Chemical Characterization, Free Radical Scavenging, and Cellular Antioxidant and Anti-Inflammatory Properties of a Stilbenoid-Rich Root Extract of *Vitis vinifera*

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Dietary stilbenoids are receiving increasing attention due to their potential health benefits. However, most studies concerning the bioactivity of stilbenoids were conducted with pure compounds, for example, resveratrol. The aim of this study was to characterize a complex root extract of *Vitis vinifera* in terms of its free radical scavenging and cellular antioxidant and anti-inflammatory properties. HPLC-ESI-MS/MS analyses of the root extract of *Vitis vinifera* identified seven stilbenoids including two monomeric (resveratrol and piceatannol), two dimeric (trans-ε-viniferin and ampelopsin A), one trimeric (miyabenol C), and two tetrameric (r-2-viniferin = vitisin A and r-viniferin = vitisin B) compounds which may mediate its biological activity. Electron spin resonance and spin trapping experiments indicate that the root extract scavenged 2,2-diphenyl-1-picrylhydrazyl, hydroxyl, galvinoxyl, and superoxide free radicals. On a cellular level it was observed that the root extract of *Vitis vinifera* protects against hydrogen peroxide-induced DNA damage and induces Nrf2 and its target genes heme oxygenase-1 and y-glutamylcysteine synthetase. Furthermore, the root extract could induce the antiatherogenic hepatic enzyme paraoxonase 1 and downregulate proinflammatory gene expression (interleukin 1β, inducible nitric oxide synthase) in macrophages. Collectively our data suggest that the root extract of *Vitis vinifera* exhibits free radical scavenging as well as cellular antioxidant and anti-inflammatory properties.

1. Introduction

Stilbenoids are secondary plant metabolites which are mainly present in *Vitis vinifera* L. species, the latter belonging to the plant family Vitaceae [1]. *Vitis vinifera* derived stilbenoids exist as monomers, that is, *trans*-resveratrol or piceatannol, and oligomers [1] and mostly occur in the plant kingdom as *trans*-isomers (E) [1]. The stilbene aglycone consists of two aromatic rings linked by an ethylene bridge [1]. Beside *Vitis vinifera*, dietary sources of resveratrol (trans-3,5,4′-trihydroxystilbene) and its oligomers are tea, peanuts, and pistachios [1–4]. Table 1 summarizes the occurrence of different stilbenoids in cell suspension culture, berries, stems, leaves, roots, and wine of *Vitis vinifera* according to Pawlus et al. [5]. Stilbenoids exhibit antimicrobial properties and as phytoalexins they play an important role in plants defending pathogens [5].

Up to now, the majority of studies concerning stilbenoids were conducted with resveratrol as a purified standard compound. However, studies in which a complex stilbene extract of *Vitis vinifera* was applied are scarce. The use of an extract may lead to synergistic effects of the various stilbenoids as far as their bioactivity is concerned. Stilbenoids are known to exhibit potential health benefits, that are, antioxidant [3, 6], anti-inflammatory [7, 8], anticancerogenic [9], antiatherogenic [10], antiviral [11], and neuroprotective properties [12].
Table 1: Stilbenoids in cell suspension culture, berries, stems, leaves, roots, and wine of *Vitis vinifera* according to Pawlus et al. [5].

