

## Research Article

# Characterization of Cr-Curcumin Complex by Differential Pulse Voltammetry and UV-Vis Spectrophotometry

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Differential Pulse Voltammetry (DPV) and UV-Vis techniques were used in characterizing the complexation of chromium with curcumin. It was observed that chromium complexed with curcumin in a 1 : 3 ratio. The experimental values that were used to calculate this ratio were independently determined by the two techniques used. The values obtained from each technique agree with each other reasonably well, within limits of experimental error. The stability constant or formation constant,  $K_f$ , of the complex,  $1.58 \times 10^{10}$ , was determined using the Lingane equation and Gibb's free energy of formation was calculated as  $-58.18$  kJ.

## 1. Introduction

The trivalent chromium which was used in this work is known to possess numerous health benefits, which include its enhancement of insulin action in regulating blood sugar level—critical factor in diabetic patients, weight loss, regulation of blood pressure, and cholesterol control [1–7]. In its use in weight loss, chromium picolinate,  $\text{Cr}(\text{Pc})_3$ , is generally used [8–11], although it has been seriously criticized about its effectiveness [12]. However,  $\text{Cr}(\text{Pc})_3$  has been used to augment the chromium intake through dietary products [9]. On the other hand, curcumin, a phytochemical, has been known to exhibit many beneficial health effects including its anti-carcinogenic [13–15] and antioxidative [16–21] activities. The internet is replete with enormous information and advertisement about using these chemicals as supplements for a better life. It is therefore anticipated that a complex formed by this mineral, Cr, and the phytochemical, curcumin, should have greater beneficial health effect. The physicochemical and stability study of this complex should therefore be a good candidate to study and characterize. This is the theme of this work.

## 2. Experimental

**2.1. Chemicals.** Certified chromic nitrate was obtained from Fisher Scientific. 98% pure curcumin and 98% pure

tetramethylammonium bromide (used as supporting electrolyte), were obtained from Acros Organics. Analytical reagent grade of DMSO was obtained from Aldrich Chemicals.

### 2.2. Instruments

**Electrochemical.** All electrochemical experiments were conducted using a three-electrode system comprising of the working electrode (1.0 mm diameter) Glassy Carbon Electrode (GCE), obtained from Cypress Systems, a wound platinum wire as the counter electrode, and a commercial calomel electrode as the reference electrode which was obtained from Fisher Scientific. The reaction was carried out in a 1-compartment electrochemical cell. A computer-controlled electrochemical analyzer system supplied by Cypress Systems, Model CS-10190, was used to obtain the requisite voltammograms of the Cr-Curcumin complex.

The polisher, Metaserv 200, a brown polishing cloth, to resurface the electrode and 0.05 micron  $\gamma$ -aluminum powder, used in conjunction with the polishing cloth, were obtained from Buehler Ltd.

**UV-Vis Absorptiometry.** All UV-Vis spectra were obtained from Cary spectrophotometer, model IE, supplied by Varian Analytical Instruments Co. using a two-sided 3.5 mL cuvette.

