Research Article

Experimental Study on the Vibration Control Effect of Long Elastic Sleeper Track in Subways

Xiaopei Cai 1, Dacheng Li 1, Yanrong Zhang 1,2, Qian Miao 1, and Rixin Cui 1

1 School of Civil Engineering, Beijing Jiaotong University, Beijing 100044, China
2 State Key Laboratory of Silicate Materials for Architectures (Wuhan University of Technology), Wuhan 430070, China

Correspondence should be addressed to Xiaopei Cai; xpcai@bjtu.edu.cn

Received 17 February 2018; Accepted 1 April 2018; Published 14 May 2018

Academic Editor: Sergio De Rosa

Copyright © 2018 Xiaopei Cai et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

The vibration effect of urban rail transit has gained attention from both academia and the industry sector. Long Elastic Sleeper Track (LEST) is a new structure for vibration reduction which has recently been designed and applied to Chinese subways. However, little research has been devoted to its vibration reduction effect. In this study, field tests were conducted during peak transit hours on Beijing Subway Line 15 to examine the vibration reduction effects of the common ballastless track and LEST on both straight and curved sections. The results demonstrate that although LEST increases the wheel-rail vertical forces, rail vertical displacements, and rail accelerations to some extent, these effects do not threaten subway operational safety, and vibrations of track bed and tunnel wall are positively mitigated. LEST has an obvious vibration reduction effect at frequencies above 40 Hz. In straight track, the vibration of bottom of the tunnel wall measured in one-third octave bands is reduced by 10.52 dB, while the vibration at point on the tunnel wall at 1.5 m height is reduced by 9.60 dB. For the curved track, the vibrations at those two points are reduced by 9.35 dB and 8.44 dB, respectively. This indicates that LEST reduces vibrations slightly more for the straight track than for the curved track.

1. Introduction

Urban rail transit has alleviated the great traffic pressure induced by accelerated urbanization [1]. The vibrations caused by train operation are transmitted from the rail to the track bed, tunnel wall, and surrounding rock. This influences the surrounding environment [2], especially in vibration-sensitive areas such as hospitals, schools, precision instrument laboratories, residential buildings, and ancient buildings [3].

Research is actively ongoing worldwide to decrease the effects of vibration caused by subway operation, and various measures have been applied to the construction of subway lines. Hui and Ng [4] measured in situ rail viaduct vibrations and demonstrated that concrete floating slab track can reduce the vibration level by more than 30 dB within a frequency range of 63–200 Hz. Miwa et al. [5], Kim and Youn [6], and Hussein and Hunt [7] also found that the floating slab track can effectively reduce the vibration caused by train. Costa et al. [8] put forward that placing a ballast mat beneath the subballast can considerably reduce the free-field vibrations at frequencies above 40 Hz by up to 20 dB. Similarly, Xin and Gao [9] and Xu et al. [10] concluded that a mat slab layered under the track can reduce vibrations within bridges and tunnels. Xia et al. [11] established a numerical model representing the train-track-viaduct system and studied the dynamic responses of an elevated bridge with the ladder sleeper track. Their results showed that the ladder sleeper track also has a very good vibration mitigation effect. Many other vibration reduction measures have been also applied in China and abroad, such as high-resilience fastening systems [12], labyrinth constrained damped rails [13], sleeper cushions [14], shock absorber fasteners [15], and the floating ladder sleeper track [16].

The Long Elastic Sleeper Track (LEST) is a new type of vibration reduction track based on the Low Vibration Track (LVT). It has gradually been applied to urban rail transit in recent years because it is economical and overcomes the defects of LVT with an obvious advantage in terms of medium vibration reduction demands. Furthermore, LEST enhances
the integrity of the track structure and improves the stability of the track panel. LEST places the drainage ditch in the center of the track bed so that water within the boots can be easily drained away. For these reasons, LEST has been applied to subway lines such as Beijing Subway Airport Express, Beijing Subway Line 9, Beijing Subway Line 15, and Shanghai Subway Line 7. To study the dynamic performance of LEST, Zeng et al. [17] analyzed the damping effect of LEST by performing wheel load drop tests on Beijing Subway Airport Express. Fan [18] established a calculation model for the LEST structure and simulated the whole process of the wheel load drop tests; the vibration characteristics of the track were analyzed for proposing the reasonable stiffness range under the rail. Using the vehicle-track coupling theory and Hamilton principle, Wu and Liu [19] presented a theoretical analysis on the laws governing the track dynamic stiffness, train speed, fastener stiffness, and elastic cushion stiffness of LEST. However, up to now, all the published research on LEST was based solely on theoretical analysis. Few experimental studies have been conducted on LEST, and investigations about dynamic testing for installed LEST are limited.

