Research Article

Computer Simulation of Noise Effects of the Neighborhood of Stimulus Threshold for a Mathematical Model of Homeostatic Regulation of Sleep-Wake Cycles

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The noise effects on a homeostatic regulation of sleep-wake cycles’ neuronal mathematical model determined by the hypocretin/orexin and the local glutamate interneurons spatiotemporal behaviors are studied within the neighborhood of stimulus threshold in this work; the neuronal noise added to the stimulus, the conductance, and the activation variable of the modulation function are investigated, respectively, based on a circadian input skewed in sine function. The computer simulation results suggested that the increased amplitude of external current input will lead to the fact that awakening time is advanced but the sleepy time remains the same; for the bigger conductance and modulation noise, the regulatory mechanism of the model sometimes will be collapsed and the coupled two neurons of the model show very irregular activities; the falling asleep or wake transform appears at nondeterminate time.

1. Introduction

Noise not only is a problem for neurons, but also can be a solution in information processing. Several strategies have been adopted to use noise in this fashion; for example, stochastic resonance is a process by which the ability of threshold-like systems to detect and transmit weak signals can be enhanced by the presence of a certain level of noise [1]. Neural noise is a general term that designates random influences on the transmembrane voltage of single neurons and by extension of the firing activity of neural networks. This noise can influence the transmission and integration of signals from other neurons and alter the firing activity of neurons in isolation [2–4], and there are some significant effects near bifurcation points [5, 6], the weak neural noise, that seem to be less relevant when the neurons operate in spike generating regime for a suprathreshold; however, the situation is completely different in the neighborhood of threshold where noise can induce significant changes in the impulse patterns; furthermore, in the central neural system, the neurons often work in the neighborhood of threshold, but neurons are heterogeneous and noise is inevitable [7]. Sleep is essential for the maintenance of the brain and the body, yet many features of sleep are poorly understood and mathematical models are an important tool for probing proposed biological mechanisms; in addition, noise is an inevitable factor in real neuronal systems, which plays an important role in spatiotemporal dynamics of neuronal networks, for nearly a century of study; some regulation nonlinear sleep models about circadian [8], diversity-induced resonance [9], temporal dynamics [10], physiological substrates [11, 12], and more have been proposed to investigate the neural regulatory mechanism for sleep-wake cycle; however, sleep and its underlying processes still hold many mysteries; it remains unclear how identified brain regions interact to bring about the different stages of sleep and wakefulness, how the timing of sleep depends on the length of time spent awake and work load, and how pathologies associated with sleep, such as narcolepsy, arise [13]. As we all know, there are homeostatic formation mechanism and biological function...
between connection neurons [14, 15]; in this work, we study the spatiotemporal behaviors of noise effects in the neighborhood of stimulus threshold for a mathematical model of homeostatic regulation of sleep-wake cycles proposed by Postnova et al. [16]. The effects of neuronal noise added to the stimulus, the conductance, and the modulation function are investigated, respectively, based on a circadian input skewed in sine function proposed by Daan et al. [17].

2. Model and Input

The mathematical model of regulation sleep-wake cycles employed in this work is suggested by Postnova et al., the homeostatic regulation process in this model is determined by the neuropeptide hypocretin/orexin (Hcrt/ox), and the Hcrt/ox neurons are silent during sleep and active during wakefulness depending on reciprocal excitatory synaptic connections with local glutamate (Glu) interneurons. The model formed by two simplified Hodgkin-Huxley type neurons that are connected via Glu synapses, one of which additionally contains Hcrt/ox as the functionally relevant cotransmitter (see Figure 1 of [16]); particularly, they proposed a novel modulation function for the synaptic efficacy to regulate Hcrt/ox neuronal firing and silent state [16], and the important role of the orexin also is studied by Rempe et al. [13]. The mathematical model of regulation of sleep-wake cycles is given in the following form [16]; the membrane of two coupled neurons is given by

$$\frac{dV_{Glu}}{dt} = -I_{Glu} - I_{NaGlu} - I_{KGlu} - I_{synHcrt/Orx},$$  

where the leak, sodium, and potassium currents are described by

$$I_{Na} = g_{Na}(V_n - E_N),$$
$$I_{NaHcrt/Orx} = g_{Na}a_{Na}(V_n - E_{Na}),$$
$$I_{K} = g_{K}a_{K}(V_n - E_{K});$$

