Original Article

Hochuekkito, a Kampo (Traditional Japanese Herbal) Medicine, and its Polysaccharide Portion Stimulate G-CSF Secretion from Intestinal Epithelial Cells

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Kampo (traditional Japanese herbal) medicines are taken orally due to which the gastric mucosal immune system may act as one of the major targets for the expression of pharmacological activity. The inner surface of the intestinal tract possesses a large area of mucosal membranes, and the intestinal epithelial cells sit at the interface between a lumen and a lymphocyte-rich lamina propria. The cross talk that occurs between these compartments serves to maintain intestinal homeostasis, and the cytokine network plays an important role in the cross talk. In this study, the effect of Hochuekkito (HET), one of Kampo medicines, on cytokine secretion of intestinal epithelial cells was investigated. When murine normal colonic epithelial cell-line MCE301 cells were stimulated with HET, the contents of granulocyte colony-stimulating factor (G-CSF) in the conditioned medium were significantly increased in dose- and time-dependent manners. The enhanced G-CSF gene transcription in MCE301 cells by the stimulation of HET was observed by RT-PCR. The enhanced G-CSF secretion by HET was also observed in C3H/HeJ mice-derived primary cultured colonic epithelial cells. When the HET was fractionated, only the polysaccharide fraction (F-5) enhanced the G-CSF secretion of MCE301 cells, and the activity of F-5 lost after the treatment of periodate that can degrade the carbohydrate moiety. These results suggest that HET enhances secretion of G-CSF from colonic epithelial cells and the polysaccharide is one of the active ingredients of HET. The enhanced G-CSF secretion by HET may partly contribute to the clinically observed various pharmacological activities of HET including immunomodulating activity.

Keywords: G-CSF – Hochuekkito – intestinal epithelial cell – Kampo medicines – MCE301 cell – polysaccharide

Introduction

Hochuekkito (HET; Bu-Zhong-Yi-Qi-Tang in Chinese) is one of the Kampo (traditional Japanese herbal) medicines that consists of 10 component herbs, and well-known Kampo formulas used as tonic. HET has been used for the treatment and recovery of valetudinarian, who have chronic diseases, tuberculosis, surgery with loss of appetite, mild fever, night sweat, palpitation, fear, restlessness, weak feeble voice, slurred speech and disturbance of vision. This formula has been identified as an effective drug to improve the function of digestive system and to strengthen defensive system against various infections. It has been reported that HET can promote certain biological activities including...
enhancement of natural killer cells and macrophage activity (1,2). It has also been indicated that HET has an inhibitory effect on influenza virus infection via enhancement of host immune responses in virus-infected mice (3). Recently, we have found that orally administered HET enhanced mucosal immune response to the intranasally and orally administered antigens (4,5).

The gut-associated lymphoreticular tissues exist on the intestinal mucosal sites, and play an important role in host defense including IgA response in the mucosal immune system (6). The inner surface of the intestinal tract possesses a large area of mucosal membranes, and the intestinal epithelial cells sit at the interface between a lumen and a lymphocyte-rich lamina propria. Intestinal epithelial cells function not only as a physiological barrier but also as effector/regulator cells of a host's immune responses to foreign substances, including various pathogens and food antigens (7–13).

The cytokine network plays an important role in the inflammatory and immune responses (14–16). Because Kampo medicines are taken orally, the gastric mucosal immune system including intestinal epithelial cells may act as one of the major targets for the expression of pharmacological activity. However, the modulating activity of Kampo medicines on mucosal immune system has not been fully understood. In this study, the effect of HET on the cytokine secretion of intestinal epithelial cells was investigated using murine colonic epithelial cell line MCE301 cells in vitro.

MCE301 has been established by a primary culture of gastric mucosal cells from transgenic mice harboring a temperature-sensitive simian virus 40 large T-antigen gene (17). The cells were not transformed, as judged by the absence of anchorage-independent growth in soft agar and lack of tumor formation in nude mice. Because MCE301 cells have been shown to retain many of the characteristics of normal colonic epithelial cells (17), the studies using MCE301 cells provide useful information to understand colonic epithelial cell function and cellular response to various stimuli.

In the present study, it was found that HET enhanced the granulocyte colony-stimulating factor (G-CSF) secretion from intestinal epithelial cells. Present article deals with the effect of HET on the secretion of G-CSF. To our knowledge, this is a first report on the modulation of cytokine secretion of intestinal epithelial cells by the stimulation of Kampo medicines.