<table>
<thead>
<tr>
<th>Plant part</th>
<th>Stilbenoids</th>
</tr>
</thead>
</table>
| **Cell suspension culture** | **Monomer:** E-\-Z-Astringin, E-\-Z-Piceid, E-\-Z-Resveratrol, E-\-Z-Resveratrol-3,4'-O-β-D-glucopyranoside, E-\-Z-Resveratrol-3,5,4'-O-β-D-glucopyranoside, Z-Resveratrol-3,5,4'-O-β-D-triglucoside, E-\-Z-Resveratroloside  
**Dimers:** Pallidol, E-\-δ-Viniferin, E-\-δ-Viniferin-11-O-β-D-glucopyranoside, E-\-δ-Viniferin-11'-O-β-D-glucopyranoside  
**Trimer:** E-\-trans-Miyabenol C, (+)-Viniferol D  
**Tetramer:** Hopeaphenol, Isohopeaphenol, (+)-Viniferol A, B and C, (+)-Vitisifuran A and B, Vitisin A, E-Vitisin B and C |
| **Berries** | **Monomer:** E-Piceatannol, E-\-Z-Piceid, E-Pterostilbene, E-Resveratrol  
**Dimers:** (+)-Ampelopsin A and F, (+)-Malabatol A, Pallidol, Scirpusin A, Viniferifuran, (+)-E-ε-Viniferin, E-ε-Viniferin  
**Trimer:** E-\-trans-Miyabenol C, (+)-Viniferol D  
**Tetramer:** Hopeaphenol, Isohopeaphenol, (+)-Viniferol A, B and C, (+)-Vitisifuran A and B, Vitisin A, E-Vitisin B and C |
| **Stems** | **Monomer:** E-Piceatannol, E-\-Z-Piceid, E-\-Z-Resveratrol  
**Dimers:** Ampelopsin D, Pallidol, Quadrangularin A, E-δ-Viniferin, Z-ε-Viniferin, (+)-E-ε-Viniferin, E-ε-Viniferin, E-\-Z-ω-Viniferin  
**Trimer:** E-\-Z-trans-Miyabenol C, E-cis-Miyabenol C, α-Viniferin  
**Tetramer:** Ampelopsin H, Hopeaphenol, Isohopeaphenol, Vaticanol C isomer |
| **Leaves** | **Dimers:** (+)-Viniferether A and B, E-ε-Viniferin  
**Trimer:** Gnetin H  
**Tetramer:** Hopeaphenol, (+)-Viniferol E, E-Vitisin B |
| **Roots** | **Monomer:** E-\-Z-Astringin, E-Piceatannol, E-\-Z-Piceid, E-\-Z-Resveratrol, E-Resveratrol-2-C-glucoside, 2,4,6-Trihydroxypenanthenone-2-O-glucoside  
| **Wine** | **Monomer:** E-\-Z-Astringin, E-Piceatannol, E-\-Z-Piceid, E-\-Z-Resveratrol, E-Resveratrol-2-C-glucoside, 2,4,6-Trihydroxypenanthenone-2-O-glucoside  
**Dimers:** Pallidol, Pallidol-3,5,4'-diglucoside, Palidol-3-O-glucoside, Parthenocissin A, E-δ-Viniferin, Z-ε-Viniferin, E-ε-Viniferin, E-\-Z-ε-Viniferin-\-diglucoside  
**Tetramer:** Hopeaphenol |

4 Not distinguished between red wine and white wine.

In the current study, we investigated potential free radical scavenging and cellular antioxidant and anti-inflammatory activities of the root of *Vitis vinifera*, which may be highly enriched with various stilbenoids. A standardized ethanol extract of the root of *Vitis vinifera* purified with ethyl acetate/n-hexane was applied for all studies. The qualitative and quantitative stilbenoid composition was analyzed by HPLC-ESI-MS/MS and HPLC-PDA.

Plant bioactivities may prevent the oxidation of lipids, proteins, and DNA either directly by free radical scavenging or indirectly by induction of endogenous antioxidant defense mechanisms. Free radical scavenging activity was monitored by ESR spectroscopy and as spin trapping and the prevention of DNA damage was determined by the Comet assay.

The redox sensitive transcription factor nuclear factor erythroid 2-related factor-2 (Nrf2) partly regulates the expression of genes encoding antioxidant enzymes. Nrf2 is bound in the cytoplasm to its inhibitor Keap1 (Kelch-like ECH-associated protein 1). When Nrf2 is activated by electrophiles, it is released from its cytosolic protein Keap1 and binds to the antioxidant response element of the DNA in the nucleus thereby regulating the transcription of target genes including γ-glutamylcysteine synthetase (γGCS) and heme oxygenase-1 (HO-1) [13]. Nrf2 transactivation and its target genes HO-1 and γGCS were determined by a reporter gene assay, real-time PCR, and Western blotting, respectively. Paraoxonase 1 (PON1) is a high-density lipoprotein (HDL) associated enzyme which is primarily synthesized in the liver [14]. PON1 prevents low-density lipoproteins (LDL) from oxidation and thereby mediates antiatherogenic effects [14]. PON1 transactivation was measured by a reporter gene assay. Biomarkers of inflammation including interleukin 1β (IL-1β) and inducible nitric oxide synthase (iNOS) were determined in cultured cells by real-time PCR.

