

Tissue Engineering of the Penis

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Congenital disorders, cancer, trauma, or other conditions of the genitourinary tract can lead to significant organ damage or loss of function, necessitating eventual reconstruction or replacement of the damaged structures. However, current reconstructive techniques are limited by issues of tissue availability and compatibility. Physicians and scientists have begun to explore tissue engineering and regenerative medicine strategies for repair and reconstruction of the genitourinary tract. Tissue engineering allows the development of biological substitutes which could potentially restore normal function. Tissue engineering efforts designed to treat or replace most organs are currently being undertaken. Most of these efforts have occurred within the past decade. However, before these engineering techniques can be applied to humans, further studies are needed to ensure the safety and efficacy of these new materials. Recent progress suggests that engineered urologic tissues and cell therapy may soon have clinical applicability.

KEYWORDS: tissue engineering, regenerative medicine, genitourinary tract, extracellular matrix (ECM), scaffold, penis

1. INTRODUCTION

Congenital disorders, cancer, trauma, or other conditions of the genitourinary tract can lead to significant organ damage or loss of function, necessitating eventual reconstruction or replacement of the damaged structures. However, current reconstructive techniques are limited by issues of tissue availability and compatibility. These techniques use nonurologic host tissues (skin, gastrointestinal segments, or mucosa from multiple body sites), donor tissues (cadaver fascia or cadaver or living donor kidney), heterologous tissues (bovine collagen), or artificial materials (silicone, polyurethane, or polytetrafluoroethylene) to reconstruct damaged organs. However, all of these materials can lead to significant complications resulting from immunologic rejection or functional mismatches between the native and implanted tissues.

In order to reduce or eliminate these complications, physicians and scientists have begun to explore tissue engineering and regenerative medicine strategies for repair and reconstruction of the genitourinary tract. Tissue engineering allows the development of biological substitutes which could potentially restore normal function. This may involve the use of synthetic or natural matrices termed scaffolds. When used alone, some scaffolds can facilitate the body's natural ability to regenerate by directing new tissue growth. Alternatively, scaffolds can be seeded with cells, and the resulting construct can be implanted into the patient in order to restore the structure and function of damaged tissues and organs. In recent years, novel methods of cell culture have been developed, and these methods allow autologous cells to be grown *ex vivo* from a small sample of a patient's own tissue. These cells can then be combined with an appropriate scaffold material. This process may be able to generate the large amounts of tissue required for genitourinary reconstruction without the donor site morbidity associated with grafting procedures. In addition, the engineered tissue would be biocompatible, and the risk of rejection would be eliminated.

In this paper, we will discuss various methods of generating engineered tissue. We will then focus on development of tissue-engineering approaches that are designed specifically to repair male genital tissue and restore normal appearance and function.

2. FUNDAMENTALS OF TISSUE ENGINEERING

2.1. Biomaterials

For cell-based tissue engineering, cells are generally seeded onto a synthesized scaffold. Biomaterials are used to replicate the biologic and mechanical function of the native extracellular matrix (ECM) found in tissues in the body by serving as an artificial ECM. Biomaterials can provide a three-dimensional space for the cells to form into new tissues with appropriate structure and function and also can allow for the delivery of cells and appropriate bioactive factors (e.g., cell adhesion peptides and growth factors) to desired sites in the body [1]. As the majority of mammalian cell types are anchorage dependent and will die if no cell-adhesion substrate is available, biomaterials provide a cell-adhesion substrate that can deliver cells to specific sites in the body. Furthermore, bioactive signals, such as cell-adhesion peptides and growth factors, can be loaded along with cells to help regulate cellular function.

Generally, three classes of biomaterials have been used for engineering tissues and organs: naturally derived materials, such as collagen, acellular tissue matrices, such as bladder submucosa and small-intestinal submucosa (SIS), and synthetic polymers, such as polyglycolic acid (PGA), polylactic acid (PLA), and poly(lactic-co-glycolic acid) (PLGA). Naturally derived materials and acellular tissue matrices have the potential advantage of biologic recognition, but synthetic polymers can be produced reproducibly on a large scale with controlled properties of strength, degradation rate, and microstructure.

Collagen is the most abundant and ubiquitous structural protein in the body, and it may be readily purified from both animal and human tissues with an enzyme treatment and salt/acid extraction [2]. Collagen has long been known to exhibit minimal inflammatory and antigenic responses [3], and it has been approved by the U.S. Food and Drug Administration for many types of medical applications [4]. This material can be processed into a wide variety of structures such as sponges, fibers, and films [5–7].

