Review Article

Oxidative Stress after Surgery on the Immature Heart

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Received 17 January 2016; Revised 11 March 2016; Accepted 15 March 2016

Academic Editor: Serafina Perrone

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Paediatric heart surgery is associated with increased inflammation and the production of reactive oxygen species. Use of the extracorporeal cardiopulmonary bypass during correction of congenital heart defects generates reactive oxygen species by various mechanisms: haemolysis, neutrophil activation, ischaemia reperfusion injury, reoxygenation injury, or depletion of the endogenous antioxidants. The immature myocardium is more vulnerable to reactive oxygen species because of developmental differences compared to the adult heart but also because of associated congenital heart diseases that can deplete its antioxidant reserve. Oxidative stress can be manipulated by various interventions: exogenous antioxidants, use of steroids, cardioplegia, blood prime strategies, or miniaturisation of the cardiopulmonary bypass circuit. However, it is unclear if modulation of the redox pathways can alter clinical outcomes. Further studies powered to look at clinical outcomes are needed to define the role of oxidative stress in paediatric patients.

1. Introduction

The stress response to surgery compromises a series of humoral, metabolic, or cellular reactions [1]. Cardiac surgery with use of cardiopulmonary bypass (CPB) is a major activator of the systemic inflammatory response (SIRS) [2, 3]. In some instances, SIRS, rather than being a homeostatic mechanism, can be overactivated and result in multiorgan failure and increased mortality after surgery [2]. Inflammation, resulting in neutrophil activation, plays a central role in the production of reactive oxygen species (ROS) [4, 5]. However, other pathways such as haemolysis, ischaemic reperfusion injury, or reoxygenation of the hypoxic myocardium can also generate free radicals. When there is an imbalance between the production of ROS and the antioxidant capacity of the body, oxidative stress occurs resulting in cellular injury. Very few studies looked at the impact of oxidative stress on the immature heart, and little is known about the differences between the developing heart and the mature heart during oxidative stress. Although the immature heart has a greater antioxidant capacity than the adult heart, certain congenital conditions that we address surgically make it more susceptible to free radical oxidation [6]. Theoretically, modulation of these oxidative pathways could be of great importance to clinical practice. However, it is unclear how oxidative stress correlates with clinical outcomes after paediatric heart surgery. The current review focuses on the mechanisms of free radical production during paediatric heart surgery, the particularities that make the immature heart more prone to oxidative damage but also on the possible interventions that could mitigate ROS production.

2. Free Radicals, Reactive Oxygen Species, Mitochondrial Oxidative Stress, and Antioxidant Enzymes

Free radicals are chemical species with a single unpaired electron making them highly unstable and reactive. The role of oxygen derived free radicals was studied in the context of cell injury secondary to ischaemic reperfusion injury, inflammation, phagocytosis, chemical or radiation injury, oxygen toxicity, and cell aging [7]. Reactive oxygen species refers to free radicals and other oxidants without an unpaired electron such as the highly reactive hydrogen peroxide (H$_2$O$_2$).

The main types of reactive oxygen species are the superoxide anion (O$_2^-$), hydrogen peroxide (H$_2$O$_2$), the hydroxyl
radicals (‘OH), peroxynitrite (ONOO\(^{-}\)), and the hypochlorite radical (OCl\(^{-}\)) [2, 5–8].

Reactive oxygen species are produced under physiological conditions during the mitochondrial respiration process by the reduction-oxidation reactions (redox). A toxic reactant escaping this reaction is the O\(_{2}^{--}\) radical that can convert, spontaneously or under the action of the superoxide dismutase, to H\(_{2}\)O\(_{2}\). The so-called Fenton reaction can further generate from H\(_{2}\)O\(_{2}\) the highly reactive hydroxyl radical (‘OH).

Mitochondria are the energy factory of the body but also a major source of reactive oxygen. The mitochondrial transport chain can leak electrons to molecular oxygen resulting in superoxide radical production. When the mitochondrial antioxidant capacity is overwhelmed, mitochondrial oxidative stress can cause mitochondrial DNA damage, impaired mitochondrial respiration, and lipid or protein peroxidation. Such processes are responsible for DNA mutations, cellular aging, and death. An important mechanism is the peroxidation of cardiolipin, a mitochondrial lipid protein that results in cytochrome C release and subsequent caspase activation and apoptosis [9–13].

