Review Article

Mesenchymal Stem Cells for Cardiac Regenerative Therapy: Optimization of Cell Differentiation Strategy

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With the high mortality rate, coronary heart disease (CHD) has currently become a major life-threatening disease. The main pathological change of myocardial infarction (MI) is the induction of myocardial necrosis in infarction area which finally causes heart failure. Conventional treatments cannot regenerate the functional cell efficiently. Recent researches suggest that mesenchymal stem cells (MSCs) are able to differentiate into multiple lineages, including cardiomyocyte-like cells in vitro and in vivo, and they have been used for the treatment of MI to repair the injured myocardium and improve cardiac function. In this review, we will focus on the recent progress on MSCs derived cardiomyocytes for cardiac regeneration after MI.

1. Introduction

As the leading cause of mortality, cardiovascular disease is a major problem of global public health. Among cardiovascular diseases, coronary heart disease (CHD) is the main disease type causing the majority of deaths. At present, the treatment of CHD mainly includes medicine, percutaneous coronary intervention (PCI), and operation. To some extent, these treatments could improve myocardial ischemia and heart failure symptoms. Although the surgery operations make the occlusion artery unobstructed again, the damage to myocardial wall is irreversible. The current pharmacological and surgical measures are limited to palliative effects. Shortage in donor hearts and high cost are hindering the prevalence of heart transplantation. In 2001, Orlic et al. [1] transplanted autologous bone marrow mesenchymal stem cells (BMSCs) into mouse damaged heart and found these stem cells mostly differentiated into cardiomyocytes. This important discovery guided the scientists and clinicians to engage in plenty of researches on stem cells transplantation to treat myocardial infarction (MI). Significant progress has been made in the MSC research field, such as cell culture condition and technique of inducing differentiation in vitro [2, 3]. The differentiated myocardial cells from stem cells provide a promising perspective to cell treatment on cardiac diseases [4–6].

Stem cells include embryonic stem cells (ESCs) and adult stem cells (ASCs), commonly holding two major capabilities of self-renewal and differentiation. ASCs can be isolated from different adult tissues and can be differentiated into a variety of cell types [7]. As a kind of ASCs, mesenchymal stem cells (MSCs) have been described in nearly all postnatal tissues or organs, including umbilical cord blood [8, 9], placenta [10–12], and bone marrow [13], among others. MSCs represent an infrequent progenitor population with multiple differentiation potentials [14–19]. They are able to differentiate into several mesenchymal lineages, such as cartilage, muscle, vascular endothelial cells, and epidermic cells [20, 21]. With the advantage of autologous transplantation which avoids the immune rejection and ethical concerns, MSCs have great application prospect in personalized treatment of cardiovascular diseases [22–24].

2. The Induction Approaches of Cell Differentiation In Vitro and In Vivo

Currently, the major methods to induce myocardial cell from BMSCs include biochemistry induction, myocardial microenvironment induction, and genetic modification (Figure 1).
2.1. Biochemical Substance

2.1.1. 5-Aza(5-Aza). 5-Aza, a chemical analogue of cytidine, is generally known as a demethylation pharmaceutical that can induce MSCs differentiation into cardiomyocyte-like cells by activating some dormant genes through demethylation [37]. In 1995, Wakitani et al. [25] first reported the successful isolation and culture of MSCs in vitro. After a 24-hour incubation with 5-Aza, they could observe myotube-like structures and cardiac-specific proteins expression in 7–10 d. These results showed that BMSCs could differentiate into cardiomyocyte-like cells with 5-Aza supplement, laying the foundation for BMSCs differentiation into cardiomyocyte-like cells. In 1999, Makino et al. [26] and others induced the immortalized BMSCs differentiation with 5-Aza. They observed myotube-like structures after 1 week, spontaneous beating after 2 weeks, and synchronous contraction after 3 weeks. The differentiated BMSCs not only expressed cardiac-specific proteins but also exhibited biological and electrophysiological characteristics of myocardial cells. Fukuda [38] found that the myocardial cells induced by 5-Aza had two kinds of action potentials. One comes from sinus nodel cells, and the other one might come from ventricular myocytes. Jaquet et al. [39] first separated human MSCs (hMSCs) for in vitro culture and incubated these hMSCs with 10 μmol/L 5-Aza. The immunocytochemistry showed that 80% hMSCs expressed smooth muscle actin in two weeks, indicating these hMSCs might be differentiated into other muscle cells. Although 5-aza is the most commonly used chemical inducer, the differentiation efficiency is low, mainly due to the potential toxicity of 5-Aza and fat deposit in the cytoplasm which induce cell death. All the inducer applied in BMSCs differentiation are listed in Table I.