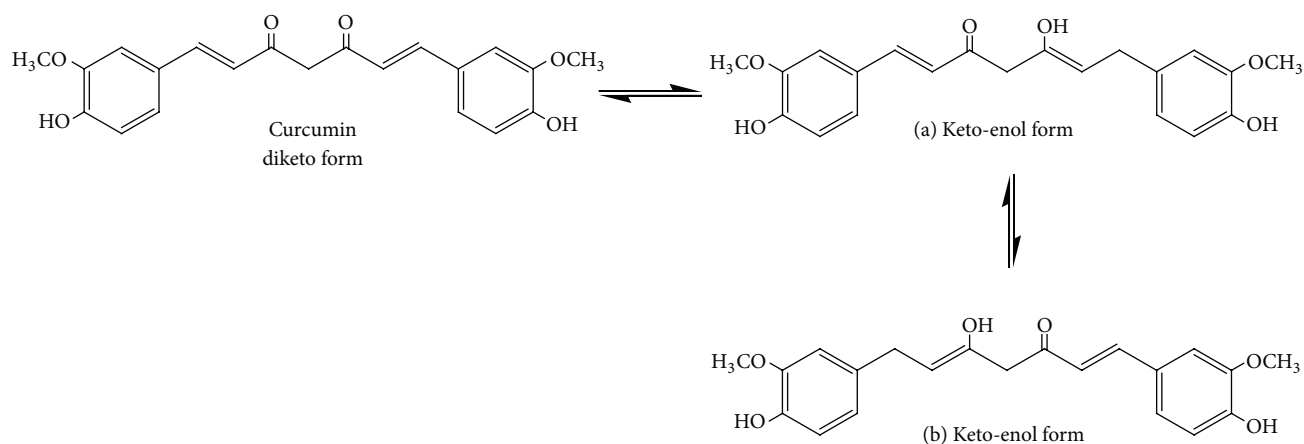
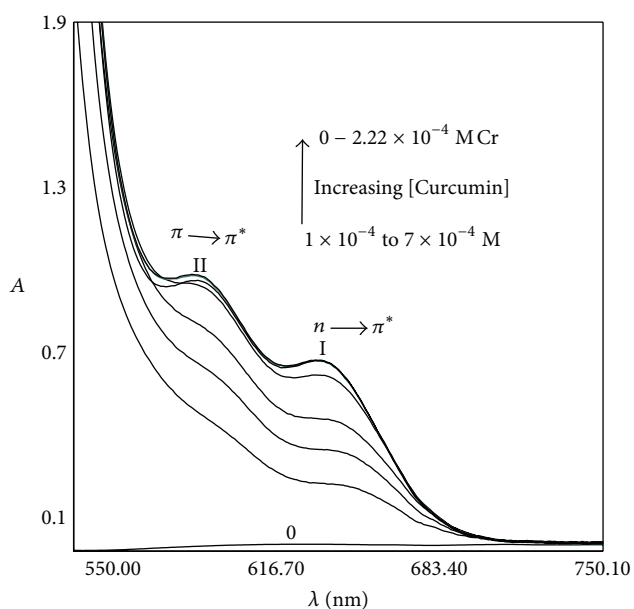
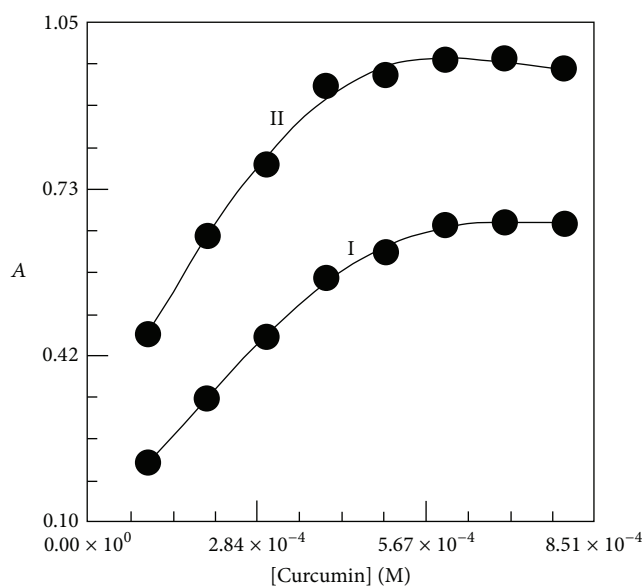


FIGURE 1: The chemical structures of curcumin.

FIGURE 2: The UV-Vis spectra of  $\text{Cr}^{3+}$  and Cr-curcumin complex at constant  $[\text{Cr}]$ .FIGURE 3: The UV-Vis absorbance of Cr-curcumin complex at constant  $[\text{Cr}^{3+}]$  of  $2.22 \times 10^{-4}$ .