and the transmembrane currents

$$I_{synGlu} = g_{Glu}a_{Glu}(V_{Hcrt/Orx} - E_{syn}).$$

with

$$\frac{da_{Glu}}{dt} = \frac{a_{Glu} - a_{Glu_{max}}}{\tau_{Glu}},$$

$$a_{Glu} = \frac{1}{1 + \exp(-s_{Glu}(V_{Glu} - V_{spike}))},$$

$$I_{synHcrt/Orx} = I_{Glu}(Hcrt/Orx) + I_{Hcrt/Orx},$$

$$I_{Glu}(Hcrt/Orx) = g_{Glu}(Hcrt/Orx)a_{Glu}(Hcrt/Orx)(V_{Glu} - E_{syn}),$$

$$I_{Hcrt/Orx} = g_{Hcrt}(Hcrt/Orx)a_{Hcrt}(Hcrt/Orx)(V_{Glu} - E_{syn}),$$

which are modelled by

$$\frac{da_{Hcrt/Orx}}{dt} = \frac{a_{Hcrt/Orx} - a_{Hcrt_{max}}}{\tau_{Hcrt/Orx}},$$

$$\frac{dM}{dt} = \frac{M_{max} - M}{\tau_{increase}} - \frac{M_{Hcrt/Orx}}{\tau_{decrease}},$$

All the parameters' meaning and value of (1)–(10) are in detail described in [16], as well as their supplements.

The external current input is applied to the Hcrt/ox neuron as a circadian input proposed in [17], which is defined by skewed sine function; an additional phase shift \(\phi\) is added to be consistent with day and night

$$I_{ext} = A \sin(\omega t + \phi) + 0.22 \sin(2\omega t + \phi) + 0.07 \sin(3\omega t + \phi) + 0.03 \sin(4\omega t + \phi) + 0.001 \sin(5\omega t + \phi) + 1,$$

where \(A\) is a parameter for scaling the amplitude of the stimulus, \(\omega\) is the angular frequency of the one-day-night circadian current, and \(\phi = \pi/3\) is an additional phase shift in this work.

3. Computer Simulation of Noise Effects of Regulation of Sleep-Wake Cycles

3.1. Regulation of Sleep-Wake Cycles of the Deterministic Model. As an illustration for the mathematical model of homeostatic regulation of sleep-wake cycles, the coupled Hcrt/ox and Glu of sleep-wake cycles activities are shown in Figures 1(b) and 1(c), respectively, under one typical amplitude of external current input \(A = 1.0 \mu A/cm^2\) (shown in Figure 1(a)); these neuronal activities are ongoing with regulation function \(M\) (shown in Figure 1(d)). Seen from Figure 1, the presynaptic Hcrt/ox neuron induces firing (waking
up) almost at half past six (marked by an arrow in Figure 1(b)) in the morning and recovers to the silence (falling asleep) at half past twenty-three at midnight; these results are consistent with physiological time. The postsynaptic spikes appear with a certain delay because Hcrt/ox postsynaptic potentials need time for sufficient superposition that activates neuron. The regulation function $M$ declines with beginning spike and recovers when also the presynaptic firing is switched off.

One more interesting result we got in this work is that the increased amplitude of external current input will lead to awakening time being advanced; for example, the awakening time will be advanced from half past six to half past three in the morning while the amplitude $A$ of external current input increased from $1.0 \mu A/cm^2$ to $12 \mu A/cm^2$, but the sleepy time still stays at half past twenty-three at midnight; this phenomenon may be like the fact that the older people’s sleep becomes less and less.

### 3.2. Effects of Noise on Regulation of Sleep-Wake Cycles

#### 3.2.1. Effects of Current Noise

When the amplitude of external current input locates within subthreshold regime, the regulation of sleep-wake cycles function cannot work normally; for example, $A = 0.46 \mu A/cm^2$, as subthreshold external input can only excite Hcrt/ox neuron in short duration one time a day in the noonday, as shown in Figure 2(a), but the Glu neuron just displays the subthreshold activity without any fire; all of these results in the regulation function $M$ generate small vibration, which could be found in the bottom line of Figure 2(a).

With the additional noise defined in (12), being added to the right of (2) as current noise, the model produces general regulated activation while the value of noise intensity $D$ is greater than a certain value even if the amplitude of external current input locates within subthreshold regime, as an example, when $A = 0.46 \mu A/cm^2$ and $D \geq 0.007$, for the other smaller intensity noise in neighborhood, leading to the seemingly random regulation process (as shown in Figure 2(b), where $D = 0.006$); occasionally, the model shows a sudden and terrible change; it could be seen in Figure 2(c) with same noise intensity $D = 0.006$ too; the Glu neuron does not respond (fire) to Hcrt/ox neuron on the third cycle, which looks like falling ill.