A recently discovered antioxidant system is the mitochondrial thioredoxin and peroxiredoxin family of proteins [14]. This scavenger complex is an important regulator of the redox state but also a regulator of cell apoptosis via the apoptosis stress kinase 1 (ASK 1). The mitochondrial thioredoxin-2 can preserve cardiac function by suppressing ROS within the mitochondria according to a study [15].

Within the activated phagocyte, a similar chain of reactions occurs. Of great importance is the production of the superoxide anion (O\(_{2}^{--}\)) by the reaction of oxygen with nicotinamide adenine dinucleotide phosphate (NADPH). This reaction is catalysed by the NADPH-oxidase, a membrane-specific enzyme. Another key enzyme is the myeloperoxidase that catalyses the reaction of the halide ions (Cl\(^{-}\)) with H\(_{2}\)O\(_{2}\), thus generating the OCI\(^{-}\), the “bleach” of the phagocyte [5].

Cell injury occurs by three main mechanisms: lipid peroxidation, protein oxidative damage, and DNA damage (Figure 1) [7, 8]. Nonspecific markers of lipid peroxidation such as the thiobarbituric acid-reactive substances (TBARS) had been used in previous studies to measure outcomes after paediatric heart surgery [16]. Antioxidant enzymes such as the superoxide dismutase, the glutathione synthetic enzymes, and the catalases can protect cells against the oxidative stress. As we will see later, both endogenous and exogenous antioxidants such as vitamins C, E, and A or beta-carotene can also enhance the antioxidant capacity [7].

Apart from their important role in microbial killing, ROS are also involved in cell signaling [7, 17, 18]. The NF-κB family of transcription factors are involved in inflammation, immunity, cellular growth, or apoptosis. There is a complex cross talk between ROS and NF-κB; transcription of the NF-κB gene that regulates the production of ROS in the cell but also NF-κB activity can be influenced by ROS. Furthermore, NF-κB can mediate the expression of antioxidant proteins such as superoxide dismutases, ferritin heavy chain, thioredoxins, and glutathione peroxidase [18].

![Figure 1: The various reactive oxygen species (ROS) injure cells by three main mechanisms: lipid peroxidation, protein oxidative damage, and DNA damage. Cellular injury is limited by the action of the main antioxidant enzymes (scavengers). There is a complex cross talk between ROS and NF-κB transcription factors that regulate the production of antioxidants.](image)

3. Paediatric Extracorporeal Circuits and Oxidative Stress

Use of the extracorporeal circuits induces oxidative stress in various ways, ultimately resulting in organ system dysfunction (Figure 1).

3.1. Extracorporeal Circuits, Inflammation, Oxidative Stress, and Markers of Oxidation. Several factors cause a more profound systemic inflammatory response in neonates and infants compared to older children or adults: (1) the surface and the volume of the CPB circuit relative to the blood volume and patient size, (2) more frequent use of hypothermic circulatory arrest, and (3) more pronounced haemodilution [6]. It is well known that CPB induces systemic inflammation by mechanisms such as contact activation with the non-self-circuit surfaces, translocation of intestinal endotoxins, general surgical trauma, blood loss, or hypothermia [2, 19]. This activates the complement system, the production of cytokines, neutrophil adhesion and aggregation, nicotinamide adenine dinucleotide phosphate (NADPH) oxidase, and xanthine oxidase systems, ultimately resulting in ROS production [2, 4, 5, 8, 20]. Certainly, the recruitment and activation of neutrophils play a pivotal role in the production of ROS. Activation of neutrophils leads to an increase of the plasma neutrophil elastase and the increase of myeloperoxidase enzyme linked to oxidative stress [21]. Measurement of the myeloperoxidase can be used as a marker of cardiovascular disease [22].
Extracorporeal circulation in children

- Haemolysis
- Ischaemic reperfusion injury
- Direct reoxygenation injury
- Activated PMN
- Depletion of antioxidant reserves

**Congenital heart disease**
- (i) Cyanotic disease
- (ii) Pressure overload states (shunts, outflow obstruction)

**Age-specific differences**
- (i) Higher oxygen exposure
- (ii) Less antioxidant reserves
- (iii) Prone to sepsis and inflammation
- (iv) Lower transferrin levels
- (v) Higher iron concentration

**ROS**

**Vulnerable myocardium**
- (i) Reduced O$_2$
- (ii) Reduced ATP
- (iii) Reduced antioxidants

**Sarcolemma and contractile protein peroxidation**

**Calcium overload and decreased calcium sensitivity**

**Contractile dysfunction**

(low cardiac output syndrome)

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**Figure 2:** The various mechanisms of production of ROS with use of extracorporeal circuit. The immature myocardium is vulnerable to ROS injury because of age specific differences compared to the adult heart but also because of coexistent congenital heart disease. The end-result is contractile dysfunction.

