Immunity to pathogens requires generation of effective innate and adaptive immune responses. *Leishmania donovani* evades these host defense mechanisms to survive and persist in the host. A better understanding and identification of mechanisms that *L. donovani* employs for its survival is critical for developing novel therapeutic interventions that specifically target the parasite. This paper will highlight some of the mechanisms that the parasite utilizes for its persistence and also discuss how the immune response is regulated.

1. Introduction

Visceral leishmaniasis (VL) is caused by the intracellular parasites *Leishmania donovani* and/or *Leishmania infantum/chagasi*. In the mouse model of visceral leishmaniasis, there is a distinct organ-specific pattern of parasite growth during the disease progression. Infection in the liver is characterized by a rapid increase in the parasite burden in the first 4 weeks of infection followed by clearance of the parasite within 6–8 weeks. This self-curing mechanism in the liver is attributed to the development of a Th1 dominated granulomatous response [1] characterized by high IFNγ production by CD4 and CD8 T cells. In contrast to liver, infection in the spleen has serious consequences demonstrated by increased parasite burden, disruption of splenic microarchitecture and impaired immune responses resulting in the establishment of parasite persistence [2]. Although the exact mechanism by which the parasite establishes chronic infections in the spleen still remains elusive, it is now becoming evident that the parasite targets and alters the functions of host immune system for evasion. Some of the mechanisms that are altered include suppression of host protective Th1 responses, generation of defective CD8 T cells and inhibition of dendritic cell (DC) functions [2–4]. In addition to modifying DC and T-cell function, the parasite also modulates B-cell function for its survival. Furthermore, by directly interacting with different cellular subsets, the parasite also generates an immunosuppressive environment by inducing IL-10 production and thus favoring its survival in the host. In the first part of this paper we will discuss the above mentioned mechanisms utilized by the parasite to evade host immune response and establish chronic infection in the spleen. The second part of the paper will focus on the *L. donovani* infection in the liver and the regulation of the inflammatory response in this organ.

2. Infection in the Spleen

In the experimental model of VL, the spleen is a site of chronic inflammation, characterized by parasite persistence. Chronic infection of the spleen is associated with splenomegaly and changes in the splenic microarchitecture [2, 5, 6], which have consequences on the generation of the immune response to the parasite [5–8]. Typically, following encounter with antigen, dendritic cells (DCs) migrate from the marginal zone (MZ) of the spleen to the T-cell-rich area known as peripheriolar lymphoid sheaths (PALS). In
the PALS, the DCs interact with the T cells, and this interaction results in the induction of an antigen-specific T cell response [9]. During chronic L. donovani infection, increased production of TNF by macrophages results in the disruption of the splenic MZ [5]. As a consequence of this disruption, DCs [2] and naïve T-cells [5] fail to migrate to the PALS, which may result in diminished priming of T-cells. DCs not only show an impaired migratory capacity, but they also down regulate important costimulatory molecules and increasingly express inhibitory molecules [3]. Hence, it appears that DC functions are defective at later stages of infection. This hypothesis is supported by the fact that adoptive transfer of LPS-activated bone marrow-derived DCs into mice at d21 p.i. results in a significant reduction of the splenic parasite burden [2, 10] and possibly in the induction of protective T cell responses. Splenomegaly is also associated with destruction of the follicular DC network [11] and the gp38+ fibroblastic reticular cell network [2]. This disruption is particularly critical since treating or blocking it increases the frequency of protective IFNγ-producing CD4 T cells [12]. Conventional CD11c+ splenic DCs not only show impaired migratory capacity during chronic VL, but also increasingly upregulate the inhibitory molecule B7-H1 during chronic infection [3]. B7-H1 is constitutively expressed on subsets of macrophages, thymocytes, and B cells [13], but its expression can also be induced on DCs, epithelial, and endothelial cells [13, 14]. B7-H1 binds to its receptor PD-1 and inhibits T cell proliferation and cytokine production [15]. Furthermore, B7-H1 can also induce programmed cell death of effector T cells by ligation to a yet unknown receptor [16]. During chronic VL, antigen-specific CD8 T cells gradually upregulate PD-1 and display signs of exhaustion characterized by the loss of IL-2, TNF, and finally IFNγ production. These functionally exhausted cells eventually die [3]. Exhausted CD8 T cells have also been recently observed in patients with diffuse cutaneous leishmaniasis [17]. The functional exhaustion and deletion of antigen-specific CD8 T cells is in part induced by the upregulation of B7-H1 on splenic DCs. Indeed, in vivo blockade of B7-H1 during chronic L. donovani infection results in increased survival of antigen-specific CD8 T cells and also partially restores the functional capacity of exhausted CD8 T cells [3]. The fact that CD8 T-cell functions are not completely restored by B7-H1 blockade suggests the involvement of additional pathways in the suppression of cytokine production by these cells. Other inhibitory molecules, such as LAG3 [18–20] and CTLA4 [21, 22], may also be involved in this suppression. Nevertheless, the partial recovery of CD8 T cell functions is sufficient to reduce the splenic parasite burden, suggesting that B7-H1 blockade and the reactivation of CD8 T-cells may be exploited as a therapeutic intervention.

