Research Article
An Exploration of Gene-Gene Interactions and Their Effects on Hypertension

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Received 6 February 2017; Accepted 24 April 2017; Published 31 May 2017

Academic Editor: Margarita Hadzopoulou-Cladaras

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Hypertension tends to perpetuate in families and the heritability of hypertension is estimated to be around 20–60%. So far, the main proportion of this heritability has not been found by single-locus genome-wide association studies. Therefore, the current study explored gene-gene interactions that have the potential to partially fill in the missing heritability. A two-stage discovery-confirmatory analysis was carried out in the Framingham Heart Study cohorts. The first stage was an exhaustive pairwise search performed in 2320 early-onset hypertensive cases with matched normotensive controls from the offspring cohort. Then, identified gene-gene interactions were assessed in an independent set of 694 subjects from the original cohort. Four unique gene-gene interactions were found to be related to hypertension. Three detected genes were recognized by previous studies, and the other 5 loci/genes (MAN1A1, LMO3, NPAPI/SNRPN, DNAL4, and RNA5SP455/KRT8P5) were novel findings, which had no strong main effect on hypertension and could not be easily identified by single-locus genome-wide studies. Also, by including the identified gene-gene interactions, more variance was explained in hypertension. Overall, our study provides evidence that the genome-wide gene-gene interaction analysis has the possibility to identify new susceptibility genes, which can provide more insights into the genetic background of blood pressure regulation.

1. Introduction

Hypertension (HTN) affects 1 out of 3 adults in the United States and is a major risk factor for stroke and cardiovascular diseases (CVDs) [1]. Antihypertensive therapy has considerably reduced the morbidity and mortality associated with CVDs [2]. However, nearly half of hypertensive patients do not have their blood pressure (BP) under control [1]. Thus, alternative strategies and more individualized treatments for BP reduction are particularly desirable.

Evidence has suggested that the heritability of HTN is around 20–60% [3–5]. Genome-wide association studies (GWASs), especially a recent meta-analysis with large consortia, have been productive in recognition of hypertension susceptibility genes, and more than 200 loci have been identified [6–15]. But the genetic contribution accounted for by the identified variants is limited [5–7]. A large amount of genetic variance is still left unexplained, which is referred to as “missing heritability.”

Several new approaches have been explored to search for the missing genetic contribution. Gene-gene (GxG) interactions, also called epistasis, is one approach that has the potential to enlighten the missing heritability [16]. Biologically, the regulation of BP consists of complex physiological pathways, which include the cardiovascular, neural, renal, endocrine system and local tissue [17]. Genes that are involved in the function of these systems interact with each other to maintain the homeostasis of BP. Therefore, hypertension is probably the outcome of multiple genes acting conjointly. Statistically, single-locus GWASs and meta-analyses have been focused on identification of genes with main effects. An epistasis analysis, on the other hand, is capable of discovering genes with nonapparent or weak effects, when the GxG interactions are significant [18, 19]. Consequently, studies of GxG interactions have the potential to recognize novel genes...
that may be missed in meta-analyses if the main genetic effects are minimal and to contribute to the explanation of the heritability of hypertension.

To date, a few genome-wide analyses have been conducted to identify GxG interactions for hypertension [19–23]. These studies have identified new genes in addition to the findings of single-locus GWASs, which further supports the value of the epistasis analysis. Interestingly, most genes identified by these epistasis analyses had no main effects [19–22]. However, only one of these studies has replicated their findings in an additional population [22], and the sample size in that study was relatively small (350 subjects) at the discovery stage, which potentially limited their findings. For the studies without appropriate replications, the identified GxG interactions could not be verified, and other possible explanations, such as population structure, could not be ruled out. In addition, none of the above studies examined the variance in HTN that could be accounted for by the identified GxG interactions, which would substantiate whether GxG interactions contribute to the explanation of the missing heritability.

