

## Valine Pyrrolidide Preserves Intact Glucose-Dependent Insulinotropic Peptide and Improves Abnormal Glucose Tolerance in Minipigs With Reduced $\beta$ -Cell Mass

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The incretin hormones glucagon-like peptide-1 (GLP-1) and glucose-dependent insulinotropic polypeptide (GIP) are important in blood glucose regulation. However, both incretin hormones are rapidly degraded by the enzyme dipeptidyl peptidase IV (DPP-IV). The concept of DPP-IV inhibition as a treatment for type 2 diabetes was evaluated in a new large animal model of insulin-deficient diabetes and reduced  $\beta$ -cell mass, the nicotinamide (NIA) (67 mg/kg) and streptozotocin (STZ) (125 mg/kg)-treated minipig, using the DPP-IV inhibitor, valine pyrrolidide (VP) (50 mg/kg). VP did not significantly affect levels of intact GLP-1 but increased levels of intact GIP (from  $4543 \pm 1880$  to  $9208 \pm 3267$  pM  $\times$  min;  $P < .01$ ), thus improving glucose tolerance (area under the curve [AUC] for glucose reduced from  $1904 \pm 480$  to  $1582 \pm 353$  mM  $\times$  min;  $P = .05$ ). VP did not increase insulin levels during the oral glucose tolerance test (OGTT) but increased the insulinogenic index in normal animals (from

$83 \pm 42$  to  $192 \pm 108$ ;  $P < .05$ ), but not after NIA + STZ, possibly because of less residual insulin secretory capacity in these animals. GIP seems to contribute to the antihyperglycemic effect of VP in this model; however, additional mechanisms for the effect of DPP-IV inhibition cannot be excluded. The authors conclude that DPP-IV inhibitors may be useful to treat type 2 diabetes, even when this is due to reduced  $\beta$ -cell mass.

**Keywords** Dipeptidyl Peptidase; Glucose Tolerance; Insulin-Deficient Diabetes; In Vivo Pharmacology; Streptozotocin

The incretin hormones glucagon-like peptide-1 (GLP-1) and glucose-dependent insulinotropic polypeptide (GIP) enhance postprandial insulin secretion in a glucose-dependent manner [14, 53, 69]. GLP-1 increases levels of insulin mRNA, promotes insulin biosynthesis [16, 68], and inhibits glucagon secretion [53], although this may be secondary to GLP-1-induced somatostatin secretion [21]. GLP-1 also inhibits gastrointestinal motility and gastric acid secretion [70, 72], thereby limiting postprandial glucose excursions, although more recently, direct effects on appetite regulation have been reported [17, 45]. GIP has been indicated to promote glucose uptake in muscle [51] and fat [52] and has been suggested to increase the affinity of the insulin receptor [61]. These observations gave rise to the suggestion that GIP may modulate the effects of insulin by

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directly altering target tissue sensitivity to insulin [52], thereby contributing to the effective uptake of glucose postprandially [44, 73]. Receptor antagonists have been used to demonstrate the physiological role of both incretin hormones in the maintenance of normal glucose homeostasis [13, 38, 59, 66]; mice with targeted deletions of either the GLP-1 or the GIP receptor become glucose intolerant [43, 60], confirming the importance of both peptides in the regulation of blood glucose.

The insulinotropic effect of GLP-1 is preserved in patients with type 2 diabetes [14, 22, 46, 47, 65], as are its effects on glucagon secretion [48] and gastric emptying [71], whereas it has been suggested that GIP loses its effect in these subjects [14, 47], possibly because of a defect in the expression of the GIP receptor [25]. GLP-1 can normalize glucose levels in type 2 diabetic patients [49] and restore insulin secretion towards normal in impaired glucose tolerant subjects [18], meaning that the peptide could have considerable therapeutic application.

However, both GLP-1 and GIP are rapidly degraded to apparently inactive metabolites by the enzyme dipeptidyl peptidase IV (DPP-IV) [10, 11, 30, 41], although GIP seems less susceptible to degradation than GLP-1 [9, 10]. Inhibition of DPP-IV is known to protect the biologically active forms of GLP-1 and GIP from N-terminal breakdown [7, 8], and is a newly emerging principle for drug treatment of type 2 diabetes [11, 24]. The rationale for this principle is that by protecting the endogenous intact forms of the incretin hormones, their beneficial effects on glucose tolerance will be enhanced. The approach of enhancing levels of intact endogenous incretin hormones by inhibition of DPP-IV has been effective in improving glucose tolerance in several animal models [1, 4, 56, 57, 63] and has recently been shown to improve metabolic control in type 2 diabetic humans [2]. However, because the principle of inhibiting DPP-IV relies on an improved incretin effect, this might require that functional  $\beta$ -cell mass has a sufficient capacity to respond to the insulinotropic effect of increased incretin levels before an effect on metabolic control is seen. The animal studies used insulin-resistant rodents [1, 4, 56, 57, 63], whereas the study in human subjects included mildly diabetic subjects (fasting blood glucose <10 mM) [2]. Whether DPP-IV inhibition will be effective in subjects with reduced  $\beta$ -cell mass remains to be determined. The aim of the present study was, therefore, to evaluate the concept of DPP-IV inhibition for treatment of reduced glucose tolerance due to a reduction of  $\beta$ -cell mass. The model used was a new large-animal model of mild insulin-deficient diabetes, the nicotinamide (NIA) and streptozotocin (STZ)-treated Göttingen minipig [37]. The Göttingen minipig was chosen because its size makes it possible to obtain a relatively large number of blood samples, thus making this species useful in the study of GLP-1 and GIP metabolism. Furthermore, the pig shares many anatomical and physiological

similarities of digestion and metabolism with the human [6, 42, 64] and the Göttingen minipig has been characterized in detail, both with respect to general characteristics such as clinical chemistry and hematology [15, 19, 29] and, more specifically, with respect to glucose and lipid metabolism both in normal animals [28, 35, 36, 37] and after induction of diabetes [31, 37] or challenge with high-fat diets [26–28, 36].

