

## Special Issue on **PCOS: A Clinician's Dilemma**

# CALL FOR PAPERS

Polycystic Ovarian Syndrome (PCOS), a complex endocrine disorder among women in reproductive age group, remains an enigma despite exhaustive research. The symptoms of PCOS like irregular menstrual cycles, acne, hirsutism, weight gain, and infertility are seemingly unrelated to one another and often overlooked and under diagnosed. In the long run, it can lead to diabetes and cardiovascular complications. The cause is multifactorial (hormones and genetics) and the treatment is symptom based and needs to be individualized. Recent literature suggests that therapeutic strategies for treating PCOS have been expanded. The incorporation of inositols in the management of PCOS is a new hope for infertile women with this condition albeit with mixed results.

This special issue aims at stimulating a multidisciplinary forum of discussion on recent advances and treatment of PCOS from adolescents to menopause. We invite authors to contribute original research articles as well as review articles of exceptional merit that will contribute to scientific excellence in this area.

Potential topics include but are not limited to the following:

- ▶ Insulin resistance in PCOS
- ▶ Cardiovascular disease in women with PCOS: a long-term follow-up
- ▶ Role of vitamin D in women with PCOS
- ▶ Whether combined therapy of myoinositol and D-chiro-inositol improves the metabolic and biochemical profile in PCOS
- ▶ Effect of weight reduction on ovulation in women with PCOS
- ▶ Effect of PCOS on quality of life
- ▶ Soft stimulation protocols in PCOS
- ▶ Recent advances in managing OHSS in PCOS
- ▶ Bariatric surgery in infertile women with PCOS
- ▶ Role of insulin sensitizers in PCOS

Authors can submit their manuscripts through the Manuscript Tracking System at <https://mts.hindawi.com/submit/journals/ogi/pcd/>.

Papers are published upon acceptance, regardless of the Special Issue publication date.

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### **Submission Deadline**

Friday, 27 October 2017

### **Publication Date**

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