The antiallodynic action of pregabalin may depend on the suppression of spinal neuronal hyperexcitability in rats with spared nerve injury

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BACKGROUND: Pregabalin (PGB) is a novel antiepileptic drug and is also used as a first-line medication for the treatment of neuropathic pain. However, the mechanisms of its analgesic effects remain largely unknown.

OBJECTIVES: To elucidate the mechanisms underlying the antiallodynic action of PGB in rats with neuropathic pain.

METHODS: In a rat model of neuropathic pain induced by spared nerve injury, mechanical allodynia, as a behavioural sign of neuropathic pain, was assessed by measuring 50% paw withdrawal threshold with von Frey filaments. Activities of dorsal horn wide dynamic range (WDR) neurons were examined by extracellular electrophysiological recording in vivo.

RESULTS: Spinal administration of PGB exerted a significant antiallodynic effect and a prominent inhibitory effect on the hypersensitivity of dorsal horn WDR neurons in rats with spared nerve injury.

CONCLUSION: The antiallodynic action of PGB is likely dependent on the suppression of WDR neuron hyperexcitability in rats with neuropathic pain.

Key Words: Electrophysiology; Neuropathic pain; Pregabalin; Spinal dorsal horn; WDR neurons

Neuropathic pain, caused by a lesion or disease affecting the somatosensory system (1), is a common problem and may affect approximately 8% of the general population (2). Persistent allodynia, hyperalgesia and spontaneous pain are common characteristics of neuropathic pain, which can impair the quality of life of patients (3,4). The management of neuropathic pain is challenging. Conventional analgesics, such as nonsteroidal anti-inflammatory drugs and opioids, have limited efficacy and serious side effects in the treatment of this condition (5). Recently, the anticonvulsant pregabalin (PGB) and its close analogue gabapentin (GBP) have emerged as alternative treatments for neuropathic pain (3,6,7). With a superior pharmacokinetic profile to its analogue GBP (8), PGB has quickly become a first-line medication for the treatment of neuropathic pain (9). However, the mechanism of its analgesic action remains largely unknown.

PGB (Lyrica; Pfizer, USA), also known as S-(+)-3-(aminomethyl)-5-methylhexanoic acid or S(+) -3-isobutyl-gamma aminobutyric acid (isobutyrlgaba), is a potent ligand for the alpha-2-delta (δ) subunit of the presynaptic calcium channels. PGB exhibits potent analgesic activity in a range of animal models (7,14,20-24), as well as in preclinical and clinical observations (25-31). Although the α2β subunit of the presynaptic calcium channels may be the primary target for mediating the analgesic actions of PGB (11-13,32), additional mechanisms underlying the analgesic actions of PGB may also be involved. Recent animal studies suggest that PGB may impair the development or maintenance of spinal central sensitization underlying the hyperalgesic state (19,33). PGB suppresses spinal neuronal hyperexcitability and visceral hypersensitivity in the absence of peripheral pathophysiology in a rat model of opioid-induced hyperalgesia (19). Based on this background, we hypothesized that the antiallodynic action of PGB depends on the suppression of spinal neuronal hyperexcitability in rats with neuropathic pain. The antiallodynic action of the pregabalin may depend on the suppression of spinal neuronal hyperexcitability in rats with spared nerve injury. Pain Res Manag 2014;19(4):205-211.

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neuropathic pain. The antiallodynic effects of PGB and the effects of PGB on hypersensitivity of dorsal horn wide dynamic range (WDR) neurons in the spinal cord were, therefore, examined in a rat model of neuropathic pain induced by spared nerve injury (SNI). We demonstrated that spinal administration of PGB significantly alleviates the mechanical allodynia and inhibits the hypersensitivity of dorsal horn WDR neurons in SNI rats.

METHODS

Animals
Male Sprague-Dawley rats, weighing 180 g to 200 g at the beginning of the experiment, were provided by the Department of Experimental Animal Sciences, Peking University Health Science Center (Beijing, China). The rats were housed in separated cages with free access to food and water. The room temperature was maintained at 24±1°C under a natural light-dark cycle. All animal experimental procedures were conducted in accordance with the guidelines of the International Association for the Study of Pain (34) and were approved by the Animal Care and Use Committee of Peking University.