2. Materials and Methods

2.1. Chemicals. Methanol, HPLC grade was purchased from VWR (Leuven, Belgium) and methanol, LC-MS grade was purchased from Fisher Chemical (Loughborough, UK). Acetic acid, HPLC grade was obtained from AppliChem (Darmstadt, Germany). Doubly deionized water using a Nanopure resin (Nanopure, Barnstead) was used for high-performance liquid chromatography (HPLC) analyses.

Sodium dihydrogen phosphate dihydrate and galvinoxyl radical were purchased from Wako Chemicals (Osaka, Japan). Disodium hydrogen phosphate, hypoxanthine, xanthine oxidase, and ethanol were obtained from Nacalai Tesque (Kyoto, Japan). Hydrogen peroxide (35%) was purchased from Tokyo Chemical Industry (TCI, Tokyo, Japan). 5,5-Dimethyl-1-pyrroline-N-oxide (DMPO) was purchased from Sigma-Aldrich (St. Louis, MO, USA (Tokyo branch)). Ultrapure water was prepared by PWE-500 (Advantec, Tokyo, Japan) for electron spin resonance spectroscopy (ESR).

Dulbecco’s modified Eagle’s medium high glucose (4.5 g/L) (with sodium pyruvate and L-glutamine), Dulbecco’s modified Eagle’s medium high glucose (4.5 g/L) (with sodium pyruvate), Dulbecco’s modified Eagle’s medium high glucose (4.5 g/L), fetal bovine serum, L-glutamine 200 mM (100x), penicillin/streptomycin (100x; 10,000 U/mL
penicillin; 10 mg/mL streptomycin), G-418 sulfate (50 mg/mL), fetal bovine serum, and Dulbecco’s phosphate-buffered saline (DPBS) without Ca and Mg were obtained from PAA (Cölbe, Germany). Neutral red and glacial acetic acid (99–100%) were purchased from Carl Roth (Karlsruhe, Germany) and ethanol (absolute) was purchased from Merck (Darmstadt, Germany). Resveratrol and dimethyl sulfoxide were obtained from Sigma (Steinheim, Germany). Lipopolysaccharide (LPS) from Salmonella enterica serotype Enteritidis was obtained from Sigma. Dual-luciferase reporter assay system, pHRL-TK, and passive lysis buffer were purchased from Promega (Mannheim, Germany). JetPEI and peqGOLD TriFast were obtained from Peqlab Biotechnologie GmbH (Erlangen, Germany). Primers for heme oxygenase-1 (HO-1), γ-glutamylcysteine synthetase (γGCS), and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) were ordered from Eurofins Genomics (Ebersberg, Germany). SensiMix one-step kit was obtained from Bioline (Luckenwalde, Germany). Heme oxygenase-1 antibody was purchased from Stressgen (Michigan, USA), immun-star goat anti-rabbit (GAR)-HRP conjugate secondary antibody was purchased from Bio-Rad (Munich, Germany), and Pierce ECL Western blotting substrate, spectra multicolor broad range protein ladder, and Pierce BCA protein assay kit were purchased from Thermo Scientific (Rockford, USA). GAPDH antibody and donkey anti-goat IgGHRP secondary antibody were obtained from Santa Cruz Biotechnology (Heidelberg, Germany).

Vitis grapevine root extract (Vitis vinifera cultivated from vines of the area Bordeaux) was kindly provided by Wolfgang Loersch (Breko, Bremen, Germany).

2.2. HPLC-Photodiode Array Detector (HPLC-PDA). HPLC analysis was done according to Macke [15]. HPLC system from Jasco (Groß-Umstadt, Germany) was used which consisted of a pump (PU-2080 Plus, Intelligent HPLC Pump), degasser (DG-2080-53, 3-Line Degasser), ternary gradient unit (LG-2080-02), autosampler (Intelligent Sampler AS-2057 Plus), and PDA (MD-2010 Plus). The separation was done on a Kromasil 100-5 C18 5 μm (250 mm × 4.6 mm i.d.) column (Eka Chemicals AB, Bohus, Sweden) protected with a guard column of the same material (4 mm × 4 mm). The mobile phase consisted of 1% aqueous acetic acid (A) and methanol (B). The following gradient was used for separation: 0 min 20% B, 5 min 30% B, 15 min 30% B, 18 min 37% B, 29 min 37% B, 35 min 50% B, 57 min 50% B, 58 min 100% B, 71 min 100% B, 72 min 20% B, and 75 min 20% B. The flow rate was set at 0.8 mL/min and the injection volume was 20 μL. HPLC chromatograms were recorded at λ = 280 nm.