## MATERIALS AND METHODS

### Animals

Six male Göttingen minipigs, obtained from the barrier unit at Ellegaard Göttingen minipigs ApS, Denmark, 11 to 14 months of age and weighing  $25.3 \pm 1.4$  kg (range 22.8 to 26.8 kg) were used. The animals were housed in single pens under controlled conditions (temperature was kept between 18°C and 22°C, relative air humidity was 30% to 70%, with 4 air changes per hour), with a 12-hour light:12-hour dark cycle. The animals were fed a restricted diet, 140 g of SDS minipig diet (SDS, Essex, England) and 240 g of a commercial swine fodder (“Svinefoder 22”, Slangerup, Denmark), twice daily and were allowed free access to water. The pigs were trained carefully in all experimental procedures before start of experiments. Animals served as their own control and were thus studied both before and after induction of diabetes, with and without dosing of valine pyrrolidide (VP), a specific DPP-IV inhibitor [50].

The type of study was approved by the Animal Experiments Inspectorate, Ministry of Justice, Denmark.

### Surgical Implantation of Central Venous Catheters

Two central venous catheters (Certo 455, B. Braun Melsungen AG, Melsungen, Germany) were inserted surgically under general anesthesia as described previously [37]. Postsurgical analgesia was maintained by injection of buprenorphine, 0.03 mg/kg (Anorfin (0.3 mg/mL); GEA, Frederiksberg, Denmark) and carprofen, 4 mg/kg (Rimadyl vet. (50 mg/mL); Pfizer, Ballerup, Denmark) intramuscularly before the end of anesthesia and for 3 days post surgery by injection of carprofen, 4 mg/kg once daily intramuscularly. At the start of the study period, all animals had recovered fully from the surgical procedure as evaluated by normal behavior and eating patterns.

### Mixed-Meal Oral Glucose Tolerance Test

The mixed-meal oral glucose tolerance test (OGTT) was performed in all animals 1 and 2 weeks before exposure to NIA and STZ and was repeated 2 and 3 weeks after NIA + STZ. The test was performed in nonrestrained, freely moving animals in

their home pens to reduce the amount of stress experienced by the animals during testing.

After an 18-hour overnight fast, animals were dosed intravenously with either vehicle (sterile saline (0.9%); SAD, Copenhagen, Denmark) or VP (50 mg/kg) 15 minutes in advance of being offered an OGTT of 25 g SDS minipig fodder and 2 g/kg glucose (500 g/L; SAD). The meal was eaten from a bowl under supervision. On average it took the pigs  $2.5 \pm 1.5$  minutes (range 1 to 7.5 minutes) to eat the test meal.

Blood samples were obtained from the jugular vein catheters at  $t = -30, -20, -1, 7.5$  ( $n = 3$ ), 15, 30, 45, 60, 90, 120, and 240 minutes relative to the beginning of ingestion of the glucose load.

### Handling and Analysis of Blood Samples

Three milliliters of full blood was obtained per sample and was immediately transferred to vials containing EDTA (1.6 mg/mL, final concentration), aprotinin 500 kIU/mL full blood (Trasyol, 10,000 kIU/mL; Bayer, Lyngby, Denmark) and VP (0.01 mM, final concentration, except for plasma for determination of DPPIV activity, where VP was not added) and kept on ice until centrifugation. Samples were centrifuged ( $4^{\circ}\text{C}$ , 10 minutes, 3500 rpm), plasma separated, and stored at  $-20^{\circ}\text{C}$  until analysis. Plasma glucose was analyzed by the hexokinase method using a Cobas Mira plus autoanalyzer (Roche Diagnostic Systems, Basel, Switzerland) following manufacturer's instructions. Plasma insulin was analyzed in a 2-site immunometric assay with monoclonal antibodies as catching and detecting antibodies (catching antibody HUI-018 raised against the A-chain of human insulin, detecting antibody OXI-005 raised against the B-chain of bovine insulin) [3] and using purified porcine insulin for calibration of the assay. The minimal detectable concentration was 3.2 pM and the upper limit was 1200 pM (no sample dilution). Inter- and intra-assay variations at 3 concentration levels were, respectively, 15.3% and 3.2% (at 342 pM), 9.9% and 7.6% (at 235 pM), and 14.6% and 4.4% (at 87 pM). Recovery at high-, medium-, and low-concentration levels was 97.1%, 97.9%, and 101%, respectively. A commercial kit from Linco was used to measure plasma glucagon (Glucagon RIA kit, catalogue number GL-32K) concentrations.

Plasma levels of intact and total incretin hormones were measured using specific radioimmunoassays that were validated by high-performance liquid chromatography (HPLC) as described previously [9, 10]. Total GIP was measured using the C-terminally directed antiserum R65 [33, 34]. The assay has a detection limit of  $<2$  pM and an intra-assay variation of approximately 6%. Intact, biologically active GIP was measured using a newly developed assay [10]. The assay has a detection limit of approximately 5 pM, an  $\text{ED}_{50}$  of 48 pM, and an intra-assay variation of  $<6\%$ . VP (0.01 mM final concentration) was

added to the assay buffer to prevent N-terminal degradation of GIP during the assay incubation. For both assays, human GIP (Peninsula Laboratories Europe, St Helens, Merseyside, UK) was used as standard (porcine GIP cross-reacts fully in both assays) and radiolabeled GIP was from Amersham Pharmacia Biotech (Little Chalfont, Buckinghamshire, UK).

