Research Article

In Utero Nutritional Manipulation Provokes Dysregulated Adipocytokines Production in F1 Offspring in Rats

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Background. Intrauterine environment plays a pivotal role in the origin of fatal diseases such as diabetes. Diabetes and obesity are associated with low-grade inflammatory state and dysregulated adipokines production. This study aims to investigate the effect of maternal obesity and malnutrition on adipokines production (adiponectin, leptin, and TNF-α) in F1 offspring in rats.

Materials and Methods. Wistar rats were allocated in groups: F1 offspring of control mothers under control diet (CF1-CD) and under high-fat diet (CF1-HCD), F1 offspring of obese mothers under CD (OF1-CD) and under HCD (OF1-HCD), and F1 offspring of malnourished mothers under CD (MF1-CD) and under HCD (MF1-HCD). Every 5 weeks postnatally, blood samples were obtained for biochemical analysis.

Results. At the end of the 30-week follow-up, OF1-HCD and MF1-HCD exhibited hyperinsulinemia, moderatedyslipidemia, insulin resistance, and impaired glucose homeostasis compared to CF1-CD and CF1-HCD. OF1-HCD and MF1-HCD demonstrated low serum levels of adiponectin and high levels of leptin compared to CF1-CD and CF1-HCD. OF1-CD, OF1-HCD, and MF1-HCD had elevated serum levels of TNF-α compared to CF1-CD and CF1-HCD (p < 0.05).

Conclusion. Maternal nutritional manipulation predisposes the offspring to development of insulin resistance in their adult life, probably via instigating dysregulated adipokines production.

1. Introduction

Increasing evidence from clinical and epidemiological research suggests that prenatal environment plays a crucial role in the origin of fatal diseases such as the metabolic syndrome and its components: insulin resistance, hypertension, and dyslipidemia [1]. Maternal nutritional environment plays rather pivotal role in the programming of the health and disease of the offspring during the adult life. In particular, maternal obesity is associated with increased prevalence of cardiovascular diseases in the offspring [2]. This intrauterine programming might develop at the gene, cellular, tissue, organ, and system levels, resulting in long-lasting structural and functional modifications [3].

Adiponectin is an insulin-sensitizing, antidiabetic, antioxidant, anti-inflammatory, and antiatherogenic adipokine, which acts on adiponectin receptors, for example, AdipoR1 and AdipoR2 to exert its actions [4]. Leptin is another adipokine involved in the pathogenesis of obesity, insulin resistance, inflammation, and diabetes. It exerts a regulatory action on satiety and energy homeostasis, production of inflammatory mediators, and lipid and carbohydrate metabolism [4]. Diabetes, metabolic syndrome, and obesity are associated with decreased levels of adiponectin and elevated levels of leptin. This state of adiponectin deficiency and leptin resistance could be a possible mechanism for development of diabetes and its complications [4–6].

Subclinical inflammation is a hallmark of obesity, diabetes, and metabolic syndrome [4]. Tumor necrosis factor-α (TNF-α) is an inflammatory cytokine that has a variety of functions such as mediating apoptosis and regulation of immune system. TNF-α exerts its effects via its action on
TNFRI and TNFR2 receptors [4]. Serum TNF-α level is elevated in obese and diabetic patients and is correlated with various complications of diabetes [7, 8].

Epigenetic modifications, deterioration of glucose tolerance, elevated inflammatory markers, and excessive oxidative stress could be possible mechanisms for the intrauterine programming of fetal diseases [2, 9, 10]; however, the exact mechanism is not fully understood. We have shown that maternal obesity and undernutrition affect glucose sensing and mitochondrial functions in the offspring [11]. The aim of this study is to investigate the effect of maternal nutritional manipulation on adipocytokines production (adiponectin, leptin, and TNF-α) in F1 offspring in rats, as a potential mechanism for the intergenerational effect of maternal nutritional environment on the offspring.

2. Materials and Methods

2.1. Animals. The study was done in accordance with the ethical guidelines of the Medical Research Institute, Alexandria University, Alexandria, Egypt. Wistar rats were housed as 4 per cage at an ambient temperature of 23 ± 1°C with 12/12 h light/dark cycles and 45 ± 5% humidity.

