

Research Article

Boron, Copper, and Zinc Affect the Productivity, Cup Quality, and Chemical Compounds in Coffee Beans

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Micronutrients perform specific and essential functions in plant metabolism, and their deficiency may lead to metabolic disturbances that affect coffee production and quality beverage. In Brazil, the B, Cu, and Zn are the main micronutrients, and these are provided by soil or foliar fertilization, frequently with low recovery efficiency. This work objected verifying the feasibility of supplying of B, Cu, and Zn via insertion of tablets in the orthotropic branch of *Coffea arabica*, as well as to evaluate the coffee plant response in terms of productivity and quality of the beverage. Adult plants received B, Cu, and Zn, each micronutrient alone or combined with the other two, by foliar fertilization or by tablets inserted in the trunk base. The productivity, cupping quality, and some chemical indicators of beans quality were evaluated in two crop seasons. Boron, copper, and zinc supplied by foliar spray or solid injections in the trunk influenced the chemical composition and quality of the coffee beans, characterized by the cupping test and the levels of caffeine, trigonelline, sucrose, glucose, arabinose, mannose, 3-caffeoylquinic acid, 5-caffeoylquinic acid, polyphenol oxidase activity, and total phenolic compounds. Copper and zinc were equivalent in either form of supply regarding the production and quality of coffee.

1. Introduction

Brazil is the largest world producer of coffee. As a world leader in production and exportation, the country needs to attend market requirements, innovating and adopting technologies to produce good-quality types of coffee. The necessity of offering good coffees is rising due to an increase in coffee consumers looking for refined tastes and aromas, which are related to the chemical composition of the coffee beans. Flavor and aroma are the main criteria to evaluate beverage quality and also constitute the most important attributes for consuming coffee [1]. The cup test is the standard approach to evaluate the flavor and aroma of coffee; however, quite often, it is criticized because of its subjective nature [2]. Therefore, it is essential to explore alternative

methods to accurately assess the chemical characteristics and the quality of beverage.

The production of bioactive compounds related to desirable flavor and aroma involves extremely complex chemical reactions, in which some mineral nutrients could have a key role. However, until now, little is known about the effect of the mineral nutrients B, Cu, and Zn on the production of chemical compounds that define the good quality of coffee. Most of the studies about mineral nutrition and coffee fertilization are focused on sources and doses of these nutrients, in order to optimize the productivity.

Boron deficiency is common in most of the Brazilian soils [3]. In coffee plants, its deficiency has been attributed to the natural loss of soil fertility, as well as to the wide use of highly demanding varieties. Boron deficiency in coffee plants

can reduce the root system growth and cause the death of thin root tips and consequently the decrease in water and mineral absorption. In consequence of that, the plants become sensible to drought and less responsive to fertilizations. As B is highly immobile in the phloem sap [4], its supply via soil is desirable, although been supplied many times by foliar sprays, mixed with Cu and Zn.

The Cu deficiency compromises the activity of several enzymes that catalyze oxidative reactions of several metabolic routes, especially the plastocyanin, superoxide dismutase, and polyphenoloxidase [5]. In the soil, Cu is strongly complexed by organic matter [6], so the common technique used for supplying Cu to coffee plants is through foliar sprays. The Cu deficiency can cause irreversible metabolic disturbances in coffee plants and possibly compromise the production of chemicals related to the beverage quality.

According to Fageria et al. [7], the lack of Zn impairs the world agriculture production, as well as the nutritional quality of grains. The main symptoms of Zn deficiency are related, in a still unclear way, to disturbance in auxin metabolism [5, 8], which plays an essential role in the synthesis of tryptophan, an amino acid precursor of IAA [9]. The photosynthetic activity of coffee plants is hugely diminished under lack of Zn, given its importance on enzymes involved in carbon fixation [10]. Besides this, Zn regulates or makes part of the structure of several other enzymes involved in protein synthesis and in nitrogen metabolism [5, 11]. In clayey acid soils, several reactions are responsible for the low Zn availability, which together with the low mobility of Zn in the coffee plant phloem drives to foliar fertilizations in such conditions [12, 13]. Also, like other Brazilian coffee producer regions, Zona da Mata is a mountain region in which manually done foliar sprays are time-consuming and costly.

Coffees of superior quality are those that have chemical compounds responsible for the flavor and aroma such as caffeine, trigonelline, aldehydes, furans, ketones, sugars, proteins, amino acids, pyrroles, pyridines, pyrazines, oxazoles, carboxylic acids, fatty acids, and phenolic compounds in an equilibrated proportion to obtain good body, acidity, and smoothness of the beverage.

When in the presence of microorganisms or under anaerobic conditions, the sugars present in the coffee mucilage can be fermented and produce alcohols that may be broken down successively in acetic, lactic, propionic, and butyric acids. Pinto et al. [14] studying the quality of beans used to prepare espresso coffee observed that the low-quality ones, such as the types "rio" and "rioysh," presented higher acidity than the types "strictly soft" and "soft."

Electrical conductivity (EC) or the leached potassium (LK) has been used in researches as consistent indicators of cellular membrane integrity. They are accessory attributes used preferentially to differentiate beverages of the same class, having little adequacy as a unique mean of differentiation. Grains of bad quality commonly present higher EC and less organization and cellular structuring than the good ones, showing that EC is a strong indicator of membrane and cell wall damage [15].

Polyphenoloxidase (PPO) is a cupric enzyme linked to the cellular membranes, and as discussed in the literature, it

is directly involved with the quality of the coffee beverage [2, 16, 17]. It is established that coffee beans that are strongly damaged or Cu deficient may have low PPO activity and low quality. Carvalho et al. [2] performed pioneering works, with physical and chemical evaluations of processed coffee beans previously classified as "strictly soft," "soft," "softish," "hard," "rioysh," and "rio," and verified that the coloration index and PPO allow the separation of beans with different coffee quality types.

Chlorogenic acids are the main nonvolatile phenolic compounds found in coffee beans and account for 6 to 12% of their dried mass [18]. They are formed by means of esterification of *trans*-cinnamic acids, such as caffeic acid, ferulic acid, and *p*-coumaric acid with quinic acids [19]. During the roast process, they are strongly degraded generating acids, lactones, and volatile compounds such as the phenil, guaiacol, and 4-vinyl guaiacol [20, 21], which contribute to the flavor and aroma of coffee, especially for the astringency of the beverage; the proanthocyanidins along with the polyphenols also provide an astringent flavor [22]. Within acceptable limits, chlorogenic acids have a positive effect on the beverage body.

Caffeine, commonly known as 1,3,7-trimethylxanthine, belongs to the methylxanthine class and gives bitterness to the coffee taste [19].

Trigonelline corresponds to around 1% of raw beans, and it is one of the precursors of aroma in coffee and undergoes degradation of up to 90% during roasting, forming mainly niacin, pyridines, and some pyrroles; the lower the trigonelline content in the beans, the lower the quality of the coffee beverage [23]. It is worth to highlight that the more drastic one is the roast process in which the lower levels of trigonelline will be found in the samples [24].

Production of secondary metabolism metabolites, such as polyphenols, caffeine, trigonelline, alcohols, and aldehydes, depends on the primary metabolism and its catabolic reactions that produce energy and the carbonic skeleton, such as sucrose. Therefore, if any factor affects photosynthesis production during the fruits development, then it can also affect negatively the quality of beverage [25].

This work is aimed at evaluating the production of bioactive compounds and the quality of raw coffee beans harvested from plants fertilized with B, Cu, and Zn via foliar sprays or solid injections of salts in the trunk and correlates these variables with the nutritional status of the plants.