2.3. HPLC-Electrospray Ionization-Tandem Mass Spectrometry (HPLC-ESI-MS/MS). A HPLC analysis was performed according to Macke [15]. HPLC system from Agilent Technologies (Waldbrohn, Germany) composed of a pump (1100 Series, BinPump G1312A), autosampler (1200 Series), PDA (1100 Series, DAD G1315B), and mass spectrometer (HCT Ultra; Bruker Daltonics, Bremen, Germany) was used. The ESI conditions were as follows: ion polarity: negative, scan range: 100–3000 m/z, dry gas temperature: 330°C, dry gas flow: 10 L/min, nebulizer pressure: 50 psi, capillary voltage: 3500 V, capillary exit: −3500 V, and end plate: −500 V. HPLC separation was achieved on a Luna 3u C18 100 A 3 μm (150 mm × 2.0 mm i.d.) column protected with a guard column of the same material (4 mm × 4 mm) (Phenomenex, Aschaffenburg, Germany). Mobile phases and gradient elution were as described above. The flow rate was set at 0.2 mL/min and the injection volume at 5 μL. HPLC chromatograms were recorded at λ = 280 nm.

2.4. Free Radical Scavenging Activity Measured by Electron Spin Resonance Spectroscopy (ESR). ESR and spin trapping measurements were conducted according to Esatbeyoğlu et al. [16] using a JEOL JES-FR30EX free radical monitor (JEOL Ltd., Akishima, Japan). The amplitude was set at 200 for DPPH radicals, 250 for galvinoxyl, 400 for hydroxyl radicals, and 500 for superoxide radicals.

2.4.1. DPPH and Galvinoxyl Radical Scavenging Experiments. To a reaction mixture containing 360 μL distilled water, 500 μL ethanol, 100 μL 1.875 mM DPPH (in ethanol), or 100 μL 375 μM galvinoxyl radical (in ethanol), 40 μL of the root extract of Vitis vinifera (1.3, 10, 13, 40, 100, and 130 mg/mL; in case of galvinoxyl radical, 1, 1.33, 2, 4, 10, and 1000 mg/mL) was added and stirred for a few seconds. After incubating the solution for 10 min (3 h for galvinoxyl), ESR spectra were recorded.

2.4.2. Hydroxyl Radical Scavenging Experiments. To the reaction mixture of 25 μL 200 mM DMPO, 20 μL 50 mM hydrogen peroxide, 35 μL distilled water, and 10 μL 0.5 mM ferric chloride, 10 μL of the root extract of Vitis vinifera (1, 1.25, 1.67, 2.5, 5, and 10 mg/mL) was added. The reaction mixture was stirred, vortexed, and put on ice for 10 sec.

2.4.3. Superoxide Radical Scavenging Experiments. To the reaction mixture of 30 μL 2 mM hypoxanthine, 30 μL 4 M DMPO, 26 μL 200 mM DPBS buffer solution (pH 7.4), and 4 μL 1 U/mL xanthine oxidase, 10 μL of the root extract of Vitis vinifera (2, 10, 12.5, 25, 50, and 1000 mg/mL) was added. The combined reaction mixture was incubated at 30°C for 1 min.

2.5. Cell Lines. The detailed cell culture conditions regarding the human liver hepatoma cell line HuH7, stably transfected PON1-Huh7 cells, and human colonic adenocarcinoma cell line HT-29 are described by Esatbeyoğlu et al. [16].

Murine RAW264.7 macrophages (obtained from the Institute of Applied Cell Culture, Munich, Germany) were cultured in Dulbecco’s modified Eagle’s medium high glucose (4.5 g/L) containing sodium pyruvate and L-glutamine supplemented with 10% (v/v) fetal bovine serum, 100 U/mL penicillin, and 100 μg/mL streptomycin and grown in a humidified atmosphere of 5% CO₂ at 37°C.
For all cell culture studies, 100 mg/mL stock solutions of the root extract of *Vitis vinifera* in ethanol and resveratrol in DMSO were prepared and stored at −80°C until further use. LPS from *Salmonella enterica* serotype Enteritidis (Sigma) was dissolved in DPBS to a stock solution of 1 mg/mL and stored at −20°C until further use.

