Research Article

The Effects of New Alibernet Red Wine Extract on Nitric Oxide and Reactive Oxygen Species Production in Spontaneously Hypertensive Rats

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We aimed to perform a chemical analysis of both Alibernet red wine and an alcohol-free Alibernet red wine extract (AWE) and to investigate the effects of AWE on nitric oxide and reactive oxygen species production as well as blood pressure development in normotensive Wistar Kyoto (WKY) and spontaneously hypertensive rats (SHRs). Total antioxidant capacity together with total phenolic and selected mineral content was measured in wine and AWE. Young 6-week-old male WKY and SHR were treated with AWE (24.2 mg/kg/day) for 3 weeks. Total NOS and SOD activities, eNOS and SOD1 protein expressions, and superoxide production were determined in the tissues. Both antioxidant capacity and phenolic content were significantly higher in AWE compared to wine. The AWE increased NOS activity in the left ventricle, aorta, and kidney of SHR, while it did not change NOS activity in WKY rats. Similarly, increased SOD activity in the plasma and left ventricle was observed in SHR only. There were no changes in eNOS and SOD1 expressions. In conclusion, phenolics and minerals included in AWE may contribute directly to increased NOS and SOD activities of SHR. Nevertheless, 3 weeks of AWE treatment failed to affect blood pressure of SHR.

1. Introduction

Recent findings have supported the idea that natural bioactive compounds could be beneficial for the prevention and treatment of cardiovascular disease, although the benefits for individuals may depend on their genetic profile [1–7]. Among foodstuffs widely distributed in the human diet, red wine has attracted considerable interest as a potential source of bioactive compounds such as polyphenols and minerals [8–10].

To date several studies have proposed the mechanisms by which red wine could exert its beneficial effects toward cardiovascular disorders and hypertension in particular. These mechanisms mainly involve increased vasorelaxation and blood pressure reduction by enhancing nitric oxide synthase (NOS) activity and nitric oxide production [11–15]. Moreover, red wine could modulate activities of endogenous antioxidant enzymes, thereby enhancing the functions of body defense against the oxidative stress [16, 17].

Polyphenols and minerals are among the principal bioactive compounds present in red wines. While red wine polyphenolic compounds are well known for their direct free radical scavenging, antioxidant, anti-inflammatory, antiplatelet aggregation, and lipid metabolism improving activities [18, 19], the effects of minerals present in red wines have been studied much less. Red wine contains a number of trace elements such as magnesium, zinc, potassium, and manganese essential for the proper function of endogenous
antioxidant system [8, 20]. Mounting evidence suggests that minerals are able to counteract the development of cardiovascular, metabolic and other diseases [21, 22]. The positive effects of minerals in humans are related to their ability to enhance the activity of the body’s antioxidant defense system by catalyzing antioxidant enzymes. For instance, several minerals found in foodstuffs, such as copper, zinc, and manganese, are essential for activity of superoxide dismutase (SOD), a key antioxidant enzyme [23, 24].

The modulation of nitric oxide synthase activity seems to be the most promising tool by which different polyphenolic compounds could regulate the blood pressure. It has been documented that oral administration of red wine polyphenolic compound can reduce myocardial fibrosis, prevent aortic thickening, attenuate the increase of aortic reactivity to norepinephrine, prevent the decrease in acetylcholine-induced endothelium-dependent relaxation, and, in rats, reduce blood pressure during NO deficiency. These alterations were associated with increased NOS activity, a moderate increase in endothelial NOS expression, and reduction of oxidative stress, the factors which may be responsible for the beneficial effect of the red wine polyphenolic compounds [25, 26]. Moreover, the study of Bernátová et al. demonstrated that red wine polyphenols (Provinols) even accelerate the decrease in blood pressure and improved structural and functional cardiovascular changes produced in developed form of NG-nitro-L-arginine-methyl-ester (L-NMMA)-induced hypertension [27].

Despite considerable attention paid toward cardiovascular disorders, experimental studies are still lacking. This study provides comprehensive chemical analysis of both red wine and red wine extract in order to evaluate the effect of red wine compounds on NOS and SOD activities, eNOS and SOD1 expressions, and blood pressure development in normotensive and spontaneously hypertensive rats.