Calza et al. [23] evaluated the glutathione redox cycle in the context of paediatric CPB. They found increased free radical production before and during CPB by measuring an increase of the total and oxidised glutathione (reduction of the glutathione/glutathione oxidase ratio).

Gil-Gómez et al. [24] found a direct correlation between the time of extracorporeal circulation, the duration of postoperative mechanical ventilation, and the amplitude of the oxidative stress response. The authors measured glutathione levels but also the lipid peroxidation product, malondialdehyde. Other products of lipid peroxidation such as isoflurane or 8-isoprostanate were found to be increased during paediatric CPB [23, 25, 26].

Extracorporeal membrane oxygenation (ECMO) is commonly used in paediatric heart surgery. Similar to the CPB circuit, contact activation initiates an inflammatory cascade and oxidative stress. Extracorporeal membrane oxygenation is a major activator of SIRS because the whole blood of the patient is in contact for days or weeks with the ECMO circuit [8]. Hirthler et al. [27] in the nonsurvivors after paediatric ECMO found elevated levels of the lipid peroxidation markers: thiobarbiturate acid-reactive substances (TBARS) and malondialdehyde.

3.2. Ischaemic Reperfusion Injury and Oxidative Stress in the Immature Myocardium. Ischaemic reperfusion injury (IRI) following cardioplectic arrest results in increased ROS production. The main sources of ROS during IRI are (1) uncoupling of the mitochondrial electron transport, (2) circulating polymorphonuclear leukocytes generating superoxide anions from NADPH (reaction catalysed by the NAPDH oxidase), and (3) coronary endothelial cells that generate the superoxide anion from hypoxanthine, reaction catalysed by the xanthine oxidase enzyme [28]. Ischaemic reperfusion injury results in cardiac dysfunction, a major cause of mortality and morbidity in paediatric cardiac surgery [16, 29, 30]. Reactive oxygen species can induce contractile dysfunction (low cardiac output syndrome) by peroxidation of the sarcolemma and of the contractile proteins. This results in calcium overload and calcium desensitization (Figure 2) [28].
Previous studies suggested that the immature heart is more tolerant to ischaemia than the adult heart. Possible mechanisms implicated are as follows: (1) the sarcolemma of the cell is more resistant to calcium, (2) the immature myocardium relies on fatty acid for energy production and hence less potential for anaerobic glycolysis, and (3) the larger amount of amino acids provides more substrates of anaerobic metabolism [6, 16, 23]. Despite such developmental differences, the myocardium in cyanotic heart disease and heart failure might be more susceptible to ischaemia and subsequently oxidative stress [16, 23, 30]. The pressure overload of the myocardium in left to right shunts or outflow obstructions, or the reduced oxygen availability in cyanotic heart disease, further reduces the ATP stores and antioxidant enzymes, thus making the myocardium more susceptible to oxidative injury [23, 31, 32]. Cabigas et al. [33] compared oxidative stress in the newborn and adult heart in a model of ischaemic reperfusion injury. They found age and chamber specific differences related to oxidative stress. Interestingly, the newborn right ventricle myocytes showed significantly higher production of H$_2$O$_2$ compared to the adult heart, the superoxide dismutase activity increased only in the right ventricle heart, and the catalase activity and levels were all reduced in the newborn heart.

Reactive oxygen species play a fundamental role in reperfusion injury and their effect had been extensively studied in this context [8]. During IRI, oxidants are produced by various mechanisms such as increased production of xanthine oxidase production by the endothelial cells, decreased function of the glutathione peroxidase enzyme, or leakage of electrons from the mitochondria (resulting in superoxide anions) [8]. The activated neutrophil with subsequent fabrication of ROS seems to play a role in more prolonged periods of ischaemia that are associated with tissue necrosis [8, 34]. Oliveira et al. [35] in an immunohistological study of infants that underwent repair of cardiac malformations found lipid peroxidation to be the mechanism responsible for myocardial injury. The authors tested immunoreactivity to 4-hydroxynonenal, a lipid peroxidation product, and nitrotyrosine, a tyrosine nitration product, mediated by the peroxynitrite radical.