Other costimulatory and inhibitory molecules were also shown to play a suppressive role during acute experimental VL. Indeed, blocking of either B7-2 [23], OX40, or CTLA-4 [24, 25] results in improved T-cell responses in L. donovani infections. Taken together, these results highlight the crucial role of DC during VL and imply that manipulation of the DC response to the parasite may be beneficial for future therapeutic interventions.

Another major factor contributing to progression of disease in VL is IL-10 [10, 26–28]. The role of IL-10 in augmenting disease has been demonstrated by studies that show that IL-10 receptor blockade aids in abrogation of the disease [26]. Additionally, Il10−/− mice are highly resistant to VL [27]. During chronic infection in mice, IL-10 is mainly expressed by CD25+ FoxP3− CD4+ T cells [10], which also produce IFNγ. These cells have also been identified in human patients and their presence correlates with disease progression [10]. Although there is evidence linking IL-10 and susceptibility to L. donovani infection in humans, inter-individual differences in IL-10 production might contribute to variation in susceptibility to L. donovani [29]. Using transgenic mice expressing human IL-10 (Il10+/-/hIL10BAC), we could investigate the role of cellular-specific IL-10 production on susceptibility to infection. Interestingly, in these transgenic mice IL-10 was properly regulated in the myeloid compartment and resulted in the rescue of Il10−/− mice from LPS toxicity. However, transgenic IL-10 was weakly expressed in T cells resulting in resistance to L. donovani infection, indicating that T-cell-derived IL-10 inhibits the control of parasite burden in the spleen and liver. Thus, T-cell-derived IL-10 plays an essential role in the establishment of chronic infection [30].

IL-10 also plays an important suppressive role during the early stages of infection. We have recently demonstrated that IL-10 contributes to suppression of CD8 T-cell expansion during the early stages of infection (Bankoti et al., submitted). IL-10 blockade also resulted in increased effector functions in CD8 and CD4 T cells. Several cell populations have been identified that upregulate IL-10 production during L. donovani infection. These include CD4 T cells [10], NK cells [31], macrophage [26], and DCs [32], and potentially one of these cell populations could be responsible for suppression of CD8 T-cell expansion and CD8 and CD4 T-cell function. However, data from our laboratory suggest that there is probably no major source of IL-10 responsible for the suppression of T-cell function, but several IL-10 sources contribute to it (Bankoti and Stager, unpublished).

Several studies indicate that B cells have an adverse effect on disease outcome in various models of leishmaniasis [33–36]. In experimental VL, B cells also contribute to disease exacerbation. Indeed, in the absence of B cells, mice are resistant to L. donovani infection [35]. The mechanism by which B cells contribute to parasite persistence has not yet been completely defined. One of the possible mechanisms by which B cells exacerbate disease is by secretion of antibodies. The role of antibodies in progression of disease was demonstrated by using JH mice that produce no antibodies. Infected mice with anti-L. major sera at d21 postinfection resulted in exacerbation of the disease [37, 38]. This increased susceptibility to infection could be explained by the fact that host IgG on the amastigote surface ligates the macrophage FcγRs and induces IL-10 production by macrophages [37]. One of the consequences of this increased IL-10 production is the inactivation of macrophages which further contributes to parasite persistence. In addition to IgG, increased IgM
production and polyclonal B-cell activation has also been recently demonstrated as a cause of disease exacerbation in *L. infantum* infected mice during the early stages of infection [34].