2.1.2. Bone Morphogenetic Protein-2 (BMP-2). As a multifunctional glycoprotein, BMP-2 contributes to regulating of a wide variety of cell functions, including cell growth, differentiation, and apoptosis, among others [40]. Several studies have shown that the BMP-2 expression is initiated in early embryonic development [41]. BMP-2 plays a fundamental role in directed differentiation of cardiac stem cells and the development of embryonic heart through regulating the expressing of some cardiac transcription factors [42]. He Qizhi and Haijie [27] found that BMP-2 could also induce BMSCs differentiation into cardiomyocyte-like cells in vitro. Recent studies have shown that the roles of BMP-2 in gene expression of cardiogenic factors and cardiac differentiation from BMSCs were mediated by three molecular pathways: Smads, P38-MAPK, and PI-3K/Akt [43–45].

2.1.3. Angiotensin-II (Ang-II). Ang-II is capable of stimulating the proliferation of vascular smooth muscle cells [46] and fibroblast [47]. By regulating the signal of MAPK [48] and tumor growth factor (TGF) [49–51] and their consequent pathways, Ang-II can induce BMSCs to differentiate into cardiomyocyte-like cells. Xing et al. [28] induced BMSCs differentiation with Ang-II in vitro. After 4-week induction, the cells exhibited morphological characteristics of myocardial cells with cTnI expression and showed muscle wire-like structure under the electron microscope.

2.1.4. DMSO. DMSO was proved to induce mouse P19 cells to differentiate into beating myocardial cells [29, 52–55]. DMSO plays a critical role in increasing the expression of prodynorphin and dynorphin B at the transcriptional level. It turns on both GATA4 and Nkx2.5 expressions, and then it recruits α-MHC and ventricle-specific cardiac myosin light chain-2 (MLC-2v) to form a functional compound [56]. Another study also showed that DMSO could mediate the releasing of calcium from intracellular stores in sarcoplasmic reticulum. Elevation of calcium concentration may play an important role in the induction of cell differentiation [57].

**Figure 1:** The diagram for the induction and identification of cardiomyocyte-like cells. MSCs cultured in medium supplemented with 5-Aza, DMSO, and BMP-2 will be induced to cardiomyocyte-like cells 24 h later. MSCs incubated in CLM/myocardial cell broth will differentiate to cardiomyocyte-like cells 24h later. MSCs cocultured with cardiomyocyte will differentiated to cardiomyocyte-like cells 7d later. The identification methods consist of morphology detection and molecular marker analysis.
Table 1: The inducer for BMSC differentiation.