Manso et al. [16] questioned the role of oxidative stress in myocardial dysfunction or low cardiac output after heart surgery. The authors found no correlation between TBARS and carbonyl moieties and the development of low cardiac output syndrome in a retrospective study of 55 children. Certainly, further studies powered to look at clinical outcomes and oxidative stress in paediatric surgery are required.

### 3.3. Hypoxemic/Reoxygenation Induced Oxidative Stress in Cyanotic Heart Disease

Buckberg et al. [29, 36] demonstrated in animal studies that the reintroduction of oxygen in the initial stages of CPB or mechanical ventilation can induce per se myocardial injury in the hypoxaemic myocardium. In cyanotic heart disease, the reduction of the antioxidant reserve increases the vulnerability of the myocardium. The authors demonstrated that reoxygenation reduced the myocardial reserve capacity (measured by incubating myocardial tissue in the oxidant t-butyl hydroperoxide) and increased the products of lipid peroxidation (conjugated dienes) measured in coronary sinus and the myocardial tissue.

Caputo et al. randomized cyanotic patients to receive either normoxic or hyperoxic cardiopulmonary bypass. The normoxic arm of patients had less oxidative stress (significantly lower 8-isoprostane levels) compared to the hyperoxic group [26]. Later studies by the same group demonstrated less oxidative stress with controlled reoxygenation in the single ventricle compared to double ventricle patients [25].

### 3.4. Extracorporeal Circuits and the Antioxidant Reserve

Oxidative stress during CPB is an imbalance between the production of free radicals and the antioxidant capacity of the body. As discussed earlier, congenital cardiac conditions are associated with a decrease of the myocardial antioxidant capacity. However, CPB can also deplete the plasma antioxidant capacity. Cavarocchi et al. demonstrated depletion of vitamin E after bypass [37, 38]. Pyles et al. [39] investigated in vitro the plasma ability to prevent lipid peroxidation (malondialdehyde production) in beef brain homogenate media. They found the plasma antioxidant capacity significantly reduced after congenital heart surgery with CPB.

### 3.5. Haemolysis, Blood Transfusion, and Iron Overload Promote Oxidative Stress

The contact with the nonphysiological surfaces of the bypass circuit and the associated mechanical shear stress associated with CPB leads not only to inflammation but also to haemolysis [40–42]. The resulting free haemoglobin can react with H$_2$O$_2$ and generate redox active low molecular mass iron that can lead to lipid peroxidation and the highly reactive hydroxyl radical (‘OH) [42]. Iron overload in paediatric cardiac surgery can result also from blood cardioplegia, ischaemia reperfusion injury, blood transfusion, or the use blood prime [40].

Blood transfusion is a common practice in heart surgery that promotes oxidative stress by both the decreased antioxidant properties of stored blood and increased erythrocyte fragility resulting in haemolysis and ROS generation [4]. Low molecular mass iron is present in small amounts within cells for synthesis of fetoproteins or DNA. Under normal conditions, iron is regulated by ligands such as transferrin that inhibits transfer of electron from iron to molecular oxygen [42, 43]. When the iron binding capacity of transferrin is exceeded, free iron can be detected in the plasma. Notably, Mumby et al. [40] found a higher plasma iron overload in neonates undergoing CPB compared to older children. A possible explanation was the lower transferrin concentration within this group. Another study of patients undergoing tetralogy of Fallot repair found acute right ventricular failure due to restrictive physiology to be associated with severe iron loading of transferrin and increased oxidative stress markers compared to the nonrestrictive physiology cohort [44]. Two paediatric studies [42, 45] found associations between haemolysis and renal dysfunction that was believed to be mediated by lipid peroxidation.

Christen et al. [19] found the peak of oxidative stress markers (malondialdehyde and carbonyls) to occur before the rise of the inflammatory cytokines (interleukin-6 and
interleukin-8) in pediatric patients undergoing heart surgery with CPB. This further suggests that mechanisms such as haemolysis could be responsible for the propagation of oxidative stress.

4. Modulation of Oxidative Stress in Paediatric Heart Surgery

Figure 3 summarises the various interventions on oxidative stress after heart surgery.

