**Supplementary Figure.**

Trajectories of fasting (A), 1-hour (B), and 2-hour (C) plasma glucose until the incidence of type 2 diabetes in 28 progressers whose annual consecutive data were available. Error bars show 95% confidence intervals for the estimated levels after adjustments for age and sex.

**(A)**

　　　　　

**plasma glucose**

(mg/dL)

|  |
| --- |
| **Time until end of follow-up (years)　-5 -4 -3 -2 -1 0**  |
| **Progressors (n) 3 5 12 19 28 28** |

**(B)**

(mg/dL)

|  |
| --- |
| **Time until end of follow-up (years)　-5 -4 -3 -2 -1 0**  |
| **Progressors (n) 3 5 12 19 28 28****(C)**

|  |
| --- |
| **Time until end of follow-up (years)　-5 -4 -3 -2 -1 0**  |
| **Progressors (n) 3 5 12 19 28 28** |

**plasma glucose**(mg/dL) |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **plasma glucose** |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |