Research Article

Joint Assessment of Structural, Perfusion, and Diffusion MRI in Alzheimer’s Disease and Frontotemporal Dementia

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Most MRI studies of Alzheimer’s disease (AD) and frontotemporal dementia (FTD) have assessed structural, perfusion and diffusion abnormalities separately while ignoring the relationships across imaging modalities. This paper aimed to assess brain gray (GM) and white matter (WM) abnormalities jointly to elucidate differences in abnormal MRI patterns between the diseases. Twenty AD, 20 FTD patients, and 21 healthy control subjects were imaged using a 4 Tesla MRI. GM loss and GM hypoperfusion were measured using high-resolution T1 and arterial spin labeling MRI (ASL-MRI). WM degradation was measured with diffusion tensor imaging (DTI). Using a new analytical approach, the study found greater WM degenerations in FTD than AD at mild abnormality levels. Furthermore, the GM loss and WM degeneration exceeded the reduced perfusion in FTD whereas, in AD, structural and functional damages were similar. Joint assessments of multimodal MRI have potential value to provide new imaging markers for improved differential diagnoses between FTD and AD.

1. Introduction

Alzheimer’s disease (AD) and frontotemporal dementia (FTD) are two of the most common and devastating disorders that result in dementia in the elderly population. Although the definitive diagnosis of each type of dementia is not possible until autopsy, biomarkers based on magnetic resonance imaging (MRI), providing measurements of brain volume, perfusion, and white matter integrity, have been promising for improved diagnosis and prediction of dementia progression [1]. In AD, which is a progressive dementing disorder associated with cognitive impairments beginning with episodic memory deficits, MRI measurements of brain volume have shown characteristic gray matter (GM) loss primarily in medial temporal lobe regions [2, 3] whereas functional studies using arterial spin labeling MRI or PET/SPECT imaging have shown prominent changes primarily in the parietal lobe (including the posterior cingulate gyrus and lateral temporoparietal areas) [4–7], though regions of structural, and functional alterations can overlap. Furthermore, diffusion tensor imaging (DTI), a unique method to assess the integrity of white matter microstructure, have revealed white matter (WM) alterations in AD, involving the parietal, temporal, and frontal brain regions [8–13]. In FTD, which is associated with impairments of social behaviors, personality, and executive functions, MRI has shown characteristic patterns of structural GM loss [14, 15] and GM dysfunction [16–20] primarily in frontal and anterior temporal lobes. WM volume loss [21, 22] and WM degradation in FTD [23–25] have also been reported in the frontal and temporal regions.

Using biomarkers of neurocognitive measurements to differentiate between AD and FTD are often difficult because of overlapping symptoms. Several studies using imaging markers compared differences in abnormal brain patterns between AD and FTD directly. Structural MRI showed that
AD was associated with greater GM loss than FTD in posterior brain regions [26, 27] whereas FTD was associated with more severe GM loss than was AD in frontal brain regions [26, 28–30]. Similarly, functional imaging such as PET/SPECT and perfusion MRI showed that AD was associated with greater reduced cerebral blood flow or metabolism than FTD in parietal and occipital brain regions [16, 28, 30–32]; whereas FTD was associated with greater frontal dysfunction than AD [16, 30, 32]. In addition to differences in GM, we have previously reported differences in WM between AD and FTD [25]. Specifically, measurements of fractional anisotropy (FA)—a summary measure of DTI indexing WM integrity—indicated greater WM degradation (FA reduction) of frontal brain regions in FTD compared to AD. Furthermore, no brain region in AD was shown to have more WM degradation when compared to FTD. Taken together, these findings suggest that AD and FTD are each associated with disease-specific regional patterns of GM and WM alterations. Recent multimodality strategies [33, 34] of combined radiological markers such as analyzing brain volume and perfusion or WM changes together have shown superior power than that using conventional single modality domain (e.g., brain volume measurement alone) in diagnosis of AD. However, to our knowledge, rarely did MRI studies evaluate GM and WM differences between AD and FTD jointly.

In this study we present a new approach to compare structural, perfusion, and diffusion alterations between AD and FTD using T1-weighted high-resolution structural MRI, arterial spin-labeled perfusion MRI (ASL-MRI), and DTI. The objective was to determine if a joint evaluation of multimodal MRI could provide a biomarker for a differential diagnosis between AD and FTD.

