Hindawi Oxidative Medicine and Cellular Longevity Volume 2018, Article ID 9098627, 12 pages https://doi.org/10.1155/2018/9098627



Research Article

The Kidney Injury Induced by Short-Term PM_{2.5} Exposure and the Prophylactic Treatment of Essential Oils in BALB/c Mice

¹College of Medical Laboratory, Dalian Medical University, Dalian, Liaoning Province 116044, China

Correspondence should be addressed to Jie Zhou; zhoujieyyyy@163.com and Fasheng Li; lifasheng@dmu.edu.cn

Received 21 January 2018; Revised 8 April 2018; Accepted 19 April 2018; Published 29 July 2018

Academic Editor: Ada Popolo

Copyright © 2018 Yining Zhang et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

PM_{2.5} is well known as a major environmental pollutant; it has been proved to be associated with kidney diseases. The kidney damage involves oxidative stress and/or inflammatory response. NOX4 is a major source of reactive oxygen species (ROS) generation in the kidney, and the excessive generation of ROS is recognized to be responsible for oxidative stress. To elucidate whether short-term $PM_{2.5}$ exposure could induce kidney damage, we exposed BALB/c mice to $PM_{2.5}$ intratracheally and measured the biomarkers of kidney injury (KIM-1, cystatin C), oxidative stress (MDA, SOD-1, and HO-1), and inflammatory response (NF- κ B, TNF- α). Acute kidney damage and excessive oxidative stress as well as transient inflammatory response were observed after $PM_{2.5}$ installation. The overexpression of some components of the angiotensin system (RAS) after $PM_{2.5}$ exposure illustrated that RAS may be involved in $PM_{2.5}$ -induced acute kidney injury. CEOs (compound essential oils) have been widely used because of their antioxidant and anti-inflammation properties. Treatment with CEOs substantially attenuated $PM_{2.5}$ -induced acute kidney injury. The suppression of RAS activation was significant and earlier than the decrease of oxidative stress and inflammatory response after CEOs treatment. We hypothesized that CEOs could attenuate the acute kidney injury by suppressing the RAS activation and subsequently inhibit the oxidative stress and inflammatory response.

1. Introduction

 $PM_{2.5}$ is the tiny particular with an aerodynamic diameter less than $2.5\,\mu m$. $PM_{2.5}$ comprises a complex mixture with several components such as metals (arsenic, lead), organic components (polycyclic aromatic hydrocarbons, organic carbon), and biological components (bacteria, fungal spores, and endotoxin). The particle is so tiny that can easily deposit in the alveoli even pass directly through the alveolar capillaries into the bloodstream, so it can lead to several of pulmonary and cardiovascular diseases associated with the increased risk of cancer. Earlier studies showed that $PM_{2.5}$ exposure caused damage to the respiratory system and result in some acute and chronic respiratory diseases, even increasing the risk of lung cancer [1]. Nowadays, the exploration of $PM_{2.5}$ is not only limited to the respiratory system. Recent studies demonstrated that $PM_{2.5}$ can easily pass through the

alveolar epithelial cells, enter into the circulatory system, and finally damage the cardiovascular system as well as the kidney [2, 3]. A previous study reported that long-term exposure to PM_{10} reduced the renal function [4]. Recent studies have informed that long-term $PM_{2.5}$ exposure negatively affects renal function and increase renal function decline [5]. A retrospective study in China has shown that long-term exposure to $PM_{2.5}$ is associated with an increased risk of membranous nephropathy [6]. Furthermore, some studies have demonstrated that long-term exposure to outdoor PM can increase the risk of kidney parenchyma cancer [7, 8]. Lately, Aztatzi-Aguilar et al. demonstrated that subchronic exposure to $PM_{2.5}$ induced an acute kidney damage that involved an angiotensin and bradykinin system as well as antioxidant and immune imbalance [9].

The applications of acute kidney injury molecule markers have improved the diagnosis of acute renal damage. Kidney

²Department of Preventive Medicine Laboratory, Dalian Medical University, Dalian, Liaoning Province 116044, China

³Clinical Laboratory, Dalian Municipal Friendship Hospital, Dalian, Liaoning Province 116001, China

injury molecule-1 (KIM-1) has emerged as a promising biomarker of proximal tubular damage which significantly increased as early as 3 h of renal I/R injury [10-13]. So the early diagnosis of renal dysfunction can be provided by detecting KIM-1. Cystatin C, an early sensitive indicator for detecting renal injury, due to its small size, can be easily filtered by the glomerulus and then completely reabsorbed by the renal tubules. So cystatin C has been recognized as a promising marker of glomerular filtration rate (GFR), which is superior to the traditional indicator (serum creatinine) in sensitivity and timeliness and now used widely in clinics [11, 12]. The kidney is responsible for the elimination of 70% of the daily uric acid (UA) production; when renal injury occurs, the filtration of UA is reduced and the serum UA concentration is increased, so UA detected in serum may be a simple marker of the imminent onset of AKI [14, 15].

Oxidative stress (OS) refers to the imbalance between free radicals and antioxidants in vivo [16]. The increase of ROS generation can cause apoptosis and tissue damage and induce various diseases [17]. NADPH oxidase (NOX), including Nox1, Nox2, Nox3, Nox4, Nox5, Duox1, and Duox2 [18], is a family of membrane-associated multisubunit enzymes that represent a major source of creative oxygen species (ROS) in the kidney [19] NOX4 is a member of the NADPH family which is highly expressed in the kidney and upregulated in sustained oxidative stress response. NOX4 has been proposed to be a key actor as diverse as oxygen sensing in the kidney [16, 20]. NF- κ B is a transcription factor that regulated biological processes such as inflammation and apoptosis proliferation; activated NF-κB plays a pivotal role in the control of several genes, including cytokines (TNF- α , IL-1 β , and IL-6), chemokines, and adherence molecules (ICAM-1), and finally leads to organ injury [21, 22]. Oxidative stress, together with the inflammatory response, had been recognized as the underlying mechanism for the harmful effects as a consequence of PM_{2.5} exposure [9, 23].

The kidney is one of the metabolic organs in the human body which maintains body fluid balance and acid-base balance. The RAS (renin-angiotensin system) is an important body fluid-regulating system, maintains the basic function, and affects the physiological and pathological progress of the kidney [24]. Angiotensin II (Ang-II) is the major bioactive peptide of RAS, which is obtained from its precursor molecule, angiotensinogen (AGT). AGT is first converted by renin to produce a decapeptide, angiotensin I (Ang-I), which is then converted to Ang-II by removal of a COOH-terminal dipeptide by angiotensin-converting enzyme (ACE). Almost all the harmful effects of Ang-II are mediated by AT1 receptors (AT1R); AT1R drives renal and vascular inflammation during hypertension which is particularly abundant in the kidney [25]. It is known that Ang-II is a positive regulator which can induce oxidative stress by stimulating NADPH oxidase activity as well as inflammatory response [26].