GLP-1 concentrations were determined using assays directed toward each end of the molecule using human GLP-1 standards. N-terminal immunoreactivity was measured using a newly developed assay for the intact N-terminus of GLP-1 [12]. The assay has a detection limit of approximately 5 pM and an  $\text{ED}_{50}$  of  $80.8 \pm 3.4$  pM. The assay is specific for the intact N-terminus of GLP-1, and cross-reacts  $<0.1\%$  with GLP-1(9–36) amide, or with the structurally related peptides GLP-1(1–36) amide, GIP(1–42), GIP(3–42), GLP-2(1–33), GLP-2(3–33), or glucagon at concentrations of up to 100 nM. It has a cross-reactivity of approximately 4% with the major proglucagon fragment (proglucagon(72–158)) secreted from the pancreas. Intra-assay variation was  $<6\%$  and interassay variations were approximately 8% and 12% for 20 and 80 pM standards, respectively. VP (0.01 mM final concentration) was added to the assay buffer to prevent N-terminal degradation of GLP-1 during the assay incubation. HPLC supports the use of radioimmunoassays with this specificity for determination of intact GLP-1 [9]. Because both amidated and glycine-extended forms of GLP-1 are present in the pig [23], C-terminal immunoreactivity was determined using 2 different antisera (plasma samples for analysis of the glycine-extended form of GLP-1 were only available from 3 animals). Antiserum 89390 [75] has an absolute requirement for the intact amidated C-terminus of GLP-1(7–36) amide, and cross-reacts 83% with GLP-1(9–36) amide, but  $<0.01\%$  with the glycine-extended form, GLP-1(7–37), or with C-terminally truncated fragments. Antiserum 92071 [75] is specific for the C-terminus of GLP-1(7–37) and cross-reacts fully with GLP-1(9–37) but  $<0.1\%$  with amidated forms of GLP-1. For all assays, the intra-assay coefficient of variation was  $<6\%$ . Plasma samples were extracted with 70% ethanol (vol/vol, final concentration) before assay, giving recoveries of 75% for GLP-1 added to plasma before extraction [54].

The activity of DPPIV in plasma samples was estimated by the ability to degrade GLP-1(7–37) added to the sample. The method is based upon the fact that DPPIV is the sole enzyme responsible for N-terminal degradation of GLP-1 in plasma [9, 55]. In brief, GLP-1(7–37) (5  $\mu\text{L}$ , 100 fmol) was added to plasma samples (95  $\mu\text{L}$ ), which were then incubated for 1 hour at  $37^{\circ}\text{C}$ . Samples were put on an ice bath immediately after incubation and the amount of GLP-1 determined by an enzyme-linked immunosorbent assay (ELISA) specific for N-terminally intact peptide. A reference sample with GLP-1 added to heat-inactivated plasma containing VP (0.01 mM)

and aprotinin (500 kIU/mL) was processed in parallel. The DPPIV activity estimate was then calculated as

$$\text{Activity (\%)} = (1 - C_{\text{unknown}}/C_{\text{reference}}) \times 100$$

where  $C_{\text{unknown}}$  and  $C_{\text{reference}}$  are the calculated concentrations of the sample and the reference, respectively. The minimum detectable difference was determined to be 3.2%.

### $\beta$ -Cell Reduction

$\beta$ -Cell mass was reduced by intravenous administration of a combination of NIA (Sigma N-3376), 67 mg/kg, and STZ (Sigma S-0130), 125 mg/kg [37]. Administration of NIA and STZ was performed after an 18-hour overnight fast in conscious animals, and animals were offered SDS fodder 2 hours after treatment. Animals were observed frequently during the first 48 hours after administration of NIA and STZ and blood glucose was monitored regularly to avoid episodes of hypoglycemia due to sudden hyperinsulinemia caused by necrosis of  $\beta$  cells.

### Histological Examination of Pancreas

#### *Fixation and Physical Fractionation*

After euthanasia with pentobarbitone (20 mL per animal) (200 mg/mL; Pharmacy of the Royal Veterinary and Agricultural University, Copenhagen, Denmark) at the end of the study period, the pancreas was isolated in toto for histological examination as previously described [37]. Histological examination was performed  $41 \pm 21$  days (range 21 to 60) after NIA + STZ dosing in all animals and compared with data from normal, age-matched animals ( $n = 5$ ). In short, pancreata were fixed in paraformaldehyde (Bie & Berntsen, Copenhagen, Denmark), embedded in 3% agar solution (catalogue number 303289, Mecobenzon, Copenhagen, Denmark), and sectioned as practiced in the smooth fractionator method [5, 40]. The deparaffinized sections were stained for insulin and a mixture of antibodies to glucagon, somatostatin, and pancreatic polypeptide to visualize  $\beta$  and non- $\beta$  endocrine cells.

Furthermore, sections were counterstained with Mayer's hematoxyline. Mass of  $\beta$  and non- $\beta$  endocrine cells was evaluated stereologically in 2 to 3 sections with the origin of the sections blinded to the observer. Mass of endocrine cells is expressed at mg/kg body weight.

### Formulation of Compounds

VP (purity >98%) was synthesized by Dr. L. Christiansen, Novo Nordisk A/S, and was dissolved in physiological saline less than 60 minutes prior to administration. NIA was weighed out in individual portions and protected from light, and was dissolved in sterile saline (0.9%; SAD) to a concentration of

300 mg/mL immediately before injection. STZ was weighed out in individual portions and dissolved in sodium citrate buffer (catalogue number 929546), Bie & Berntsen), pH = 4.7, to a concentration of 62.5 mg/mL immediately before injection.

### Evaluation

Effects of VP on glucose tolerance and hormone levels were evaluated based on changes in postprandial plasma concentrations of glucose, insulin, and glucagon, as well as intact and total GLP-1 and GIP. Data are presented as mean  $\pm$  SD.

The area under curve (AUC) for total and intact forms of the GLP-1 and GIP was calculated using the trapezoidal method (baseline = 0). For each incretin hormone, the percentage of intact peptide was expressed as  $AUC_{\text{N-terminal}}$  relative to  $AUC_{\text{C-terminal}}$ . The glucose excursion and amounts of insulin secreted in response to the oral glucose load are expressed as incremental AUC, calculated after subtraction of the basal concentrations measured in samples taken before the glucose load. The insulinogenic index was calculated by dividing the incremental AUC for insulin by the incremental AUC for glucose during the postprandial period (0 to 240 minutes). All calculations and statistical evaluation of results were performed using paired 2-tailed Student's *t* test and 1-way analysis of variance (ANOVA) using Excel (2000) and GraphPad Prism version 3.00 for Windows (GraphPad Software, San Diego, California, USA). *P* values of .05 or less were considered significant.

