Review Article
The Biphasic Role of Microglia in Alzheimer’s Disease

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Received 28 December 2011; Accepted 29 February 2012

Academic Editor: Akio Suzumura

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Neuroinflammation is involved in the pathogenesis of Alzheimer’s disease (AD). Microglia, macrophage-like resident immune cells in the brain, play critical roles in the inflammatory aspects of AD. Microglia may be activated by oligomeric and fibrillar species of amyloid β (Aβ) that are constituents of senile plaques and by molecules derived from degenerated neurons, such as purines and chemokines, which enhance their migration and phagocytosis. The main neurotoxic molecules produced by activated microglia may be reactive oxygen species, glutamate, and inflammatory cytokines such as tumor-necrosis-factor-α (TNF-α) and interleukin-1 (IL-1) β. These molecules differentially induce neurotoxicity. Aβ itself directly damages neurons. In terms of neuroprotective properties, microglia treated with fractalkine or IL-34 attenuate Aβ neurotoxicity by Aβ clearance and the production of antioxidants. Therefore, regulation of the microglial role in neuroprotection may be a useful therapeutic strategy for AD.

1. Introduction
Microglia, macrophage-like immune cells in the central nervous system (CNS), cluster around the senile plaques that along with polymorphous amyloid β (Aβ) deposits are the pathological hallmarks of Alzheimer’s disease (AD). Microglia have a biphasic neurotoxic-neuroprotective role in the pathogenesis of AD. In regard to their neurotoxic properties, microglia may be involved in the inflammatory component of AD [1, 2]. In AD, the trigger molecule for microglial activation may be Aβ and molecules derived from degenerated neurons may enhance microglial neurotoxicity [3]. Aβ exists in different assembly forms including monomers, oligomers, and fibrils. Both oligomeric Aβ (oAβ) and fibrillar Aβ (fAβ) have been shown to stimulate microglial secretion of proinflammatory cytokines such as interleukin-1 (IL-1), IL-6, and tumor-necrosis-factor-α (TNF-α); chemokines including monocyte chemotactic-1 (MCP-1) and macrophage inflammatory protein-1 (MIP-1); complement components; free radicals such as reactive oxygen species (ROS), including superoxide anions and hydroxy radicals [4, 5]. Glutamate also plays an important role in microglial neurotoxicity in AD. Activated microglia produce large amounts of glutamate, which induces excitotoxicity via N-methyl-D-aspartate (NMDA) receptor signaling [6–9]. Chronic activation of extrasynaptic NMDA receptors leads to increased Aβ production [10]. Aβ itself is toxic to neurons in AD, with oAβ being more toxic than fAβ (Figure 1). The toxicity of oAβ manifests itself in terms of synaptic dysfunction, including inhibition of hippocampal long-term potentiation, facilitation of long-term depression, and disruption of synaptic plasticity [11, 12]. It is therefore necessary to evaluate microglial neurotoxicity apart from Aβ neurotoxicity.

In regard to its neuroprotective properties, microglia attenuate Aβ neurotoxicity by Aβ clearance, including phagocytosis and degradation of Aβ and the production of antioxidants and neurotrophic factors [13–15]. In the present paper, we focus on the trigger molecules that mediate microglial activation and the mechanisms of microglial neurotoxicity mediated by ROS glutamate, and inflammatory cytokines. We also discuss the neuroprotective role of microglia in AD.