In order to make up for the gap in dynamic test research on LEST, field tests were conducted on Beijing Subway Line 15 to analyze the dynamic characteristics of LEST in subway tunnel and quantify its vibration reduction effects. The vibration reduction effects of LEST for both straight and curved tracks were compared and analyzed to generate concrete data for application and design optimization.

2. LEST Structure and Dynamic Tests

2.1. LEST Structure. LEST is composed of rails, a fastening system, and a long sleeper, as shown in Figure 1. LEST employs long concrete sleepers with 2,300 mm length, 300 mm width, and 170–182.5 mm height. Both ends of the track are wrapped with rubber boots. The elastic cushions composed of ethylene-propylene-diene monomer (EPDM) microcellular rubber, which provides the damping effect, are used between the sleepers and boots. The common ballastless track is the twin-block structure which is constructed as an integrity and consists of the concrete short sleepers and track bed.

In theoretical analysis of the vibration reduction characteristics of LEST, the sleeper, rail, and fastening system above the elastic cushion are regarded as mass blocks, and the elastic cushion is simulated by a spring-damping element, as shown in Figure 2. When a harmonic exciting force with the frequency of \( \omega \) acts on the mass blocks, it is assumed that the counterforce acting on the foundation through the spring and damper is given by \( F = F_0 \sin \omega t \). The differential equation of motion for the system is

\[
m \ddot{x} + c \dot{x} + kx = F_0 \sin \omega t,
\]

where \( m \) is the system mass, \( c \) is the spring damping, and \( k \) is the spring stiffness. By solving (1), the steady-state vibration response of the system is obtained:

\[
x = \frac{F_0}{\sqrt{(1 - \nu^2) + (2\xi\nu)^2}}.
\]
Table 1: Profile of test positions in Beijing Subway Line 15.

<table>
<thead>
<tr>
<th>Test positions</th>
<th>Liudaokou-Beishatan (right line)</th>
<th>Liudaokou-Beishatan (left line)</th>
<th>Guanzhuang-Wangjing West (right line)</th>
<th>Wangjing West-Wangjing (left line)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Track type</td>
<td>LEST</td>
<td>Common ballastless track</td>
<td>LEST</td>
<td>Common ballastless track</td>
</tr>
<tr>
<td>Line type</td>
<td>Straight</td>
<td>Straight</td>
<td>Curved (R = 350 m)</td>
<td>Curved (R = 350 m)</td>
</tr>
<tr>
<td>Average train speed (km·h⁻¹)</td>
<td>76.5</td>
<td>71.8</td>
<td>56.6</td>
<td>53.7</td>
</tr>
<tr>
<td>Tunnel depth (m)</td>
<td>23.1</td>
<td>23.1</td>
<td>27.5</td>
<td>16.3</td>
</tr>
</tbody>
</table>

2.2. Track Dynamic Tests. Both common ballastless track and LEST along Beijing Subway Line 15 were tested under similar conditions to evaluate the vibration reduction effects in both straight and curved tracks.

The design speed of Beijing Subway Line 15 is 80 km/h, and six marshalling type B DKZ31 trains run on this line, with a wheelbase of 2,300 mm and axle load of 140 kN. The tunnel diameter is 5.8 m, and the space between fasteners is 595 mm.

Figure 3 shows the common ballastless track and LEST at the test sites and the test sections distributed along Beijing Subway Line 15. In total, four test sections were selected: two straight and two curved sections. As given in Table 1, the left and right lines between Liudaokou-Beishatan stations were tested. Two curved sections of track with an identical radius of 350 m were measured between Guanzhuang-Wangjing West stations and between Wangjing West-Wangjing stations.

Figure 4 shows the distribution plane for the measuring points in each section. The vibration and track dynamic characteristics were tested, including the vertical vibration accelerations of the rail, sleeper, track bed, and tunnel wall, the lateral and vertical wheel-rail forces, the lateral and vertical rail displacements, and the vertical displacements of the sleeper. Because of the significant difference between the buried depths of the tunnel for two sections of curved track, the ground vibration accelerations could not be compared. Therefore, the ground vibration accelerations above the straight track of the tunnel were only tested.