Acellular tissue matrices are collagen-rich matrices prepared by removing cellular components from tissues. The matrices are often prepared by mechanical and chemical manipulation of a segment of bladder tissue [8–11]. The matrices slowly degrade after implantation and are replaced and remodeled by ECM proteins synthesized and secreted by transplanted or ingrowing cells. Acellular tissue matrices have been proved to support cell ingrowth and regeneration of genitourinary tissues, including urethra and bladder, with no evidence of immunogenic rejection [11, 12]. Because the structures of the proteins (e.g., collagen and elastin) in acellular matrices are well conserved and normally arranged, the mechanical properties of the acellular matrices are not significantly different from those of native bladder submucosa [8].

Polyesters of naturally occurring α -hydroxy acids, including PGA, PLA, and PLGA, are widely used in regenerative medicine. The degradation products of PGA, PLA, and PLGA are nontoxic, natural metabolites that are eventually eliminated from the body in the form of carbon dioxide and water [13]. Because these polymers are thermoplastics, they can easily be formed into a three-dimensional scaffold with a desired microstructure, gross shape, and dimension by various techniques, including molding, extrusion [14], solvent casting [15], phase separation techniques, and gas-foaming techniques [16]. More recently, techniques such as electrospinning have been used to quickly create highly porous scaffolds in various conformations [17–20]. However, one drawback of the synthetic polymers is lack of biologic recognition.

2.2. Cells

Two main categories of stem cells are used in tissue engineering, pluripotent stem cells, and native progenitor cells. Embryonic stem cells exhibit three unique properties: the ability to proliferate in an undifferentiated but pluripotent state, the ability to differentiate into many specialized cell types, and the ability to form clonal populations [21]. This makes them an attractive resource for regenerative medicine techniques. They can be isolated by aspirating the inner cell mass from the embryo during the blastocyst stage [22]. Human embryonic stem cells have been shown to differentiate into cells from all three embryonic germ layers *in vitro*. The political controversy surrounding stem cells began in 1998 with the creation of human embryonic stem cells derived from discarded embryos. In addition to the ethical dilemma surrounding the use of embryonic stem cells, their clinical application is also limited, because they represent an allogenic resource and thus have the potential to evoke an immune response.

More recently, reports have been published of the transformation of adult cells isolated from organs or bone marrow into pluripotent stem cells through a type of genetic “reprogramming”. Reprogramming is a technique that involves dedifferentiation of adult somatic cells to produce patient-specific pluripotent stem cells without the use of embryos. Cells generated by reprogramming would be genetically identical to the somatic cells (and thus the patient who donated these cells) and would not be rejected. Mouse embryonic fibroblasts and adult mouse fibroblasts have been reprogrammed into an “induced pluripotent state (iPS)” [23]. When iPS cells were injected into mouse blastocysts, they contributed to a variety of cell types; however, they were not identical to embryonic stem cells, as chimeras made from iPS cells did not result in full-term pregnancies.

An alternate source of stem cells is the amniotic fluid and placenta. Amniotic fluid and the placenta contain multiple partially differentiated cell types derived from the developing fetus. Isolated stem-cell populations from these source have been shown to express embryonic and adult stem-cell markers [24]. The undifferentiated stem cells expand extensively without feeders and double every 36 hours. Unlike human embryonic stem cells, the amniotic fluid stem cells do not form tumors *in vivo*. Lines maintained for over 250 population doublings retained long telomeres and a normal karyotype. AFS cells are broadly multipotent.

An additional advantage in using native progenitor cells is that they can be obtained from the specific organ to be regenerated, expanded, and used in the same patient without rejection in an autologous manner [10, 25–41]. Bladder, ureter, and renal pelvis cells can equally be harvested, cultured, and expanded in a similar fashion. Normal human bladder epithelial and muscle cells can be efficiently harvested from surgical material, extensively expanded in culture, and their differentiation characteristics, growth requirements, and

other biologic properties can be studied [33, 35, 36, 42–51]. Major advances in cell culture techniques have been made within the past decade, and these techniques make the use of autologous cells possible for clinical application.

When native cells are used for tissue reconstitution, donor tissue is dissociated into individual cells, which are either implanted directly into the host or expanded in culture, attached to a support matrix, and reimplanted after expansion. The implanted tissue can be heterologous, allogeneic, or autologous. Ideally, this approach allows lost tissue function to be restored or replaced in toto and with limited complications [31]. Native cells and tissues are usually preferable for reconstruction. In most cases, the replacement of lost or deficient tissues with functionally equivalent cells and tissues would improve the outcome for these patients. This goal may be attainable with the use of regenerative medicine techniques.