For the current study, we explored the contribution of GxG interactions to HTN using a two-stage approach, the discovery stage and the confirmatory stage. We incorporated the boolean operation-based screening and testing (BOOST) method developed by Wan et al. [19] to detect GxG interactions at the discovery stage. The BOOST method is an effective epistasis approach especially for detecting GxG interactions when there are no main effects [24] and has been frequently adopted to conduct an epistasis analysis [21, 23, 25–27]. Following the discovery stage, the interactions were verified in a separate sample at the confirmatory stage. The purpose of the current study was to identify hypertension susceptibility GxG interactions on the basis of a two-stage approach including a genome-wide discovery analysis and a confirmatory association analysis. Furthermore, the contribution of GxG interactions was also assessed with regard to the heritability of hypertension.

2. Materials and Methods

2.1. Framingham Heart Study Samples. We used the data from the Framingham Heart Study [FHS; https://www.ncbi.nlm.nih.gov/projects/gap/cgi-bin/study.cgi?study_id=phs000007.v28.p10]. FHS is a longitudinal cohort study that was initiated in 1948 to investigate the common risk factors for CVDs. The study has collected a vast array of phenotypes including BP periodically over three generations: the original cohort, the offspring cohort, and the third-generation cohort [4, 28]. In the current study, a two-stage analysis was performed. The genome-wide discovery scan was conducted in 2320 cases with matched controls from the offspring cohort. The following confirmatory association analysis was applied to 694 cases with matched controls from the original cohort. The third generation was not included due to the limited period over which the phenotypes were measured. The current study was approved by the Institutional Review Board.

2.2. Blood Pressure Phenotypes. The original cohort examinations 1–17 and the offspring cohort examinations 1–8 were included in this study. At each clinical examination, the systolic and diastolic BP (SBP and DBP) were measured three times by two physicians and a nurse/technician. The BP measurements from the physicians were averaged to generate the SBP and DBP readings for that examination. The BP measurements from the nurse/technician were used if the measurements from one physician were missed. If the BP measurements were missed from both physicians, the observations were removed from that examination. For participants taking antihypertensive medications, 10 mmHg and 5 mmHg were added to the SBP and DBP values, respectively [11].

The inclusion criteria for the case groups were defined as follows: (1) SBP ≥ 140 mmHg by two physicians’ measures or (2) DBP ≥ 90 mmHg by two physicians’ measures or (3) taking antihypertensive medications. The participants who fulfilled the inclusion criteria at any examination were selected as the hypertensive cases. Participants were considered candidates for the controls if their BPs were below 130/80 mmHg without taking BP-lowering medications and they were not allocated to cases (hypertensive) at any examination. The exclusion criteria for both case and control groups were as follows: (1) age > 65 years or (2) body mass index (BMI) ≥ 30 kg/m² or (3) potential secondary causes of hypertension, including thyroid disorders and renal diseases, or (4) diabetes mellitus. Cases did not undergo screening to exclude secondary HTN. Additionally, individuals whose reported sex did not match the genomic data were removed from the sample. Finally, a one-to-one matching based on propensity scores was applied to balance age, sex, BMI, and examination [29] between the cases and controls in both cohorts. Hypertension was used as the primary outcome. BP traits (SBP and DBP) were used as the secondary outcomes.

2.3. Genotyping Methods. Affymetrix 550K genotyping data (GeneChip Human Mapping 500K Array Set and HuGeneFocused 50K Array) from the Framingham Heart Study were utilized in the current study. Single-nucleotide polymorphisms (SNPs) were filtered according to these exclusion criteria: genotyping call rate for each SNP < 95%, minor allele frequency (MAF) < 1%, and Hardy-Weinberg equilibrium p value <1x10⁻⁶. Individuals with an overall genotyping call rate less than 95% were also excluded. In total, there were 438,565 SNPs available for the subsequent analysis. In addition, population stratification in each cohort was assessed, and the first 10 principal components (PCs) were generated and used as covariates.