2.6. Cytotoxicity (Neutral Red Assay). Cell viability was determined using the colorimetric neutral red assay [17]. PON1-Huh7, Huh7, HT-29, and RAW264.7 cells (0.15 × 10⁶ cells/well, 0.15 × 10⁶ cells/well, 0.4 × 10⁶ cells/well, and 0.08 × 10⁶ cells/well) were seeded in a 24-well plate for 24 h. The cells were treated with the root extract of *Vitis vinifera* at various concentrations (PON1-Huh7 and Huh7 1–100 μg/mL; RAW264.7 1–50 μg/mL) for 24 h (PON1-Huh7 for 48 h).

2.7. Oxidative DNA Damage (Comet Assay). HT-29 cells were treated with 50 μg/mL root extract of *Vitis vinifera* and 50 μM resveratrol as positive control for 14 h at 37°C. Subsequently, cells were treated with 25 μM H₂O₂ in DPBS for 15 min to induce DNA damage. Oxidative DNA damage in HT-29 cells was measured using the Comet assay as described earlier [16].

2.8. Nrf2 Transactivation (Dual-Luciferase Reporter Gene Assay). Transient transfection and luciferase reporter gene assay for measuring Nrf2 transactivation were conducted as described elsewhere [16].

Transiently transfected Huh7 cells were incubated with the root extract of *Vitis vinifera* (1, 5, 10, 25, and 50 μg/mL) and 25 μM resveratrol was used as a positive control.

2.9. Determination of Nrf2 Target Genes Heme Oxygenase-1 (HO-1) and γ-Glutamylcysteine Synthetase (γGCS) (RNA Isolation and Real-Time PCR). Human Huh7 liver cells were seeded in a 6-well plate at a density of 0.9 × 10⁶ cells/well for 24 h. Subsequently, cells were treated with 1, 10, 25, and 50 μg/mL root extract of *Vitis vinifera* for 6 h. Cells were washed with DPBS and RNA was isolated using peqGOLD TriFast via phenol-chloroform extraction according to manufacturer's description.

Primers for genes of human origin were designed by Primer3 software: HO-1, F: 5’-CCAGGCAGAGATGCT-GAGT-3’, R: 5’-GTAGACAGGGCGAAGACTG-3’; γGCS, F: 5’-TTTGCTAGGGGTTCAGCAG-3’, R: 5’-TAGACA-GCCATGTCAACTG-3’; GAPDH, F: 5’-CAATGACC-CTTCAATGACC-3’, R: 5’-AGATCGTCCTGCTGAAAGA-TG-3’. All primers were ordered from Eurofins Genomics (Ebersberg, Germany).

SensiMix one-step kit (Quantace, Berlin, Germany) was used for real-time PCR. Human GAPDH was used as housekeeping gene.

2.10. Inhibition of LPS-Mediated Interleukin-1β (IL-1β) and Inducible Nitric Oxide Synthase (iNOS) (RNA Isolation and Real-Time PCR). RAW264.7 macrophages were seeded in 12-well plates at a density of 0.2 × 10⁶ cells/well for 24 h. Afterwards, cells were treated with 20 μg/mL of the root extract of *Vitis vinifera* for 24 h. LPS (10 ng/mL) was added to the cells for 4 h. RNA was isolated by peqGOLD TriFast to manufacturer's protocol. Remaining DNA was lysed using DNAse according to manufacturer's instructions (New England Biolabs, Ipswich, USA).

Primers for murine genes were designed by Primer3 software and ordered from Eurofins Genomics (Ebersberg, Germany): Interleukin-1β (IL-1β), F: 5’-CAGCTATGG-CAACTGTTCT-3’, R: 5’-CGATGTCCTCATCAGG-AC-3’; inducible nitric oxide synthase (iNOS), F: 5’-CGCTGGTGAGACCTTGT-3’, R: 5’-CGATGGAAGTTG-AACGGTTC-3’; GAPDH, F: 5’-GGCATCTTCTTTGTG-CAGT-3’, R: 5’-GGCAACATCTCCACTTGGC-3’.

SensiMix one-step kit (Quantace, Berlin, Germany) was used for real-time PCR. Gene expression was normalized to the housekeeping gene GAPDH.

2.11. HO-1 Protein Levels (Western Blot Analysis). Whole cell extracts, total protein determination, and Western blot analysis were performed according to Wagner et al. [18] and Esatbeoglu et al. [16].