3. ENGINEERED PENILE PROSTHESES

Early procedures for penile reconstruction involved the use of rib cartilage as a stiffener; however, this method fell out of favor due to poor functional and cosmetic results [52]. This was followed by the use of extracavernosal acrylic stents, intracavernosal polypropylene rods, and finally silicone prostheses. While current surgical treatment works well, there are significant risks to the implantation of foreign materials into the penis including infection and erosion which may necessitate removal [53].

Of the natural tissues in the human body, cartilage would serve as an ideal material for prosthesis due to its rigidity and biochemical properties. Initial studies performed by Yoo et al. [54] have demonstrated that cartilage rods could be produced by seeding bovine chondrocytes onto polyglycolic acid polymer rods and implanting them into athymic nude mice. Compression, tension, and bending studies performed after harvesting demonstrated that the cartilaginous structures were readily elastic and withstood high degrees of pressure. All constructs showed mature well-formed chondrocytes.

Subsequent studies in rabbits by the same group [55] demonstrated the ability of cartilage rods to function in vivo. Chondrocytes were harvested from rabbit ears and seeded onto biodegradable poly-L-lactic acid coated polyglycolic acid polymer rods. They were then inserted into the corporal spaces of rabbits. Harvested tissues demonstrated that the scaffold had fully degraded within two months, and at six months, mature fully formed chondrocytes were present. There were no instances of infection or erosion of these cartilage prostheses.

4. TISSUE ENGINEERING OF SPECIFIC PENILE STRUCTURES

4.1. Urethra

In men, the urethra is divided into three parts on the basis of anatomical location. The prostatic urethra crosses through the prostate gland, the membranous urethra passes through the external urethral sphincter and is the narrowest part of the urethra, and the penile urethra runs along the length of the shaft of the penis through the corpus spongiosum. The urethral epithelium is primarily a continuation of the bladder mucosa and is composed of transitional cells. As the urethra approaches the meatus, the mucosa is made up of stratified columnar cells, followed by stratified squamous cells at the meatus itself. There are small periurethral glands which secrete mucus along the length of the urethra which help to protect the urethra from corrosive urine.

Congenital and acquired disorders of the urethra remain a challenge in the urology field. Numerous conditions including strictures, trauma, congenital defects, and cancer can often cause serious issues in voiding requiring additional tissues for reconstruction and repair. Often, there is a lack of native urethral tissue for adequate reconstruction requiring the use of tissue grafts or flaps from other sources [56]. However, the use of grafts and flaps can lead to significant complications, including stenosis, hair growth, and fistula formation [57, 58]. A variety of synthetic materials have also been proposed for use in urethral reconstruction, including silicone, Teflon, and polyvinyl. These materials also have significant complications

including erosion, dislodgement, fistula formation, stenosis, and calcification [59, 60]. For these reasons, tissue-engineered biocompatible urethral segments would be a preferred material for urethroplasty [61].

4.1.1. Acellular Scaffolds in Urethral Repair

A number of acellular scaffolds have been used in animal models to facilitate the regeneration of urethral tissue, including polyglycolic acid- and acellular collagen-based scaffolds made from small intestine and bladder [62–66]. Biodegradable scaffolds such as polyglactin fiber mesh coated with polyhydroxybutyric acid have been used to reconstruct urethras in dogs [65]. A four centimeter segment of canine urethra was excised and replaced with this material. At 8–12 weeks after implantation, the acellular mesh had allowed for regeneration of the urothelium, surrounding smooth muscle, and vasculature. Polyglactin fiber mesh with hyaluronan benzyl ester has also been used in a similar fashion in a rabbit model. In this experiment, degradation of the biomaterial was apparent around day three after implantation, and epithelialization and collagen remodeling of the surrounding structures were seen within four weeks [67].

Native structures have also been used as scaffolds. Urethral reconstruction with tubularized peritoneum has been attempted in a rabbit model, and this resulted in good epithelialization of the neourethra. However, there was a high rate of fistula formation with two of twelve animals developing fistulas [68]. Initial studies using small bowel submucosa have also shown urethral regeneration supported by vascularization and smooth muscle formation [64]. However, more recent studies of a commercially available small bowel submucosal patch did not show any improvement in regeneration of the urethra versus native healing in a rabbit model of urethral injury [69].