SNI
Under general anesthesia with chloral hydrate (0.3 g/kg administered intraperitoneally [ip]), the SNI procedure comprised an axotomy and ligation of the left tibial and common peroneal nerves, leaving the sural nerve intact. The common peroneal and the tibial nerves were tightly ligated with 4-0 silk sutures and sectioned distal to the ligation, removing 2 mm to 4 mm of the distal nerve stump. Considerable care was taken to avoid contact with or stretching of the intact sural nerve, as previously described by Decosterd and Woolf (35). In control animals, sham surgery involved exposure of the sciatic nerve and its branches without generating any lesions. Ten days after surgery, behavioural testing, immunohistochemical staining or electrophysiological recording were performed. Any rats exhibiting motor deficiency or lack of tactile allodynia after SNI surgery were excluded from the present study.

Behavioural studies

Implantation of intrathecal catheter: Under chloral hydrate (0.3 g/kg ip) anesthesia, implantation of intrathecal cannula was performed following the method described in the authors’ previous studies (36,37). Briefly, a PE-10 polyethylene catheter was implanted between the L5 and L6 vertebral bodies to reach the lumbar enlargement of the spinal cord. The outer section of the catheter was plugged and fixed to the skin on closure of the wound. All surgical procedures were performed under sterile conditions. Rats showing neurological deficits following the catheter implantation were euthanized. Drugs or vehicle were intrathecally injected via the implanted catheter in a 20 µL volume of solution followed by 10 µL of normal saline (NS) for flushing. Each injection lasted for at least 5 min. After an injection, the needle remained in situ for 2 min before being withdrawn.

Assessment of mechanical allodynia: Mechanical allodynia, as a behavioural sign of neuropathic pain, was assessed by measuring 50% paw withdrawal threshold (PWT) as described in the authors’ previous studies (38,39). The 50% PWT in response to a series of von Frey filaments, and the rat is recorded as 15.0 g. In rats, mechanical allodynia is assessed by measuring the 50% PWT in response to von Frey filaments, and the rat is considered to be allodynic when the 50% PWT is <4.0 g (ie, withdrawal in response to no-noxious tactile stimulus) (36). The antiallodynic effects of PGB were presented as 50% PWT in grams or as percentages of the maximum possible effect (MPE) following the formula described by Obata et al (42):

\[
\text{MPE} = \frac{(\text{postdrug PWT value} - \text{predrug PWT value})}{100}\times\left(\frac{15\text{ g cut-off value} - \text{predrug PWT value}}{15\text{ g cut-off value}}\right) \times 100\%
\]

PGB, at a dose of 100 µg in a 20 µL volume of solution, or an equal volume of vehicle (NS) was intrathecally administered to rats on day 10 after SNI surgery (once per day for three days). The inclined-plate testing was performed before drug injection and on day 3 following drug injection, respectively, to assess the effect of PGB on motor function.

Assessment of locomotor function: Inclined-plate testing was used for the assessment of locomotor function. The rat was placed crosswise to the long axis of an inclined plate. The initial angle of the inclined plate was 5°. The angle was then adjusted in 5° increments. The maximum angle of the plate on which the rat maintained its body position for 5 s without falling was determined, according to the method reported by Rivlin and Tator (43).

Electrophysiological studies

Surgery: Rats were initially anesthetized using urethane (1.2 g/kg to 1.5 g/kg ip). The trachea was cannulated to allow mechanical ventilation with room air. A catheter was inserted into the right jugular vein for continuous infusion of Tyrode’s solution (NaCl 137 mmol/L, KCl 2.7 mmol/L, CaCl2 1.4 mmol/L, MgCl2 1.0 mmol/L, NaHCO3 6.0 mmol/L, NaH2PO4 2.1 mmol/L, D-[+]-glucose 6.5 mmol/L; pH 7.4) at a rate of 1.0 mL/h to 1.5 mL/h. The rectal temperature was maintained at 36.5°C to 37.5°C via a feedback-controlled heated pad placed under the body. A pair of bipolar silver hook electrodes was placed under the sciatic nerve immediately proximal to the trifurcation for electrical stimulation. The vertebral column was rigidly fixed in the frame with two clamps. The lumbar enlargement of the spinal cord was exposed by laminectomy at the vertebral bodies T13 and L1, and the dura covering lumbosacral spinal segments was carefully removed. A small well was built with 3% agar on the dorsal spinal cord at the recording segment to allow application of drugs or vehicles (39,44). The exposed spinal tissue was covered in warm (37°C) saline solution. After surgery, the animal was artificially ventilated with a small animal ventilator and continuous anesthesia was maintained with urethane (0.10 g/kg/h to 0.15 g/kg/h) during the entire experiment. The depth of anesthesia was monitored by examination of pupillary size and reflexes. The physiological condition of the animal was monitored by recording the electrocardiogram (330 beats/min to 460 beats/min), end-expiratory CO2 (3.5% to 4.5%) and rectal temperature (36.5°C to 37.5°C), and was maintained within the ranges indicated (39)

