

## PARENT QUESTIONNAIRE

Please complete every line of this questionnaire which will take approximately 15 minutes.

Sample code
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### A. Education level

MOTHER	FATHER
Indicate the number of years you have spent in education (please tick) a) None b) ≤ 6 years c) 7 to 13 years d) > 13 years	Indicate the number of years you have spent in education (please tick) a) None b) ≤ 6 years c) 7 to 13 years d) > 13 years

### B. Eating habits

Please tick the appropriate frequency of consumption of the following items by your child.

ITEM	FREQUENCY			
<b>Fruit and vegetable</b>	Never	Occasionally	Daily	
<b>Breakfast</b>	Skip/rarely	1 - 2 times/year	3 - 4 times/week	daily
<b>Snack foods (in-between meals)</b>	Once a day	Twice a day	3 times/day	>3 times/day
	Biscuits			
	Popcorn			
	Sweets			
	Yoghurt			
	Cakes			
	Sugar sweetened beverages			
Crackers				
Bread				

### C. Motorization to school

Do you drop your child in school using any of the following means: private cars, taxis, motorbikes, or school bus? (please tick): a) Yes b) No

### D. Out of school physical activity and sedentary lifestyle

Did your CHILD do the following activities in the <b>past 7 days?</b> (please circle the right answer)			<b>MONDAY - FRIDAY</b>	<b>SATURDAY - SUNDAY</b>
	Yes	No	How many times? Mon – Fri	How many Times? Sat – Sun
EXAMPLE: Bike riding	<input checked="" type="radio"/>	<input type="radio"/>	<b>2</b>	<b>1</b>
<b>Physical activity</b>				
Football	Yes	No		
Handball	Yes	No		
Jogging	Yes	No		
Hopscotch	Yes	No		
Household chores	Yes	No		
Skipping rope	Yes	No		
Dancing	Yes	No		
Farm work	Yes	No		
Walking to school	Yes	No		
Cycling	Yes	No		
Hide and seek	Yes	No		
Playing on the playground	Yes	No		
Did your CHILD do the following activities in the <b>past 7 days?</b> (please circle the right answer)			<b>MONDAY - FRIDAY</b>	<b>SATURDAY – SUNDAY</b>
	Yes	No	How many hours?	How many hours?
<b>Sedentary lifestyle</b>				
Playing video games	Yes	No		
Watching TV	Yes	No		
Using the computer	Yes	No		

Adapted from the UK children's physical activity questionnaire (C-PAQ). Medical Research Council (MRC), Epidemiology Unit, 2011.