Research Article

Self-Assembly of 3D Fennel-Like Co$_3$O$_4$ with Thirty-Six Surfaces for High Performance Supercapacitor

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Three-dimensional (3D) fennel-like cobalt oxide (II, III) (Co$_3$O$_4$) particles with thirty-six surfaces on nickel foams were prepared via a simple hydrothermal synthesis method and its growth process was also researched. The crystalline structure and morphology were investigated by X-ray diffraction (XRD), scanning electron microscopy (SEM), and Raman spectroscopy. The Brunauer-Emmett-Teller (BET) analysis revealed that 3D fennel-like Co$_3$O$_4$ particles have high specific surface area. Therefore, the special structure with thirty-six surfaces indicates the good electrochemical performance of the micron-nanometer material as electrode material for supercapacitors. The cyclic voltammetry (CV), galvanostatic charge-discharge, and electrochemical impedance spectroscopy (EIS) were conducted to evaluate the electrochemical performances. Compared with other morphological materials of the similar sizes, the Co$_3$O$_4$ particles on nickel foam exhibit a high specific capacitance of 384.375 F$\cdot$g$^{-1}$ at the current density of 3 A$\cdot$g$^{-1}$ and excellent cycling stability of a capacitance retention of 96.54% after 1500 galvanostatic charge-discharge cycles in 6 M potassium hydroxide (KOH) electrolyte.

1. Introduction

To alleviate the energy crisis and greenhouse pollution derived from excessive consumption of fossil fuels, the research on alternative energy conversion and storage systems is urgently called for. Supercapacitors, also known as electrochemical capacitors or ultracapacitors, are a new type of energy storage device, which is considered to be the most promising component [1, 2]. It has a high power density, short charging time, long cycling life, better safety, and environment protection features [3, 4]. According to the energy storage mechanism, supercapacitors are divided into double layer and Faradic capacitor [5, 6]. The Faradic pseudocapacitor with high energy density characteristics receives much concern. Amongst the transition metal oxides which have typical characteristics of Faradic capacitor, Co$_3$O$_4$ is one of the most widely exploited and researched oxides due to its importance for various scientific technologies and rich natural resources of Co element [7, 8]. Co$_3$O$_4$ with a typical spinel structure and characteristics of simple synthesis, low cost and environment-friendly, has many functional applications, including sensors [9], catalysts [10], and lithium ion batteries [11]. As an electrode material of supercapacitors, Co$_3$O$_4$ has excellent electroactivity with extremely high theoretical capacitance of 3560 F$\cdot$g$^{-1}$ [12]. The research showed that the size, morphology, and microstructure of Co$_3$O$_4$ particles have significant impacts on physical and electrochemical properties [13]. The Co$_3$O$_4$ particles with hollow nanospheres [14], hexagonal tablets [15], octahedral [16], and other structures have been synthesized via different processes, and various were assembled by those units [17, 18]. However, many of them have low specific capacitance or poor cycling stability as the working electrodes [19, 20].
Herein, three-dimensional (3D) symmetrical fennel-like Co₃O₄ particles with thirty-six surfaces on nickel foam were prepared via a simple hydrothermal synthesis method. The crystalline structure and morphology were investigated by XRD, BET, SEM, and Raman spectroscopy. The test of electrochemical characteristics showed that Co₃O₄ particles on nickel foam exhibit a good specific capacitance of 384.375 F·g⁻¹ at the current density of 3 A·g⁻¹. The specific capacitance after 1500 cycles still remains about 96.54%. This demonstrates that the fennel-like Co₃O₄ particles show excellent long-term electrochemical stability as an electrode material for supercapacitors.