Figure 5 shows the layout of the vibration acceleration points of the track structure and tunnel wall. CA-YD series piezoelectric acceleration sensors (Sinocera Piezotronics, Inc.) were used in the acceleration tests. The appropriate range and sensitivity of these sensors were selected according to the location of the measuring points. For example, the range and sensitivity of rail acceleration sensor are ±500 g (g = 9.8 m/s²) and 1.022 mV/(m·s⁻²), respectively, while those of the sleeper acceleration sensor are ±10 g and 49.8 mV/(m·s⁻²), respectively. CS series acquisition instruments (Integrated Measurement & Control Company, Germany) were used for data acquisition. In order to collect more accurate data, the acquisition frequency of each parameter was set to 10,000 Hz. Before the time domain analysis, a low-pass filter was used. The cut-off frequency of the low-pass filter of the rail and sleeper accelerations is 5,000 Hz. As for the acceleration of the track bed, tunnel wall, and ground, the wheel-rail forces, and the dynamic displacements of rail

where \( \nu = \omega / \omega_n \) is the frequency ratio (i.e., ratio of the excitation frequency to the natural frequency of the system) and \( \xi = c / 2 \omega_n m \) is the system damping ratio. The resultant force transferred from mass blocks to the ballast bed is the resultant force of the elastic force \( kx \) and damping force \( c \dot{x} \). This is represented by \( F_R \):

\[
F_R = \frac{F_0 \sqrt{1 + (2\xi \nu)^2}}{\sqrt{(1 - \nu^2)^2 + (2\xi \nu)^2}}. \tag{3}
\]

According to the previous definition, the force transfer ratio of this system is [20]

\[
\lambda_F = \frac{\sqrt{1 + (2\xi \nu)^2}}{\sqrt{(1 - \nu^2)^2 + (2\xi \nu)^2}}. \tag{4}
\]

If \( \lambda_F > 1 \), the damping measures have a damping effect; if \( \lambda_F < 1 \), the damping measures do not have a damping effect.

When \( w / \omega_n \) is approximately 1, the vibration transmission coefficient can be represented as \( \lambda_F = \sqrt{1 + (1/2\xi)^2} \). In the resonant region, \( \xi \) increases with \( C_p \), which greatly reduces vibration transmission coefficient. Thus, theoretical analysis demonstrates that the application of LEST has a vibration reduction effect, which needs to be quantified through field tests.
Liudaokou Beishatan Olympic Green Anlilu
Datunlu East
Guanzhuang
Wangjing West
Wangjing
Wangjing East

Figure 3: Distribution of test sections along Beijing Subway Line 15.

The effects of the vibration control measures were analyzed according to the Measurement Method of Environmental Vibration of Urban Area (GB/T 13441-2007). The Z vibration level insertion loss in the frequency range of 1–200 Hz is used to evaluate the vibration reduction effects [21]. The insertion loss is the difference between the vibration levels with and without vibration control measures, which is defined as

\[ L_1 = 20 \lg \frac{a_{2R}}{a_2}, \]  

(5)

where \(a_{2R}\) is the vibration response of common ballastless track and \(a_2\) is the vibration response with LEST. If \(L_1 \geq 0\), it indicates that there is a vibration reduction effect.

By adding the base acceleration \(a_0 = 10^{-6} \, \text{m/s}^2\), the insertion loss can be calculated as follows:

\[ L_1 = 20 \lg \frac{a_{2R}}{a_2} = 20 \lg \left( \frac{a_{2R}}{a_0} \cdot \frac{a_0}{a_2} \right) \]

(6)

\[ L_1 = V L_{2R} - V L_2. \]  

(7)

To evaluate the vibration reduction effect of LEST, (7) is used to calculate the insertion loss at tunnel wall and ground with common ballastless track and LEST.

3. Experimental Results of Wheel-Rail Forces and Dynamic Displacements

3.1. Analysis of the Wheel-Rail Forces. The derailment coefficient and wheel unloading rate, which are obtained from the measured dynamic wheel-rail forces, are two important indicators for evaluating the safety of subway trains. The derailment coefficient refers to the ratio of the wheel-rail lateral force \(L\) to the wheel-rail vertical force \(V\) at a certain moment. The wheel unloading rate is defined as the ratio of the wheel load shedding \(\Delta V\) to the average static wheel weight \(V\) at a given time. In the tests, both the lateral and vertical wheel-rail forces were measured at four cross sections. Figure 7 shows the time-history curves for the vertical and lateral wheel-rail force in straight track of common ballastless track.

