Research Article

Using Pretreatment of Carbon Monoxide Combined with Chlorine Dioxide and Lactic Acid to Maintain Quality of Vacuum-Packaged Fresh Beef

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Due to microbial growth, beef easily gets corrupt in retail conditions, and the color and quality of the meat will be deteriorated. Therefore, hurdle technology, namely, pretreatment of carbon monoxide (CO), chlorine dioxide, and lactic acid, is used for vacuum-packaged beef to decontaminate beef and increase its quality stability. Beef was pretreated with 100% CO (C1), 100% CO and 50 mg/L chlorine dioxide (C2), and 100% CO and 50 mg/L chlorine dioxide and 30 g/L lactic acid (C3). The untreated samples were used as control (CK). During storage, the $a^*$ color parameters of C1, C2, and C3 were significantly higher than that of CK, indicating CO pretreatment is a good way to maintain color appearance of beef, and chlorine dioxide and lactic acid did not affect the color-protecting role of CO on beef. C3 showed the strongest antimicrobial activity with the lowest total viable counts, followed by C2, C1, and CK. Samples in C3 also showed the lowest total volatile basic nitrogen, pH, thiobarbituric acid reactive substance, and metmyoglobin during the mid-late storage. Moreover, C3 can keep beef with higher unsaturated fatty acids. In conclusion, CO pretreatment combined with chlorine dioxide and lactic acid displayed efficient antimicrobial and color-stability activity for vacuum-packaged beef. It would be a potential way to use pretreatment of CO combined with chlorine dioxide and lactic acid to maintain the quality of vacuum-packaged beef.

1. Introduction

Microbial growth is the main reason of fresh meat spoilage, and the increasing microorganisms will modify the color and quality of the meat [1]. Therefore, many antimicrobial techniques have been promoted to preserve fresh meats. Antimicrobial is the basis of the decontamination for meat which is useful in extending shelf life of meats by reducing or eliminating survival of pathogenic and spoilage bacteria and increasing overall quality of food products. Chlorine dioxide ($\text{ClO}_2$) has been used as a powerful antimicrobial to reduce microorganisms [2]. Lactic acid is a generally regarded as decontaminating agent for reduction or elimination of spoilage and pathogenic microorganisms from beef [3]. Rodríguez-Melcón et al. [4] found that lactic acid not only improved microbial quality, but also enhanced sensory properties and shelf life of beef. Lactic acid and chlorine dioxide were reported to have broad antimicrobial effects with lower toxicities and more stable forms, making them promising candidates for decontamination [5–7]. In order to inhibit the growth of microorganisms of fresh meats, vacuum packaging is also used in food industry. However, vacuum-packaged fresh meat is unsuitable for the retail market because the lack of oxygen in the package causes a change of meat color from red to purple due to the conversion of oxymyoglobin to deoxymyoglobin [8]. Color is the most frequent criterion for judging shelf life and acceptability of fresh meats and it determines the consumers’ decision of whether or not to purchase [9]. Due to the formation of carboxymyoglobin between carbon monoxide (CO) and myoglobin [10], CO is very effective in maintaining red color for fresh meats [11–16]. The use of CO as a packaging gas has many benefits including increased color stability, shelf-life extension due to microbial inhibition properties, enhanced flavor, reduced protein oxidation and lipid oxidation, improved tenderness, and prevention of premature browning. In the USA, low
concentration of CO (0.4%) is generally recognized as safe and is approved by the FDA and CO is permitted as a primary packaging gas in case-ready packaging systems. Similarly, Canada also allows the application of 0.4% CO as a secondary packaging gas [16].