2. Materials and Methods

Three experiments were performed in July, in a field crop area of the Universidade Federal de Viçosa, Viçosa, Minas Gerais State, Brazil, using an adult orchard of *Coffea arabica* L. cv. Catuaí IAC-99 and have been conducted and evaluated during two crop seasons. The experimental field is located at 20°45 south and 42°51 west, at 541 m above the sea level. The soil of the experimental field is classified as a red-yellow latosol and the climate is classified as Cwa, according to the Köppen classification, with annual temperature and precipitation averages of 19.4°C and 1221.4 mm, respectively.

2.1. Treatments and Experimental Design. In the first experiment, the following treatments were performed to evaluate the boron effect: control without B supply, foliar sprays with boric acid at 0.4%, injection of tablets containing B salts at the base of the trunk, injection of tablets containing B + Cu salts at the base of the trunk, injection of tablets containing B + Zn salts at the base of the trunk, and injection of tablets containing B + Cu + Zn salts at the base of the trunk.

The second experiment, to evaluate the copper effect, was performed in the same way as the first, receiving the following treatments: control without Cu supply, foliar sprays with copper sulphate at 0.4%, injection of tablets containing Cu salts at the base of the trunk, injection of tablets containing Cu + B salts at the base of the trunk, injection of tablets containing Cu + Zn salts at the base of the trunk, and injection of tablets containing Cu + B + Zn salts at the base of the trunk.

The third experiment, to evaluate the zinc effect, was performed like the other two, receiving the following treatments: control without Zn supply, foliar sprays with zinc sulphate at 0.4%, injection of tablets containing Zn salts at the base of the trunk, injection of tablets containing Zn + B salts at the base of the trunk, injection of tablets containing Zn + Cu salts at the base of the trunk, and injection of tablets containing Zn + B + Cu salts at the base of the trunk.

All the experiments were assigned as randomized blocks with 5 replications. Each plot was composed of 18 plants distributed in three rows 3 m apart and with 1 m between plants in a row. The four central plants constituted the useful plot. We worked with 30 total plots in each experiment.

The tablets of B and Zn were prepared at the Laboratory of Civil Engineering, Universidade Federal de Viçosa, using a hydraulic press with a force of 0.5 tons. The copper was supplied through capsules without any compression of the salts, due to the difficulty of these in forming compact mass with excipient agents. The tablets were implanted into the orthotropic branch of the coffee tree at 10 cm above the ground.

Considering that usually coffee foliar sprays are done with a volume of 400 L·ha⁻¹ and that the orchard had 3333 plants per hectare, we used 120 mL of spraying solution per plant, totaling 480 mL per plot. All nutrients were sprayed by means of handheld sprayers with cone-filled nozzles, and we added 1 mL·L⁻¹ of the adhesive adjuvant to the solution. Plastic curtains were placed between the rows to prevent drift.

In each crop season, three foliar sprays were applied between September and February. The liming and fertilization with nitrogen, phosphorus, and potassium were performed based on soil analysis, and the expected productivity, following the recommendations of [26].

In order to determine the nutritional status of the plants subjected to the different treatments, in the two crop seasons, coffee leaves were taken from the third or fourth nodes and counted from the apex to the base of plagiotropic branches, at a median height in the canopy and in the period between flowering and the first rapid expansion of the fruits. The leaves were washed in deionized water and dried in an oven with forced air at 70°C, until constant weight.

Boron content was determined using the azomethine-H method after dry digestion of the plant material [27].

TABLE 1: Numerical scores for the coffee cupping test.

Taste	Nota
Strictly soft (specialty coffee)	≥87
Soft	80–86
Softish	74–79
Hard	≤74

The content of Cu and Zn was determined by atomic absorption spectrophotometry [28] in the extract of the nitric-perchloric acid digestion [29].

2.2. Evaluations

2.2.1. Production. The harvesting of the four usable plants of the plot was carried out, when the plants had approximately 95% coffee cherries. The coffee cherries were handpicked and dried on a bench in a greenhouse until achieving 11% moisture content. After drying, they were hulled and used for the chemical analysis.

2.2.2. Cupping Quality. The cupping test was performed by professional tasters, using the CoE (cup of excellence) method (Table 1). Each attribute (clean beverage, sweetness, acidity, body, taste, flavor, and reminiscent taste) received a score based on the taste intensity exhibited by the samples, according to the Brazilian official method plus the grades described by the SCAA method for specialty coffees [30].

2.2.3. Chemical Analysis of the Coffee Beans. Total sugars, nonreducing sugars, coloration index, total titratable acidity, pH, electrical conductivity, and leached potassium were evaluated in beans harvested in the crop season 2010/2011. Coloration index, leached potassium, total titratable acidity, pH, electrical conductivity, caffeine, trigonelline, total phenolic compounds, sucrose, glucose, mannose, arabinose, galactose, proanthocyanidin, 3-caffeoylquinic acid, 4-caffeoylquinic acid, 5-caffeoylquinic acid, and PPO activity were evaluated in beans harvested in the crop season 2011/2012 as described below. All the extractions and readings were performed in duplicates.

Total sugars and reducing sugars were extracted by the Lane–Enyon method as described by the Association of Official Analytical Chemists [31] and determined by the Somogyi technique, adjusted by Nelson [32]. The non-reducing sugars were determined by the difference between total and reducing sugars. The coloration index was determined by Singleton [33], adapted for coffee. The results of total sugar were expressed in percentage (%) and the coloration index in DO 425 nm, respectively.

Total titratable acidity and the pH were determined as described by the Association of Official Analytical Chemists [31]. Already, electrical conductivity was determined according to the method described by Loeffler et al. [34], and the leached potassium was determined using a flame photometer, as described by Prete [35]. The results of total titratable acidity, electrical conductivity, and leached potassium were expressed

TABLE 2: Contents of B, Cu, and Zn ($\text{mg}\cdot\text{kg}^{-1}$) of index leaves of coffee plants that received B, Cu, and Zn as solid injections or foliar sprays (FSs).

Crop season	2010/2011	2011/2012
<i>Boron</i>		
WB	24.08*	27.46
FS (control)	35.04 ⁺	30.35
B	35.51 ⁺	50.41 ^{*,+}
B + Cu	35.04 ⁺	64.65 ^{*,+}
B + Zn	33.26 ⁺	72.31 ^{*,+}
B + Cu + Zn	23.94*	78.64 ^{*,+}
CV (%)	6.59	13.19
<i>Copper</i>		
WCu	9.64*	5.24*
FS (control)	13.51 ⁺	13.14 ⁺
Cu	17.06 ^{*,+}	18.62 ^{*,+}
B + Cu	14.94 ⁺	15.79 ^{*,+}
Cu + Zn	18.96 ^{*,+}	19.41 ^{*,+}
B + Cu + Zn	16.46 ^{*,+}	16.52 ^{*,+}
CV (%)	8.25	6.15
<i>Zinc</i>		
WZn	6.5*	4.68*
FS (control)	10.06 ⁺	7.42 ⁺
Zn	10.85 ⁺	11.58 ^{*,+}
B + Zn	10.63 ⁺	10.89 ^{*,+}
Cu + Zn	11.75 ^{*,+}	13.66 ^{*,+}
B + Cu + Zn	9.85 ⁺	9.98 ^{*,+}
CV (%)	6.25	16.31

WB, WCu, and WZn: control treatments, without application of B, Cu, and Zn, respectively; FS: foliar spray with boric acid, copper sulphate, and zinc sulphate (0.4%); B: trunk injection of tablets containing B salts; Cu: trunk injection of tablets containing Cu salts; Zn: trunk injection of tablets containing Zn salts; B + Cu: trunk injection of tablets containing B and Cu salts; B + Zn: trunk injection of tablets containing B and Zn salts; Cu + Zn: trunk injection of tablets containing Cu and Zn salts; B + Cu + Zn: trunk injection of tablets containing B, Cu, and Zn salts; *mean values are statistically different from those of the control treatment (FS) at the 10% significance level, according to Dunnett's test; ⁺mean values are statistically different from those of the control treatment (WB-WCu-WZn) at the 10% significance level, according to Dunnett's test.

in mL of NaOH 100 g^{-1} of the sample, $\mu\text{S}\cdot\text{cm}^{-1}\cdot\text{g}^{-1}$, and $\text{g}\cdot\text{kg}^{-1}$, respectively.