According to the statistics of 400 groups of preferable data during peak operation periods, the average vertical wheel-rail forces on the left and right rails of the straight common
Figure 6: Field installation of sensors and calibration. (a) Acceleration sensor of track bed; (b) acceleration sensor of tunnel wall; (c) wheel-rail force strain gauges; (d) test device for vertical displacements of the rail and sleeper in LEST; (e) test device for vertical displacements of the rail in common ballastless track; (f) vertical wheel-rail force calibration.

Figure 7: Time-history curves of wheel-rail forces for straight common ballastless track.
Table 2: Statistics of train safety indices.

<table>
<thead>
<tr>
<th>Safety index</th>
<th>Derailment coefficient</th>
<th>Wheel unloading rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common ballastless track (straight)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Left rail</td>
<td>0.15</td>
<td></td>
</tr>
<tr>
<td>Right rail</td>
<td>0.14</td>
<td></td>
</tr>
<tr>
<td>LEST (straight)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Left rail</td>
<td>0.12</td>
<td></td>
</tr>
<tr>
<td>Right rail</td>
<td>0.11</td>
<td></td>
</tr>
<tr>
<td>Common ballastless track (curved)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inner rail</td>
<td>0.29</td>
<td></td>
</tr>
<tr>
<td>Outer rail</td>
<td>0.16</td>
<td></td>
</tr>
<tr>
<td>LEST (curved)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inner rail</td>
<td>0.21</td>
<td></td>
</tr>
<tr>
<td>Outer rail</td>
<td>0.14</td>
<td></td>
</tr>
</tbody>
</table>

Therefore, laying LEST does not affect the operational safety of subway.

3.2. Analysis of the Structural Dynamic Displacements. The lateral and vertical displacements of rail and vertical displacements of sleeper were also measured. Figure 9 shows the typical time-history curve of the straight track with LEST. Figure 10 shows the test results for the average lateral and vertical displacements of the rail in common ballastless track and LEST.

It can be concluded that LEST increases the vertical displacements of the rail by about 13.33% in straight track and 10.66%–18.48% in curved track but has little influence on the lateral rail displacements. The increase in the vertical rail displacements is because the elastic cushion of LEST experiences compressive deformation under vertical loads. The test results show that the average vertical displacements

ballastless track were 86.07 kN and 83.35 kN, respectively. The lateral wheel-rail forces were 9.39 kN and 9.69 kN, respectively. Figure 8 shows further wheel-rail forces statistics gathered from other cross sections. With LEST, the vertical wheel-rail forces slightly increased by 2.82%–5.96% because of the deformation of the elastic cushion under the dynamic load. However, this deformation has little influence on the lateral wheel-rail forces. The wheel-rail forces are mainly determined by track irregularity, and hence the presence of elastic cushion has little effect on the forces. In curved track, the vertical wheel-rail forces of the inner rail are larger owing to a surplus superelevation on the outer rail.

Table 2 presents the maximum derailment coefficient and wheel unloading rate of the four test cross sections. The maximum derailment coefficient is 0.29, which is far less than the prescribed limit of 1.00. The maximum wheel unloading rate is 0.31, which is less than the prescribed limit of 0.60.
of the sleeper in straight track are 0.45 mm and 0.60 mm (inner rail) and 0.52 mm (outer rail) in curved track.

The analysis on wheel-rail forces and dynamic displacements shows that laying LEST increases the vertical wheel-rail forces and dynamic displacements, which would influence the smoothness of the railway operation. However, the evaluation of the safety index shows that LEST has little effect on the safety of the subway operation.
4. Experimental Results of Vibration Reduction

4.1. Analysis of Vibration Reduction in Straight Track

4.1.1. Time Domain Analysis. Figure 11 shows the typical time-history curves of point on the tunnel wall at 1.5 m height. Figures 11(a) and 11(b) illustrate the accelerations of the tunnel wall with the common ballastless track and LEST, respectively. It is obvious that LEST can clearly reduce the tunnel wall vibration effectively.

Figure 12 shows the average vibration accelerations of the rail, track bed, bottom of the tunnel wall, point on the tunnel wall at 1.5 m height, and ground. The average rail acceleration of LEST is 20.76 g, while that on the common ballastless track section is 11.52 g. Obviously, LEST significantly increases the rail vibration acceleration. This is because the presence of elastic cushion reduces the restraint of the track bed to the sleeper and facilitates the free vibration of rail. Meanwhile, LEST reduces the vibration acceleration on the track bed, bottom of the tunnel wall, point on the tunnel wall at 1.5 m height, and ground by 52.64%, 44.87%, 44.14%, and 25.0%, respectively.