Although CO and vacuum packaging have been used to maintain the fresh meat quality; the antimicrobial effects of them are limited. Van Rooyen et al. [16] reported that the combination of CO pretreatment and vacuum packaging can improve the color stability of beef, but there is adverse effect on the antimicrobial status; the aerobic psychrophiles and anaerobic psychrophiles come up to 7 log CFU/g. Therefore, it is necessary to study useful methods to maintain quality of vacuum-packaged beef. Nowadays, hurdle technique, namely, using multiple antimicrobial treatments to inhibit microorganisms in meats, has been shown to be more effective than single intervention. Based on the color unacceptability of vacuum-packaged fresh meats and the demands of inhibiting microbial growth to maintain quality of fresh meat, we proposed using CO pretreatment, following antimicrobial processing with chlorine dioxide combined with lactic acid to maintain quality of vacuum-packaged fresh beef. To the best of our knowledge, limited information is available on the combined effects of CO, chlorine dioxide, and lactic acid on microbiological and physiochemical changes of vacuum-packaged fresh beef. Therefore the objective of this research was to determine the effect of combined pretreatment of CO, chlorine dioxide, and lactic acid on the qualities of beef by analyzing microbiological and physiochemical characteristics of beefsteaks.

2. Materials and Methods

2.1. Raw Materials. A total of 8 Luxi × Simmental steers (18–24 months old, 286–323 kg) were selected randomly from a local farm and slaughtered on a commercial abattoir. The longissimus lumborum and psoas major of the tenderloin were removed from both sides of the carcasses after 48 h postmortem, with all visible fat trimmed off, and cut into beefsteaks about 50 g with 2 cm thickness.

2.2. Sample Preparation. Beefsteaks were divided into four groups randomly. The first group of steaks were untreated and used as control (CK), the second group of steaks were pretreated with 100% CO for 1.5 h (C1), the third group was pretreated with the same CO and then immersed in 50 mg/L chlorine dioxide for 10 min (C2), and the last group of steaks were pretreated the same CO and chlorine dioxide and then spayed with 30 g/L lactic acid (C3). All samples were vacuum-packaged and stored at 4±1°C for up to 28 days. Microbial and physicochemical characteristics of beefsteaks were analyzed on 0, 7, 14, 21, and 28 days.

2.3. Color Measurement. Variability of physical color parameters (a*) at the time of storage was measured using a colorimeter (Hunter Associates Laboratory Inc., Reston, West Virginia, USA). Samples were read using illuminant A/10 observer and evaluated for CIE (a*) color values. This spectrum includes a* (red/green) value as a measure of the red (positive values) and green (negative values) colors of the sample [17]. The colorimeter was standardized using a white tile and a black tile and a working standard made by Hunter Lab manufacturer. The color values were the mean of five measurements per steak, and three steaks were used per pretreatment at each sampling time.

2.4. Microbial Analysis. Total viable counts (TVCs) were detected according to the China National Food Safety Standard methods (GB 4789.2-2010) and Lyu et al. (2016). Meat was minced under sterile condition, and 5-g minced meats were transferred aseptically into individual stomacher bags (Seward Medical, UK) containing 45 mL of sterile normal saline (0.9%) and homogenized in a stomacher (Lab Blender 400, Seward Medical, UK) for 2 min. For each sample, appropriate serial decimal dilutions were prepared in sterile normal saline (0.9%). The amount of 0.1 mL of these serial dilutions of beef homogenates was spread on the surface of dry media. TVCs were determined using Plate Count Agar after incubation for 48 h at 37°C. Microbial counts were expressed with logarithms of the number of colony forming units per gram (log10 CFU/g). The TVC values were the mean of three steaks per treatment at each sampling time.

2.5. pH Measurement. Briefly 5 g minced beef was homogenized with 45 mL deionized water using a blender (Lab Blender 400, Seward Medical, UK) at 6,000 rpm for 2 × 15 s, with a 5 s break. The pH value was measured with a Microprocessor pH meter (Mettler-Toledo GmbH, 8603, Schwerzenbach, Switzerland). The pH values were the mean of three steaks at each sampling time.