**Materials and Methods**

**Materials**

Establishment and characterization of murine normal colonic epithelial cell-line MCE301 were reported previously (17). The MCE301 cells were cultured in Dulbecco’s modified Eagle medium/Ham’s F-12 (1:1) (DMEM/F-12) medium (Sigma, St Louis, MO, USA) supplemented with 5% fetal bovine serum (FBS; Sigma), 10 µg ml⁻¹ insulin, 5.5 µg ml⁻¹ transferrin, 2 µg ml⁻¹ ethanolamine, 5 ng ml⁻¹ sodium selenite and 10 ng ml⁻¹ epidermal growth factor at 37°C in a humidified atmosphere of 5% CO₂ in air. After reached confluent, the cells were cultured at 39°C in DMEM/F-12 alone for 3 days, and then subjected to experiment. All experiments using MCE301 cells were carried out at 39°C. Phorbol 12-myristate 13-acetate (PMA) was from Sigma. Calcium ionophore, A23187, was from Calbiochem (La Jolla, CA, USA).

**Extract of HET**

Spray-dried extract preparations of HET (TJ-41, Lot No 920041001PO) was kindly supplied by Tsumura & Co. (Tokyo, Japan). HET for 1-day dose was prepared as follows: a mixture of Astragaladi Radix (4 g, roots of Astragalus membranaceus Bunge), Atractylodis lanceae Rhizoma (4 g, rhizomes of Atractylodes lancea DC.), Ginseng Radix (4 g, roots of Panax ginseng C.A. Meyer), Angelicae Radix (3 g, roots of Angelicae acutiloba Kitagawa), Bupleuri Radix (2 g, roots of Bupleurum falcatum L.), Ziziphii Fructus (2 g, fruits of Zizyphus jujuba Miller var. inermis Rehder), Aurantii Bóbili Pericarpium (2 g, pericarps of ripe fruits of Citrus unshu Markovich), Glycyrrhizae Radix (1.5 g, roots of Glycyrrhiza uralensis Fisch et DC.), Cimicifugae Rhizoma (1 g, rhizomes of Cimicifuga simplex Worms kjord) and Zingiberis Rhizoma (0.5 g, rhizomes of Zingiber officinale Roscoe) was added to water and extracted at 100°C for 1 h. The extracted solution was filtered and spray-dried to obtain dry extract powder (5 g). Chemical profile of HET obtained by the three-dimensional HPLC analysis is shown in Fig. 1.

**Animals**

Specific pathogen-free C3H/HeJ female mice (6–8 weeks old) were obtained from SLC (Shizuoka, Japan). The mice were maintained under a 24 h light and dark cycle (12 h of light, 12 h of darkness) and controlled temperature (23 ± 1°C), and they had free access to standard laboratory chow (Oriental Yeast Co., Tokyo, Japan) and water. The procedure from the Prime Minister’s Office of Japan (No 6 of March 27, 1980) for the care and use of laboratory animals was followed. The experiments were conducted in accordance with the Guidelines for Animal Use and Experimentation of the Kitasato Institute (Tokyo, Japan), and the approval number of the animal experimentation was 2006-2-35-1 (Kitasato Institute).

**Reverse Transcriptase-polymerase Chain Reaction**

Total RNA was extracted from the MCE301 cells using TRIzol® (Invitrogen, Carlsbad, CA, USA), and single
stranded cDNA was generated from 5 μg of total cellular RNA using a M-MLV reverse transcriptase (EC 2.7.7.49, ReverTra Ace®, Toyobo, Osaka, Japan) according to the instruction manuals. The resulting cDNA was amplified by the polymerase chain reaction (PCR) technique using Taq DNA polymerase (EC 2.7.7.7, Takara, Shiga, Japan) with specific primers. Gene expression of glyceraldehyde-3-phosphate dehydrogenase (EC 1.2.1.12, GAPDH) was used as a control. The condition of PCR for G-CSF and GAPDH were as follows: denature at 94°C for 30 s, anneal for 30 s and extend at 72°C for 45 s. The annealing temperature was 57°C. The numbers of cycle were 27 for G-CSF and 16 for GAPDH, respectively. The primer sequences were based on the sequences of the published cDNAs, and were as follows: 5'-gacggctcgccttgctctgcacca-3' and 5'-acctggctgccactgtttctttagg-3' for G-CSF, and 5'-gagtatgtcggtggagtctactg-3' and 5'-gatgcagggatgatgttctg-3' for GAPDH, respectively. PCR products were electrophoresed on a 1.5% agarose gel, and visualized with ethidium bromide.