Essential oils (EOs) are extracted from plants, flowers, leaves, stems, roots, or fruits by steam distillation, extrusion method, soaking method, or solvent extraction method which has been used in medicine, pharmaceuticals, perfumery, cosmetics, and many food applications. EOs have attracted

more and more people's attention because of the properties of antioxidant, anti-inflammatory, and antimicrobial activities. Some components in compound essential oils also have the effects of adrenal support, relieved sedation, and enhanced immunity [27]. Generally, EOs are comprised of two or more essential oils that display better effects than simple component due to synergic interactions. Recent studies have confirmed that mint, eucalyptus, spruce, and frankincense EOs possess strong anti-inflammatory and antioxidant activities [28–32]. In this study, those four EOs were mixed together and the effect of CEOs on acute kidney injury induced by PM_{2.5} exposure was evaluated.

The aim of our study was to investigate whether short-term $PM_{2.5}$ exposure could lead to kidney injury and to explore the underlying mechanism of the response. We measured the potency of CEO-associated $PM_{2.5}$ exposure through modulating RAS-induced oxidative stress and inflammatory response.

2. Materials and Methods

2.1. Animals. 6–8-week-old male BALB/c mice were purchased from Changsheng Biotechnology Co., Ltd. (Shenyang, China). Animals were kept in a conditioned room $(24\pm1^{\circ}\text{C})$ with a 12/12 h light/dark cycle with free access to water and food. All animals were fully anesthetized before the experiment to reduce the pain of animals. All animal procedures were executed in strict conformation with the local institute of the Animal Care and Use Committee of Dalian Medical University.

2.2. $PM_{2.5}$ Suspension. Particulate matters were collected in Langfang (Hebei, China), from December 2013 to March 2014 by a $PM_{2.5}$ high volume air sampler (Thermon Anderson, USA) using ultrafine quartz fiber filters (General Electric, USA). The filter with $PM_{2.5}$ was cut and put into the sterile distilled water and subsequently administrated by ultrasonic sonication for 2 hours. The $PM_{2.5}$ suspension separated from the filter was then vacuum freeze-dried, weighed, and stored at -20° C [33, 34]. $PM_{2.5}$ suspension with $10 \, \text{mg/ml}$ concentration in saline was prepared for exposure experiment. Previous study had measured the elements of the suspension which included organic carbon elemental carbon, Zn, Pb, Cu, NH_4^+ , NO_3^- and SO_4 [2–35].

CEOs mint, eucalyptus, spruce, frankincense, and rose hip EOs were supplied by Absolute Aromas Ltd. (4 Riverway, Alton, GU34 2QL, England). The purity of all above was 100%. According to aromatherapy, CEOs were compounded with mint, eucalyptus, spruce, and frankincense including eucalyptol, a-pinene, and menthol [35].

2.3. Chemicals and Antibodies. A lipid peroxidation MDA assay kit (S0131) and a hydrogen peroxide assay kit (s0038) as well as a total glutathione peroxidase assay kit (s0058) were purchased from Beyotime Biotechnology (Shanghai, China). BCA protein assay kit (KGP902) and ECL detection kit were purchased from KeyGENE (Nanjing, China). PrimeScript™ RT reagent kit with gDNA Eraser (Perfect Real Time) (code number RR047A) and SYBR® Premix Ex Taq™ II

(Tli RNaseH Plus) (code number RR820A) were purchased from TaKaRa. β -Actin monoclonal antibody was purchased from Zhongshan Jinqiao (Beijing, China). Rabbit polyclonal NOX4 antibody (14347-1-AP) and rabbit polyclonal AGTR1 antibody (25343-1-AP) were purchased from Proteintech (Wuhan, China). NF- κ B-p65 antibody and NF- κ B-pp65 (ser536) antibody were obtained from Wanleibio (Shenyang, China). Rabbit polyclonal TNF- α antibody was purchased from Bioworld (Nanjing, China). Rabbit polyclonal ACE antibody was purchased from ABclonal (Wuhan, China).

2.4. Experiment Design. Experimental procedures were divided into two parts. In the first part, 48 BALB/c mice were divided into two groups randomly (n=24): control group—intratracheal instillation of 50 μ l sterile saline on day 0 and day 2—and PM_{2.5} group—intratracheal instillation of 50 μ l aqueous PM_{2.5} suspensions (0.5 mg PM_{2.5} in sterile saline) on day 0 and day 2. About 8 mice were selected randomly each time in both the control group and the PM_{2.5} group and then sacrificed on days 3, 7, and 14 after intratracheal instillation.

In the second part, 48 BALB/c mice were divided into two groups randomly (n = 24), as follows: $PM_{2.5} + saline$ group—static inhalation of 200 μ l of sterile saline the day before $PM_{2.5}$ exposure (intratracheal instillation of 50 μ l aqueous suspensions of 0.5 mg $PM_{2.5}$ in sterile saline at day 0 and day 2)—and $PM_{2.5} + CEO$ group—constant daily static inhalation of 200 μ l of CEOs for 30 min per day until killed on the base of $PM_{2.5}$ exposure which was described previously. About 8 mice were selected randomly each time in both groups and then sacrificed on days 3, 7, and 14 after intratracheal instillation.

- 2.5. Tissue and Serum Collection. After 3, 7, and 14 days' treatment of intratracheal instillation, mice were sacrificed. The kidney and blood were immediately removed. A longitudinal cross-section of each kidney was fixed in 4% paraformaldehyde for HE (hematoxylin-eosin) staining; the remaining portion of the kidney was frozen quickly with liquid nitrogen and stored at -80°C subsequently for latter gene expression and protein abundance. Blood samples were centrifuged at 4°C, and the supernatants of serum were stored at -80°C for the measurement of cystatin C and UA.
- 2.6. Pathological Examination. Mouse kidney tissues were fixed in 4% paraformaldehyde, dehydrated, embedded in paraffin and cut into sections of $6\,\mu m$, and finally stained with hematoxylin and eosin (H&E). The histopathological lesions and changes were observed under the inverted microscope. Six random noncoincident microscopic fields were assessed per animal.
- 2.7. The Measurement of Oxidative Stress. The measurement of MDA was based on the method of the color reaction between thiobarbituric acid (TBA) and the lipoperoxidation product malondialdehyde, which produced a red-colored complex that can be measured by spectrophotometry at 532 nm. The results were expressed as nanomole per milligram of protein (nmol/mg protein). The level of hydrogen peroxide and glutathione peroxidase activity were determined

according to the instructions of the kit. The results were expressed as micromole per milligram of protein (μ mol/mg protein) and unit per milligram of protein (U/mg protein).

