Breast cancer in a traditional way is diagnosed using mammography, computer tomography, ultrasounds, biopsy, and finally, histopathological analysis. Histopathological analysis is a gold standard in breast cancer diagnostics; however, it is time consuming and prone to the human interpretations. This is why new methods based on optical properties of analyzed human tissue samples are needed to be introduced to the clinical practice objective, costless and fast diagnostic protocols. Nowadays, Raman spectroscopy-based methods are gaining more and more importance. Raman spectroscopy and imaging allow to characterize human tissue samples using an electromagnetic radiation from a safe range, and simultaneously, a minimal sample preparation is required. During measurements, a natural differentiation in tissues components' scattering cross sections is used to build 2D and 3D maps of the chemical component distribution. The paper presents the application of SERS (surface-enhanced Raman spectroscopy) measurements for analysis of human breast cancer (adenocarcinoma). The advantages of SERS application in cancer diagnostics are also discussed. Moreover, the detailed chemical composition of human breast cancer tissue based on Raman bands of DNA/RNA, amino acids, lipids, and proteins which are significantly enhanced is presented. Three different methods of NP preparation are presented, and the effectiveness of Raman signal enhancement of Ag nanoparticles synthetized by these methods is compared. The enhancement effect of NPs synthetized by reduction of silver nitrate with sodium borohydride (method no. 1) and silver nitrate-hydroxylamine hydrochloride reduction (method no. 2) was stronger when compared with the polyol method (method no. 3). Presented SERS results confirmed that the clearly resolved and high-intensity Raman spectra of cancer human breast tissue can be recorded using integration times of the order of fractional seconds and one milliwatt of the excitation laser power.

1. Introduction

In the twenty-first century, cancer, just after cardiovascular diseases, is one of the leading causes of deaths in people around the world. The magnitude of this problem concerns both the epidemiological and diagnostic aspect. In 2017, 1,688,780 new cancer cases and 600,920 cancer deaths were projected to occur in the United States [1]. Such a statistic confirms that cancer is a global problem and remains an unsolved challenge. Various techniques such as MRI, mammography, ultrasonography, and positron emission tomography (PET) are used for detection of pathological cells at different stages of cancer development.

MRI screening is characterized by significantly higher sensitivity than typical for mammography (92.3% versus 30.8%), but simultaneously lower specificity for MRI is noticed (85.9% versus 96.8%) [2]. Even if the sensitivity and the specificity for the abovementioned methods can reach more than 90%, strong magnetic field or X-ray radiation constitutes undisputed disadvantages. Ultrasonography is completely safe for patients but has a low sensitivity equal to around 71.1% among women with predominantly fatty breast and only 57.0% for heterogeneous dense breasts, and the specificity for this technique is estimated around 88.5% [3]. The ability of PET to detect breast cancer strongly depends on the tumor’s size, which should be considered as
Cu. Nanoparticles (NPs) of the same metals are characterized by being highly sensitive even in the picomolar range [20]. This makes SERS a great multiplexing technique. In this technique, intense and sharp bands can be observed [17–19]. That is why the need to introduce new methods, safe for patients, fast, and objective to reduce the number of biopsies and medical costs, as well as the need for the determination of many cancer markers simultaneously in one measurement is a motivation for many researchers to introduce spectroscopic techniques in diagnostics of cancer [5–14].

Spectroscopic techniques based on Raman scattering have been proven to be powerful diagnostic tools providing objective biochemical fingerprints to distinguish normal, benign, and cancer tissues of many organs: lungs [5] based on nucleic acids and phospholipids; breast [6–13] based on proteins, lipids, and water; esophageal [14] based on DNA/RNA, proteins, and collagen contents; and gastric based on the relative amounts of nucleic acid, collagen, phospholipids, phenylalanine, and saccharide [15].

The key advantages of Raman spectroscopy (RS) over the traditional diagnostic methods are as follows: the capability of providing objective biochemical information about the components of normal, benign, and cancer cells and possibility to identify different cancer markers in one measurement. Advantages of RS over other spectroscopic techniques such as IR spectroscopy, for example, are a lack of interference from water, which is particularly important for live-cell, human tissue analysis and in vivo applications. RS offers also high spatial resolution [7–13]. The main disadvantage of Raman-based optical methods is that even if Raman spectra are really informative and accurate, the Raman signal is very weak, which can limit its applications for diagnosis of early stages of cancer samples.