<table>
<thead>
<tr>
<th>Inducing condition</th>
<th>Year</th>
<th>Researcher</th>
<th>Culturing duration after induction</th>
<th>Detection marker</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-Aza</td>
<td>1995</td>
<td>Wakitani et al. [25]</td>
<td>24 h</td>
<td>7–10 days observing myotube-like structures and expressing cardiac-specific protein</td>
</tr>
<tr>
<td></td>
<td>1999</td>
<td>Makino et al. [26]</td>
<td>24 h</td>
<td>1 week: myotube-like structures, 2 weeks: spontaneous beating, and 3 weeks: synchronous contraction, expressing cardiac-specific protein and exhibiting biological and electrophysiological characteristics of myocardial cells</td>
</tr>
<tr>
<td>BMP-2</td>
<td>2005</td>
<td>He Qizhi and Haijie [27]</td>
<td>24 h</td>
<td>The expression of Nkx2.5, GATA-4, cTnT, and CX43 increasing</td>
</tr>
<tr>
<td>Ang-II</td>
<td>2012</td>
<td>Xing et al. [28]</td>
<td>24 h</td>
<td>Expressing cTnI after 4 weeks, exhibiting morphological characteristics of myocardial cells, and being seen as muscle wire-like structures under the electron microscope</td>
</tr>
<tr>
<td>DMSO</td>
<td>1999</td>
<td>Skerjanc [29]</td>
<td>&gt;6 d</td>
<td>Spontaneously beating cardiac myocytes after 6 days</td>
</tr>
<tr>
<td>Panax notoginseng saponins</td>
<td>2006</td>
<td>Yang et al. [30]</td>
<td>24 h</td>
<td>2 weeks: beginning to express MHC and more apparent after 4 weeks</td>
</tr>
<tr>
<td>Sal B</td>
<td>2007</td>
<td>Chen et al. [31]</td>
<td>24 h</td>
<td>Expression of NKK2.5 GATA-4 mRNA enhanced and peaked at 7 days; the expression of α-actin appeared at 14 days</td>
</tr>
<tr>
<td>Icariin</td>
<td>2008</td>
<td>Shao-Ying [32]</td>
<td>24 h</td>
<td>28 days, weakly expressing GATA-4, Nkx2-5, combining with 5-Aza enhance its induction</td>
</tr>
<tr>
<td>Astragaloside</td>
<td>2007</td>
<td>Xian et al. [33]</td>
<td>24 h, 48 h, and 72 h</td>
<td>4 weeks detecting cardiac-specific protein desmin, cTnI, α-MHC, and β-MHC, no significant difference in induction rate with different length</td>
</tr>
<tr>
<td>Microenvironment in vivo</td>
<td>2002</td>
<td>Toma et al. [34]</td>
<td></td>
<td>hMSCs could differentiate into myocardium and express myocardium specific protein in left ventricular microenvironment of SCID mice—cTnT and phosphoprotein regulating Ca-ATP activity at sarcoplasmic reticulum.</td>
</tr>
<tr>
<td>CLM</td>
<td>2005</td>
<td>Yuan et al. [35]</td>
<td>7 d</td>
<td>7 days, the cells growing well, expressing α-actin and cTnT</td>
</tr>
<tr>
<td>Coculturing with cardiomyocytes</td>
<td>2003</td>
<td>Rangappa et al. [36]</td>
<td>48 h</td>
<td>hMSCs coculturing with cardiomyocytes at a 1:1 ratio, expressing contractile proteins and cardiac specific genes, MHC, and beta-actin</td>
</tr>
</tbody>
</table>

2.1.5. Traditional Chinese Herb. Traditional Chinese herb can effectively induce stem cells differentiation into myocardial cells without any toxic or side effect [58]. Several studies [30, 59, 60] indicated that MSCs supplemented with notoginsenoside in vitro could differentiate into cardiomycocyte-like cells. The morphologic features and characteristic markers of these cells were consistent with cardiomyocytes. Additional research [61] claimed that glucocorticoids released from myocardial tissue could induce BMSCs to migrate and differentiate into endothelial cells. There are several other traditional Chinese medicine inducers which also can drive MSCs to myocardial cells, such as Dan phenolic acid B [31], icariin [32], and astragaloside [33, 62].

2.2. Myocardial Microenvironment

2.2.1. Myocardial Microenvironment In Vivo. Derived from the embryonic mesoderm, MSCs exhibit multiple differentiation potentials into mesoderm groups such as bones, cartilages, and myocardium under suitable conditions. Toma and his colleagues [34] reported that the transplanted hMSCs could successfully differentiate into myocardium and express...
myocardium specific proteins after cell transplantation into left ventricle of SCID mice. The myocardium specific proteins cTnT and phosphoprotein could regulate Ca-ATP activity in sarcoplasmic reticulum.