Cytokine Protein Array
A murine cytokine protein array (RayBiotech Inc., Norcross, GA, USA) for simultaneous detection of G-CSF, granulocyte-macrophage colony-stimulating factor (GM-CSF), interleukin (IL)-2, IL-3, IL-4, IL-5, IL-6, IL-9, IL-10, IL-12 (p40), IL-12 (p70), IL-13, IL-17, interferon-γ (IFN-γ), monocyte chemoattractant protein (MCP)-1, MCP-5, regulated upon activation normal T cell expressed and secreted (RANTES), stem cell factor, tumor necrosis factor (TNF)-α, soluble TNF-α receptor-1, thrombopoietin, and vascular endothelial growth factor was used to analyze the expression profile of MCE301 cells by following the manufacturer's instructions. The MCE301 culture supernatants were collected after 48 h of the culture with or without stimulation with 100 μg/ml of HET. Each array membrane was incubated with blocking buffer at room temperature for 30 min to block nonspecific binding. One milliliter of the culture supernatant was incubated with each membrane at room temperature for 2 h. Horseradish peroxidase (EC 1.11.1.7)-conjugated streptavidin was then added and incubated for 45 min. The membrane was washed, incubated with the ECL chemiluminescence detection agent (Amersham Bioscience, Little Chalfont, United Kingdom) for 1 min, and exposed...
to Hyperfilm (Amersham Bioscience). The spot images were scanned, and each spot was measured by using the NIH Image-J software. The signals from negative control spots were used as the background level. The density of expression of each protein was observed as the intensity of the spot after subtraction of the background level. The relative level of expression of each protein was calculated by determining the percentage of the protein spot density based on the mean density of the positive control spots in each array. An increase of ≥2-fold in the level of the expression of each cytokine after HET stimulation was considered as significant.

**Enzyme-linked Immunosorbent Assay for G-CSF**

Enzyme-linked immunosorbent assay (ELISA) kits for murine G-CSF was obtained from R&D systems (Minneapolis, MN, USA). The tests were performed according to the supplier’s instruction manuals.

**Isolation of Colonic Epithelial Cells**

Primary murine colonic epithelial cells were isolated from C3H/HeJ mice (6 weeks old) using a modification of previously described procedure (18). In brief, the colon was removed and washed four times with Hanks’ balanced salt solution (HBSS) and supplemented with 100 U ml⁻¹ penicillin, and 100 µg ml⁻¹ streptomycin. Segments of tissue were then incubated for 60 min at 37°C in 10 ml of DMEM containing 100 mg Dispace I (EC 3.4.24.4, Invitrogen, Carlsbad, CA, USA) in a 50 ml centrifuge tube with constant gentle rotation. The digest was then passed through a steel mesh sieve to remove mucus and undigested fragments of the tissue. The recovered cells were then washed three times with HBSS by centrifugation at 1500 rpm for 5 min. The macrophages were depleted by panning from the suspension of cells at 37°C for 1 h on a 10 cm diameter Petri dish (Falcon 3003, Becton Dickinson, Franklin Lakes, NJ, USA). Non-adherent cells were collected and re-suspended in DMEM-FBS and loaded onto a 10 cm diameter Petri dish (Falcon 3003). The cells were analyzed by flow cytometry using FITC-labeled anti-CD3 Ab (clone 145-2C11), PE-labeled anti-CD45R/B220 Ab (RA3-6B2) and PE-labeled anti-CD11b Ab (M1/70), was less than 1.0%.

**Fractionation of HET**

Fractionation of HET was performed according to previously described procedure (19). In brief, HET was fractionated into five fractions by methanol extraction, water extraction, dialysis and ethanol precipitation.