Therefore, there is a really need to develop new procedures to generate a simple approach that ensures high-quality spectrum. Surface-enhanced Raman spectroscopy (SERS) opens new possibilities to overcome the limitations of conventional RS. SERS enables much better limits of detection enabling single-molecule detection level. Simultaneously, there are many variables that need to be optimized to obtain the enhanced Raman signal of the analyzed biological sample.

SERS is based on the excited surface plasmons in a rough metallic surface. The amplification factors typical for the Raman signal in SERS technique are equal to $10^6$–$10^7$ [16]; that is why in the fingerprint region of recorded vibrational spectra, intense and sharp bands can be observed [17–19]. This makes SERS a great multiplexing technique characterizing by very high sensitivity even in the picomolar range [20].

Metals that are used in SERS techniques are Ag, Au, and Cu. Nanoparticles (NPs) of these metals are characterized by intense absorption bands in the UV-Vis region, which are not present in the spectrum of the bulk metal.

The strongest enhancement in SERS is observed when the frequency of incident photon is in resonance with the oscillation of conduction electrons; that is why the excitation wavelength in SERS experiments must be coupled with absorption properties of synthesized NPs.

Recent SERS technique was successfully applied in molecular diagnosis, in vivo imaging, and drug delivery using nanoparticles such as nanocrystals, quantum dots, biodegradable nanoparticles, and nanoscale carriers [21–24]. Metal NPs functionalized with sensitive Raman reporter molecules followed by bioconjugation have been applied for labeling biological systems in cells and tissues as a non-invasive imaging technique with picomolar sensitivity and multiplexing capabilities [25, 26]. Chemical inactivity of Au and Ag nanoparticles also makes them most suitable for introduction into living cells as SERS nanoprobes to enhance the Raman signal.

In our previous work, we found that spontaneous Raman scattering technique can be applied to distinguish cancerous from noncancerous human breast tissues [7–13].

In this paper, we applied the SERS technique for analysis of nonfixed human breast cancer slices using Ag colloidal nanoparticles. Presented results confirmed that the SERS technique is a powerful tool with high sensitivity for screening of chemical compounds in a sample, being of great importance for the purposes of biomedical research especially the early diagnosis of any cancer. The comparison of physical properties of nanoparticles synthesized using different methods and the comparison of efficiency of signal enhancement will also be discussed.

2. Experimental Methods

2.1. Tissue Samples. We examined cryosectioned slides (6 μm thin) of adenocarcinoma (results for one patient number, P141, from a database of 250 patients, are presented). We recorded 100 spectra for each sample. The research did not affect the course of the operation or treatment of the patients. The tissue was obtained during a surgical operation, cut into thin sections at −25°C, and mounted on CaF₂ windows. For SERS measurements, tissue slices were covered by 4-5 drops (~200–250 μL) of nanoparticle solutions per each sample. Dried samples were analyzed immediately. All procedures have been conducted under a protocol approved by the Bioethical Committee at the Medical University of Lodz (RNN/323/17/KE/17/10/2017).

2.2. Raman Microspectroscopy. Raman spectra were acquired with a confocal Alpha 300RSA+ Raman microscope (WITec) operating at 532 nm laser excitation with an ultrahigh-throughput spectrometer, an Andor Newton DU970N-UVB-353 CCD Camera, and a 40x dry objective (Nikon, CFI Plan Fluor C ELWD DIC-M, NA of 0.60, and a 3.6–2.8 mm WD). A single SERS spectrum was recorded with an integration time of 0.1 second at 532 nm excitation (average laser power: 1 mW). WITec Project Plus (WITec
GmbH, Germany) and Origin (OriginLab) were used for data acquisition and analysis, respectively.