The polyphenoloxidase (PPO) activity was determined as described by Ponting and Joslyn [36], using the sample extract without DOPA as the blank, and the results were expressed in U/min/g of the sample. Chlorogenic acids were extracted according to Farah et al. [37] and Trugo and Macrae [18], and the results were expressed in percentage (%).

Caffeine was determined according to the method described by Mazzafera et al. [38] with additional modifications as described by Vitorino et al. [39], the trigonelline was determined according to the method described by Vitorino et al. [39], and phenolic compounds were determined by the Folin-Denis method as described by the Association of Official Analytical Chemists [31]. The results were expressed in percentage (%).

The proanthocyanidins were determined as described by Hagerman et al. [40], and sucrose, glucose, mannose, galactose, and arabinose were determined as described by Sluiter et al. [41]. The results were expressed in percentage (%).

2.2.4. *Statistics.* Data were submitted to variance analysis, and the means were compared by Dunnett's test at 10% of probability in the program SAEG 9.1 [42]. The treatment without B, Cu, and Zn was considered as the first control because it is the control of all treatments, and the sprayed treatment was considered as the second control because it is the usual form to supply B, Cu, and Zn to coffee plants.

3. Results and Discussion

3.1. *Boron Content in Index Leaves.* In the crop season 2010/2011, the index leaves of the coffee plants that received B as foliar spray or solid injections with B, B + Cu, or B + Zn presented higher contents of B than the control treatment without boron (WB). For this same crop season, the experiments evaluating tablets of Cu and Zn behaved the same way compared to the control treatments without Cu and without Zn (WCu-WZn; Table 2).

The content of B in the leaves of the treatments with B, B + Zn, and B + Cu was statistically similar to that in the sprayed control treatment, and the treatment with B + Cu + Zn was statistically lower in the first crop season (Table 2).

The content of Cu of the treatments with Cu, Cu + Zn, and B + Cu + Zn was statistically higher than that observed in the sprayed control, suggesting fast release of the nutrient in the treatments that received Cu as solid injections. For the Zn content in leaves, only the Cu + Zn treatment was significantly higher than the sprayed control (Table 2).

Considering the sufficiency ranges of 29 to 52 $\text{mg}\cdot\text{kg}^{-1}$ for B, 13 to 29 $\text{mg}\cdot\text{kg}^{-1}$ for Cu, and 6 to 12 $\text{mg}\cdot\text{kg}^{-1}$ for Zn as determined by Martinez et al. [43] for the region of Viçosa, only the plants of the control treatment (WB-WCu) were deficient in B and Cu and the plants of the treatment with B + Cu + Zn were deficient in B.

In the crop season 2011/2012, solid injections of B, Cu, and Zn in the trunk, pure or combined with two or three elements, resulted in higher contents of these nutrients in leaves than the treatments WB, WCu, and WZn. In the case of B, the concentrations attained could be considered toxic to the plants, while in comparison to the sprayed treatment, it can be noted that the content of all treatments that received solid injections of B, Cu, and Zn was significantly higher (Table 2).

In all treatments, except the treatments WB, WCu, and WZn, the concentrations of Cu and Zn were considered adequate according to the method described by Martinez et al. [43]. The results suggest that both forms, in both crop seasons, were efficient to increase the contents of B, Cu, and Zn in index leaves of coffee plants, even with the necessity to review the composition and doses of B salts.

3.2. *Production.* In the first crop season, there were no statistically significant differences in coffee production. Plants in the B experiment yielded 3.59 kg of cherries per plant (2992 $\text{kg}\cdot\text{ha}^{-1}$ of processed coffee), while plants in the Cu and Zn experiments produced on average 3.61 and 3.54 kg of coffee cherries per plant (3.005 $\text{kg}\cdot\text{ha}^{-1}$ and 2947 $\text{kg}\cdot\text{ha}^{-1}$ of processed coffee, resp.). This result could be

TABLE 3: Coffee cherry production of coffee plants submitted to the fertilization via solid salts injections in the trunk and foliar sprays with B, Cu, and Zn.

Treatments	Production	
	2010/2011	2011/2012
<i>Boron</i>		
WB	3.47	4.55
FS	3.57	5.47
B	3.83	4.30
B + Cu	3.74	6.15* ⁺
B + Zn	3.47	5.59* ⁺
B + Cu + Zn	3.45	3.93
Means	3.59	5.00
CV (%)	22.88	26.66
<i>Copper</i>		
WCu	3.47	4.55
FS	3.57	5.47
Cu	3.99	5.56
B + Cu	3.74	6.15* ⁺
Cu + Zn	3.42	5.15
B + Cu + Zn	3.45	3.93
Means	3.61	5.13
CV (%)	22.85	20.38
<i>Zinc</i>		
WZn	3.47	4.55
FS	3.57	5.47
Zn	3.83	5.24
B + Zn	3.47	5.59
Cu + Zn	3.42	5.15
B + Cu + Zn	3.45	3.93
Means	3.54	4.99
CV (%)	28.56	27.03

WB, WCu, and WZn: control treatments, without application of B, Cu, and Zn, respectively; FS: foliar spray with boric acid, copper sulphate, and zinc sulphate (0.4%); B: trunk injection of tablets containing B salts; Cu: trunk injection of tablets containing Cu salts; Zn: trunk injection of tablets containing Zn salts; B + Cu: trunk injection of tablets containing B and Cu salts; B + Zn: trunk injection of tablets containing B and Zn salts; Cu + Zn: trunk injection of tablets containing Cu and Zn salts; B + Cu + Zn: trunk injection of tablets containing B, Cu, and Zn salts; *mean values are statistically different from those of the control treatment (FS) at the 10% significance level, according to Dunnett's test; ⁺mean values are statistically different from those of the control treatment (WB-WCu-WZn) at the 10% significance level, according to Dunnett's test.

due to the fact that fruits are produced in nodes formed in the previous growing season; therefore, nodes in which the fruiting occurred were already formed prior to treatment applications in this study (Table 3).

In the crop season 2011/2012, there was a significant difference in coffee production among the treatments at 10.9 % of probability (Table 3), with the productions of the treatments containing B (B + Cu and B + Zn) 35.01% and 22.82% greater than that in the treatment WB. Such differences correspond to 1328 kg·ha⁻¹ and 866 kg·ha⁻¹ of processed coffee, respectively, even with the index leaves presenting excessive concentrations of the nutrient (Tables 2 and 3).

For the Cu experiment, the production of the treatment with B + Cu was statistically different, considering the treatment without Cu or the sprayed treatment as controls (Table 3). These results suggest that tablets containing B + Cu

salts supplied Cu in adequate amounts, but the most interesting finding was the good combination with B and Cu in the same tablet, since the treatments containing only Cu, Cu + Zn, and B + Cu + Zn and the sprayed treatment were statistically equal compared to the treatment WCu. Later, maybe the plants were slightly sensitive to high concentrations of Cu, as can be concluded taking into account the Cu content in the index leaves.

For the Zn experiment, there was no significant effect of Zn on production, in the two crop seasons, even with the variations in the content of Zn in index leaves, with the mean values of the production in the second crop year being 4.99 (4157 kg·ha⁻¹ of processed coffee) (Table 3).