4.1. Antioxidants. Children, particularly newborns, are more prone to oxidative stress because of several factors: (1) surfactant deficiency that exposes them to higher oxygen concentration, (2) less efficient antioxidant reserves, (3) being more prone to sepsis and inflammation, and (4) higher levels of free iron than older children [14]. Buckberg [29] studies defined the concept of antioxidant reserve capacity on the immature heart by incubating cardiac muscle with oxidants and measuring the products of lipid peroxidation. The dose response was similar to the Starling volume load curves and suggested the relation between antioxidant depletion and oxidative stress. Cardiopulmonary bypass had been shown to reduce plasma antioxidant capacity [19, 39]. Christen et al. [19] found a decrease in ascorbate (vitamin C) levels coupled with an increase in dehydroascorbate (oxidised vitamin C) and malondialdehyde levels in paediatric patients undergoing heart surgery. Therefore, increasing the antioxidant reserve capacity by administration of exogenous agents seems beneficial.

As seen previously, iron can play an important role in free radical formation; hence, chelators such deferoxamine could prove to be advantageous. Morita et al. [32] found administration deferoxamine to increase the heart antioxidant reserve in piglets undergoing CPB.

Data from critically ill patients or adult patients undergoing heart surgery suggests that supplementation of antioxidant micronutrients such as vitamin C, selenium, zinc, or vitamin E could increase the antioxidant defence [2, 4, 8, 46]. Amino acids are well known to have antioxidants properties [4]. For example, L-arginine reduced markers of oxidative stress in adult cardiac surgery when added to the cardioplegia solution [47]. The nonessential amino acid glutamine is another important endogenous antioxidant that could be supplemented [8]. N-acetylcysteine, antioxidant, and mucolytic agent used in respiratory medicine reduced the incidence of postoperative atrial fibrillation in a randomised controlled trial [48]; however, a later meta-analysis of randomized trials showed no benefit in reducing renal dysfunction, haemodialysis, or death [49]. To our knowledge, there are no studies investigating the effect of the above agents on oxidative stress in children undergoing heart surgery.

England et al. [50] found mannitol to reduce lipid peroxidation in patients undergoing adult heart surgery; however, its use was not evaluated in paediatric heart surgery. Allopurinol, an inhibitor of the purine metabolism, acts on the xanthine oxidase pathway generation [50] of superoxide. Some studies suggested reduced oxidative stress in paediatric heart surgery [50, 51] while others suggested it might not be beneficial [52]. One study on neonates with respiratory failure requiring ECMO demonstrated reduced purine degradation and uric acid production, hence with possible reduction in free radicals during reperfusion and reoxygenation injury [53].

The induction and maintenance anaesthetic agent, propofol, exerts antioxidant effects on the adult heart [4]. Xia et al. [54] in a study on 20 children undergoing CPB demonstrated reduced expression of NF-κB in the propofol group. As seen earlier, oxidative stress is associated with the activation of the NF-κB transcriptional factor. The same research group compared the antioxidant effects of the sedative midazolam to those of propofol in children undergoing congenital heart surgery. The propofol group had significantly less oxidative stress (lower superoxide dismutase and malondialdehyde levels) compared to the midazolam group [55].

Salvia miltiorrhiza, a herb extract with potent antioxidant effects, prevented the increase of lipid peroxidation products (malondialdehyde) in children undergoing CPB according to a study [56].

Melatonin is an endogenous indolamine, known to be a potent anti-inflammatory molecule but also a direct antioxidant [46, 57, 58]. In neonatal sepsis [46] but also after neonatal gastrointestinal surgery [57], melatonin reduced markers of oxidative stress. In several studies, using human cardiomyocytes cultures or isolated perfused rat heart, melatonin effectively reduced oxidative damage [59]. Further clinical studies in paediatric heart surgery are required to validate the above findings.

Aprotinin is used in congenital heart surgery as haemostatic agent but is also known to exert anti-inflammatory effects. Several paediatric studies suggested reduced oxidative stress with its use [60, 61].