2.3. Nanoparticle Synthesis

2.3.1. Method No. 1. We have mixed 2.0 mL of $1.25 \times 10^{-2} \text{ M}$ sodium citrate, 5.0 mL of $3.75 \times 10^{-4} \text{ M}$ silver nitrate, and 5.0 mL of $5.0 \times 10^{-2} \text{ M}$ hydrogen peroxide. Then, a 20 mL of $1.0 \times 10^{-3} \text{ M}$ potassium bromide was added. For the final silver reduction step, 2.5 mL of freshly prepared $5.0 \times 10^{-2} \text{ M}$ sodium borohydride was mixed with the solution. Excess sodium citrate was used as a buffer to preserve neutral or weakly basic pH of the solution to stabilize the synthetized silver nanoparticles. Hydrogen peroxide was employed to facilitate formation of shape-selected particles. In the absence of peroxide, uncontrolled growth of NPs with a large number of structural defects can be observed [27]. Finally, the silver NPs were analyzed with a high-resolution scanning electron microscope.

2.3.2. Method No. 2. We have mixed the silver nitrate in the concentration of $10^{-3} \text{ M}$ with hydroxylamine hydrochloride in the concentration of $1.5 \times 10^{-3} \text{ M}$. Hydroxylamine hydrochloride was preserved at an initial alkaline pH of the reaction. The final pH of the colloidal solution was optimized by varying the amount of sodium hydroxide added to the hydroxylamine solution, and pH of 7 for the reduction reaction during the experiment was kept. The reaction was completed within a few seconds [28]. Finally, the silver NPs were analyzed with a high-resolution scanning electron microscope.

2.3.3. Method No. 3. Silica NPs were prepared using ammonium hydroxide, dry ethanol, and tetraethyl orthosilicate (TEOS) by stirring mixture for 24 h at 25°C. The formed silica NPs were purified and functionalized with 3-mercaptopropyltrimethoxysilane (MPTS). The polyl method [29] was used for the preparation of silver nanoparticle-embedded silica spheres. Finally, the NPs were analyzed with a high-resolution scanning electron microscope.

2.4. SEM, UV-Vis, and DLS Measurements. The UV-Vis spectroscopy, SEM, and DLS measurements were performed to characterize the size and morphology of the produced colloids. UV-Vis spectra were recorded with a Varian Cary 5E spectrophotometer and 2 mm quartz cells (Hellma). DLS measurements were performed using Zetasizer Nano Z. SEM measurements were obtained using a microscope SEM S-4700 Hitachi.

3. Results and Discussion

In this section, the results of the confocal Raman microspectroscopy for the cancerous human breast tissues of the patient P141 (patient no. 141 from a database of 250 patients) before and after addition of nanoparticles are presented. The typical results for the patient P141 have been used to illustrate the most important findings of research.

In our previous paper, we have proved that Raman spectroscopy can be successfully implemented to discriminate between noncancerous and cancerous breast tissues [7–13]; that is why in this section, we have focused only on the cancerous tissue analysis to show that using SERS one can identify a single pathology cells.

Before we start the analysis of biological SERS spectra, the characterization of NPs synthetized by different methods is needed.

Historically, metallic electrodes were first used as active enhanced supports, and then, metallic NPs in solutions and finally metallic nanostructures like arrays on a flat substrate were used to improve the sensitivity of RS over last 10 years [30].

NP solutions have several advantages compared to the other enhanced supports including ease of colloid formation and straightforward characterization of the colloid solution by simple UV-Vis absorption measurements. On the other hand, the size of NPs in colloidal solutions cannot be uniform, and not negligible problems can be observed due to instability of such a system [31, 32].

Figure 1 presents UV-Vis spectra and SEM images of all three types of NP colloidal solutions used in SERS human breast tissue measurements.

One can see from Figure 1 that the maximum peak position for the absorbance for all NPs is observed in the spectral range 440–485 nm, but not negligible absorbance, compared to the maximum value of 532 nm, used in our experiments as an excitation laser wavelength, is also observed. This observation confirms that the 532 nm wavelength is suitable for the plasmon generation of Ag nanoparticles.

Simultaneously, the comparison for NPs synthetized in our group using different methods shows that the highest value of the absorbance is noticed for the NPs produced by method no. 1 where borohydride was used as a reduction agent.

