Research Article

On the Hermitian Positive Definite Solutions of Nonlinear Matrix Equation

\[ X^s + A^*X^{-t_1} A + B^*X^{-t_2} B = Q \]

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Received 18 April 2011; Accepted 11 July 2011

Academic Editor: Mohammad Younis

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Nonlinear matrix equation \[ X^s + A^*X^{-t_1} A + B^*X^{-t_2} B = Q \] has many applications in engineering; control theory; dynamic programming; ladder networks; stochastic filtering; statistics and so forth. The solutions of practical interest are their Hermitian positive definite (HPD) solutions.

In this paper, the Hermitian positive definite solutions of nonlinear matrix equation \[ X^s + A^*X^{-t_1} A + B^*X^{-t_2} B = Q \] are considered, where \( Q \) is a Hermitian positive definite matrix, \( A, B \) are nonsingular complex matrices, \( s \) is a positive number, and \( 0 < t_1 \leq 1, i = 1,2 \). Necessary and sufficient conditions for the existence of Hermitian positive definite solutions are derived. A sufficient condition for the existence of a unique Hermitian positive definite solution is given. In addition, some necessary conditions and sufficient conditions for the existence of Hermitian positive definite solutions are presented. Finally, an iterative method is proposed to compute the maximal Hermitian positive definite solution, and numerical example is given to show the efficiency of the proposed iterative method.

1. Introduction

We consider the nonlinear matrix equation

\[ X^s + A^*X^{-t_1} A + B^*X^{-t_2} B = Q, \quad (1.1) \]

where \( Q \) is an \( n \times n \) Hermitian positive definite matrix, \( A, B \) are \( n \times n \) nonsingular complex matrices, \( s \) is a positive number, and \( 0 < t_i \leq 1, i = 1,2 \). Here \( A^* \) stands for the conjugate transpose of the matrix \( A \).

Nonlinear matrix equations with the form of (1.1) have many applications in engineering; control theory; dynamic programming; ladder networks; stochastic filtering; statistics and so forth. The solutions of practical interest are their Hermitian positive definite (HPD) solutions.
In Section 2, we derive necessary and sufficient conditions for the existence of HPD solutions of (1.1) and give a sufficient condition for the existence of a unique HPD solution of (1.1). We also present some necessary conditions and sufficient conditions for the existence of HPD solutions of (1.1). Then in Section 3, we propose an iterative method for obtaining the maximal HPD solution of (1.1). We give a numerical example in Section 4 to show the efficiency of the proposed iterative method.

We start with some notations which we use throughout this paper. The symbol \( C^{m \times n} \) denotes the set of \( m \times n \) complex matrices. We write \( D > 0 (D \geq 0) \) if the matrix \( D \) is positive definite(semidefinite). If \( D - E \) is positive definite(semidefinite), then we write \( D > E (D \geq E) \). We use \( \lambda_1(D) \) and \( \lambda_n(D) \) to denote the maximal and minimal eigenvalues of a matrix \( D \). We use \( \|D\| \) and \( \|D\|_F \) to denote the spectral and Frobenius norm of a matrix \( D \), and we also use \( \|b\| \) to denote \( l_2 \)-norm of a vector \( b \). We use \( X_S \) and \( X_L \) to denote the minimal and maximal HPD solution of (1.1), that is, for any HPD solution \( X \) of (1.1), then \( X_S \leq X \leq X_L \). The symbol \( I \) denotes the \( n \times n \) identity matrix. The symbol \( \rho(D) \) denotes the spectral radius of \( D \). Let \( \{D, E\} = \{X \mid D \leq X \leq E\} \) and \( (D, E) = \{X \mid D < X < E\} \). For matrices \( D = (d_{11}, d_{12}, \ldots, d_{nn}) = (d_{ij}) \) and \( E, D \otimes E = (d_{ij}E) \) is a Kronecker product and \( \text{vec}(D) \) is a vector defined by \( \text{vec}(D) = (d_{11}^T, d_{21}^T, \ldots, d_{nn}^T)^T \).

2. Solvability Conditions and Properties of the HPD Solutions

In this section, we will derive the necessary and sufficient conditions for (1.1) to have an HPD solution and give a sufficient condition for the existence of a unique HPD solution of (1.1). We also will present some necessary conditions and sufficient conditions for the existence of Hermitian positive definite solutions of (1.1).

**Lemma 2.1** (see [11]). If \( D \geq E > 0 \) (or \( D > E > 0 \)), then \( D^p \geq E^p > 0 \) (or \( D^p > E^p > 0 \)) for all \( p \in (0, 1] \), and \( E^p \geq D^p > 0 \) (or \( E^p > D^p > 0 \)) for all \( p \in [-1, 0) \).

**Lemma 2.2** (see [12]). Let \( D \) and \( E \) be positive operators on a Hilbert space such that \( 0 < m_1 I \leq D \leq M_1 I, 0 < m_2 I \leq E \leq M_2 I, \) and \( 0 < D \leq E \). Then

\[
D^q \leq \left( \frac{M_1}{m_1} \right)^{q-1} E^q, \quad D^q \leq \left( \frac{M_2}{m_2} \right)^{q-1} E^q
\]

(2.1)

hold for any \( q \geq 1 \).
Lemma 2.3 (see [13]). Let \( f(x) = x^t(\xi - x^s), \xi > 0, x \geq 0. \) Then

1. \( f \) is increasing on \([0, ((t/(s + t))\xi)^{1/s}] \) and decreasing on \([((t/(s + t))\xi)^{1/s}, +\infty)\);
2. \( f_{\text{max}} = f(((t/(s + t))\xi)^{1/s}) = (s/(s + t))(t/(s + t))^{1/s}e^{(t/s)\xi^1}. \)

Lemma 2.4 (see [14]). If \( D \) and \( E \) are Hermitian matrices of the same order with \( E > 0 \), then \( DED + E^{-1} \geq 2D \).

Lemma 2.5 (see [15]). If \( 0 < \theta \leq 1 \), and \( D \) and \( E \) are positive definite matrices of the same order with \( D, E \geq bI > 0 \), then \( \|D^\theta - E^\theta\| \leq \theta b^{(\theta - 1)}\|D - E\| \) and \( \|D^{-\theta} - E^{-\theta}\| \leq \theta b^{-(\theta - 1)}\|D - E\|. \) Here \( \| \cdot \| \) stands for one kind of matrix norm.

Lemma 2.6 (see [5]). Let \( D \) and \( E \) be two arbitrary compatible matrices. Then \( \rho(D^*E - E^*D) \leq \rho(D^*D + E^*E) \).

