>
<td>Chronic obstructive pulmonary disease</td>
<td>73 (85.9)</td>
</tr>
<tr>
<td>Cardiac disease</td>
<td>46 (54.1)</td>
</tr>
<tr>
<td>Gastrointestinal disease</td>
<td>27 (31.8)</td>
</tr>
<tr>
<td>Renal disease</td>
<td>26 (30.6)</td>
</tr>
<tr>
<td>Diabetes</td>
<td>23 (27.1)</td>
</tr>
<tr>
<td>Neurological disease</td>
<td>22 (25.9)</td>
</tr>
<tr>
<td>Solid organ transplant</td>
<td>16 (18.8)</td>
</tr>
<tr>
<td>Hematological neoplasia</td>
<td>9 (10.6)</td>
</tr>
<tr>
<td>Alcoholism</td>
<td>8 (9.4)</td>
</tr>
<tr>
<td>Solid neoplasia</td>
<td>7 (8.2)</td>
</tr>
<tr>
<td>Corticosteroid use</td>
<td>7 (8.2)</td>
</tr>
<tr>
<td>HIV positive</td>
<td>5 (5.9)</td>
</tr>
<tr>
<td>Bone marrow transplant</td>
<td>1 (1.2)</td>
</tr>
<tr>
<td>Other</td>
<td>50 (58.8)</td>
</tr>
<tr>
<td>Serum vancomycin concentration, µg/mL, n=70, median (interquartile range)</td>
<td>20.7 (12.0–29.1)</td>
</tr>
<tr>
<td>Presence of agrII</td>
<td>46 (54.1)</td>
</tr>
<tr>
<td>Associated MRSA bacteremia</td>
<td>5 (5.9)</td>
</tr>
<tr>
<td>APACHE II score, median (interquartile range)</td>
<td>23 (17.5–29.0)</td>
</tr>
<tr>
<td>30-day mortality</td>
<td>36 (42.4)</td>
</tr>
</tbody>
</table>

Data presented as n (%) unless otherwise indicated. APACHE Acute Physiology Assessment and Chronic Health Evaluation; MRSA Methicillin-resistant Staphylococcus aureus.

2.10; P=0.76). Of the patients for whom MICs were determined using the broth microdilution method, 11 (14.1%) patients with MICs of 1.0 µg/mL died, and 16 (20.5%) survived (HR 1.03 [95% CI 0.51 to 2.09]; P=0.92). The median APACHE II score of survivors was 22.5 (IQR 9.7 to 26.5), and the median score of nonsurvivors was 25.0 (IQR 19.0 to 29.0; HR 1.05 [95% CI 1.0 to 1.09]; P=0.03). The presence of the agrII gene was not related to the 30-day mortality rate. These data are presented in Table 3.

A multiple regression analysis that included the variables of MIC (determined using the E-test or broth microdilution methods), APACHE II score, serum vancomycin level and the presence of agrII revealed that only the APACHE II score was related to the 30-day mortality rate, albeit marginally (HR 1.05 [95% CI 1.0 to 1.1]; P=0.03).

The Kaplan-Meier survival curves in Figure 1 present the survival of MRSA patients according to method used to determine the MIC (E-test [≤1.0 µg/mL versus ≥1.5 µg/mL] and broth microdilution [0.5 µg/mL versus 1.0 µg/mL]). According to the log-rank test, there were no differences in survival times, regardless of the method used to measure the MIC (E-test, P=0.80; broth microdilution, P=0.83).

TABLE 2
Vancomycin minimum inhibitory concentrations (MICs) determined using the E-test and broth microdilution methods (n=85)

<table>
<thead>
<tr>
<th>Vancomycin MIC, µg/mL</th>
<th>E-test</th>
<th>Broth microdilution</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.5</td>
<td>6 (7.1)</td>
<td>56 (65.9)</td>
</tr>
<tr>
<td>0.75</td>
<td>14 (16.5)</td>
<td>–</td>
</tr>
<tr>
<td>1.0</td>
<td>48 (56.5)</td>
<td>29 (34.1)</td>
</tr>
<tr>
<td>1.5</td>
<td>16 (18.8)</td>
<td>–</td>
</tr>
<tr>
<td>2.0</td>
<td>1 (1.2)</td>
<td>–</td>
</tr>
</tbody>
</table>

TABLE 3
Multivariate analysis comparing risk factors between survivors and patients who died within 30 days

<table>
<thead>
<tr>
<th>MIC, µg/mL</th>
<th>Survivors</th>
<th>Nonsurvivors</th>
<th>HR</th>
<th>P</th>
</tr>
</thead>
</table>

Data presented as n (%) unless otherwise indicated. APACHE Acute Physiology Assessment and Chronic Health Evaluation; IQR Interquartile range, MIC Minimum inhibitory concentration.

DISCUSSION

In the present study, the majority of patients experienced severe disease (according to APACHE II scores) and VAP. The vancomycin MICs determined using the E-test method were one higher than the MICs determined using broth microdilution, consistent with previous findings by other authors. The majority of patients had MICs ≤1.0 µg/mL according to both methods. Our analysis found that 30-day mortality was not associated with vancomycin MICs.