Our recent findings suggest that, in addition to inducing IL-10 production by macrophages via antibody secretion [37], B cells directly interact with *L. donovani* and this interaction results in the suppression of protective T-cell responses in an antibody-independent manner. Following i.v. injection, amastigotes move to the spleen where they initially come in contact with cells of the marginal zone (MZ). The amastigotes are primarily internalized by marginal zone macrophages (MZM) and macrophilic macrophages (MM) present in the MZ of the spleen [4, 9]. The marginal zone also consists of the marginal zone B cells (MZBs) [39] that are located strategically to encounter the parasite early on during infection. Marginal zone B cells are noncirculating B cells and initiate T-independent responses in response to blood borne pathogens [40, 41]. MZBs also have the capacity to rapidly differentiate into short lived IgM producing antibody forming plasma cells [42]. We recently observed that *L. donovani* closely interacts with B cells in vivo, inducing activation and cluster formation (Bankoti et al., submitted). We also observed an association between amastigotes and cells that displayed an MZB phenotype in vivo, 24hr after infection, suggesting that MZBs capture parasites during the very early stages of disease. Although, the exact mechanism of parasite capture remains unclear, it is possible that MZB cells recognize amastigotes through surface IgM and/or through the complement receptor 2 (CD21). This interaction of the parasite and MZBs resulted in the upregulation of the costimulatory molecules CD80 and CD86 and the production of IL-10 by two B-cell subpopulations: marginal zone B-cell-like cells and regulatory B-cells-like cells (Bankoti et al., submitted). Moreover, in agreement with previous report [34], B cells upon interacting with *L. donovani* increased surface IgM expression and secrete IgM (Bankoti et al. submitted). In addition to inducing IL-10 production by MZB cells, cross-linking of CD21 also induces the migration of MZBs to the white pulp [41, 43, 44]. Hence, it is possible that the MZB cells capture the parasite and migrate to the white pulp where they can then transfer the antigen to the follicular DCs [45–47]. Follicular DCs can then retain the antigen for a long duration of time and initiate CD4 and CD8 T-cell responses. Follicular DCs can also interact with the follicular B cells and result in polyclonal B-cell activation [48], which is typically observed during human VL. [49–52]. Activation of MZBs by *L. donovani* is detrimental to the course of infection, since depletion of MZB results in significantly lower splenic parasite burdens and in stronger CD8 and CD4 T-cell responses. This suggests that marginal zone B cells suppress protective T-cell responses during early stages of *L. donovani* infection and contribute to the establishment of chronic disease. Although MZBs secrete IL-10, this suppressive effect is only partially mediated by MZB-derived IL-10. Thus, it is possible that MZB inhibit APC functions and/or induce IL-10 production by other cell populations, such as macrophages or T cells. Further investigations are needed to test this hypothesis.

IL-10 production by B cells was also shown to induce Th2 responses in a model of cutaneous leishmaniasis [53]. B cells also produce IL-10 upon encounter with *L. infantum* [34]; however, this B-cell-derived IL-10 does not seem to affect the parasite burden at least at d28 p.i. [34].

### 3. Infection in Liver

The liver is another main target organ in the experimental model of VL. In contrast to the spleen that stays chronically infected, infection in the liver is self-resolving within 6–8 weeks. Resolution of disease in the liver is associated to the development of granuloma formation which is one of the key features of hepatic resistance [54]. The resolution of the infection in the liver is attributed to the development of a Th1-dominated granulomatous response, characterized by high IFNγ production by CD4 T cells. The Th1 response in turn is initiated by IL-12 secreted from the DCs [9, 55]. IL-12 is an essential cytokine in the development of protective immunity to *L. donovani*, since blocking of IL-12 reduced both the IFNγ production and granuloma formation in the liver of infected mice [56]. Furthermore, supplementing exogenous IL-12 to *L. donovani*-infected mice early during infection decreased the liver parasite burden [57]. CD8 T cells also have an essential role in the clearance of the parasite in the liver. Indeed, depletion of CD8 T cells inhibits the development of the granulomatous response and results in disease exacerbation [1]. Moreover, CD8 T cells have been shown to be mediators of resistance to rechallenge [58]. In addition to the adaptive T-cell response, TNF production and expression of inducible nitric oxide synthase (iNOS or NOS2) by macrophages aid in clearing the infection. Hepatic resistance in VL is also attributed to the generation of reactive nitrogen and oxygen intermediates, both of which have been shown to play a role in containing parasite growth during the early stages of infection [59]. These might in turn be related to the T-cell-dependent recruitment of monocytes at these early time points [60]. At the later stage of infection, iNOS gene regulation appears to play an important role and generation of NO indicates T-cell-dependent macrophage activation [60].