### 2.3. Methodology

**Electrochemical.** Aliquots of stock solutions of curcumin, chromium, and tetramethylammonium bromide, TMAB, were pipetted into nine different 10.0 mL volumetric flasks and diluted to the fiduciary mark with neat dimethyl sulfoxide, DMSO. However flask number one contains all but curcumin. Upon dilution the resulting concentration of chromium was  $2.0 \times 10^{-3}$  M and that of curcumin varied from  $1.467 \times 10^{-3}$  M to  $8.802 \times 10^{-3}$  M. The concentration of TMAB which was used as supporting electrolyte was constant in all the solutions at 0.15 M. Each solution was subsequently transferred into an electrochemical cell and scanned from  $-100$  mV to  $-800$  mV and their voltammogram was obtained. Being a DPV experiment, the  $E_{1/2}$  was taken at the peak of the voltammogram, consistent with the usual electrochemical protocol. A triplicate scan for each solution was made and an

average of the  $E_{1/2}$  was taken. After each scan the electrode surface was renewed by polishing.

**UV-Vis Abspectiometry.** The same process for preparing the solutions for electrochemical experiments was followed in the UV-Vis experiments except that the concentration of chromium was kept constant at  $2.22 \times 10^{-4}$  M and the curcumin concentration varied from  $1.0 \times 10^{-4}$  to  $8.0 \times 10^{-4}$  and the solutions contained no TMAB. The solutions were scanned from 750 nm to 500 nm. All the reagents were used as received and the measurements were performed at room temperature,  $25 \pm 0.2^\circ\text{C}$ .

### 3. Results and Discussion

Curcumin, a 1,3-diketo compound, exists in several tautomer forms. The most common ones are the diketo and the keto-enol forms. The keto-enol form has two equivalent keto-enol

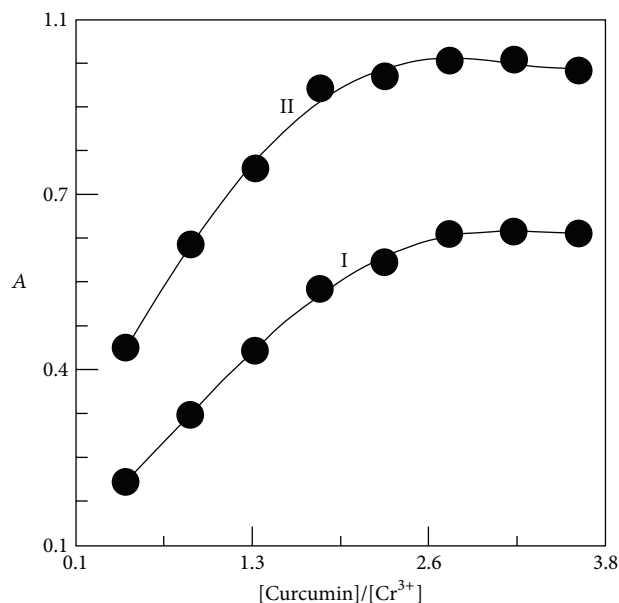


FIGURE 4: The UV-Vis absorbance of Cr-curcumin complex versus the molar ratio of  $\text{Cr}^{3+}$  and curcumin.