2. Materials and Methods

2.1. Chemicals. Gallic acid, Folin-Ciocalteau reagent, potassium peroxodisulfate, potassium superoxide, Trolox, and SOD assay kit were obtained from Sigma-Aldrich. The ABTS assay used a commercial kit Randox TAS (radical ABTS; Randox Laboratories, Antrim, United Kingdom) according to the manufacture instructions. Amounts of antioxidant power are expressed in Trolox (6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid) equivalents (mmol/L).

2.2.2. Measurement of Total Phenolic Content. Total phenolic content was determined using Folin-Ciocalteau reaction [28] by spectrophotometric assay on a Thermo Spectronic Genesys 20 UV-visible spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA). Absorbance was measured at 760 nm using gallic acid as the standard. TPC is expressed in gallic acid equivalents (GAEs).

2.2.2.2. Measurement of Total Antioxidant Capacity. In the Alibernet wine and AWE samples, TAC was measured using spectrophotometric assays on a Thermo Spectronic Genesys 20 UV-visible spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA). TAC was determined using a commercial kit Randox TAS (radical ABTS; Randox Laboratories, Antrim, United Kingdom) according to the manufacture instructions. Amounts of antioxidant power are expressed in Trolox (6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid) equivalents (mmol/L).

2.2.3. Determination of Minerals. The red wine and AWE elemental composition was determined by AAS method using acetylene/argon flame in Atomic Absorption Spectrometer (Varian Spectra AA 220 FS, Australia) for copper, zinc, selenium, and lead, ISE (Ion Selective Electrode) for potassium determination, and Photometry (Roche equipment, Modular E 170, Switzerland) for calcium, magnesium, phosphorus, and iron determination.

2.3. Animal Studies

2.3.1. Animals and Treatment. All procedures and experimental protocols were approved by the Ethical Committee of the Institute of Normal and Pathological Physiology, Slovak Academy of Sciences, and conform to the European Convention on Animal Protection and Guidelines on Research Animal Use.

Male 6-week-old normotensive Wistar Kyoto (WKY) and spontaneously hypertensive rats (SHR) were divided into the control groups and groups treated with AWE (24,2 mg/kg/day) for 3 weeks (n = 6 in each group). The extract was given in tap water. To ensure that each animal received the complete amount of AWE, the calculated amount of liquid extract was given to each cage in the appropriate volume of water and adjusted to the animal water consumption. Daily water consumption was estimated individually for every animal 1 week before the experiment. During the experiment, water consumption was controlled. All animals were housed at a temperature of 22–24°C and fed with a regular pellet diet ad libitum. Systolic blood pressure (SBP) was measured by a noninvasive method of tail-cuff plethysmography every week.

After 3 weeks of treatment, the animals were sacrificed and the body weight (BW) and heart weight (HW) were determined. Samples of the left ventricle, aorta, and kidney were used to determine NOS and SOD activities and eNOS and SOD1 protein expressions. Superoxide levels were measured in the left ventricle and aorta. Total antioxidant capacity and SOD activity were measured also in the plasma.
Breit and Snyder, with minor modifications by Pechánová et al. [29, 30]. [3H]-L-citrulline was measured with the Quanta Smart TriCarb Liquid Scintillation Analyzer (Packard Instrument company, Meriden, CT). Total NOS activity is expressed as pkat/g of proteins.

For eNOS protein expression, samples were prepared according to Pechánová et al. [31]. Following the electrophoresis, proteins were transferred to nitrocellulose membranes and were probed with a polyclonal rabbit anti-eNOS antibody (Santa Cruz Biotechnology, Inc., USA). Bound antibody was detected using a secondary peroxidase-conjugated anti-rabbit antibody (Santa Cruz Biotechnology, Inc., USA). The bands were visualized using the enhanced chemiluminescence system (ECL, Amersham, UK) and analyzed densitometrically using Photo-Capt V.99 software.

2.3.3. Total SOD Activity and SOD1 Protein Expression. The SOD activity was analyzed using the SOD assay kit (Fluka). The absorbance was read at 450 nm using a microplate reader (Thermo Scientific Multiscan FC, Finland). SOD activity was calculated using activity of SOD standards, and results were expressed in U/mL in plasma or U/mg of protein in tissues. For SOD1 protein expression, following the electrophoresis, proteins were transferred to nitrocellulose membranes and were probed with a polyclonal rabbit anti-SOD1 antibody (Santa Cruz Biotechnology, Inc., USA). Bound antibody was detected using a secondary peroxidase-conjugated anti-rabbit antibody (Santa Cruz Biotechnology, Inc., USA). The bands were visualized using the enhanced chemiluminescence system (ECL, Amersham, UK) and analyzed densitometrically using Photo-Capt V.99 software.