Bladder-derived acellular collagen matrix has proved to be a suitable graft for repair of urethral defects [70]. In a rabbit model, segments of urethra have been resected and replaced with acellular collagen scaffolds in an onlay fashion, and the animals were able to successfully void through the reconstructed urethra [11]. This model has been applied clinically in patients with hypospadias who had undergone previous repair and had a paucity of tissue for repeat reconstruction [71]. Cadaveric bladders were microdissected, and the submucosal layer was isolated, washed, and decellularized. The collagen scaffold was then trimmed to size and applied in an onlay fashion to the urethral plate using 6-0 absorbable sutures. After a mean followup of nearly two years, three of four patients had good function and cosmesis. One patient developed a subglandular fistula.

Similar collagen scaffolds have also been used in urethral stricture disease [72]. Scaffolds were prepared in a similar fashion as above and applied to the urethral plate using 6-0 absorbable sutures. After mean followup of 37 months, 24 of the 28 patients had a successful outcome with no decrease in urethral caliber. The remaining four patients had a slight caliber decrease at the anastomotic sites on urethrography. A subcoronal fistula developed in one patient which closed spontaneously one year after repair. Mean maximum urine flow rate increased from a mean preoperative value of 9 mL/sec to 19.7 mL/sec postoperatively. These studies demonstrate that collagen scaffolds appear to be beneficial for patients with abnormal urethral conditions. In followup with these patients three years later, they continued to do well with no clinical changes from the initial postoperative period [73].

4.1.2. Cell-Seeded Scaffolds in Urethral Repair

Despite the successes in onlay repairs, it has been shown that tubularized urethral repairs with acellular scaffolds are not feasible, as native cells are not able to fully incorporate into the circumferential scaffold for defects greater than 0.5 cm [74]. In these situations, cell seeded collagen scaffolds are preferable [75]. One of the initial limitations to using cell-based therapy for genitourinary applications had been the ability to grow urothelial cells in large quantities. Normal urothelial cells could be harvested and grown but with limited expansion potential. More recently, a number of techniques have been developed which allow for the large-scale expansion of these cells without the need for enzymatic digestion or serum [76–78]. With

the development of these techniques, it is now possible to collect autologous urothelial cells from patients, expand them in culture, and return them to the host in quantities necessary for reconstructive procedures.

De Filippo et al. [75] have demonstrated the ability to perform circumferential urethroplasties using cell-seeded scaffolds. Autologous bladder epithelium and smooth muscle from rabbits was harvested and seeded onto tubularized collagen constructs. The entire urethra of male rabbits was excised, and urethroplasty was performed. Nine animals were reconstructed with cell-seeded scaffolds, and six animals were reconstructed with acellular scaffolds. Serial urethrograms were performed showing a wide caliber urethra in all animals implanted with the cell-seeded scaffold, while all animals repaired with the acellular scaffold showed areas of significant narrowing. Histologically, a transitional epithelial layer surrounded by increasingly organized smooth muscle bundles was seen in the cell-seeded scaffold group. However, histology from the acellular scaffold group showed transitional cells surrounded by limited unorganized smooth muscle. The cell-seeded scaffolds produced tissue which is histologically and functionally similar to native urethra.

Biocompatible urethral stents have also been created using chondrocyte seeded polymer matrices [79]. 10 mm cartilaginous cylinder were developed with an outer diameter of 9 mm from polyglycolic acid mesh coated with 50:50 polylactic-co-glycolic acid and were seeded with bovine chondrocytes and implanted subcutaneously in nude mice. Biomechanical testing demonstrated that the cartilaginous cylinders in each group were readily elastic and withstood high degrees of pressure.

4.2. Corporal Bodies

The anatomy of the penis is complex and composed of three separate cylinders. Two paired cylinders called the corpora cavernosa make up the majority of the penis and are the primary structures involved in erectile function. The corpora cavernosa consist of a network of large venous sinuses separated by dense connective tissue called trabeculae. During erection, blood enters the corpora from the central artery into helicine arteries and finally into the sinuses. These sinuses are later drained by smaller veins emptying into the dorsal vein. The third cylinder is called the corpus spongiosum, and it houses the urethra. Each of the three corpora is covered by a thick fibrous covering called the tunica albuginea. All three of these cylinders are covered by a thick membrane known as Buck's fascia. Finally, Collie's fascia, which is continuous with the abdominal wall, covers the entire structure.

