

Special Issue on Salutogenesis and Mental Health

CALL FOR PAPERS

Salutogenesis, stemming from the sociology of health, was firstly developed by Aaron Antonovsky in the late 70s. It is a resource oriented framework for a positive health development with two core concepts, the sense of coherence (SOC) and the generalized resistance resources (GRRs). Salutogenesis is on the leading edge of a class of academic movements that wish to emphasize human strengths and not just weaknesses, human capacities and not just limits, and well-being and not just illness; thus Salutogenesis is a much broader concept than the SOC and GRRs. The key element in the salutogenic framework is a life orientation towards problem solving and a capacity to identify and use the resources available in order to maintain health. Over the years the concept has been more and more established in mental health promotion and in treatment of mental illnesses. Recent research gives an evidence of its effectiveness for a positive health development. There is a need for a much broader and deeper understanding of Salutogenesis in mental health promotion and its implementation into clinical practice particularly within psychiatry.

Therefore, we invite authors to submit original research, review articles, and clinical studies that seek to deepen the knowledge base of the salutogenic research.

Potential topics include but are not limited to the following:

- ▶ Clarifying how the SOC is associated with health resources like self-esteem, self-efficacy, hardiness, inner strength, flourishing, and other similar concepts
- ▶ Identifying current general and specific resistance resources against stress
- ▶ Exploring how the SOC may impact mental illnesses, like depression, PTSD, suicidal behavior, drug abuse, eating disorders, and other mental disorders
- ▶ Identifying interventions using the salutogenic framework for mental health promotion among various groups of users, patients, children, families, relatives, refugees, immigrants, and professionals
- ▶ Exploring the salutogenic framework and its usefulness related to migration and immigration
- ▶ Using a life course perspective on treatment of mental illnesses and mental health promotion based on the salutogenic framework
- ▶ Describing the use of Salutogenesis in clinical practice and therapies in order to treat mental illnesses and promote mental health
- ▶ Investigating how the SOC can be used for managing stress in different life situations, such as war, disasters, terror attacks, and similar major life events
- ▶ Implementing systematic reviews such as salutogenic interventions and SOC as the main outcome
- ▶ Illuminating in depth knowledge about salutogenic processes among participants in different salutogenic interventions
- ▶ Studies using quantitative as well as qualitative study designs are welcome

Authors can submit their manuscripts through the Manuscript Tracking System at <http://mts.hindawi.com/submit/journals/scientifica/psychiatry/sgmh/>.

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