- 2.8. Western Blot Analysis. Kidney tissues about 50 mg were cut into small pieces. The supernatant was extracted to determine the protein concentration by the BCA protein assay kit. Equal amounts of protein (40 μg) were run on a 12% SDS-polyacrylamide electrophoresis gel and transferred onto a 4.5 mm PDF membrane. Membranes were blocked for 2 h in 10% nonfat milk at 37°C in a shaker and then incubated with the primary antibodies including AGTR1 (1:2000), ACE (1:1000), NOX4 (1:500), NF-κB p65 (1:1000), NF-κB p65 (1:1000), and TNF-α (1:1000) overnight at 4°C and incubated the corresponding secondary antibodies for 2 h at room temperature. Proteins were detected with an enhanced chemiluminescence (ECL) detection kit. The bands were finally quantified by ImageJ software. All protein levels in our study were achieved by Western blot.
- 2.9. Analysis of Gene Expression. The total kidney RNA was extracted using TRIzol reagent (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's instruction; RNA concentrations were determined by a microplate reader. 1 μ g of RNA was separated by gDNA eraser in 20 μ l. Total cDNA was synthesized with the PrimeScript RT reagent kit with gDNA eraser and using a T100 Thermal Cycler (Applied BIO-RAD, Hercules City, CA, USA). Real-time (RT) polymerase chain reaction (PCR) was performed using an SYBR Premix Ex Taq II (Tli RNaseH Plus) kit and TP800 Thermal Cycler Dice (Applied Real-Time System). All experiments were performed independently at least three times, and each time, we do two parallel holes to control the artificial error. All of the gene expressions in our study assays were done this way.
- 2.10. Statistical Analysis. Data were expressed as the mean \pm standard errors (mean \pm SEM). All statistical analysis was performed using GraphPad Prism 5.0 for Windows (GraphPad Software, San Diego, CA). Statistical significance was assessed by Student's t-test. A P value less than or equal to 0.05 was considered statistically significant.

3. Results

3.1. Kidney Damage Induced by PM_{2.5} Exposure. The histopathological changes of kidney tissues were observed by H&E staining. A previous study demonstrated that short-term PM_{2.5} exposure induced acute airway injury which can be reflected in H&E staining [35]. But observing the results by using an optical microscope, we found that tissue edema occurred in the individual renal samples. And there was no significant difference between the control group and the PM_{2.5} group (Figure 1(a)). However, the changes in serum kidney injury indexes and tissue KIM-1 gene expression were apparent. Both serum cystatin C (Figure 1(c)) and UA (Figure 1(d)) were remarkably increased from the beginning of PM_{2.5} exposure. The mRNA expression of KIM-1 was evaluated by real-time (RT) polymerase chain

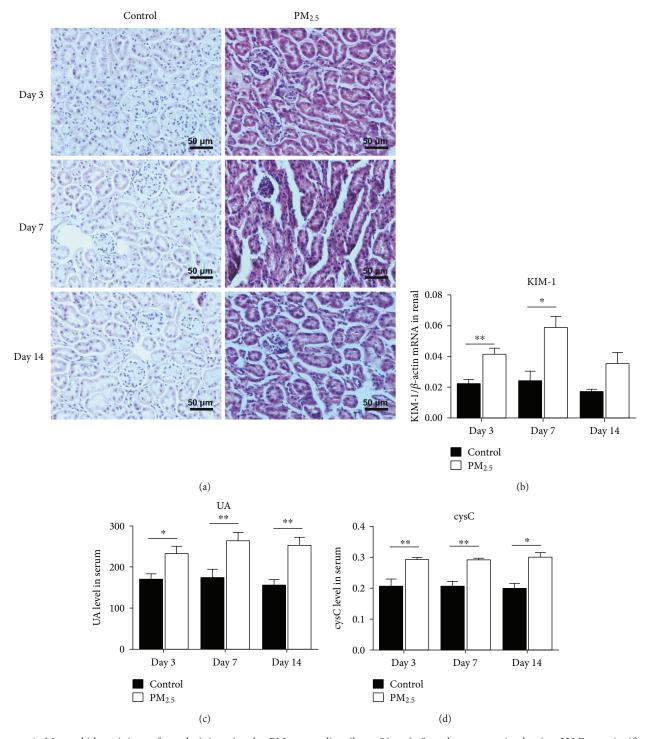


FIGURE 1: Mouse kidney injury after administration by PM_{2.5} or saline (bar = $50 \, \mu m$). Samples were stained using H&E, no significant pathological change in the PM_{2.5} group compared with the control group (a). KIM-1 mRNA was assayed by RT-PCR, serum UA and cystatin C were assessed using chemiluminescence. KIM-1 mRNA expression of kidney tissues (b) and serum UA (c) and serum cystatin C (d) increased after exposure (n = 6, **P < 0.01 and *P < 0.05 versus the control group).

reaction (PCR). The gene expression of KIM-1 was elevated on day 3 and day 7 (Figure 1(b)).

3.2. $PM_{2.5}$ Exposure Induced Oxidative Stress through Overexpression of NOX4 and Subsequently Activated Inflammatory Response. As an indicator of oxidative stress,

the MDA of kidney tissues in the $PM_{2.5}$ group was gradually increased compared with that in the control group since day 3 (Figure 2(a)). H_2O_2 as the most direct product of NOX4 should be determined; the content of H_2O_2 increased significantly in the kidney since the early stage of $PM_{2.5}$ exposure (Figure 2(b)). Glutathione peroxidase

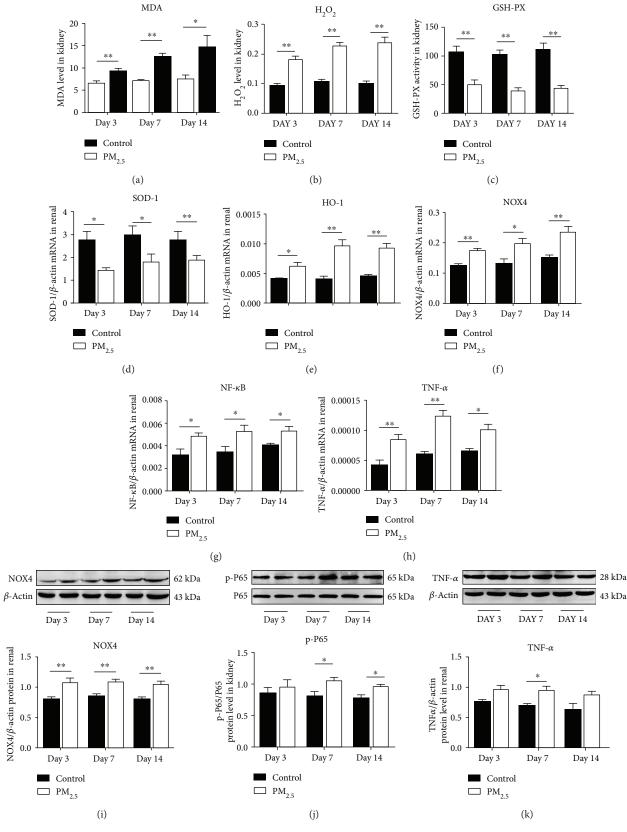


FIGURE 2: PM_{2.5} induced oxidative stress and inflammatory response. PM_{2.5} increased MDA (a) and H₂O₂ (b) level (n = 6). The mRNA expression of HO-1 (e), NOX-4 (f), NF- κ B (g), and TNF- α (h) was promoted and SOD-1 (d) as well as GSH-PX (c) was suppressed by PM_{2.5} (n = 6). The protein generation of NOX4 (i), NF- κ B (j), and TNF- α (k) was in accordance with their gene levels (n = 4). **P < 0.01 and *P < 0.05 versus the control group.