Theorem 2.7. Equation (1.1) has an HPD solution if and only if \( A, B \) can factor as

\[
A = (L^*L)^{t_{1/2}s}N_1, \quad B = (L^*L)^{t_{1/2}s}N_2,
\]

where \( L \) is a nonsingular matrix and \( \begin{pmatrix} LQ^{1/2} \\ N_1Q^{1/2} \\ N_2Q^{1/2} \end{pmatrix} \) is column orthonormal.

Proof. If (1.1) has an HPD solution, then \( X^s > 0 \). Let \( X^s = L^*L \) be the Cholesky factorization, where \( L \) is a nonsingular matrix. Then (1.1) can be rewritten as

\[
\begin{align*}
Q^{-1/2}L^*LQ^{-1/2} + Q^{-1/2}A^*(L^*L)^{-t_{1/2}s}(L^*L)^{-t_{1/2}s}AQ^{-1/2} \\
+Q^{-1/2}B^*(L^*L)^{-t_{1/2}s}(L^*L)^{-t_{1/2}s}BQ^{-1/2} = I.
\end{align*}
\]

Let \( N_1 = (L^*L)^{-t_{1/2}s}A, \ N_2 = (L^*L)^{-t_{1/2}s}B, \) then \( A = (L^*L)^{t_{1/2}s}N_1, \ B = (L^*L)^{t_{1/2}s}N_2. \) Moreover, (2.3) turns into

\[
Q^{-1/2}L^*LQ^{-1/2} + Q^{-1/2}N_1^*N_1Q^{-1/2} + Q^{-1/2}N_2^*N_2Q^{-1/2} = I,
\]

that is,

\[
\begin{pmatrix} LQ^{-1/2} \\ N_1Q^{-1/2} \\ N_2Q^{-1/2} \end{pmatrix}^* \begin{pmatrix} LQ^{-1/2} \\ N_1Q^{-1/2} \\ N_2Q^{-1/2} \end{pmatrix} = I,
\]

which means that \( \begin{pmatrix} LQ^{-1/2} \\ N_1Q^{-1/2} \\ N_2Q^{-1/2} \end{pmatrix} \) is column orthonormal.
Conversely, if \( A, B \) have the decompositions as (2.2), let \( X = (L^*L)^{1/2} \), then \( X \) is an HPD matrix, and it follows from (2.2) and (2.4) that

\[
X^* + A^*X^{-1}A + B^*X^{-1}B = L^*L + N_1^*N_1 + N_2^*N_2
\]

\[
= Q^{1/2} \left( Q^{-1/2}L^*LQ^{-1/2} + Q^{-1/2}N_1^*N_1Q^{-1/2}
+ Q^{-1/2}N_2^*N_2Q^{-1/2} \right) Q^{1/2}
\]

\[
= Q.
\]

Hence (1.1) has an HPD solution.

**Theorem 2.8.** Equation (1.1) has an HPD solution if and only if there exist a unitary matrix \( V \in C^{nxn} \), a column-orthonormal matrix \( U = \left( \begin{array}{c} U_1 \\ U_2 \end{array} \right) \in C^{nxn} \) (in which \( U_1, U_2 \in C^{nxn} \)), and diagonal matrices \( C > 0 \) and \( S \geq 0 \) with \( C^2 + S^2 = I \) such that

\[
A = (Q^{1/2}V^*C^2VQ^{1/2})^{1/2}U_1SVQ^{1/2},
\]

\[
B = (Q^{1/2}V^*C^2VQ^{1/2})^{1/2}U_2SVQ^{1/2}.
\]

**Proof.** If (1.1) has an HPD solution, we have by Theorem 2.7 that the matrix \( \left( \begin{array}{c} LQ^{-1/2} \\ N_1Q^{-1/2} \\ N_2Q^{-1/2} \end{array} \right) \) is column orthonormal. According to the CS decomposition theorem (Theorem 3.8 in [16]), there exist unitary matrices \( P = \left( \begin{array}{cc} P_1 & 0 \\ 0 & P_2 \end{array} \right) \in C^{3nxn} \) (in which \( P_1 \in C^{nxn}, P_2 \in C^{2nx2n} \)), \( V \in C^{nxn} \), such that

\[
\left( \begin{array}{cc} P_1 & 0 \\ 0 & P_2 \end{array} \right) \left( \begin{array}{c} LQ^{-1/2} \\ N_1Q^{-1/2} \\ N_2Q^{-1/2} \end{array} \right)V^* = \left( \begin{array}{c} C \\ S \\ 0 \end{array} \right),
\]

where \( C = \text{diag}(\cos \theta_1, \ldots, \cos \theta_n), S = \text{diag}(\sin \theta_1, \ldots, \sin \theta_n) \), and \( 0 \leq \theta_1 \leq \cdots \leq \theta_n \leq \pi/2 \). Thus the diagonal matrices \( C, S \geq 0 \) and \( C^2 + S^2 = I \). Furthermore, noting that \( L \) is nonsingular, by (2.8), we have

\[
P_1LQ^{-1/2}V^* > 0,
\]

\[
P_2\left( \begin{array}{c} N_1 \\ N_2 \end{array} \right)Q^{-1/2}V^* = \left( \begin{array}{c} S \\ 0 \end{array} \right).
\]
Equation (2.10) is equivalent to \( \begin{pmatrix} N_1 \\ N_2 \end{pmatrix} = P_2^* (S) VQ^{1/2} \). Let \( P_2^* \) be partitioned as \( P_2^* = (U_1 \ U_2 \ U_3 \ U_4) \), in which \( U_i \in \mathbb{C}^{n \times n} \), \( i = 1, 2, 3, 4 \), then we have

\[
\begin{pmatrix} N_1 \\ N_2 \end{pmatrix} = \begin{pmatrix} U_1 & U_3 \\ U_2 & U_4 \end{pmatrix} \begin{pmatrix} S \\ 0 \end{pmatrix} VQ^{1/2} = \begin{pmatrix} U_1SVQ^{1/2} \\ U_2SVQ^{1/2} \end{pmatrix},
\]

(2.11)

from which it follows that \( N_1 = U_1SVQ^{1/2}, \ N_2 = U_2SVQ^{1/2} \). By (2.9), we have \( L = P_1^* CVQ^{1/2} \). Then by (2.2), we have

\[
A = (L^* L)^{1/2} N_1 = \left( Q^{1/2} V^* C^2 VQ^{1/2} \right)^{1/2} U_1 SVQ^{1/2},
\]

\[
B = (L^* L)^{1/2} N_2 = \left( Q^{1/2} V^* C^2 VQ^{1/2} \right)^{1/2} U_2 SVQ^{1/2}.
\]

(2.12)

Conversely, assume that \( A, B \) have the decomposition (2.7). Let \( X = \left( Q^{1/2} V^* C^2 VQ^{1/2} \right)^{1/s} \), which is an HPD matrix. Then it is easy to verify that \( X \) is an HPD solution of (1.1).

