

## Supplementary materials

### **Antiviral and antioxidant activity of a hydroalcoholic extract from *Humulus lupulus* L.**

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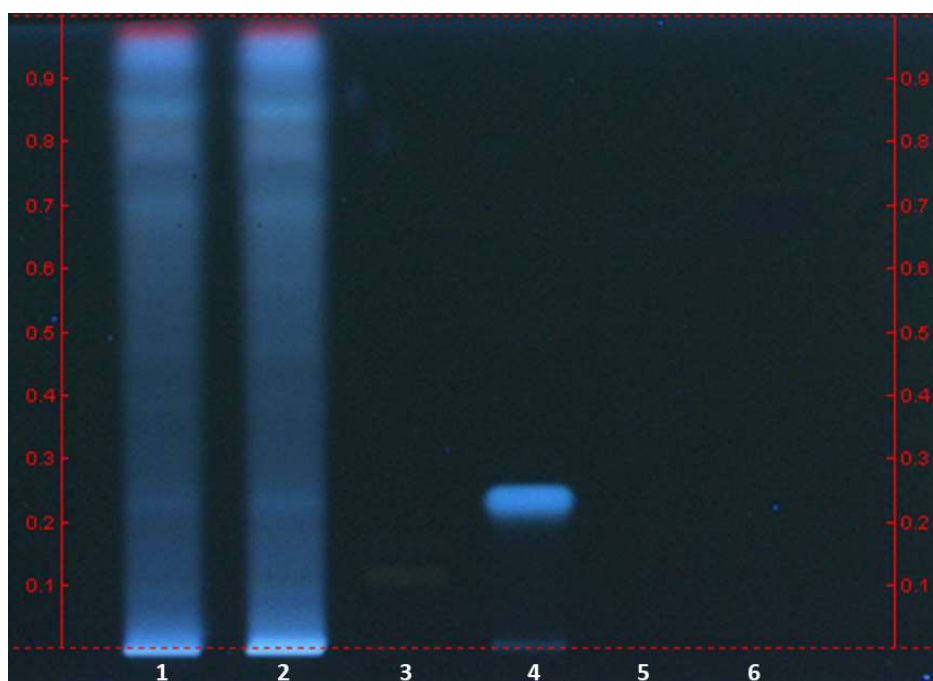
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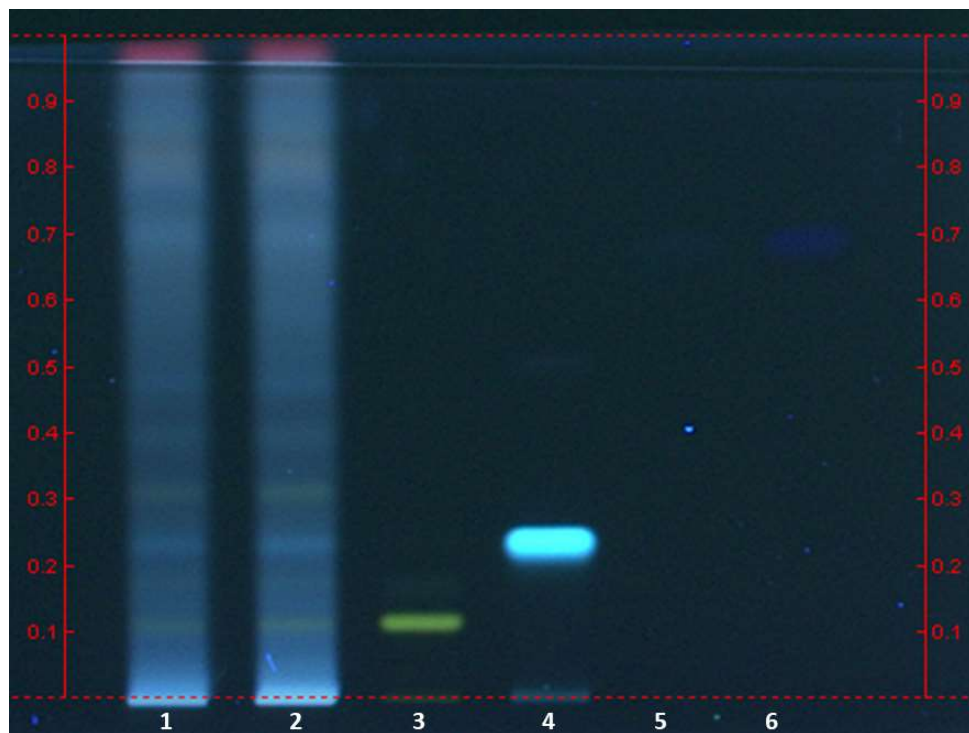
Antonella Di Sotto and Paola Checconi equally contributed to this work.