Extracellular recording: Single-unit extracellular recordings were made from the lumbar dorsal horn neurons within 1200 µm of the dorsal surface of the spinal cord with 2 MΩ to 5 MΩ parylene-coated tungsten microelectrodes (Friedrick Haer & Co, USA) because the WDR neurons are located in the deep dorsal horn, mainly in laminae IV and V of the dorsal horn in the spinal cord. The
microelectrode was inserted perpendicularly into the dorsal horn from a point approximately midway between the midline and the medial edge of the dorsal root entry zone. During electrode advancement, electrical pulses (0.5 Hz, 0.3 ms pulse width, 0.4 mA) were applied to the ipsilateral sciatic nerve as search stimuli to identify a neuron with no spontaneous firing. Once a single unit was identified, the receptive field and response characteristics were determined using a range of mechanical stimuli of varying intensities, including brushing or touching the skin with a cotton brush, light pressure with a probe and pinching a fold of skin with toothed forceps. A neuron responding to innocuous tactile stimuli, light pressure and noxious pinch in a graded manner was identified as a WDR neuron and was selected for further investigation (44). The recorded signals were amplified using an alternating current preamplifier, filtered with a passing bandwidth of 500 Hz to 1000 Hz, displayed on an oscilloscope and fed to a Pentium computer via a CED 1401 interface for offline analysis using the Spike2 software (Cambridge Electronic Design, United Kingdom). Spikes appearing 45 ms to 300 ms after stimulus were defined as C-fibre responses (ie, responses in the WDR neurons evoked by C-fibre activation) (44). Single-cell recording was ensured on the basis of amplitude and shape of the action potentials. In the following electrophysiological studies, only one cell was studied in each animal, and each animal received PGB or vehicle only once.

Measurement of drug effects: The electrophysiological experiment was designed to investigate effects of spinal administration of PGB on the activities of WDR neurons in SNI rats. In this experiment, a train of 10 stimuli (0.5 Hz, 0.5 ms pulse width, with a pulse current of 2× C-fibre response threshold), which was used as test stimulus, was applied repeatedly to the sciatic nerve at 5 min intervals, and post-stimulus histograms from the responses of WDR neurons were generated using the Spike2 software. After six stable control responses were recorded, PGB (at a dose of 100 µg in a 20 µL volume of solution) or an equal volume of vehicle was applied topically to the dorsal surface of the spinal cord, and the postdrug responses evoked by the same test stimulus as above were measured at 5 min intervals for up to 120 min. In the present study, only C-fibre responses of WDR neurons, which are usually related to nociception (44,45), were examined and analyzed. All of the C-fibre responses were expressed as percentages of the mean response value of six predrug consecutive trains of test stimuli.

Chemical preparation and application

PGB (S-[+]3-[aminomethyl]-5-methylhexanoic acid) (Pfizer, USA), was dissolved in sterile 0.9% saline solution at a final concentration of 5 µg/µL and administered at 100 µg per application in behavioural or electrophysiological studies.

Statistical analysis

Statistical analyses were performed using GraphPad Prism 5 (GraphPad Software, USA) for Windows (Microsoft Corporation, USA). All data were expressed as mean ± SEM. A two-tailed Student’s t-test was used to compare mean values between two groups. One-way ANOVA followed by the Dunnett multiple-comparison test or two-way ANOVA followed by the Bonferroni post hoc test were used for multiple comparison; P<0.05 was considered to be statistically significant. Area under the time-course curve (AUC) during the analysis time was used to assess the sum of the effects of PGB, as previously described (39,46).