2.6. Total Volatile Basic Nitrogen Determination. Total volatile basic nitrogen (TVB-N) was determined according to the China National Food Safety Standard method, method for analysis of hygienic standard of meat and meat products (GB/T 5009.44-2003), and Lyu et al. (2016). Briefly, 5 g of minced beef meat was mixed with 45 mL of perchloric acid (1.2 M) and centrifuged at 8000 rpm for 10 min, and the homogenate was filtered through the filter paper. 5 mL of filtrate was made alkaline by adding 5 mL of 20% NaOH. Steam distillation was performed using Kjeldahl distillation unit (Shanghai Jianqiang Glass Co., China) for 5 min. The distillate was absorbed by 10 mL of 20% boric acid and then titrated with 0.01 mol/L HCl. Total volatile basic nitrogen (TVB-N) content was calculated and expressed with a unit of mg/100 g. The TVB-N values were the mean of three steaks per pretreatment at each sampling time.

2.7. Metmyoglobin Determination. Metmyoglobin (met-Mb) was extracted following the modified method described by Stewart et al. [18]. Briefly, 5 g minced meat was homogenized in 45 mL of 0.04 M phosphate buffer, pH 6.8 [19]. Homogenates were held, on ice, for 30 min to allow complete pigment extraction before centrifugation (10,000 xg) for 10 min at 4°C. The met-Mb (% of total) was calculated based on absorbance of clarified extract at 525, 572, and
700 nm [20, 21] using a Model UV-1800 UV-VIS recording spectrophotometer (Shimadzu, Instruments of Mfg. Co. Ltd., Suzhou, China). The met-Mb values were the mean of three steaks per pretreatment at each sampling time. The met-Mb content was calculated using the following formula:

\[
\text{Met-Mb} (\%) = \left\{ 1.395 - \frac{(A572 - A700)}{(A525 - A700)} \right\} \times 100. \tag{1}
\]

2.8. Thiobarbituric Acid Reactive Substance Determination. Thiobarbituric acid reactive substance (TBARS) assays were performed on the beefsteaks using the procedures described by Luqué et al. [22]. Briefly, 5 g minced beef meat was homogenized for 1 min at approximately 12,000 rpm in 30 mL of trichloroacetic acid (TCA) solution (7.5% TCA, 0.1% PG, and 0.1% ethylenediaminetetraacetic acid). The mixture was filtered through Whatman Grade-2 filter paper (Sigma-Aldrich, USA) and 5 mL of 20 mM thiobarbituric acid was added to 5 mL of the filtrate. The solution was then incubated for 40 min at 100 °C in closed test tubes. The absorbance of the supernatant was measured spectrophotometrically (UV-1800, Shimadzu, Instruments of Mfg. Co. Ltd., Suzhou, China) at 532 nm against a blank that contained all the reagents minus the meat [23–25]. A standard curve was prepared using 1,1,3,3-tetramethoxypropane at a concentration ranging from 0 to 10 ppm, and the amounts of TBARS were expressed as mg of MDA/kg sample. The TBARS values were the mean of three steaks per pretreatment at each sampling time.

2.9. Fatty Acid Profile Determination. Total lipids of beef were extracted by the method of Folch et al. [26]; then the fatty acid was methylated with 14% boron trifluoride methanol complex in methanolic solution [27]. Fatty acid methyl ester (FAME) was determined by gas chromatograph (Agilent 6890 GC, Santa Clara, CA, USA) with a split/splitless injector, a flame-ionization detector, and a 30 m fused silica capillary column (30 m × 0.32 mm × 0.25 μm film thickness) used, with helium as the carrier gas (flow rate = 1 mL/min). The initial temperature in the oven was 100 °C and it reached 220°C with increasing rate of 5°C/min; then it reached 230°C with increasing rate of 1°C/min. Injector and detector temperatures were at 220°C and 250°C, respectively. The fatty acids were identified by comparison of their FAME retention times with sigma reference standards (Supelco™ 37 Component FAME mix, Sigma, St. Louis, MO, USA). The individual fatty acid level was expressed as the percentages of total fatty acid content.

2.10. Statistical Analysis. A completely randomized design experiment was conducted for each test. Data were expressed as mean ± Standard Error of three replications, used as the storage periods (day 0, 7, 14, 21, and 28) and different groups (CK, C1, C2, and C3), and then analyzed by one-way analysis of variance (ANOVA) and least significant difference (LSD) using SPSS statistical package (22.0). Significant difference was considered at \( P < 0.05 \).
storage, chlorine dioxide and lactic acid do not have negative effect on the color of beef, and they even help CO maintain the color of beef.

