Erratum

Erratum to “Effects of Exercise Training on Fat Loss and Lean Mass Gain in Mexican-American and Korean Premenopausal Women”

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In the article titled “Effects of Exercise Training on Fat Loss and Lean Mass Gain in Mexican-American and Korean Premenopausal Women” [1], during the production stage, there was a typing error in the Abstract and Conclusions sections, as the sentence “Exercise training had a beneficial effect on reducing BMI, fat percentage, fat mass, and visceral adipose tissue area but had no effect on increasing lean mass for Mexican-American and Korean premenopausal obese women” should be corrected as follows:

“Exercise training had a beneficial effect on reducing BMI, fat percentage, fat mass, and visceral adipose tissue area but increasing lean mass for Mexican-American and Korean premenopausal obese women.”

References