**Theorem 2.9.** If (1.1) has an HPD solution \( X \), then \( X \in (\overline{M}, \overline{N}) \), where

\[
\begin{align*}
\overline{M} &= \frac{1}{2} \left( \begin{pmatrix} \mu_1 \\ \nu_1 \end{pmatrix} \right)^{(1-t_1)/t_1} \left( AQ^{-1} A^* \right)^{1/t_1} + \left( \begin{pmatrix} \mu_2 \\ \nu_2 \end{pmatrix} \right)^{(1-t_2)/t_2} \left( BQ^{-1} B^* \right)^{1/t_2}, \\
\overline{N} &= \left( Q - A^* Q^{-1/s} A - B^* Q^{-t_2/s} B \right)^{1/s},
\end{align*}
\]

(2.13)

in which \( \mu_1 \) and \( \nu_1 \) are the minimal and maximal eigenvalues of \( AQ^{-1} A^* \) respectively, \( \mu_2 \) and \( \nu_2 \) are the minimal and maximal eigenvalues of \( BQ^{-1} B^* \) respectively.

**Proof.** Let \( X \) be an HPD solution of (1.1), then it follows from \( 0 < X^s < Q \) and Lemma 2.1 that \( X^{-t_i} > Q^{-t_i/s}, \ i = 1, 2 \). Hence

\[
X^s = Q - A^* X^{-t_1} A - B^* X^{-t_2} B < Q - A^* Q^{-1/s} A - B^* Q^{-t_2/s} B.
\]

(2.14)

Thus we have

\[
X < \left( Q - A^* Q^{-1/s} A - B^* Q^{-t_2/s} B \right)^{1/s} = \overline{N}.
\]

(2.15)

On the other hand, from \( A^* X^{-t_1} A < Q \), it follows that

\[
\begin{align*}
Q^{1/2} A^* X^{-t_1/2} X^{-t_2/2} A Q^{-1/2} &< I, \\
X^{-t_1/2} A Q^{-1} A^* X^{-t_2/2} &< I, \\
A Q^{-1} A^* &< X^{t_i}.
\end{align*}
\]

(2.16)
Let $\mu_1$ and $\nu_1$ be the minimal and maximal eigenvalues of $AQ^{-1}A^*$, respectively. Since $1/t_1 \geq 1$, and $\mu_1 I \leq AQ^{-1}A^* \leq \nu_1 I$, by Lemma 2.2, we get $(\mu_1/\nu_1)^{(1-t_1)/t_1}(AQ^{-1}A^*)^{1/t_1} < X$.

Similarly, we have $(\mu_2/\nu_2)^{(1-t_2)/t_2}(BQ^{-1}B^*)^{1/t_2} < X$, in which $\mu_2$ and $\nu_2$ are the minimal and maximal eigenvalues of $BQ^{-1}B^*$, respectively.

Hence we have $X > 1/2((\mu_1/\nu_1)^{(1-t_1)/t_1}(AQ^{-1}A^*)^{1/t_1} + (\mu_2/\nu_2)^{(1-t_2)/t_2}(BQ^{-1}B^*)^{1/t_2}) = M$. □

**Theorem 2.10.** If $A^*X^{-t_1}A + B^*X^{-t_2}B \leq Q - M$ for all $X \in [M, Q^{1/s}]$, and

$$
p = \frac{1}{s}(t_1\lambda_n^{-(s+t_1)}(M)\|A\|_F^2 + t_2\lambda_n^{-(s+t_2)}(M)\|B\|_F^2) < 1,
$$

(2.17)

where $M$ is defined by (2.13), then (1.1) has a unique HPD solution.

**Proof.** By the definition of $M$, we have $M > 0$. Hence $\lambda_n(M) > 0$.

We consider the map $F(X) = (Q - A^*X^{-t_1}A - B^*X^{-t_2}B)^{1/s}$ and let $X \in \Omega = \{X \mid M \leq X \leq Q^{1/s}\}$. Obviously, $\Omega$ is a convex, closed, and bounded set and $F(X)$ is continuous on $\Omega$.

By the hypothesis of the theorem, we have

$$Q^{1/s} \geq (Q - A^*X^{-t_1}A - B^*X^{-t_2}B)^{1/s} \geq (Q - Q + M)^{1/s} = M,$$

(2.18)

that is, $M \leq F(X) \leq Q^{1/s}$. Hence $F(\Omega) \subseteq \Omega$.

For arbitrary $X, Y \in \Omega$, we have

$$A^*X^{-t_1}A + B^*X^{-t_2}B \leq Q - M,$$

$$A^*Y^{-t_1}A + B^*Y^{-t_2}B \leq Q - M.$$

(2.19)

Hence

$$F(X) = (Q - A^*X^{-t_1}A - B^*X^{-t_2}B)^{1/s} \geq (Q - Q + M)^{1/s} = M \geq \lambda_n(M)I,$$

$$F(Y) = (Q - A^*Y^{-t_1}A - B^*Y^{-t_2}B)^{1/s} \geq (Q - Q + M)^{1/s} = M \geq \lambda_n(M)I.$$

(2.20)

From (2.20), it follows that

$$\|F(X)^s - F(Y)^s\|_F = \left\|\sum_{i=0}^{s-1} F(X)^i(F(X) - F(Y))F(Y)^{s-1-i}\right\|_F$$

$$= \left\|\text{vec}\left[\sum_{i=0}^{s-1} F(X)^i(F(X) - F(Y))F(Y)^{s-1-i}\right]\right\|$$

$$= \left\|\sum_{i=0}^{s-1} \text{vec}\left[F(X)^i(F(X) - F(Y))F(Y)^{s-1-i}\right]\right\|$$

$$= \left\|\sum_{i=0}^{s-1} (F(Y)^{s-1-i} \otimes F(X)^i)\text{vec}(F(X) - F(Y))\right\|.$$
According to the definition of the map $F$, we have
\[
F(X)^{s} - F(Y)^{s} = (Q - A^{*}X^{-t_{1}}A - B^{*}X^{-t_{2}}B) - (Q - A^{*}Y^{-t_{1}}A - B^{*}Y^{-t_{2}}B) = A^{*}(Y^{-t_{1}} - X^{-t_{1}})A + B^{*}(Y^{-t_{2}} - X^{-t_{2}})B.
\]