3.2. Total Viable Counts Analysis. Microorganism is an important factor influencing the shelf life and quality of meat. Because the deterioration of meat can occur in the existence of microorganisms, estimation of TVC is usually used as the acceptability index for fresh beef [29, 30]. Changes in TVC of different treatments of vacuum-packaged beef storage are presented in Figure 2. The initial TVC of the beef was between 3.57 and 5.46 log CFU/g. TVC of all samples increased during the whole storage time. The TVC of CK increased more dramatically than treatment groups. After 28 days of storage, C3 had lowest TVC in all treatments followed by C2 and C1. It indicated that ClO₂ could delay the growth of microorganisms, and the combination of ClO₂ and lactic acid had an even better antimicrobial activity.

According to Stivarius et al. [2], ClO₂ was effective against all bacterial types they evaluated. The residual microorganisms inhibition on meat surfaces imparted by lactic acid had also been observed by Rodriguez-Melcon et al. [4] who reported that beef treated by 4% lactic acid may not only improve microbial quality, but also enhance shelf life. So far, few researches about the combination of ClO₂ and lactic acid applied to meats. But some results found that ClO₂ and lactic acid could inhibit the pathogenic bacteria. Smigic et al. [6] found the ClO₂ combined with lactic acid treatment had lethal effect on Campylobacter jejuni. Kim et al. [31] stated that ClO₂ in organic acid solution has antimicrobial function for the Bacillus cereus spores. Harris et al. [32] found that 4% lactic acid can have effect of reduction of Salmonella Typhimurium and Escherichia coli O157:H7. All these are in agreement with our result. It means that the combination of ClO₂ and lactic acid can help CO pretreated beef maintain a lower TVC, which might help beef display color stability during the storage. This is in accordance with the change of beef color a* values mentioned above.

3.3. PH Analysis. The pH changes of beef over 28 days of storage are displayed in Figure 3. The initial values were in a range from 5.70 to 5.86 and similar values were reported in the literatures for beef [33, 34]. As time went, pH values of all samples increased due to the activity of the microorganism and enzymes existing in it, which is accompanied by the dissociation of protein constituents and the production of free amino acids leading to formation of ammonia and amines, the alkaline reaction products, and increasing the pH value of the meat [35, 36]. Rodrigues et al. [37] also proved that the meat pH will increase in the shelf life verified as ammonia and amines produced. What is more, Lavieri and Williams [38] observed an increase in meat pH values packaged with polyvinyl chloride, and the pH increase was caused by the production of alkaline by-products during the
multiplication and stationary phase of microorganisms. At the beginning, the pH of C3 was lower \((P < 0.05)\) than CK, C1, and C2, because of the use of lactic acid. A decrease in pH values after decontamination with organic acid had been observed by other authors in red meat [39]. The pH values of samples in C1, C2, and C3 were significantly lower than that of CK during the 28 days of storage, and C3 had lowest pH value of all groups, followed by C2, C1, and CK. This is in accordance with the changes of TVC.

3.4. TVB-N Analysis. TVB-N is widely used as an indicator of meat spoilage. Figure 4 shows the changes of TVB-N in beef with different treatments during storage. According to Chinese National Standard GB2707-2016, the limit level of TVB-N for livestock products is 15 mg/100 g. The initial TVB-N ranged from 5.27 to 5.34 mg/100 g on day 0, indicating all samples were fresh meats at the beginning. Guo et al. [40] divided livestock products into three levels according to TVB-N contents: 0–15 mg/100 g TVB-N fresh; 15–25 mg/100 g TVB-N, semifresh; and above 25 mg/100 g TVB-N, spoiled. After 7 days of storage, all treatments except C3 had exceeded the limit level of 15 mg/100 g. TVB-N of all samples increased obviously, and samples in CK increased most rapidly, followed by C1, C2, and C3. On day 14, TVB-N of CK and C1 had spoiled limit level of beyond 25 mg/100 g. After 21 days of storage, TVB-N of C2 and C3 was still within the spoiled limit level. C3 showed the best effect on maintaining low TVB-N, followed by C2 and C1.