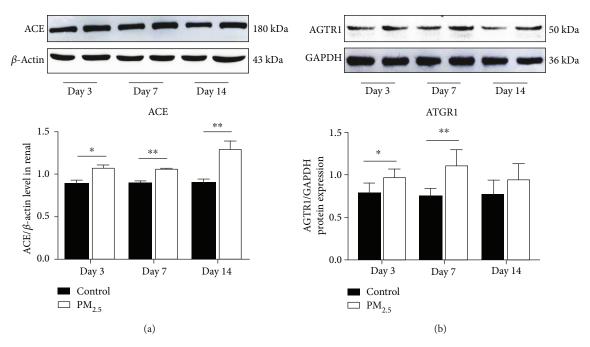


FIGURE 3: $PM_{2.5}$ activated the RAS. An augment in the angiotensin-converter enzyme (ACE) (a) and angiotensin-receptor type-I (AT1R) (b) after $PM_{2.5}$ exposure (n = 4, **P < 0.01 and *P < 0.05 versus the control group).

(GSH-PX) is an important peroxidase in the body and promotes the decomposition of H₂O₂ to weaken the oxidative stress reaction. We found that the content of H₂O₂ scavenger GSH-PX was significantly reduced in mouse kidney after $PM_{2.5}$ exposure (Figure 2(*c*)). We also assessed the important antioxidant enzyme; the gene expression of SOD-1 showed a considerable decrease at all time points in the PM_{2.5} group (Figure 2(d)). Interestingly, HO-1 is another protective enzyme of oxidative injury, in which mRNA expression increased all the time after PM_{2.5} exposure (Figure 2(e)). Studies have shown that NOX4 is a member of the NADPH oxidase family and recognized as the main source of kidney ROS generation. Firstly, gene expression of NOX4 was measured and it indicated that the mRNA of NOX4 presented an obvious increase since day 3 after PM_{2.5} exposure (Figure 2(f)). The protein level of NOX4 (Figure 2(i)) was measured subsequently. The consensus between protein and gene expression confirmed our speculation that PM_{2.5} exposure might induce oxidative stress through NOX4 excessive generation.

The NF- κ B and TNF- α were measured to evaluate the effect on inflammatory response induced by PM_{2.5} exposure. As shown in Figure 2(g), the mRNA expression of NF- κ B increased at all time points, while the protein level of pp65 only slightly increased on day 7 (Figure 2(j)). The mRNA expression of TNF- α (Figure 2(h)) increased on day 3 and day 7, and the protein level elevated on day7 (Figure 2(k)).

3.3. $PM_{2.5}$ Exposure Induced Oxidative Stress and Inflammatory through RAS Activation. Ang-II is one of the most important stimuli to promote oxidative stress. It was recognized as a proinflammatory modulator. As shown in Figure 3, marked increase of ACE protein level was found in the $PM_{2.5}$ group compared with the control

group (Figure 3(a)). It was shown that the protein expression of AGTR1 increased significantly on day 3 and day 7 (Figure 3(b)). Signs of RAS activation, increased angiotensin-converting enzyme activity, and enhanced AT1R protein expression all demonstrated that $PM_{2.5}$ exposure activated the RAS system in mouse renal.

3.4. Inhibitory Effects of CEOs on PM_{2.5} Induced Acute Kidney Injury. Previous studies had demonstrated that EOs have antioxidant, anti-inflammatory, antifungal and antinociceptive properties. To investigate the functions of the antioxidant effect of CEOs in the PM25-exposed model, static exposure was used to induce mice to inhale CEOs or an equal volume of saline after PM_{2.5} exposure. Kidney tissues and serum were collected when mice were sacrificed on day 3, day 7, and day 14. There was no significant change in the $PM_{2.5} + CEO$ group compared with the $PM_{2.5} + saline$ group by observing H&E staining. When using chemiluminescence to detect serum kidney injury index, both serum cystatin C (Figure 4(c)) and UA (Figure 4(b)) were downregulated in the PM_{2.5}+CEO group at all three time points compared with those in the PM_{2.5}+saline group. The mRNA of KIM-1 also decreased on day 3 and day 7 especially on day 7 (Figure 4(a)). These results demonstrated that CEOs reduced PM_{2.5}-induced acute kidney injury.

3.5. Inhibitory Effects of CEOs on $PM_{2.5}$ Induced Oxidative Stress and Inflammatory Response. To access the activity of CEOs against oxidative stress, the ROS and some antioxidants were measured. Figures 5(a) and 5(b) show that the kidney MDA and H_2O_2 in the $PM_{2.5}$ + CEO group were significantly downregulated since day 7. The level of GSH-PX increased sharply as soon as the treatment of CEOs (Figure 5(c)). The gene expression of SOD-1 (Figure 5(d)) recovered since day

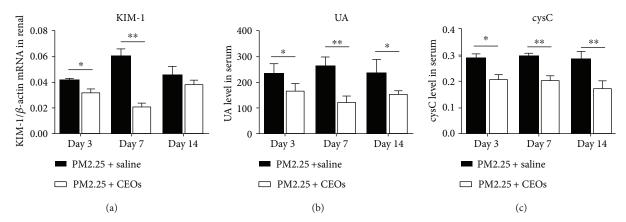


FIGURE 4: CEOs alleviated acute kidney injury. KIM-1 mRNA expression in kidney tissues (a), serum UA (b), and serum cystatin C (c) decreased after administration of CEOs (n = 6, **P < 0.01 and *P < 0.05 versus the PM_{2.5} + saline group).

7, but the mRNA level of HO-1 (Figure 5(e)) decreased at all three time points. To further understand the mechanism underlying the CEO-induced reduction of ROS generation, the inhibitory effect of CEOs on NOX4 was followed. Compared with the $PM_{2.5}$ + saline group, there was an obvious decrease of both gene (Figure 5(f)) and protein expressions (Figure 5(i)) since day 7. These results well demonstrated that CEOs could inhibit oxidative stress mediated by NOX4.

In order to prove whether CEOs could reduce the inflammatory response, we measured the gene expression of NF- κ B and TNF- α as well as the protein level of NF- κ B pp65 and TNF- α . As the pivotal transcription factor of various inflammatory reaction, the mRNA expression of NF- κ B decreased on day 3 and day 7 (Figure 5(g)). However, the protein level of NF- κ B pp65 a form of phosphorylation which represents the activation of NF- κ B only decreased on day 7 (Figure 5(j)). Both gene (Figure 5(h)) and protein expressions (Figure 5(k)) of TNF- α in the PM_{2.5} + CEO group were lower on day 7 than those in the PM_{2.5} + saline group. These results indicated that CEOs could suppress the transient inflammatory response induced by short-term PM_{2.5} exposure.

3.6. CEOs Could Suppress Oxidative Stress and Subsequent Inflammatory Response through Inhibiting the RAS System Activation. Changes in protein levels were determined by Western blot assay. ACE in the $PM_{2.5}+CEO$ group decreased significantly at three time points (Figure 6(a)). Treatment with CEOs and AGTR1 declined on day 3 and day 7 (Figure 6(b)). The results indicated that the CEOs' inhibitory effects on RAS were a priority to the inhibitory effects on oxidative stress and inflammatory response. So the CEOs could restrain $PM_{2.5}$ -induced RAS system activation and reduce the subsequent reactions such as oxidative stress and inflammatory response.

