



Sleep Disorders

Special Issue on

How to Improve the Assessment and Management of Sleep Disorders

CALL FOR PAPERS

Sleep problems, including abnormal sleep behavior disorders, circadian rhythm sleep disorders, excessive daytime sleepiness disorders, and insomnia, are common and medical disorders of the sleep patterns of a person. Disruption in sleep is serious enough to interfere with normal physical, mental, social, and emotional functioning. Due to the rapidly increasing knowledge about sleep, including the discovery of REM sleep and sleep apnea, the medical importance of sleep was recognized. The medical community began paying more attention than previously to primary sleep disorders, such as sleep apnea, as well as the role and quality of sleep in other conditions. However, none of these general approaches or treatments is sufficient for all patients with sleep disorders until now. In addition, sleep problems can cause daytime functional impairment. A more complete understanding of sleep ontogenesis, sleep physiology, and the impact of normal and abnormal sleep on the daytime function is needed. We are pleased to launch this new special issue in BioMed Research International.

We solicit high quality, original research articles as well as review articles focused on the improvement of the assessment and management of sleep disorders.

Potential topics include, but are not limited to:

- ▶ Sleep disorders diagnosis and tests
- ▶ Sleep medications
- ▶ Sleep surgery
- ▶ Cognitive behavioral therapy
- ▶ Bright light therapy
- ▶ Sleep physiology based on the basic EEG, autonomic, biochemical, and behavioral issues

Authors can submit their manuscripts via the Manuscript Tracking System at <http://mts.hindawi.com/submit/journals/sd/hiam/>.

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