2. Experimental

2.1. Preparation of the 3D Fennel-Like Co₃O₄. 3D fennel-like Co₃O₄ was synthesized by hydrothermal method. Nickel foams were preprocessed by acetone and 3 mol/L hydrochloric acid. The ammonium fluoride was supplied by Tianjin Guangfu Technology Development Co. Ltd. The potassium hydroxide, urea, and cobalt (II) chloride hexahydrate were obtained from Sinopharm Chemical Reagent Co. Ltd. All those materials are analytical grade. 1 mmol cobalt (II) chloride hexahydrate (CoCl₂·6(H₂O)), 3 mmol urea (CO(NH₂)₂), and 7.5 mmol ammonium fluoride (NH₄F) were dissolved in 30 ml deionized water with magnetic stirring 15 min. The same configured solutions were obtained by repeating the above experimental procedure. Then the configured solutions were put into 50 ml Teflon reactors with the pretreatment above experimental procedure. Then the configured solutions were obtained by repeating the same configured solutions. After the reaction, the nickel foams with precursors were cleaned twice via ultrasonic using deionized water and then dried 6 h at 60°C. The precursors on nickel foams were roasted 2 h at 400°C in three-zone tube furnace (OTF-1200X-60·III) to get Co₃O₄ crystals.

2.2. Characterization of the 3D Fennel-Like Co₃O₄. The morphology was investigated by scanning electron microscopy (SEM, SUPRA 55 SAPPHIRE). The X-ray diffraction (XRD) for analyzing material phase and crystal structure was measured on a Bruker D8 with Cu Kα (λ = 0.15406 nm) radiation at 40 eV in the 2θ of 10–80°. The Raman spectrum (inVia confocal micro-Raman spectroscopy) was used to determine the energy of physical vibration and rotation in order to identify material properties. Nitrogen (N₂) adsorption-desorption isotherm measurements were performed by using the QuadraSorb SI of Quantachrome Instruments at 77.3 K. Before adsorption-desorption isotherm measurements, the samples were outgassed at 300°C for 6 h.

2.3. Electrochemical Performance Measurement. Electrochemical performance measurements were performed on an electrochemical workstation (Instruments, RST5202F) using a three-electrode mode with a platinum foil as counter electrode, a saturated calomel electrode (SCE) as the reference electrode, and the 3D fennel-like Co₃O₄ on nickel foam directly used as working electrode in 6 mol/L KOH aqueous solution. Cyclic voltammetry (CV) was performed in the potential window from 0 to 0.55 V at various scan rates (0.001 V·s⁻¹, 0.005 V·s⁻¹, 0.01 V·s⁻¹, 0.03 V·s⁻¹, and 0.05 V·s⁻¹). Galvanostatic charge-discharge measurements were carried out with the potential range from 0 to 0.4 V at specific current densities ranging from 3 A·g⁻¹ to 21 A·g⁻¹. Electrochemical impedance spectroscopy (EIS) test was performed in the frequency range from 1 kHz to 1.0 Hz.

3. Results and Discussion

3.1. The Structure of 3D Fennel-Like Co₃O₄. The XRD pattern is showed in Figure 1, which is used to examine the crystalline structure of the prepared 3D fennel-like Co₃O₄. The green curve of Co₃O₄ on the Ni substrate shows three obvious diffraction peaks of Ni substrate at 2θ = 44.37, 51.59, and 76.08, attributed to (111), (200), and (220), respectively, which agrees well with CPDS card (ICPDS NO. 01-1258). It can be seen that relatively apparent diffraction peaks of Co₃O₄ at 2θ = 31.27, 36.85, 55.66, 59.36, and 65.24 can be attributed to (220), (311), (422), (511), and (440), respectively, which agrees well with CPDS card of the standard spinel cubic Co₃O₄ (ICPDS NO. 42-1467) [27]. Because of the less Co₃O₄ particles covering on nickel foam, the diffraction peaks of Ni are stronger than those of Co₃O₄. From the purple curve of Co₃O₄ particles peeled off from the nickel foam, it can be seen that the diffraction peaks of Co₃O₄ at 2θ = 31.27, 36.85, 44.81, 55.66, 59.36, and 65.24 can be attributed to (220), (311), (400), (422), (511), and (440), respectively. The results demonstrate that the Co₃O₄ particles have a typical spinel structure.