4. Discussion

PM_{2.5} has become a major air pollutant which is closely related to the diseases of the respiratory system and cardiovascular system [36]. In recent years, more and more researchers

have shifted their attention from the lung and heart to the circulatory system such as the kidney [4-7, 9, 37, 38]. But acute kidney injury to acute PM_{2.5} exposure has not been revealed clearly. A previous study had shown that short-term PM_{2.5} exposure could induce the airway inflammation [35]. In our study, we used BALB/c mice to investigate whether shortterm PM_{2.5} exposure can induce kidney damage through activating oxidative stress and subsequent inflammatory response. To evaluate the potential mechanism, the changes in the renin-angiotensin system after PM_{2.5} exposure were investigated. CEOs suppressed PM_{2.5}-induced acute kidney injury by inhibiting oxidative stress and inflammation which all might be activated by RAS. It indicated that the effect of the essential oils was achieved by counteracting RAS activation, inhibited downstream oxidative stress and inflammation, and then achieved a prophylactic treatment effect on kidney injury caused by PM_{2.5}.

Considering that KIM-1 and cystatin C can be detected as the acute kidney damage markers represent renal tubular injury and glomerular injury [13, 39], we measured the two markers and found both of them rise in the PM_{2.5} exposure group. On the contrary, the results of H&E staining had no significant difference between the PM_{2.5} group and the control group. These results illustrated that short-term PM_{2.5} exposure damaged the kidney at the molecular level but has not caused kidney visible injury yet.

Renal damage caused by $PM_{2.5}$ can be interpreted as the result of oxidative stress and inflammatory response [40–42]. MDA and H_2O_2 were considered the direct markers for oxidative stress [43], and the level of GSH-PX and gene expression of HO-1and SOD-1 are regarded as the antioxidant stress indexes. The increase of MDA and H_2O_2 , as well as the decrease of GSH-PX and SOD-1, confirmed the activation of oxidative stress after $PM_{2.5}$ exposure. The results showed a high level of HO-1 after the short-time exposure, which could be due to the activation of Nrf2/ARE [44, 45]. It was hypothesized that in short-term $PM_{2.5}$ exposure, due to the increase of HO-1, part of the inflammatory response was suppressed, resulting in a transient increase in inflammatory response. Because of the close relationship between NOX4 and oxidative stress-induced kidney diseases, we

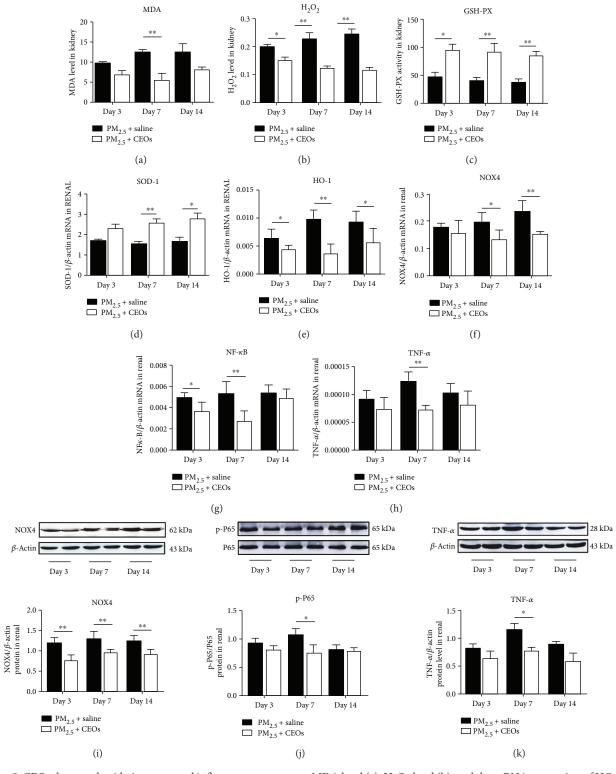


FIGURE 5: CEOs decreased oxidative stress and inflammatory response. MDA level (a), H_2O_2 level (b), and the mRNA expression of HO-1 (e), NOX-4 (f), NF- κ B (g), and TNF- α (h) were suppressed; SOD-1 mRNA expression (d) and the level of GSH-PX (c) were increased (n=6). The protein level of NOX-4 (i), NF- κ B (j), and TNF- α (k) decreased after the treatment of CEOs (n=4) (**P<0.01 and *P<0.05 versus the PM_{2.5} + saline group).

measured the mRNA and protein of NOX4 [46–48]. $\rm H_2O_2$ was the main product of NOX4. Glutathione peroxidase (GSH-PX) is an important peroxidase in the body and

promotes the decomposition of $\rm H_2O_2$ to weaken the oxidative stress reaction [49, 50]. The increase of $\rm H_2O_2$ and the decrease of $\rm H_2O_2$ scavenger GSH-PX also indicated the

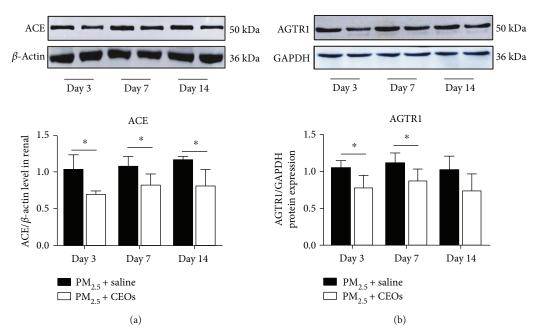


FIGURE 6: CEOs suppressed the RAS. ACE (a) and AGTR1 (b) were downregulated in the early stage (n = 4, **P < 0.01 and *P < 0.05 versus the PM_{2.5} + saline group).

activation of upstream NOX4. That is to say, PM_{2.5} exposure could lead to the oxidative stress and is probably achieved by increasing the overexpression of NOX4 in the kidney.

Previous studies reported that the phosphorylation of p65 at Ser-536 within the transactivation domain was mediated by a number of protein kinases and stimulated transcriptional activity [51–53]. The gene expression of NF- κ B and TNF- α in the PM_{2.5} exposure group is higher than that in the control group, but the protein level of pp65 and TNF- α was only increased on day 7. These results illustrated that PM_{2.5}-induced inflammatory response in the kidney may be a transient elevation.

Ang-II is the main stimulus-induced oxidative stress which, via an AT1 receptor, especially modulates the production of ROS through NADPH oxidase activation [54-57]. The latest study showed that rats after intratracheal instillation with PM2.5 displayed increased circulating level of Ang-II, the major bioactive peptide in the reninangiotensin system (RAS), which resulted from the elevation of Ang-II production in the vascular endothelium [58]. In the diabetic kidney injury model, oxidative stress induced by the overexpression of Ang-II is considered to be the major pathway of injury [59-61]. Besides, Ang-II is involved in the activation of inflammatory response by activating NF- κ B [62–64]. In Ang-II-infused animals, NF- κ B activation increased and the expression of TNF- α , IL-6, and MCP-1 is augmented [62]. In mesangial cells, Ang-II activated NF-κB which has been identified as an important protein that initiates the transcription [64]. Hence, the blockade of Ang-II has been considered a major therapeutic strategy for hypertension nephropathy. To verify the effect on the kidney after PM_{2.5} exposure, we tested the changes of the major renal physiological regulatory system. So we measured ACE and angiotensin receptor type-1 (AT1R) in kidney tissues after PM_{2.5} exposure. In our experimental model, PM_{2.5} exposure increased kidney protein level of AT1R and ACE; the rapid rise of these cytokines in the early time point suggested the RAS is likely to be an important upstream pathway for the initiation of oxidative stress and inflammatory response.