## RESULTS

### Effects of NIA and STZ

Administration of NIA and STZ induced a significant increase in fasting plasma glucose without significant changes in fasting plasma values of insulin (Table 1). Furthermore, there were no significant changes in fasting plasma levels of any of the measured forms of GLP-1 and GIP or plasma DPPIV activity.

Administration of NIA and STZ induced a significant increase in  $AUC_{\text{glucose}}$  after the OGTT, but no significant changes were seen in  $AUC_{\text{insulin}}$  (Table 2). However, although  $AUC_{\text{insulin}}$  was not significantly decreased, the insulin response after NIA + STZ was somewhat delayed and diminished compared to normal animals (Figure 1), with the ratio of insulin to glucose at 30 minutes being significantly reduced after NIA + STZ ( $22 \pm 3$  versus  $51 \pm 23$ ;  $P < .02$ ). Neither the absolute incretin concentrations nor the proportions of intact relative to total forms of GLP-1 and GIP were altered by NIA + STZ treatment (Table 3) (Figures 2 and 3), and DPPIV activity was not affected (Figure 4) (data on DPPIV activity are normalized according to baseline values in Figure 4 in order to illustrate the change in individual animals better).

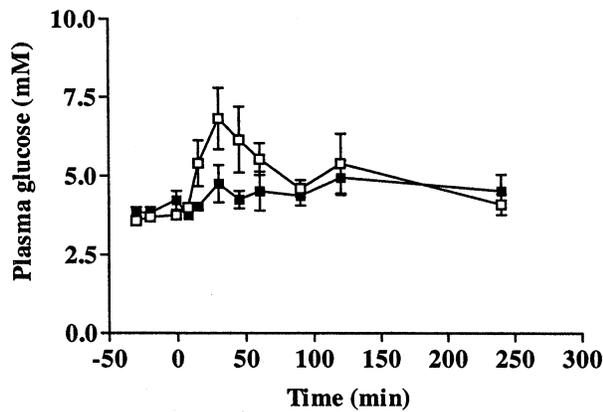
**TABLE 1**

Fasting level of parameters before and after dosing of NIA (67 mg/kg) and STZ (125 mg/kg) in male Göttingen minipigs

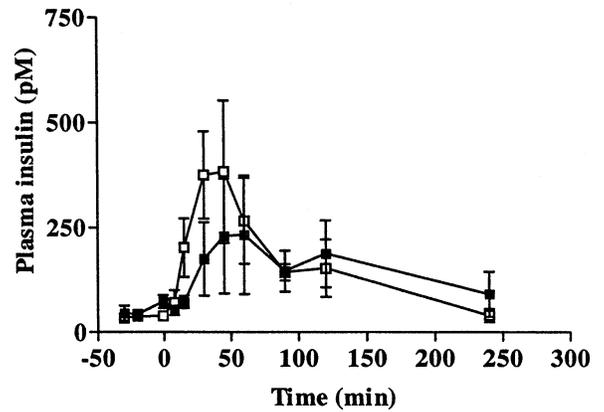
	Plasma glucose (mM)	Plasma insulin (pM)	N-terminal GLP-1 (pM)	C-terminal amidated GLP-1 (pM)	C-terminal glycine-extended GLP-1 (pM)	N-terminal GIP (pM)	C-terminal GIP (pM)
Before dosing	3.6 ± 0.2	36 ± 6	12.3 ± 8.0	4.3 ± 3.2	9.9 ± 1.0	4.3 ± 1.8	7.6 ± 4.8
After dosing	4.8 ± 1.3	41 ± 21	13.1 ± 8.4	2.8 ± 1.7	8.6 ± 4.0	5.9 ± 2.4	17.1 ± 14
<i>P</i> value	.05	.45	.80	.43	.68	.14	.08

Note. Data are presented as mean ± SD of individual plasma values (n = 6 for all parameters except C-terminal glycine-extended GLP-1, where n = 3). *P* values are based on paired Student's *t* test.

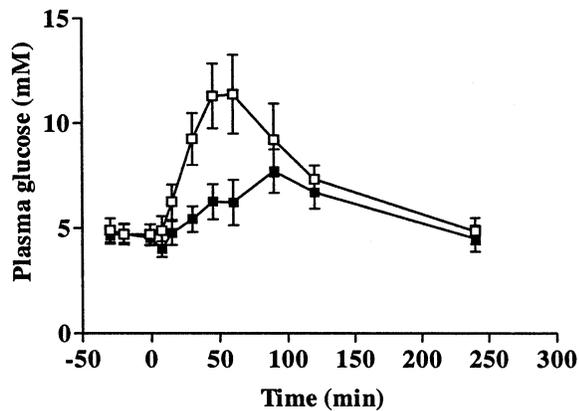
A



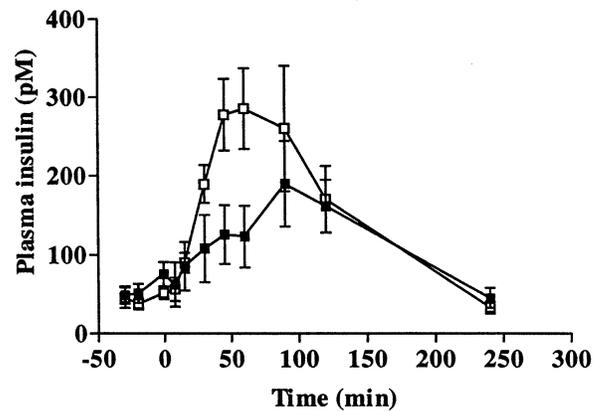
B



C



D

**FIGURE 1**

Plasma levels of glucose (A, C) and insulin (B, D) during OGTT in male Göttingen minipigs before (A, B) and after (C, D) dosing of NIA (6 mg/kg) and STZ (125 mg/kg). Animals are either dosed with VP (50 mg/kg) (■) or vehicle (□). Glucose (2 g/kg) ingested at *t* = 0 minutes, VP or vehicle dosed IV at *t* = -15 minutes; n = 6. Note different scales on Y-axis. Data are mean ± SEM.