2. Methods and Materials

2.1. Subjects. Twenty AD patients (mean age and standard deviation: 63.1 ± 6.9 yrs) with a Mini-Mental State Examination (MMSE) [35] score of on average 21.9 ± 5.6, 20 patients with FTD (age: 60.7 ± 9.9 yrs; MMSE: 23.1 ± 5.6) and 21 cognitively normal (CN) subjects (age: 61.9 ± 9.6 yrs; MMSE: 29.6 ± 0.5) were included in this cross-sectional MRI study. A summary of the subject demographics and relevant clinical information are listed in Table 1. The patients with FTD and AD were recruited from the Memory and Aging Center of the University of California, San Francisco. All patients were diagnosed based on information obtained from an extensive clinical history and physical examination. The MR images were used to rule out other major neuropathologies such as tumors, strokes, or inflammation but not to diagnose dementia. The subjects were included in the study if they were between 30–80 years old and without history of brain trauma, brain tumor, stroke, epilepsy, alcoholism, psychiatric illness, or other systemic diseases that affect brain function. FTD was diagnosed according to the consensus criteria established by Neary et al. [36]. All FTD patients were diagnosed with the frontal variant subtype, two of which had combined motor neuron-related symptoms. AD patients were diagnosed according to the criteria of the National Institute of Neurological and Communicative Disorders and Stroke-Alzheimer’s Disease and Related Disorders Association (NINCDS/ADRDA) [37]. All subjects received a standard battery of neuropsychological tests including assessment of global cognitive impairment using MMSE and global functional impairment using the Clinical Dementia Rating (CDR) scale [38]. Fifty-seven out of all 61 subjects had blood drawn for APOE genotyping. Reliable information about the age of onset of symptoms was available from 12 out of 20 AD patients and from all 20 FTD patients. Because it is not unusual for subjects in this age group to have WM signal hyperintensities (WMSH) on MRI, subjects with WMSH were included. An experienced radiologist reviewed all MRI data, and the scores of WMSH were used as covariates in the analysis. The severity of WMSH was classified as mild (deep white matter lesions ≤3 mm, and periventricular hyperintensities <5 mm thickness), moderate (deep white matter lesions between 4–10 mm, or periventricular hyperintensities between 6–10 mm thickness), or severe (deep white matter lesions >10 mm, or periventricular hyperintensities >10 mm thickness), according to the Scheltens’ rating scale [39]. All subjects or their legal guardians gave written informed consent before participating in the study, which was approved by the Committees of Human Research at the University of California and the VA Medical Center at San Francisco.

2.2. Data Acquisition. All scans were performed on a 4 Tesla (Bruker/Siemens) MRI system with a single housing birdcage transmit and 8-channel receive coil. T1-weighted images were obtained using a 3D volumetric magnetization prepared rapid gradient echo (MPRAGE) sequence with TR/TE/TI = 2300/3/950 ms, 7-degree flip angle, 1.0 × 1.0 × 1.0 mm³ resolution, 157 continuous sagittal slices. In addition, FLAIR (fluid attenuated inversion recovery) images with timing TR/TE/TI = 5000/355/1900 ms were acquired to facilitate the evaluation of WMSH. Perfusion images were acquired using a continuous arterial spin labeling (cASL) sequence [40] with a single-shot echo-planar imaging (EPI) part to map the perfusion signal. cASL-MRI was performed with TR/TE = 5200/9 ms with 2-second long labeling pulses and a one-second postlabeling delay. Sixteen slices with 5 mm slice thickness and 1.2 mm interslice gap, 3.75 × 3.75 mm² in-plane resolution were acquired. DTI was acquired based on a dual spin-echo EPI sequence supplemented with two-fold parallel imaging acceleration (GRAPPA) [41] to reduce susceptibility distortions. Other imaging parameters were TR/TE = 6000/77 ms, field of view 256 × 224 cm, 128 × 112 matrix size, yielding 2 × 2 mm² in-plane resolution, 40 slices each 3 mm thick. One reference image (b = 0) and six diffusion-weighted images (b = 800 s/mm², along 6 noncollinear directions) were acquired.