2.2.2. Myocardial Microenvironment In Vitro

(1) Cardiomyocyte Lysis Medium (CLM). Yuan et al. [35] successfully initiated MSCs differentiation into cardiomyocyte-like cells using cardiac specific cell lysate, generated from primary myocardial cells. Cao et al. [63] induced hMSCs differentiation into cardiac myocytes with the minipig's cardiomyocyte lysate. These derived cardiomyocytes expressed cTnT, Cx43, and CD31. They also induced hMSCs differentiation with 5-Aza and differentiated cardiomyocytes expressed cTnT and Cx43, but not CD31. It is indicated that some compositions of CLM could also promote the differentiation from MSCs to endothelial cells which might help create basic conditions for revascularization.

(2) The Supernatants of Cultured Cardiomyocytes. Multiple evidence showed that BMSCs cultured in the media supplemented with myocardial cell culture supernatants could differentiate into cardiomyocyte-like cells [64]. Wang et al. [65] found that 10%, 20%, 30%, 40%, and 50% supernatants of the cardiomyocytes groups were used in induction of BMSCs, without morphological change. The expressions of α-SMA, β-actin, and troponin-T were significantly higher in 10%, 20%, 30%, 40%, and 50% supernatant of cardiomyocytes groups than those in control group, and the most significant percentage was 30%. Li et al. [66] found that the concentrations of insulin-like growth factor-1 (IGF-1), platelet-derived growth factor (PDGF), and fibroblast growth factor (FGF) in the supernatant of cardiomyocytes culture were significantly higher than that in BMSCs culture. Their results indicated that IGF-1, PDGF, and FGF in the supernatant of cardiomyocytes may have capability to induce BMSCs to differentiate into cardiomyocyte-like cells, and insulin-like growth factor may serve as the main cytokine.

(3) Coculture with Myocardial Cells. After coculturing GFP labeled rat MSCs with the cardiomyocytes in different proportions for 7 days, He et al. [67] successfully detected the cardiac specific proteins expression and action potential. Rangappa [36] and others indicated that the induction efficiency of MSCs cocultured with myocardial cells is obviously higher than those cultured alone. Through investigation on the structure of the gap conjunction between cardiomyocytes, Plotnikov and his colleagues claimed that direct contraction of cells was very important during the differentiation procedure [68–70].

2.3. Genetic Modification. In recent years, genetic modification has become a novel induction strategy which can converse BMSCs into myocardial cells in the molecular level. By inducing one or several key genes to activate cardiac gene networks, BMSCs could obtain cardiac differentiation. Several key transcription factors including Nkx2.5, GATA4, and TBX5 are expressed in the early cardiac development and regulate the expression of many cardiac structural proteins which are irreplaceable to the development of heart [71–75]. Recently, Jamali et al. found that exogenous Nkx2.5 gene expression could induce P19 cells to differentiate into cardiomyocyte-like cells alone [76]. Furthermore, with exogenous expression of Nkx2.5, the P19CL6 could differentiate into myocardial cells earlier and more efficiently when supplied with DMSO [77].

3. Identification of Successful Cardiac Differentiation from MSCs

BMSCs can differentiate into cardiomyocytes through the induction of chemicals, cytokine, and simulated cardiac microenvironment. The differentiated cells were polygonal or star-shape under the microscope. The ultrastructure and filament in the cytoplasm were observed by transmission microscope and cardiac specific cellular junction existing between cells.

First, we can detect the expression of cardiac marker genes Nkx 2.5 and GATA-4 by qPCR. Tissue-specific transcription factor GATA-4 and homologous nucleoprotein Nkx2.5 are two early markers of cardiac precursor cells, which play an important role in early cardiac development [78].