2.2. Experimental Design. Female rats were allocated randomly in three groups: control, obese, and malnourished. Obesity was instigated via maintaining female neonates under obesogenic diet for two months after weaning. Female rats that were 20% heavier than controls of the same age were considered obese. Malnutrition was instigated through maintaining female neonates under low-protein diet (8% protein) for two months after weaning. Female rats that were 20% lighter than controls of the same age were considered malnourished.

Pregnancy was carried out by overnight mating the females (control, obese, and malnourished) with normal healthy males. Pregnancy was confirmed next morning by the presence of vaginal mucus plug. Pregnancies were completed to term. After delivery, the offspring were weaned to postnatally, 10 pups of each subgroup were culled after overnight fasting to obtain blood samples for biochemical analysis.

2.3. Biochemical Analysis. Fasting blood glucose (FBG) level was measured using glucometer (OneTouch, Johnson & Johnson Co.). A commercial diagnostic kit (Randox (UK)) was used to assess lipid profile according to the manufacturer's instructions.

2.4. ELISA Measurements. Plasma insulin was assessed using ELISA kit (Mercodia). Serum levels of adiponectin, leptin, NEFA, and TNF-α were assessed using ELISA kits (Chemicon, RayBio, MyBioSource, and R&D Systems, resp.) according to the manufacturer's instructions.

2.5. Statistical Analysis. All statistical analyses were performed using SPSS statistical software version 18 (SPSS, Chicago, IL). The data were analyzed using the one-way analysis of variance (ANOVA) followed by LSD test to compare the mean values from the offspring of obese and malnourished mothers and the offspring of control mothers. *t*-test was employed to compare the mean values of females and those of males of the same group at the same age. The results are presented as mean ± SD. Values of *p* > 0.05 were considered nonsignificantly different, while those of *p* < 0.05 were considered significant.

3. Results

3.1. Glucose Homeostasis Parameters

3.1.1. Fasting Blood Glucose (FBG) Level. At week 5, only males of OF1-HCD showed significantly higher FBG level than CFI-CD and CFI-HCD groups. At week 30, males and females of OF1-HCD and MF1-HCD exhibited significantly higher FBG levels than CFI-CD and CFI-HCD groups. Furthermore, males of OF1-CD had significantly higher FBG level compared to CFI-CD and CFI-HCD groups at the 30th week (Figure 1).

3.1.2. Serum Insulin Level. At week 5, only females of OF1-HCD showed significantly higher insulin levels than CFI-CD and CFI-HCD groups. Also, females of MF1-CD and MF1-HCD groups showed higher insulin levels than their male counterparts (Figure 2). At week 30, males of OF1-CD group as well as all members of OF1-HCD and MF1-HCD groups exhibited significantly higher insulin levels than CFI-CD and CFI-HCD group. Only males of OF1-HCD had significant higher insulin level compared to their female counterparts (Figure 2).

3.1.3. Homeostasis Model Assessment of Insulin Resistance (HOMA-IR). The insulin resistance index calculated by the HOMA model (HOMA-IR) using fasting serum levels of insulin (μIU/mL) and glucose levels (mmol/L) indicated that males and females of OF1-HCD group as well as females of MF1-HCD were insulin resistant compared to CFI-CD and CFI-HCD groups at the 5th week (Figure 3). At the 30th week, all members of OF1-CD, OF1-HCD, and MF1-HCD groups were insulin resistant compared to CFI-CD and CFI-HCD groups (Figure 3).

3.2. Lipid Profile. At week 5, only males of OF1-HCD showed significantly higher serum triglycerides (TGs) level compared to CFI-CD. At week 15, males of OF1-HCD showed significantly higher TGs level compared to CFI-CD and CFI-HCD. Also, males of MF1-HCD exhibited significantly higher TGs
level compared to CFI-CD. At the 30th week, all members of CFI-HCD and OFI-HCD as well as males of OFI-CD, MFI-CD, and MFI-HCD exhibited elevated TGs level compared to CFI-CD. Moreover, males of OFI-HCD showed elevated TGs level compared to CFI-HCD (Figure 4).