The high level of probability used can be considered acceptable for coffee experiments conducted in commercial orchards because the experimental conditions are very heterogeneous and each coffee plant of the plant population has great variability.

According to Brown and Shelp [44], the B moves in the form of complexes with polyols (sugar-alcohol), and coffee has a large amount of mannitol, but there is little information on the distribution of these polyols. Brown and Hu [45] observed that, in coffee plants, the B is immobile in phloem because of the low capacity of forming stable complexes with sucrose; therefore, the foliar sprays correct the deficiency only in the leaves that received the fertilizers, and the leaves that grow after fertilizers application will present low B concentrations, demanding a greater number of applications.

Santinato et al. [46] working with high doses of boric acid applied in the soil observed that, despite the plant did not present toxicity symptoms, excessive doses caused reduction of 600 kg·ha⁻¹ of processed coffee.

Positive correlations between B availability in soil and the harvest index were found by Lima Filho and Malavolta [47] for *Coffea arabica* cv. Catuaí Amarelo. They have observed a great correlation among the harvest index and B content in leaves, branches length, and number of leaves and branches and low correlation among the harvest index and dry matter of the roots, stem, branches, and leaves. These variables are important for coffee production because, according to Rena and Maestri [48], the vertical growth of coffee plant determines the formation of nodes, and from buds of these nodes emerge plagiotropic branches, in which nodes will develop leaves and inflorescences. Therefore, the flowering depends on the branches growth, the number of nodes, and numbers of leaves, since it is to verify that many nodes without leaves do not flower.

According to Santinato et al. [49], 6 to 12 applications per year with solutions at the concentration of 0.25% organic boron (10% B) not coinciding with the flowering provided high productivity and maintained good correlation between B content in leaves and production, although there was no significant difference between the treatments regarding the B content in leaves. Barros et al. [50] observed that boric acid application at 0.3% twice a year resulted in productions only 8% higher than the control treatment without B application. On the other hand, Lima Filho and Malavolta [47] and Barros et al. [50] reported that the increase in B

concentration not always provides an increase in coffee productivity.

According to Andrade [51], in adult coffee plants receiving sprays containing Cu, high Cu content present in leaf did not reduce production possibly because Cu is located on the leaf surface or even because the element remains largely in the cuticle not reaching the cytoplasm. Loneragan [52] states that Cu movement into the plants depends on its concentration. During the initial stages of growth, Cu in excess causes reduction on the branching, thickening, and abnormal coloration of rootlets [53].

Regarding Zn in a field experiment, Guimarães et al. [54] observed an increase of 60 to 360 kg·ha⁻¹ of processed coffee with Zn supplementation by foliar spray, followed by the increase in the concentration of Zn from 8 to 21 mg·kg⁻¹ in index leaves. In turn, Lima Filho and Malavolta [55] proved the positive interaction between B and Zn studying the dry matter production in seedlings of coffee varieties, and when the nutrients were supplied together, the dry matter production was 21% higher.

In a field experiment performed in the same conditions of that of the experiment reported here, Martinez et al. [56] studied the effect of Zn on the production and on some quality attributes of coffee beans and did not observe effect of the nutrient on the production; however, there was an effect of Zn on beans size. Moreover, plants supplemented with Zn had the highest percentage of exportable grains, retained in the sieves 17 and 18. Still according to these authors, there was no significant effect of Zn on the cup quality of coffee beans; however, the score related to the cup quality of the beans harvested from plants that did not receive Zn was 60, while in the beans harvested from plants that received Zn, it was 72.5.

In the same orchard, Neves et al. [57] studied the effect of Zn, supplied by trunk injection and foliar sprays, on the production and on some attributes of quality. The cumulative production of two crop seasons for treatments that received tablets of Zn inserted in the trunk and the treatment without Zn was 11,292 and 7810 kg·ha⁻¹ of processed coffee, respectively. The difference among them was 3482 kg·ha⁻¹, which corresponds at 30.9%. Still according to the authors, the beans were classified as “hard” type, and there was no significant effect of Zn on coffee bean quality evaluated by the cup test.

3.3. Cupping Quality. There was no significant effect of B on the cupping test in both years, with the overall mean grades of 83.73 and 80.4 in the respective assessed years; in general, the coffee beans were classified as “soft” (Table 4).

Comparing tablets with the treatment WCu and the sprayed treatment, only the treatment containing Cu + Zn had statistically low scores in the crop season 2011/2012, evidencing the effect of the way of Cu supply and the effect of the nutrient on the cupping quality. As previously reported, the index leaves of the plants subjected to this treatment had slightly high Cu content. In case of Cu and Zn tending to the excess quantity, there is a negative interaction with other cationic micronutrients

TABLE 4: Cupping test of coffee beans harvested from plants submitted to fertilization via solid salts injections and foliar spray with B, Cu, and Zn.

Treatments	2010/2011	2011/2012
Cupping test		
<i>Boron</i>		
WB	82.4	82.7
FS	84.8	83.9
B	84.4	72.8
B + Cu	83.4	83.25
B + Zn	83.6	79.35
B + Cu + Zn	83.8	80.4
CV (%)	3.76	8.20
<i>Copper</i>		
WCu	82.4	82.7
FS	84.8	83.9
Cu	85.0	81.5
B + Cu	83.4	83.25
Cu + Zn	82.0	74.6* ⁺
B + Cu + Zn	83.8	80.4
CV (%)	4.27	5.81
<i>Zinc</i>		
WZn	82.4	82.7
FS	84.8	83.9
Zn	84.2	78.9
B + Zn	83.6	79.35
Cu + Zn	82.0	74.6
B + Cu + Zn	83.8	80.4
CV (%)	4.34	10.17

WB, WCu, and WZn: control treatments, without application of B, Cu, and Zn, respectively; FS: foliar spray with boric acid, copper sulphate, and zinc sulphate (0.4%); B: trunk injection of tablets containing B salts; Cu: trunk injection of tablets containing Cu salts; Zn: trunk injection of tablets containing Zn salts; B + Cu: trunk injection of tablets containing B and Cu salts; B + Zn: trunk injection of tablets containing B and Zn salts; Cu + Zn: trunk injection of tablets containing Cu and Zn salts; B + Cu + Zn: trunk injection of tablets containing B, Cu, and Zn salts; *mean values are statistically different from those of the control treatment (FS) at the 10% significance level, according to Dunnett's test; ⁺mean values are statistically different from those of the control treatment (WB-WCu-WZn) at the 10% significance level, according to Dunnett's test.

that when in appropriate concentrations certainly would influence positively the route of production of compounds associated with desirable flavors and aromas (Tables 2 and 4).

There was no effect of Zn on the cupping test, reaching scores of 83.46 and 79.97 in the two crop seasons, respectively, and the beans would be classified as “soft” (Table 4). In spite of the fact that the precision and validity of the cupping are much discussed because of its subjective nature and the limitation of tasters abilities, this result points out to the major importance of the postharvest procedures than the mineral nutrition of the plant on coffee quality.

3.4. Electrical Conductivity, Leached Potassium, and Coloration Index in the Crop Season 2010/2011. In the first crop season, there was no effect of B, Cu, and Zn supplied as tablets on CI, TTA, pH, EC, KL, TS, and RS of the beans

TABLE 5: Coloration index (CI, DO 425 nm), total titratable acidity (TTA, mL NaOH 100 g⁻¹), pH, electrical conductivity (EC, $\mu\text{S}\cdot\text{cm}^{-1}\cdot\text{g}^{-1}$), leached potassium (KL, g·kg⁻¹), total sugars (TS, %), and reducing sugars (RS, %) in coffee beans of *Coffea arabica* treated with different forms of B, Cu, and Zn supply, in the crop season 2010/2011.