Combining (2.21) and (2.22), we have by Lemma 2.5 that
\[
\|F(X) - F(Y)\|_{F} \leq \frac{1}{s\lambda_{n}^{s-1}(M)}\|F(X)^{s} - F(Y)^{s}\|_{F} = \frac{1}{s\lambda_{n}^{s-1}(M)}\|A^{*}(Y^{-t_{1}} - X^{-t_{1}})A + B^{*}(Y^{-t_{2}} - X^{-t_{2}})B\|_{F} \leq \frac{1}{s\lambda_{n}^{s-1}(M)}\left(||A||_{F}^{2}\|Y^{-t_{1}} - X^{-t_{1}}\|_{F} + ||B||_{F}^{2}\|Y^{-t_{2}} - X^{-t_{2}}\|_{F}\right) \leq \frac{1}{s\lambda_{n}^{s-1}(M)}\left(t_{1}\lambda_{n}^{-(t_{1}+1)}(M)||A||_{F}^{2} + t_{2}\lambda_{n}^{-(t_{2}+1)}(M)||B||_{F}^{2}\right)||Y - X||_{F} = \frac{1}{s}\left(t_{1}\lambda_{n}^{-(s+t)}(M)||A||_{F}^{2} + t_{2}\lambda_{n}^{-(s+t)}(M)||B||_{F}^{2}\right)||X - Y||_{F} = p\|X - Y\|_{F}.
\]

Since $p < 1$, we know that the map $F(X)$ is a contraction map in $\Omega$. By Banach fixed point theorem, the map $F(X)$ has a unique fixed point in $\Omega$ and this shows that (1.1) has a unique HPD solution in $[M, Q^{1/s}]$. \hfill \square

**Theorem 2.11.** If (1.1) has an HPD solution $X$, then
\[
\lambda_{n}\left(Q^{-1/2}A^{*}Q^{-t_{1}/s}AQ^{-1/2} + Q^{-1/2}B^{*}Q^{-t_{2}/s}BQ^{-1/2}\right) \leq \left(\frac{t}{s + t}\right)^{1/s} \frac{s}{s + t}, \quad X \leq \tilde{\alpha}Q^{1/s},
\]

where $t = \min\{t_{1}, t_{2}\}$, and $\tilde{\alpha}$ is a solution of the equation
\[
y'(1 - y^{s}) = \lambda_{n}\left(Q^{-1/2}A^{*}Q^{-t_{1}/s}AQ^{-1/2} + Q^{-1/2}B^{*}Q^{-t_{2}/s}BQ^{-1/2}\right)
\]
in $[(t/(s + t))^{1/s}, 1]$. 

\[
\geq \sum_{i=0}^{s-1}t_{i}^{s-1}(M)\|\text{vec}(F(X) - F(Y))\| = s\lambda_{n}^{s-1}(M)\|F(X) - F(Y)\|_{F}.
\]

(2.21)
Proof. Consider the sequence defined as follows:

\[
\alpha_0 = 1, \quad \alpha_{k+1} = \left(1 - \frac{\lambda_n(Q^{-1/2}A^*Q^{-1/s}AQ^{-1/2} + Q^{-1/2}B^*Q^{-t/s}BQ^{-1/2})}{\alpha_k'}\right)^{1/s}, \quad k = 0, 1, 2, \ldots
\]  

(2.26)

Let \( X \) be an HPD solution of (1.1), then

\[
X = (Q - A^*X^{-t}A - B^*X^{-t}B)^{1/s} < Q^{1/s} = \alpha_0 Q^{1/s}.
\]  

(2.27)

Assuming that \( X < \alpha_k Q^{1/s} \), then by Lemma 2.1, we have

\[
X^* = Q - A^*X^{-t}A - B^*X^{-t}B
\]

\[
< Q - A^*(\alpha_k Q^{1/s})^{-t}A - B^*(\alpha_k Q^{1/s})^{-t}B
\]

\[
< Q - \frac{A^*Q^{-1/s}A + B^*Q^{-t/s}B}{\alpha_k'}
\]

\[
= Q^{1/2}\left(I - \frac{Q^{-1/2}A^*Q^{-1/s}AQ^{-1/2} + Q^{-1/2}B^*Q^{-t/s}BQ^{-1/2}}{\alpha_k'}\right)Q^{1/2}
\]

\[
\leq Q^{1/2}\left(1 - \frac{\lambda_n(Q^{-1/2}A^*Q^{-1/s}AQ^{-1/2} + Q^{-1/2}B^*Q^{-t/s}BQ^{-1/2})}{\alpha_k'}\right)Q^{1/2}
\]

\[
= \alpha_{k+1} Q.
\]

(2.28)

Therefore \( X < \alpha_{k+1} Q^{1/s} \). Then by the principle of induction, we get \( X < \alpha_k Q^{1/s}, k = 0, 1, 2, \ldots \)

Noting that the sequence \( \alpha_k \) is monotonically decreasing and positive, hence \( \alpha_k \) is convergent. Let \( \lim_{k \to \infty} \alpha_k = \tilde{\alpha} \), then \( \tilde{\alpha} = (1 - \lambda_n(Q^{-1/2}A^*Q^{-1/s}AQ^{-1/2} + Q^{-1/2}B^*Q^{-t/s}BQ^{-1/2})/\tilde{\alpha})^{1/s} \), that is, \( \tilde{\alpha} \) is a solution of the equation \( y^d(1 - y^e) = \lambda_n(Q^{-1/2}A^*Q^{-1/s}AQ^{-1/2} + Q^{-1/2}B^*Q^{-t/s}BQ^{-1/2}) \).

Consider the function \( f(y) = y^d(1 - y^e) \), since

\[
\max_{y \in [0, 1]} = f\left(\frac{t}{s + t}\right)^{1/s} = \left(\frac{t}{s + t}\right)^{1/s} \frac{s}{s + t},
\]  

(2.29)

from which it follows that \( \lambda_n(Q^{-1/2}A^*Q^{-1/s}AQ^{-1/2} + Q^{-1/2}B^*Q^{-t/s}BQ^{-1/2}) \leq (t/(s + t))^{1/s} (s/(s + t)) \).
Next we will prove that $\tilde{\alpha} \in [(t/(s + t))^{1/s}, 1]$. Obviously, $\tilde{\alpha} \leq 1$. On the other hand, for the sequence $a_k$, since $a_0 = 1 > (t/(s + t))^{1/s}$, we may assume that $a_k > (t/(s + t))^{1/s}$ without loss of generality. Then
\[
\alpha_{k+1} = \left(1 - \frac{\lambda_n (Q^{-1/2} A^* Q^{-1/s} A Q^{-1/2} + Q^{-1/2} B^* Q^{-1/s} B Q^{-1/2})}{\alpha_k}ight)^{1/s} \\
\geq \left(1 - \frac{1}{\alpha_k} \left(\frac{t}{s + t}\right)^{t/s} \frac{s}{s + t}\right)^{1/s} \\
> \left(1 - \frac{1}{(t/(s + t))^{t/s}} \left(\frac{t}{s + t}\right)^{t/s} \frac{s}{s + t}\right)^{1/s} \\
= \left(\frac{t}{s + t}\right)^{1/s}.
\]

Hence $\alpha_k > (t/(s + t))^{1/s}, k = 0, 1, 2, \ldots$. So $\tilde{\alpha} = \lim_{k \to \infty} \alpha_k \geq (t/(s + t))^{1/s}$. Consequently, we have $\tilde{\alpha} \in [(t/(s + t))^{1/s}, 1]$.