The time domain analysis shows that although LEST increases the vibration of the track structure above the sleeper, it also significantly reduces the vibration of the track bed, bottom of the tunnel wall, point on the tunnel wall at 1.5 m height, and ground.

4.1.2. Frequency Domain Analysis. The one-third octave bands spectrum of Z-weight was used to evaluate the vibration reduction effect in the frequency domain. The overall vibration level, which represents the degree of vibration throughout the analytical frequency range, is often used to evaluate the vibration reduction effect in the frequency domain. According to the code Mechanical Vibration and Shock-Evaluation of Human Exposure to Whole-body Vibration (ISO 2631-1-1997) [22] and Chinese code Technical Code for Floating Slab Track (CJJ/T 191-2012) [23], the overall vibration level is defined as

\[ L_a = 10 \log \left( \sum_{i=1}^{n} 10^{V_L(i)/10} \right), \]  

where \( V_L(i) \) is the vibration level of each centre frequency.

Figure 13 shows that LEST does not have an obvious effect on vibration reduction when the frequency is below 30 Hz. Track vibration reduction measures are generally believed to be ineffective against vibration problems below 10–15 Hz. These problems can only be solved by improving the performance of vehicle bogies, for example, by using low-stiffness suspension systems and resilient wheels. LEST has an obvious vibration reduction effect when the frequency is above 40 Hz. Under these conditions, the maximum vibration reduction at bottom of the tunnel wall reaches 21.45 dB, while vibrations at point on the tunnel wall at 1.5 m height and the ground are reduced by 14.56 dB and 9.40 dB, respectively. The overall
Table 3: Overall vibration levels of the tunnel wall and ground in straight track (1–200 Hz) (dB).

<table>
<thead>
<tr>
<th>Measuring point position</th>
<th>Common ballastless track</th>
<th>LEST</th>
<th>Insertion loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bottom of the tunnel wall</td>
<td>100.95</td>
<td>90.43</td>
<td>10.52</td>
</tr>
<tr>
<td>Point on the tunnel wall at 1.5 m height</td>
<td>79.88</td>
<td>70.28</td>
<td>9.60</td>
</tr>
<tr>
<td>Ground</td>
<td>71.73</td>
<td>62.89</td>
<td>8.84</td>
</tr>
</tbody>
</table>

Figure 13: One-third octave curves of the tunnel wall and ground vibration levels in straight track.

vibration levels in the one-third octave frequency range of 1–200 Hz are used to evaluate the average vibration reduction effect of LEST. Compared with the common ballastless track, LEST reduces the overall vibration levels at bottom of the tunnel wall, point on the tunnel wall at 1.5 m height, and the ground by 10.52 dB, 9.60 dB, and 8.84 dB, respectively. Therefore, LEST plays a positive role in vibration reduction in the frequency domain.

4.2. Analysis of Vibration Reduction in Curved Track

4.2.1. Time Domain Analysis. Based on the analysis of test data from the peak transit period, Figure 14 shows the typical acceleration time-history curve of point on the tunnel wall at 1.5 m height in curved track. Figure 15 shows the average vibration accelerations of the track bed, bottom of the tunnel wall, and point on the tunnel wall at 1.5 m height.

Figure 15 shows that LEST increases the vibrations of both the inner and outer rails of the curved track by 18.34% and 18.76%, respectively. The vibration accelerations of the track bed, bottom of the tunnel wall, and point on the tunnel wall at 1.5 m height are reduced by 22.58%, 23.70%, and 20.83%, respectively. Thus, LEST can effectively reduce environmental vibration in the time domain.

4.2.2. Frequency Domain Analysis. Figure 16 shows the one-third octave curves of the vibration levels at the tunnel wall in the curved track. Within the low frequency range of 1–30 Hz, LEST does not have an obvious vibration reduction effect, but the effect becomes noticeable when the frequency is above...
Table 4: Overall vibration levels of the tunnel wall in curved track (1–200 Hz) (dB).