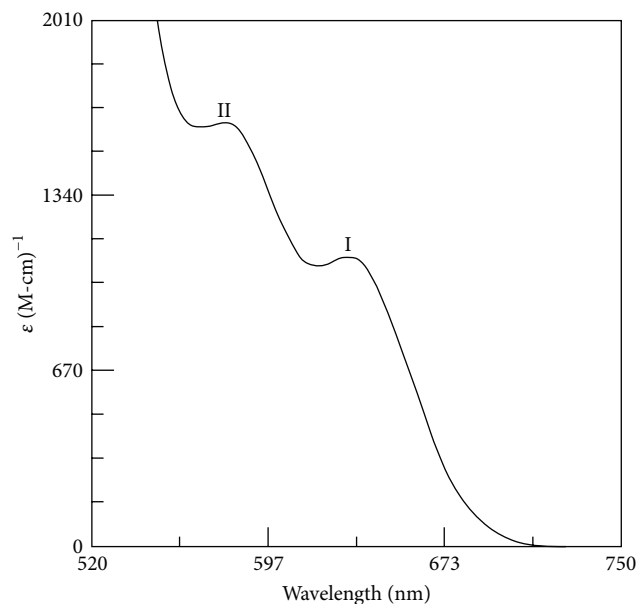


FIGURE 5: The UV-Vis absorbance of Cr-curcumin complex [curcumin] of  $6 \times 10^{-4}$  M.

isomers (a and b). These are shown in Figure 1. It has been observed by other workers that in solution between pH 1 and the neutral pH the predominant isomer of curcumin is the keto-enol tautomer (a and b) [22–28] which rapidly deprotonates [26, 28].

**3.1. UV-Vis Spectrophotometry.** We show in Figure 2 the UV-Vis spectra of the Cr and the Cr-Curcumin complexes. As can be seen two distinct peaks were observed. The peak observed at 573 nm is assigned to  $\pi \rightarrow \pi^*$  transition