Figure S1: High-performance thin-layer chromatography (HPTLC) of the polyphenolic compounds of the HOP extract. (a) Visualization at 366 nm without derivatization. (b) Visualization at 366 nm after Natural Product Reagent (NPR) derivatization. (c) Visualization under white light after NPR and anisaldehyde derivatization. (d) Visualization at 366 nm after anisaldehyde/NPR derivatization. (e) Visualization at 255 nm. The chromatograms correspond to: HOP extract (30 mg/mL; 1  $\mu$ L; tracks 1,2), standard polyphenols (1 mM; 1  $\mu$ L) rutin (track 3), chlorogenic acid (track 4), catechin (track 5), gallic acid (track 6).

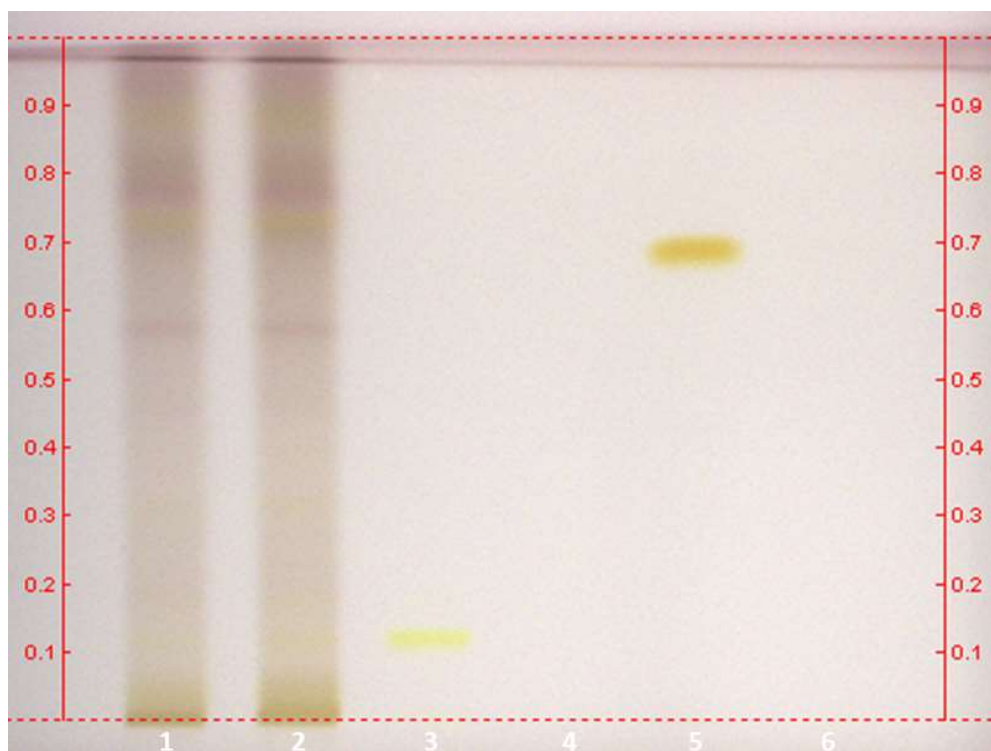
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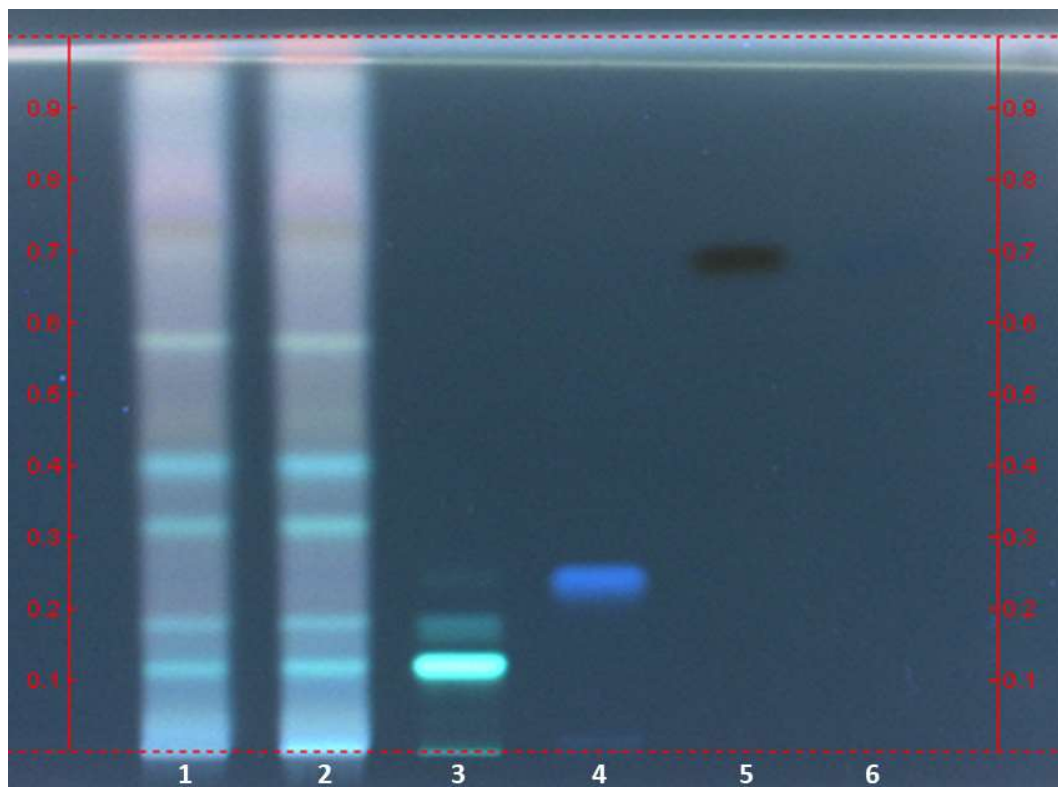
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**c**