Members of OFI-HCD showed significantly higher hepatic TGs content compared to CFI-CD from the 10th week to the 30th week, except males at the 10th week. Also, OFI-HCD showed significantly higher hepatic TGs content compared to CFI-HCD from the 10th week to the 30th week, except males at weeks 10 and 15. Members of OFI-CD as well as females of MFI-HCD exhibited significant rise in TGs content in the liver compared to CFI-CD at only the 30th week (Table 1).
Figure 3: Homeostasis model assessment of insulin resistance (HOMA-IR) of all study groups at (a) week 5 and (b) week 30 of age. Data are presented as mean ± SD (n = 10). CF1-CD: F1 offspring of control mothers under control diet, CF1-HCD: F1 offspring of control mothers under high-caloric diet, OF1-CD: F1 offspring of obese mothers under control diet, and OF1-HCD: F1 offspring of obese mothers under high-caloric diet; MF1-CD: F1 offspring of malnourished mothers under control diet and MF1-HCD: F1 offspring of malnourished mothers under high-caloric diet. The symbol * indicates significant difference from CF1-CD by ANOVA (p < 0.05), the symbol # indicates significant difference from CF1-HCD by ANOVA (p < 0.05), and the symbol @ indicates significant difference from male at each age by t-test.

Members of OF1-CD showed significantly higher muscular TGs content compared to CF1-CD at weeks 25 and 30. Also, females of this group had higher muscular TGs content compared to CF1-HCD at the last two time points. OF1-HCD group (except males at the 5th week) showed significantly higher muscular TGs content compared to CF1-CD throughout the follow-up. Moreover, this group had significant rise in their muscular TGs content compared to CF1-HCD from weeks 10 and 30, except females at the 10th week. Members of MF1-CD and MF1-HCD demonstrated significantly elevated muscular TGs content compared to CF1-CD at the 30th week (Table 1).

At week 15, members of OF1-HCD and males of MF1-HCD showed significantly elevated total serum cholesterol level compared to CF1-CD. At week 30, members of CF1-HCD, OF1-HCD, and MF1-HCD as well as females of OF1-CD exhibited significantly elevated total serum cholesterol level compared to CF1-CD (Figure 5).

At week 15, only females of OF1-HCD showed significantly lower serum high-density lipoprotein-cholesterol (HDL-C) levels than CF1-CD group. All members of CF1-HCD, OF1-HCD, and MF1-HCD as well as males of OF1-CD exhibited significantly lower serum HDL-C levels than CF1-CD group at the end of the follow-up period. Moreover, males of MF1-HCD demonstrated significant drop of their HDL-C levels compared to their female counterparts and CF1-HCD group (Figure 6).

Regarding levels of low-density lipoprotein-cholesterol (LDL-C) levels, only males of OF1-HCD and MF1-HCD had significantly higher LDL-C levels than CF1-CD at the 15th week. Also, males of OF1-HCD showed significantly higher LDL-C levels than CF1-HCD at the 15th week (Figure 7).

Figure 4: Serum levels of triglycerides (TGs) (mg/dL) of all study groups. Data are presented as mean ± SD (n = 10). CF1-CD: F1 offspring of control mothers under control diet, CF1-HCD: F1 offspring of control mothers under high-caloric diet, OF1-CD: F1 offspring of obese mothers under control diet, and OF1-HCD: F1 offspring of obese mothers under high-caloric diet; MF1-CD: F1 offspring of malnourished mothers under control diet and MF1-HCD: F1 offspring of malnourished mothers under high-caloric diet. The symbol * indicates significant difference from CF1-CD by ANOVA (p < 0.05), the symbol # indicates significant difference from CF1-HCD by ANOVA (p < 0.05), and the symbol @ indicates significant difference from male at each age by t-test.
Table I: Hepatic and muscular content of TGs (mg/g tissue) in different study groups.

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<td>114 ± 11*</td>
<td>95 ± 10</td>
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Data are presented as mean ± SD (n = 10). CFI-CD: F1 offspring of control mothers under control diet, CFI-HCD: F1 offspring of control mothers under HCD, OFI-CD: F1 offspring of obese mothers under control diet, and OFI-HCD: F1 offspring of obese mothers under HCD. The symbol * indicates significant difference from CFI-CD by ANOVA (p < 0.05), the symbol # indicates significant difference from CF-HCD by ANOVA (p < 0.05), and the symbol @ indicates significant difference from male at each age by t-test.