2.12. PON1 Transactivation (Luciferase Reporter Gene Assay). Luciferase reporter gene assay for measuring PON1 transactivation was described in Schrader et al. [19]. PON1-Huh7 cells were seeded at a density of 0.15 × 10⁶ cells/well in 24-well plates and incubated with 1, 2.5, 5, 15, and 25 μg/mL of the root extract of *Vitis vinifera* and 25 μmol/L resveratrol.

2.13. Statistical Analyses. Data obtained from cell culture experiments were expressed as means ± standard error of the mean (SEM) or standard deviation (SD) of three independent experiments and compared to untreated cells (control) or LPS-stimulated control cells. HPLC analyses of stilbenes were expressed as means ± standard deviation of five injections. Statistical analysis was performed by PASW Statistics Software Version 18 (IBM, Chicago, Illinois, USA). Data were tested for normality of distribution (Shapiro-Wilk test). Significant differences between groups were analyzed by Student's t-test. In case of not normally distributed data the non-parametric Mann-Whitney U test was applied. Significance was accepted at p < 0.05.

3. Results

3.1. Characterization and Quantification of the *Vitis vinifera* Root Extract. The grapevine root extract derived from *Vitis vinifera* was analyzed by HPLC-ESI-MS/MS and quantified by HPLC-PDA. HPLC-ESI-MS/MS analyses were performed using electrospray ionization operated in negative ion mode. Seven stilbenoids including two monomeric (resveratrol and piceatannol), two dimeric (trans-e-viniferin and ampelopsin A), one trimeric (miyabenol C), and two tetrameric (r-2-viniferin = vitisin A and r-viniferin = vitisin B) were detected in the root extract of *Vitis vinifera*. Chemical structures of all detected compounds are given in Figure 1. A representative HPLC chromatogram at λ = 280 nm is shown in Figure 2. The main compounds in the root extract of *Vitis vinifera* were the dimer trans-e-viniferin (125.1 g/kg), a dehydrodimer of resveratrol, and the tetramer...
3.2. Radical Scavenging Activity of the Root Extract of *Vitis vinifera*. The free radical scavenging activity of the root extract of *Vitis vinifera* was determined by ESR and spin trapping analysis. The root extract of *Vitis vinifera* exhibited relatively potent free radical scavenging activity in terms of DPPH, hydroxyl, and galvinoxyl radicals and scavenged these free radicals in a dose-dependent manner (Figures 3(a)–3(c)). Superoxide radicals were scavenged at higher concentrations of the root extract (Figure 3(d)).

3.3. Cytotoxic Effects of the *Vitis vinifera* Root Extract in Huh7, PON1-Huh7, HT-29, and RAW264.7 Cells. Cytotoxicity measurements of the root extract of *Vitis vinifera* at different
Table 2: Quantification of monomeric stilbenoids in the root extract of *Vitis vinifera* as trans-resveratrol equivalents and oligostilbenoids as trans-ε-viniferin equivalents by HPLC-PDA at λ = 280 nm (n = 5).

<table>
<thead>
<tr>
<th>Peak</th>
<th>Compound</th>
<th>Retention time (tR) [min]</th>
<th>Molecular ion [M–H] m/z</th>
<th>Fragment ions m/z</th>
<th>Content [g/kg]</th>
<th>SD [g/kg]</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ampelopsin A</td>
<td>16.2</td>
<td>469</td>
<td>451, 363</td>
<td>15.6</td>
<td>0.41</td>
</tr>
<tr>
<td>2</td>
<td>Piceatannol</td>
<td>22.3</td>
<td>243</td>
<td>225, 201, 181, 175, 159</td>
<td>4.20</td>
<td>0.34</td>
</tr>
<tr>
<td>3</td>
<td>r-Viniferin (Vitisin B)</td>
<td>25.5</td>
<td>905</td>
<td>887, 799, 705, 675, 545, 451, 359</td>
<td>11.1</td>
<td>0.35</td>
</tr>
<tr>
<td>4</td>
<td>Resveratrol</td>
<td>36.2</td>
<td>227</td>
<td>212, 185, 159, 141, 107</td>
<td>46.3</td>
<td>0.85</td>
</tr>
<tr>
<td>5</td>
<td>r-2-Viniferin (Vitisin A)</td>
<td>37.3</td>
<td>905</td>
<td>887, 811, 705, 675, 545, 451, 359</td>
<td>87.1</td>
<td>1.31</td>
</tr>
<tr>
<td>6</td>
<td>Miyabenol C</td>
<td>40.4</td>
<td>679</td>
<td>661, 637, 585, 479, 451, 345</td>
<td>12.7</td>
<td>1.30</td>
</tr>
<tr>
<td>7</td>
<td>trans-ε-Viniferin</td>
<td>42.8</td>
<td>453</td>
<td>435, 411, 359, 347</td>
<td>125.1</td>
<td>1.23</td>
</tr>
</tbody>
</table>