2.3. Data Analyses. The assessment of brain volume changes were performed using SPM8 software (http://www.fil.ion.ucl.ac.uk/spm/software/spm8/) based on an “optimized” VBM procedure described by Ashburner and Friston [42]. The procedure included several steps. (1) Tissue segmentation: An expectation maximization segmentation (EMS)
algorithm [43] was applied to obtain probabilistic maps of GM, WM, and CSF from the T1-weighted MRI data. (2) Spatial normalization: first, customized GM and WM prior images were created by transforming GM and WM probabilistic maps of all subjects into the standard MNI (Montreal Neurological Institute) space [42]. The segmented GM probabilistic maps in their native spaces were then spatially normalized again to the customized GM prior image using a nonlinear transformation with 16 interactions. (3) Jacobian modulation: the spatially normalized GM images were multiplied by the Jacobian determinants of the transformation (modulation) to obtain volume differences. (4) Smoothing: the modulated GM images were smoothed with an 8 mm full-width-at-half-maximum (FWHM) isotropic Gaussian kernel to reduce variations from misregistrations and to perform voxelwise image statistics.

The assessment of perfusion changes included the following steps. (1) Cerebral blood flow (CBF) image calculation: a perfusion-weighted (PWI) image was created by pairwise subtraction of coregistered labeled from unlabeled ASL images. The PWI images were then scaled to obtain a quantitative CBF image based on a single compartment perfusion model [44]. (2) Intermodality coregistration: ALS perfusion and the corresponding T2- and T1-weighted image were coregistered using an affine alignment to establish anatomical correspondence between CBF and segmented GM images and to compute partial volume-corrected CBF in GM. (3) Partial volume correction: partial volume correction of CBF images was performed by rescaling CBF in each voxel proportionately to the GM and WM content, assuming that perfusion of white matter is only 25% of that of GM, as detailed by Du et al. [16]. (4) Spatial normalization: the partial volume-corrected CBF images in GM were spatially normalized to the customized GM prior image that was created from the previous processing of VBM, using the same nonlinear transformation and smoothing parameters.

The assessment of white matter integrity was performed based on DTI and computation of fractional anisotropy (FA) maps, using the dTV.II software [45] and Volume-one software package (URL: http://www.ut-radiology.umin.jp/people/masutani/dTV.htm), supplemented by automatic image denoising and eddy-current corrections. SPM8 software was used for voxelwise analysis of the FA images as outlined in detail elsewhere [25]. In brief, the FA images in the native space underwent the following procedures. (1) Creation of a customized FA template: an averaged FA image was first created from all subjects’ FA images that initially transformed to the EPI-derived MNI template in SPM. This averaged FA image was further co-registered to the WM prior image using affine alignment and manual adjustment [46] to archive a customized FA template that accurately correspond to the anatomical information in the WM prior image. (2) Spatial normalization and smoothing: the FA image of each subject in the native space was recursively normalized to the customized FA template using the same nonlinear transformation and smoothing parameters that were applied in the previous VBM procedure.

### 2.4. Statistics

Paired group differences were evaluated voxel-by-voxel using a general linear model with diagnosis as main contrast and age, sex, and the years of education as covariates. In addition, total intracranial volume (TIV) was used as a covariate in test for volume differences and global mean perfusion was used as a covariate in test for perfusion differences. A threshold of at least 85% GM volume fraction in voxels was applied to restrict GM volume and perfusion analyses to voxels containing predominantly GM. Similarly, a threshold of at least 80% WM volume fraction was applied to restrict FA analysis to voxels containing predominantly WM. The statistical significance for main effects of abnormalities, which was only the prestep for joint analyses, was set to an uncorrected voxel-level P value of .001.