The colloids characterized by UV-Vis spectra were also analyzed using SEM technique. Figures 1(b), 1(d), and 1(f) show SEM images of colloidal solutions of NPs prepared to test in SERS measurements of human breast tissues. The characteristic of NP morphology was completed by DLS measurements. Table 1 presents information about the size of NPs prepared by different methods.

The differences between the results obtained using SEM technique and DLS measurements can be explained by the fact that the aggregation of NPs during DLS and SEM measurements is observed.

The SERS activity of synthetized colloids was tested using human cancerous tissues of the same patient P141. Figure 2 presents the SERS spectra of human cancer slices (laser power 1 mW, integration time 0.1 sec) recorded using synthetized NP colloids and the native Raman spectra recorded for the same tissue sample.

One can see that Figures 2(a)–2(f) show the clearly resolved and high-intensity SERS spectra of cancerous human breast tissue with added Ag solutions. The regular
Raman spectrum of the cancerous sample without Ag sol is shown in Figure 2(g). In the native tissue sample without the addition of silver colloid solution for the integration time of 0.1 sec. and the laser power of 1 mW, no Raman peaks were observed. A comparison of data presented in Figures 2(a)–2(g) clearly demonstrates that Ag colloid enhanced dramatically

<table>
<thead>
<tr>
<th>Method</th>
<th>The average size of NPs determined using the DLS method</th>
</tr>
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<tbody>
<tr>
<td>No. 1</td>
<td>64 nm</td>
</tr>
<tr>
<td>No. 2</td>
<td>118 nm</td>
</tr>
<tr>
<td>No. 3</td>
<td>296 nm</td>
</tr>
</tbody>
</table>
Figure 2: Raw (a, c, e) and vector-normalized (b, d, f) SERS spectra of human cancerous breast tissue of the patient P141 and the native Raman spectra (g) recorded for the same tissue sample; excitation wavelength: 532 nm, integration time 0.1 sec, and laser power 1 mW.
the intensity of vibration bands that characterize the human cancer tissue, indicating that there is a strong interaction between the synthesized silver NPs and the analyzed tissue sample. The analysis of human breast tissue presented in Figures 2(a)–2(f) reveals that the significant SERS spectral signals typical for breast cancer structures are observed in a spectral range 500–1800 cm\(^{-1}\) and can be recorded for a split second. One can see from Figures 2(a)–2(f) that the main peaks observed for the tissue samples correspond to DNA/RNA, amino acids, lipids, and proteins. Our analysis confirms preliminary observation by González-Solís et al. [33], Guerrini et al. [34], Karabeber et al. [35], and our previous experiments using spontaneous Raman spectroscopy [7–13]. More detailed analysis of band intensity at \(\sim 1396\) cm\(^{-1}\) observed in all SERS spectra of the three proposed methods shows that the mean \pm SD are \(527.1 \pm 94.9, 906.5 \pm 281.9,\) and \(152.2 \pm 3.3\) for NP nos. 1, 2, and 3, respectively. The weak enhancement effect in the Raman observed in silver NP no. 3 by taking three different synthesis methods into consideration can be explained by smaller efficiency plasmon generation excited at \(\lambda = 532\) nm (lower absorbance at 532 nm, see Figures 1(a), 1(c), and 1(e)).

Table 2 presents the maximum peak positions of Raman bands observed for SERS spectra and the tentative assignments of these bands [36].