<table>
<thead>
<tr>
<th>Measuring point position</th>
<th>Common ballastless track</th>
<th>LEST</th>
<th>Insertion loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bottom of the tunnel wall</td>
<td>88.09</td>
<td>78.74</td>
<td>9.35</td>
</tr>
<tr>
<td>Point on the tunnel wall at 1.5m height</td>
<td>79.21</td>
<td>70.77</td>
<td>8.44</td>
</tr>
</tbody>
</table>

40 Hz. The maximum vibration reductions at bottom of the tunnel wall and point on the tunnel wall at 1.5 m height are 22.03 dB and 13.82 dB, respectively. Table 4 lists the overall vibration levels. With the laying of LEST, the vibration levels at bottom of the tunnel wall and point on the tunnel wall at 1.5 m height decrease by 9.35 dB and 8.44 dB, respectively. Therefore, LEST has a positive vibration reduction effect in curved track.

4.3. Comparison of the Vibration Control Effects in Straight and Curved Track. A comparison of the vibration reduction effect of both common ballastless track and LEST, at each measuring point between straight and curved tracks, is shown in Figure 17. For the frequency domain, Figure 18 shows the calculated vibration insertion loss at bottom of the tunnel wall and point on the tunnel wall at 1.5 m height in straight and curved tracks. Figure 19 compares the overall vibration level reductions.

For the time domain, Figure 17 shows that LEST has a greater vibration reduction effect from the track bed to tunnel wall in straight track compared to that in curved track.

Figure 18 shows that the vibration reduction effects are better in straight track than in curved track for most of frequency ranges. Figure 19 shows that LEST reduces the overall vibration levels by about 10.52 dB in straight track and 9.35 dB in curved track at bottom of the tunnel wall. The vibration reduction in straight track is 1.17 dB greater than that in curved track. Similarly, at point on the tunnel wall at 1.5 m height, vibration reduction of straight track is 9.60 dB, which is greater than that in curved track.
Under this experiment condition, the train speed of straight track (76.5 km/h) is higher than that of curved track (56.6 km/h). For common ballastless track, the overall vibration levels at points on the tunnel wall at 1.5 m height are 79.88 dB in straight track and 79.21 dB in curved track, which demonstrates that the vibration in straight track is higher than that in curved track due to a higher train speed. After setting LEST, it is surprising to note that the overall vibration level in straight track is 70.28 dB, which is slightly lower than the 70.77 dB in curved track. That is to say, the presence of LEST leads to a lower vibration in straight track at a higher train speed, indicating a better vibration reduction effect of LEST on straight track. If the train speed in curved track increases, the vibration of LEST in curved track is certain to increase, due to complex wheel-rail interaction [24, 25]. In that case, the overall vibration level in curved track would be much larger than that in straight track.

In summary, the vibration control effects of LEST in straight track are more effective than those in curved track in both time and frequency domains.

5. Conclusions

Experiments can help with effectively evaluating the vibration control effects of LEST. In this study, continuous dynamic tests were conducted on the sections of Beijing Subway Line 15 with common ballastless track and LEST during peak transit hours. The test results were analyzed and led to the following conclusions.

The application of LEST slightly increases the wheel-rail vertical forces and vertical rail displacements, but this increase does not affect the operational safety of subway.

Applying LEST to straight track can reduce the vibration acceleration by 44.87% and 44.14% at bottom of the tunnel wall and point on the tunnel wall at 1.5 m height, respectively. The overall vibration levels are reduced by 10.52 dB, 9.60 dB, and 8.84 dB at bottom of the tunnel wall, point on the tunnel wall at 1.5 m height, and ground, respectively.

Applying LEST to curved track can reduce the vibration acceleration by 23.71% and 20.83% at bottom of the tunnel wall and point on the tunnel wall at 1.5 m height, respectively. The overall vibration levels are reduced by 9.35 dB at bottom of the tunnel wall and by 8.44 dB at point on the tunnel wall at 1.5 m height.

The operating frequency of LEST is above 40 Hz. The vibration reduction is greater in straight track than in curved track, which indicates that a better overall vibration reduction effect is achieved in straight track of the line.

These results indicate that LEST does generate a positive effect on vibration mitigation, but this effect may decrease with time. Based on field experience, the long-term performance of the elastic cushion material should be closely monitored for its crucial function of the vibration control. In addition, discreet examination of the service status of LEST during subway maintenance is necessary.

Conflicts of Interest

The authors declare that they have no conflicts of interest regarding the publication of this paper.
### Acknowledgments

This research is sponsored by the National Natural Science Foundation of China (nos. 51578053 and 51778050), the Science and Technology Project of China Railway Corporation (2017G002-H), and the Joint Funds of Beijing Natural Science Foundation Committee and Beijing Academy of Science and Technology (no. L150003), whose supports are gratefully acknowledged.

### References