Crop season 2010/2011							
<i>Boron</i>							
Treatments	CI	TTA	pH	EC	KL	TS	RS
WB	0.81	11.2	5.61	41.39	1.29	11.73	0.216
FS	0.89	10.4	5.60	42.71	1.40	11.41	0.197
B	0.84	10.0	5.60	41.36	1.30	11.63	0.212
B + Cu	0.93	10.4	5.58	41.84	1.29	12.09	0.199
B + Zn	0.91	10.8	5.50	41.09	1.23	9.70	0.279
B + Cu + Zn	0.93	11.2	5.61	38.87	1.23	11.28	0.264
CV (%)	12.03	20.05	1.35	14.26	12.67	13.91	34.39
<i>Copper</i>							
Treatments	CI	TTA	pH	EC	KL	TS	RS
WCu	0.81	11.2	5.61	41.39	1.29	11.73	0.216
FS	0.89	10.4	5.61	42.71	1.40	11.41	0.197
Cu	0.87	10.4	5.60	41.98	1.36	11.48	0.221
Cu + B	0.93	10.4	5.58	41.84	1.29	12.09	0.199
Cu + Zn	0.88	11.6	5.58	38.14	1.18	12.20	0.211
B + Cu + Zn	0.93	11.2	5.61	38.87	1.23	11.28	0.264
CV (%)	10.76	24.48	0.75	13.8	13.67	14.16	20.22
<i>Zinc</i>							
Treatments	CI	TTA	pH	EC	KL	TS	RS
WZn	0.80	11.2	5.61	41.39	1.29	11.73	0.216
FS	0.89	10.4	5.60	42.71	1.40	11.41	0.197
Zn	0.90	11.2	5.62	41.09	1.32	12.13	0.209
Zn + B	0.91	10.8	5.50	41.09	1.23	9.70	0.279
Zn + Cu	0.88	11.6	5.58	38.14	1.18	12.20	0.211
B + Cu + Zn	0.93	11.2	5.61	38.87	1.23	11.28	0.264
CV (%)	11.06	17.27	1.45	16.7	14.13	17.24	35.64

WB, WCu, and WZn: control treatments, without application of B, Cu, and Zn, respectively; FS: foliar spray with boric acid, copper sulphate, and zinc sulphate (0.4%); B: trunk injection of tablets containing B salts; Cu: trunk injection of tablets containing Cu salts; Zn: trunk injection of tablets containing Zn salts; B + Cu: trunk injection of tablets containing B and Cu salts; B + Zn: trunk injection of tablets containing B and Zn salts; Cu + Zn: trunk injection of tablets containing Cu and Zn salts; B + Cu + Zn: trunk injection of tablets containing B, Cu, and Zn salts; * mean values are statistically different from those of the control treatment (FS) at the 10% significance level, according to Dunnett's test; + mean values are statistically different from those of the control treatment (WB-WCu-WZn) at the 10% significance level, according to Dunnett's test.

compared to the treatments WB, WCu, and WZn or the sprayed treatments as controls (Table 5).

In the second crop season, there was no effect of B on the TTA, EC, and KL. Only the treatments with B + Cu + Zn and B + Cu differed from the sprayed treatment but did not differ from the treatment without B, indicating the effect of the way of B supply on this variable but not the effect of the nutrient (Table 6).

There was no effect of Cu on TTA, pH, EC, and KL. The treatments that received Cu, Cu + B, Cu + Zn, and B + Cu + Zn via solid injections differed from the sprayed treatment, and considering the treatment WCu as control, only the sprayed treatment was different, indicating the effect of Cu and the way of Cu supply on CI (Table 6).

TABLE 6: Coloration index (CI, DO 425 nm), total titratable acidity (TTA, mL of NaOH 100 g⁻¹), pH, electrical conductivity (EC, $\mu\text{S}\cdot\text{cm}^{-1}\cdot\text{g}^{-1}$), and leached potassium (KL, g·kg⁻¹) of coffee beans of *Coffea arabica* treated with different forms of B, Cu, and Zn supply, in the crop season 2011/2012.

Crop season 2011/2012					
<i>Boron</i>					
Treatments	CI	TTA	pH	EC	KL
WB	0.51	49.41	5.72	57.52	2.15
FS (control)	0.76	48.42	5.63 ⁺	50.18	2.01
B	0.74	41.50	5.63 ⁺	56.77	2.27
B + Cu	0.37*	40.52	5.68	60.98	2.05
B + Zn	0.66	45.46	5.69	58.83	1.86
B + Cu + Zn	0.41*	50.40	5.74*	59.27	2.02
CV (%)	31.89	31.12	0.86	13.47	14.28
<i>Copper</i>					
WCu	0.51	49.41	5.72	57.52	2.15
FS (control)	0.76 ⁺	48.42	5.63	50.18	2.01
Cu	0.50*	59.29	5.64	56.92	1.93
Cu + B	0.37*	40.52	5.68	60.98	2.05
Cu + Zn	0.50*	48.42	5.70	62.73	2.12
B + Cu + Zn	0.41*	50.40	5.74	59.27	2.02
CV (%)	29.25	31.61	1.26	12.79	14.15
<i>Zinc</i>					
WZn	0.51	49.41	5.71	57.52	2.15
FS (control)	0.76	48.42	5.63	50.18	2.01
Zn	0.52	42.49	5.65	58.29	2.36
Zn + B	0.66	45.46	5.69	58.83	1.86
Zn + Cu	0.50	48.42	5.70	62.73	2.12
B + Cu + Zn	0.41	50.40	5.74	59.27	2.02
CV (%)	31.29	30.14	1.17	15.86	15.91

WB, WCu, and WZn: control treatments, without application of B, Cu, and Zn, respectively; FS: foliar spray with boric acid, copper sulphate, and zinc sulphate (0.4%); B: trunk injection of tablets containing B salts; Cu: trunk injection of tablets containing Cu salts; Zn: trunk injection of tablets containing Zn salts; B + Cu: trunk injection of tablets containing B and Cu salts; B + Zn: trunk injection of tablets containing B and Zn salts; Cu + Zn: trunk injection of tablets containing Cu and Zn salts; B + Cu + Zn: trunk injection of tablets containing B, Cu, and Zn salts; * mean values are statistically different from those of the control treatment (FS) at the 10% significance level, according to Dunnett's test; + mean values are statistically different from those of the control treatment (WB-WCu-WZn) at the 10% significance level, according to Dunnett's test.

Zinc did not influence the CI, TTA, pH, EC, and KL in this crop season (Table 6).

According to Carvalho et al. [2], the coloration index allows separation of different types of coffees, such as "rioysh" and "rio," that are not acceptable drink with coloration indexes lower than 0.650 DO 425 nm. For those classified as "hard" (acceptable), "soft," "softish" (fine), and "strictly soft" (extra fine), the coloration indexes would be equal or greater than 0.650 DO 425 nm.

Results obtained during the second crop season of evaluation suggest that the coloration index may not be a good indicator of quality as assessed by the cupping test. Although color indices were very similar, cup quality scores for beans from trees with spray treatments were 15.24% higher than those with trunk insertion of B tablets (Tables 4 and 6).

The coloration index of the sprayed treatment is in agreement with that reported by [2] in which the coffees of

best quality were darker and the dark coloration attributed to the formation of essential compounds to develop desirable flavors and aromas (Table 6).

On the other hand, the treatments containing B + Cu and B + Cu + Zn presented the coloration index quite low (0.368 and 0.411 DO 425 nm, resp.) and high cupping quality scores (83.25 and 80.4, resp.), being, in this case, classified as “softish,” probably because of the positive effects of Cu and Zn, contradicting the findings of Carvalho et al. [2]. Corrêa et al. [58] also reported that higher CI could be attributed to the occurrence of biochemical alterations and oxidative reactions caused by the dry conditions or inadequate storage.