To test if FTD and AD differ with respect to WM and GM abnormalities, we started by determining the number of voxels representing “abnormal” values for each patient and each MRI modality. This was conducted by recording voxelwise differences between an individual’s image value (GM volume, GM perfusion, or WM FA) and the respective mean

| Table 1: Demographic and clinical data summary. |
|-----------------|-----------------|-----------------|
| **Normal**      | **AD**          | **FTD**         |
| Number of subjects | 21              | 20              | 20               |
| Age (years)     | 61.9 ± 9.6      | 63.1 ± 6.9      | 60.7 ± 9.9       |
| Age range (years) | 33–73          | 51–73           | 32–74            |
| Sex (M: F)      | 11 : 10         | 11 : 9          | 13 : 7           |
| Years of Education (years) | 16.8 ± 2.5 | 15.7 ± 3.0      | 16.2 ± 3.2       |
| MMSE            | 29.6 ± 0.5      | 21.9 ± 5.6      | 23.1 ± 5.6       |
| CDR             | 0               | 0.8 ± 0.3       | 1.2 ± 0.6        |
| APOE-e4 (carriers: non-carriers) | 3:17a | 14:5a          | 7:11b            |
| Age of onset (years) | NA            | 56.2 ± 5.7c    | 55.1 ± 9.9       |
| Symptom duration (years) | NA            | 3.25 ± 1.6c    | 5.3 ± 4.9        |

| a value for one subject is missing. |
| b value for two subjects is missing. |
| c value for 8 subjects is missing. |

WMSH = white matter signal hyperintensities.
value of the control group. The difference was then normalized to the standard error of the control mean value to express abnormality as a T-score [47]. High T-scores represent high abnormalities beyond the normal ranges. Next, the number of “abnormal” voxels above a T-score threshold was recorded and normalized to the total number of GM or WM voxels to account for each patient and each modality to quantify the extent of brain abnormality. We termed the number of normalized “abnormal” voxels load. Differences in loads between AD and FTD patients were evaluated statistically via permutation test with 1000-fold completely random resampling of the diagnostic labels (AD and FTD), using the R project (http://www.r-project.org/). The statistics on the loads were evaluated for T-score values ranging from −2 (indicating a mild abnormality level) to −6 (indicating a severe abnormality level). Using the permutation test, we also assessed whether the load from a specific MRI modality (e.g., WM FA) relative to another (e.g., GM loss) modality, termed conditional load, differed within and across the diagnosis groups. The level of significance for permutation tests was set at $P = .05$.

3. Results

3.1. Demographic Clinical Data. As shown in Table 1, there were no significant differences in age, sex, years of education, and severity of WMSH between each patient group (AD or FTD) and controls. AD and FTD patients had significant lower MMSE ($P < .001$, by ANOVA test) scores compared with controls, as expected. Furthermore, AD patients had a greater proportion of APOE-e4 carriers than CN ($P = .04$ by $\chi^2$ test) but the FTD patients did not ($P = .35$ by $\chi^2$ test) when compared to CN. AD and FTD patients did not differ significantly with respect to age, sex, years of education, MMSE, CDR, age of onset, symptom duration, and severity of WMSH. To avoid further reductions in sample size due to the missing values, we did not perform the joint analysis on the number of normalized “abnormal” voxels. Differences in loads between AD and FTD patients were evaluated statistically via permutation test with 1000-fold completely random resampling of the diagnostic labels (AD and FTD), using the R project (http://www.r-project.org/). The statistics on the loads were evaluated for T-score values ranging from −2 (indicating a mild abnormality level) to −6 (indicating a severe abnormality level). Using the permutation test, we also assessed whether the load from a specific MRI modality (e.g., WM FA) relative to another (e.g., GM loss) modality, termed conditional load, differed within and across the diagnosis groups. The level of significance for permutation tests was set at $P = .05$.

3.2. Spatial Distribution of MRI Abnormalities in AD and FTD Compared to CN. Figures 1(a)–1(d) depict the regional distributions of GM loss (in warm color), GM hypoperfusion (in green color), and reduced WM FA (in blue color) in AD and FTD, compared to CN, respectively, as well as the direct comparisons between AD and FTD, based on voxel-wise tests prior to the joint analysis. For better visualization of regional relations, the various distributions are overlaid on each other in Figure 1(d).