#### 3.2.2. Effects of Conductance Noise

For an evaluation of the efficacy of noise in the different conductance, we firstly have examined the noise effects on the slow repolarizing variable of two coupled neurons (Hcrt/ox and Glu); two different noises with the same intensity as defined in (12) are added to the right of (4) at the same time; the amplitude of external current input is still set to $A = 0.46 \mu A/cm^2$ as subthreshold stimulus. The simulation results demonstrate that both of the neurons of sleep-wake cycle model are excited (wakefulness) all the time without sleep when noise intensity $D > 0.00002$, seeming to be losing sleep.

While $D \in [0.0000001, 0.00001]$, the model generates similar regulation process; especially when $D$ is close to

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**Figure 1:** An illustration of the mathematical model of homeostatic regulation of sleep-wake cycles, the coupled Hcrt/ox (b), and Glu (c) of sleep-wake cycles activities, respectively, under one typical amplitude of external current input $A = 1.0 \mu A/cm^2$ (a), and the variety of regulation function $M$ (d). Moreover, the increased amplitude of external current input will advance wake time but slightly change sleepy time.
in the nocturnal regime, the amplitude of external current input is set to $A = 0.46 \mu A/cm^2$ to the deterministic regulation of sleep-wake cycles model stimulus which only can excite Hcrt/ox neuron, but the Glu neuron just displays the subthreshold activities (a), but, after an additive Gaussian white noise is added to current, leading to the seemingly random regulation process, it sometimes shows similar regulation function (b) (where the noise intensity $D = 0.006$); occasionally, the model shows a sudden and terrible change (c) (where $D = 0.006$ too).

0.0001, the coupled two neurons can wake up (fire) about half past six in the morning and become silent (sleepy) about half past twenty-two at midnight, shown in Figure 3(a), which are similar to those in Figure 1. But, with the decreasing noise intensity from 0.00001 to 0.0000001, the wake time will be delayed more and more with the decrease of intensity changing from about six o’clock in the morning to two o’clock in the noontime; however, the sleepy time almost does not change, staying at about half past twenty-two at midnight.

For the case of continued decrease of noise strength below 0.00000001, the similar regulation function will be broken like behavior in Figure 2(c).

Moreover, the effects of individual noise also have been examined separately; for the same strength noise, the Hcrt/ox
neuron conductance noise generates more significant effect on the regulation function than the Glu neuron, which could be found in Figures 3(b) and 3(c).

3.2.3. Effects of the Modulation Function. To demonstrate the effects of noise modulation function, the same amplitude of external current input $A = 0.46 \mu A/cm^2$ is chosen as subthreshold stimulus; through the study of different noise, we found that the regulation process of modulation function almost does not change under the weak noise, as shown in Figure 4(a) for $D = 0.000000001$; the neurons’ activity mainly depends on the external current input. For the bigger strength of noise, the function of regulation will lose its effectiveness (see Figure 4(b) for $D = 0.0000001$) with increasing noise intensity, even damaging the function of the neurons themselves, as an example shown in Figure 4(c) for $D = 0.01$; the value ($M$) of the modulation function randomly changes from $-40$ to $20$, obviously different from...
normal (see Figure 1), and the Glu neuron is depolarized for a long duration, meaning that it is dead from the biological point of view.

4. Conclusions

The positive and negative function of noise in the neighborhood of stimulus threshold for a mathematical model of homeostatic regulation of sleep-wake cycles are studied based on a circadian input; the noise is added to the stimulus, the conductance, and the modulation function; the results illustrated that the weak current, conductance, and variable of regulation function noise have significant influence on the transitions between sleep and wakefulness, the bigger amplitude of external current will advance wake time but slightly change sleepy time, and the weak conductance and modulation noise generate seemingly regulation process, but, for the strong noise, the regulation function will lose its

Figure 4: With the same subthreshold amplitude of external current input $A = 0.46 \mu A/cm^2$, the small noise intensity of the modulation function has weak effect on the regulation process, as shown in (a) for $D = 0.00000001$, but, for the bigger strength of noise, the function of regulation will lose its effectiveness ((b) for $D = 0.0000001$), even damaging the function of the neurons themselves; the value of the modulation function becomes very bigger and randomly changes within $−40 ∼ 20$ (c), all of which means that homeostatic regulation function of sleep-wake cycles is more sensitive to noise.
effectiveness and even damage the function of the neurons themselves.

**Conflicts of Interest**

The authors declare that they have no conflicts of interest.

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