Figure 2: HPLC chromatogram of the root extract of *Vitis vinifera* at λ = 280 nm. For peak numbers, compare Table 2.

concentrations were carried out by the neutral red assay. Huh7, PON1-Huh7, HT-29, and RAW264.7 cells were treated with increasing concentrations of the root extract of *Vitis vinifera* for 24 h (PON1-Huh7 for 48 h). The root extract of *Vitis vinifera* was not cytotoxic up to a concentration of 50 μg/mL in Huh7, PON1-Huh7, and HT-29 cells and up to 20 μg/mL in RAW264.7 cells (data not shown). The root extract of *Vitis vinifera* was used in noncytotoxic concentrations in the subsequent cell culture experiments.

3.4. Prevention of Oxidative DNA Damage Induced by Hydrogen Peroxide. Comet assay was used to determine the effects of the root extract of *Vitis vinifera* counteracting H2O2-induced DNA damage in HT-29 cells. Treatment of HT-29 cells with 50 μg/mL of root extract of *Vitis vinifera* for 14 h resulted in a moderate but significant protection of H2O2-induced DNA damage as shown in Figure 4.

3.5. Induction of Antioxidant Defense Mechanisms through Nrf2 Transactivation. Treatment of Huh7 cells with the root extract of *Vitis vinifera* at concentrations of 25 μg/mL and 50 μg/mL significantly (p < 0.001) upregulated Nrf2 transactivation. This effect was comparable with the Nrf2 inducing activity of 25 μM resveratrol (Figure 5). Moreover, mRNA and protein levels of the Nrf2 target genes HO-1 and γGCS were analyzed by real-time PCR and Western blotting in human liver Huh7 cells. The root extract of *Vitis vinifera* (50 μg/mL) significantly induced HO-1 both on the mRNA (p < 0.001) (Figure 6(a)) and protein levels (Figure 6(b)). Accordingly, a significant induction of γGCS was observed at 50 μg/mL root extract of *Vitis vinifera* (p < 0.05; Figure 7).

3.6. PON1 Transactivation. Under the conditions investigated, luciferase reporter gene activity of stably transfected PON1-Huh7 cells was significantly (p < 0.001) induced by the root extract of *Vitis vinifera* in a dose-dependent manner (Figure 8).

3.7. Inhibition of Proinflammatory Biomarkers like IL-1β and iNOS due to *Vitis vinifera* Root Extract. Furthermore, the root extract of *Vitis vinifera* (20 μg/mL) significantly decreased the NF-κB target genes IL-1β (Figure 9(a)) and iNOS (Figure 9(b)) on the mRNA level in LPS-stimulated murine RAW264.7 macrophages.

4. Discussion

Stilbenoids are currently receiving increasing attention due to their potential health benefits [1, 6, 7, 10–12, 20]. In this study, we combined ESR and spin trapping measurements with cellular assays in order to determine the free radical scavenging and antioxidant and anti-inflammatory properties of a root extract of *Vitis vinifera*.

Our analyses indicate that the root extract of *Vitis vinifera* contained substantial amounts of dimeric and oligomeric stilbenoids including the dimer trans-ε-viniferin and the tetramer r-2-viniferin which may have contributed to its free radical scavenging properties. The free radical scavenging activity of stilbenoids seems to be partly related to proton abstraction as previously reported [21, 22].

Since the root extract contained a portfolio of various stilbenoids, these compounds may interact synergistically thereby exhibiting free radical scavenging and antioxidant activity [23].