2.3.4. Total Antioxidant Capacity of Plasma. TAC in plasma was determined using decolorisation assay and expressed as trolox equivalent antioxidant capacity (TEAC). Antioxidant capacity of samples affect changes in decolorisation of ABTS radical (3 min, 37°C), measured spectrophotometrically at 720 nm [32]. Trolox (6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid) was used as standard and expressed in mmol/L.

2.3.5. Measurement of Superoxide Level. The superoxide (O$_2^-$) was evaluated using lucigenin-enhanced chemiluminescence [33]. The aorta and left ventricle were cut into small pieces of up to 15 mg wet weight. After equilibration and adaptation to dark conditions, samples were added to lucigenin solution and measured every 30 s for 5 min in a Turner Designs TD-20/20 luminometer. Results are provided in relative luminescence unit/mg tissue (RLU/mg tissue).

2.4. Statistics. For Alibernet red wine and AWE characteristics, data are presented as mean values ± standard deviation (SD; n = 3). The statistical significance was evaluated by Pearson’s test, which is suitable for small numbers of samples, using GraphPad Prism version 4 software (GraphPad Software, San Diego, CA, USA).

For animal studies, one-way analysis of variance and the Duncan test were used for statistical analysis. Values were considered to differ significantly if the probability value was less than 0.05 (P < 0.05). Results are given as mean ± SD.

3. Results

3.1. Alibernet Red Wine and AWE Characteristics

3.1.1. Total Antioxidant Capacity and Phenolic Content. Antioxidant capacity of Alibernet red wine was slightly above 35 mmol/L, whereas, in Alibernet wine extract, it reached 376 mmol/L. This means that approximately 10 times higher TAC was determined in AWE in comparison to Alibernet red wine. The results are visualized in Table 1. This also proves that the process of extraction had not affected the antioxidant properties of the red wine extract.

The total phenolic content of the Alibernet wine samples determined by the Folin-Ciocalteau colorimetric method was 2039 mg/L in Alibernet wine and above 24172 mg/L of gallic acid equivalents in Alibernet red wine extract.

Our research here establishes that dealkoholised Alibernet red wine extract has more than 11-fold higher total antioxidant capacity and total phenolic content compared to Alibernet red wine. This confirms that AWE has preserved all the essential properties of wine. This also reveals a significant positive relationship between total antioxidant capacity and the total phenolic content.

3.1.2. Mineral Content. The most predominant elements detected in Alibernet red wine and AWE were potassium (K), zinc (Zn), magnesium (Mg), and calcium (Ca). As with TAC and TPC, wine extract contains up to 10-fold higher values of these minerals. The results are visualized in Table 2.

3.2. Animal Studies

3.2.1. Animal Characteristics. SHR had significantly lower body weight and higher blood pressure compared to normotensive WKY. Alibernet wine extract treatment failed to change both body weight and blood pressure of WKY and SHR. Heart weight did not differ between groups. Results are shown in Table 3.

3.2.2. Total NOS Activity and eNOS Protein Expression. The Alibernet wine extract did not change total NOS activities in the tissues of WKY rats. However, it was able to increase significantly NOS activity in the left ventricle (Figure 1(a)), aorta (Figure 2(a)), and kidney (Figure 3(a)) of SHR compared to untreated control rats. Endothelial NOS protein expression was not changed significantly after the

Table 1: Total antioxidant capacity and total phenolic content of Alibernet red wine and Alibernet wine extract.

<table>
<thead>
<tr>
<th>Sample</th>
<th>TAC mmol/L</th>
<th>Total phenols GAE mg/L</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alibernet red wine</td>
<td>35.82</td>
<td>2039 ± 0.55</td>
</tr>
<tr>
<td>AWE</td>
<td>376.38</td>
<td>24172 ± 1.26</td>
</tr>
</tbody>
</table>

GAE: gallic acid equivalents, AWE: alibernet red wine extract.
AWE treatment in both WKY and SHR (Figures 1(b), 2(b), and 3(b)).

