A c c o r d i n g t o d a t a c o l l e c t e d b y t h e E u r o p e a n E n v i r o n m e n t 
Agency, Europe has hundreds of thousands of contaminated 
sites\[1\], many of them resulting from earlier industrialization 
and poor environmental management. Past and present 
activities can cause dispersion and accumulation of countless 
contaminants, mainly chemicals, to an extent that might 
affect human health by compromising air quality, altering soil 
functions, entering the food chain, and polluting groundwa-
ter and surface water. Typically, but not always, these stressors 
occur in localized areas near the point sources and affect local 
communities.

The assessment of possible health impacts related to 
sites hosting or having hosted large or intensive production 
and processing plants (such as chemicals, petrochemicals, 
manufacturing, waste disposal and treatment, cement, power 
generation, mining, and metals) is the main focus of this 
special issue. Such assessments entail considerable challenges, 
but the scientific literature repeatedly documented these 
impacts, often substantial. A variety of methods and tools 
have been developed for the analysis of these studies: the 
review included in this special issue by M. Pascal et al., for 
example, describes the available methodologies for assessing 
the impacts of airborne contaminants around major 
industrial areas. These and other resources are available 
and have been applied in numerous investigations, examples of 
which are also presented in this special issue: L. Pascal et al. 
report on hospital admissions near a large industrial area 
in France; O. Breugelmans et al. studied cancer incidence 
around a steel plant in The Netherlands, using hierarchical 
Bayesian models; and R. Pirastu et al. applied different 
epidemiological approaches to study the health profile of 
residents in the Italian National Priority Contaminated Site 
in Taranto. All three studies indicate elevated risks for some 
of the health outcomes considered, in some cases with large 
excesses.

A number of agents and contaminants examined in these 
studies are well-established risk factors (e.g., asbestos) and 
in many cases the evidence provided was instrumental to 
undertake effective remediation.

Available assessments indicate that industrially contam-
inated sites represent an important public health issue for 
several reasons: the large extent of contamination and ensu-
ing health impacts, documented in many contaminated sites; 
the coexistence of multiple environmental stressors; the con-
currence of several residential and/or occupational exposure 
pathways; the largely unknown interaction with risk factors 
from the social environment, such as lifestyle (nutrition, 
tobacco consumption, alcohol, physical activity, and housing 
quality); and the markedly uneven distribution of the risks 
that raises issues of health inequality and environmental 
justice.

However, while the scientific literature on the subject is 
rich, it is not yet possible to draw a reliable comprehensive 
picture of the health impacts of contaminated sites, as
some questions remain open. Some of these questions are addressed in this special issue.

For a start, the heterogeneity of these sites makes a classification difficult; a common legal definition of contaminated site is not available, nor are common criteria to set up inventories. However, commonalities between certain kinds of areas with respect to the possible health effects exist, and an operational definition of contaminated sites has been proposed as follows: Areas hosting or having hosted human activities which have produced or might produce environmental contamination of soil, surface or groundwater, air, food-chain, resulting or being able to result in human health impacts [2].

The most relevant health outcomes to be considered a priori for different types of industrial activities are identified in this special issue, in a paper by R. Pirastu et al. that also presents an approach to describe the health profile of populations living in industrially contaminated sites using routinely collected data.

Epidemiological studies in contaminated sites, especially those focusing on residents (rather than workers), are beset by problems of exposure assessments. Exposure misclassification may in fact compromise the ability of these studies to detect health effects and also, though more rarely, generate false positives. Progress has been made, however, notably through biomonitoring [3] and modelling of dispersion and uptake, as described in this special issue in connection to waste incineration.

To pursue better quantification of the overall health impact of contaminated sites, more systematic data are needed to improve the assessment of human exposure. In this respect, many initiatives at the European level have been developed, especially with soil as an entry point. In this special issue, P. Panagos et al. describe the work undertaken in the framework of the European Union (EU) Thematic Strategy for Soil Protection, where the European Commission has identified soil contamination as a priority for the collection of policy-relevant data at continental scale.

In addition to raising problems with exposure assessment, industrially contaminated sites are often located close to urban areas and/or socially deprived neighbourhoods; this increases the possible extent of the impacts, makes exposure patterns more complex, and is involved in interactions with other health determinants.

Because often the rationale behind these studies is to inform policy decisions, such as remediation, reconversion, or industrial development, there is a need, ideally, to consider all the health stressors occurring in a contaminated site in their entirety, rather than breaking down the question to independent analyses focussing on single contaminants. Such an aspiration to holistic assessments makes the above challenges particularly demanding and should be considered in order to set a research agenda in this domain.

Current efforts include WHO-led expert consultations [2]. Taking stock from important national initiatives and current research in epidemiology, exposure assessment, toxicology, environmental monitoring and modelling, human biomonitoring, risk perception, and other disciplines, consensus has emerged on the urgency of the problem and on possible ways forward and goals for international collaborative work, which include

(i) producing guidelines on (a) strategies for studying environment and health in contaminated sites and (b) communication strategies;

(ii) developing resources, materials, and training modules on (a) approaches and methods to be applied in different sites and contexts and (b) communication strategies;

(iii) strengthening the methodology on exposure assessment, in particular, on biomonitoring and through the food-chain;

(iv) implementing health assessments that include detailed analyses of population subgroups, in particular, children;

(v) planning a system to collect data and produce comparative analyses of the health impact of different sources of contamination within and among different countries, allowing for the inclusion of socioeconomic factors.

In conclusion, on the basis of the accumulating evidence on the relevant health impacts (including the contributions contained in this special issue), the need for consistent policies on remediation, and the compelling dimension of the underlying health inequalities, the issue of contaminated sites and health can be considered of priority in the environment and health domain. Existing resources should be further developed and deployed to tackle this important question.

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References