2. The Trigger Molecules That Mediate Microglial Activation

2.1. Fibrillar Aβ. Aβ, the key mediator of AD, is processed from the amyloid precursor protein (APP). The most common isoforms are Aβ1-40 and Aβ1-42, which are the
major constituents of senile plaques. Aβ1-42 is more prone to aggregate than Aβ1-40. Initial Aβ deposition begins with Aβ1-42, but not with Aβ1-40. In the process of Aβ1-42 aggregation, many types of soluble oAβ are formed: dimers, trimers, tetramers, dodecamers, Aβ-derived diffusible ligands, and annular protofibrils [16–18]. Stimulation of microglia with fAβ reportedly results in the Syk kinase- and NFκB-dependent production of TNF-α, iNOS, and peroxynitrite [19]. However, the ability of fAβ to activate microglia is generally low or absent when fAβ is used as the sole stimulant. Recent reports have clarified that fAβ can activate microglia via Toll-like receptor 2 (TLR2) [20] or interaction with cell surface receptor complexes. TLR2, TLR4, and TLR6 have been shown to be essential components of the receptor complexes for microglial activation. The coreceptor CD14 and TLR2 and 4 complex is required for fAβ-stimulated microglial activation [21]. The class B scavenger receptor CD36 and TLR4 and 6 complex is also involved in the activation of microglia by fAβ. The signals mediated by this receptor complex induce IL-1β production in microglia [22].

2.2. Oligomeric Aβ. The patterns of microglial activation caused by fAβ and oAβ are different. In addition, studies of microglial activation with oAβ have yielded controversial results. oAβ activates microglia by increasing levels of phosphorylated Lyn, Syk kinase, and p38 MAP kinase, which results in the production of IL-6 and a decrease in MCP-1 [23]. On the other hand, oAβ does not produce several proinflammatory mediators commonly induced by lipopolysaccharides (LPS), such as prostaglandin E2, glutamate, TNF-α, IL-1β, and IL-6. There is a report that oAβ at low nanomolar concentrations induces neurotoxicity by increasing the production of nitric oxide (NO) as well as the activity of scavenger receptor A and the Ca2+-activated potassium channel KCa3.1 [24]. oAβ induces neuronal ROS through a mechanism requiring NMDA receptor activation [25]. ROS is also induced by fAβ and oAβ in microglia [26]. In contrast to the above reports, our data showed that both fAβ and oAβ failed to induce toxic molecules such as TNF-α, NO, and glutamate in microglia and to enhance these molecules in LPS-activated microglia (Figure 2) [15]. The synthetic oAβ that is used
Figure 2: Inflammatory molecules produced by Aβ- or LPS-activated microglia. In primary microglial culture, administration of 5 μM oAβ42 or 5 μM fAβ42 for 24 h does not induce the production of neurotoxic mediators such as TNF-α, glutamate, or nitrite, a stable breakdown product of NO. While microglia activated with 1 μg/mL LPS produce these molecules, both oAβ42 and fAβ42 do not enhance the production.

for in vitro studies contains oligomers of different sizes and shapes, and microglia may respond to this heterogeneous oAβ mixture in various ways. Moreover, synthetic oAβ preparations are less potent than oAβ isolated from the supernatant of transfected cell cultures.

2.3. The Molecules Derived from Degenerated Neurons. Recent findings have indicated that damaged neurons are not merely passive targets of microglia but rather regulate microglial activity through nucleotides and chemokines [27]. Damaged neurons release several substances that activate microglia, for instance purines, including ATP [28] and UDP [29]; chemokines, such as CCL-21 [30]; glutamate [31]. However, these molecules do not always induce microglial neurotoxicity. ATP regulates microglial branch dynamics and mediates a rapid microglial response toward injured neurons. UDP triggers microglial phagocytosis via P2Y6 receptors. The chemokine CCL-21, released by damaged neurons, activates microglia via the CXCR3 receptor. Excessive neuronal glutamate is released as a result of neurodegenerative processes. Microglial cells express the AMPA and kainate subtypes of ionotropic glutamate receptors [32]. Metabotropic glutamate (mGlu) receptor 5 are expressed in microglia [33, 34]. Glutamate serves as an activation signal for microglia, and activation of mGluR2 on microglia promotes neurotoxicity. However, microglial mGluR5 provides neuronal protection by suppressing the NO and TNF-α production induced by blood protein fibrinogen [34].

3. The Neurotoxic Molecules Produced by Microglia

3.1. ROS. Oxidative damage to protein, lipids, polysaccharides, and DNA is involved in the pathogenesis of AD [35]. The expression of NADPH oxidase, a multisubunit enzyme complex responsible for the production of ROS, is upregulated in AD [36]. Microglial NADPH oxidase is activated by fAβ [37, 38], and NADPH oxidase activation subsequently causes neurotoxicity through two mechanisms: (1) extracellular ROS produced by microglia are directly toxic to neurons, and (2) intracellular ROS function as a signaling mechanism in microglia to amplify the production of several proinflammatory and neurotoxic cytokines [39]. ROS are induced in the mitochondrial membranes of both neurons and microglia, causing subsequent oxidative damage in the early stages of disease progression. Loss of mitochondrial membrane potential and increase of ROS production have been demonstrated in studies of AD patients as well as in transgenic mice models of AD [40, 41]. An increase in hydrogen peroxide and a decrease in cytochrome oxidase activity were found in young Tg2576 mice prior to the appearance of Aβ plaques [40]. Oxidative stress has been shown to contribute to the onset of cognitive dysfunction caused by Aβ [42].

A recent report showed that fAβ and oAβ induced ROS in microglia through the TRPV1 cation channel, also known as the capsaisin receptor, and that pretreatment with fAβ or oAβ induced microglial priming through Kv1.3 K(+) channels, that is, increased ROS production upon secondary stimulation with the phorbolester PMA [26]. The translocation of chloride intracellular channel 1 from the cytosol to the plasma membrane is also involved in microglial ROS generation [43].

Neuronal ROS induced by Aβ can be selectively dysfunctional as well as degenerative. Overstimulation of excitatory NMDA receptors can lead to excessive ROS. Antioxidative enzyme heme oxygenase-1 (HO-1) is a microsomal enzyme that oxidatively cleaves heme to produce biliverdin, carbon monoxide, and iron [44]. Aβ binds to heme to promote a functional heme deficiency and induces mitochondrial dysfunction and neurotoxicity [45]. APP also binds to HO, and oxidative neurotoxicity is markedly enhanced in cerebral
3.2. Glutamate. Activated microglia release large amounts of glutamate through upregulation of glutaminase expression and induce excitotoxicity through NMDA receptor signaling [7, 47, 48]. Microglial glutamate production is reported to be induced by APP, but not Aβ [48]. Excessive glutamate increases Ca\(^{2+}\) influx via the NMDA receptor, resulting in Ca\(^{2+}\)/calmodulin-dependent protein kinase (CaMK) activation. NO induced by CaMK inhibits mitochondrial function. Stimulation of synaptic NMDA receptors enhances pro-survival signals through the activation of cAMP response element-binding protein (CREB) and the extracellular signal-regulated kinase (ERK) cascade [49, 50], whereas calcium flux through extrasynaptic NMDA receptors overrides these functions, causing mitochondrial dysfunction and neuronal cell death [51, 52]. A recent report suggested that chronic activation of extrasynaptic NMDA receptors leads to sustained neuronal Aβ release via amyloidogenic APP expression [53].

Focal bead-like swelling in dendrites and axons, known as neuritic beading, is a neuropathological sign that is a feature of neuronal cell dysfunction preceding neuronal death in various diseases such as ischemia, epilepsy, brain tumor, and AD [54–57]. We found that glutamate from activated microglia induces neuritic beading by impairing dendritic and axonal transport through NMDA receptor signaling [7]. Moreover, we demonstrated that gap junction hemichannels are the main avenue of excessive glutamate release from neurotoxic activated microglia [6]. The blockade of gap junction hemichannels by glycyrrhetinic acid derivatives significantly prevents activated microglia-mediated neuronal death in vitro [7, 58, 59] and in vivo in rodent models of transient ischemic brain injury, multiple sclerosis, amyotrophic lateral sclerosis, and AD [60–62]. In the APP/PS1 transgenic mouse model of AD, glycyrrhetinic acid derivatives improved memory impairments without altering Aβ deposition [62].