**d**



**e**

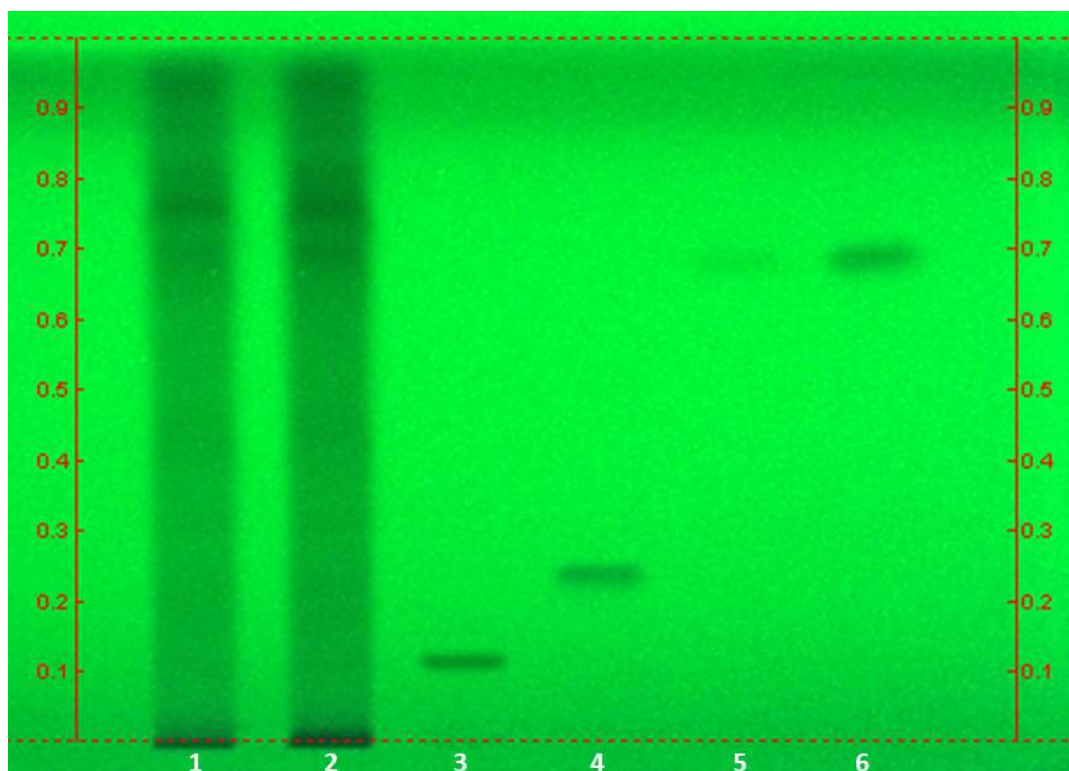


Figure S2: Effect of the HOP extract on replication of different influenza viral strains in A549 cells. (a) Viral titer measured in supernatants of A549 cells infected with pH1N1, NWS or ULSTER strain, following incubation of the virus with 140  $\mu\text{g/mL}$  of HOP extract. Titer was determined 24 hrs p.i. by hemagglutinating assay and expressed as percentage of HAU compared to that from cells infected with untreated virus. Data are mean  $\pm$  SD from two independent biological replicates, each one performed in two technical replicates ( $n = 2$ ). \*  $P < 0.05$  vs untreated infected cells by Student's t-test. (b) Western blot analysis of viral proteins from samples obtained as described in (a). Actin was used as loading control.