**TABLE 2**

Values of incremental AUC for glucose and insulin during OGTT in male Göttingen minipigs

Animals, dose <sup>a</sup>	Glucose (mM × min)	Insulin (pM × min)
Pre, Veh	364 ± 295	30997 ± 26838
Pre, VP	194 ± 129	26950 ± 15010
Post, Veh	677 ± 339	27877 ± 14963
Post, VP	352 ± 179	16875 ± 8050
<i>P</i> (Post, Veh versus Pre, Veh)	.05	.64
<i>P</i> (Pre, Veh versus Pre, VP)	.08	.78
<i>P</i> (Post, Veh versus Post, VP)	.02	.09

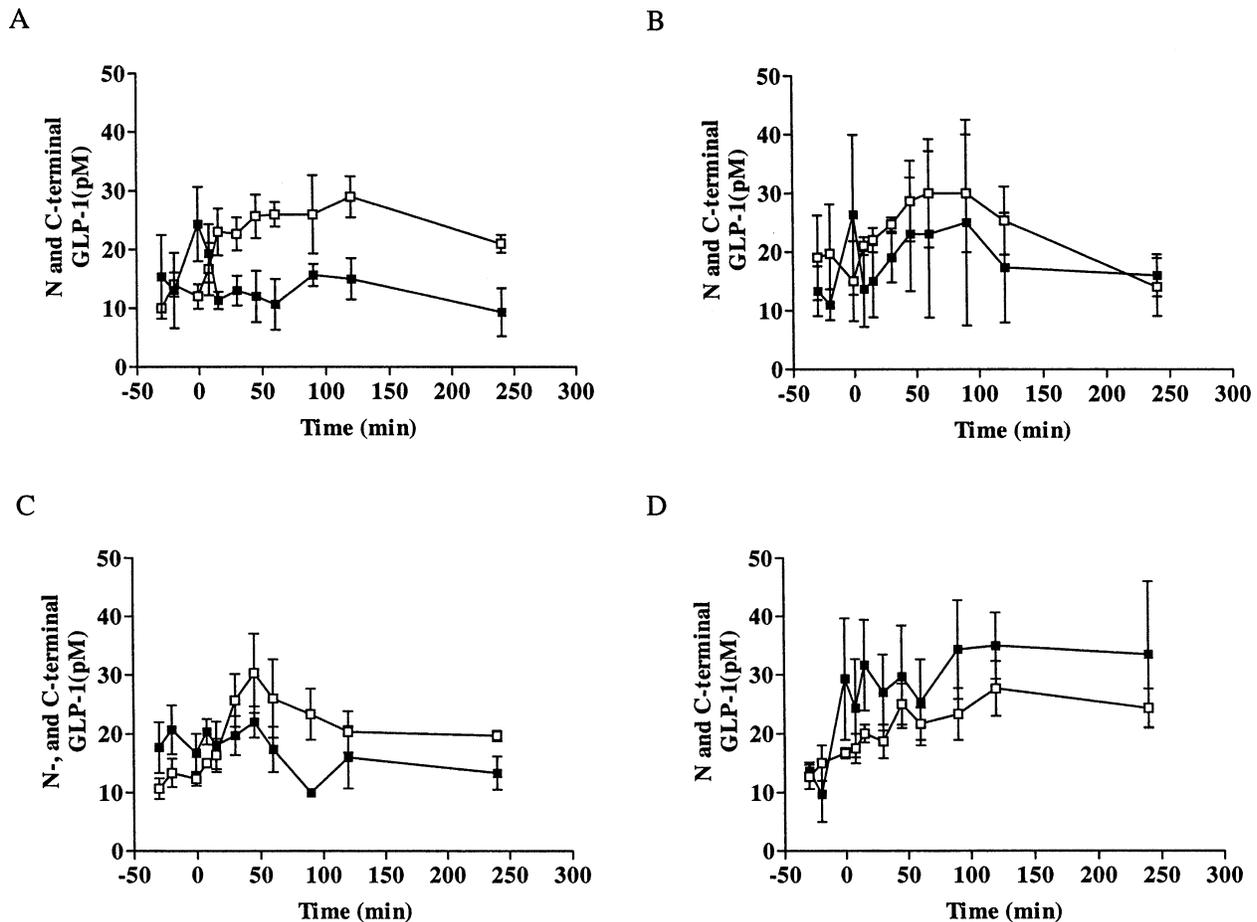
Note. Data are presented as mean ± SD of individual values (n = 6 for all parameters). *P* values are based on paired Student's *t* test.

<sup>a</sup>Pre = normal animals; Post = animals dosed with NIA (67 mg/kg) + STZ (125 mg/kg); Veh = vehicle.

Based on stereological evaluation,  $\beta$ -cell mass (mg/kg) ( $7.02 \pm 3.46$  versus  $17.68 \pm 4.67$  in normal animals [37] ( $P < .001$ )) was significantly reduced in animals dosed with NIA + STZ, whereas non- $\beta$ -cell mass (mg/kg) was not changed ( $5.59 \pm 0.86$  versus  $4.79 \pm 1.30$  in normal animals, nonsignificant [NS]). The pancreatic islets of animals dosed with NIA + STZ were found to be highly irregular due to disappearance of a large proportion of the  $\beta$  cells. Furthermore, there was an apparent increase in small clusters of islet cells and of single  $\beta$  and non- $\beta$  cells. No other abnormalities were discovered during morphological examination of pancreatic tissues.