Martinez et al. [56] studying Zn effect on the production and cupping quality of coffee did not observe Zn effect on the coloration index, with the mean values being 0.95 DO 425 nm, which is in agreement with the results found by Lima et al. [59] for good coffees and, also, with the means found in this work.

Cellular membrane damage and the subsequent loss of permeability control were proposed by Heydecker Vigour [60] and Harrington [61] as the early step in the seed deterioration process. According to Amorim [16], since the leached potassium is proportional to the loss of bean quality, it can be observed that the loss of membrane permeability caused damage in coffee beans.

Malta et al. [62] studying some attributes related to the quality of different coffee varieties noted that Catuaí Vermelho presented an electrical conductivity of $104 \mu\text{S}\cdot\text{cm}^{-1}\cdot\text{g}^{-1}$, considerably higher than that reported in the present experiment, even for the treatments with no micronutrient supply.

Lima et al. [63] determined the electrical conductivity of beans subjected to B doses and verified that both the absence and toxic concentrations of the nutrient are harmful to the quality of bean seeds, enhancing the electrical conductivity. Moreover, high physiological quality of bean seeds was obtained in a consortium with beans and castor beans, when supplied with adequate doses of B.

Evaluating the physiological quality of bean seeds over different doses of Mn and Zn, Teixeira et al. [64] did not observe the effect of Zn on the electrical conductivity; however, adequate doses of Mn improve seed quality resulting in low electrical conductivity ($65.8 \mu\text{S}\cdot\text{cm}^{-1}\cdot\text{g}^{-1}$). The seed quality was the lowest in the control treatment, without application of Zn and Mn. Amorim [16], Prete [35], and Lima et al. [59] observed inverse correlation between leached potassium, electrical conductivity, and cupping quality of coffee.

According to Amorim [65] and Chagas et al. [66], good coffees have high contents of sugars, around 8% according to Navellier [67] and around 5 to 10% according to Prete [35]. In general, the results of the first crop season were above the mean values reported by the literature.

It can also be noted that total acidity remained below $211.2 \text{g NaOH } 100 \text{mL}^{-1}$ of the sample, considered by Carvalho et al. [2] as a parameter for good coffees. With respect to the pH, it can also be observed that the mean of both years of assessment is quite close to that found by

TABLE 7: Caffeine (Caf, %), trigonelline (Trig, %), sucrose (Suc, %), glucose (Glu, %), galactose (Gal, %), arabinose (Ara, %), and mannose (Man, %) of coffee beans harvested from plants submitted to the fertilization via solid salts injections in the trunk or foliar sprays with B, Cu, and Zn, in the crop season 2011/2012.

Treatments	Caf	Trig	Suc	Glu	Gal	Ara	Man
<i>Boron</i>							
WB	1.01*	0.83*	5.14*	0.18*	0.10	0.03	0.14
FS	1.51⁺	0.96⁺	6.45⁺	0.26⁺	0.14	0.03	0.15
B	1.51 ⁺	0.98 ⁺	6.61 ⁺	0.28 ⁺	0.11	0.03	0.15
B + Cu	1.46 ⁺	0.96 ⁺	6.45 ⁺	0.28 ⁺	0.11*	0.05* ⁺	0.17* ⁺
B + Zn	1.50 ⁺	0.99 ⁺	6.81 ⁺	0.35* ⁺	0.16*	0.04* ⁺	0.15
B + Cu + Zn	0.93*	0.85*	5.10*	0.24 ⁺	0.11	0.03	0.14
CV (%)	5.85	5.54	6.04	14.32	42.61	19.23	6.59
<i>Copper</i>							
WCu	1.01*	0.83*	5.14*	0.18*	0.10*	0.03	0.14*
FS	1.51⁺	0.96⁺	6.45⁺	0.26⁺	0.14⁺	0.03	0.15⁺
Cu	1.50 ⁺	0.99 ⁺	6.01 ⁺	0.29 ⁺	0.10*	0.02	0.16* ⁺
B + Cu	1.46 ⁺	0.96 ⁺	6.45 ⁺	0.28 ⁺	0.11*	0.05* ⁺	0.17* ⁺
Cu + Zn	1.46 ⁺	0.97 ⁺	6.53 ⁺	0.30 ⁺	0.12	0.03	0.16 ⁺
B + Cu + Zn	0.93*	0.85*	5.10*	0.24	0.11*	0.03	0.14*
CV (%)	6.16	4.63	6.14	16.78	17.06	19.39	4.05
<i>Zinc</i>							
WZn	1.01*	0.83*	5.14*	0.18*	0.10	0.03	0.14*
FS	1.51⁺	0.96⁺	6.45⁺	0.26⁺	0.14	0.03	0.15⁺
Zn	1.55 ⁺	0.99 ⁺	6.62 ⁺	0.31 ⁺	0.10	0.04* ⁺	0.16 ⁺
B + Zn	1.50 ⁺	0.99 ⁺	6.81 ⁺	0.35* ⁺	0.16	0.04* ⁺	0.15
Cu + Zn	1.46 ⁺	0.97 ⁺	6.53 ⁺	0.30 ⁺	0.12	0.03	0.16 ⁺
B + Cu + Zn	0.93*	0.85*	5.10*	0.24 ⁺	0.11	0.03	0.14*
CV (%)	5.95	5.03	6.41	13.35	49.26	12.54	4.14

WB, WCu, and WZn: control treatments, without application of B, Cu, and Zn, respectively; FS: foliar spray with boric acid, copper sulphate, and zinc sulphate (0.4%); B: trunk injection of tablets containing B salts; Cu: trunk injection of tablets containing Cu salts; Zn: trunk injection of tablets containing Zn salts; B + Cu: trunk injection of tablets containing B and Cu salts; B + Zn: trunk injection of tablets containing B and Zn salts; Cu + Zn: trunk injection of tablets containing Cu and Zn salts; B + Cu + Zn: trunk injection of tablets containing B, Cu, and Zn salts; * mean values are statistically different from those of the control treatment (FS) at the 10% significance level, according to Dunnett's test; ⁺ mean values are statistically different from those of the control treatment (WB-WCu-WZn) at the 10% significance level, according to Dunnett's test.

Barrios [68] which was between 5.73 and 5.88. According to Sivetz and Desrosier [69], roasted beans of palatable coffees, without bitter or acidity, must have pH between 4.95 and 5.2. The results of the present work are slightly above the range established by this author.

Neves et al. [57] studying the effect of different doses of Zn supplied to coffee plants by trunk injections of tablets containing Zn salts observed that the electrical conductivities of the control treatment, without Zn application, were 22.61 and $88.42 \mu\text{S}\cdot\text{cm}^{-1}\cdot\text{g}^{-1}$ in two consecutive crop seasons, respectively. For the treatments with Zn inserted into the trunk, the means of the electrical conductivities were 16.84 and $66.16 \mu\text{S}\cdot\text{cm}^{-1}\cdot\text{g}^{-1}$. The average values of leached potassium were 1.13 and $0.95 \text{g}\cdot\text{kg}^{-1}$, in two consecutive crop seasons, for the treatments without Zn application and 0.83 and $0.65 \text{g}\cdot\text{kg}^{-1}$ for the treatments with Zn application.

The difference among the treatments was attributed to the Zn functions on the cell membrane integrity of coffee beans.