**Periodate Oxidation of F-5**

The procedure was performed as described previously (19). In brief, 1 g of F-5 was dissolved in 250 ml of 50 mM acetate buffer (pH 4.5), and then 75 mM sodium periodate (250 ml) was added. After the reaction mixture was incubated at 4°C in the dark for 96 h, 1 ml of ethylene glycol was added to destroy excess periodate and then the mixture was dialyzed against water for 96 h. Non-dialyzable solution was concentrated to 10 ml, and 10 mg of sodium tetrahydridoborate was added to the concentrate. The reaction mixture was stirred for 12 h at room temperature, and then neutralized with acetic acid. Finally, the oxidized product was obtained as a lyophilizate after dialysis. The yield of oxidized F-5 from F-5 was 56.5%.

**Amylase Digestion of F-5**

One gram of F-5 was dissolved in 500 ml of 50 mM acetate buffer (pH 5.0) containing 2 mM calcium acetate, and then 900 Unit of α-amylase (Bacillus subtilis, α-1,4-glucan-4-glucanohydrolase; EC 3.2.1.1, SEIKAGAKU Co., Tokyo, Japan) and 1000 Unit of β-amylase (sweet potato, α-1,4-glucan maltohydrolase; EC 3.2.1.2, SEIKAGAKU Co.) were added, and then incubated for 72 h at 37°C. After neutralization with 1 M sodium hydroxide, the reaction mixture was boiled to destroy the enzymes. The amylase digested F-5 was obtained as a lyophilizate after dialysis. The yield of amylase digested F-5 from F-5 was 46.4%.

**Analytical Methods**

Total carbohydrate, uronic acid and protein contents were determined by phenol–H₂SO₄ (20), m-hydroxybiphenyl (21) and Bradford’s methods (22) with Bio-Rad dye (Bio-Rad, Hercules, CA, USA) by using galactose, galacturonic acid and bovine serum albumin (BSA) as the respective standards. Component sugars of the samples were analyzed by gas–liquid chromatography (23) on a DB-1 capillary column (0.25 mm i.d. × 30 m, 0.2 µm film thickness, J&W Scientific, CA, USA); the temperature program was: 60°C for 1 min, 60–170°C (30°C min⁻¹), 170–190°C (1°C min⁻¹), and 190–300°C (30°C min⁻¹).

**Statistical Analysis**

Data were expressed as mean±SD, and differences between groups were analyzed by Student’s t-test, and by analysis of variance (ANOVA) followed by post hoc analyses using Bonferroni/Dunn and Scheffe’s test using.
a personal computer with the StatView-J program for Macintosh (SAS Institute Inc., Cary, NC, USA). The probability \((P)\) values < 0.05 were considered significant.

### Results

**Protein Array Analysis on Cytokine Secretion from Murine Normal Colonic Epithelial Cell-Line MCE301 Cells**

In order to evaluate whether HET modulates the cytokine secretion of intestinal epithelial cells, the cytokines in the culture supernatant of the murine colonic epithelial cell line MCE301 cells were analyzed by the cytokine protein array. When MCE301 cells were cultured in the presence of HET, significantly increased intensity of the spot of G-CSF was observed (Fig. 2A), and the intensity of the spot was increased 2.5-fold compared with that of unstimulated vehicle control. No measurable change in the intensity of the spot of other tested cytokines including GM-CSF was observed on the array (Fig. 2A). When MCE301 cells were stimulated with PMA plus A23187, which was used as a positive control, enhanced secretions of G-CSF was observed (Fig. 2B).

**Enhancement of G-CSF Secretion from Murine Normal Colonic Epithelial Cell-Line MCE301 Cells**

When MCE301 cells were stimulated with HET, the G-CSF secretion from MCE301 cells was enhanced in dose- and time-dependent manners (Fig. 3A and B).

To determine whether the enhanced G-CSF secretion by HET was attributable to enhanced G-CSF gene transcription, mRNA was isolated from MCE301 cells stimulated with HET for 24 h, and then expression of G-CSF mRNA measured by RT-PCR. The enhanced G-CSF gene transcription by the stimulation of HET was observed (Fig. 3C and D). These results suggest that the G-CSF expression in response to HET is regulated, at least partially, at the transcriptional level.

**Enhancement of G-CSF Secretion from Primary Cultured Murine Colonic Epithelial Cells**

When primary cultured murine colonic epithelial cells from C3H/HeJ mouse were stimulated with HET, the enhanced G-CSF secretion from the cells was observed (Fig. 4). These results suggest that HET also stimulates the secretion of G-CSF from intestinal epithelial cells.