This completes the proof. \qed

**Theorem 2.12.** If (1.1) has an HPD solution, then
\[
(p(A))^2 \leq \frac{s}{s + t_1} \left(\frac{t_1}{s + t_1}\right)^{t_1/s} (p(Q))^{(t_1/s)+1}, \tag{2.31}
\]
\[
(p(B))^2 \leq \frac{s}{s + t_2} \left(\frac{t_2}{s + t_2}\right)^{t_2/s} (p(Q))^{(t_2/s)+1}. \tag{2.32}
\]

**Proof.** For any eigenvalue $\lambda(A)$ of $A$, let $x$ be a corresponding eigenvector. Multiplying left side of (1.1) by $x^*$ and right side by $x$, we have
\[
x^* X x + x^* A^* X^{-t_1} A x + x^* B^* X^{-t_2} B x = x^* Q x, \tag{2.33}
\]
which yields
\[
x^* X x + |\lambda(A)|^2 x^* X^{-t_1} x + x^* B^* X^{-t_2} B x = x^* Q x. \tag{2.34}
\]

Since $X > 0$, there exists an unitary matrix $U$ such that $X = U^* \Lambda U$, where $\Lambda = \text{diag}(\eta_1, \ldots, \eta_n) > 0$. Then (2.34) turns into the following form:
\[
x^* U^* \Lambda^s U x + |\lambda(A)|^2 x^* U^* \Lambda^{-t_1} U x \leq x^* Q x. \tag{2.35}
\]

Let $y = (y_1, y_2, \ldots, y_n)^T = U x$, then (2.35) reduces to
\[
y^* \Lambda^s y + |\lambda(A)|^2 y^* \Lambda^{-t_1} y \leq y^* UQU^* y, \tag{2.36}
\]
from which we obtain

\[ |\lambda(A)|^2 \leq \frac{\mathbf{y}^* (UQU^* - \Lambda^*) \mathbf{y}}{\mathbf{y}^* \Lambda^{-1} \mathbf{y}} \leq \frac{\mathbf{y}^* (\lambda_1(Q)I - \Lambda^*) \mathbf{y}}{\mathbf{y}^* \Lambda^{-1} \mathbf{y}} = \frac{\sum_{i=1}^{n} y_i^2 (\lambda_1(Q) - \eta_i^s)}{\sum_{i=1}^{n} y_i^2 \eta_i^{-1}}. \] (2.37)

Form Lemma 2.3, we know that

\[ \eta_i^s (\lambda_1(Q) - \eta_i^s) \leq \frac{s}{s + t_1} \left( \frac{t_1}{s + t_1} \right)^{(t_1/s) + 1} \lambda_1^{(t_1/s) + 1}(Q), \] (2.38)

that is,

\[ (\lambda_1(Q) - \eta_i^s) \leq \frac{s}{s + t_1} \left( \frac{t_1}{s + t_1} \right)^{(t_1/s) + 1} \lambda_1^{(t_1/s) + 1}(Q) \eta_i^{-1}. \] (2.39)

Noting that \( \mathbf{y} \neq 0 \), we get

\[ \sum_{i=1}^{n} y_i^2 (\lambda_1(Q) - \eta_i^s) \leq \frac{s}{s + t_1} \left( \frac{t_1}{s + t_1} \right)^{(t_1/s) + 1} \lambda_1^{(t_1/s) + 1}(Q) \sum_{i=1}^{n} y_i^2 \eta_i^{-1}. \] (2.40)

Consequently,

\[ |\lambda(A)|^2 \leq \frac{\sum_{i=1}^{n} y_i^2 (\lambda_1(Q) - \eta_i^s)}{\sum_{i=1}^{n} y_i^2 \eta_i^{-1}} \leq \frac{s}{s + t_1} \left( \frac{t_1}{s + t_1} \right)^{(t_1/s) + 1} \lambda_1^{(t_1/s) + 1}(Q). \] (2.41)

Then \( (\rho(A))^2 \leq \left( s/(s + t_1) \right) (t_1/(s + t_1))^1 \lambda_1^{(t_1/s) + 1}(Q) \).

Since \( Q > 0 \), clearly denote \( \lambda_1(Q) = \rho(Q) \), and the last inequality implies directly (2.31).

The proof of (2.32) is similar to that of (2.31), thus it is omitted here. \( \square \)

**Theorem 2.13.** If \( Q \leq I \) and (1.1) has an HPD solution, then

\[ \rho\left( A^{s/t_1} + (A^*)^{s/t_1} \right) \leq \rho(Q), \quad \rho\left( A^{s/t_1} - (A^*)^{s/t_1} \right) \leq \rho(Q), \] (2.42)

\[ \rho\left( B^{s/t_2} + (B^*)^{s/t_2} \right) \leq \rho(Q), \quad \rho\left( B^{s/t_2} - (B^*)^{s/t_2} \right) \leq \rho(Q). \] (2.43)

**Proof.** If (1.1) has an HPD solution, we have by Theorem 2.7 that

\[ A = (L^*L)^{t_1/2s}N_1, \quad B = (L^*L)^{t_1/2s}N_2, \] (2.44)

and the matrix \( \begin{pmatrix} LQ^{-1/2} \\ N_1Q^{-1/2} \\ N_2Q^{-1/2} \end{pmatrix} \) is column orthonormal. From which we have

\[ L^*L + N_1^*N_1 + N_2^*N_2 = Q. \] (2.45)
Hence,

\[
Q - \left( A^{s/t_1} + (A^*)^{s/t_1} \right) = L^*L + N_1^*N_1 + N_2^*N_2 - (L^*L)^{1/2}N_1^{s/t_1} - (N_1^*)^{s/t_1}(L^*L)^{1/2}
\]

\[
= \left( (L^*L)^{1/2} - N_1^{s/t_1} \right) \left( (L^*L)^{1/2} - N_1^{s/t_1} \right)
\]

\[
+ N_2^*N_2 + \left( N_1^*N_1 - (N_1^*)^{s/t_1}N_1^{s/t_1} \right)
\]

\[
\geq 0.
\]

(2.46)

Similarly, we have \( Q + (A^{s/t_1} + (A^*)^{s/t_1}) \geq 0 \).