### Effect of VP Administration

Plasma DPPIV activity was significantly reduced by VP both in normal animals and after NIA + STZ (Table 3, Figure 4);

**FIGURE 2**

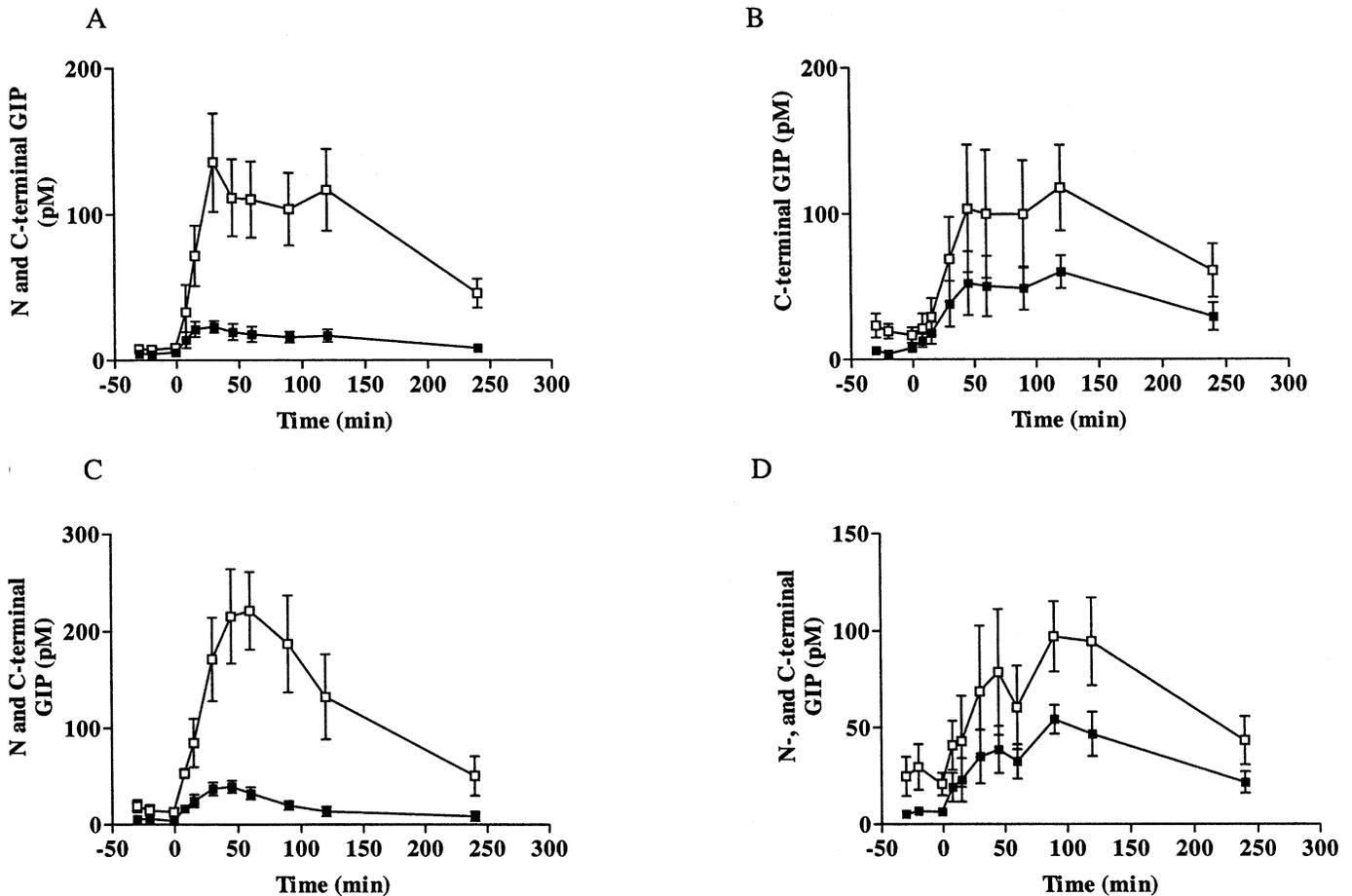
Plasma levels of intact (N-terminal) (■) and total (C-terminal) (□) GLP-1 during OGTT in male Göttingen minipigs before (A, B) and after (C, D) dosing of NIA (67 mg/kg) and STZ (125 mg/kg). Animals are dosed with either vehicle (A, C) or VP (50 mg/kg) (B, D). C-terminal GLP-1 includes both amidated and glycine-extended forms of the peptide. Glucose (2 g/kg) ingested at  $t = 0$  minutes, VP or vehicle dosed IV at  $t = -15$  minutes. Data are presented as mean ± SEM, n = 3.

**TABLE 3**  
Values of AUC during OGTT in male Göttingen minipigs

Animals, dose <sup>a</sup>	N-terminal GLP-1 (pM × min)	C-terminal amidated GLP-1 (pM × min)	Total C-terminal GLP-1 (pM × min)	N-terminal GIP (pM × min)	C-terminal GIP (pM × min)	N-/C-terminal (amidated + glycine-extended)		DPPIV (% × min)
						GLP-1 (%)	GIP (%)	
Pre, Veh	2215 ± 1608	2152 ± 558	6290 ± 1126	3836 ± 1337	22230 ± 10210	59 ± 12	18 ± 2	13410 ± 6384
Pre, VP	3723 ± 2843	2304 ± 1023	6117 ± 2602	10730 ± 4350	21420 ± 11090	75 ± 24	54 ± 12	4407 ± 7037
Post, Veh	2374 ± 2119	1730 ± 713	5550 ± 1029	4573 ± 1886	31100 ± 17410	80 ± 18	16 ± 4	14400 ± 3702
Post, VP	3778 ± 4145	1708 ± 956	6255 ± 1134	8808 ± 3481	17690 ± 8659	107 ± 36	53 ± 8	1494 ± 1368
<i>P</i> (Post, Veh versus Pre, Veh)	.60	.19	.34	.33	.17	.32	.24	.60
<i>P</i> (Pre, Veh versus Pre, VP)	.18	.81	.94	.02	.91	.15	.001	.01
<i>P</i> (Post, Veh versus Post, VP)	.28	.93	.51	.007	.02	.45	.001	.001

*Note.* Data are presented as mean ± SD of individual values (n = 6). *P* values are based on paired Student's *t* test. Values of AUC for total C-terminal GLP-1 and N-/C-terminal GLP-1 are based on the 3 animals where data for total C-terminal (amidated + glycine extended) GLP-1 were available.