**Active Ingredient in HET for the G-CSF Secretion Enhancing Activity**

HET was fractionated into five fractions by methanol extraction, water extraction, dialysis and ethanol precipitation in order to divide it into the fractions containing low molecular weight ingredients, intermediate-size ingredients and high molecular weight ingredients (Fig. 5A). Of these fractions, only the high molecular weight polysaccharide fraction (F-5) showed the G-CSF secretion enhancing activity (Fig. 5B), and the other fractions did not show any activity (Fig. 5B). F-5 was composed of about 105.3% of carbohydrate as galactose, which mainly comprised arabinose, galactose, glucose.
and galacturonic acid, in addition to 7.5% of protein as BSA (Table 1). In order to clarify which molecules in F-5 contribute to the expression of the G-CSF secretion enhancing activity, the F-5 fraction was treated with periodate (chemical degradation of carbohydrate moiety) or amylase (enzymatic digestion of amylose moiety), and the G-CSF secretion enhancing activity of each product was compared with that of the untreated F-5. Chemical properties of F-5 modified by chemical and enzymatic treatments were shown in Table 2. The enhancing activity of F-5 on G-CSF secretion disappeared after periodate oxidation of F-5 (Fig. 6), whereas the activity of F-5 was increased significantly by amylase digestion of F-5 (Fig 6). These observations suggest that polysaccharide(s) is one of active ingredients of HET, and the heteropolysaccharide(s) other than amylose type polysaccharide(s) plays an important role in expression of the activity.

**Discussion**

It has been reported that G-CSF is produced by many different types of cells such as stimulated monocytes/macrophages, lymphocytes, endothelial cells and fibroblasts (24). It has also been reported that human colonic adenocarcinoma HT-29 cells secreted G-CSF when stimulated with IL-1β and TNF-α (25). In the present study, it was shown that the HET-enhanced G-CSF secretion from primary cultured colonic epithelial cells and normal colonic epithelial cell-line MCE301 cells. So far as we know, this is a first description that the normal intestinal epithelial cells secrete G-CSF after stimulation. The intestinal tract possesses a large area and the inner surface was covered by a number of the epithelial cells. Therefore, it is presumed that the intestinal epithelial cells may be one of major source of G-CSF in the body.
Bacterial endotoxin, LPS is known as a G-CSF potent inducer (26). The enhanced G-CSF secretion by HET was also observed in primary cultured colonic epithelial cells from LPS-non-responder C3H/HeJ mice, it was suggested that this enhancing effect of HET is not dependent on LPS.

In the present study, it was shown that the polysaccharide(s) in HET is responsible for the enhanced G-CSF secretion from intestinal epithelial cells, suggesting that polysaccharide(s) is one of important immunomodulating constituents in HET. HET consists of 10 component crude drugs, and contains a number of low molecular weight compounds (Fig. 1), which may possess immunomodulatory and immunosuppressive effects. Although low molecular fractions in HET did not show any G-CSF secretion enhancing activity (Fig. 5B), the complex interactions such as the synergistic or antagonistic effects among various ingredients including polysaccharide(s) would produce the pharmacological effects of HET as a whole. Thus, it is assumed the whole effect as a HET is absolutely not a simple sum of each effect induced by its constituents.

In a recent phase I clinical trial, Lehne et al. (27) reported the IgA concentration in saliva increased significantly following the oral administration of the soluble branched yeast β-1,3-d-glucan despite lack of systemic absorption of the polysaccharide. There are many reports that orally administered polysaccharides from plant, seaweed or fungus origin exert various pharmacological activities including immunomodulating activity (28–31). However, the mode of action of the polysaccharides including their target cells has been unclear because it has been widely believed that polysaccharides are not absorbed from digestive tract due to their high molecular weight (32). Therefore, it is important to clarify the detailed mode of action of the pharmacologically active polysaccharides on the modulating activity of intestinal immune system.

Figure 4. Enhanced secretion of G-CSF from colonic epithelial cells by HET. A primary cultured colonic epithelial cells from C3H/HeJ mouse were stimulated in 96-well culture plate for 24 h with or without 100 µg ml⁻¹ of HET, and G-CSF content in the supernatant was measured using an ELISA for murine G-CSF. Data were expressed as mean ± SD (n = 3), and analyzed by Student’s t-test.