RESULTS

Effects of intrathecal PGB on the mechanical allodynia and the locomotor function in SNI rats

As shown in Figures 1A and 1B, SNI that comprised an axotomy and ligation of the left tibial and common peroneal nerves produced a significant mechanical allodynia in rats, as assessed by 50% PWT in response to the mechanical stimulation with von Frey filaments. In contrast to naive and sham controls, the ipsilateral PWT in SNI rats decreased significantly from day 7 (14.62±0.1 g naive, 13.93±0.3 g sham, 3.69±0.2 g SNI; P<0.001, two-way ANOVA, n=10 per group) to day 14 (14.31±0.2 g naive, 13.90±0.3 g sham, 2.34±0.3 g SNI; P<0.001, two-way ANOVA, n=12 per group) after SNI surgery (Figure 1A). The AUC of PWT (zero to 14 days of the analysis time) was significantly decreased from 204.9±0.1 (naive) and 199.5±1.9 (sham) to 85.1±1.8 (SNI) (P<0.001, one-way ANOVA, n=10 per group, Figure 1B).

Based on the rat model of neuropathic pain induced by SNI, the antiallodynic action of PGB in SNI rats with neuropathic pain was first confirmed. The reduction of the 50% PWT in SNI rats was found to be markedly reversed by intrathecal administration of PGB. As shown in Figure 1C, the decreased ipsilateral PWT in SNI rats was prominently restored to 13.47±0.9 g on day 1 after intrathecal application of PGB (ie, on day 11 after SNI), in contrast to NS application (3.30±0.4 g) (P<0.001, two-way ANOVA, n=10 per group). This reversed effect of PGB on PWT lasted for >3 days until experiment termination; eg, on day 3 after intrathecal application of PGB (ie, on day 13 after SNI), the ipsilateral PWT in SNI rats was maintained at 13.84±0.7 g in contrast to NS application (3.02±0.4 g) (P<0.001, two-way ANOVA, n=10 per group). The AUC of the PWT (10 to 13 days of the analysis time) was significantly different between the PGB (35.51±2.0) and NS (14.44±0.7) groups (P<0.001, two-tailed unpaired t test, n=10 per group, Figure 1D). Similarly, the MPE of PGB on PWT was significantly increased to 87.90±6.7% on day 1 after PGB administration (ie, on day 11 after SNI) compared with that in NS control (2.37±2.9%) (P<0.001, two-way ANOVA, n=10 per group). On day 3 after PGB administration (ie, on day 13 after SNI), the MPE of PGB on PWT was still maintained at 90.79±4.8% compared with that in the NS control group (3.88±1.6%) (P<0.001, two-way ANOVA, n=10 per group; Figure 1E). To exclude the possibility that the antiallodynic action of PGB was due to the impairment of rat motor function, the effect of PGB on rat locomotor function was examined using the inclined-plate test. As shown in Figure 1F, no obvious motor dysfunction was observed after spinal administration of PGB to rats with neuropathic pain (69.20±0.6° versus 69.13±0.5°, pre-PGB versus post-PGB, P=0.05, two-tailed unpaired t test, n=10 per group). Collectively, these results suggest that spinal administration of PGB has a significant antiallodynic effect in rats with neuropathic pain.

Effects of spinal administration of PGB on C-fibre responses of dorsal horn WDR neurons in SNI rats

To further determine whether the antiallodynic action of PGB was dependent on the suppression of spinal neuronal hyperexcitability in rats with neuropathic pain, the C-fibre responses of dorsal horn WDR neurons that are usually related to nociception (44,45) in SNI rats were first examined. The C-fibre responses of WDR neurons increased significantly in SNI rats compared with those in sham rats (Figure 2). As shown in Figure 2C, the total spike count of the electrically evoked C-fibre responses in 10 stimuli was markedly increased in SNI rats in contrast to sham rats (P<0.001, two-way ANOVA, n=9 per group). Similarly, the AUC (0 min to 25 min) of the C-fibre response was also increased significantly in SNI rats (4525±626.1) compared with that in sham rats (1412±168.9) (P<0.001, SNI versus sham, two-tailed unpaired t test, n=9 per group, Figure 2D). Two representative examples illustrating the C-fibre responses of dorsal horn WDR neurons in SNI and sham rats are shown in Figure 2A and 2B. These results suggest that SNI produces hypersensitivity of dorsal horn WDR neurons that is highly related to the pathogenesis of neuropathic pain.