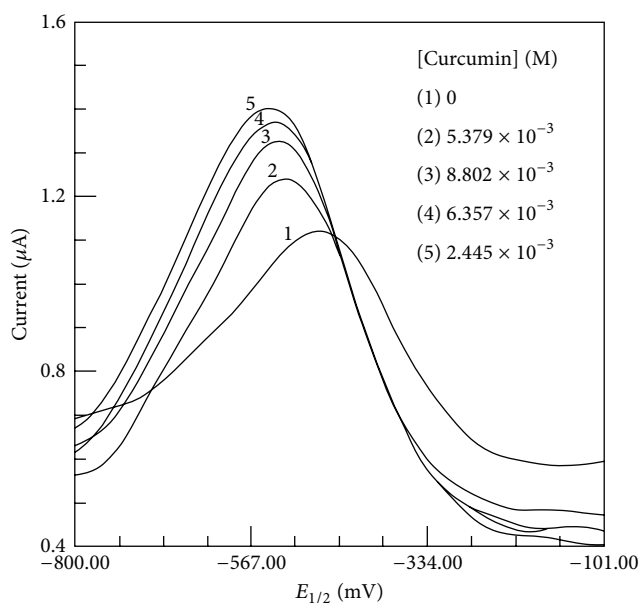


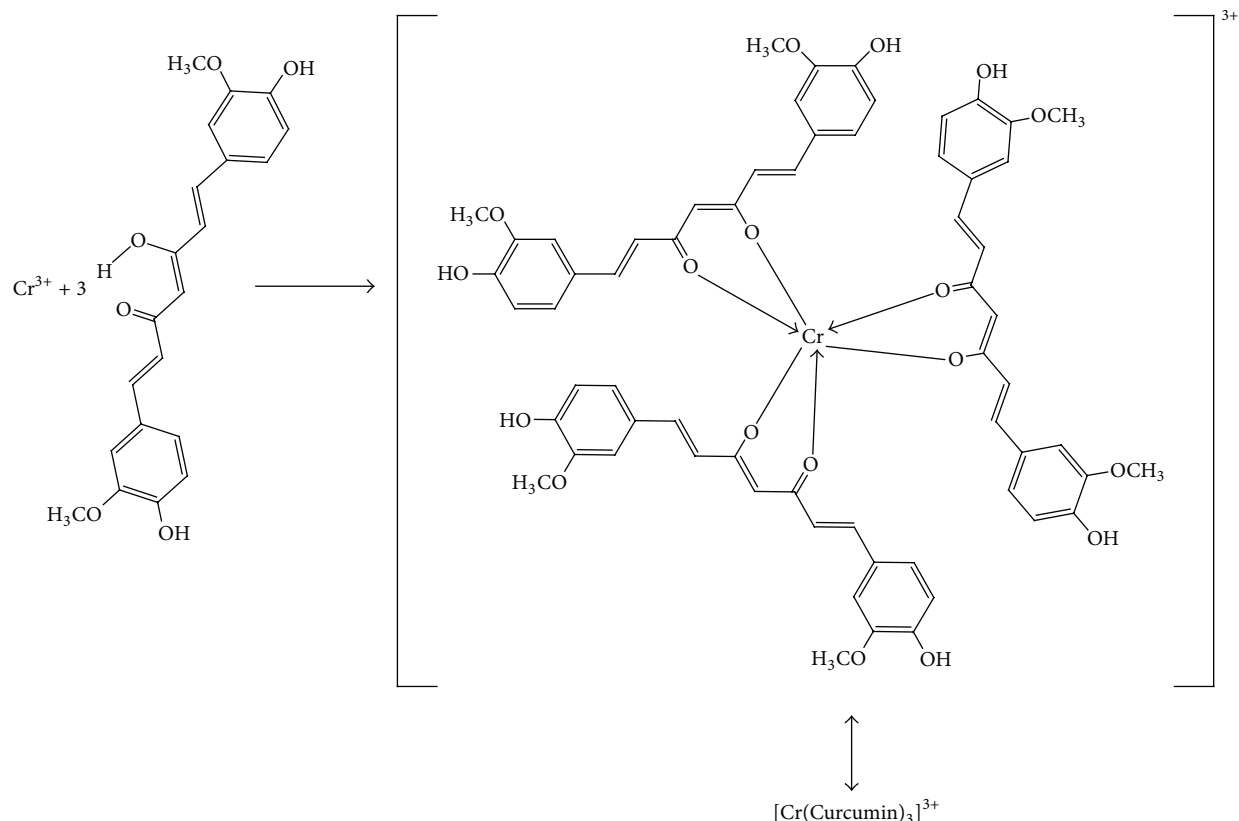
FIGURE 6: The voltammograms of  $\text{Cr}^{3+}$  and Cr-curcumin complex.

and the peak at 665 nm is assumed to be due to the  $n \rightarrow \pi^*$  transition. It is also seen that the  $\text{Cr}^{3+}$  has little or no absorption at the complex absorption wavelengths. Figure 3 shows the plot of absorbance of the complex as a function of the ligand (curcumin) concentration for the bands observed, I and II. The bands, respectively, show increase in absorbance as the concentration of curcumin increases and reached a plateau when a full complexation is reached. This is what is expected of any complexation reaction. In Figure 4 we show the absorbance as a function of the molar ratio of chromium and curcumin. As can be seen, the two bands plateau upon full complexation. From this figure we obtained the stoichiometric coefficient of chromium to curcumin in the ratio of  $1 : 2.7 \approx 1 : 3$  for the two bands, respectively. For the determination of the molar absorptivity,  $\epsilon$ , of the complex, the concentration of the ligand that resulted in maximum complexation,  $6 \times 10^{-4}$  M, was used. Given in Figure 5 is the spectrum of  $6 \times 10^{-4}$  M. The observed absorbance was plotted as function of wavelength. Using this we determined the molar absorptivity of bands I and II. These are  $632/\text{M}\cdot\text{cm}$  and  $1.625 \times 10^3/\text{M}\cdot\text{cm}$  for bands I and II, respectively.

