

Supplementary material

Table S1. Odds ratios for hypertension by three levels of lifestyle factors for each Sasang constitution type (A), and by Sasang constitution type with each lifestyle pattern (B).

(A)

	So-Eum	So-Yang	Tae-Eum	Total
Unhealthy lifestyle (0–1 points)	1.00	1.00	1.00	1.00
Average lifestyle (2–3 points)	0.37* (0.17, 0.81)	0.59** (0.41, 0.86)	0.84 [†] (0.68, 1.03)	0.64*** (0.54, 0.77)
Healthy lifestyle (4–5 points)	0.41* (0.19, 0.94)	0.45*** (0.30, 0.68)	0.62** (0.48, 0.82)	0.42*** (0.34, 0.51)

[†]: p<0.1, *: p<0.05, **: p<0.01, ***: p<0.001.

(B)

	So-Eum		So-Yang		Tae-Eum	
	N	OR (95% CI)	N	OR (95% CI)	N	OR (95% CI)
Unhealthy lifestyle (0–1 points)	32	1.00	153	1.29 (0.59, 2.87)	536	1.78 (0.86, 3.78)
Average lifestyle (2–3 points)	432	1.00	775	1.77*** (1.37, 2.29)	2,190	3.13*** (2.49, 3.96)
Healthy lifestyle (4–5 points)	540	1.00	541	2.21 (0.92, 1.59)	593	2.07*** (1.60, 2.69)

***: p<0.001. OR: odds ratio.