3.2.3. SOD Activity and SOD1 Protein Expression. The Alibernet wine extract treatment failed to affect SOD activities as well as SOD1 protein expressions in the tissues of WKY rats. On the other hand, AWE treatment significantly increased SOD activity in the LV of SHR (by 54%; Figure 4(a)). However, it had no effect on left ventricular SOD1 protein expression (Figure 4(b)). Similarly, AWE treatment failed to affect SOD activity and SOD1 protein expression in the aorta, kidney, and plasma of SHR (data not shown).

3.2.4. Total Antioxidant Capacity of Plasma. Consistent with unchanged plasma SOD activity, there were no changes in the total antioxidant capacity of plasma in both WKY and SHR groups after AWE treatment (data not shown).

3.2.5. Measurement of Superoxide Level. Despite an increased tendency of superoxide level in the left ventricle and aorta of SHR, there were no significant changes between the strains. Similarly, AWE treatment did not reveal any significant changes in both LV and aorta of Wistar Kyoto and spontaneously hypertensive rats (Table 4).

4. Discussion

Emerging evidence suggests that minerals as well as polyphenolic compounds could play an important role in the proper functions of the endogenous antioxidant system as well as nitric oxide synthase activity.

Here, for the first time, an approach of simultaneous analysis of total phenolic content, minerals, and antioxidative capacities was employed to provide complex assessment of the red wine extract used in the experimental animal model. It has been confirmed that the Alibernet wine extract has up to ten times higher amounts of polyphenols and minerals compared to the Alibernet red wine. These results allowed us to conclude that processing the wine to obtain the extract did not have the negative impact on the content of minerals and phenolics of interest to present study. Moreover, we confirmed a strong positive relationship between the total antioxidant capacity and the content of total phenolic and minerals in both wine and the wine extract. These results are consistent with the findings published for red wines by other investigators [34, 35]. Those authors have experimentally verified correlation between polyphenolic content and the total antioxidant activity. In addition to analysis of polyphenolic content, we have also studied mineral content, which to a certain extent could affect the total antioxidant capacity in the red wine extract as it was shown in Table 1.

Minerals contained in foodstuffs play an important role in the body homeostasis. A growing amount of clinical evidence indicates relationships between levels of minerals and progression of certain diseases. Many recent studies documented the ability of selected minerals to counteract the development of cardiovascular, metabolic, and other diseases [36–40]. Positive effects of minerals in humans are related to their ability to enhance the activity of antioxidant defense system by catalyzing antioxidant enzymes. Several minerals found in foodstuffs, such as copper, zinc, and manganese, are essential for proper activity of superoxide dismutase, a key antioxidant enzyme [41, 42]. Experimental studies with zinc supplementation have revealed an augmentation of catalase, glutathione-s-transferase, and SOD activity after zinc supplementation to rats for 4 months [43].

Since results of chemical analysis of Alibernet wine extract showed relatively high concentrations of minerals, this may possibly contribute to changes in the activity of different antioxidant enzymes and/or nitric oxide synthase. Thus, SOD activity and SOD1 protein expression, NOS activity, and eNOS protein expression were analyzed together in experimental animals after Alibernet wine extract treatment. Western Blot analysis did not show any significant changes in SOD1 and eNOS protein expressions after AWE treatment in the tissues investigated. On the other hand, AWE treatment increased significantly SOD activity in left ventricle and NOS activity in the LV, aorta, and kidney in the spontaneously hypertensive rats.

Three forms of SOD are present in humans and in all other mammals: cytoplasmic SOD1, mitochondrial SOD2, and extracellular SOD3 [44]. SOD1 is a Cu-Zn-dependent.

### Table 2: Elemental profile of Alibernet red wine and Alibernet wine extract (AWE).

<table>
<thead>
<tr>
<th>Sample</th>
<th>K mg/L</th>
<th>Mg mg/L</th>
<th>P mg/L</th>
<th>Ca mg/L</th>
<th>Fe mg/L</th>
<th>Cu mg/L</th>
<th>Se μg/L</th>
<th>Pb μg/L</th>
<th>Zn mg/L</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alibernet red wine</td>
<td>1387.01</td>
<td>131.14</td>
<td>108.97</td>
<td>69.54</td>
<td>1.54</td>
<td>ND</td>
<td>ND</td>
<td>ND</td>
<td>354.30</td>
</tr>
<tr>
<td>AWE</td>
<td>9069.51</td>
<td>1334.07</td>
<td>ND</td>
<td>657.31</td>
<td>24.60</td>
<td>0.26</td>
<td>ND</td>
<td>7.83</td>
<td>5463.92</td>
</tr>
</tbody>
</table>

Data are expressed as mean values (n = 3). ND: not detected.