**3.2. Electrochemical.** For a reaction denoted as  $\text{M}^{m+} + n\text{L} \rightarrow (\text{ML}_n)^{m+}$ , where M is a metal with a charge of  $m^+$  and L is a neutral ligand with a stoichiometric coefficient of  $n$ , the voltammetric half wave potential is known to shift more negatively as more ligand is added to the solution. Lingane [29] derived equation (1) to explain this phenomenon:

$$\Delta E_{1/2} = \frac{RT}{nF} \ln K_d - p \frac{RT}{nF} \ln [X]. \quad (1)$$

In this equation  $\Delta E_{1/2}$  is the difference between the half wave potential for the reduction of the metal ion and that of the complex, respectively.  $R$ ,  $T$  are the universal gas



SCHEME 1

constant and absolute temperature, respectively.  $n$  and  $F$  are the number of electrons involved in the reaction and Faraday constant, respectively. The value of  $n$  is taken as 3.  $K_d$  is the dissociation constant of the complex and  $[X]$  is the concentration of the ligand. This equation has been applied successfully by other workers for the determination of stability constant and the stoichiometric coefficient of a ligand in a complexometric reaction [30–34]. In this work the respective half wave potentials of the reduction of chromium and the chromium-curcumin complex were determined by DPV. The obtained voltammograms are shown in Figure 6.

It can be seen, as stated above, that the voltammogram of the complex shifts cathodically as the ligand concentration is increased. As expected a straight line was obtained as per equation (1) when  $\Delta E_{1/2}$  is plotted against the logarithm of [curcumin]; see Figure 7. This plot gives a slope of  $-2.303p$  from which the value of  $p$  was calculated as  $3.4 \approx 3$  in good agreement with the value obtained by spectrophotometry. The intercept gives a value that is proportional to  $K_d$ .  $K_f$  was subsequently determined since  $K_d = 1/K_f$ . The value of  $K_f$  thus determined is  $1.58 \times 10^{10}/M$ .

We determined Gibb's free energy of formation,  $\Delta G_f$  using

$$\Delta G_f = -RT \ln K_f. \quad (2)$$

The value thus determined is  $\Delta G_f = -58.18 \text{ kJ}$ .

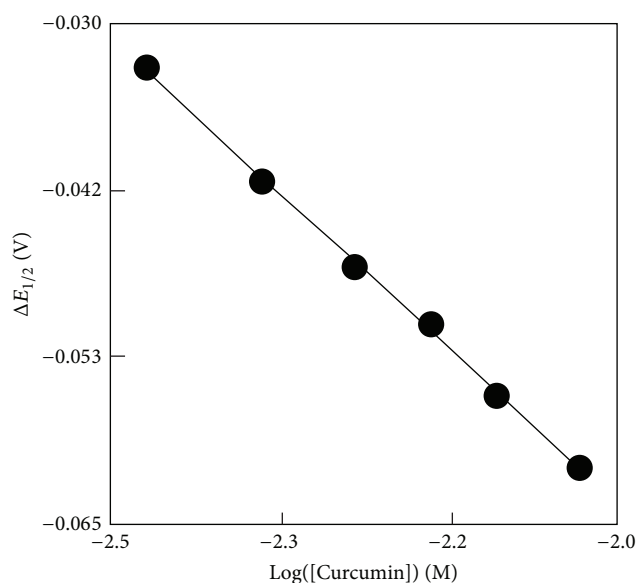


FIGURE 7: The plot of  $\Delta E_{1/2}$  of Cr-curcumin complex versus the log, ([Curcumin]).

This high value of  $K_f$  and the corresponding high negative of  $\Delta G_f$  values indicate a very favorable and spontaneous formation of the complex with great stability. The observed parameters for this complexation reaction are given in Table 1.

TABLE 1: The observed parameters of Cr-curcumin complex.

Parameter	Value	Unit
Number of ligands	3	
Molar absorptivity, $\epsilon$		
Band I	632	(M-cm) <sup>-1</sup>
Band II	$1.62 \times 10^3$	(M-cm) <sup>-1</sup>
Formation constant, $K_f$	$1.58 \times 10^{10}$	M <sup>-1</sup>
Free energy of formation, $\Delta G_f$	-58.18	kJ

We give in Scheme 1 the reaction and plausible structure of the complex based on the determined parameters. The proposed structure of this complex is consistent with what other workers have proposed [23].

### Conflict of Interests

The author hereby declares that there is no conflict of interests regarding the publication of this paper.

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