The Raman spectra of 3D fennel-like Co₃O₄ on Ni substrate show characteristic peaks (482 cm⁻¹, 528 cm⁻¹, and 686 cm⁻¹) of Co₃O₄ in Figure 2. The strongest peak of Co₃O₄ at 686 cm⁻¹ corresponds to symmetric stretching vibration. The two peaks at 482 cm⁻¹ and 528 cm⁻¹ are the result of the translation motion of oxygen atoms relative to divalent
Co-behavior with hysteretic loops in the range of 0.2–1.0 P/P₀, indicating the existence of mesopores possibly formed by the loose stacking of constituent particles [30]. The corresponding Barrett-Joyner-Halenda (BJH) pore size distribution data (the inset in Figure 3) shows that the pore size is uniform within the range of mesopores. The BET specific area and the BJH desorption pore volumes are 34.99 m²·g⁻¹ and 0.144 cm³·g⁻¹, respectively. The specific surface area provides numerous electroactive sites for fast and reversible redox reactions between the electrolyte and electroactive species on the electrode surface [31].

3.2. The Surface Morphology of 3D Fennel-Like Co₃O₄. Morphology is a key factor that influences the electrochemical characteristics, where an appropriate morphology and optimized structure will facilitate electrolyte ion transport [32]. The SEM images in Figures 4(a) and 4(b) show the morphology of 3D fennel-like Co₃O₄ (prepared for 12 h at 120°C) at low magnification and high magnification, respectively. It can be seen in Figure 4(a) that Co₃O₄ particles with the uniform size and morphology are covered on nickel foam, and there are many interspaces amongst particles, which plays an important role in improving ratio and dynamic performance of electrode material. It contributes to the filling of electrolyte solution for forming an electrolyte storage buffer, provides protection for the adjacent electrolyte interface diffusion and ion transport, and reduces the diffusion path for electrolyte [33]. Figure 4(b) demonstrates that Co₃O₄ particle is about 5 μm in diameter and has a hexagonal fennel-like morphology with thirty-six surfaces and symmetrical characteristic, which increases the contact area and accelerate the material transport between electrolyte and electrode.

In this study, hydrothermal method was used to provide a special physicochemical condition for the crystallization of precursor reaction and regulate various physical parameters of crystal growth. The growth (restrained or enhanced) of specific crystal plane is influenced by different solvents to affect the crystalline morphology. Thus, NH₄F was used as the solvent. Figures 4(c) and 4(d) are the hexagonal Co₃O₄ particles (prepared for 5 h at 120°C). It can be seen in Figures 4(c) and 4(d) that the surfaces of Co₃O₄ crystal particles are rough, which illustrate that Co₃O₄ has a self-assembly capacity in growth process according to the crystal morphology theory. The rough surface of Co₃O₄ sheet had provided more attachment points for the deposited particles, which made the crystals grow along the steps and superimposed layer by layer [34]. The growth schematic of 3D fennel-like Co₃O₄ particles is illustrated in Figure 5, in which Figure 5(a) is the Co₃O₄ particles prepared for 5 h (T1) at 120°C. Figures 5(b) and 5(c) (T2) correspond to the partial reaction time of preparation of 3D fennel-like Co₃O₄ particles. The total reaction time is 12 h.

3.3. Electrochemical Measurements. Three-electrode test system was used to investigate the pseudocapacitive performance of Co₃O₄ on nickel foam. The cyclic voltammogram (CV) curves of Co₃O₄ on nickel foam were measured under scan rates at 1 to 50 mV·s⁻¹ and voltage range from 0 to 0.6 V as shown in Figure 7. However, Figure 6 shows that the signal of nickel foam is quite small, indicating that the capacitance contribution from nickel foam can be negligible. The CV curves in Figure 7 show the pseudocapacitance features caused by the electrochemical reactions. Conversion between different valence states of Co results in two different
Figure 4: (a) and (b) are the SEM images of 3D fennel-like $\text{Co}_3\text{O}_4$ particles (prepared for 12 h at 120°C); (c) and (d) are the hexagonal $\text{Co}_3\text{O}_4$ particles (prepared for 5 h at 120°C).