Previous studies have illustrated some herbal medicines can inhibit oxidative stress and inflammatory response by inhibiting the RAS system [65, 66]. In our study, mice were administrated CEOs or saline via static inhalation after PM_{2,5} exposure. We found CEOs significantly restrained PM_{2.5}-induced kidney oxidative stress and inflammatory response to alleviate the renal damage. These findings reminded us the importance of CEOs in suppressing oxidative stress and inflammation induced by PM_{2.5} exposure. To investigate the underlying mechanism, we assessed the RAS in the kidney. The decreased protein level of ACE and AT1R implied that CEOs may inhibit PM_{2.5}-induced RAS activation. At the same time, we observed the changes of these indicators at three time points and found that the CEOs' inhibitory effect on oxidative stress and inflammatory response occurred at the later stage of our study; however, the suppression of CEOs on RAS was earlier than oxidative stress and inflammatory response. We hypothesized that RAS may be the upstream pathway of oxidative stress and inflammatory response. But the early suppression of these kidney injury indicators implied us that in addition to the mechanism we have studied, CEOs are likely to inhibit kidney injury through other pathways.

5. Conclusions

It was found that short-term exposure to $PM_{2.5}$ induced acute kidney damage associated with oxidative stress and inflammatory response. The activation of RAS might be the pivotal upstream of oxidative stress and inflammatory response induced by $PM_{2.5}$ exposure. In addition, CEOs

mixed with mint, eucalyptus, spruce, and frankincense reduced PM_{2.5}-induced acute kidney injury; the antioxidant and anti-inflammation function of CEOs was well proved. The earlier suppression of RAS indicated that CEOs might alleviate kidney injury through the RAS. Advanced interfere treatment could prevent further deterioration of renal damage to achieve a purpose of prophylactic treatment. These findings might provide potential mechanisms and a novel therapy for PM_{2.5}-related kidney diseases.

Data Availability

The data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

Authors' Contributions

Yining Zhang and Qiujuan Li are responsible for the overall organizing of the experiments. Qiujuan Li is responsible for PM_{2.5} sample preparation. Yining Zhang, Qiujuan Li, Mengxiong Fang, Yanmin Ma, Xiaomei Yan, and Na Liu performed the experiments. Yining Zhang wrote the paper. Jie Zhou designed the experiments. Fasheng Li designed the experiments. All authors read and approved the final manuscript. Yining Zhang and Qiujuan Li contributed equally to this work.

Acknowledgments

Financial support was from the National Natural Science Foundation (Grant no. 51372029) and Liaoning Province Department of Education Research Foundation of China (no. L2013334), which are gratefully acknowledged.

References

- [1] M. C. Turner, D. Krewski, C. A. Pope III, Y. Chen, S. M. Gapstur, and M. J. Thun, "Long-term ambient fine particulate matter air pollution and lung cancer in a large cohort of neversmokers," *American Journal of Respiratory and Critical Care Medicine*, vol. 184, no. 12, pp. 1374–1381, 2011.
- [2] A. Milojevic, P. Wilkinson, B. Armstrong, K. Bhaskaran, L. Smeeth, and S. Hajat, "Short-term effects of air pollution on a range of cardiovascular events in England and Wales: case-crossover analysis of the MINAP database, hospital admissions and mortality," *Heart*, vol. 100, no. 14, pp. 1093– 1098, 2014.
- [3] R. T. Gansevoort, R. Correa-Rotter, B. R. Hemmelgarn et al., "Chronic kidney disease and cardiovascular risk: epidemiology, mechanisms, and prevention," *Lancet*, vol. 382, no. 9889, pp. 339–352, 2013.
- [4] Y. R. Yang, Y. M. Chen, S. Y. Chen, and C. C. Chan, "Associations between long-term particulate matter exposure and adult renal function in the Taipei metropolis," *Environmental Health Perspectives*, vol. 125, no. 4, pp. 602–607, 2017.

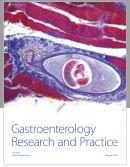
- [5] N. Seltenrich, "PM2.5 and kidney function: long-term exposures may lead to modest declines," *Environmental Health Perspectives*, vol. 124, no. 9, article A168, 2016.
- [6] X. Xu, G. Wang, N. Chen et al., "Long-term exposure to air pollution and increased risk of membranous nephropathy in China," *Journal of the American Society of Nephrology*, vol. 27, no. 12, pp. 3739–3746, 2016.
- [7] O. Raaschou-Nielsen, M. Pedersen, M. Stafoggia et al., "Out-door air pollution and risk for kidney parenchyma cancer in 14 European cohorts," *International Journal of Cancer*, vol. 140, no. 7, pp. 1528–1537, 2017.
- [8] M. C. Turner, D. Krewski, W. R. Diver et al., "Ambient air pollution and cancer mortality in the cancer prevention study II," Environmental Health Perspectives, vol. 125, no. 8, article 087013, 2017.
- [9] O. G. Aztatzi-Aguilar, M. Uribe-Ramírez, J. Narváez-Morales, A. de Vizcaya-Ruiz, and O. Barbier, "Early kidney damage induced by subchronic exposure to PM2.5 in rats," *Particle* and Fibre Toxicology, vol. 13, no. 1, p. 68, 2016.
- [10] P. Devarajan, "Biomarkers for the early detection of acute kidney injury," *Current Opinion in Pediatrics*, vol. 23, no. 2, pp. 194–200, 2011.
- [11] X. Liu, Y. Guan, S. Xu et al., "Early predictors of acute kidney injury: a narrative review," *Kidney & Blood Pressure Research*, vol. 41, no. 5, pp. 680–700, 2016.
- [12] W. K. Han and J. V. Bonventre, "Biologic markers for the early detection of acute kidney injury," *Current Opinion in Critical Care*, vol. 10, no. 4, pp. 476–482, 2004.
- [13] Y. Zhou, V. S. Vaidya, R. P. Brown et al., "Comparison of kidney injury molecule-1 and other nephrotoxicity biomarkers in urine and kidney following acute exposure to gentamicin, mercury, and chromium," *Toxicological Sciences*, vol. 101, no. 1, pp. 159–170, 2008.
- [14] B. Lisowska-Myjak, "Serum and urinary biomarkers of acute kidney injury," *Blood Purification*, vol. 29, no. 4, pp. 357– 365, 2010.
- [15] J. K. Maesaka and S. Fishbane, "Regulation of renal urate excretion: a critical review," *American Journal of Kidney Diseases*, vol. 32, no. 6, pp. 917–933, 1998.
- [16] W. G. Li, F. J. Miller Jr., H. J. Zhang, D. R. Spitz, L. W. Oberley, and N. L. Weintraub, "H₂O₂-induced O₂ production by a non-phagocytic NAD(P)H oxidase causes oxidant injury," *The Journal of Biological Chemistry*, vol. 276, no. 31, pp. 29251–25256, 2001.
- [17] B. B. Ratliff, W. Abdulmahdi, R. Pawar, and M. S. Wolin, "Oxidant mechanisms in renal injury and disease," *Antioxidants & Redox Signaling*, vol. 25, no. 3, pp. 119–146, 2016.
- [18] R. P. Brandes, N. Weissmann, and K. Schroder, "Nox family NADPH oxidases: molecular mechanisms of activation," Free Radical Biology & Medicine, vol. 76, pp. 208–226, 2014.
- [19] J. C. Jha, C. Banal, B. S. M. Chow, M. E. Cooper, and K. Jandeleit-Dahm, "Diabetes and kidney disease: role of oxidative stress," *Antioxidants & Redox Signaling*, vol. 25, no. 12, pp. 657–684, 2016.
- [20] C. E. Holterman, N. C. Read, and C. R. J. Kennedy, "Nox and renal disease," *Clinical Science*, vol. 128, no. 8, pp. 465–481, 2015.
- [21] P. P. Tak and G. S. Firestein, "NF- κ B: a key role in inflammatory diseases," *The Journal of Clinical Investigation*, vol. 107, no. 1, pp. 7–11, 2001.