Initiation of the immune response requires the recognition of the parasite by the immune system. The presence of certain molecules on the pathogens, known as pathogen-associated molecular patterns (PAMPs) allows the immune system to recognize the pathogen and elicit an immune reaction. These PAMPs are recognized by Toll-like receptors (TLRs) present on the antigen presenting cells. Recognition of a pathogen by TLRs initiates a signaling cascade that ultimately results in the induction of cytokines. The interferon regulatory factors (IRFs) are important parts of this signaling chain. One of the IRFs, IRF5, is of particular interest and has previously been demonstrated to induce proinflammatory cytokines such as IL-12, TNF, and IL-6 in response to viruses [61, 62]. This was further supported by the fact that in *Irf5−/−* mice there is attenuation of type I IFNs, TNF and IL-6 production in response to viral infection [63–65]. We have recently demonstrated that *L. donovani*...
elicits a defective Th1 responses in the liver of Irf5−/− mice and results in fewer liver granuloma and exacerbation of the hepatic infection [66]. Additionally, the granulomas in Irf5−/− mice were also considerably smaller in size suggesting a defective recruitment of inflammatory cells into the liver of Irf5−/− mice. These results emphasize the importance of IRF5 as an essential transcription factor to initiate the inflammatory response following L. donovani infection. Recently, IRF5 was shown to promote inflammatory macrophage polarization [67]. M1 macrophages, also known as the classically activated macrophages, are induced by IFNγ to produce proinflammatory cytokines, for example, TNF, IL-6, and IL-23. In addition to producing pro-inflammatory cytokines, M1 macrophages also exhibit enhanced microbicidal activity. M2 macrophages on the other hand are known as alternatively activated macrophages, which produce anti-inflammatory cytokine and enhance tissue repair [68, 69]. Interestingly, IRF5 influences the polarization of macrophages. M1 macrophages have high IRF5 expression and therefore activate genes for IL-12p40, IL-12p35, and IL-23p19 and repress IL-10 gene [67]. Classically activated macrophages upon triggering of interferon and TLR pathway also increase expression of iNOS that results in production of NO [70–72]. Hence, it is not surprising that iNOS protein is not produced in the granulomas of Irf5−/− mice and that Irf5−/− mice are more susceptible to VL. The exact pathway triggered by L. donovani that results in the induction of IRF5 and the mechanism by which IRF5 induces the inflammatory response during L. donovani infection are still undefined. IRF5 is downstream of TLR7 and 9, but can also be directly induced by type I IFN [73]. Thus, one could speculate that L. donovani may trigger TLR7 and/or TLR9 and induce IRF5 expression. It would be interesting to examine whether IRF5 is induced by L. donovani in Tlr9−/− Tlr7−/− double-knockout mice and whether TLR7 and TLR9 have any overlapping functions. IRF5 upregulation appears to be required by different cells at different time of infection. For instance, the absence of IRF5 does not seem to affect the early development of Th1 responses. In contrast, this transcription factor is essential for the maintenance of Th1 responses and is increasingly expressed in T cells during chronic infection. Conversely, IRF5 deficiency severely impaired the infiltration of inflammatory cells in the liver already at earlier stages of infection. How this timely expression of IRF5 regulates the immune response and the role of IRF5 in T cells are still some of the questions that remain unanswered and need further investigations. Several studies have demonstrated the importance of other IRFs during L. donovani infection. L. donovani has been shown to induce IRF-binding activity in macrophages in vivo [74]. Furthermore, IRF7 was shown to have a role in regulating the killing of parasites by splenic marginal zone macrophage [75]. Additionally, L. donovani amastigotes disrupt the interaction between STAT1α and importin-a5 (a nuclear transport adaptor protein) resulting in the inhibition of IFNγ-induced expression of IRF1 in macrophages [76]. Although these studies reveal the importance of IRFs as an important regulator of signaling events and modulating the outcome of disease, further investigations are required to completely understand the exact mechanisms of IRF-induced pathways to use it for therapeutic purposes in L. donovani infections.

4. Conclusion

Leishmania donovani utilizes several mechanisms to evade the host immune system depending on the cell that it interacts with during the course of infection. Although these events might not be chronologically linked, clearly the parasite encounters different cells of the immune system and efficiently evades its clearance. Upon intravenous infection with L. donovani in mice, the cells that first come in contact with the parasite in the spleen are DCs, macrophages, and the MZ B cells. The parasite evades these immune cells by either interfering with proper DC function or by inducing IL-10 production by macrophages, B and T cells, resulting in an immunosuppressive environment. The effect of these altered functions early during the disease is reflected by generation of defective CD8 T and CD4 T-cell responses. Clearly there is a dearth of knowledge regarding the complex mechanism that the parasite utilizes to evade the immune system, and a better understanding of the complex interaction of various cell types with the parasite is needed to aid in development of novel therapeutics interventions.

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