Thus, \( -Q \leq (A^{s/t_1} + (A^*)^{s/t_1}) \leq Q \). Hence \( \rho(A^{s/t_1} + (A^*)^{s/t_1}) \leq \rho(Q) \).

On the other hand, by Lemma 2.6 and (2.2), we get

\[
\rho \left( A^{s/t_1} - (A^*)^{s/t_1} \right) = \rho \left( (L^*L)^{1/2}N_1^{s/t_1} - (N_1^*)^{s/t_1}(L^*L)^{1/2} \right)
\]

\[
\leq \rho \left( L^*L + N_1^*N_1 \right)
\]

\[
\leq \rho(L^*L + N_1^*N_1)
\]

\[
\leq \rho(Q).
\]

The proof of (2.43) is similar to that of (2.42).

If \( t_1 = t_2 \), we denote \( t = t_1 = t_2 \). Then (1.1) turns into

\[
X^s + A^*X^{-t}A + B^*X^{-t}B = Q.
\]

(2.48)

Consider the following equations:

\[
x^{s+t} - \lambda_n(Q)x^t + \lambda_1(A^*A) + \lambda_1(B^*B) = 0,
\]

(2.49)

\[
x^{s+t} - \lambda_1(Q)x^t + \lambda_n(A^*A) + \lambda_n(B^*B) = 0.
\]

(2.50)

We assume that \( A, B, \) and \( Q \) satisfy

\[
\lambda_1(A^*A) + \lambda_1(B^*B) < \frac{s}{s+1} \xi_0^1 \lambda_n(Q),
\]

(2.51)

where \( \xi_0 = ((t/(s+t))\lambda_n(Q))^{1/s} \). By (2.51) and Lemma 2.3, we know that (2.49) has two positive real roots \( \alpha_2 < \beta_1 \). We also get that (2.50) has two positive real roots \( \alpha_1 < \beta_2 \). It is easy to prove that

\[
0 < \alpha_1 \leq \alpha_2 < \xi_0 < \beta_1 \leq \beta_2 < \lambda_1^{1/s}(Q).
\]

(2.52)
We define matrix sets as follows:
\[
\begin{align*}
\varphi_1 &= \{X = X^* \mid 0 < X < a_1 I\}, \\
\varphi_2 &= \{X = X^* \mid a_1 I \leq X \leq a_2 I\}, \\
\varphi_3 &= \{X = X^* \mid a_2 I < X < \beta_1 I\}, \\
\varphi_4 &= \{X = X^* \mid \beta_1 I \leq X \leq \beta_2 I\}, \\
\varphi_5 &= \{X = X^* \mid \beta_2 I < X < \lambda_1^{1/\xi}(Q)I\}.
\end{align*}
\]

**Theorem 2.14.** Suppose that \(A, B,\) and \(Q\) satisfy (2.51), that is,
\[
\lambda_1(A^*A) + \lambda_1(B^*B) < \frac{s}{s+t} \left(\frac{t}{s+t}\right)^{t/s} \lambda_n^{(t/s)+1}(Q).
\]  

Then

(i) Equation (2.48) has a unique HPD solution in \(\varphi_4;\)

(ii) Equation (2.48) has no HPD solution in \(\varphi_1, \varphi_3, \varphi_5.\)

**Proof.** Consider the map \(G(X) = (Q - A^*X^{-t}A - B^*X^{-t}B)^{1/s},\) which is continuous on \(\varphi_4.\) Obviously, \(\varphi_4\) is a convex, closed, and bounded set. If \(X \in \varphi_4,\)
\[
\lambda^s_1(G(X)) = \lambda_1(G(X)^s) = \lambda_1(Q - A^*X^{-t}A - B^*X^{-t}B)
\]
\[
\leq \lambda_1(Q) - \frac{\lambda_n(A^*A) + \lambda_n(B^*B)}{\lambda^s_1(X)}
\]
\[
\leq \lambda_1(Q) - \frac{\lambda_n(A^*A) + \lambda_n(B^*B)}{\beta_2^s}
\]
\[
= \beta_2^s.
\]

Hence, we have \(\lambda_1(G(X)) < \beta_2.\) One has
\[
\lambda^s_n(G(X)) = \lambda_n(G(X)^s) = \lambda_n(Q - A^*X^{-t}A - B^*X^{-t}B)
\]
\[
\geq \lambda_n(Q) - \frac{\lambda_1(A^*A) + \lambda_1(B^*B)}{\lambda^s_n(X)}
\]
\[
\geq \lambda_n(Q) - \frac{\lambda_1(A^*A) + \lambda_1(B^*B)}{\beta_1^s}
\]
\[
= \beta_1^s.
\]

Hence, we have \(\lambda_n(G(X)) < \beta_1.\)

Thus, \(G(X)\) maps \(\varphi_4\) into itself.
For arbitrary \( X, Y \in \varphi_4 \), similar to (2.21) and (2.22), we have

\[
\|G(X)^{s} - G(Y)^{s}\|_F \geq s\beta_1^{s-1}\|G(X) - G(Y)\|_F,
\]

\[
G(X)^{s} - G(Y)^{s} = A^{\ast}(Y^{-t} - X^{-t})A + B^{\ast}(Y^{-t} - X^{-t})B.
\]  

(2.57)

Combining (2.57), we have by Lemma 2.5 and (2.49)

\[
\|G(X) - G(Y)\|_F \leq \frac{1}{s\beta_1^{s-1}}\|G(X)^{s} - G(Y)^{s}\|_F
\]

\[
= \frac{1}{s\beta_1^{s-1}}\|A^{\ast}(Y^{-t} - X^{-t})A + B^{\ast}(Y^{-t} - X^{-t})B\|_F
\]

\[
\leq \frac{1}{s\beta_1^{s-1}}\left(\|A\|_2^2 + \|B\|_2^2\right)\|Y^{-t} - X^{-t}\|_F
\]

\[
\leq \frac{1}{s\beta_1^{s-1}}(\lambda_1(A^{\ast}A) + \lambda_1(B^{\ast}B))\|Y - X\|_F
\]

\[
= \frac{t}{s}\frac{\lambda_1(A^{\ast}A) + \lambda_1(B^{\ast}B)}{\beta_1^{s+t}}\|X - Y\|_F
\]

\[
= \frac{t}{s}\left(\frac{\lambda_n(Q)}{\beta_1^{s}} - 1\right)\|X - Y\|_F
\]

\[
< \|X - Y\|_F.
\]

Thus, we know that the map \( G(X) \) is a contraction map in \( \varphi_4 \). By Banach fixed point theorem, the map \( G(X) \) has a unique fixed point in \( \varphi_4 \) and this shows that (2.48) has a unique HPD solution in \( \varphi_4 \).