2.4. Statistical Methods. At the discovery stage, the genome-wide GxG interaction scan was conducted using the BOOST method [19]. In the BOOST test, all pairwise interactions were first examined using Kirkwood superposition approximation which compares the joint distribution under the full logistic regression model with the joint distribution under the main-effect model. Interactions that passed a specified threshold (p = 4.89 x 10⁻⁴) were further assessed using the likelihood ratio statistic and the χ² test to compute the
interaction effects and the significance levels of the interactions. The top 100 unique GxG interactions with the lowest p values were selected based on the results from the BOOST test. These top 100 interactions were further examined by linear regression (for SBP and DBP) and logistic regression (for HTN) which were adjusted for covariates, including age, sex, BMI, and 10 PCs. The significance level for the regression analyses was set at 5 × 10^-3 after Bonferroni correction.

At the confirmatory stage, interactions significant in either regression analysis were verified in the FHS original cohort. Linear and logistic regressions adjusted for covariates were used again to evaluate the candidate interactions. Two criteria were used to justify the HTN susceptibility GxG interactions, including p < 0.05 and the interaction effects on BP/HTN consistent between the original and offspring cohorts.

Single-locus associations of the SNPs in the top 100 unique interactions were assessed using the linear and logistic regressions adjusted for covariates in the offspring cohort to examine their main effects on the BP traits and HTN. Haplotype blocks were also estimated for these SNPs to determine the uniqueness of the GxG interactions. Interactions formed by SNPs from the same haplotype block were considered the same interaction.

Phenotype data were processed using STATA 13.0 (StataCorp, College Station, TX). The BOOST test, linear regression of the interactions, linear and logistic regressions of the single locus, and haplotype block estimation were conducted using PLINK1.9 (https://www.cog-genomics.org/plink2; [30, 31]). Logistic regression of the interactions was completed using CASSI to control covariates [Howey; http://www.staff.ncl.ac.uk/richard.howey/cassi/].

3. Results

3.1. The Discovery Stage. Characteristics of the participants from the offspring cohort are shown in S1 Table available online at https://doi.org/10.1155/2017/7208318. There were 1246 males and 1074 females. The mean age in the cases was 49 years old, which was around 2.6 years older than the controls (p < 0.001). The difference in BMI was relatively small (mean difference = 0.5, p < 0.001). Sex was exactly matched between cases and controls. The range of SBP was from 99 to 209 mmHg in the cases and from 86 to 130 mmHg in the controls. The range of DBP was from 63 to 125 mmHg in the cases and from 50 to 80 mmHg in the controls.

First, the exhaustive pairwise genome-wide GxG interaction analysis was performed using the BOOST test. The quantile-quantile plot for the interaction analysis on HTN is presented in S1 Figure. 145 SNP pairs were selected, which represented the top 100 unique SNP pairs with the lowest significance levels because some SNPs were in linkage disequilibrium. Then, these SNP pairs were further evaluated using the linear and logistic regressions, since age and BMI were not perfectly matched between cases and controls. Also, the population structure was adjusted in the regression analyses. Totally, 71 unique SNP pairs (103 SNP pairs) were significant after Bonferroni correction (p < 5 × 10^-4) for either HTN or BP traits (S1 Dataset).

3.2. The Confirmatory Stage. The cases and controls from the FHS original cohort were selected according to the same criteria as for the offspring cohort. Characteristics of the subjects from the original cohort are listed in S2 Table. The proportion of females in this sample was higher compared to that of the offspring cohort. The difference in mean age between the cases and controls was smaller (p = 0.5995) than seen in the offspring cohort. The difference in BMI was similar to that of the offspring sample (p = 0.0096). The range of SBP in the sample from the original cohort was from 115 to 203 mmHg in the cases and from 84 to 130 mmHg in the controls. The range of DBP was from 54 to 115 mmHg in the cases and from 57 to 80 mmHg in the controls.