TVB-N is the most important spoilage indicator in different types of meat as nitrogenous compounds are formed due to the decomposition resulting from the decarboxylation and deamination caused by the growth of microorganisms [41]. Balamatsia et al. [42] have demonstrated that the growth of *Pseudomonas* spp. and *Enterobacteriaceae* could explain the TVB-N changes of meat during storage. Olafsdottir et al. [43] also observed the good correlation between the populations of spoilage microorganisms and TVB-N values. Recently, the increase of TVB-N could be attributed to the rising counts of microorganisms. The lower values of TVB-N with C3 than other treatments could be related to the inhibition of growth of microorganisms, which is similar to the changes of TVC.

3.5. Metmyoglobin Analysis. Changes in met-Mb of beefsteaks are shown in Figure 5. Contents of met-Mb of all samples with or without treatments significantly increased during storage. Met-Mb contents of CK increased progressively during 28 days of storage, followed by C1, C2, and C3 \((P < 0.05)\). Beefsteaks in treatments had lower met-Mb contents than control group at the end of storage, where C3 had the lowest one. Mancini and Ramanathan [44] demonstrated that met-Mb formation in beef was robustly reduced by lactic acid-enhancement, suggesting that lactic acid may be directly
involved in myoglobin redox stability. The results conformed to $a^*$ value in Figure 1.

The meat surface that has been affected by 20% of met-Mb can affect the purchase decisions of consumers and discrimination may occur [45]. Meat with met-Mb levels above 40% can lead to purchase rejection at point of sale [46]. According to Figure 4, at the end of storage, the met-Mb of CK had beyond 40%, so it will not have any commercial value. However, other treatments were not beyond the limit and have a longer shelf life. There was also a phenomenon in all CO pretreated treatments, where met-Mb values increased slightly at the beginning of the storage period and then increased rapidly until the end of storage. It may be because the binding capacity of CO to Mb became weak at the medium and later storage, due to the increasing degeneration of protein [47].

3.6. TBARS Analysis. Meat is susceptible to lipid oxidation due to the reaction of oxygen with unsaturated fats to form lipid peroxides and as a result off-flavor, rancidity, and surface discoloration occur. TBARS is used as an index of lipid oxidation. As seen in Figure 6 initial TBARS of C2 and C3 were higher than CK and Cl on day 0 ($P < 0.05$). It might be caused by ClO$_2$, which could oxidize the lipid in beef. With the increasing days of storage the TBARS values of the meat increased, indicating that lipid oxidation increased in beefs during storage. The TBARS changes of C3 and C2 treatments were similar and their TBARS were lower than C1 and CK, and the differences became more significant after 7 days ($P < 0.05$). At the end of storage period, C3 had lowest TBARS ($P < 0.05$), followed by C2, C1, and CK ($P < 0.05$). The results suggested that CO pretreatment combined with ClO$_2$ and lactic acid can delay the lipid oxidation of beef at whole storage period. It is might due to the inactivation activity of ClO$_2$ and lactic acid for microorganisms, which might reduce the lipid oxidation. Similar results were also reported in literatures [48–50].

3.7. Fatty Acid Profile Analysis. Results attributed to the main fatty acids of different treatments and their important ratios in the three formulations of beef were given in Table 1. The percentage of saturated fatty acid (SFA), polyunsaturated fatty acids (PUFAs), and monounsaturated fatty acids (MUFA) on day 0 were 32.18, 10.56, and 55.02%, respectively. The most predominant fatty acids were palmitic acid, hexadecenoic acid, stearic acid, oleic acid, linoleic acid, and arachidonic acid. A similar proportion of fatty acids in beefsteaks were reported in literature [51]. During storage, the levels of SFA increased in all beefs, while MUFA and PUFA decreased. The amount of UFA that gradually decreased during storage was a likely consequence of the development of oxidative reactions. MUFA are more susceptible to lipid oxidation because hydrogen atoms can be more easily abstracted from polyunsaturated fats than saturated fats [52].