<sup>a</sup>Pre = normal animals; Post = animals dosed with NIA (67 mg/kg) + STZ (125 mg/kg); Veh = vehicle.



**FIGURE 3**

Plasma levels of intact (N-terminal) (■) and total (C-terminal) (□) GIP during OGTT in male Göttingen minipigs before (A, B) and after (C, D) dosing of NIA (67 mg/kg) and STZ (125 mg/kg). Animals are dosed with either vehicle (A, C) or VP (50 mg/kg) (B, D). Glucose (2 g/kg) ingested at  $t = 0$  minutes, VP or vehicle dosed IV at  $t = -15$  minutes. Data are presented as mean  $\pm$  SEM,  $n = 6$ . Note different scales on Y-axis.

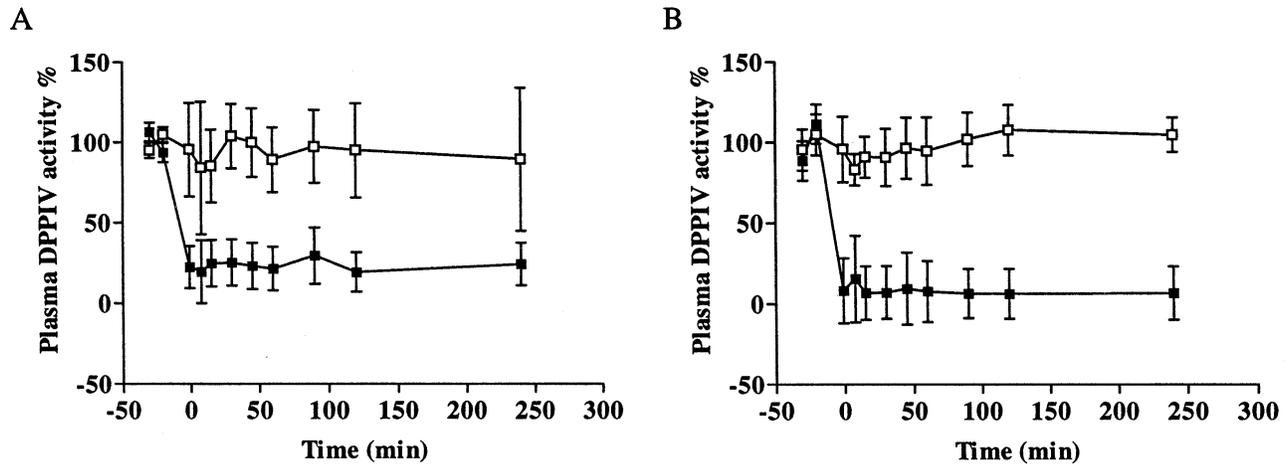
however, there was some variability of the effect of VP on DPPIV activity in the individual animals, especially before administration of NIA + STZ.

VP significantly improved glucose tolerance compared to vehicle treatment in animals previously dosed with NIA + STZ. Thus  $AUC_{\text{glucose}}$  was decreased substantially, whereas no significant effect was seen in normal animals (Table 2). VP did not increase insulin levels during the OGTT in either normal animals or after administration of NIA + STZ, but rather, there was a tendency for insulin levels to be slightly lower after VP (although this failed to reach statistical significance) (Figure 1). In spite of the apparently lower insulin levels after VP, the insulinogenic index was increased by VP in normal animals (from  $83 \pm 42$  to  $192 \pm 108$ ;  $P < .05$ ). This effect of VP was significantly larger ( $P < .01$ ) than in animals dosed with NIA + STZ, where no significant insulinogenic effect of VP was seen ( $45 \pm$

$23$  in vehicle-treated animals versus  $57 \pm 29$  in VP-dosed animals, NS).

DPPIV inhibition with VP did not affect the total amount of GIP ( $GIP\ AUC_{\text{C-terminal}}$ ) released in response to the OGTT in normal animals, but surprisingly, in the group with reduced  $\beta$ -cell mass, total GIP levels showed a significant reduction (Table 3, Figure 3). In contrast, concentrations of intact GIP were elevated by VP in both normal animals and after NIA + STZ. This resulted in the proportion of GIP that remained intact and biologically active being significantly increased by VP in both groups.

Changes in GLP-1 concentrations were less obvious, due in part to the fact that data on total GLP-1 (amidated + glycine-extended) were only available for 3 out of the 6 animals. Total GLP-1 was not affected by VP in either normal pigs or after NIA + STZ (Table 3, Figure 2). Although they failed to



**FIGURE 4**

Plasma DPPIV activity during OGTT in male Göttingen minipigs before (A) and after (B) dosing of NIA (67 mg/kg) and STZ (125 mg/kg). Animals are dosed with either VP (50 mg/kg) (■) or vehicle (□). Glucose (2 g/kg) ingested at  $t = 0$  minutes, VP or vehicle dosed IV at  $t = -15$  minutes;  $n = 6$ . Data are presented as mean  $\pm$  SD and are normalized according to baseline values.

reach statistical significance for the group as a whole, intact GLP-1 levels in individual animals showed a tendency to increase following VP administration, resulting in a trend toward an increased proportion of intact GLP-1.