### Table 3: Animal characteristics: body weight, heart weight, and blood pressure of WKY and SHR.

<table>
<thead>
<tr>
<th></th>
<th>WKY-C (n = 6)</th>
<th>WKY + AWE (n = 6)</th>
<th>SHR-C (n = 6)</th>
<th>SHR+AWE (n = 6)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body weight (g)</td>
<td>249 ± 13</td>
<td>253 ± 11</td>
<td>211 ± 12*</td>
<td>216 ± 11*</td>
</tr>
<tr>
<td>Heart weight (g)</td>
<td>0,809 ± 0,044</td>
<td>0,841 ± 0,070</td>
<td>0,791 ± 0,046</td>
<td>0,812 ± 0,050</td>
</tr>
<tr>
<td>Blood pressure (mmHg)</td>
<td>107 ± 8</td>
<td>108 ± 6</td>
<td>167 ± 12*</td>
<td>176 ± 14*</td>
</tr>
</tbody>
</table>

WKY-C: control Wistar Kyoto rats; WKY + AWE: Wistar Kyoto rats treated with the Alibernet wine extract; SHR-CL: control spontaneously hypertensive rats; SHR + AWE: spontaneously hypertensive rats treated with the Alibernet wine extract. *P < 0.05 SHR versus WKY.
Table 4: Level of superoxide in the aorta and left ventricle after treatment with AWE.

<table>
<thead>
<tr>
<th></th>
<th>WKY-C</th>
<th>WKY + AWE</th>
<th>SHR-C</th>
<th>SHR + AWE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Superoxide level in aorta RLU/mg</td>
<td>3.52 ± 1.25</td>
<td>5.66 ± 1.55</td>
<td>6.36 ± 2.47</td>
<td>7.11 ± 1.82</td>
</tr>
<tr>
<td>Superoxide level in LV RLU/mg</td>
<td>6.65 ± 1.60</td>
<td>8.12 ± 1.93</td>
<td>7.68 ± 1.67</td>
<td>8.01 ± 2.81</td>
</tr>
</tbody>
</table>

WKY-C: control group; WKY + AWE: animals treated with the Alibernet wine extract; SHR-C: control group; SHR + AWE: animals treated with the Alibernet wine extract.

Figure 1: The effect of Alibernet red wine extract (AWE) treatment on total nitric oxid synthase (NOS) activity (a) and eNOS protein expression (b) in the left ventricle (LV) of Wistar Kyoto rats (WKY) and spontaneously hypertensive rats (SHR). P < 0.05 as compared to respective control. WKY-C: control group; WKY + AWE: animals treated with the Alibernet wine extract; SHR-C: control group; SHR + AWE: animals treated with the Alibernet wine extract.

Figure 2: The effect of Alibernet red wine extract (AWE) treatment on total nitric oxid synthase (NOS) activity (a) and eNOS protein expression (b) in the aorta of Wistar Kyoto rats (WKY) and spontaneously hypertensive rats (SHR). P < 0.05 as compared to respective control. WKY-C: control group; WKY + AWE: animals treated with the Alibernet wine extract; SHR-C: control group; SHR + AWE: animals treated with the Alibernet wine extract.

Figure 3: The effect of Alibernet red wine extract (AWE) treatment on total nitric oxid synthase (NOS) activity (a) and eNOS protein expression (b) in the kidney of Wistar Kyoto rats (WKY) and spontaneously hypertensive rats (SHR). P < 0.05 as compared to respective control. WKY-C: control group; WKY + AWE: animals treated with the Alibernet wine extract; SHR-C: control group; SHR + AWE: animals treated with the Alibernet wine extract.
isoform and is highly upregulated in the endothelial cells [45]. For this reason, SOD1 protein expression was analyzed. Since AWE treatment did not affect the level of SOD1 protein expression, we suppose that elevated level of Zn in AWE may directly increase SOD activity. We assume there is no increase in expression of SOD2 or SOD3 proteins after wine extract treatment. Of course, the polyphenol compounds involved in the extract may also contribute to increased SOD activity. These results are consistent with the recent study by Fernández-Pachón et al. [17] where an increased activity of SOD in human erythrocytes was observed after seven days of red wine consumption.