Next, the effects of spinal administration of PGB on the C-fibre responses of dorsal horn WDR neurons was examined in SNI rats. As shown in Figure 3, PGB (at 100 µg) had a marked inhibitory effect on the hypersensitivity of dorsal horn WDR neurons in SNI rats. The inhibitory effect of PGB on C-fibre responses of WDR neurons began
Figure 1) Effects of intrathecal administration of pregabalin (PGB) on mechanical allodynia and locomotor function in a rat model of neuropathic pain induced by spared nerve injury (SNI). A and B Effects of SNI on the mechanical allodynia, as measured by 50% paw withdrawal threshold (PWT) (A) and area under the time-course curve (AUC) of PWT (B). Note that SNI produced a significant decrease in both 50% PWT and AUC of the 50% PWT, in contrast to naive and sham controls. ***P<0.001, ###P<0.001 compared with naive and sham, respectively; one-way ANOVA followed by the Dunnett multiple comparison test or two-way ANOVA followed by Bonferroni post hoc test; n=10 per group. C to E Effects of intrathecal administration of PGB on 50% PWT (C) and the AUC of PWT (D) as well as on the maximum possible effect (MPE) (E) in rats with neuropathic pain. PGB was administered intrathecally on day (d) 10 postsurgery at 100 µg/day, once per day for three days. The arrows indicate the injection of PGB or normal saline (NS) on day 10, day 11 and day 12 postsurgery. Note that PGB had a significant reversal effect on the decreased 50% PWT in SNI rats, in contrast to NS and control (C). ***P<0.001, ###P<0.001 compared with NS and predrug, respectively; two-way ANOVA followed by Bonferroni post hoc test; n=10 per group. Similarly, the AUC (10 to 13 day) of PGB on 50% PWT (D) and the MPE of PGB (E) was markedly increased, in contrast to NS control. ***P<0.001 compared with NS; one-way ANOVA followed by the Dunnett multiple comparison test or two-way ANOVA followed by Bonferroni post hoc test; n=10 per group. F Effects of PGB on the locomotor function of rats, measured by the angle of the inclined plate at which the rat begins to fall. Note that spinal administration of PGB had no significant impairment on the locomotor function of rats (P>0.05, two-tailed unpaired t test, predrug versus postdrug; n=10 per group).

Figure 2) Alterations of the C-fibre responses of dorsal horn wide dynamic range (WDR) neurons in spared nerve injury (SNI) rats. A and B Panels illustrate the poststimulus histogram of the electrically evoked neuronal responses in a dorsal horn WDR neuron in SNI and sham rats, respectively. The insets show the original recordings of the first electrically evoked neuronal responses. C The total spike count of the electrically evoked C-fibre responses in 10 stimuli. ***P<0.001 compared with sham control; two-way ANOVA followed by Bonferroni post hoc test; n=9 per group. D The area under the time-course curve (AUC) (0 min to 25 min) of the C-fibre response. ***P<0.001, SNI versus sham, two-tailed unpaired t test; n=9 per group.

In the present study, we found that spinal administration of PGB had a significant antiallodynic effect in a rat model of neuropathic pain induced by SNI, which was associated with a marked inhibitory effect on the hypersensitivity of dorsal horn WDR neurons in SNI rats. These data indicate a novel mechanism underlying the antiallodynic action of PGB that is likely dependent on the suppression of spinal neuronal hyperexcitability in rats with neuropathic pain.

DISCUSSION

In the present study, we found that spinal administration of PGB had a significant antiallodynic effect in a rat model of neuropathic pain induced by SNI, which was associated with a marked inhibitory effect on the hypersensitivity of dorsal horn WDR neurons in SNI rats. These data indicate a novel mechanism underlying the antiallodynic action of PGB that is likely dependent on the suppression of spinal neuronal hyperexcitability in rats with neuropathic pain.