Compared to CN, AD patients showed widespread GM loss in bilateral parietal and temporal lobes. The left temporoparietal lobes had the most prominent GM loss. Other regions of GM loss in AD included the posterior cingulate gyrus, thalamus, and bilateral occipital lobes. Compared to CN, FTD patients showed GM loss predominantly in bilateral frontal and temporal lobes. The right frontoinsular gyrus showed the most prominent GM loss. Other regions of GM loss included limbic lobes such as bilateral anterior cingulate gyrus, uncus, subcortical nuclei including the bilateral caudate and the thalamus, and the lateral parietal lobes. Comparing FTD and AD directly, patients with AD showed more GM loss than FTD in bilateral occipital gyrus, left precuneus whereas FTD showed more GM loss in bilateral frontal lobes, including the orbital gyrus, inferior and medial frontal gyrus, and anterior cingulate gyrus.

Regarding perfusion, AD patients showed reductions relative to CN in bilateral temporoparietal lobes, including superior temporal gyrus, precuneus and posterior cingulate gyrus. Hypoperfusion in AD was most pronounced in the left temporal gyrus. Compared to CN, FTD patients showed reduced perfusion in bilateral frontal lobes, including inferior, medial, and superior frontal gyrus, anterior cingulate gyrus, and thalamus. Hypoperfusion in FTD was most pronounced in the right inferior frontal gyrus. Compared to FTD, AD patients showed significant hypoperfusion in the left superior temporal gyrus, claustrum; whereas compared to AD, FTD patients had significant hypoperfusion in right superior, middle, and bilateral medial frontal gyrus.

Regarding WM FA, AD patients had FA reductions relative to CN bilaterally in WM regions in parietal, temporal, and some frontal lobe regions. The periventricular deep WM, posterior corpus callosum and the left posterior cingulum exhibited the most prominent FA reductions. In contrast, FTD patients had widespread FA reductions relative to CN bilaterally in frontal and temporal lobes, and the anterior corpus callosum, and bilateral anterior cingulum were prominently involved. Compared to AD, FTD patients had lower FA values bilaterally in frontal deep WM, anterior corpus callosum and bilateral anterior cingulum, whereas AD patients showed no region with significantly lower FA values when compared to the FTD group.

3.3. Differences between AD and FTD in GM Volume, Perfusion, or WM Damage. We first tested if loads differed between AD and FTD. Figure 2(a) displays the loads of GM loss (2A-I), GM hypoperfusion (2A-II), and WM FA (2A-III) reduction, respectively, in AD and FTD over a range of T-score levels (deviation from normal). The significance of differences in the loads between AD and FTD as a function of T-scores is plotted in Figure 2(b), and separately for each type (GM Vol, GM Perf, WM FA) of load. Note, the loads and the $P$ values are plotted on a logarithmic scale and increasing negative T-scores indicate increasing deviation from normal values. This demonstrates that there is a significantly greater load of WM FA reduction in FTD compared to AD at mild abnormality levels (up to T-scores of about −2.3) while the significance gradually vanishes at more severe abnormality levels. There is a trend ($P = .07$ to .1) towards more GM loss in FTD compared to AD at moderate to severe abnormality levels (T-scores < −4). However, the load of GM hypoperfusion does not differ significantly between AD and FTD across the range of T-scores.

3.4. Joint Assessment of GM Volume, Perfusion, and WM FA Damages in AD or FTD. Figure 3 shows the conditional loads (the load in one MRI modality relative to another) over
3.5. Differences between AD and FTD in Joint Modalities.

Finally, we also tested if AD and FTD differed with regard to their conditional *loads* from a particular modality relative to that from reference modality but found no significant difference between the groups ($P > .1$) across all ranges of the abnormalities (T-score) levels.

In FTD, by contrast (Figures 3(b) and 3(d)), the *load* of GM volume loss as well as the *load* of reduced WM FA are each significantly greater relative to the *load* of GM hypoperfusion at lower levels of abnormality (up to T-scores $= -4$). However, as abnormality increases (T-scores $< -4$), the significance of the difference in the *load* of GM volume loss or WM FA reductions relative to GM hypoperfusion gradually disappears. There are no significant differences between the *load* of GM loss and the *load* of WM FA reductions across all ranges of abnormalities levels in FTD patients.
by the presences of neuronal and glial inclusions [48, 49] in FTD is tauopathies or ubiquitin immunoreactive inclusions pathology of AD at their early disease stages. The hallmark of may be more sensitive to the pathology of FTD than to the than AD at mild levels of abnormality suggests that WM regional patterns of brain alterations than healthy controls. 