Assume \( X \) is the HPD solution of (2.48), then

\[
\lambda_1^s(X) = \lambda_1(X^s) = \lambda_1(Q - A^{\ast}X^{-t}A - B^{\ast}X^{-t}B)
\]

\[
\leq \lambda_1(Q) - \frac{\lambda_n(A^{\ast}A) + \lambda_n(B^{\ast}B)}{\lambda_1^t(X)},
\]

(2.59)

that is, \( \lambda_1^{s+t}(X) - \lambda_1(Q)\lambda_1^t(X) + \lambda_n(A^{\ast}A) + \lambda_n(B^{\ast}B) \leq 0 \). So, \( \alpha_1 \leq \lambda_1(X) \leq \beta_2 \), thus (2.48) has no HPD solution in \( \varphi_1, \varphi_3 \).

\[
\lambda_n^s(X) = \lambda_n(X^s) = \lambda_n(Q - A^{\ast}X^{-t}A - B^{\ast}X^{-t}B)
\]

\[
\geq \lambda_n(Q) - \frac{\lambda_1(A^{\ast}A) + \lambda_1(B^{\ast}B)}{\lambda_n^t(X)},
\]

(2.60)

that is, \( \lambda_n^{s+t}(X) - \lambda_n(Q)\lambda_n^t(X) + \lambda_1(A^{\ast}A) + \lambda_1(B^{\ast}B) \geq 0 \). So, \( \lambda_1(X) \leq \alpha_2 \) or \( \lambda_n(X) \geq \beta_1 \), thus (2.48) has no HPD solution in \( \varphi_3 \).

This completes the proof. \( \square \)
3. Iterative Method for the Maximal HPD Solution

In this section, we consider the iterative method for obtaining the maximal HPD solution $X_L$ of (1.1). We propose the following algorithm which avoids calculating matrix inversion in the process of iteration.

**Algorithm 1.**

**Step 1.** Input initial matrices:

$$X_0 = \gamma Q^{1/s}, \quad Y_0 = \frac{\gamma + 1}{2\gamma} Q^{-1/s},$$

where $\gamma \in (\tilde{\alpha}, 1)$, and $\tilde{\alpha}$ is defined in Theorem 2.11.

**Step 2.** For $k = 0, 1, 2, \ldots$, compute

$$Y_{k+1} = Y_k (2I - X_k Y_k),$$

$$X_{k+1} = \left( Q - A^* Y_{k+1}^1 A - B^* Y_{k+1}^2 B \right)^{1/s}.$$  \hspace{1cm} (3.2)

**Theorem 3.1.** If (1.1) has an HPD solution, then it has the maximal one $X_L$. Moreover, to the sequences $X_k$ and $Y_k$ generated by Algorithm 1, one has

$$X_0 > X_1 > X_2 > \ldots, \lim_{k \to \infty} X_k = X_L; \quad Y_0 < Y_1 < Y_2 < \ldots, \lim_{k \to \infty} Y_k = X_L^{-1}. \hspace{1cm} (3.3)$$

**Proof.** Since $X_L$ is an HPD solution of (1.1), by Theorem 2.11, we have $X_L \leq \tilde{\alpha} Q^{1/s}$, thus

$$X_0 = \gamma Q^{1/s} > \tilde{\alpha} Q^{1/s} \geq X_L; \quad Y_0 = \frac{\gamma + 1}{2\gamma} Q^{-1/s} < \frac{1}{\gamma} Q^{-1/s} < \frac{1}{\tilde{\alpha}} Q^{-1/s} \leq X_L^{-1}. \hspace{1cm} (3.4)$$

By Lemmas 2.1 and 2.4, we have

$$Y_1 = Y_0 (2I - X_0 Y_0) = 2Y_0 - Y_0 X_0 Y_0 = Y_0 (Y_0^{-1} - X_0) Y_0 = \frac{1 - \gamma^2}{4\gamma} Q^{-1/s} > 0. \hspace{1cm} (3.5)$$

According to Lemma 2.1 and $Y_1 < X_L^{-1}$, we have

$$X_1 = \left( Q - A^* Y_1^1 A - B^* Y_1^2 B \right)^{1/s} > \left( Q - A^* X_L^{-1} A - B^* X_L^{-2} B \right)^{1/s} = X_L,$$

$$X_1^1 - X_0^1 = -A^* \left( Y_1^1 - Y_0^1 \right) A - B^* \left( Y_1^2 - Y_0^2 \right) B < 0,$$

that is, $X_1^1 < X_0^1$, by Lemma 2.1 again, it follows that $X_1 < X_0$. Hence $X_0 > X_1 > X_L$, and $Y_0 < Y_1 < X_L^{-1}$. 

Assume that $X_{k-1} > X_k > X_L$, and $Y_{k-1} < Y_k < X_{L}^{-1}$, we will prove the inequalities $X_k > X_{k+1} > X_L$, and $Y_k < Y_{k+1} < X_{L}^{-1}$.

By Lemmas 2.1 and 2.4, we have

$$Y_{k+1} = 2Y_k - Y_k X_k Y_k \leq X_k^{-1} < X_L^{-1},$$

$$X_{k+1} = \left( Q - A^* Y_{k+1}^{t_1} A - B^* Y_{k+1}^{t_2} B \right)^{1/s} > \left( Q - A^* X_L^{-1} A - B^* X_L^{-1} B \right)^{1/s} = X_L.$$

Since $Y_k \leq X_{k-1}^{-1} < X_k^{-1}$, we have $Y_k^{-1} > X_k$, thus we have by Lemma 2.1 that

$$Y_{k+1} - Y_k = Y_k \left( Y_k^{-1} - X_k \right) Y_k > 0,$$

$$X_{k+1} - X_k^s = -A^* \left( Y_{k+1}^{t_1} - Y_k^{t_1} \right) A - B^* \left( Y_{k+1}^{t_2} - Y_k^{t_2} \right) B < 0,$$

that is, $X_{k+1}^s < X_k^s$, by Lemma 2.1 again, it follows that $X_{k+1} < X_k$.