<table>
<thead>
<tr>
<th>Maximum peak position in SERS spectrum (cm(^{-1}))</th>
<th>Tentative assignment [36]</th>
</tr>
</thead>
<tbody>
<tr>
<td>547</td>
<td>Cholesterol</td>
</tr>
<tr>
<td>668, 673</td>
<td>C–S stretching mode of cysteine, T, G (DNA/RNA), C–S stretching mode of cysteine</td>
</tr>
<tr>
<td>945</td>
<td>Valine, proline, and polysaccharides</td>
</tr>
<tr>
<td>1004</td>
<td>Phenylalanine</td>
</tr>
<tr>
<td>1030</td>
<td>Phenylalanine of collagen</td>
</tr>
<tr>
<td>1095</td>
<td>Symmetric PO(^3)_ stretching vibration of the DNA backbone; phosphate backbone vibration as a marker mode for the DNA concentration; C–N of proteins</td>
</tr>
<tr>
<td>1152</td>
<td>(\nu(C–N)), proteins</td>
</tr>
<tr>
<td>1249</td>
<td>Thymine, adenine, DNA, RNA, phospholipids, Amide III, lipids, fatty acids</td>
</tr>
<tr>
<td>1271</td>
<td>Typical phospholipids, Amide III band in proteins, a C–N stretch from alpha helix proteins</td>
</tr>
<tr>
<td>1283</td>
<td>Lipids and fatty acids</td>
</tr>
<tr>
<td>1340</td>
<td>DNA, RNA</td>
</tr>
<tr>
<td>1395</td>
<td>Lipids and fatty acids</td>
</tr>
<tr>
<td>1497</td>
<td>Proteins and lipids</td>
</tr>
<tr>
<td>1569</td>
<td>Amides, vibrations of C=O, C–N, and N–H groups</td>
</tr>
<tr>
<td>1609</td>
<td>Cytosine (NH(_2))</td>
</tr>
<tr>
<td>1745</td>
<td>(\nu(C=O)), phospholipids, and triglycerides (lipid and fatty acids assignment)</td>
</tr>
</tbody>
</table>

For better comparison of the enhancement efficiency of synthesized NPs, all recorded SERS spectra were vector-normalized (Origin model: divided by Norm (length)).

One can see from Figures 2(b), 2(d), and 2(f) that the efficiency of Raman signal enhancement is comparable for NPs synthetized by the above-described different methods. The efficiency of Raman signal enhancement for NPs synthetized by method no. 1, which is very simple in preparation compared to method nos. 2 and 3 and offers high Raman peak intensities for not normalized human breast tissue samples that can be commonly used for screening in medical measurements was also tested using the well-known Raman reporter compound 4-mercaptopotoluene (4-MT). The objective of medical screening procedures is to detect cancerous cells in a very short time.

SERS measurements for this model compound, which can be finally used for functionalization of Ag NPs, confirmed that obtained silver nanostructures allow to record Raman spectra of 4-MT for picomolar concentrations. Figure 3 presents SERS spectrum of 4-mercaptopotoluene for the concentration equal to \(2.5 \times 10^{-3}\) and \(1.0 \times 10^{-15}\) M (a) and the analysis of SERS signal intensity in the function of 4-MT concentration (in a concentration range of \(1.0 \times 10^{-15}–2.5 \times 10^{-3}\) M for peak recorded at 1079 cm\(^{-1}\)) (b).

One can see from Figure 3 that nonlinear correlation in the whole concentration range of \(1.0 \times 10^{-15}–2.5 \times 10^{-3}\) M between SERS signal and the concentration of 4-MT is observed. The high linearity is observed for the concentration below \(1 \times 10^{-4}\) M and for the range \(1 \times 10^{-4}–2.5 \times 10^{-3}\) M.

### 4. Conclusions

In this work, we have presented the biochemical characteristic of human breast cancer using SERS technique by recording fingerprint vibrations effectively enhanced by silver NPs. The application of NPs allowed to identify the biomolecules as amino acids (phenylalanine, tyrosine, and tryptophan), proteins, and DNA. We have shown that the SERS technique reduces exposure times to a split second for collecting good quality spectra with well-defined and isolated bands, whereas the conventional Raman spectroscopy requires at least one of several to hundred seconds for analysis. Our study confirmed that surface-enhanced Raman scattering maintains great possibilities to acquire hundreds
of spectra of tissues in a very short time which is important for medical patient screening. Moreover, it is shown that the enhancement effect of NPs synthesized by simple reduction method is stronger in comparison with the polyl method. We have shown also that nonlinear correlation in the whole concentration range of $1.0 \times 10^{-15} - 2.5 \times 10^{-3}$ M between SERS signal and the concentration of 4-MT is observed. The high linearity was observed for the concentration below $1 \times 10^{-4}$ M and for the range $1 \times 10^{-6} - 2.5 \times 10^{-3}$ M.

**Conflicts of Interest**

The authors declare that there are no conflicts of interest regarding the publication of this paper.

**Acknowledgments**

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