The 71 unique GxG interactions identified at the discovery stage were assessed with the sample from the original cohort. Six unique SNP pairs remained significant (p < 0.05, S2 Dataset). Among them, two SNP pairs were dropped because their effects on DBP were not consistent between the original cohort and the offspring cohort. The remaining four unique GxG interactions (5 SNP pairs) are presented in Table 1. The majority of SNPs in the interactions are intron variants, except for two SNPs, rs3913226 and rs17688362, which are located outside of currently known gene regions. The nearest genes to these two SNPs were searched for and obtained from the National Center for Biotechnology Information (NCBI) human genome database (annotation release 107; http://www.ncbi.nlm.nih.gov/projects/genome/guide/human/index.shtml).

Single-locus associations of the SNPs identified at the discovery stage were also conducted on the BP traits and HTN in the offspring cohort. Three genetic models, additive, dominant, and recessive, were adopted in the association analyses. The main effects of the SNPs which were significant at the confirmatory stage are presented in S3 Dataset. None of the SNPs were significantly related to the BP traits or HTN. The p values ranged from 0.0598 to 0.9805.

The contribution of the four unique GxG interactions was also assessed using linear and logistic regressions. In the offspring cohort, the main effects of the SNPs in these GxG interactions together explained 0.04% to 0.56% of the variance in SBP, DBP, and HTN. The GxG interactions alone (main effect was not included), however, explained 3.98% to 4.86% of the variance in the BP traits and HTN. In the original cohort, the accumulated main effects of the SNPs were ranged from 0.04% to 1.66%. By including the interactions, the variance explained in BP and HTN was also improved, though the magnitude was decreased to 0.33% to 1.32% (main effect was not included).

3.3. Interaction Patterns. The interaction patterns for the four distinct gene pairs in the offspring sample are presented in Table 2. The interaction found between rs4235144 and rs9489622 is located within the gene gamma-aminobutyric acid type A receptor beta1 subunit (GABRB1) and the gene mannosidase alpha class 1A member 1 (MAN1A1). The SNPs have a MAF of 0.015 and 0.49, respectively. The genotypes CT/GA and CT/AA demonstrated a protective effect (odds ratio (OR) = 0.36 and 0.07, resp.) from developing hypertension compared to the homozygous TT/AA. The
### Table 1: Significant gene-gene interactions in both the discovery stage and the confirmatory stage.

<table>
<thead>
<tr>
<th>CHR1</th>
<th>SNP1</th>
<th>MA1</th>
<th>CHR2</th>
<th>SNP2</th>
<th>MA2</th>
<th>P_BOOST</th>
<th>P_SBP</th>
<th>B_SBP</th>
<th>P_DBP</th>
<th>B_DBP</th>
<th>P_HTN</th>
<th>LOR_OR_HTN</th>
<th>GENE1</th>
<th>GENE2</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>rs4235144</td>
<td>C</td>
<td>6</td>
<td>rs9489622</td>
<td>G</td>
<td>6.55E-10</td>
<td>0.0063</td>
<td>24.35</td>
<td>0.0155</td>
<td>16.43</td>
<td>GABRB1</td>
<td>MAN1A1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>rs4235144</td>
<td>T</td>
<td>6</td>
<td>rs9481890</td>
<td>T</td>
<td>6.41E-10</td>
<td>0.0067</td>
<td>24.20</td>
<td>0.0153</td>
<td>16.12</td>
<td>GABRB1</td>
<td>MAN1A1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>rs2058798</td>
<td>A</td>
<td>15</td>
<td>rs3913226*</td>
<td>T</td>
<td>9.38E-10</td>
<td></td>
<td></td>
<td>0.0391</td>
<td>−16.72</td>
<td>LMO3</td>
<td>NPAP1/SNRPN</td>
<td></td>
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<tr>
<td>15</td>
<td>rs1909884</td>
<td>A</td>
<td>16</td>
<td>rs17284390</td>
<td>G</td>
<td>3.38E-10</td>
<td>0.0479</td>
<td>2.54</td>
<td></td>
<td></td>
<td>CHRNA7</td>
<td>CDH13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>rs17688362*</td>
<td>T</td>
<td>22</td>
<td>rs12484954</td>
<td>C</td>
<td>5.21E-10</td>
<td>0.0436</td>
<td>−2.03</td>
<td>0.0057</td>
<td>−0.56</td>
<td>RNA5P455/KRT8P5</td>
<td>DNAL4</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: CHR represents chromosome. SNP is single-nucleotide polymorphism. MA means minor allele. P_BOOST is the p value of the BOOST test in the offspring sample. P_SBP is the p value of the linear regression on systolic blood pressure in the original sample. P_DBP is the p value of the linear regression on diastolic blood pressure in the original sample. P_DBP is the p value of the logistic regression on hypertension in the original sample. * indicates the SNP is located outside of the gene region.
Table 2: Genotype counts for SNP pairs and odds ratios relative to the double major allele homozygote genotype in the offspring sample.