All members of CFI-HCD group had a significant rise in their serum nonesterified fatty acids (NEFA) levels from week 10 to week 30 compared to CFI-CD, except females at weeks 15, 25, and 30 that did not show such significant difference. Also, males of OFI-CD showed significantly higher NEFA levels at weeks 10, 20, 25, and 30 compared to CFI-CD. All members of OFI-CD (except females at weeks 5 and 30) showed higher NEFA levels compared to CFI-CD. Moreover, males of MFI-HCD from week 10 to week 30 and females of MFI-CD at the 30th week demonstrated higher NEFA levels compared to CFI-CD (Table 2).

3.3. Serum Levels of Cytokines. Females had significantly higher serum adiponectin levels than their male counterparts in all study groups throughout the study period. Males of CFI-HCD and OFI-CD showed significantly lower serum adiponectin levels than CFI-CD from week 20 to week 30. All members of OFI-CD (except males at week 5) showed significantly lower serum adiponectin levels than CFI-CD throughout the study period. Also, members of OFI-HCD had a significant drop in their serum adiponectin levels compared to CFI-HCD at weeks 25 and 30. Members of MFI-CD (at weeks 20, 25, and 30) had significantly lower adiponectin levels compared to CFI-CD. Furthermore, females of MFI-HCD (at weeks 25 and 30) showed a significant drop in their adiponectin levels compared to CFI-HCD (Table 3).

Females had significantly elevated serum leptin levels than their male counterparts in all the study groups throughout the study period. Throughout the study, males of CFI-CD (except at the 5th week), members of OFI-CD (except males at week 5), and all members of MFI-HCD (except males at week 5) had significantly higher leptin levels compared to CFI-CD. Moreover, females of OFI-HCD (from week 10 to week 30), males of OFI-CD (at weeks 15 and 30), females of OFI-HCD (at all follow-up time points), males of OFI-HCD (at weeks 15 and 20), and females of MFI-HCD (from week 10 to week 30) demonstrated higher leptin levels compared to CFI-CD (Table 3).

Females had significantly higher serum TNF-α levels than their male counterparts in all the study groups (except CFI-HCD and OFI-CD at the 5th week) throughout the
Table 2: Serum NEFA level (mmol/mL) in different study groups.

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<th>MF1-CD</th>
<th>MF1-HCD</th>
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<td>1.2 ± 0.12</td>
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Data are presented as mean ± SD (n = 10). CFI-CD: F1 offspring of control mothers under control diet, CFI-HCD: F1 offspring of control mothers under high-caloric diet, OFI-CD: F1 offspring of obese mothers under control diet, and OFI-HCD: F1 offspring of obese mothers under high-caloric diet. The symbol * indicates significant difference from CFI-CD by ANOVA (p < 0.05), the symbol # indicates significant difference from CF1-CD by ANOVA (p < 0.05), and the symbol @ indicates significant difference from male at each age by t-test.

Figure 5: Serum levels of total cholesterol (mg/dL) of all study groups. Data are presented as mean ± SD (n = 10). CFI-CD: F1 offspring of control mothers under control diet, CFI-HCD: F1 offspring of control mothers under high-caloric diet, OFI-CD: F1 offspring of obese mothers under control diet, OFI-HCD: F1 offspring of obese mothers under high-caloric diet. The symbol * indicates significant difference from CFI-CD by ANOVA (p < 0.05).

Figure 6: Serum levels of high-density lipoprotein-cholesterol (HDL-C) (mg/dL) of all study groups. Data are presented as mean ± SD (n = 10). CFI-CD: F1 offspring of control mothers under control diet, CFI-HCD: F1 offspring of control mothers under high-caloric diet, OFI-CD: F1 offspring of obese mothers under control diet, OFI-HCD: F1 offspring of obese mothers under high-caloric diet. The symbol * indicates significant difference from CFI-CD by ANOVA (p < 0.05), the symbol # indicates significant difference from CF1-CD by ANOVA (p < 0.05), and the symbol @ indicates significant difference from male at each age by t-test.