Extensive reconstructive procedures involving the corporal bodies may be needed in patients with congenital malformation, malignancy, or trauma. Due to the shortage of autologous tissues, these surgical procedures are typically staged and often utilize nongenital tissues as a grafting source. These procedures have a high risk of complication due to infection, donor site morbidity, and graft failure [80, 81]. The creation of alternative materials is a major challenge for phallic reconstruction due to the unique anatomical architecture of the corporal bodies.

Although the corporal bodies only contain two primary cell types, smooth muscle, and endothelium, engineering this tissue remains a challenge. Experiments by Kershen et al. [82] looked at the feasibility of using human corporal smooth muscle cells for reconstructive procedures. Human corpus cavernosum smooth muscle cells were harvested during surgical procedures, isolated, and cultured. They were then seeded on polymer scaffolds and implanted subcutaneously into nude mice. Histology demonstrated smooth muscle multilayers as well as ingrowth into the scaffold. Initial studies by Falke et al. were aimed at replacing short segments of the corporal body by using natural collagen scaffolds and autologous cells [83]. This was accomplished by harvesting donor rabbit corpora and decellularizing them. Human corporal smooth muscle and endothelial cells [84, 85] were then seeded in a stepwise fashion, and the constructs were implanted into athymic nude mice. Tissues were harvested at sequential time points after implantation and demonstrated the presence of neovascularity in the sinusoidal spaces with increasing organization of smooth muscle and collagen over time. Organ bath studies demonstrated the ability of these harvested tissues to contract. No response was seen in unseeded control specimens.

This work was recently taken one step further by the same group. They demonstrated the ability to bioengineer entire pendular penile corporal bodies in a rabbit model [86]. Decellularized donor corporal

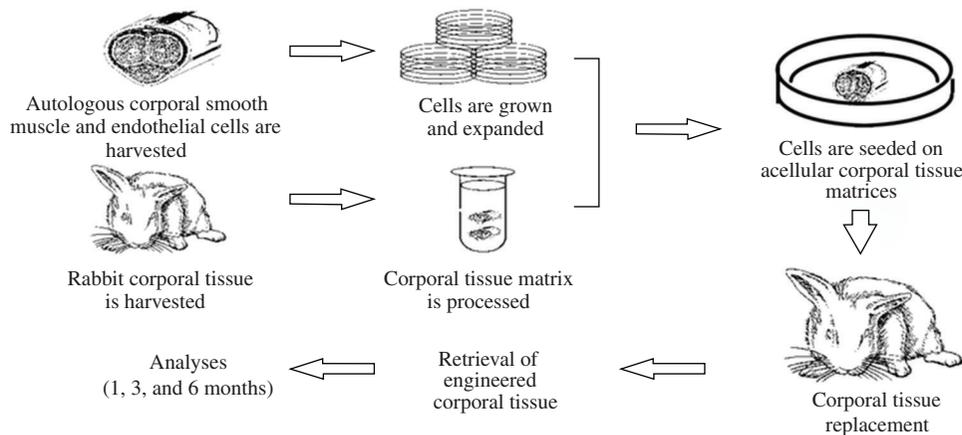


FIGURE 1: Using tissue engineering techniques to create entire penile corpora.

bodies were seeded with autologous smooth muscle and endothelial cells in a stepwise fashion (Figure 1). Rabbits then underwent complete excision of the corporal bodies followed by implantation of seeded scaffolds, unseeded scaffolds, or no construct. The group implanted with seeded scaffolds demonstrated normal intracavernosal pressures within six months of surgery (Figure 2), and 10 out of 12 rabbits were able to successfully mate with female rabbits, defined as a positive vaginal swab for semen or pregnancy. None of the unseeded scaffold group or negative controls was able to have successful intercourse.

To improve the cellular content of these bioengineered corporal bodies, corporal cells were seeded dynamically onto acellular corporal tissue matrices and placed in a mechanical bioreactor for 48 hours. These constructs were then implanted into nude mice. Histology demonstrated that dynamically seeded scaffolds lead to biochemically improved corporal tissues [87].

4.3. Tunica Albuginea

Patients with deformities of the penis, particularly Peyronie's disease, can experience significant pain and functional problems due to plaque formation and curvature of the penis. Currently, diseases such as Peyronie's are treated with plaque excision or incision and grafting of the tunica albuginea with materials such as small intestinal submucosa, fascia, and pericardium [88]. All of these materials have drawbacks, including limited availability, donor site morbidity, and limited effectiveness. The use of a bioengineered tissue would be able to overcome most of the limitations of current techniques while allowing for lasting results.