(a) | rs4235144 | GG | rs9489622 | GA | AA |
--- | --- | --- | --- | --- | ---
 Controls | CC | 0 | 0 | 0 |
 | CT | 0 | 18 | 14 |
 | TT | 278 | 550 | 292 |
 | CC | 0 | 0 | 0 |
 Hypertension | CT | 17 | 7 | 1 |
 | TT | 262 | 556 | 315 |
 | CC | — | — | — |
 OR* relative to TT/AA (95% CI) | CT | — | 0.36 (0.148–0.876)* | 0.07 (0.009–0.507)* |
 | TT | 0.87 (0.693–1.102) | 0.94 (0.769–1.142) | 1 |

(b) | rs2058798 | TT | rs3913226 | TC | CC |
--- | --- | --- | --- | --- | ---
 Controls | AA | 0 | 0 | 0 |
 | AG | 2 | 19 | 1 |
 | GG | 25 | 310 | 781 |
 | AA | 0 | 0 | 0 |
 Hypertension | AG | 0 | 5 | 27 |
 | GG | 30 | 332 | 745 |
 | AA | — | — | — |
 OR* relative to GG/CC (95% CI) | AG | 0.21 (0.010–4.375) | 0.28 (0.103–0.743)* | 28.30 (3.836–208.829)* |
 | GG | 1.26 (0.733–2.159) | 1.12 (0.934–1.350) | 1 |

(c) | rs1909884 | GG | rs17284390 | GA | AA |
--- | --- | --- | --- | --- | ---
 Controls | AA | 2 | 24 | 132 |
 | AG | 8 | 117 | 398 |
 | GG | 15 | 108 | 351 |
 | AA | 7 | 46 | 82 |
 Hypertension | AG | 15 | 110 | 428 |
 | GG | 0 | 76 | 391 |
 | AA | 3.14 (0.648–15.225) | 1.72 (1.029–2.877)* | 0.56 (0.409–0.761)* |
 OR* relative to GG/AA (95% CI) | AG | 1.68 (0.705–4.018) | 0.84 (0.627–1.137) | 0.97 (0.792–1.177) |
 | GG | 0.03 (0.002–0.486)* | 0.63 (0.456–0.876)* | 1 |

(d) | rs17688362 | CC | rs12484954 | CG | GG |
--- | --- | --- | --- | --- | ---
 Controls | TT | 3 | 40 | 8 |
 | TG | 60 | 198 | 121 |
 | GG | 88 | 325 | 307 |
 Hypertension | TT | 12 | 9 | 26 |
 | TG | 57 | 160 | 149 |
Table 2: Continued.

<table>
<thead>
<tr>
<th>rs17688362</th>
<th>CC</th>
<th>109</th>
<th>rs12484954</th>
<th>GG</th>
<th>363</th>
<th>GG</th>
<th>257</th>
</tr>
</thead>
<tbody>
<tr>
<td>GG</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TT</td>
<td>4.78 (1.334–17.117)*</td>
<td>0.27 (0.128–0.564)*</td>
<td>3.88 (1.728–8.723)*</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TG</td>
<td>1.13 (0.762–1.691)</td>
<td>0.97 (0.740–1.260)</td>
<td>1.47 (1.099–1.969)*</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GG</td>
<td>1.48 (1.068–2.050)*</td>
<td>1.33 (1.067–1.668)*</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: *p < 0.05. OR is odds ratio.