The differences in the MICs calculated using the E-test and broth microdilution methods are well established and were demonstrated in the present study including patients with MRSA pneumonia (11-14). We found a low prevalence of high MICs determined using both the E-test and broth microdilution methods. Sader et al (12) analyzed 1800 MRSA strains from bloodstream infections and found that 96.9% of the isolates exhibited a vancomycin MIC ≤1.0 µg/mL, measured using the broth microdilution method. However, Parkash et al (11) used the E-test method and determined that 89% to 98% of the samples from bloodstream infections exhibited MICs between 1.5 µg/mL and 2.0 µg/mL. Haque et al (9) analyzed respiratory samples and found that the majority (72.8%) of the patients were infected with MRSA that exhibited a vancomycin MIC ≤1.0 µg/mL. Additionally, our results appear to demonstrate an increase in the MICs calculated using the broth microdilution method throughout the study period. Sader et al (20) evaluated the MIC creep of isolates collected from nine medical centers in the United States and found increases in MIC creep in three medical centers between 2002 and 2006.

The Infectious Diseases Society of America guideline for the treatment of MRSA infections recommends that for isolates with a vancomycin MIC ≤2.0 µg/mL (vancomycin-susceptible infections), the patient’s clinical response should define the drug choice; vancomycin should be used for responding patients, and an alternative therapy should be used for nonresponders regardless of the MIC (21). A recent meta-analysis evaluated 22 studies that examined the clinical response...
to vancomycin and the vancomycin MICs of MRSA general infections (22). A high vancomycin MIC was associated with a higher mortality rate in MRSA patients, particularly in patients with bloodstream infections. In this meta-analysis, eight studies that reported MICs determined using the E-test method found that there was no difference in mortality between patients with MRSA infections exhibiting vancomycin MICs of 1.5 μg/mL compared with MICs ≤1.0 μg/mL. Haque et al (9) evaluated 158 patients with MRSA pneumonia, 72.8% of whom had infections with a vancomycin MIC ≥1.5 μg/mL. The mortality rates were similar between patients with MIC <1.5 μg/mL and patients with higher MICs, although a propensity score analysis found an increase in mortality rate after a 1.0 μg/mL increase in MIC determined using the E-test method. However, the authors did not report how many of the 115 patients with an MIC ≥1.5 μg/mL actually had a MIC of 2.0 μg/mL. In a recent retrospective study involving adults with MRSA nosocomial pneumonia treated with vancomycin, patients infected with MRSA exhibiting high vancomycin MICs (≥1.5 μg/mL), determined using the E-test method, demonstrated a slower clinical response and a higher relapse rate than patients infected with isolates exhibiting low vancomycin MICs (23). In our study, 18.8% of the patients had MRSA isolates exhibiting MICs of 1.5 μg/mL according to the E-test method, and we did not observe higher mortality in these patients when treated with vancomycin compared with patients who had MRSA isolates exhibiting low MICs. Unfortunately, there were no patients with MRSA isolates exhibiting high vancomycin MICs (≥2.0 μg/mL) in the present study to compare mortality rates of these patients with patients infected with MRSA isolates exhibiting intermediate and low vancomycin MICs.

The APACHE II score takes into consideration clinical and laboratory variables associated with both acute and chronic diseases, and provides an estimate of ICU mortality. In our study, the median APACHE II score was 23.0, which may explain the high 30-day mortality rates (42%). Furthermore, the APACHE II scores were independently associated with mortality in our study, regardless of the MICs determined using either the E-test or broth microdilution methods. Vancomycin concentrations were measured in 82% of patients. The attainment of target vancomycin concentrations was not significantly different between survivors and patients who died (20.0 μg/mL and 21.0 μg/mL, respectively). According to Rybak et al (4), the pharmacodynamic parameter that best predicts vancomycin activity is the ratio of the area under the curve (AUC) to the MIC, with a ratio ≥300 considered to be optimal. Considering the vancomycin trough levels and the MIC, an optimal vancomycin exposure (AUC/MIC ≥300) was likely achieved for the majority of our patients.

The accessory gene regulator (Agr) is a quorum-sensing regulator in S. aureus that is responsible for biofilm production and the expression of adherence and virulence factors. Some studies have found that MRSA isolates with an agrII polymorphism may influence the clinical efficacy of vancomycin (19–25). The presence of the agrII gene was not associated with higher MICs in our study (data not shown). We found that 46 (54.1%) of MRSA isolates were positive for the agrII gene. Consistent with results by Moise-Broder et al (19), the presence of agrII was not associated with 30-day mortality in the present study. In a study by Schweizer et al (25), the authors found that 22% of patients with MRSA had Agr dysfunction, and that the presence of this dysfunction was associated with increased mortality. Mutations that cause Agr dysfunction are associated with changes in the expression of virulence factors. The function of Agr can be examined using the delta hemolysin assay.

Several points must be considered when analyzing our data. We were not able to control for other mortality risk factors in our sample. For example, drug therapy details, such as the time of antibiotic initiation and adjuvant therapies that could interfere with patient mortality, were not controlled for and concomitant respiratory infections were not investigated.

**SUMMARY**

Patients with severe HAP presented with MRSA isolates with low to intermediate vancomycin MICs in the ICU setting. In our institution, the 30-day mortality rate was high, and was similar among patients with severe HAP infected with MRSA isolates that exhibited MICs of ≤1.5 μg/mL determined using the E-test method and ≤1.0 μg/mL determined using the broth microdilution method in those who achieved optimal serum vancomycin levels. The APACHE II scores which provides an overall estimate of ICU mortality were independently associated with 30-day mortality in the present study. In a study by Schweizer et al (25), the authors found that 22% of patients with MRSA had Agr dysfunction, and that the presence of this dysfunction was associated with increased mortality. Mutations that cause Agr dysfunction are associated with changes in the expression of virulence factors. The function of Agr can be examined using the delta hemolysin assay.

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