**Supplementary Table 1. Pharmacologic hypertensive drug prescriptions in the treated subjects.**

|  |  |  |
| --- | --- | --- |
| **Blood pressure lowering treatment** | **n** | **%** |
| **MONOTHERAPY** | 109 | 68.55 |
|  ACEIs | 33 | 30.3 |
|  ARBs | 8 | 7.3 |
|  Diuretics | 35 | 32.1 |
|  ß-Blockers | 11 | 10.1 |
| CCBs | 16 | 14.7 |
| **Other treatments** | 6 | 5.5 |
| **COMBINED THERAPY** | 50 | 31.45 |
| Diuretics + ACEIs | 15 | 30 |
| Diuretics + ARBs | 6 | 12 |
| Diuretics + CCBs | 5 | 10 |
|  ß-Blockers + CCBs | 1 | 2 |
|  ß-Blockers + ACEIs | 1 | 2 |
|  ß-Blockers + ARB | 1 | 2 |
|  ß-Blockers + diuretics | 5 | 10 |
|  ACEIs + CCBs | 2 | 4 |
|  ARBs + CCBs | 1 | 2 |
| **Other combinations of 2 drugs** | 1 | 2 |
| **Diuretics + ACEIs + CCBs** | 3 | 6 |
| **Other combination of 3 drugs** | 9 | 18 |

Abbreviations: ACEI: angiotensin-converting enzyme inhibitor; ARB: angiotensin II receptor blocker; CCB: calcium channel blocker.