SFA of CK, C1, C2, and C3 were 53.88, 46.44, 52.11, and 41.74%, respectively, at the end of storage. In comparison with the control beef, the beef treated with CO pretreatment, especially the pretreatment of CO combined with lactic acid and ClO$_2$ had the lowest SFAs. While the proportions of MUFA and PUFA of C3 were the highest. C2 had lower percentages of MUFA and PUFA than C1. It indicated that although the oxidation activity of ClO$_2$ easily makes unsaturated fatty acids oxidize, the application of lactic acid could inhibit the oxidation and keep the UFA in a high level in beef.

4. Conclusion

In order to inhibit the microbial growth and maintain color stability of vacuum-packaged beef, CO pretreatment combined with ClO$_2$ and lactic acid used in beef was studied. The results indicated that 100% CO pretreatment combined with 50 mg/L ClO$_2$ and 30 g/L lactic acid has the best effect of increasing the shelf life of beef by significantly inhibiting the bacterial growth, reducing the degree of chemical spoilage, and keeping high unsaturated fatty acid level, as well as retaining desirable color for beef. Color difference between beef samples treated by ClO$_2$ and lactic acid was lower than other untreated samples, indicating that lactic acid did not have negative effect on the color of CO pretreated beef. This study confirmed that the potential utility of lactic acid and ClO$_2$ was an effective way to extend shelf life of CO pretreated beef products and maintain the redness of beef for longer time.
Table 1: Effect of different treatments on fatty acid profile (% of total fatty acids) of the beef steaks.