Networks, which is a characteristic feature of FTD [26], sug-
gests that WM denegation in anterior brain could also be a primary FTD pathology. In contrast to FTD, the hallmark of AD is the deposition of amyloid plaques and neurofibrillary tangles that are associated with loss of neurons and synapses [55, 56]. WM pathology in AD has been suggested to occur secondarily to GM pathology and may include reduction of myelin, axons, and oligodendrocytes [57, 58]. A vascular origin of WM pathology in AD has also been suggested [59]. However, WM pathologies in AD are usually considered mild and potentially reversible [60]. Interestingly, our data showed that differences in WM damage between AD and FTD disappeared at higher abnormality levels. It is possible to suggest that AD and FTD undergo similar WM pathologies at a severe brain damage level. One explanation is that severe WM abnormalities are an outcome of irreversible vascular damage, such as appearance of WMSH, which affects AD and FTD similarly [61]. Another possible explanation is that WM changes resulting from degeneration of corticocortical connections may inevitably occur in both AD and FTD.

In addition, we found a trend of more GM loss in FTD than AD at moderate to severe levels of abnormality. This observation is consistent with histopathological studies showing substantial loss of spindle neurons in the cortex in FTD but not in AD [62]. The finding is also in agreement with several MRI studies [29, 30, 63, 64] which compared FTD and AD directly, showing regionally greater GM loss in FTD when compared to AD but no greater GM loss in AD when compared to FTD. Similarly, several longitudinal studies reported greater rates of GM atrophy in FTD when compared to AD [65, 66]. However, some MRI studies [26, 67] reported greater GM loss in AD compared to FTD, though the extent of the GM losses varied regionally. The discrepancy may result from notorious difficulties to adequately match impairment severity in FTD and AD given substantial differences in symptomatology, although our current study attempted to match the severities (such as the measures of CDR, MMSE) of AD and FTD groups as closely as possible.

The second major finding that GM loss and WM damage exceed perfusion damage in FTD may be explained by loss of brain tissue other than neurons contributing to GM atro-
phy in FTD. Information about differential loss of various types of brain tissue may be particularly relevant in earlier

4. Discussion

We have two main findings. First, FTD patients exhibited more WM damage than AD patients at mild abnormality levels (i.e., small T-scores). The difference vanished gradually for more severe abnormality levels (i.e., larger T-scores). Second, FTD patients had greater GM loss and WM damage relative to GM hypoperfusion, although the differences of damage between modalities gradually vanished with increasing levels of abnormality. In contrast to FTD, AD patients had equal damage in all three modalities, irrespective of the level of abnormality. Taken together, the results suggest that FTD and AD differ in amount of WM and GM structural and functional damages, in addition to their characteristic regional patterns of brain alterations than healthy controls.

Our first main finding of greater WM damage in FTD than AD at mild levels of abnormality suggests that WM may be more sensitive to the pathology of FTD than to the pathology of AD at their early disease stages. The hallmark of FTD is tauopathies or ubiquitin immunoreactive inclusions by the presences of neuronal and glial inclusions [48, 49] in gray and white matter. WM pathologies in FTD have been reported with astrocytic gliosis and oligodendrogial apoptosis, which may ultimately result in axonal degeneration [50–53]. A recent study [54] also reported that oligodendrogial pathology can be predominant in FTD despite severe GM damage. On the other hand, degeneration of frontostriatal networks, which is a characteristic feature of FTD [26], suggests that WM denegation in anterior brain could also be a primary FTD pathology. In contrast to FTD, the hallmark of AD is the deposition of amyloid plaques and neurofibrillary tangles that are associated with loss of neurons and synapses [55, 56]. WM pathology in AD has been suggested to occur secondarily to GM pathology and may include reduction of myelin, axons, and oligodendrocytes [57, 58]. A vascular

Figure 2: Differences in loads of GM loss (orange lines), GM hypoperfusion (green lines), and reduced WM FA (blue lines) between FTD and AD across a range of T-scores and significant levels. (a) Mean loads of GM loss (I), GM hypoperfusion (II), and reduced WM FA (III) along a range of abnormality levels (T-scores) in AD (solid lines) and FTD (dash lines) patients. (b) Variations in significance of the load differences between FTD and AD as a function of T-scores. Note, the vertical axis of all plots in (a, b) uses a base-10 logarithmic scale. The horizontal dotted line indicates $P = .05$ significance.