All members of CFI-HCD (except females at the 5th, 10th, and 30th weeks), all members of OFI-CD (except males at week 15), all members of OFI-HCD, and all members of MF1-HCD (except males at the 5th week) showed significantly higher serum TNF-α levels compared to CFI-CD throughout the study period. Moreover, members of MF1-CD demonstrated significantly higher serum
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<th>Age (weeks)</th>
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<td>12.8 ± 1.3*</td>
<td>12.8 ± 1.3*</td>
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<td>16.9 ± 1.7*</td>
<td>16.7 ± 1.6*</td>
<td>16.3 ± 1.8*</td>
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<tr>
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<td>18 ± 1.5*</td>
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<tr>
<td></td>
<td>Female</td>
<td>16.7 ± 1.8*</td>
<td>16.5 ± 1.8*</td>
<td>15.1 ± 2.1*</td>
<td>13.4 ± 2.0*</td>
<td>17 ± 2.0*</td>
<td>14.2 ± 1.2*</td>
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**Adiponectin (ng/mL)**

- **Male**: 0.52 ± 0.08, 0.58 ± 0.08
- **Female**: 1.7 ± 0.11, 1.64 ± 0.12, 1.74 ± 0.11, 1.82 ± 0.16
- **Male**: 0.4 ± 0.09, 0.42 ± 0.09*, 0.4 ± 0.09*, 0.48 ± 0.03*, 0.35 ± 0.02*, 0.38 ± 0.02*, 0.4 ± 0.02*
- **Male**: 0.22 ± 0.12, 0.43 ± 0.1*, 0.35 ± 0.03*, 0.48 ± 0.04*, 0.25 ± 0.03*, 0.42 ± 0.02*
- **Male**: 0.83 ± 0.11, 0.94 ± 0.08, 1.15 ± 0.16, 1.3 ± 0.16, 0.94 ± 0.11, 1.24 ± 0.2, 0.4 ± 0.03*
- **Male**: 0.24 ± 0.1, 0.43 ± 0.13*, 0.33 ± 0.02*, 0.47 ± 0.03*, 0.23 ± 0.02*, 0.4 ± 0.03*, 0.4 ± 0.03*
- **Male**: 0.84 ± 0.12, 0.94 ± 0.14, 1.1 ± 0.14, 1.4 ± 0.12, 0.94 ± 0.12, 1.2 ± 0.22, 0.4 ± 0.03*
- **Male**: 0.2 ± 0.1, 0.42 ± 0.12*, 0.31 ± 0.02*#, 0.43 ± 0.07*, 0.22 ± 0.01*, 0.4 ± 0.03*
- **Male**: 0.9 ± 0.1, 0.95 ± 0.1, 1.1 ± 0.12, 1.4 ± 0.12, 0.99 ± 0.07, 1.3 ± 0.27, 0.3 ± 0.27

**Leptin (ng/mL)**

- **Male**: 24 ± 2.1, 24 ± 2.1
- **Female**: 23 ± 2.3, 26 ± 2.5, 30 ± 2.4, 24 ± 2.1, 27 ± 2.2
- **Male**: 23.6 ± 2.6, 31 ± 2.2, 41 ± 3.6, 28 ± 2.2, 34 ± 2.1
- **Male**: 18 ± 2, 24 ± 2, 29 ± 2, 57 ± 5.3, 20 ± 3, 32 ± 2.1
- **Male**: 28 ± 4, 32 ± 3, 36 ± 3.1, 46 ± 3.4, 29 ± 3.1, 42 ± 3.4
- **Male**: 21 ± 2.4, 26 ± 2.3, 32 ± 2.4, 63 ± 6, 24 ± 3.6, 41 ± 3.2
- **Male**: 30 ± 3.5, 34 ± 2.7, 39 ± 3, 56 ± 4.1, 34 ± 2.7, 46 ± 3.3
- **Male**: 22 ± 2.8, 28 ± 2.1, 37 ± 2.1, 71 ± 5.1, 26 ± 3.7, 46 ± 3.5
- **Male**: 30 ± 2.9, 35 ± 2.9, 41 ± 3.6, 58 ± 4.5, 36 ± 2.5, 48 ± 3.4
- **Male**: 23 ± 2, 32 ± 2.2, 42 ± 2.2, 78 ± 7.2, 30 ± 3, 55 ± 3.3