Corrêa et al. [57] have also not observed variations in acidity of beans harvested from plants that received Zn by injection of tablets in the trunk, with the average values being 156.3 mL of NaOH 100 g⁻¹, in coffees that were classified as “hard” in the cup test. In the same orchard, Martinez et al. [56] did not observe the effect of the nutrient on the total titratable acidity and pH, with the average values being 14.7 mL of NaOH 100 g⁻¹ and 5.4 mL of NaOH 100 g⁻¹, respectively.

3.5. Caffeine, Trigonelline, Glucose, Galactose, Arabinose, and Mannose. In this study, the effect of B, Cu, and Zn on the caffeine, trigonelline, sucrose, and glucose productions was evident by the significant differences between the sprayed treatment and the treatments that received the nutrients via solid injections compared to the control treatments WB, WCu, and WZn (Table 7).

It is possible to observe the effect of the different ways of B, Cu, and Zn supply on the contents of caffeine, trigonelline, and sucrose by the difference between the treatments with B + Cu + Zn and the sprayed treatment (Table 7). The results suggest that the lack of B, Cu, and Zn influenced the route of caffeine and trigonelline synthesis, but probably the excessive concentrations of B, like in the treatment containing B + Cu + Zn, also did.

There was no effect of B on galactose production. The arabinose of the treatments containing B + Cu and B + Zn presented means statistically higher than those presented by the control treatment (WB). Regarding mannose, only the treatment containing B + Cu was statistically different from the control treatment WB, suggesting the effect of B on its production (Table 7).

The effect of Cu on mannose levels in the coffee beans was evidenced by the significant difference among the beans produced from the plants of the sprayed treatment and those receiving tablets of Cu, Cu + B, and Cu + Zn inserted in the trunk compared to the treatment WCu. Regarding the levels of galactose, only the sprayed treatment differed from the treatment WCu, and arabinose was significantly greater only in the treatment containing Cu + B inserted in the trunk (Table 7).

With regard to the galactose, significant differences were not observed between the treatments with Zn applications. The arabinose content in beans of the treatments containing Zn and Zn + B was statistically greater than that of the treatment WZn. Mannose of the sprayed treatment and of those receiving Zn and Cu + Zn inserted in the trunk differed from that of the treatment WZn, showing the Zn effect on monosaccharides synthesis and the close relationship between its production and the content of Zn in index leaves (Table 7).

Mazzafera [70], working with nutritive solution and young coffee plants, did not find significant effects of B, Cu, and Zn deprivation on the caffeine production by coffee leaves. The author states that the effect of mineral nutrients on the activity of methyltransferases involved in caffeine synthesis is still unclear.

The contents of trigonelline observed in this work, in general, are in agreement with those established by the literature that vary from 0.6 to 1.2% for *Coffea arabica* [71], and the caffeine contents are close to those determined by Screenath [72] of about 1.2% for *Coffea arabica*.

Within the monosaccharides and oligosaccharides, sucrose is a nonreducing sugar in greater quantity in coffee beans, varying from 1.9 to 10% of the dry matter [73, 74]. According to Knopp et al. [75], sucrose represents more than 90% of the total low molecular weight carbohydrates and corresponds to 7.07% of the dry matter of coffee beans; this value is very close to that found in this experiment.

According to Camacho-Cristobal et al. [76], glucose 6-phosphate, an enzyme involved in the glycolysis route, in conditions of B sufficiency appears complexed with borate anion and thus restricts the flow of the respiratory substrate to the pentose phosphate pathway; therefore, when B is adequate, the sucrose production is greater.

Brown and Clark [77] reported that Cu-deficient wheat plants had significantly lower soluble carbohydrate contents than well-fertilized plants. The lower levels of plastocyanin, as a consequence of Cu deficiency, may decrease the efficiency of photosynthetic electron transport in photosystem I and thus impair the CO₂ fixation rate, in such a way that starch and soluble sugars content (especially sucrose) are reduced.

Coffee bean contents of specific sugars such as mannose, galactose, glucose, and arabinose were slightly lower than those previously reported by Fischer et al. [78] for *Coffea arabica*.

3.6. Caffeoylquinic Acids (3-CQA, 4-CQA, and 5-CQA), PPO Activity, and Phenolic Compounds. Among the phenolic compounds, caffeoylquinic acids, dicaffeoylquinic acids, and feruloylquinic acids are the main chlorogenic acid subgroups present in coffee. In general, these compounds react during the roasting process producing free phenolic acids and therefore volatile phenolic compounds that contribute to the aroma of coffee beans [37].

The effects of B, Cu, and Zn on 3-CQA and 5-CQA contents were evidenced by the significant difference between the treatments that received the nutrients via solid injections or foliar sprays and the treatments WB, WCu, and WZn. Compared to the sprayed treatment, only the treatment with B + Cu + Zn differed significantly, for 5-CQA content, responding to the different ways of B, Cu, and Zn supply (Table 8).

The 4-CQA, proanthocyanidin, and total phenolic compounds were not affected by B treatments. The effect of Cu, also, was not significant for the contents of 4-CQA and proanthocyanidin. For Zn, 4-CQA and proanthocyanidin were not significant (Table 8).

The effect of B on PPO activity was evidenced by the significant difference of the treatments with B + Cu and the sprayed treatment compared to the treatment WB, even when B concentration in the index leaves of the treatment that received B by trunk injections was above the adequate range established by Martinez et al. [43].

TABLE 8: 3-Caffeoylquinic acid (3-CQA, %), 4-caffeoylquinic acid (4-CQA, %), 5-caffeoylquinic acid (5-CQA, %), proanthocyanidin (Pro, %), polyphenol oxidase activity (PPO, $\text{U}\cdot\text{min}^{-1}\cdot\text{g}^{-1}$), and phenolic compounds (TP, %) of coffee beans harvested from plants submitted to the fertilization via solid salts injections in the trunk or foliar sprays with B, Cu, and Zn, in the crop season 2011/2012.

Treatments	3-CQA	4-CQA	5-CQA	Pro	PPO	TP
<i>Boron</i>						
WB	0.65*	0.73	1.69*	6.36	74.52*	6.37
FS	0.44 ⁺	0.72	1.41 ⁺	5.70	85.93 ⁺	5.15
B	0.44 ⁺	0.58	1.35 ⁺	5.53	82.07	4.21
B + Cu	0.47 ⁺	0.66	1.40 ⁺	6.78	85.50 ⁺	4.61
B + Zn	0.45 ⁺	0.64	1.38 ⁺	7.14	78.38	5.50
B + Cu + Zn	0.52	0.61	1.58*	6.41	74.68*	6.13
CV (%)	19.89	22.27	6.36	38.15	9.01	24.59
<i>Copper</i>						
WCu	0.65*	0.73	1.69*	6.36	74.53*	6.38
FS	0.44 ⁺	0.72	1.41 ⁺	5.70	85.93 ⁺	5.15
Cu	0.47 ⁺	0.75	1.40 ⁺	6.23	85.15 ⁺	4.06 ⁺
B + Cu	0.47 ⁺	0.66	1.39 ⁺	6.78	85.51 ⁺	4.61
Cu + Zn	0.44 ⁺	0.62	1.30 ⁺	7.59	85.19 ⁺	4.87
B + Cu + Zn	0.52 ⁺	0.61	1.58*	6.41	74.68*	6.14
CV (%)	16.10	14.37	5.45	37.40	6.25	22.57
<i>Zinc</i>						
WZn						
T	0.65*	0.73	1.69*	6.36	74.52*	6.37*
FS	0.44 ⁺	0.72	1.41 ⁺⁺	5.70	85.93 ⁺	5.15 ⁺
Zn	0.48 ⁺	0.74	1.41 ⁺	7.21	79.08	5.70
B + Zn	0.45 ⁺	0.64	1.38 ⁺	7.14	78.38	5.50
Cu + Zn	0.44 ⁺	0.61	1.30 ⁺	7.59	85.19 ⁺	4.87 ⁺
B + Cu + Zn	0.52 ⁺	0.60	1.58*	6.41	74.68*	6.13
CV (%)	16.25	18.28	6.08	31.93	7.11	14.01

WB, WCu, and WZn: control treatments, without application of B, Cu, and Zn, respectively; FS: foliar spray with boric acid, copper sulphate, and zinc sulphate (0.4%), B: trunk injection of tablets containing B salts, Cu: trunk injection of tablets containing Cu salts, Zn: trunk injection of tablets containing Zn salts, B + Cu: trunk injection of tablets containing B and Cu salts, B + Zn: trunk injection of tablets containing B and Zn salts, Cu + Zn: trunk injection of tablets containing Cu and Zn salts, B + Cu + Zn: trunk injection of tablets containing B, Cu, and Zn salts; *mean values are statistically different from those of the control treatment (FS) at the 10% significance level, according to Dunnett's test; ⁺mean values are statistically different from those of the control treatment (WB-WCu-WZn) at the 10% significance level, according to Dunnett's test.