Consistent with previous reports that PGB had a potent analgesic activity in rodent models of neuropathic pain (7,14,23), the present study provides evidence showing that intrathecal administration of PGB has a significant reversal effect on the reduction of ipsilateral PWT in response to von Frey filaments in SNI rats, confirming the antiallodynic effect of PGB on neuropathic pain. In the present study, PGB was intrathecally administrated on day 10 postsurgery when stable mechanical allodynia (represented as the reduction of PWT) emerged; therefore, the reversal effect of PGB on the SNI-induced reduction of PWT may be considered to represent the antiallodynic action of PGB on neuropathic pain. Together with the data obtained from the inclined-plate test, which showed that intrathecal injection of PGB had no significant impairment to the locomotor function in SNI rats, we suggest that PGB exerts its antiallodynic action in neuropathic rats without causing motor dysfunction.

PGB is a lipophilic analogue of γ-aminobutyric acid (GABA), but it neither acts similar to GABA nor binds to GABA receptors (47,48). The α26 subunit of the plasma membrane voltage-gated calcium channel is regarded as a major site of PGB action (10-12,49,50).
Its potent binding at this site reduces calcium influx to presynaptic nerve endings (13), which reduces the release of several neurotransmitters involved in nociceptive transmission and will attenuate spinal neuronal hyperexcitability (19). To determine whether the antiallodynic action of PGB was dependent on the suppression of spinal neuronal hyperexcitability in rats with neuropathic pain, we first examined the C-fibre responses of dorsal horn WDR neurons in SNI rats. In the present study, we focused on WDR neurons, particularly C-fibre responses of WDR neurons, because they are polymodal neurons that receive multisynaptic input from A-beta, A-delta and C-fibre primary afferent nociceptors and respond to A-delta and C-fibre-mediated noxious thermal and mechanical stimuli, which are usually related to nociception (44,45). We found that the C-fibre responses of WDR neurons increased significantly in SNI rats, in contrast to sham rats, implying that SNI produces hypersensitivity of dorsal horn WDR neurons that is highly related to the pathogenesis of neuropathic pain (51-53). With regard to the action of PGB, we found that spinal administration of PGB had a marked inhibitory effect on the hypersensitivity of dorsal horn WDR neurons in SNI rats, suggesting that the antiallodynic action of PGB is likely dependent on the suppression of spinal neuronal hyperexcitability in rats with neuropathic pain. Supporting this notion, Wallin et al (33) found that PGB or GBP not only potentiated the antiallodynic effects of spinal cord stimulation (SCS) in rats that do not respond to SCS, but also enhanced the SCS-induced suppression of the hyperexcitability of dorsal horn WDR neurons in neuropathic rats. In morphine-treated rats, Banister et al (19) showed that PGB attenuated the opioid-induced visceral hypersensitivity and reduced the hyperexcitability of WDR neurons to noxious mechanical and thermal stimuli. In rats with bee venom-induced inflammation, You et al (54) demonstrated that PGB selectively inhibited C-fibre-mediated, but not A-alpha-delta-fibre-mediated, spinal nociceptive-specific neuronal late responses including central neuronal plastic changes, ie, wind-up and after-discharges. In addition, in a rat model of craniofacial neuropathic pain, Cao et al (20) reported that PGB effectively attenuated the mechanical hypersensitivity and nociceptive neuronal hyperexcitability recorded in the medullary dorsal horn. Because we did not test responses of WDR neurons and the effects of PGB on responses to natural stimuli in the present study, we could not exclude the possibility that the mechanical allodynia is mediated by increased activity of WDR neurons evoked by low-threshold (A-beta) mechanoreceptors rather than C-fibre nociceptors.

Substantial evidence has shown that the spinal neuronal hyperexcitability contributes to the central sensitization and the pain hypersensitivity in neuropathic rats (51,52,55-58); therefore, inhibition of the hyperexcitability of dorsal horn WDR neurons may account for the antiallodynic action of PGB for the treatment of neuropathic pain in rats. Indeed, emerging evidence suggests that PGB may impair the development or maintenance of spinal central sensitization underlying the hyperalgesic state (19,33), and suppress spinal neuronal hyperexcitability and visceral hypersensitivity in a rat model of opioid-induced hyperalgesia (19).

CONCLUSION

The present study demonstrated that PGB significantly alleviates the mechanical allodynia and inhibits the hypersensitivity of dorsal horn WDR neurons in SNI rats. These data suggest that the antiallodynic

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Ding et al.


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