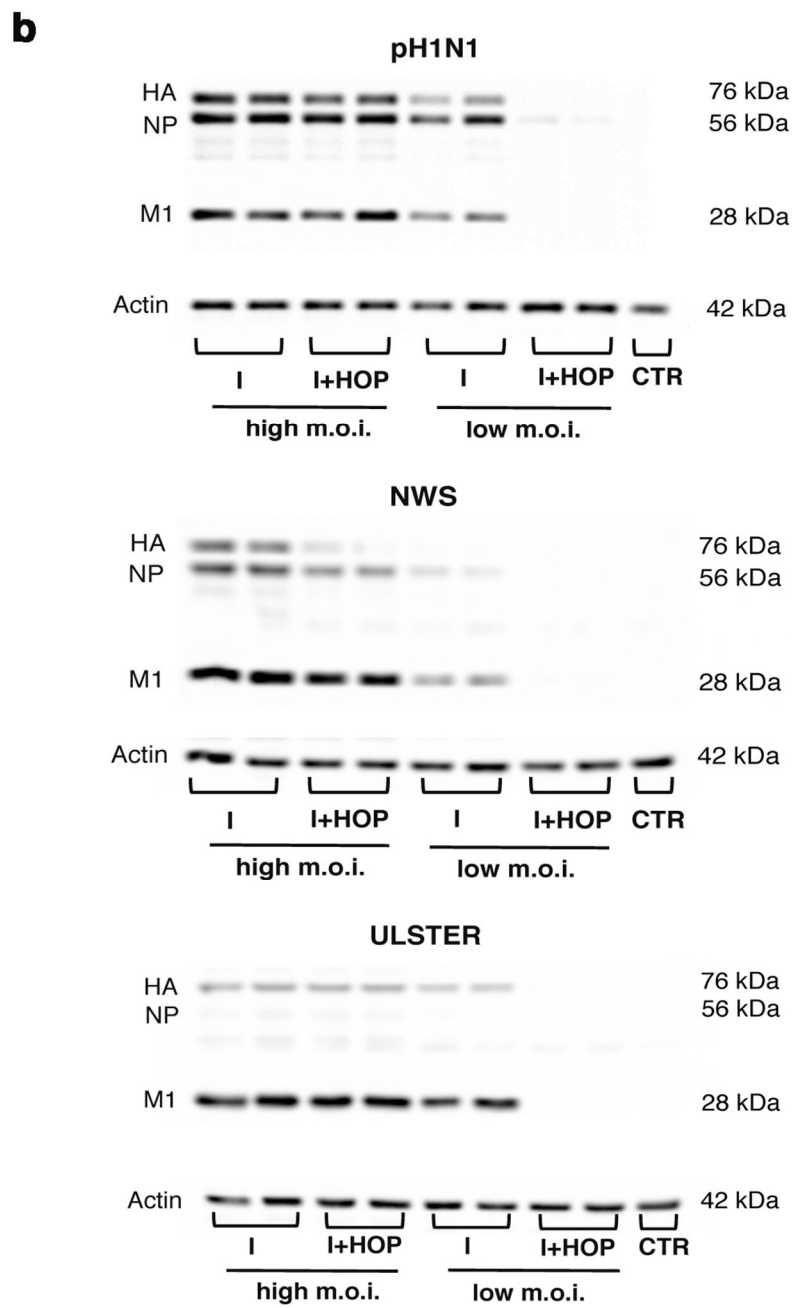
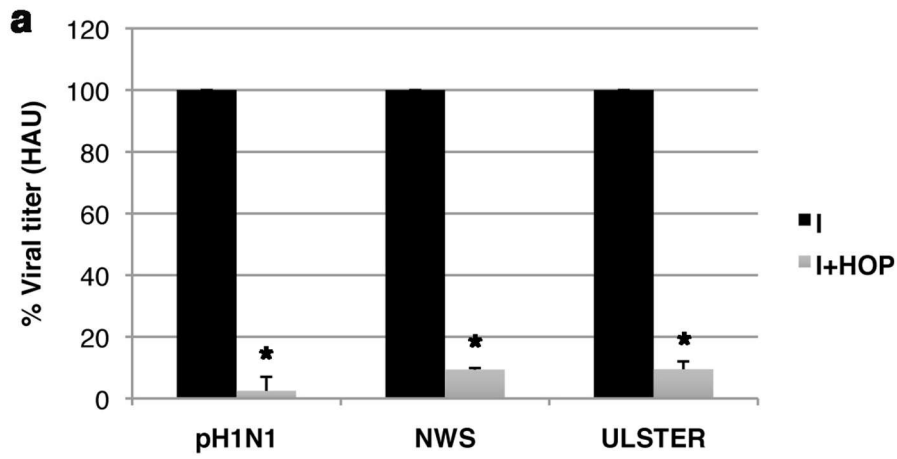


Figure S3: Effect of the HOP extract (60 - 140  $\mu\text{g/mL}$ ) on the oxidative-damage induced by tert butyl hydroperoxide (tBOOH; 5  $\mu\text{M}$ ) in A549 (a) and Caco2 cells (b). The pro-oxidant agent tBOOH was added to cells after a 24 hrs pre-treatment with the HOP extract. Cell viability expressed as % of control. Data are mean  $\pm$  SD from two independent biological replicates, each one performed in two technical replicates ( $n = 2$ ). \*\*  $P < 0.01$  vs tBOOH by ANOVA followed by Dunnett's Multiple Comparison Post Test.