Second, we can test myocardial cell specific proteins including actin, cTnT, desmin, and Cx43 by immunofluorescence technique. Actin is the cytoskeletal proteins of the muscle cells, which is expressed in skeletal and cardiac muscle, and plays an important role in maintaining myofibrillar morphology and signal transmission in the sarcomere [79–81]. Cardiac troponin-T (cTnT) is only expressed in the myocardium, thus being a specific protein in the identification of myocardial cells [82, 83]. Desmin is the intermediate filament protein in muscle with 476 amino acids. It not only connects the adjacent myofibrils, but also connects myofibrils, nucleus, cytoskeleton, and organelle. Furthermore, desmin plays important roles in signal transduction [84]. Additional research [85] showed that desmin was involved in cell signal transduction and gene expression regulation which are closely related to left ventricular remodeling. Cx43 mainly exists in the atrial and ventricular muscle and participates in the formation of gap junctions. It composes three kinds of special structure of intercalated disc with intermediate junction and desmosome. Gap junctions mediate electrical and chemical coupling between adjacent cardiomyocytes, through forming the cell-to-cell pathways for orderly spread of the wave of electrical excitation responsible for a functional syncytium [86]. The expression of Cx43 in MSCs after induction indicates that myocardial cells own the morphological basis of the intercalated disc structure formation. It provides the material basis for the rhythmic systolic and diastolic motion. Cx43 maintains electrical activity and synchronization of systolic and diastolic functions which are very important to keep on myocardial function.

Adult cardiomyocytes show complicated electrophysiological characteristics. It has been shown that ion-channel proteins are expressed differently during differentiation. Two kinds of ion-channel proteins are expressed in early phase of sustained calcium current (Ica-L) and transient outward
potassium current (Ito), but myocardial cells in later period of differentiation express all ion current: voltage dependent Na current (INa), delayed rectifier K current (IK), inward rectifier K current (IK1), muscarinic receptor agonist inward rectifier K current (IKAc), and the pacemaker current (If). Additional research [2, 87–90] suggested that action potential consists of sinus node-like action potential, atrial muscle-like action potential, and ventricular-like action potential. These cells have the longer action potential duration and platform period, the smaller resting potential, and a pacemaker current slowly depolarizing in late diastole. The early cardiomyocytes express pacemaker-like cells action potential derived from two ion currents (Ica-L, Ikto), whereas the late cardiomyocytes, such as the atrial and ventricular muscle cells, express three action potentials—a 75 mV resting potential, maximum action potential, and the overshoot rate [87].

4. MSCs-Based Clinical Therapy for MI

The most important aim of the basic researches of the MSCs is to serve the clinical treatment. MSCs, which have the ability to differentiate into cardiomyocyte-like cells, endothelial cells, and smooth muscle cells, become one of the most popular cells in MI treatment area. The cardiomyocyte-like cells can be differentiated from the MSCs in vitro with inducement of several external induction factors. These cardiomyocyte-like cells can be transplanted into MI patient and direct contact myocardial cells which provide a microenvironment of the induction of the MSCs into myocardial cells. As a result, it can help to repair the injured heart muscles better.

4.4.2. Surgical Intramyocardial (IM) Injection.

At present, the intracoronary autologous stem cell transplantation for ischemic heart disease is too early, a lot of transplanted cells will die due to the adverse local microenvironment. On the contrary, if it is too late, the transplanted effect is limited because of irreversible myocardial injury and formed ventricular remodeling.

There are several clinical trials carrying out the stem cell transplantation in different points of time. Comparing with the transplantation 1 hour after MI, the amount of survival cells are much less than that after 1-2 weeks, and the improvement of left ventricular function and reduction of the scar area is also lower [96]. The transplantation in 24 hours is not able to improve cardiac systolic function but can reduce the infarction area [97]. The research of REPAIR-AMI demonstrated that the BMSCs treatment in 4 days after MI is not beneficial but can improve cardiac systolic function in 4–8 days after infarction.

In 2009, MYSTAR trial first adopted the injection of autologous MNCs via both myocardial and coronary arteries to treat the MI patient. The LVEF of these patients was less than 45%. The transplant curative effect is measured by the differences between LVEF of early stage of AIM (3–6 weeks) and that of advanced stage (3-4 months).
4.4.3. Intravenous (IV) Infusion. Without heart surgery and catheterization, intravenous injection of stem cells is a simple and least invasive delivery route. In an experimental model of acute MI, heart function was improved significantly by peripheral intravenous injection of EPCs or BMSCs [108], but a lot of transplanted cells remained outside of the myocardium [109]. This limited the clinical application.