Figure 5: The growth schematic of crystal (I, II, and III are contour forming schematic; IV, V, VI, and VII are 3D growth simulation with two time periods; V, VI, and VII are simultaneous), a is the $\text{Co}_3\text{O}_4$ particles prepared for 5 h at 120°C; (b) and (c) are prepared for 12 h at 120°C.
redox peaks. The faradaic reactions can be described by the following formulas [27]:
\[ \text{Co}_3\text{O}_4 + \text{OH}^- + \text{H}_2\text{O} \rightarrow 3\text{CoOOH} + e^- \]  
\[ \text{CoOOH} + \text{OH}^- \rightarrow \text{CoO}_2 + \text{H}_2\text{O} + e^- \]

Due to the polarization of electrodes, the anodic and cathodic peaks moved toward the positive and negative directions of voltage with the increase of scan rate, respectively [35]. Considering that the electrolyte is KOH aqueous solution, the electrode reaction of Co\(_3\)O\(_4\) is mainly about the embedding and extraction of OH\(^-\) [36]. Meanwhile, with increase of scan rate, the capacitor current density increased and the redox peaks were still distinct, indicating a good reversibility of the rapid charge-discharge process of fennel-like Co\(_3\)O\(_4\) [27].

The galvanostatic charge-discharge characteristics of Co\(_3\)O\(_4\) electrode under different current densities in Figure 8 are consistent with the results of CV measurements. Two pairs of charge and discharge plateaus are well observed at current densities of 3 A·g\(^{-1}\), corresponding to the redox peaks in the CV curves. The specific capacitance of the electrodes can be calculated using the following equation [37]:
\[ C_s = \frac{I \cdot t}{m \cdot \Delta V}, \]  

where \(C_s\), \(I\), \(t\), \(m\), and \(\Delta V\) are the specific capacitance of the electrodes (F·g\(^{-1}\)), discharging current (A), discharging time (s), mass of the active material (g), and the potential drop (V) during discharging, respectively. The specific capacitances of 3D fennel-like Co\(_3\)O\(_4\) electrode are 384.375 F·g\(^{-1}\), 325.781 F·g\(^{-1}\), 277.343 F·g\(^{-1}\), and 240.625 F·g\(^{-1}\) at current densities of 3 A·g\(^{-1}\), 9 A·g\(^{-1}\), 15 A·g\(^{-1}\), and 21 A·g\(^{-1}\), respectively. It is more than the specific capacitances of some nanostructures (particulates [21], nanowires [22], nanorods [24], nanotube [25], and sheets [26]) and microstructures (crater-like [19], octahedron [23]).

The electrochemical impedance spectroscopy (EIS) of 3D fennel-like Co\(_3\)O\(_4\) electrode is shown in Figure 9. The Nyquist plot shows that EIS is divided into two stages: high and low frequency ranges. Insets show the Nyquist plot in high frequency region (inset (a)) and the equivalent circuit diagram (inset (b)). The solution resistance (\(R_s\)) between the counter electrode and working electrode, which includes the electrolyte resistance [38], is about 1.38 Ω estimated from the intercept on the real axis in the high frequency range [19]. \(R_p\) is the polarization resistance at the surface of electrode.

![Figure 6: CV curves of the Co\(_3\)O\(_4\) electrode at a scan rate of 50 mV s\(^{-1}\).](image)

![Figure 7: CV curves of the Co\(_3\)O\(_4\) electrode at different scan rates.](image)

![Figure 8: Galvanostatic charge-discharge curves of the Co\(_3\)O\(_4\) electrode recorded at different current densities.](image)

![Figure 9: EIS of 3D fennel-like Co\(_3\)O\(_4\) electrode.](image)
Table 1: Comparison of the electrochemical performances of Co$_3$O$_4$ between literature and this study.