It is suggested that the content of B that is good for great growth and production is below the content that maximizes the PPO activity, a feature that has been directly related to cupping quality (Tables 2 and 8).

A significant difference was observed between the sprayed treatment and the treatments with Cu, Cu + B, and Cu + Zn compared to the treatment WCu for the PPO activity, with a particular focus on the clear inverse relationship between the PPO activity and the concentration of 5-CQA in the beans (Table 8).

Even though average leaf Cu concentrations of sprayed treatments were somewhat lower than those of trunk injection treatments, they were still within the sufficiency range reported in the literature of Martinez et al. [43]. It suggests that the composition of caffeoylquinic acids and PPO activity remained constant within the range of Cu

concentration in the index leaves, which indicates adequate nutrition (Tables 2 and 8).

Regarding the Zn nutrition, the PPO activity, and contents of total phenolic compounds, only the treatment with Zn + Cu and the sprayed treatment differed from the treatment WZn, with the highest activity being observed when phenolic compounds concentrations were low (Table 8).

For the PPO activity, compared with the sprayed treatment, all treatments that received B, Cu, and Zn via solid injections, except B + Cu + Zn, are statistically similar, confirming the equal effect of different ways of supply of the studied micronutrients (Table 8).

Several works, in the literature, relate the accumulation of caffeoylquinic acids to B deficiency. Camacho-Cristobal et al. [76] reported that the main effect of B deficiency is the accumulation of glucose, fructose, and starch, followed by an increase in the 3-CQA, 4-CQA, and 5-CQA contents in tobacco leaves. Therefore, the high concentration of phenolic compounds, in B-deficient plants, could be a result of the soluble sugars accumulation [5].

Camacho-Cristobal et al. [79] attributed this effect to the enhancement of the phenylalanine ammonia lyase activity and consequent increase in the phenolic compounds synthesis. Additionally, according to this author, when in high concentration, B and glucose 6-phosphate form complexes and therefore restrict the flow of the respiratory substrate for the pentose phosphate pathway. Such a behavior may explain the enhanced concentrations of the 3-CQA and 5-CQA in the control treatment WB, WCu, and WZn.

In addition, phenolic compounds accumulation is a feature of B-deficient plants because of the formation of borate complexes with some phenols that can be involved in the regulation of free phenol concentration and in the alcohol phenol synthesis, which are direct precursors of the lignin [80].

A strong relationship between caffeoylquinic acid contents and cupping quality was not observed in the present study. Coffee beans from the control treatment (WB-WCu-WZn) had an average score of 82.7 and were hence classified as "soft."

3.7. PPO. Hajiboland and Farhanghi [81] studying the effect of adequate and low doses of B in turnip plants observed that PPO activity and phenolic compounds increased in roots and shoot when the B supply was low. The PPO activity in leaves and roots of deficient plants was 6.3 and 4.6 folds higher, respectively, than that of the control plants receiving sufficient B.

According to Karabal et al. [82], excess of B alters the cell membrane integrity; thus, a progressive increase in PPO activity is observed initially followed by falling, because of quinones production that inhibits the enzyme, which may explain the low PPO activity of the treatment containing B + Cu + Zn inserted into the trunk.

Carvalho et al. [2] proposed a way to assess the coffee quality using PPO activity levels. According to them, "rio" and "rioysh" types are well correlated to PPO activities below $55.99 \text{ U}\cdot\text{min}^{-1}\cdot\text{g}^{-1}$ of the sample; hard type is correlated to

activities between 55.99 and 62.99 U·min⁻¹·g⁻¹ of the sample; soft type is correlated to activities between 62.99 and 67.66 U·min⁻¹·g⁻¹ of the sample, and strictly soft type is correlated to activities above 67.99 U·min⁻¹·g⁻¹ of the sample.

In the present work, it is not possible to establish a good relationship between cupping quality and PPO activity, since the treatments WB, WCu, WZn, and with B + Cu + Zn had high cupping test scores (82.7 to controls and 80.4 to combination: “soft” type) followed by low PPO activity. It can be highlighted, however, that low PPO activity in these treatments was accompanied by high concentrations of 3-CQA and 5-CQA.

According to Mazzafera and Robinson [83], the 5-CQA is likely the main substrate of the PPO. Farah et al. [23] stated that there is an increase in the coloration intensity of coffee beans in response to the PPO action on 5-CQA; thus, the authors associated the oxidation products with the low quality of coffee beans rich in caffeoylquinic acid. Amorim et al. [84] reported that PPO action, along the structural changes of the membrane, is a possible cause for the formation of beans classified as “rioysh” type.

It is often mentioned by the literature that Cu is the PPO catalyst [85]; thus, the evaluation of PPO activity can be a good indicator of the nutritional status in Cu. Taking into account the importance of Cu on the PPO structure and because of the enzyme involved in the control of the concentration of free phenolic compounds, the efficiency in Cu supplementation to the plants is, therefore, a requirement of great importance in order to obtain coffees with higher quality.

In a nutritive solution experiment [86], it was observed that Zn doses affected the contents of chlorogenic acids of *Coffea arabica* beans. Total phenolic compounds, 5-CQA, and 4-CQA reached minimum points when the index leaves presented 10 mg·kg⁻¹ of Zn, that is about in the center of the sufficiency range established by Martinez et al. [43]. The grains produced in conditions of deficiency or excess of Zn presented higher values of these compounds. The curves for PPO and 3-CQA presented exactly an inverse shape, reaching the maximum points in grains of plants with 10 mg·kg⁻¹ of Zn in index leaves. Due to the direct relationship between 3-CQA and PPO, the author questioned if the content of 3-CQA, in a different way from that of 5-CQA, could be related to good quality of coffee beans.

Although, in this work, there was no good agreement between the cupping test and chemical attributes of coffee quality, it should be emphasized that the cupping test is subjective and new methods must be studied in order to evaluate properly the coffee bean quality.

4. Conclusions

Boron, copper, and zinc supplied by foliar sprays or solid trunk injections influence the chemical composition and quality of the coffee beans, characterized by the contents of caffeine, trigonelline, sucrose, glucose, arabinose, mannose, 3-caffeoylquinic acid, 5-caffeoylquinic acid, polyphenol oxidase activity, and total phenolic compounds.

Copper and Zn supplied by solid trunk injections give equivalent results to foliar sprays, both in production and quality.

Trunk injections of tablets containing B salts resulted in toxicity and affected negatively the production, while some attributes related to the quality of the grains were higher with high B supply, capable of limiting the growth and yield of coffee plants.

Disclosure

This paper is part of the Ph.D. thesis presented to the Universidade Federal de Viçosa, Viçosa, Brazil, by the first author.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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