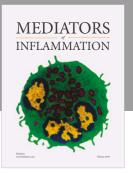
- [22] C. C. Lee, S. H. Huang, Y. T. Yang, Y. W. Cheng, C. H. Li, and J. J. Kang, "Motorcycle exhaust particles up-regulate expression of vascular adhesion molecule-1 and intercellular adhesion molecule-1 in human umbilical vein endothelial cells," *Toxicology in Vitro*, vol. 26, no. 4, pp. 552–560, 2012.
- [23] F. J. Kelly and J. C. Fussell, "Linking ambient particulate matter pollution effects with oxidative biology and immune responses," *Annals of the New York Academy of Sciences*, vol. 1340, no. 1, pp. 84–94, 2015.
- [24] X. C. Li, J. Zhang, and J. L. Zhuo, "The vasoprotective axes of the renin-angiotensin system: physiological relevance and therapeutic implications in cardiovascular, hypertensive and kidney diseases," *Pharmacological Research*, vol. 125, Part A, pp. 21–38, 2017.
- [25] M. A. Sparks, S. D. Crowley, S. B. Gurley, M. Mirotsou, and T. M. Coffman, "Classical renin-angiotensin system in kidney physiology," *Comprehensive Physiology*, vol. 4, no. 3, pp. 1201– 1228, 2014.
- [26] K. K. Griendling, C. A. Minieri, J. D. Ollerenshaw, and R. W. Alexander, "Angiotensin II stimulates NADH and NADPH oxidase activity in cultured vascular smooth muscle cells," *Circulation Research*, vol. 74, no. 6, pp. 1141–1148, 1994.
- [27] I. Martin, Aromatherapy for Massage Practitioners, Lippincott Williams & Wilkins, 2006.
- [28] A. Luis, A. Duarte, L. Pereira, and F. Domingues, "Chemical profiling and evaluation of antioxidant and anti-microbial properties of selected commercial essential oils: a comparative study," *Medicines*, vol. 4, no. 2, 2017.
- [29] M. A. al-Tamimi, B. Rastall, and I. M. Abu-Reidah, "Chemical composition, cytotoxic, apoptotic and antioxidant activities of main commercial essential oils in Palestine: a comparative study," *Medicines*, vol. 3, no. 4, 2016.
- [30] A. Bouyahya, A. Et-Touys, Y. Bakri et al., "Chemical composition of Mentha pulegium and Rosmarinus officinalis essential oils and their antileishmanial, antibacterial and antioxidant activities," *Microbial Pathogenesis*, vol. 111, pp. 41–49, 2017.
- [31] B. Poaty, J. Lahlah, F. Porqueres, and H. Bouafif, "Composition, antimicrobial and antioxidant activities of seven essential oils from the North American boreal forest," World Journal of Microbiology & Biotechnology, vol. 31, no. 6, pp. 907–919, 2015.
- [32] F. Forouzanfar, H. Hosseinzadeh, A. Ebrahimzadeh Bideskan, and H. R. Sadeghnia, "Aqueous and ethanolic extracts of Boswellia serrata protect against focal cerebral ischemia and reperfusion injury in rats," *Phytotherapy Research*, vol. 30, no. 12, pp. 1954–1967, 2016.
- [33] Z. Lin, X. Z, D. Yang et al., "Oxidative damage to lung tissue and peripheral blood in endotracheal PM2.5-treated rats," *Biomedical and Environmental Sciences*, vol. 22, no. 3, pp. 223–228, 2009.
- [34] B. Luo, H. Shi, L. Wang et al., "Rat lung response to PM2.5 exposure under different cold stresses," *International Journal of Environmental Research and Public Health*, vol. 11, no. 12, pp. 12915–12926, 2014.
- [35] H. Wang, L. Song, W. Ju et al., "The acute airway inflammation induced by PM2.5 exposure and the treatment of essential oils in Balb/c mice," *Scientific Reports*, vol. 7, article 44256, 2017.
- [36] A. S. V. Shah, J. P. Langrish, H. Nair et al., "Global association of air pollution and heart failure: a systematic review and meta-analysis," *Lancet*, vol. 382, no. 9897, pp. 1039–1048, 2013.