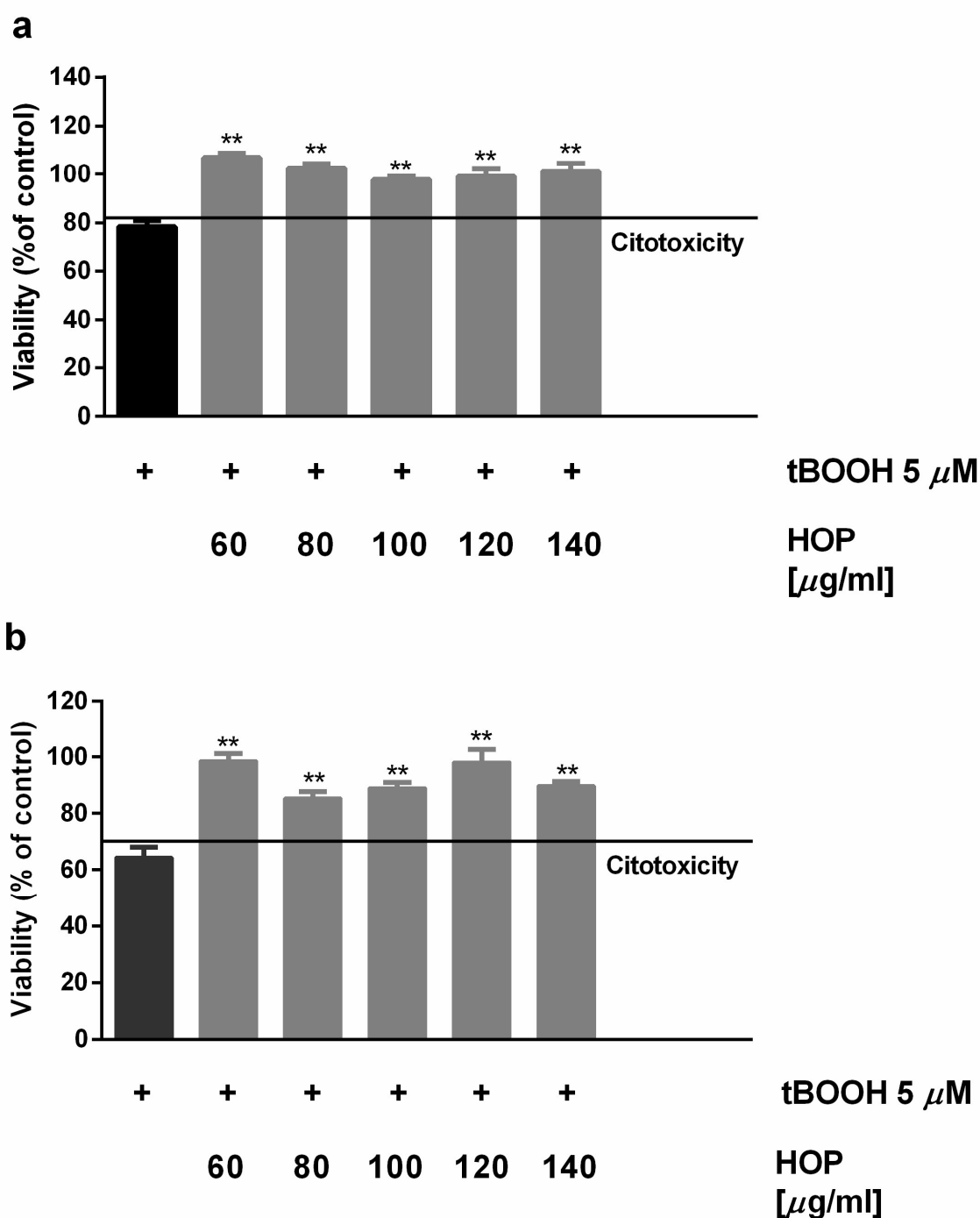


Figure S4: GSH levels measured in A549 cell lysates treated with tBOOH or tBOOH and HOP extract (140  $\mu\text{g/mL}$ ) under pre-treatment (a) and co-treatment plus post-treatment (b) protocols. Levels are expressed as percentage of nmoles/mg proteins (where levels from control cells were considered 100%). Data are mean  $\pm$  SD from almost two independent biological replicates ( $n = 2$ ). \*\*  $P < 0.01$  vs tBOOH by Student's t-test.