4.4.4. Tissue Engineering Technology. Tissue engineering technology is a novel strategy to improve the efficacy of cell engagement. MSCs are cultured on biological materials such as a hydrogel, 3D scaffold to form monolayer cells with better cell-to-cell adhesion. This enables direct tissue transplants and minimizes loss of cells [110]. The engrafted sheet survived on ischemic myocardium and grew to a thick stratum including some newly formed vessels and cardiomyocytes [111]. The technology creates an excellent environment which is suitable for MSCs survival, proliferation, and differentiation.

4.5. Assessment of Various Cell Delivery Methods. In order to detect the cell viability and repair effect of BMSCs delivered via different route, tracing technology and cardiac ultrasounds are applied. Hou et al. [112] traced cells via radioactively labelling to evaluate the efficacy of cell engagement. They reported 11 (surgical injection), 2.6 (coronary artery), and 3.2% (coronary venous) of them being retained, respectively. Lee et al. [113] dual labeled the stem cells with HSVttk reporter gene and iron oxide particles for PET imaging of cell viability and MR imaging of cell location. They applied cardiac ultrasound and electrocardiogram to validate its therapeutic potential for MI. The improved ventricular function was measured via ejection fraction and stroke volume. With increases in advanced technology on stem-cells based therapy, the evaluation of efficacy of MSCs engraftment will be more perfect and powerful.

5. Conclusion

In summary, the methods to induce BMSCs differentiation into cardiomyocyte-like cells include biochemical drug induction in vitro, such as 5-aza, BMP-2, AngII, DMSO, and various herbs. Chemical inducers are known to have the possible toxicity. Even under the best concentrations and optimal inducing time, chemical inducers may lead to cell death. Due to their toxicity and undesirable effect, chemical inducers are not able to be used in clinical translation. Furthermore, myocardial microenvironment could affect BMSCs differentiation. Thus, creating culture conditions that more closely mimic cardiac environment is a good idea, such as cardiomyocyte lysate, culture medium of myocardial cells. Therefore, differentiation methods with the myocardial microenvironment will be more prospective. A study [114] has shown that the inducing rate of culture medium of myocardial cells is not as good as CLM. The evidence indicated that some soluble substances contributing to inducing BMSCs differentiation could be released by cardiomyocytes. However, these substances could not be released until myocardial cells are broken [114, 115]. Because MSCs interact with cardiomyocytes by paracrine and autocrine after directly coculturing with cardiomyocytes, there are physical stimulations such as electrical activity and mechanical traction between MSCs and cardiomyocytes [68–70]. Thus, among various induction methods, CLM and direct coculturing with myocardial cells may be more feasible. It will be expected that application of both CLM and coculturing will further boost the MSCs differentiation into cardiomyocytes.

Human bone marrow mesenchymal stem cells have wide application prospect because it can be obtained autologously and have no immune rejection. Furthermore, it is easy to culture in vitro and can be induced to differentiate into myocardial cells through many ways. However, there are still several problems needed to be addressed. The specific pathways and the regulation mechanism of hMSCs differentiation into cardiomyocyte-like cells are still not clear. More studies are needed to determine optimal infusion dosage, timing with different induction method. To satisfy the clinical usage, it needs to ameliorate the conditions of induction and to further improve the differentiation efficiency. However, the clinical translation of stem-cell based therapy is a more complex process, and its efficacy needs to be fully investigated in a larger sample size and evaluated in a great quantity of preclinical experiments.

Therefore, what is needed in the stem cell research is the investigation of the best/safest cell type and improvement after clinical treatment for MI. The convincing researches need more considerations, well-conceived plan, and rigorous experiments. It is convinced that with the deepen of the research and the improvement of technology, the application perspective of BMSCs transplantation to treat MI will be extremely bright.

Conflict of Interests

The authors declare no conflict of interests.

Authors’ Contribution

Han Shen and Ying Wang contributed equally to this work.

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