4. Phagocytosis of Microglia

Microglial phagocytosis of neuronal debris and Aβ plays a pivotal role in AD. Phagocytosis is associated with inflammation during uptake of microbes via TLRs and Fc receptors, while phagocytosis of apoptotic cells is executed without inflammation via phosphatidylserine receptors such as T-cell-immunoglobulin-mucin-4 (TIM-4) [78, 79]. Milk-fat-globule-EGF-factor-8 (MFG-E8), secreted by activated microglia or macrophages, also binds to phosphatidylserine exposed on plasma membranes of apoptotic cells [80, 81]. Phagocytosis with inflammation may be toxic to neurons because of the production of inflammatory molecules such as proinflammatory cytokines, NO, and ROS. However, phagocytosis of Aβ contributes to microglial neuroprotection in AD. Peptidoglycan, the TLR2 ligand, and unmethylated DNA CpG motifs, the TLR9 ligand, increase Aβ phagocytosis through protein-coupled formyl peptide receptor-like 2 [82, 83]. Similarly, LPS, the TLR4 ligand, increases phagocytosis through the CD14 receptor [84]. TLR4 mutation exacerbates the Aβ burden in mouse models of AD [85].

5. Molecules Able to Induce Microglial Neuroprotective Properties

5.1. Fractalkine. Degenerating neurons produce signaling molecules that regulate microglial phagocytosis and neuroprotection. Some of this signaling may be controlled by chemokines and chemokine receptors, which are widely
expressed throughout the central nervous system [86]. We have shown that the soluble CX3C chemokine fractalkine (FKN), secreted from damaged neurons, promotes microglial phagocytosis of neuronal debris through the release of MFG-E8 and induces the expression of the antioxidant enzyme HO-1 in microglia, resulting in neuroprotection against glutamate toxicity [87]. The end-products of HO-1 including biliverdin, carbon monoxide, and iron provide cellular and tissue protection through antiinflammatory, antiapoptotic, or antioxidant effects [88]. Numerous studies have demonstrated that upregulation of HO-1 expression in the CNS may be beneficial to counteract neuroinflammation and neurodegenerative diseases [89]. The neuroprotective effect of FKN is abolished by treatment with the HO-1 inhibitor tin-mesoporphyrin IX (SnMP). Moreover, FKN suppresses microglial NO, IL-6, and TNF-α production [90]. FKN signaling is deficient in AD brains and is downregulated by Aβ. CX3CR1, the fractalkine receptor, is a key member of the microglial pathway that protects against AD-related cognitive deficits that are associated with aberrant microglial activation and elevated inflammatory cytokines [91]. Mice lacking the CX3CR1 receptor show cognitive dysfunction as demonstrated by contextual fear conditioning and Morris water maze tests, deficits in motor learning, and a significant impairment in long-term potentiation via increase in IL-1β [92]. CX3CR1 deficiency worsens the AD-related neuronal and behavioral deficits [91]. In contrast, CX3CR1 deficiency is reported to reduce Aβ deposition in AD mouse models [93]. Thus, FKN-CX3CR1 signaling in AD is still controversial.