<table>
<thead>
<tr>
<th>Morphology</th>
<th>Crystal size (Diameter)</th>
<th>Maximum $C_s$ (F⋅g$^{-1}$)</th>
<th>Capacitance retention</th>
<th>Ref.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crater-like</td>
<td>0.5–1 μm</td>
<td>102</td>
<td>74% (after 500 cycles)</td>
<td>[19]</td>
</tr>
<tr>
<td>Particulates</td>
<td>10–50 nm</td>
<td>162</td>
<td>72.2% (after 1000 cycles)</td>
<td>[21]</td>
</tr>
<tr>
<td>Nanowires</td>
<td>20–40 nm</td>
<td>163</td>
<td>98% (after 1000 cycles)</td>
<td>[22]</td>
</tr>
<tr>
<td>Octahedron</td>
<td>±1.3 μm</td>
<td>182</td>
<td>99% (after 1000 cycles)</td>
<td>[23]</td>
</tr>
<tr>
<td>Nanorods</td>
<td>50–100 nm</td>
<td>202.5</td>
<td>99% (after 1000 cycles)</td>
<td>[24]</td>
</tr>
<tr>
<td>Nanotube</td>
<td>5–10 nm</td>
<td>273</td>
<td>88% (after 500 cycles)</td>
<td>[25]</td>
</tr>
<tr>
<td>Sheets</td>
<td>100–500 nm</td>
<td>357</td>
<td>87% (after 1000 cycles)</td>
<td>[26]</td>
</tr>
<tr>
<td>Bundle-like</td>
<td>±7.9 μm</td>
<td>390.4</td>
<td>95% (after 1000 cycles)</td>
<td>[20]</td>
</tr>
<tr>
<td>Fennel-like</td>
<td>4–5 μm</td>
<td>384.38</td>
<td>96.54% (after 1000 cycles)</td>
<td>This study</td>
</tr>
</tbody>
</table>

Figure 9: Nyquist plot of the Co$_3$O$_4$ electrode, in which the red and blue circles are EIS plot and fitted data, respectively (the inset (a) shows the Nyquist plot of the sample in high frequency and (b) is the equivalent circuit diagram).

$C_{dl}$ and $C_t$ are double layer capacitance and faradaic pseudocapacitance, respectively [39]. The high frequency range of EIS is a curve of large curvature radius, which corresponds to faradaic reaction, and reflects the charge transfer resistance ($R_{ct}$) controlled by electrochemical reaction kinetics [40]. The straight oblique line in the low frequency range is Warburg impedance ($W$), which results from the frequency dependence of ion diffusion/transport in the electrolyte. The slope is nearly 1/2, indicating small Warburg impedance and high ion diffusion properties, which result in good electrochemical performance [41].

The cycling stability for Co$_3$O$_4$ superstructures is an important quality required for practical applications of the supercapacitors [42]. Figure 10 shows the cycling performance of the Co$_3$O$_4$ electrode examined by the galvanostatic charge-discharge tests for 1500 cycles. The initial capacitance is 384.38 F⋅g$^{-1}$ at current densities of 3 A⋅g$^{-1}$. It can be seen that at the beginning the specific capacitance increases rapidly until reaching the highest value of 484.4 F⋅g$^{-1}$ at 100 cycles. Thereafter it drops rapidly and becomes slower after the subsequent 300 cycles. The specific capacitance maintains at 371.1 F⋅g$^{-1}$ after 900 continuous cycles. Hence, the lowest specific capacitance after 1500 cycles still remains about 96.54% of the initial capacitance (384.38 F⋅g$^{-1}$). This demonstrates that the 3D fennel-like Co$_3$O$_4$ particles show excellent long-term electrochemical stability as an electrode material for supercapacitors.

4. Conclusion

In conclusion, the 3D fennel-like Co$_3$O$_4$ particles were synthesized through a simple and mild hydrothermal growth method using nickel foam as a substrate. XRD, Raman spectrum, and SEM results show that Co$_3$O$_4$ particles on the Ni substrate have a standard spinel cubic structure with 3D fennel-like. The 3D fennel-like Co$_3$O$_4$ particles on Ni substrate are very uniform with the size of 5 μm. As an electrode material for supercapacitors, the electrochemical measurements demonstrate that the 3D fennel-like Co$_3$O$_4$ particles exhibit a good specific capacitance of 384.38 F⋅g$^{-1}$ at current densities of 3 A⋅g$^{-1}$. The specific capacitance retains about 96.54% after 1500 cycles. Compared with other morphological materials of similar and some smaller size (shown in Table 1), the particles on nickel foam exhibit a high...
specific capacitance. The result shows that morphology plays an important role in the electrochemical properties, and the 3D fennel-like Co$_3$O$_4$ particles can be a promising material in the application of high performance supercapacitors.

**Competing Interests**

The authors declare that there is no conflict of interests regarding the publication of this paper.

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