As seen earlier, the mitochondrion is the main contributor to ROS production. Recently, agents that target the mitochondrial redox systems are being developed. MitoQ is a ubiquinone derivative conjugated to triphenylphosphonium that accumulates within the mitochondria because of an electrochemical gradient [4]. Ubiquinone is known for inhibiting the production of lipid peroxyl in the cell [13].
MitoQ reduced IRI in murine models of heart infarction [62] or heart transplant [12]. As opposed to the MitoQ lipophilic antioxidant that accumulates within the mitochondria in a potential-dependent manner, a novel class of small peptides (Szeto-Schiller) that selectively permeate the mitochondrial membrane had also been developed [10]. Szeto-Schiller peptides reduced IRI in several in vivo and ex vivo experimental models [10].

4.2. Glucocorticoids and CPB-Induced Oxidative Stress. Glucocorticoids are widely used in paediatric heart surgery to blunt the systemic inflammatory response to surgery but also to treat presumed postoperative adrenal insufficiency. Checchia et al. [63] in an international survey on steroid use in paediatric heart surgery found that 35 out of 36 centres (97%) give steroids but there is very wide variability in dose, timing, regimens, and type of steroid given. A later UK survey by Allen et al. [64] demonstrated that 80% of the centres give steroids. According to a more recent US large database retrospective study in 2010, steroids were used in 54% of the paediatric cases. Despite wide use of glucocorticoids and proven anti-inflammatory effects in heart surgery with CPB [65–67], the majority of the studies have failed to show a survival benefit with steroids use [68–73]. Furthermore, large retrospective studies reported higher infection rates with steroids use [70, 71]. A recent large retrospective randomized trial in adult heart surgery found no significant effect of methylprednisolone on mortality or morbidity after cardiac surgery [74]. Similarly, a large, multicentre randomized trial in the paediatric population is warranted before firm recommendations can be made.

Steroids exert an anti-inflammatory effect by activating the cytoplasmic glucocorticoid receptor (GR) in the target tissues. The glucocorticoid-glucocorticoid receptor complex dissociates from its chaperone (the heat shock protein family hsp90) and translocates to the nucleus where it associates with the glucocorticoid response elements of various genes to induce expression of anti-inflammatory genes [75–77]. Steroids can also inhibit the activation of the NF-κB redox sensitive transcription factors that play a central role in oxidative stress [76, 77].

Very few studies looked at the effect of steroids on inflammation and oxidative stress and cardiac function [76, 78]. Valen et al. [76] found increased activity of the tissue catalase and glutathione peroxidase in the isolated rat heart pretreated with methylprednisolone. Withington et al. [78] randomized 54 infants undergoing heart surgery with CPB to three different regimens of methylprednisolone (preoperative, at induction, and in the prime fluid). The prime administration group had less oxidative stress (higher glutathione to oxidised glutathione ratio).

Despite some studies [76] suggesting an increase of the antioxidant capacity with steroid treatment in the myocardium or other tissues [79], effects of glucocorticoids on oxidative stress remain controversial. For example, studies on hippocampal cell cultures demonstrated that steroids could promote oxidative stress induced death [80, 81]. Recently, several studies demonstrated a proinflammatory action of steroids depending on time and context of administration thus creating more controversy [82, 83].
In addition, adding mannitol to the prime had no antioxidative effect. The above study highlights not only the dilutional effect that results during prime preparation but also the depletion of antioxidants during ultrafiltration.

5. Conclusion

Cardiac surgery with the use of CPB is associated with altered redox states in children. Reactive oxygen species cause injury not only by both direct oxidation and peroxidation of cell membranes but also by cellular signalling. Contact with the paediatric bypass circuit surfaces activates the inflammatory cascade in which the neutrophil plays a central role in manufacturing of ROS. However, early inflammation-independent mechanisms such as haemolysis can also contribute to oxidative stress. The generation of ROS during ischaemic reperfusion injury can result in contractile dysfunction but nonreperfusion injury by reoxygenation of the chronically hypoxic heart can also occur. The lack of an antioxidant reserve or the coexistence of congenital heart defects associated with hypoxia or pressure load increases the vulnerability of the immature heart to oxidative damage. A multitude of interventions aimed at reducing ROS production or at increasing the antioxidant reserve were reviewed: exogenous antioxidants, steroids, miniaturisation of the CPB circuit, prime fluid, or cardioplegia strategies. The effect of such strategies on clinical outcomes, however, remains controversial. Further clinical studies looking at the effect of oxidative stress modulation on clinical outcomes after paediatric heart surgery are needed.

Competing Interests

The authors declare that they have no competing interests.

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