### Proportion of Glycine-Extended C-Terminal GLP-1 Compared to Total C-Terminal GLP-1

Both amidated and glycine-extended GLP-1 are present in the pig. The use of the 2 different C-terminal assays, which are able to discriminate between the forms, revealed that glycine-extended GLP-1 is the predominant form in the pig, accounting for  $74\% \pm 13\%$  of total GLP-1 in the fasted state and  $60\% \pm 4\%$  of total GLP-1  $AUC_{C-terminal}$  in the postprandial state. Administration of NIA + STZ or VP did not change these proportions.

## DISCUSSION

DPPIV inhibitors are currently under investigation as new antidiabetic agents. They improve adverse glucose tolerance in rodents [1, 4, 56, 57, 63] and in type 2 diabetic patients in the early stages of the disease [2]. Their mechanism of action is believed to involve enhancement of endogenous incretins, and because of this, it is unknown whether they will also be effective when insulin secretory capacity is impaired. This study, therefore, aimed to examine the effect of DPPIV inhibition in a model of glucose intolerance due to reduced  $\beta$ -cell mass. The mild deterioration of glucose tolerance and insulin response during oral glucose following the modest (to 40%)  $\beta$ -cell reduction is in accord with human data showing that a more substantial  $\beta$ -cell reduction (to around 10% to 15%)

is required before overt insulin-dependent diabetes develops [20, 32, 58].

DPPIV inhibitors structurally based upon the dipeptide product of DPPIV cleavage, such as VP, ile-thiazolidine, and NVPDPP728, are effective in vivo, inhibiting plasma DPPIV activity in pig, man, monkey, rat, and dog [4, 8, 12, 56, 67]. In this study, VP inhibited plasma DPPIV activity by over 90% during the OGTT, and was associated with increased levels of intact GIP. Total GIP levels (C-terminal assay) were unaffected by VP in normal animals, but the decrease seen in the glucose-intolerant group is in agreement with previous studies in normal dogs [12]. This was interpreted as reduced secretion of GIP [12], because the metabolic clearance rate of C-terminal GIP immunoreactivity is unchanged by DPPIV inhibition [7]. Enhanced intact GIP levels may feedback to inhibit further secretion, directly at the K cells or indirectly via another agent. In the latter case, insulin can inhibit GIP secretion [62], although in the present study, insulin levels were, if anything, lower after VP. GLP-1 concentrations were, surprisingly, apparently not affected by VP. However, this finding must be interpreted with some caution, because only 3 animals were available for analysis of total GLP-1 immunoreactivity, and, as noted earlier, there was a tendency for intact GLP-1 to make up a greater proportion of total GLP-1 following VP. Acute DPPIV inhibition prevents N-terminal degradation of exogenous GLP-1 [8], and increases levels of endogenous intact GLP-1 [1, 4, 12, 63]. After chronic DPPIV inhibition, intact GLP-1 levels increase in some [63], but not all [56], studies. The reason for these differences is unclear, and further studies designed to investigate the mechanisms regulating K- and L-cell activity are needed before the overall

effect of DPPIV inhibition on incretin hormone secretion can be assessed.

In the present study, VP reduced the hyperglycemic response to oral glucose in glucose-intolerant animals. However, in contrast to results obtained after acute DPPIV inhibition in obese rodents [1, 4, 63], insulin levels were not increased, but were actually slightly lower than in vehicle-treated animals. This could reflect the integrated response of the pancreas to 2 simultaneous opposing stimuli, i.e., increased insulin secretion in response to elevated intact incretin hormone levels, together with a concomitant reduction of insulin secretion due to lower glucose levels. Indeed, reduced insulin responses to a glucose or meal challenge after GLP-1 infusion have been reported in some [22, 46, 49], but not all [65, 71, 74], studies in human subjects with type 2 diabetes, whereas decreased insulin secretory responses to GLP-1 have been observed in humans with impaired glucose tolerance compared to normal subjects [18]. However, other mechanisms may also contribute. In healthy subjects, a low GLP-1 infusion rate (0.4 pmol/kg/min) delayed gastric emptying, thereby reducing the glycemic excursion and, consequentially, insulin secretion, leading to the conclusion that the gastric emptying effects may outweigh the insulinotropic effects of GLP-1 [49]. Thus, even minor increases in endogenous intact GLP-1 in the present study may have influenced gastric emptying. However, mechanisms other than GLP-1-mediated effects must also be involved, because glucose tolerance is improved by DPPIV inhibition in mice with a specific deletion of the GLP-1 receptor [39]. GIP is one possibility, and the increased intact GIP levels found in the present study may have contributed to the effective uptake of glucose [44, 51, 52, 73]. After on-going DPPIV inhibition, improvements in glucose tolerance are associated with a reduction in insulinemia [2, 56, 63], which indirectly suggest an improvement in insulin sensitivity, and this is further supported by direct assessment of insulin sensitivity in glucose-intolerant rats after 12 weeks of DPPIV inhibition [57]. In the present study, the insulinogenic index (describing insulin levels relative to glycemia), used as a measure of  $\beta$ -cell sensitivity to prevailing glucose concentrations, was increased in normal animals, although this was not seen after NIA + STZ, possibly because of reduced residual insulin secretory capacity in these animals. Similar improvements in the insulinogenic index and insulin sensitivity are seen following long-term (6 weeks) continuous treatment with GLP-1 [74]. It is also likely that levels of other, as yet unidentified, substrates of DPPIV are enhanced, or that products of DPPIV action are reduced, by VP and may additionally contribute to the improvements in glucose tolerance.

In conclusion, these studies support the potential use of DPPIV inhibitors as an approach to the treatment of adverse postprandial glucose where this is attributable to reduced  $\beta$ -cell

mass. Taken together with observations that DPPIV inhibitors also reduce postprandial glycemia in hyperinsulinemic models of glucose intolerance [4, 56, 57], the data suggest that DPPIV inhibition may provide effective treatment of type 2 diabetes, irrespective of the etiology of the disease.

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