Figure 5. Fractionation of HET and the G-CSF secretion enhancing activity of the fractions from F-5. (A) A scheme of the fractionation of HET. HET was fractionated into five fractions by methanol extraction, water extraction, dialysis and ethanol precipitation. (B) G-CSF secretion enhancing activity of the fractions. MCE301 cells were cultured for 48 h in 24-well culture plate with HET or its fractions, and G-CSF content in the supernatant was measured using an ELISA. The concentration of each fraction for assay was calculated to be equivalent to 100 µg ml⁻¹ of HET from the sum of recover rate and the yield of each fraction. Data were expressed as mean ± SD (n = 3), and analyzed by ANOVA followed by post hoc analysis using Scheffe’s test.
The polysaccharide(s) in HET-enhanced G-CSF secretion from intestinal epithelial cells, suggesting that the intestinal epithelial cells act as one of the major target cells for the expression of immunopharmacological activity of the orally administered polysaccharides. However, whether orally active other polysaccharides modulate the cytokine secretion of intestinal epithelial cells, it is now not known.

G-CSF was identified initially as a growth factor for granulocyte, and characterized as a cytokine inducing both proliferation and maturation of granulocyte (33–36). There is growing evidence that G-CSF also exerts profound immunoregulatory effects in adaptive immunity (37–39). G-CSF induces regulatory T cells and regulatory dendritic cell (DC)-like cell (40–42). G-CSF modulates the balance between T helper 1 (Th1) and Th2 immune responses by affecting cytokine production (43–46). In addition, there is emerging data suggesting that G-CSF is a potential new agent for neuroprotection (47,48). Thus, G-CSF is considered as a pleiotropic cytokine playing a major role as regulators of hematopoiesis, innate and adaptive immune responses, etc. Therefore, the enhanced G-CSF secretion from intestinal epithelial cells by HET may contribute to the clinically observed various medicinal effects such as promoting the recovery of leucopenia after chemotherapy, reinforcement effect on resistance to infection, and improving allergic physical condition. Details of the G-CSF secretion enhancing activity of HET, including possible mode of action as well as active substances, are now underway, and it will be described in a following paper.

Acknowledgements
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### Table 1. Chemical properties of sub fraction obtained from HET

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<th>F-2</th>
<th>F-3</th>
<th>F-4</th>
<th>F-5</th>
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<td>6.9</td>
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<td>Component sugar (mol%)</td>
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n.d.: Not determined.
*Phenol-sulfuric acid method (as galactose); *Hydroxybiphenyl method (as galacturonic acid); Bradford method (as bovine serum albumin).

### Table 2. Chemical properties of subfraction (F-5) modified by chemical and enzymatic treatments

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<th>F-5</th>
<th>Periodate oxidized</th>
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<td>Recover rate (% from F-5)</td>
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<tr>
<td>Carbohydrate content</td>
<td>105.3</td>
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<td>Component sugar (mol%)</td>
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<td>Galacturonic acid</td>
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<td>61.4</td>
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</table>

*Phenol-sulfuric acid method (as galactose); *Hydroxybiphenyl method (as galacturonic acid); Bradford method (as bovine serum albumin).

G-CSF was identified initially as a growth factor for granulocyte, and characterized as a cytokine inducing both proliferation and maturation of granulocyte (33–36). There is growing evidence that G-CSF also exerts profound immunoregulatory effects in adaptive immunity (37–39). G-CSF induces regulatory T cells and regulatory dendritic cell (DC)-like cell (40–42). G-CSF modulates the balance between T helper 1 (Th1) and Th2 immune responses by affecting cytokine production (43–46). In addition, there is emerging data suggesting that G-CSF is a potential new agent for neuroprotection (47,48). Thus, G-CSF is considered as a pleiotropic cytokine playing a major role as regulators of hematopoiesis, innate and adaptive immune responses, etc. Therefore, the enhanced G-CSF secretion from intestinal epithelial cells by HET may contribute to the clinically observed various medicinal effects such as promoting the recovery of leucopenia after chemotherapy, reinforcement effect on resistance to infection, and improving allergic physical condition. Details of the G-CSF secretion enhancing activity of HET, including possible mode of action as well as active substances, are now underway, and it will be described in a following paper.
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References

Hochuekkito, a Kampo medicine


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