4. Discussion

Compared to single-locus GWASs, a GxG interaction analysis is capable of identifying susceptibility genes with weak or no main effects [18, 19]. Therefore, additional susceptibility genes can be recognized using this methodology as was done in the current study. Among the genes identified in the four unique GxG interactions, none of them had a significant main effect on BP or HTN in the FHS population. Two of the genes, CDH13 and GABBR1, have been associated with hypertension in a previous GWAS [6, 7, 15]. The gene CHRNA7, though it has not been identified by other GWASs, has been shown to play a role in BP regulation in rat models [32–34]. The remaining 5 loci GENES are new findings.

The gene MANIA1 encodes a type of α2-mannosidases located in the Golgi [35]. In humans, MANIA1 was first isolated from the kidney and was also observed in other tissues and organs, such as the liver, spleen, and leukocytes [36, 37]. The function of MANIA1 has not been investigated extensively. One study has found the product enzyme was involved in immune function and played a role in T cell activation [38]. Interestingly, another study has shown that the activity of α-mannosidase in the urine was increased in patients with severe gestational hypertension during pregnancy [39].

Two other identified genes, LMO3 and SNRPN, are predominantly expressed in the brain [40, 41]. Although they have not been directly linked to hypertension, both have interactions with the tumor suppressor protein p53 (TP53). LMO3 has been found to interact with TP53 directly and repress TP53-dependent mRNA expression [42]. The interaction between SNRP and TP53 was recognized by the two-hybrid interaction mating [43]. TP53 is a well-known tumor suppressor gene that regulates the transcription of diverse target genes and is involved in a variety of cellular functions. Evidence suggests that TP53 contributes to BP regulation and hypertension-induced complications, such as left ventricular hypertrophy [44–46].

In addition, LMO3 also promotes adipogenesis, and studies have shown that adipose tissue participates in the renin-angiotensin system, which is a well-recognized BP regulation system [47, 48]. Interestingly, rs3913226 (between NPPAP1 and SNRPN) is located within chromosome 15q11–13, a region associated with Prader-Willi syndrome. One characteristic of Prader-Willi syndrome is hyperphagia with obesity [49]. Therefore, it is also possible that LMO3 and SNRPN (or NPPAP1) participate in BP regulation through another mechanism, such as adipose tissue.

The gene DNAL4 encodes a dynein light chain which is a component of the dynein motor complex [50]. In humans, DNAL4 is highly expressed in the testis, thyroid, and brain. This gene has been suggested to play a role in the neurotrophin signaling pathway which is essential for the proper function and survival of neurons (REACTOME: R-HSA-
explained by the identifications that were made in single-locus GWASs, the amount of the variation in BP traits was improved by including GxG interactions. In our current study, replication with larger samples and other populations is desirable to investigate the roles of these newly identified genes and interactions. Overall, our study further demonstrates the ability of a genome-wide GxG interaction analysis in detection of novel genes which are potentially missed in single-locus GWASs due to weak or no main effects on phenotypes. Moreover, our study supports the hypothesis that GxG interactions can contribute to the explanation of the missing heritability of hypertension.

Disclosure
This manuscript was not prepared in collaboration with investigators of the Framingham Heart Study and does not necessarily reflect the opinions or views of the Framingham Heart Study, Boston University, or NHLBI.

Conflicts of Interest
The authors declare that there is no conflict of interest regarding the publication of this paper.

Acknowledgments
This study makes use of data generated by the Framingham Heart Study. The Framingham Heart Study is conducted and supported by the National Heart, Lung, and Blood Institute (NHLBI) in collaboration with Boston University. Genomic data used in this study is produced by the Framingham SNP Health Association Resource (SHARE).

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