Schultheiss et al. [89] isolated porcine fibroblasts from open fascia biopsies and seeded them on decellularized collagen matrices. The seeded matrices were then cultivated in a bioreactor under continuous multi-axial stress for 21 days. Static cultures without mechanical stress served as controls. Mechanically strained cultures of fibroblasts showed a homogeneous multilayer matrix infiltration and a regular cell alignment in the direction of strain axis after 7 days as well as increased production of extracellular matrix proteins compared to the static control.

Similar work has been performed using an acellular bladder mucosal graft [90]. Acellular matrices were constructed from pigs' bladders by cell lysis. A segment of the tunica albuginea of nine rabbits was excised, and the defect was covered with porcine bladder acellular matrix. Histology of the resected graft showed collagen fibers with many pores. Two months after implantation, the graft sites exhibited excellent healing without contracture, and the fusion between the graft and the neighboring normal TA appeared to be well established. There were no significant histological differences between the implanted tunica and the normal control tunica at 6 months after implantation.

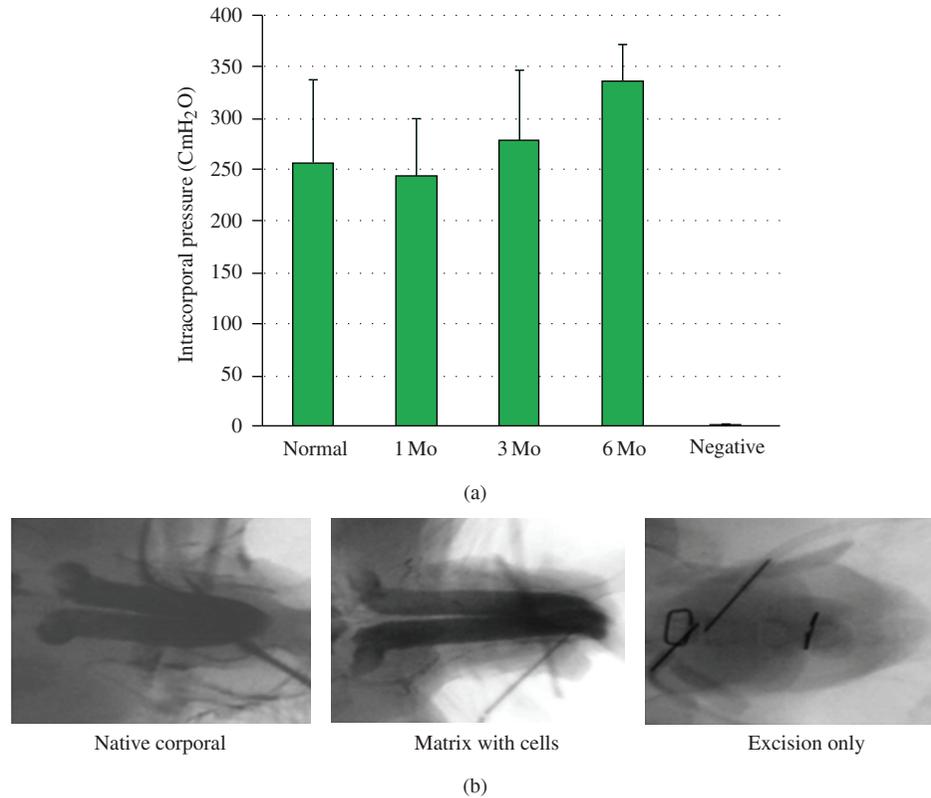


FIGURE 2: (a) Cavernosometry shows that all rabbits implanted with the bioengineered corpora after complete penile corporal excision had sufficient intracorporal pressure (ICP) to attain erection. The levels of ICP were comparable to native corpora. (b) Cavernosography shows a homogenous appearance of corpora in the bioengineered group, similar to the native corpora, and multiple filling defects in the negative control group.

5. CONCLUSION

Tissue-engineering efforts designed to treat or replace most organs are currently being undertaken. Most of these efforts have occurred within the past decade. However, before these engineering techniques can be applied to humans, further studies are needed to ensure the safety and efficacy of these new materials. Recent progress suggests that engineered urologic tissues and cell therapy may soon have clinical applicability.

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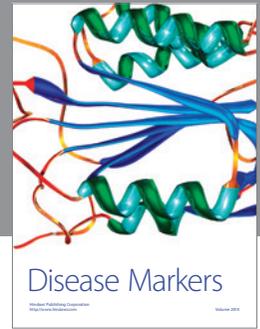
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