**TNF-α (pg/mL)**

- **Male**: 18 ± 2.2, 24 ± 2.1
- **Female**: 23 ± 3.1, 26 ± 2.5, 30 ± 2.4, 24 ± 2.1, 27 ± 2.2
- **Male**: 30 ± 3.5, 34 ± 2.7, 39 ± 3, 56 ± 4.1, 34 ± 2.7, 46 ± 3.3
- **Male**: 23 ± 2, 32 ± 2.2, 42 ± 2.2, 78 ± 7.2, 30 ± 3, 55 ± 3.3

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**Table 3: Serum levels of cytokines in different study groups.**

Data are presented as mean ± SD (n = 10). CF1-CD: F1 offspring of control mothers under control diet, CF1-HCD: F1 offspring of control mothers under HCD, OF1-CD: F1 offspring of obese mothers under control diet, and OF1-HCD: F1 offspring of obese mothers under HCD. The symbol * indicates significant difference from CF1-CD by ANOVA (p < 0.05), the symbol # indicates significant difference from CF1-HCD by ANOVA (p < 0.05) and the symbol @ indicates significant difference from male at each age by t-test.

4. Discussion

According to the hypothesis of fetal origin of adult diseases, the intrauterine environment may have a critical impact on long-term health and disease of the offspring. Therefore, maternal intrauterine milieu may alter the metabolic status of the fetus, instigating an insulin resistance state and enhancing...
the development of type 2 diabetes mellitus and metabolic syndrome in the adult life, especially following postnatal obesogenic environment [13]. In support of this idea, our findings indicate that F1 offspring of obese and malnourished mothers exhibited impaired glucose homeostasis, moderate dyslipidemia, insulin resistance, and dysregulated adipokines production, predisposing the offspring for the development of diabetes and its complications, especially when they encounter diabetogenic environment in their adult life.

Dyslipidemia is an important risk factor for the development of cardiovascular diseases in the context of obesity and diabetes. The cardinal features of dyslipidemia are high plasma TGs level, low HDL-C level, and elevated level of small dense LDL-C particles. These lipid changes are attributed to the increased NEFA flux owing to adipose tissue insulin resistance [14]. The increase in NEFA flux induces insulin resistance in liver and skeletal muscles through direct or indirect (via triglyceride deposits) generation of metabolites and interfering with insulin signalling pathways [15]. Moreover, NEFA play a crucial role in β-cell dysfunction [16].

Hyperinsulinemia is a key player in the development of hepatosteatosis and hepatic insulin resistance [17]. Consistently, offspring of obese and malnourished mothers showed significant elevated TGs content in their livers and muscles.

Our data indicates that in utero maternal nutritional manipulation is sufficient for induction of dysregulated adipokines production in the offspring during their adult life, and the diabetogenic environment exaggerates this effect. Offspring of obese and malnourished mothers showed low levels of adiponectin, high levels of leptin, and elevated levels of TNF-α. Consistently, offspring of high-fat diet fed dams showed hyperinsulinemia, hyperleptinemia, decreased adiponectin levels, increased pancreatic mass, and islet volume density with elevated α- and β-cell mass [18]. Moreover, offspring from malnourished dams showed altered adipose tissue functions such as impaired glucose uptake, insulin and leptin resistance, low-grade inflammation, and modified sympathetic activity with reduced noradrenergic innervations [19].

There is a strong association between markers of inflammatory activity and endothelial dysfunction, the trigger for cardiovascular diseases [4]. Interestingly, increased inflammatory mediators may predict the future development of obesity and diabetes. The increased concentrations of TNF-α and interleukin-6 (IL-6) might interfere with insulin action by suppressing insulin signal transduction pathways [20].

In conclusion, maternal nutritional manipulation may predispose the offspring to development of insulin resistance in their adult life, probably via provoking a state of dysregulated adipokines production.

**Competing Interests**

The authors declared no competing interests.

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**References**