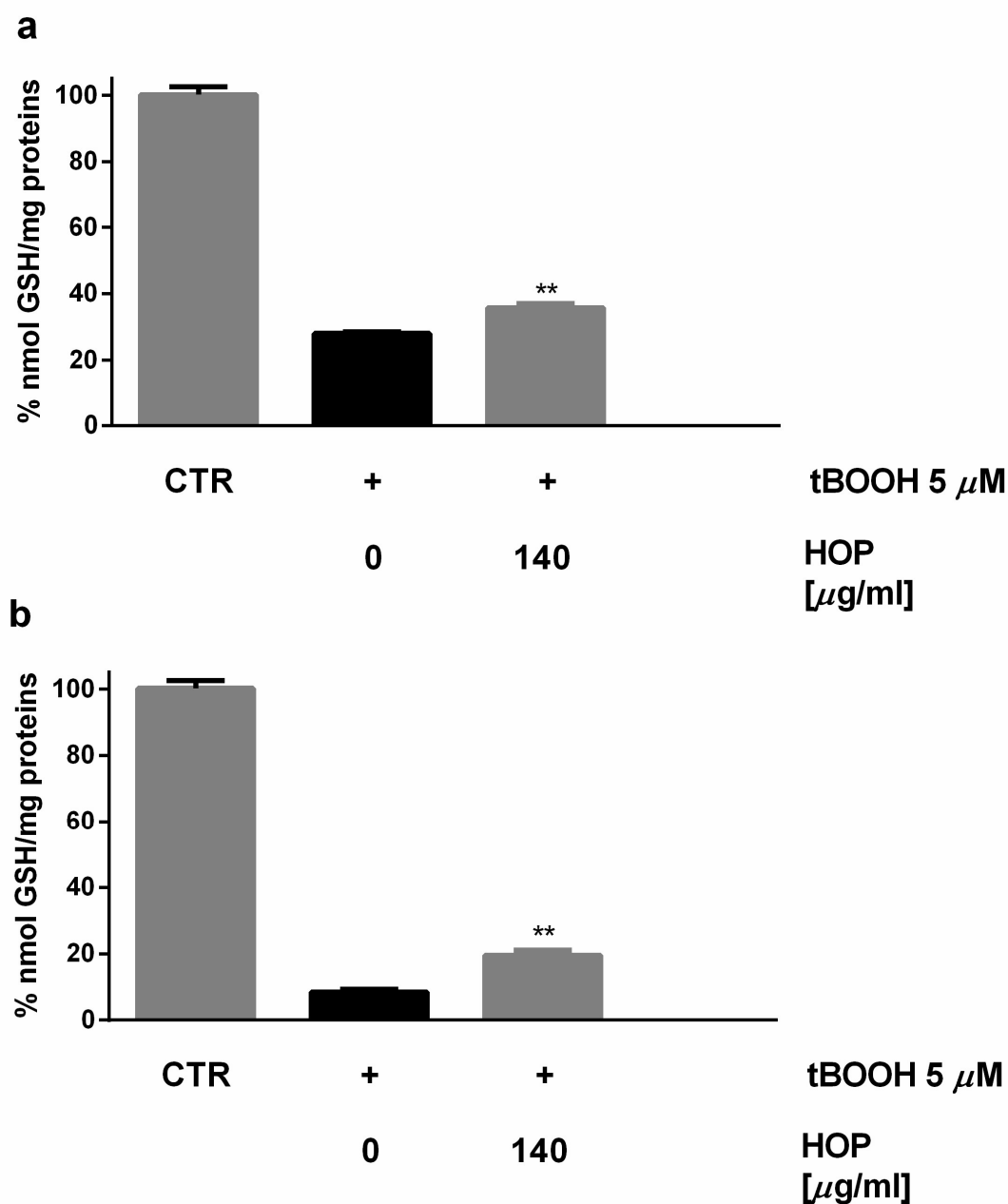




Figure S5: Morphology of A549 cells treated with tBOOH or tBOOH and HOP extract (140  $\mu\text{g/mL}$ ) under the co-treatment plus post-treatment protocol.