On a cellular level, free radicals are inactivated by endogenous antioxidant and stress response mechanisms. We found that root extract of *Vitis vinifera* exhibited HO-1 and γGCS inducing activity which is most likely due to Nrf2 activation. Oxidized LDL plays a central role in atherogenesis [24]. Stilbenoids, such as resveratrol, have been shown to prevent
Figure 3: The scavenging effect of the root extract of *Vitis vinifera* on DPPH (a), hydroxyl (b), galvinoxyl (c), and superoxide free radical (d) measured by electron spin resonance spectroscopy (ESR). ESR spectra were recorded three times. Data are means ± SD.
Figure 4: Effect of 50 µg/mL root extract of *Vitis vinifera* on H$_2$O$_2$-induced DNA damage in HT-29 cells after 14 h of incubation. Following treatment cells were stressed with 25 µM H$_2$O$_2$, for 15 min. Resveratrol (Resv., 50 µM) was used as a positive control. DNA damage was measured by the Comet assay. The photographs represent the comet tails (a) and the inhibition of DNA damage is shown as percentage of control damage (damage of control = 100%; (b)). Each bar represents the mean of three independent experiments ± SD. ** indicates significant differences compared to untreated control cells; \( p < 0.01 \), Student’s \( t \)-test.

Figure 5: Effect of the root extract of *Vitis vinifera* on Nrf2 transactivation in transiently transfected Huh7 liver cells. Resveratrol (Resv., 25 µM) was used as positive control. Data are mean ± SEM of at least three experiments performed in triplicate. *** indicates significant differences compared to control; \( p < 0.001 \), Mann-Whitney \( U \) test.

Recent studies suggest cross talk between Nrf2 and proinflammatory gene expression. Nrf2 counteracts inflammatory processes by downregulating NF-κB [28, 29]. In the present study, the root extract of *Vitis vinifera* significantly decreased the expression of the NF-κB target genes IL-1β and iNOS in copper mediated LDL oxidation *in vitro* through free radical scavenging activity [10]. Alternatively, our data indicate that a stilbenoid-rich extract may prevent LDL oxidation via cell signaling due to PON1 induction. Thus, stilbenoids may exhibit antiatherogenic properties due to both free radical scavenging and induction of antioxidant defense mechanisms. Interestingly, HO-1, γGCS, and PON1 decrease with age [25]. Thus, it is tempting to speculate that our root extract may counteract an aging phenotype which warrants further investigations in appropriate *in vivo* models such as laboratory rodents. Furthermore, other age-related molecular targets including sirtuins [25, 26] and FOXO [26] as well as autophagy related pathways [27] should be taken into account since they have been reported to be modulated by resveratrol in cultured cells and various model organisms.
murine macrophages suggesting anti-inflammatory activity. These anti-inflammatory properties of the *Vitis vinifera* root extract and other related plant extracts may be beneficial in pathologies characterized by an overproduction of nitric oxide and inflammatory cytokines [30]. Additionally, other biological properties of the root extract including its effect on platelet aggregation [31], smooth muscle cell proliferation [32], cellular adhesion [33], and vasodilation [34] should be taken into consideration.

### 5. Summary and Conclusion

In this study, seven stilbenoids including resveratrol, piceatannol, *trans*-viniferin, ampelopsin A, miyabenol C, *r*-2-viniferin = vitisin A, and *t*-viniferin = vitisin B were identified in the root extract of *Vitis vinifera* by HPLC-PDA. The root extract of *Vitis vinifera* scavenged DPPH, hydroxyl, galvinoxyl, and superoxide free radicals. Accordingly, a protection against hydrogen peroxide-induced DNA damage was observed in cultured cells. Furthermore, Nrf2 and its target genes HO-1 and γ-GCS as well as PON1 were induced by *Vitis vinifera* root extract. Moreover, the root extract down-regulated proinflammatory gene expression including IL-1β and iNOS in cultured macrophages. To sum up, our results suggest free radical scavenging and cellular antioxidant and anti-inflammatory activities of the *Vitis vinifera* root extract *in vitro*. However, little is known about the bioavailability, metabolism, and bioactivity of root-derived stilbenoids *in vivo*. Therefore, future studies should address the question to which extent stilbenoids from the roots of *Vitis vinifera* are bioavailable and may exhibit potential health benefits in humans.
In addition, both the food industry and the consumer exhibit an increasing demand for natural antioxidants [35]. Thus, further studies are needed to elucidate to which extent the stilbenoid-rich *Vitis vinifera* root extracts could prevent oxidation processes, such as lipid peroxidation, in the food matrix. Additionally, it needs to be established whether the present *Vitis vinifera* root extract may be used as a nutraceutical in functional foods.

**Conflict of Interests**

The authors declare that there is no conflict of interests regarding the publication of this paper.

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