<table>
<thead>
<tr>
<th>Fatty acids</th>
<th>0 d</th>
<th>CK</th>
<th>14 d</th>
<th>28 d</th>
<th>14 d</th>
<th>28 d</th>
<th>14 d</th>
<th>28 d</th>
</tr>
</thead>
<tbody>
<tr>
<td>C12:0</td>
<td>0.06±0.01</td>
<td>0.08±0.01</td>
<td>0.12±0.01</td>
<td>0.08±0.01</td>
<td>0.13±0.04</td>
<td>0.14±0.02</td>
<td>0.3±0.01</td>
<td>0.09±0.01</td>
</tr>
<tr>
<td>C14:0</td>
<td>2.01±0.03</td>
<td>3.32±0.52</td>
<td>4.46±1.05</td>
<td>2.21±0.46</td>
<td>2.49±0.68</td>
<td>3.13±0.32</td>
<td>4.22±0.74</td>
<td>2.09±0.09</td>
</tr>
<tr>
<td>C14:1</td>
<td>1.46±0.08</td>
<td>0.86±0.05</td>
<td>0.69±0.04</td>
<td>0.78±0.10</td>
<td>0.58±0.04</td>
<td>1.11±0.08</td>
<td>0.94±0.07</td>
<td>0.79±0.09</td>
</tr>
<tr>
<td>C15:0</td>
<td>0.76±0.01</td>
<td>0.91±0.05</td>
<td>1.02±0.18</td>
<td>0.77±0.02</td>
<td>0.78±0.07</td>
<td>0.84±0.06</td>
<td>1.2±0.05</td>
<td>0.74±0.12</td>
</tr>
<tr>
<td>C15:1</td>
<td>0.51±0.01</td>
<td>0.43±0.02</td>
<td>0.36±0.04</td>
<td>0.36±0.01</td>
<td>0.22±0.02</td>
<td>0.39±0.01</td>
<td>0.36±0.07</td>
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<tr>
<td>C16:0</td>
<td>17.37±2.14</td>
<td>23.31±3.06</td>
<td>26.47±2.07</td>
<td>23.71±1.97</td>
<td>26.26±0.98</td>
<td>24.49±2.87</td>
<td>28.88±1.22</td>
<td>23.88±2.11</td>
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<tr>
<td>C16:1</td>
<td>5.02±0.42</td>
<td>3.57±0.42</td>
<td>2.64±0.42</td>
<td>3.62±0.61</td>
<td>2.62±0.42</td>
<td>3.74±0.57</td>
<td>3.09±0.81</td>
<td>4.87±0.50</td>
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<tr>
<td>C17:0</td>
<td>1.79±0.05</td>
<td>1.31±0.08</td>
<td>0.79±0.09</td>
<td>1.25±0.06</td>
<td>0.77±0.02</td>
<td>1.25±0.12</td>
<td>1.89±0.07</td>
<td>2.43±0.04</td>
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<tr>
<td>C17:1</td>
<td>5.02±0.11</td>
<td>2.25±0.07</td>
<td>1.9±0.03</td>
<td>2.8±0.06</td>
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<td>1.89±0.07</td>
<td>2.43±0.04</td>
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<td>C18:0</td>
<td>10.01±1.03</td>
<td>15.71±1.01</td>
<td>20.69±2.08</td>
<td>13.89±1.57</td>
<td>15.42±0.98</td>
<td>14.11±1.42</td>
<td>16.28±1.53</td>
<td>11.78±1.09</td>
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<tr>
<td>C18:1, c9 (n-9)</td>
<td>43.01±3.68</td>
<td>36.11±4.02</td>
<td>32.82±3.67</td>
<td>37.41±3.94</td>
<td>36.38±3.98</td>
<td>32.73±3.62</td>
<td>39.63±4.25</td>
<td>39.51±4.18</td>
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<tr>
<td>C18:2, t6</td>
<td>3.59±0.57</td>
<td>2.59±0.42</td>
<td>1.34±0.51</td>
<td>2.47±0.26</td>
<td>1.42±0.26</td>
<td>2.51±0.33</td>
<td>1.9±0.11</td>
<td>2.55±0.39</td>
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<tr>
<td>C18:2, c6 (n-6)</td>
<td>0.29±0.03</td>
<td>0.41±0.02</td>
<td>0.53±0.11</td>
<td>0.27±0.07</td>
<td>0.26±0.12</td>
<td>0.38±0.06</td>
<td>0.45±0.05</td>
<td>0.31±0.03</td>
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<tr>
<td>C18:3 (n-3)</td>
<td>4.12±0.59</td>
<td>2.77±1.42</td>
<td>1.45±0.96</td>
<td>3.49±1.06</td>
<td>3.19±1.09</td>
<td>3.13±0.88</td>
<td>1.4±0.84</td>
<td>3.79±1.18</td>
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<tr>
<td>C20:0</td>
<td>0.18±0.02</td>
<td>0.27±0.08</td>
<td>0.32±0.02</td>
<td>0.46±0.05</td>
<td>0.76±0.06</td>
<td>0.33±0.03</td>
<td>0.45±0.05</td>
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<td>C20:4 (n-6)</td>
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<td>0.83±0.04</td>
<td>0.6±0.04</td>
<td>1.56±0.12</td>
<td>1.56±0.16</td>
<td>0.71±0.06</td>
<td>0.4±0.02</td>
<td>1.24±0.17</td>
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<tr>
<td>C20:5 (n-3)</td>
<td>0.54±0.03</td>
<td>0.32±0.03</td>
<td>0.17±0.01</td>
<td>0.34±0.05</td>
<td>0.25±0.02</td>
<td>0.3±0.02</td>
<td>0.21±0.03</td>
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</tbody>
</table>

CK, the group of beefsteaks without pretreatments; C1, the group of beefsteaks pretreated with 100% CO for 1.5 h; C2, group of beefsteaks pretreated with 100% CO for 1.5 h and soaked in 50 mg/L ClO₂; C3, group of beefsteaks pretreated with 100% CO for 1.5 h and soaked in 50 mg/L ClO₂ for 10 min and sprayed with 30 g/L lactic acid. Data were represented with mean values ± Standard Error. SFA, saturated fatty acid; MUFA, monounsaturated fatty acid; PUFA, polyunsaturated fatty acid.

Conflicts of Interest
The authors declare that there are no conflicts of interest.

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