Zinc is one of the most important and ubiquitous trace elements in the body with significant antioxidant activity. Zinc is an important mineral in preventing free radical formation, protecting biological structures from damage and boosting the immune response [42, 46]. Moreover, Zhou et al. [47] have proven the key role of zinc in the proper function of nitric oxide synthase. In fact, NOS is catalytically active only as a dimer consisting of two subunits, the association of which is stabilized by tetrahedral coordination of Zn by thiol ligands at the dimer interface. That is why we also suggest that increased NOS activity after AWE treatment may be attributed to zinc. Besides zinc, AWE treatment could also increase the level of calcium—another important element necessary for endothelial NOS activation [48]. Our suggestion is confirmed by the fact that Western Blot analysis did not reveal any significant changes in endothelial NOS protein expression after AWE treatment of SHR. Thus Zn, Ca, and polyphenol compounds of AWE most probably directly increased NOS activity. We assume there is no increase in expression of the neuronal or inducible NOS proteins in the tissues investigated. López-Sepúlveda et al. [49] also did not see increased eNOS expression in the aorta of SHR after red wine polyphenol treatment. However, several other papers using different models documented increased eNOS expression after red wine polyphenol administration [15, 25]. We assume that differences in polyphenolic consumption, different models as well as different treatment duration may be responsible for differences in eNOS protein expression.

Our results demonstrating increase in NOS activity in all samples investigated are consistent with the recent publications by Auger et al. [13] and Madeira et al. [15] where the authors found elevated NOS activity after using different red wine extracts. A recent study of Khoo et al. [50] focused on vascular responses to the polyphenolic compound—quercetin using a combination of biochemical and vasoactive criteria has also confirmed a positive correlation between quercetin concentration and increased NO bioavailability in endothelial cells. This study has confirmed the ability of polyphenolic compounds to improve endothelial cell function by stimulation of endothelial NOS in nitric oxide production.

Alibernet red wine extract increased both NOS and SOD activities only in rats with spontaneous hypertension, where the abovementioned harmful effects are present. This means that polyphenols and minerals may affect only pathological mechanisms while they have no effect under normal conditions. Similar effects of red wine polyphenols were described in L-NAME-induced hypertension [25]. Nevertheless, in our study, increased SOD and NOS activities after 3 weeks of AWE treatment failed to affect blood pressure of SHR.

The authors of several papers on this topic showed reduction of blood pressure after administration of red wine polyphenols to SHR. However, duration of the treatment was generally longer than three weeks. López-Sepúlveda et al. [49] documented reduction of hypertension and vascular dysfunction in SHR after red wine polyphenols treatment (40 mg/kg by gavage) for 5 weeks. Chan et al. [51] also found improved endothelium-dependent dilation after 10-week oral administration of red wine polyphenols (100 mg/kg/day) to SHR. On the other hand, Botden et al. [52] in a study on humans did not see decreased peripheral or central blood pressure in subjects with high-normal blood pressure or grade 1 hypertension after red wine polyphenol intake at two different dosages for 4 weeks. Concerning our study, increased SOD and NOS activities after 3 weeks of AWE treatment failed to affect blood pressure of SHR. We assume that prolongation of AWE treatment could lead to the reduction of blood pressure as well. This, however, requires further investigation.
In conclusion, our study documented that phenolics and minerals presented in Alibernet wine extract, and zinc especially, may contribute directly to increased NOS and SOD activities in the tissues of spontaneously hypertensive rats. This finding enables us to suggest that the positive effects of fruits and vegetables are related to the increase in the activity of the endogenous antioxidant enzymes and enhancement of antioxidant effects. This occurs together with an increase in NO production, important for vasodilation and blood flow improvement. This is particularly important in the case of hypertension, where elevated free radical and cytokine production, chronic inflammation, and the suppression of NO production are present.

**Abbreviations**

AWE: Alibernet red wine extract
NOS: Nitric oxide synthase
SOD: Superoxide dismutase
WKY: Wistar Kyoto
SHR: Spontaneously hypertensive rats
TAC: Total antioxidant capacity
GAE: Gallic acid equivalents
TPC: Total phenolic content
TEAC: Trolox equivalent antioxidant capacity.

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