Hence we have by induction that

$$X_0 > X_1 > X_2 > \cdots > X_k > X_L, \quad Y_0 < Y_1 < Y_2 < \cdots < Y_k < X_L^{-1}$$

are true for all $k = 0, 1, 2, \ldots$, and so $\lim_{k \to \infty} X_k$ and $\lim_{k \to \infty} Y_k$ exist. Suppose $\lim_{k \to \infty} X_k = \bar{X}$, $\lim_{k \to \infty} Y_k = \bar{Y}$, taking the limit in the Algorithm 1 leads to $\bar{Y} = \bar{X}^{-1}$ and $\bar{X} = (Q - A^* \bar{X}^{-1} A - B^* \bar{X}^{-1} B)^{1/s}$. Therefore $\bar{X}$ is an HPD solution of (1.1), thus $\bar{X} \leq X_L$. Moreover, as each $X_k > X_L$, so $\bar{X} \geq X_L$, then $\bar{X} = X_L$. The theorem is proved. \qed

**Theorem 3.2.** If (1.1) has an HPD solution and after $k$ iterative steps of Algorithm 1, one has $\|I - X_k Y_k\| < \varepsilon$, then

$$\left\| X_k^s + A^* X_k^{-t_1} A + B^* X_k^{-t_2} B - Q \right\| \leq \varepsilon \lambda^{-1}_n \left( \overline{M} \right) \left( t_1 \lambda_1^{(1-t_1)/s}(Q)\|A\|^2 + t_2 \lambda_1^{(1-t_2)/s}(Q)\|B\|^2 \right),$$

(3.10)

where $\overline{M}$ is defined by (2.13).

**Proof.** From the proof of Theorem 3.1, we have $Q^{-1/s} < ((\gamma + 1)/2\gamma) Q^{-1/s} < Y_k < X_k^{-1} < X_L^{-1}$ for all $k = 1, 2, \ldots$. Thus we have by Theorem 2.9 that $Q^{-1/s} < Y_k < X_k^{-1} < \overline{M}^{-1}$. And this implies

$$\lambda_1^{-1/s}(Q)I < Y_k < X_k^{-1} < \lambda^{-1}_n \left( \overline{M} \right) I.$$

(3.11)

Since

$$X_k^s + A^* X_k^{-t_1} A + B^* X_k^{-t_2} B - Q = \left( Q - A^* Y_k^{t_1} A - B^* Y_k^{t_2} B \right) + A^* X_k^{-t_1} A + B^* X_k^{-t_2} B - Q$$

$$= A^* \left( X_k^{-t_1} - Y_k^{t_1} \right) A + B^* \left( X_k^{-t_2} - Y_k^{t_2} \right) B,$$

(3.12)
we have by Lemma 2.5 that

\[
\|X_k^s + A^*X_k^{-t_1} A + B^*X_k^{-t_2} B - Q\| = \|A^*(X_k^{-t_1} - Y_k^{-t_1}) A + B^*(X_k^{-t_2} - Y_k^{-t_2}) B\| \\
\leq \|A\|^2 \|X_k^{-t_1} - Y_k^{-t_1}\| + \|B\|^2 \|X_k^{-t_2} - Y_k^{-t_2}\| \\
\leq \left( t_1 \lambda_1^{(1-t_1)/s}(Q)\|A\|^2 + t_2 \lambda_1^{(1-t_2)/s}(Q)\|B\|^2 \right) \|X_k^{-1} - Y_k\| \\
\leq \left( t_1 \lambda_1^{(1-t_1)/s}(Q)\|A\|^2 + t_2 \lambda_1^{(1-t_2)/s}(Q)\|B\|^2 \right) \|I - X_k Y_k\| \\
\leq \varepsilon \lambda_n^{-1}(\mathcal{M}) \left( t_1 \lambda_1^{(1-t_1)/s}(Q)\|A\|^2 + t_2 \lambda_1^{(1-t_2)/s}(Q)\|B\|^2 \right).
\]

(3.13)

4. Numerical Example

In this section, we give a numerical example to illustrate the efficiency of the proposed algorithm. All the tests are performed by MATLAB 7.0 with machine precision around $10^{-16}$. We stop the practical iteration when the residual $\|X_k^s + A^*X_k^{-t_1} A + B^*X_k^{-t_2} B - Q\|_F \leq 1.0e-010$.

Example 4.1. Let $s = 5$, $t_1 = 0.2$, $t_2 = 0.5$, and

\[
A = \begin{pmatrix}
2 & 0 & 0 & 1 & 0 & 0 \\
1 & 2 & 0 & 0 & 1 & 0 \\
0 & 0 & 3 & 0 & 1 & 0 \\
1 & 0 & 0 & 2 & 0 & 1 \\
1 & 0 & 1 & 0 & 3 & 0 \\
0 & 1 & 0 & 0 & 1 & 2
\end{pmatrix}, \quad B = \begin{pmatrix}
2 & 1 & 6 & 0 & 5 & 7 \\
3 & 4 & 7 & 1 & 3 & 0 \\
0 & 9 & 2 & 4 & 7 & 8 \\
8 & 5 & 3 & 0 & 0 & 1 \\
2 & 5 & 0 & 2 & 1 & 7 \\
4 & 0 & 0 & 1 & 4 & 9
\end{pmatrix},
\]

(4.1)

\[
Q = \begin{pmatrix}
105 & 66 & 58 & 15 & 41 & 73 \\
66 & 154 & 67 & 50 & 88 & 121 \\
58 & 67 & 109 & 15 & 71 & 61 \\
15 & 50 & 15 & 28 & 37 & 57 \\
41 & 88 & 71 & 37 & 113 & 136 \\
73 & 121 & 61 & 57 & 136 & 250
\end{pmatrix}.
\]
By calculating, $\alpha \approx 0.8397136$, so we choose $\gamma = 0.84$. By using Algorithm 1 and iterating 29 steps, we obtain the maximal HPD solution $X_L$ of (1.1) as follows:

$$X_L \approx X_{29} = \begin{pmatrix}
1.6657 & 0.1110 & 0.2391 & 0.0105 & 0.0566 & 0.2624 \\
0.1110 & 1.8337 & 0.2270 & 0.2870 & 0.2656 & 0.2483 \\
0.2391 & 0.2270 & 1.7238 & -0.0037 & 0.3058 & 0.0662 \\
0.0105 & 0.2870 & -0.0037 & 1.1501 & 0.1227 & 0.1739 \\
0.0566 & 0.2656 & 0.3058 & 0.1227 & 1.5140 & 0.4831 \\
0.2624 & 0.2483 & 0.0662 & 0.1739 & 0.4831 & 2.1751
\end{pmatrix},$$

with the residual $\|X_{29}^5 + A^*X_{29}^{-0.2}A + B^*X_{29}^{-0.5}B - Q\|_F = 9.9360e - 011$.

**Acknowledgments**

The authors express their thanks to the editor Professor Mohammad I. Younis and the anonymous referees who made much useful and detailed suggestions that helped them to correct some minor errors and improve the quality of the paper. This project was granted financial support from Natural Science Foundation of China (11071079), Natural Science Foundation of China (11001167), Natural Science Foundation of China (10901056), Natural Science Foundation of Zhejiang Province (Y6110043), and Shanghai Natural Science Foundation (09ZR1408700).

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