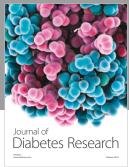
- [37] A. Nemmar, S. al-Salam, S. Zia, J. Yasin, I. al Husseni, and B. H. Ali, "Diesel exhaust particles in the lung aggravate experimental acute renal failure," *Toxicological Sciences*, vol. 113, no. 1, pp. 267–277, 2010.
- [38] Y.-H. Yan, C. C.-K. Chou, J.-S. Wang et al., "Subchronic effects of inhaled ambient particulate matter on glucose homeostasis and target organ damage in a type 1 diabetic rat model," *Toxicology and Applied Pharmacology*, vol. 281, no. 2, pp. 211–220, 2014.
- [39] Z. Zhang, B. Lu, X. Sheng, and N. Jin, "Cystatin C in prediction of acute kidney injury: a systemic review and meta-analysis," *American Journal of Kidney Diseases*, vol. 58, no. 3, pp. 356– 365, 2011.
- [40] P. S. Tucker, A. T. Scanlan, and V. J. Dalbo, "Chronic kidney disease influences multiple systems: describing the relationship between oxidative stress, inflammation, kidney damage, and concomitant disease," Oxidative Medicine and Cellular Longevity, vol. 2015, Article ID 806358, 8 pages, 2015.
- [41] K. L. Maier, F. Alessandrini, I. Beck-Speier et al., "Health effects of ambient particulate matter-biological mechanisms and inflammatory responses to in vitro and in vivo particle exposures," *Inhalation Toxicology*, vol. 20, no. 3, pp. 319– 337, 2008.
- [42] S. De Prins, E. Dons, M. Van Poppel et al., "Airway oxidative stress and inflammation markers in exhaled breath from children are linked with exposure to black carbon," *Environment International*, vol. 73, pp. 440–446, 2014.
- [43] J. Lykkesfeldt, "Malondialdehyde as biomarker of oxidative damage to lipids caused by smoking," *Clinica Chimica Acta*, vol. 380, no. 1-2, pp. 50–58, 2007.
- [44] A. O. Lawal, M. Zhang, M. Dittmar, A. Lulla, and J. A. Araujo, "Heme oxygenase-1 protects endothelial cells from the toxicity of air pollutant chemicals," *Toxicology and Applied Pharma*cology, vol. 284, no. 3, pp. 281–291, 2015.
- [45] R. Li, Z. Ning, J. Cui et al., "Ultrafine particles from diesel engines induce vascular oxidative stress via JNK activation," *Free Radical Biology & Medicine*, vol. 46, no. 6, pp. 775–782, 2009.
- [46] P. S. Gill and C. S. Wilcox, "NADPH oxidases in the kidney," Antioxidants & Redox Signaling, vol. 8, no. 9-10, pp. 1597– 1607, 2006.
- [47] R. Nistala, A. Whaley-Connell, and J. R. Sowers, "Redox control of renal function and hypertension," *Antioxidants & Redox Signaling*, vol. 10, no. 12, pp. 2047–2089, 2008.
- [48] V. Thallas-Bonke, K. A. M. Jandeleit-Dahm, and M. E. Cooper, "Nox-4 and progressive kidney disease," *Current Opinion in Nephrology and Hypertension*, vol. 24, no. 1, pp. 74–80, 2015.
- [49] S. Guo and X. Chen, "The human Nox4: gene, structure, physiological function and pathological significance," *Journal of Drug Targeting*, vol. 23, no. 10, pp. 888–896, 2015.
- [50] R. J. Reiter, D. Melchiorri, E. Sewerynek et al., "A review of the evidence supporting melatonin's role as an antioxidant," *Journal of Pineal Research*, vol. 18, no. 1, pp. 1–11, 1995.
- [51] B. Hoesel and J. A. Schmid, "The complexity of NF-κB signaling in inflammation and cancer," *Molecular Cancer*, vol. 12, no. 1, p. 86, 2013.
- [52] N. D. Perkins, "Post-translational modifications regulating the activity and function of the nuclear factor kappa B pathway," *Oncogene*, vol. 25, no. 51, pp. 6717–6730, 2006.
- [53] F. Christian, E. L. Smith, and R. J. Carmody, "The regulation of NF-κB subunits by phosphorylation," *Cell*, vol. 5, no. 1, 2016.

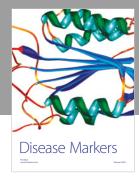
- [54] A. Nguyen Dinh Cat, A. C. Montezano, D. Burger, and R. M. Touyz, "Angiotensin II, NADPH oxidase, and redox signaling in the vasculature," *Antioxidants & Redox Signaling*, vol. 19, no. 10, pp. 1110–1120, 2013.
- [55] N. K. Somanna, A. J. Valente, M. Krenz, W. P. Fay, P. Delafontaine, and B. Chandrasekar, "The Nox1/4 dual inhibitor GKT137831 or Nox4 knockdown inhibits angiotensin-II-induced adult mouse cardiac fibroblast proliferation and migration. AT1 physically associates with Nox4," *Journal of Cellular Physiology*, vol. 231, no. 5, pp. 1130–1141, 2016.
- [56] P. N. Seshiah, D. S. Weber, P. Rocic, L. Valppu, Y. Taniyama, and K. K. Griendling, "Angiotensin II stimulation of NAD(P)H oxidase activity: upstream mediators," *Circulation Research*, vol. 91, no. 5, pp. 406–413, 2002.
- [57] M. Abbas, L. Jesel, C. Auger et al., "Endothelial microparticles from acute coronary syndrome patients induce premature coronary artery endothelial cell aging and thrombogenicity: role of the Ang II/AT1 receptor/NADPH oxidase-mediated activation of MAPKs and PI3-kinase pathways," *Circulation*, vol. 135, no. 3, pp. 280–296, 2017.
- [58] X. Xu, A. qimuge, H. Wang et al., "IRE1α/XBP1s branch of UPR links HIF1α activation to mediate ANGII-dependent endothelial dysfunction under particulate matter (PM) 2.5 exposure," *Scientific Reports*, vol. 7, no. 1, article 13507, 2017.
- [59] J. B. Lopes de Faria, K. C. Silva, and J. M. Lopes de Faria, "The contribution of hypertension to diabetic nephropathy and retinopathy: the role of inflammation and oxidative stress," *Hypertension Research*, vol. 34, no. 4, pp. 413–422, 2011.
- [60] T. Hayashi, S. Takai, and C. Yamashita, "Impact of the reninangiotensin-aldosterone-system on cardiovascular and renal complications in diabetes mellitus," *Current Vascular Pharmacology*, vol. 8, no. 2, pp. 189–197, 2010.
- [61] Y. Gorin, K. Block, J. Hernandez et al., "Nox4 NAD(P)H oxidase mediates hypertrophy and fibronectin expression in the diabetic kidney," *The Journal of Biological Chemistry*, vol. 280, no. 47, pp. 39616–39626, 2005.
- [62] J. Zhang, M. B. Patel, R. Griffiths et al., "Tumor necrosis factor- α produced in the kidney contributes to angiotensin II-dependent hypertension," *Hypertension*, vol. 64, no. 6, pp. 1275–1281, 2014.
- [63] S. D. Crowley and N. P. Rudemiller, "Immunologic effects of the renin-angiotensin system," *Journal of the American Society of Nephrology*, vol. 28, no. 5, pp. 1350–1361, 2017.
- [64] P. Maneesai, S. Bunbupha, U. Kukongviriyapan et al., "Effect of asiatic acid on the Ang II-AT1R-NADPH oxidase-NF-κB pathway in renovascular hypertensive rats," *Naunyn-Schmie-deberg's Archives of Pharmacology*, vol. 390, no. 10, pp. 1073– 1083, 2017.
- [65] L. Yue, W. Wang, Y. Wang et al., "Bletilla striata polysaccharide inhibits angiotensin II-induced ROS and inflammation via NOX4 and TLR2 pathways," *International Journal of Biological Macromolecules*, vol. 89, pp. 376–388, 2016.
- [66] K. Ding, Y. Wang, W. Jiang, Y. Zhang, H. Yin, and Z. Fang, "Qian Yang Yu Yin Granule-containing serum inhibits angiotensin II-induced proliferation, reactive oxygen species production, and inflammation in human mesangial cells via an NADPH oxidase 4-dependent pathway," BMC Complementary and Alternative Medicine, vol. 15, no. 1, 2015.

















Submit your manuscripts at www.hindawi.com













Journal of Obesity