5.2. IL-34. The dimeric glycoprotein IL-34, which is mainly expressed in neurons, may also be a neuronal cytokine that regulates microglial function. The major function of IL-34 is to stimulate the differentiation and proliferation of monocytes and macrophages via the colony-stimulating-factor-(CSF-) 1 receptor [94]. We have shown that IL-34 induces microglial proliferation and antioxidant HO-1 production and enhances the degradation of Aβ via insulin degrading enzyme (IDE) (also known as Aβ degrading enzyme) and that IL-34 reduces the amount of Aβ and ROS present in the supernatant of neuron-microglia cocultures, resulting in microglial neuroprotection against Aβ toxicity [95]. IDE activity is critical in determining the level of Aβ. The levels of hippocampal IDE protein and activity have been shown to be reduced in AD [96]. Enhanced IDE activity in IDE/APP double-transgenic mice decreased Aβ levels and prevented the development of AD pathology [97]. Moreover, single intracerebroventricular injection of IL-34 effectively suppressed the impairment of associative learning in an APP/PS1 transgenic mouse model of AD [95]. The injection of IL-34 may act directly on microglia, which can rapidly eliminate Aβ via upregulation of IDE and exert antioxidant effect via HO-1.

5.3. M-CSF. CSF-1, also known as macrophage colony-stimulating factor (M-CSF), is another ligand of the CSF-1 receptor. M-CSF enables the acidification of macrophage lysosomes and subsequently the degradation of internalized Aβ [98]. Intraperitoneal injection of M-CSF prevents memory disturbance in APP/PS1 mice by inducing microglial phagocytosis of Aβ [99]. A recent report showed that IL-34 and M-CSF differ in their structure and the CSF-1 receptor domains that they bind, causing different bioactivities and signal activation kinetics [100]. Both IL-34 and M-CSF are useful molecules in terms of inducing microglial neuroprotective properties.

5.4. CpG. TLR9, which is located in the intracellular endosomal-lysosomal compartment in innate immune cells, detects single-stranded DNA containing unmethylated CpG. Microglia express TLR9 at higher levels than do astrocytes and neuronal cells. Thus, CpG mainly acts on microglia in the CNS. We have also shown that microglia activated by

**Figure 3:** Aβ toxicity in neurons and microglia. Aβ is directly toxic to neurons by ROS, and enhances the production of microglia-derived neurotoxic molecules such as glutamate, TNF-α, and IL-1β. Glutamate from degenerated neurons also induces microglial neurotoxicity. IL-34 and FKN induce microglial neuroprotection via Aβ clearance and antioxidant activity.
CpG attenuate oAβ neurotoxicity [15]. While high concentrations of CpG (10 µM) induce TNF-α, IL-12, and NO in microglia and enhance neuronal damage [101, 102], lower concentrations of CpG (1 nM–100 nM) enhance microglial phagocytosis of Aβ without inflammation. Intracerebroventricular administration of CpG ameliorates both the cognitive impairments induced by oAβ and the impairment of associative learning in a Tg2576 mouse model of AD [15].

Taken together, these molecules induce neuroprotective properties in microglia through the antioxidant effect of HO-1 and Aβ clearance. HO-1 is induced by nuclear translocation of Nrf2, which is a transcription factor and reportedly plays a pivotal role in cellular survival [103, 104]. Nrf2 gene therapy also has been shown to improve memory in the mouse model of AD [105]. Moreover, Aβ clearance including phagocytosis and degradation of Aβ by microglia can decrease Aβ plaque formation and Aβ toxicity.

6. Conclusion

While Aβ, especially oAβ, is directly toxic to neurons, it may also enhance microglial neurotoxic effects by inducing inflammatory mediators. Degenerated neurons produce molecules other than Aβ that enhance microglial neurotoxicity. However, the microglial neuroprotective effect resulting from Aβ clearance and antioxidant activity is obvious in AD (Figure 3). The conditions that determine microglial toxic or protective effects remain to be elucidated. Clarifying these issues may contribute to the understanding of AD pathophysiology. A useful therapeutic strategy for AD may be to regulate microglia toward neuroprotection, specifically, Aβ clearance without inflammation.

Acknowledgments

This work was supported in part by the Global COE program Integrated Functional Molecular Medicine for Neuronal and Neoplastic Disorders, funded by the Ministry of Education, Culture, Sports, Science and Technology of Japan, and the Program for Promotion of Fundamental Studies in Health Sciences of the National Institute of Biomedical Innovation (NIBIO).

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