(b)
and potentially reversible stages of the disease. Our findings are supported by several histopathological studies demonstrating that the earliest cellular changes in FTD occur in astrocytes without neuron loss and that neuronal damage becomes more prominent in later stages of the disease [50, 68]. Therefore, at mild abnormality levels of FTD, the surviving neurons may still function normally as reflected by the normal levels of perfusion. Our findings are consistent with other studies carried out in our laboratory [69] and on different cohorts of FTD and AD patients which have implied dissociation between GM atrophy and perfusion. Specifically, these studies indicated that FTD was associated with greater GM atrophy in absence of significant reduction of perfusion. These results contrast the findings in AD, where the abnormalities across the three modalities were all similar.

Our voxelwise analysis demonstrates the regional patterns of GM loss, hypoperfusion, and reduced WM FA in this sample of AD and FTD patients are consistent with the disease-specific patterns that have been reported in previous MRI studies of brain structure [14, 70], perfusion [5, 6], and DTI [25, 71–73]. Furthermore, the similarity between the regional patterns of GM and WM alterations which appear in the same lobe together for each disease, implies that WM degradation mirrors that of GM damages and is consistent with previous reports [74]. Taken together, these results can demonstrate the well-documented pathological bases of AD [56] and FTD [68].

The new joint analysis approach allows for the investigation of different abnormalities across multiple MRI modalities such as structural, perfusion and diffusion MRI between groups. The approach can be used to test whether groups differ with respect to a single MRI measure as well as multiple measures. The approach was augmented by nonparametric statistical tests via permutations and carried out across
a range of T-scores to reduce measurement bias toward the various brain conditions. The concept can be expanded in principle to conduct a voxelwise joint analysis of multiple MRI measures to determine regional variations in GM loss and hypoperfusion. Other statistical methods for joint analyses of multiple image modalities such as joint independent component analysis (jICA) [75] may provide alternative solutions. The findings with multimodal MRI could potentially be useful to improve the design of AD and FTD clinical trials involving MRI. First, correlations across the MRI measures, potentially boosting sensitivity and specificity, could lead to reduced sample sizes. Second, the finding revealed that FTD presents more white matter involvement relative to AD, thus providing a new biological feature of FTD, and could be used to relax the need to match disease severity in studies recruiting AD and FTD patients.

Limitations of the current study include a small sample size that was reliant on clinical diagnoses which were not sufficiently confirmed by autopsies. Therefore, confidence in the generalization of the results is limited, and potential misdiagnosis of patients may have resulted in spurious findings. Furthermore, we cannot completely rule out that other factors than disease etiology, such as genetic profiles, duration of symptoms, and cardiovascular conditions, which contributed to MRI differences between the patients and thus contaminated the findings. Second, diffusion encoding was limited to the minimum of 6 directions at the time this protocol was initiated, although it is known that many more encoding directions improve the characterization of diffusion such as fewer ambiguities in regions of crossing fibers and better spatial invariance of the noise pattern. Therefore, fiber crossings and the DTI noise pattern may potentially mimic regional differences in FA between these groups. Third, we ignored relationships between brain regions in our joint analysis and therefore under-utilized information from the multimodal MRI data. A more powerful statistical framework [76] that takes spatial relations between multivariate measures into account may provide more power. Finally, the data was artificially scaled to provide a uniform resolution for all MRI modalities, which may have induced a spatial bias as well as altered selectively the sensitivity of each modality. Other approaches that do not require a uniform resolution but can operate on variable spatial scales, such as information theoretic formalisms [77], may lead to differences in results.

In conclusion, our findings suggest that FTD and AD differ regarding their impacts on WM and GM structural and functional abnormalities, in addition to differences between their characteristic regional patterns of brain alterations. Furthermore, the joint assessment of multimodal MRI measures employed in this study has potential value to improve the differential diagnosis between FTD and AD.

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